

Campeonato Nacional de Juvenis
Campeonato Absolutos de Portugal-OPEN
Oeiras, 26.7. - 29.7.2012

2 - 1ª Jornada - 2ª Sessão (Finais-Finals)

26-07-2012 - 17:00

Prova 1

Masc., 1500m Livres

Open

26-07-2012 - 17:10

Resultados

Rec Nac Absoluto	15:16.22	Fernando Eurico Costa	FPN	Bangkok (THA)	14-08-2007
Rec Nac Inf B	17:21.58	Pedro Fontoura Oliveira	CFB	Restelo	27-07-2003
Rec Nac Inf A	16:43.48	Pedro Fontoura Oliveira	CFB	Rio Maior	19-06-2004
Rec Nac Juv B	16:31.97	Pedro Fontoura Oliveira	CFB	Lisboa	28-05-2005
Rec Nac Juv A	15:45.55	Gustavo Manuel Santa	FPN	Tampere (FIN)	23-07-2009
Rec Nac Jun	15:34.51	Fernando Eurico Costa	FPN	Luxemburgo (LUX)	24-01-2003
Rec Nac Sen	15:16.22	Fernando Eurico Costa	FPN	Bangkok (THA)	14-08-2007

TAC JUN2 Masc 18: 16:48.00 / TAC JUN1 Masc 17: 17:02.50 / TAC JUV A Masc Juv A: 17:36.00 / TAC JUV B Masc Juv B: 18:00.00

Pontos: FINA 2012

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Domenico Acerenza	95	CN Lucano Savigi - PZ	15:44.30	+0,87	793	
	50m: 29.60 29.60	450m: 4:40.39 31.55	850m: 8:54.33 32.00	1250m: 13:11.28 32.19			
	100m: 1:00.57 30.97	500m: 5:12.18 31.79	900m: 9:26.32 31.99	1300m: 13:43.32 32.04			
	150m: 1:31.71 31.14	550m: 5:43.44 31.26	950m: 9:58.42 32.10	1350m: 14:14.05 30.73			
	200m: 2:03.40 31.69	600m: 6:14.98 31.54	1000m: 10:30.56 32.14	1400m: 14:44.92 30.87			
	250m: 2:34.65 31.25	650m: 6:46.67 31.69	1050m: 11:02.85 32.29	1450m: 15:15.25 30.33			
	300m: 3:05.77 31.12	700m: 7:18.42 31.75	1100m: 11:34.82 31.97	1500m: 15:44.30 29.05			
	350m: 3:37.20 31.43	750m: 7:50.38 31.96	1150m: 12:07.05 32.23				
	400m: 4:08.84 31.64	800m: 8:22.33 31.95	1200m: 12:39.09 32.04				
2.	Gustavo Manuel Santa	93	Sporting	15:44.43	+0,74	792	
	50m: 28.22 28.22	450m: 4:38.56 31.84	850m: 8:54.53 32.07	1250m: 13:10.88 31.85			
	100m: 58.30 30.08	500m: 5:10.79 32.23	900m: 9:26.63 32.10	1300m: 13:43.28 32.40			
	150m: 1:28.95 30.65	550m: 5:42.56 31.77	950m: 9:58.52 31.89	1350m: 14:14.60 31.32			
	200m: 1:59.95 31.00	600m: 6:14.70 32.14	1000m: 10:30.81 32.29	1400m: 14:45.91 31.31			
	250m: 2:31.29 31.34	650m: 6:46.60 31.90	1050m: 11:02.70 31.89	1450m: 15:16.30 30.39			
	300m: 3:03.06 31.77	700m: 7:18.55 31.95	1100m: 11:34.59 31.89	1500m: 15:44.43 28.13			
	350m: 3:34.58 31.52	750m: 7:50.40 31.85	1150m: 12:06.66 32.07				
	400m: 4:06.72 32.14	800m: 8:22.46 32.06	1200m: 12:39.03 32.37				
3.	Romain Mrowinski	94	Languedoc Roussillon	16:05.15	+0,62	742	
	50m: 28.70 28.70	450m: 4:40.37 31.54	850m: 8:56.39 32.38	1250m: 13:22.37 33.97			
	100m: 59.67 30.97	500m: 5:12.09 31.72	900m: 9:29.35 32.96	1300m: 13:55.83 33.46			
	150m: 1:31.13 31.46	550m: 5:43.61 31.52	950m: 10:02.11 32.76	1350m: 14:29.44 33.61			
	200m: 2:02.89 31.76	600m: 6:15.41 31.80	1000m: 10:35.41 33.30	1400m: 15:02.67 33.23			
	250m: 2:34.57 31.68	650m: 6:46.88 31.47	1050m: 11:08.03 32.62	1450m: 15:35.68 33.01			
	300m: 3:05.94 31.37	700m: 7:18.99 32.11	1100m: 11:41.52 33.49	1500m: 16:05.15 29.47			
	350m: 3:37.35 31.41	750m: 7:51.41 32.42	1150m: 12:14.54 33.02				
	400m: 4:08.83 31.48	800m: 8:24.01 32.60	1200m: 12:48.40 33.86				
4.	Paulo Fragueiro Franco	82	Desportivo Nacional	16:06.82	+0,74	739	
	50m: 29.46 29.46	450m: 4:46.60 31.97	850m: 9:06.22 32.67	1250m: 13:27.63 32.39			
	100m: 1:01.15 31.69	500m: 5:18.93 32.33	900m: 9:39.00 32.78	1300m: 14:00.56 32.93			
	150m: 1:33.55 32.40	550m: 5:51.15 32.22	950m: 10:11.75 32.75	1350m: 14:32.42 31.86			
	200m: 2:05.76 32.21	600m: 6:23.57 32.42	1000m: 10:44.93 33.18	1400m: 15:04.54 32.12			
	250m: 2:37.96 32.20	650m: 6:56.08 32.51	1050m: 11:17.62 32.69	1450m: 15:36.37 31.83			
	300m: 3:10.34 32.38	700m: 7:28.44 32.36	1100m: 11:50.10 32.48	1500m: 16:06.82 30.45			
	350m: 3:42.26 31.92	750m: 8:01.03 32.59	1150m: 12:22.55 32.45				
	400m: 4:14.63 32.37	800m: 8:33.55 32.52	1200m: 12:55.24 32.69				

