

Campeonato Nacional de Juvenis
Campeonato Absolutos de Portugal-OPEN
Oeiras, 26.7. - 29.7.2012

Prova 16 Open
27-07-2012 - 17:10 Resultados Final

Rec Nac	Tempo	Nome	Clube	Local	Data
Rec Nac Absoluto	4:50.28	Nadia Morais Vieira	FPN	Eindhoven (NED)	09-04-2011
Rec Nac Inf B	5:14.05	Filipa Vilas Ruivo	DNMG	S. João da Madeira	24-07-2009
Rec Nac Inf A	5:11.29	Diana Ramos Rocha	EDV	Faro	20-07-2007
Rec Nac Juv	5:01.04	Susana Patricia Miguel	SFUAP	Lisboa	08-07-2004
Rec Nac Jun	4:57.84	Victoria Kaminskaya	PIMP	Oeiras	19-02-2011
Rec Nac Sen	4:50.28	Nadia Morais Vieira	FPN	Eindhoven (NED)	09-04-2011

TAC JUN2 Fem 16: 5:19.00 / TAC JUN1 Fem 15: 5:23.00 / TAC JUV Fem Juv: 5:40.00

Pontos: FINA 2012

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
Final A							
1.	Isabelle Mabboux	92	Ile de France	4:51.49		789	
	50m: 30.43 30.43	150m: 1:42.39 37.86	250m: 3:01.63 42.08	350m: 4:18.70 34.32			
	100m: 1:04.53 34.10	200m: 2:19.55 37.16	300m: 3:44.38 42.75	400m: 4:51.49 32.79			
2.	Victoria Kaminskaya	95	Pimpoes/Cimai	4:52.12		784	
	50m: 31.09 31.09	150m: 1:44.92 38.47	250m: 3:02.98 40.62	350m: 4:18.74 35.64			
	100m: 1:06.45 35.36	200m: 2:22.36 37.44	300m: 3:43.10 40.12	400m: 4:52.12 33.38			
3.	Julie Fournier	93	Ile de France	4:57.46	+0,84	743	
	50m: 31.06 31.06	150m: 1:45.74 39.20	250m: 3:07.13 42.96	350m: 4:24.38 34.21			
	100m: 1:06.54 35.48	200m: 2:24.17 38.43	300m: 3:50.17 43.04	400m: 4:57.46 33.08			
4.	Angelica Maria Andre	94	Leixoes	5:00.84	+0,75	718	
	50m: 32.01 32.01	150m: 1:49.07 41.39	250m: 3:12.11 42.39	350m: 4:28.09 33.65			
	100m: 1:07.68 35.67	200m: 2:29.72 40.65	300m: 3:54.44 42.33	400m: 5:00.84 32.75			
5.	Ana Catarina Monteiro	93	Vilacondense	5:03.16	+0,70	702	
	50m: 31.16 31.16	150m: 1:46.17 39.25	250m: 3:10.25 45.57	350m: 4:29.99 34.29			
	100m: 1:06.92 35.76	200m: 2:24.68 38.51	300m: 3:55.70 45.45	400m: 5:03.16 33.17			
6.	Ana Marta Miranda	96	Uniao Piedense	5:05.49	+0,95	686	
	50m: 31.57 31.57	150m: 1:47.39 39.50	250m: 3:09.30 43.55	350m: 4:30.41 36.70			
	100m: 1:07.89 36.32	200m: 2:25.75 38.36	300m: 3:53.71 44.41	400m: 5:05.49 35.08			
7.	Ana Beatriz Pereira	91	Colegio Vasco da Gama	5:10.61	+0,77	652	
	50m: 31.25 31.25	150m: 1:50.97 43.25	250m: 3:16.26 42.97	350m: 4:35.13 35.75			
	100m: 1:07.72 36.47	200m: 2:33.29 42.32	300m: 3:59.38 43.12	400m: 5:10.61 35.48			
8.	Diana Patricia Ferreira	94	Gespacos	5:12.92	+0,84	638	
	50m: 31.65 31.65	150m: 1:50.55 41.49	250m: 3:15.94 45.03	350m: 4:37.73 37.40			
	100m: 1:09.06 37.41	200m: 2:30.91 40.36	300m: 4:00.33 44.39	400m: 5:12.92 35.19			
Final B							
9.	Ana Monica Eloi	96	Nautico da Marinha Grande	5:07.96		669	
	50m: 32.52 32.52	150m: 1:50.59 40.66	250m: 3:14.13 43.45	350m: 4:33.96 35.96			
	100m: 1:09.93 37.41	200m: 2:30.68 40.09	300m: 3:58.00 43.87	400m: 5:07.96 34.00			
10.	Maria Teresa Amorim	97	Porto	5:08.01	+0,89	669	
	50m: 32.62 32.62	150m: 1:50.32 40.36	250m: 3:14.55 44.01	350m: 4:34.55 35.80			
	100m: 1:09.96 37.34	200m: 2:30.54 40.22	300m: 3:58.75 44.20	400m: 5:08.01 33.46			
11.	Filipa Vicente Custois	97	Benedita	5:13.91	+0,71	632	
	50m: 32.10 32.10	150m: 1:49.79 40.30	250m: 3:15.88 45.53	350m: 4:38.85 36.73			
	100m: 1:09.49 37.39	200m: 2:30.35 40.56	300m: 4:02.12 46.24	400m: 5:13.91 35.06			

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Prova 16, Femin., 400m Estilos, Final, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
12.	Mariana Cunha Guerra	98	SCC/Oryzon Energias	5:14.76		627	
	50m: 32.10 32.10	150m: 1:49.52 40.71	250m: 3:16.87 47.27	350m: 4:40.17 35.05			
	100m: 1:08.81 36.71	200m: 2:29.60 40.08	300m: 4:05.12 48.25	400m: 5:14.76 34.59			
13.	Joana Dias Santos	96	Uniao Piedense	5:15.06	+0,85	625	
	50m: 33.98 33.98	150m: 1:56.90 42.91	250m: 3:20.24 40.99	350m: 4:40.12 37.22			
	100m: 1:13.99 40.01	200m: 2:39.25 42.35	300m: 4:02.90 42.66	400m: 5:15.06 34.94			
14.	Rute Margarida Marques	94	Amadora	5:15.20	+0,82	624	
	50m: 32.83 32.83	150m: 1:52.54 40.92	250m: 3:17.87 44.97	350m: 4:39.90 37.59			
	100m: 1:11.62 38.79	200m: 2:32.90 40.36	300m: 4:02.31 44.44	400m: 5:15.20 35.30			
15.	Helena Paula Carvalho	95	Uniao Piedense	5:17.66	+0,87	610	
	50m: 32.82 32.82	150m: 1:50.67 40.03	250m: 3:18.16 47.94	350m: 4:42.45 36.61			
	100m: 1:10.64 37.82	200m: 2:30.22 39.55	300m: 4:05.84 47.68	400m: 5:17.66 35.21			
16.	Raquel Paulo Ranito	94	Sporting	5:23.36	+0,77	578	
	50m: 32.81 32.81	150m: 1:51.58 40.35	250m: 3:21.39 48.32	350m: 4:46.81 37.31			
	100m: 1:11.23 38.42	200m: 2:33.07 41.49	300m: 4:09.50 48.11	400m: 5:23.36 36.55			