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Prova 1, Masc., 1500m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
5.	Vasco Miguel Gaspar	90	Uniao Piedense	16:12.82	+0,73	725	
	50m: 28.74 28.74	450m: 4:46.89 32.75	850m: 9:08.11 33.03	1250m: 13:30.65 32.99			
	100m: 1:00.46 31.72	500m: 5:19.12 32.23	900m: 9:41.15 33.04	1300m: 14:03.51 32.86			
	150m: 1:32.31 31.85	550m: 5:51.61 32.49	950m: 10:13.98 32.83	1350m: 14:36.67 33.16			
	200m: 2:04.11 31.80	600m: 6:24.21 32.60	1000m: 10:46.60 32.62	1400m: 15:09.81 33.14			
	250m: 2:36.43 32.32	650m: 6:57.09 32.88	1050m: 11:19.51 32.91	1450m: 15:41.76 31.95			
	300m: 3:08.78 32.35	700m: 7:29.67 32.58	1100m: 11:51.88 32.37	1500m: 16:12.82 31.06			
	350m: 3:41.39 32.61	750m: 8:02.59 32.92	1150m: 12:24.79 32.91				
	400m: 4:14.14 32.75	800m: 8:35.08 32.49	1200m: 12:57.66 32.87				
6.	Hugo Alberto Ribeiro	88	Gespacos	16:13.24	+0,91	724	
	50m: 29.25 29.25	450m: 4:47.62 32.41	850m: 9:06.63 32.59	1250m: 13:31.58 33.64			
	100m: 1:00.67 31.42	500m: 5:19.78 32.16	900m: 9:39.11 32.48	1300m: 14:04.68 33.10			
	150m: 1:33.13 32.46	550m: 5:52.17 32.39	950m: 10:11.99 32.88	1350m: 14:38.24 33.56			
	200m: 2:05.44 32.31	600m: 6:24.29 32.12	1000m: 10:45.06 33.07	1400m: 15:11.20 32.96			
	250m: 2:38.31 32.87	650m: 6:56.88 32.59	1050m: 11:18.25 33.19	1450m: 15:43.02 31.82			
	300m: 3:10.50 32.19	700m: 7:29.32 32.44	1100m: 11:51.22 32.97	1500m: 16:13.24 30.22			
	350m: 3:43.04 32.54	750m: 8:01.77 32.45	1150m: 12:24.48 33.26				
	400m: 4:15.21 32.17	800m: 8:34.04 32.27	1200m: 12:57.94 33.46				
7.	Ricardo Manuel Machado	93	Braga	16:27.66	+0,74	693	
	50m: 29.36 29.36	450m: 4:48.64 33.02	850m: 9:15.03 33.26	1250m: 13:43.20 33.23			
	100m: 1:01.10 31.74	500m: 5:21.79 33.15	900m: 9:48.38 33.35	1300m: 14:16.97 33.77			
	150m: 1:32.90 31.80	550m: 5:54.74 32.95	950m: 10:21.73 33.35	1350m: 14:50.50 33.53			
	200m: 2:05.17 32.27	600m: 6:27.89 33.15	1000m: 10:55.67 33.94	1400m: 15:24.16 33.66			
	250m: 2:37.48 32.31	650m: 7:01.30 33.41	1050m: 11:29.45 33.78	1450m: 15:56.79 32.63			
	300m: 3:09.99 32.51	700m: 7:34.61 33.31	1100m: 12:03.07 33.62	1500m: 16:27.66 30.87			
	350m: 3:42.73 32.74	750m: 8:08.29 33.68	1150m: 12:36.70 33.63				
	400m: 4:15.62 32.89	800m: 8:41.77 33.48	1200m: 13:09.97 33.27				
8.	Tiago Silva Oliveira	94	Leixoes	16:28.19	+0,70	692	
	50m: 29.10 29.10	450m: 4:48.88 32.38	850m: 9:14.93 33.60	1250m: 13:43.88 33.23			
	100m: 1:01.01 31.91	500m: 5:21.28 32.40	900m: 9:48.62 33.69	1300m: 14:17.68 33.80			
	150m: 1:33.44 32.43	550m: 5:54.43 33.15	950m: 10:22.30 33.68	1350m: 14:50.93 33.25			
	200m: 2:06.17 32.73	600m: 6:27.45 33.02	1000m: 10:56.39 34.09	1400m: 15:24.64 33.71			
	250m: 2:38.70 32.53	650m: 7:00.70 33.25	1050m: 11:30.17 33.78	1450m: 15:56.88 32.24			
	300m: 3:11.45 32.75	700m: 7:34.14 33.44	1100m: 12:04.01 33.84	1500m: 16:28.19 31.31			
	350m: 3:43.83 32.38	750m: 8:07.50 33.36	1150m: 12:37.19 33.18				
	400m: 4:16.50 32.67	800m: 8:41.33 33.83	1200m: 13:10.65 33.46				
9.	Andre Filipe Farinha	96	Benfica	16:29.87	+0,68	688	
	50m: 30.51 30.51	450m: 4:59.07 33.87	850m: 9:30.81 34.19	1250m: 13:51.76 31.91			
	100m: 1:03.07 32.56	500m: 5:32.83 33.76	900m: 10:04.79 33.98	1300m: 14:23.91 32.15			
	150m: 1:36.64 33.57	550m: 6:06.98 34.15	950m: 10:37.36 32.57	1350m: 14:55.62 31.71			
	200m: 2:10.00 33.36	600m: 6:40.99 34.01	1000m: 11:09.59 32.23	1400m: 15:28.25 32.63			
	250m: 2:43.91 33.91	650m: 7:14.87 33.88	1050m: 11:41.87 32.28	1450m: 15:59.53 31.28			
	300m: 3:17.65 33.74	700m: 7:48.81 33.94	1100m: 12:14.60 32.73	1500m: 16:29.87 30.34			
	350m: 3:51.50 33.85	750m: 8:22.76 33.95	1150m: 12:47.38 32.78				
	400m: 4:25.20 33.70	800m: 8:56.62 33.86	1200m: 13:19.85 32.47				

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Prova 1, Masc., 1500m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
10.	Miguel Monteiro Diogo	93	Nautico de Coimbra	16:34.68	+0,69	678	
	50m: 29.05 29.05	450m: 4:54.34 33.79	850m: 9:24.61 33.73	1250m: 13:50.45 33.19			
	100m: 1:00.89 31.84	500m: 5:28.12 33.78	900m: 9:58.39 33.78	1300m: 14:23.42 32.97			
	150m: 1:33.85 32.96	550m: 6:01.64 33.52	950m: 10:31.93 33.54	1350m: 14:56.16 32.74			
	200m: 2:06.96 33.11	600m: 6:35.28 33.64	1000m: 11:05.52 33.59	1400m: 15:29.18 33.02			
	250m: 2:40.14 33.18	650m: 7:09.23 33.95	1050m: 11:38.46 32.94	1450m: 16:01.85 32.67			
	300m: 3:13.52 33.38	700m: 7:43.17 33.94	1100m: 12:11.56 33.10	1500m: 16:34.68 32.83			
	350m: 3:47.13 33.61	750m: 8:17.10 33.93	1150m: 12:44.43 32.87				
	400m: 4:20.55 33.42	800m: 8:50.88 33.78	1200m: 13:17.26 32.83				
11.	Artur Manuel Ferreira	95	Porto	16:37.31		673	
	50m: 30.32 30.32	450m: 4:51.01 33.10	850m: 9:19.27 33.53	1250m: 13:49.43 33.93			
	100m: 1:02.16 31.84	500m: 5:24.40 33.39	900m: 9:52.58 33.31	1300m: 14:23.62 34.19			
	150m: 1:34.73 32.57	550m: 5:57.88 33.48	950m: 10:26.14 33.56	1350m: 14:57.66 34.04			
	200m: 2:06.96 32.23	600m: 6:31.57 33.69	1000m: 10:59.83 33.69	1400m: 15:31.54 33.88			
	250m: 2:39.74 32.78	650m: 7:05.22 33.65	1050m: 11:33.68 33.85	1450m: 16:05.24 33.70			
	300m: 3:12.11 32.37	700m: 7:38.65 33.43	1100m: 12:07.68 34.00	1500m: 16:37.31 32.07			
	350m: 3:45.04 32.93	750m: 8:12.34 33.69	1150m: 12:41.55 33.87				
	400m: 4:17.91 32.87	800m: 8:45.74 33.40	1200m: 13:15.50 33.95				
12.	Rui Miguel Lopes	94	Natacao de Olhao	16:41.64	+0,81	664	
	50m: 30.18 30.18	450m: 4:55.07 33.67	850m: 9:23.74 33.30	1250m: 13:52.75 33.55			
	100m: 1:02.54 32.36	500m: 5:28.58 33.51	900m: 9:57.41 33.67	1300m: 14:26.86 34.11			
	150m: 1:35.17 32.63	550m: 6:02.09 33.51	950m: 10:31.25 33.84	1350m: 15:00.44 33.58			
	200m: 2:08.22 33.05	600m: 6:35.77 33.68	1000m: 11:04.70 33.45	1400m: 15:34.94 34.50			
	250m: 2:41.31 33.09	650m: 7:09.40 33.63	1050m: 11:38.19 33.49	1450m: 16:08.98 34.04			
	300m: 3:14.84 33.53	700m: 7:43.16 33.76	1100m: 12:12.02 33.83	1500m: 16:41.64 32.66			
	350m: 3:48.07 33.23	750m: 8:16.69 33.53	1150m: 12:45.35 33.33				
	400m: 4:21.40 33.33	800m: 8:50.44 33.75	1200m: 13:19.20 33.85				
13.	Artiom Viatcheslavovitch Poliz93v	Alges		16:43.60	+0,63	660	
	50m: 29.06 29.06	450m: 4:53.19 33.38	850m: 9:22.23 34.02	1250m: 13:55.38 34.10			
	100m: 1:01.32 32.26	500m: 5:26.48 33.29	900m: 9:56.27 34.04	1300m: 14:29.31 33.93			
	150m: 1:34.10 32.78	550m: 6:00.00 33.52	950m: 10:30.55 34.28	1350m: 15:03.17 33.86			
	200m: 2:06.82 32.72	600m: 6:33.34 33.34	1000m: 11:04.73 34.18	1400m: 15:37.53 34.36			
	250m: 2:39.95 33.13	650m: 7:06.89 33.55	1050m: 11:38.82 34.09	1450m: 16:11.08 33.55			
	300m: 3:13.38 33.43	700m: 7:40.52 33.63	1100m: 12:13.13 34.31	1500m: 16:43.60 32.52			
	350m: 3:46.69 33.31	750m: 8:14.46 33.94	1150m: 12:47.15 34.02				
	400m: 4:19.81 33.12	800m: 8:48.21 33.75	1200m: 13:21.28 34.13				
14.	Pedro Veigunha Martins	96	Braga	16:46.32	+0,82	655	
	50m: 28.96 28.96	450m: 4:59.95 34.25	850m: 9:33.29 34.04	1250m: 14:02.45 33.92			
	100m: 1:01.27 32.31	500m: 5:34.67 34.72	900m: 10:07.27 33.98	1300m: 14:35.55 33.10			
	150m: 1:35.03 33.76	550m: 6:08.68 34.01	950m: 10:40.78 33.51	1350m: 15:09.38 33.83			
	200m: 2:08.37 33.34	600m: 6:42.63 33.95	1000m: 11:14.20 33.42	1400m: 15:42.67 33.29			
	250m: 2:42.79 34.42	650m: 7:16.87 34.24	1050m: 11:47.85 33.65	1450m: 16:15.82 33.15			
	300m: 3:17.04 34.25	700m: 7:50.89 34.02	1100m: 12:21.18 33.33	1500m: 16:46.32 30.50			
	350m: 3:51.31 34.27	750m: 8:25.12 34.23	1150m: 12:54.70 33.52				
	400m: 4:25.70 34.39	800m: 8:59.25 34.13	1200m: 13:28.53 33.83				

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Oeiras, 26.7. - 29.7.2012

Prova 1, Masc., 1500m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
15.	Andre Rafael Marinho	93	Uniao Piedense	16:47.78	+0,85	652	
	50m: 29.55 29.55	450m: 4:54.48 33.80	850m: 9:24.90 34.29	1250m: 13:57.57 34.18			
	100m: 1:01.52 31.97	500m: 5:27.95 33.47	900m: 9:58.59 33.69	1300m: 14:31.82 34.25			
	150m: 1:34.02 32.50	550m: 6:01.89 33.94	950m: 10:32.90 34.31	1350m: 15:06.29 34.47			
	200m: 2:07.04 33.02	600m: 6:35.34 33.45	1000m: 11:06.74 33.84	1400m: 15:40.62 34.33			
	250m: 2:40.55 33.51	650m: 7:09.24 33.90	1050m: 11:41.06 34.32	1450m: 16:15.03 34.41			
	300m: 3:13.72 33.17	700m: 7:42.92 33.68	1100m: 12:15.08 34.02	1500m: 16:47.78 32.75			
	350m: 3:47.43 33.71	750m: 8:17.03 34.11	1150m: 12:49.15 34.07				
	400m: 4:20.68 33.25	800m: 8:50.61 33.58	1200m: 13:23.39 34.24				
16.	Mario Andre Bonanca	90	Sporting	16:48.17	+0,91	651	
	<i>FTL</i>						
	50m: 29.19 29.19	450m: 4:47.77 33.22	850m: 9:23.06 34.28	1250m: 13:59.49 34.55			
	100m: 1:00.80 31.61	500m: 5:21.64 33.87	900m: 9:57.71 34.65	1300m: 14:33.07 33.58			
	150m: 1:32.75 31.95	550m: 5:55.98 34.34	950m: 10:31.84 34.13	1350m: 15:07.12 34.05			
	200m: 2:04.43 31.68	600m: 6:30.56 34.58	1000m: 11:06.54 34.70	1400m: 15:41.22 34.10			
	250m: 2:36.86 32.43	650m: 7:05.09 34.53	1050m: 11:41.27 34.73	1450m: 16:15.16 33.94			
	300m: 3:09.06 32.20	700m: 7:39.69 34.60	1100m: 12:15.59 34.32	1500m: 16:48.17 33.01			
	350m: 3:41.94 32.88	750m: 8:14.26 34.57	1150m: 12:50.24 34.65				
	400m: 4:14.55 32.61	800m: 8:48.78 34.52	1200m: 13:24.94 34.70				
17.	Joao Andre Neves	95	Academica de Coimbra	16:49.52	+0,71	649	
	50m: 29.69 29.69	450m: 4:55.86 33.55	850m: 9:27.67 34.10	1250m: 14:00.54 34.33			
	100m: 1:01.78 32.09	500m: 5:29.71 33.85	900m: 10:01.88 34.21	1300m: 14:35.15 34.61			
	150m: 1:34.53 32.75	550m: 6:03.59 33.88	950m: 10:35.51 33.63	1350m: 15:09.06 33.91			
	200m: 2:07.84 33.31	600m: 6:37.79 34.20	1000m: 11:09.65 34.14	1400m: 15:42.76 33.70			
	250m: 2:41.41 33.57	650m: 7:11.32 33.53	1050m: 11:43.64 33.99	1450m: 16:16.55 33.79			
	300m: 3:14.84 33.43	700m: 7:45.52 34.20	1100m: 12:17.75 34.11	1500m: 16:49.52 32.97			
	350m: 3:48.38 33.54	750m: 8:19.49 33.97	1150m: 12:52.09 34.34				
	400m: 4:22.31 33.93	800m: 8:53.57 34.08	1200m: 13:26.21 34.12				
18.	Duarte Nuno Vieira	95	Desportivo Nacional	16:52.27	+0,64	643	
	50m: 29.58 29.58	450m: 5:00.30 33.70	850m: 9:31.20 34.00	1250m: 14:05.10 34.64			
	100m: 1:02.67 33.09	500m: 5:34.06 33.76	900m: 10:05.72 34.52	1300m: 14:39.44 34.34			
	150m: 1:36.67 34.00	550m: 6:07.78 33.72	950m: 10:40.18 34.46	1350m: 15:13.78 34.34			
	200m: 2:10.49 33.82	600m: 6:41.65 33.87	1000m: 11:13.92 33.74	1400m: 15:47.76 33.98			
	250m: 2:44.55 34.06	650m: 7:15.93 34.28	1050m: 11:47.99 34.07	1450m: 16:20.47 32.71			
	300m: 3:18.53 33.98	700m: 7:49.43 33.50	1100m: 12:21.96 33.97	1500m: 16:52.27 31.80			
	350m: 3:52.66 34.13	750m: 8:23.12 33.69	1150m: 12:56.04 34.08				
	400m: 4:26.60 33.94	800m: 8:57.20 34.08	1200m: 13:30.46 34.42				
19.	Miguel Prata Santos	96	Viana Natacao	16:52.76	+0,77	643	
	50m: 30.11 30.11	450m: 5:00.57 33.80	850m: 9:33.52 33.83	1250m: 14:06.65 32.94			
	100m: 1:02.41 32.30	500m: 5:34.75 34.18	900m: 10:07.53 34.01	1300m: 14:40.34 33.69			
	150m: 1:36.10 33.69	550m: 6:09.13 34.38	950m: 10:41.28 33.75	1350m: 15:15.19 34.85			
	200m: 2:09.88 33.78	600m: 6:43.41 34.28	1000m: 11:15.06 33.78	1400m: 15:48.97 33.78			
	250m: 2:43.97 34.09	650m: 7:17.28 33.87	1050m: 11:50.05 34.99	1450m: 16:21.70 32.73			
	300m: 3:17.72 33.75	700m: 7:51.39 34.11	1100m: 12:24.79 34.74	1500m: 16:52.76 31.06			
	350m: 3:52.34 34.62	750m: 8:25.64 34.25	1150m: 12:59.28 34.49				
	400m: 4:26.77 34.43	800m: 8:59.69 34.05	1200m: 13:33.71 34.43				

Campeonato Nacional de Juvenis
Campeonato Absolutos de Portugal-OPEN
Oeiras, 26.7. - 29.7.2012

Prova 1, Masc., 1500m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final		TReac	Pts FINA	Pts
20.	Rui Filipe Costa <i>FTL</i>	91	Vitoria de Guimaraes	16:55.47		+0,76	637	
	50m: 29.31 29.31	450m: 4:55.63 34.32	850m: 9:31.44 34.29	1250m: 14:05.04 33.57				
	100m: 1:01.15 31.84	500m: 5:30.20 34.57	900m: 10:05.79 34.35	1300m: 14:38.77 33.73				
	150m: 1:33.54 32.39	550m: 6:04.65 34.45	950m: 10:39.89 34.10	1350m: 15:12.36 33.59				
	200m: 2:06.37 32.83	600m: 6:38.99 34.34	1000m: 11:14.44 34.55	1400m: 15:46.22 33.86				
	250m: 2:39.67 33.30	650m: 7:13.52 34.53	1050m: 11:48.50 34.06	1450m: 16:20.86 34.64				
	300m: 3:13.24 33.57	700m: 7:48.27 34.75	1100m: 12:22.89 34.39	1500m: 16:55.47 34.61				
	350m: 3:47.24 34.00	750m: 8:22.60 34.33	1150m: 12:56.98 34.09					
	400m: 4:21.31 34.07	800m: 8:57.15 34.55	1200m: 13:31.47 34.49					
21.	Eduardo Filipe Carvalheiro	97	SCC/Oryzon Energias	16:57.05		+0,80	634	
	50m: 30.32 30.32	450m: 4:58.14 34.12	850m: 9:32.06 34.58	1250m: 14:07.01 34.28				
	100m: 1:02.78 32.46	500m: 5:32.20 34.06	900m: 10:06.40 34.34	1300m: 14:41.46 34.45				
	150m: 1:36.20 33.42	550m: 6:06.43 34.23	950m: 10:40.74 34.34	1350m: 15:15.67 34.21				
	200m: 2:09.33 33.13	600m: 6:40.46 34.03	1000m: 11:15.13 34.39	1400m: 15:50.10 34.43				
	250m: 2:42.70 33.37	650m: 7:14.63 34.17	1050m: 11:49.49 34.36	1450m: 16:23.94 33.84				
	300m: 3:16.38 33.68	700m: 7:48.89 34.26	1100m: 12:23.72 34.23	1500m: 16:57.05 33.11				
	350m: 3:50.07 33.69	750m: 8:23.33 34.44	1150m: 12:58.37 34.65					
	400m: 4:24.02 33.95	800m: 8:57.48 34.15	1200m: 13:32.73 34.36					
22.	Rafael Lourenco Gil	96	Naval Amorense	17:00.80		+0,72	627	
	50m: 29.84 29.84	450m: 4:57.47 33.94	850m: 9:30.38 34.31	1250m: 14:08.74 35.00				
	100m: 1:01.81 31.97	500m: 5:31.31 33.84	900m: 10:05.03 34.65	1300m: 14:43.22 34.48				
	150m: 1:35.04 33.23	550m: 6:05.13 33.82	950m: 10:39.74 34.71	1350m: 15:18.23 35.01				
	200m: 2:08.35 33.31	600m: 6:39.16 34.03	1000m: 11:13.98 34.24	1400m: 15:53.19 34.96				
	250m: 2:42.25 33.90	650m: 7:13.30 34.14	1050m: 11:49.01 35.03	1450m: 16:27.72 34.53				
	300m: 3:15.96 33.71	700m: 7:47.49 34.19	1100m: 12:23.44 34.43	1500m: 17:00.80 33.08				
	350m: 3:49.89 33.93	750m: 8:21.88 34.39	1150m: 12:59.08 35.64					
	400m: 4:23.53 33.64	800m: 8:56.07 34.19	1200m: 13:33.74 34.66					
23.	Nuno Vieira Malheiro <i>FTL</i>	93	Braga	17:00.94		+0,80	627	
	50m: 31.24 31.24	450m: 4:59.81 34.10	850m: 9:33.89 34.41	1250m: 14:09.31 34.28				
	100m: 1:03.97 32.73	500m: 5:34.15 34.34	900m: 10:08.28 34.39	1300m: 14:44.35 35.04				
	150m: 1:37.65 33.68	550m: 6:07.91 33.76	950m: 10:42.67 34.39	1350m: 15:19.06 34.71				
	200m: 2:10.87 33.22	600m: 6:41.98 34.07	1000m: 11:17.33 34.66	1400m: 15:54.28 35.22				
	250m: 2:44.41 33.54	650m: 7:16.27 34.29	1050m: 11:51.20 33.87	1450m: 16:28.35 34.07				
	300m: 3:18.10 33.69	700m: 7:50.93 34.66	1100m: 12:25.77 34.57	1500m: 17:00.94 32.59				
	350m: 3:51.85 33.75	750m: 8:25.22 34.29	1150m: 13:00.15 34.38					
	400m: 4:25.71 33.86	800m: 8:59.48 34.26	1200m: 13:35.03 34.88					
24.	Leonardo Marchetta	95	Pol Lib Invicta - Potenza	17:01.19		+0,84	627	
	50m: 30.56 30.56	450m: 5:00.03 34.32	850m: 9:35.90 34.69	1250m: 14:12.48 34.63				
	100m: 1:03.37 32.81	500m: 5:34.24 34.21	900m: 10:10.35 34.45	1300m: 14:47.03 34.55				
	150m: 1:36.53 33.16	550m: 6:08.93 34.69	950m: 10:45.12 34.77	1350m: 15:21.49 34.46				
	200m: 2:10.33 33.80	600m: 6:43.24 34.31	1000m: 11:19.45 34.33	1400m: 15:55.62 34.13				
	250m: 2:44.32 33.99	650m: 7:17.79 34.55	1050m: 11:54.49 35.04	1450m: 16:29.66 34.04				
	300m: 3:18.09 33.77	700m: 7:52.30 34.51	1100m: 12:28.77 34.28	1500m: 17:01.19 31.53				
	350m: 3:52.13 34.04	750m: 8:26.88 34.58	1150m: 13:03.33 34.56					
	400m: 4:25.71 33.58	800m: 9:01.21 34.33	1200m: 13:37.85 34.52					

Campeonato Nacional de Juvenis
Campeonato Absolutos de Portugal-OPEN
Oeiras, 26.7. - 29.7.2012

Prova 1, Masc., 1500m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final		TReac	Pts FINA	Pts
25.	Paulo Andre Dias FTL	92	Gespacos	17:06.13			618	
	50m: 29.38 29.38	450m: 4:56.43 34.17	850m: 9:30.90 34.63	1250m: 14:12.39 35.62				
	100m: 1:01.63 32.25	500m: 5:30.33 33.90	900m: 10:05.86 34.96	1300m: 14:47.39 35.00				
	150m: 1:34.63 33.00	550m: 6:04.46 34.13	950m: 10:40.58 34.72	1350m: 15:22.51 35.12				
	200m: 2:07.69 33.06	600m: 6:38.52 34.06	1000m: 11:15.70 35.12	1400m: 15:57.70 35.19				
	250m: 2:40.97 33.28	650m: 7:12.76 34.24	1050m: 11:50.50 34.80	1450m: 16:32.57 34.87				
	300m: 3:14.33 33.36	700m: 7:47.05 34.29	1100m: 12:25.83 35.33	1500m: 17:06.13 33.56				
	350m: 3:48.19 33.86	750m: 8:21.82 34.77	1150m: 13:01.34 35.51					
	400m: 4:22.26 34.07	800m: 8:56.27 34.45	1200m: 13:36.77 35.43					
26.	Gustavo Lopes Ribeiro FTL	95	Academica de Coimbra	17:06.55		+0,79	617	
	50m: 30.59 30.59	450m: 5:02.00 34.51	850m: 9:37.83 34.67	1250m: 14:15.53 34.62				
	100m: 1:03.21 32.62	500m: 5:36.64 34.64	900m: 10:12.97 35.14	1300m: 14:50.26 34.73				
	150m: 1:36.83 33.62	550m: 6:11.11 34.47	950m: 10:47.38 34.41	1350m: 15:24.88 34.62				
	200m: 2:10.55 33.72	600m: 6:45.37 34.26	1000m: 11:22.35 34.97	1400m: 15:59.37 34.49				
	250m: 2:44.74 34.19	650m: 7:19.60 34.23	1050m: 11:56.92 34.57	1450m: 16:33.45 34.08				
	300m: 3:18.77 34.03	700m: 7:54.13 34.53	1100m: 12:31.52 34.60	1500m: 17:06.55 33.10				
	350m: 3:53.26 34.49	750m: 8:28.17 34.04	1150m: 13:06.17 34.65					
	400m: 4:27.49 34.23	800m: 9:03.16 34.99	1200m: 13:40.91 34.74					
27.	Joao Luis Travanca	97	Porto	17:06.69		+0,96	617	
	50m: 31.66 31.66	450m: 5:05.60 34.91	850m: 9:43.03 35.45	1250m: 14:18.35 34.68				
	100m: 1:05.19 33.53	500m: 5:40.03 34.43	900m: 10:17.78 34.75	1300m: 14:52.11 33.76				
	150m: 1:39.89 34.70	550m: 6:15.06 35.03	950m: 10:52.48 34.70	1350m: 15:26.75 34.64				
	200m: 2:13.58 33.69	600m: 6:48.79 33.73	1000m: 11:26.73 34.25	1400m: 16:01.08 34.33				
	250m: 2:47.57 33.99	650m: 7:23.50 34.71	1050m: 12:01.40 34.67	1450m: 16:34.91 33.83				
	300m: 3:22.20 34.63	700m: 7:58.05 34.55	1100m: 12:35.52 34.12	1500m: 17:06.69 31.78				
	350m: 3:56.48 34.28	750m: 8:33.31 35.26	1150m: 13:09.74 34.22					
	400m: 4:30.69 34.21	800m: 9:07.58 34.27	1200m: 13:43.67 33.93					
28.	Alexandre Valdagua Coutinhc97	97	SCC/Oryzon Energias	17:06.85			616	
	50m: 29.74 29.74	450m: 5:03.51 34.57	900m: 10:15.01 34.78	1300m: 14:53.77 35.04				
	100m: 1:03.38 33.64	500m: 5:37.93 34.42	950m: 10:49.81 34.80	1350m: 15:28.23 34.46				
	150m: 1:37.54 34.16	600m: 6:46.95 1:09.02	1000m: 11:24.67 34.86	1400m: 16:02.67 34.44				
	200m: 2:11.85 34.31	650m: 7:21.71 34.76	1050m: 11:59.65 34.98	1450m: 16:36.58 33.91				
	250m: 2:45.41 33.56	700m: 7:56.07 34.36	1100m: 12:34.42 34.77	1500m: 17:06.85 30.27				
	300m: 3:19.60 34.19	750m: 8:30.91 34.84	1150m: 13:09.01 34.59					
	350m: 3:54.21 34.61	800m: 9:05.27 34.36	1200m: 13:43.74 34.73					
	400m: 4:28.94 34.73	850m: 9:40.23 34.96	1250m: 14:18.73 34.99					
29.	Jorge Miguel Nunes	97	Porto	17:06.99			616	
	50m: 30.72 30.72	450m: 5:04.97 34.41	850m: 9:40.45 34.67	1250m: 14:17.66 34.77				
	100m: 1:04.41 33.69	500m: 5:39.35 34.38	900m: 10:14.73 34.28	1300m: 14:52.23 34.57				
	150m: 1:38.60 34.19	550m: 6:13.81 34.46	950m: 10:49.42 34.69	1350m: 15:26.69 34.46				
	200m: 2:12.89 34.29	600m: 6:48.07 34.26	1000m: 11:23.88 34.46	1400m: 16:01.00 34.31				
	250m: 2:47.19 34.30	650m: 7:22.47 34.40	1050m: 11:58.63 34.75	1450m: 16:35.14 34.14				
	300m: 3:21.61 34.42	700m: 7:56.96 34.49	1100m: 12:33.34 34.71	1500m: 17:06.99 31.85				
	350m: 3:56.10 34.49	750m: 8:31.30 34.34	1150m: 13:08.39 35.05					
	400m: 4:30.56 34.46	800m: 9:05.78 34.48	1200m: 13:42.89 34.50					

Campeonato Nacional de Juvenis
Campeonato Absolutos de Portugal-OPEN
Oeiras, 26.7. - 29.7.2012

Prova 1, Masc., 1500m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
30.	Ricardo Eduardo Afonso	97	Braga	17:07.16	+0,77	616	
	50m: 30.95 30.95	450m: 5:05.84 34.74	850m: 9:43.62 34.75	1250m: 14:20.33 34.47			
	100m: 1:03.95 33.00	500m: 5:40.50 34.66	900m: 10:18.50 34.88	1300m: 14:55.00 34.67			
	150m: 1:38.26 34.31	550m: 6:15.26 34.76	950m: 10:53.14 34.64	1350m: 15:29.46 34.46			
	200m: 2:12.63 34.37	600m: 6:50.00 34.74	1000m: 11:27.70 34.56	1400m: 16:03.58 34.12			
	250m: 2:46.99 34.36	650m: 7:24.38 34.38	1050m: 12:02.45 34.75	1450m: 16:37.16 33.58			
	300m: 3:21.34 34.35	700m: 7:59.19 34.81	1100m: 12:36.83 34.38	1500m: 17:07.16 30.00			
	350m: 3:56.42 35.08	750m: 8:34.16 34.97	1150m: 13:11.49 34.66				
	400m: 4:31.10 34.68	800m: 9:08.87 34.71	1200m: 13:45.86 34.37				
31.	Vitor Joao Pereira	97	Leixoes	17:08.09	+0,85	614	
	50m: 30.35 30.35	450m: 5:02.11 34.26	850m: 9:37.96 34.58	1250m: 14:16.02 34.70			
	100m: 1:03.43 33.08	500m: 5:36.69 34.58	900m: 10:12.90 34.94	1300m: 14:50.96 34.94			
	150m: 1:36.74 33.31	550m: 6:11.20 34.51	950m: 10:47.33 34.43	1350m: 15:25.62 34.66			
	200m: 2:10.64 33.90	600m: 6:45.85 34.65	1000m: 11:22.14 34.81	1400m: 16:00.42 34.80			
	250m: 2:44.36 33.72	650m: 7:19.70 33.85	1050m: 11:56.53 34.39	1450m: 16:34.60 34.18			
	300m: 3:18.71 34.35	700m: 7:54.63 34.93	1100m: 12:31.33 34.80	1500m: 17:08.09 33.49			
	350m: 3:53.14 34.43	750m: 8:28.67 34.04	1150m: 13:06.18 34.85				
	400m: 4:27.85 34.71	800m: 9:03.38 34.71	1200m: 13:41.32 35.14				
32.	Bruno Miguel Rainho	96	Geslours	17:08.79	+0,92	613	
	50m: 31.12 31.12	450m: 5:03.76 34.27	850m: 9:40.11 34.49	1250m: 14:16.73 35.01			
	100m: 1:04.38 33.26	500m: 5:38.27 34.51	900m: 10:14.38 34.27	1300m: 14:51.76 35.03			
	150m: 1:38.20 33.82	550m: 6:12.54 34.27	950m: 10:49.32 34.94	1350m: 15:26.60 34.84			
	200m: 2:12.26 34.06	600m: 6:47.33 34.79	1000m: 11:23.86 34.54	1400m: 16:01.76 35.16			
	250m: 2:46.57 34.31	650m: 7:21.92 34.59	1050m: 11:57.79 33.93	1450m: 16:35.48 33.72			
	300m: 3:20.82 34.25	700m: 7:56.30 34.38	1100m: 12:32.21 34.42	1500m: 17:08.79 33.31			
	350m: 3:55.03 34.21	750m: 8:31.28 34.98	1150m: 13:06.89 34.68				
	400m: 4:29.49 34.46	800m: 9:05.62 34.34	1200m: 13:41.72 34.83				
33.	Goncalo Cardoso Carmo	96	Colegio Vasco da Gama	17:14.49	+0,66	603	
	50m: 30.05 30.05	450m: 4:57.18 34.18	850m: 9:32.80 35.02	1250m: 14:16.11 36.28			
	100m: 1:02.43 32.38	500m: 5:31.18 34.00	900m: 10:07.73 34.93	1300m: 14:51.82 35.71			
	150m: 1:35.81 33.38	550m: 6:05.40 34.22	950m: 10:42.92 35.19	1350m: 15:28.14 36.32			
	200m: 2:08.89 33.08	600m: 6:39.20 33.80	1000m: 11:17.38 34.46	1400m: 16:03.94 35.80			
	250m: 2:42.13 33.24	650m: 7:13.75 34.55	1050m: 11:52.80 35.42	1450m: 16:39.84 35.90			
	300m: 3:15.43 33.30	700m: 7:48.15 34.40	1100m: 12:28.38 35.58	1500m: 17:14.49 34.65			
	350m: 3:49.33 33.90	750m: 8:22.91 34.76	1150m: 13:04.20 35.82				
	400m: 4:23.00 33.67	800m: 8:57.78 34.87	1200m: 13:39.83 35.63				
34.	Cesar Filipe Magalhaes	95	Foca	17:18.88		595	
	FTL						
	50m: 30.43 30.43	450m: 5:02.56 34.53	850m: 9:42.31 35.26	1250m: 14:23.72 35.03			
	100m: 1:03.54 33.11	500m: 5:37.20 34.64	900m: 10:17.60 35.29	1300m: 14:59.03 35.31			
	150m: 1:37.40 33.86	550m: 6:11.82 34.62	950m: 10:52.80 35.20	1350m: 15:34.41 35.38			
	200m: 2:11.11 33.71	600m: 6:46.71 34.89	1000m: 11:27.64 34.84	1400m: 16:09.51 35.10			
	250m: 2:45.32 34.21	650m: 7:21.47 34.76	1050m: 12:03.02 35.38	1450m: 16:44.48 34.97			
	300m: 3:19.50 34.18	700m: 7:56.31 34.84	1100m: 12:38.76 35.74	1500m: 17:18.88 34.40			
	350m: 3:53.46 33.96	750m: 8:31.80 35.49	1150m: 13:14.07 35.31				
	400m: 4:28.03 34.57	800m: 9:07.05 35.25	1200m: 13:48.69 34.62				

Campeonato Nacional de Juvenis
Campeonato Absolutos de Portugal-OPEN
Oeiras, 26.7. - 29.7.2012

Prova 1, Masc., 1500m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
35.	Andre Coelho Oliveira	96	Vitoria de Guimaraes	17:23.06		588	
	50m: 29.99 32.99	450m: 5:03.21 34.83	850m: 9:40.73 34.62	1250m: 14:24.26 36.55			
	100m: 1:02.49 32.50	500m: 5:37.80 34.59	900m: 10:15.55 34.82	1300m: 15:00.54 36.28			
	150m: 1:35.99 33.50	550m: 6:12.84 35.04	950m: 10:50.84 35.29	1350m: 15:36.83 36.29			
	200m: 2:09.91 33.92	600m: 6:47.87 35.03	1000m: 11:26.19 35.35	1400m: 16:13.32 36.49			
	250m: 2:44.74 34.83	650m: 7:22.69 34.82	1050m: 12:01.41 35.22	1450m: 16:49.03 35.71			
	300m: 3:19.45 34.71	700m: 7:57.46 34.77	1100m: 12:37.01 35.60	1500m: 17:23.06 34.03			
	350m: 3:54.00 34.55	750m: 8:31.94 34.48	1150m: 13:11.80 34.79				
	400m: 4:28.38 34.38	800m: 9:06.11 34.17	1200m: 13:47.71 35.91				
36.	David Emanuel Martins	97	Braga	17:24.95	+1,05	585	
	50m: 31.68 31.68	450m: 5:15.20 35.16	850m: 9:53.90 35.11	1250m: 14:34.28 35.22			
	100m: 1:06.81 35.13	500m: 5:49.89 34.69	900m: 10:28.80 34.90	1300m: 15:09.28 35.00			
	150m: 1:42.09 35.28	550m: 6:25.07 35.18	950m: 11:03.84 35.04	1350m: 15:44.24 34.96			
	200m: 2:17.56 35.47	600m: 6:59.77 34.70	1000m: 11:38.74 34.90	1400m: 16:18.68 34.44			
	250m: 2:53.48 35.92	650m: 7:34.67 34.90	1050m: 12:14.08 35.34	1450m: 16:52.37 33.69			
	300m: 3:29.06 35.58	700m: 8:09.27 34.60	1100m: 12:48.99 34.91	1500m: 17:24.95 32.58			
	350m: 4:04.42 35.36	750m: 8:43.99 34.72	1150m: 13:24.23 35.24				
	400m: 4:40.04 35.62	800m: 9:18.79 34.80	1200m: 13:59.06 34.83				
37.	Andre Sousa Goncalves	97	Natacao de Olhao	17:26.31	+0,79	583	
	50m: 30.43 30.43	450m: 5:08.27 34.76	850m: 9:48.87 35.18	1250m: 14:31.89 34.75			
	100m: 1:04.35 33.92	500m: 5:43.64 35.37	900m: 10:24.25 35.38	1300m: 15:07.71 35.82			
	150m: 1:39.32 34.97	550m: 6:18.55 34.91	950m: 11:00.16 35.91	1350m: 15:42.69 34.98			
	200m: 2:13.90 34.58	600m: 6:53.57 35.02	1000m: 11:35.59 35.43	1400m: 16:18.31 35.62			
	250m: 2:48.62 34.72	650m: 7:28.32 34.75	1050m: 12:10.84 35.25	1450m: 16:52.07 33.76			
	300m: 3:23.17 34.55	700m: 8:03.57 35.25	1100m: 12:46.14 35.30	1500m: 17:26.31 34.24			
	350m: 3:58.39 35.22	750m: 8:38.68 35.11	1150m: 13:21.33 35.19				
	400m: 4:33.51 35.12	800m: 9:13.69 35.01	1200m: 13:57.14 35.81				
38.	Diogo Miguel Nelas	97	Braga	17:28.87	+0,79	578	
	50m: 31.07 31.07	450m: 5:05.31 34.30	850m: 9:45.36 35.26	1250m: 14:31.74 35.59			
	100m: 1:04.30 33.23	500m: 5:40.01 34.70	900m: 10:21.16 35.80	1300m: 15:07.76 36.02			
	150m: 1:38.33 34.03	550m: 6:14.73 34.72	950m: 10:56.58 35.42	1350m: 15:43.52 35.76			
	200m: 2:12.63 34.30	600m: 6:49.60 34.87	1000m: 11:32.02 35.44	1400m: 16:19.61 36.09			
	250m: 2:47.04 34.41	650m: 7:24.46 34.86	1050m: 12:08.33 36.31	1450m: 16:54.24 34.63			
	300m: 3:21.45 34.41	700m: 7:59.65 35.19	1100m: 12:44.10 35.77	1500m: 17:28.87 34.63			
	350m: 3:56.31 34.86	750m: 8:34.73 35.08	1150m: 13:19.92 35.82				
	400m: 4:31.01 34.70	800m: 9:10.10 35.37	1200m: 13:56.15 36.23				
39.	Dario Mangieri	96	CN Lucano Savigi - PZ	17:29.28	+0,88	578	
	50m: 30.88 30.88	450m: 5:03.90 34.40	850m: 9:43.33 35.20	1250m: 14:29.34 35.95			
	100m: 1:04.07 33.19	500m: 5:38.66 34.76	900m: 10:18.58 35.25	1300m: 15:05.76 36.42			
	150m: 1:38.23 34.16	550m: 6:13.16 34.50	950m: 10:54.28 35.70	1350m: 15:41.86 36.10			
	200m: 2:12.21 33.98	600m: 6:48.02 34.86	1000m: 11:29.92 35.64	1400m: 16:17.97 36.11			
	250m: 2:46.44 34.23	650m: 7:22.92 34.90	1050m: 12:05.83 35.91	1450m: 16:54.34 36.37			
	300m: 3:20.69 34.25	700m: 7:57.88 34.96	1100m: 12:41.15 35.32	1500m: 17:29.28 34.94			
	350m: 3:55.07 34.38	750m: 8:33.12 35.24	1150m: 13:17.19 36.04				
	400m: 4:29.50 34.43	800m: 9:08.13 35.01	1200m: 13:53.39 36.20				

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Prova 1, Masc., 1500m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
40.	Rafael Rocha Ferreira	96	Galitos	17:35.55	+0,46	567	
	50m: 31.53 31.53	450m: 5:09.65 35.31	850m: 9:53.51 35.47	1250m: 14:39.73 35.83			
	100m: 1:05.37 33.84	500m: 5:45.32 35.67	900m: 10:29.14 35.63	1300m: 15:15.41 35.68			
	150m: 1:39.87 34.50	550m: 6:20.89 35.57	950m: 11:04.99 35.85	1350m: 15:51.02 35.61			
	200m: 2:14.62 34.75	600m: 6:56.25 35.36	1000m: 11:40.70 35.71	1400m: 16:26.47 35.45			
	250m: 2:49.27 34.65	650m: 7:31.76 35.51	1050m: 12:16.53 35.83	1450m: 17:01.48 35.01			
	300m: 3:24.10 34.83	700m: 8:07.13 35.37	1100m: 12:52.19 35.66	1500m: 17:35.55 34.07			
	350m: 3:59.10 35.00	750m: 8:42.79 35.66	1150m: 13:28.38 36.19				
	400m: 4:34.34 35.24	800m: 9:18.04 35.25	1200m: 14:03.90 35.52				
41.	Narciso Daniel Correia	97	Braga	17:37.14	+0,56	565	
	50m: 31.45 31.45	450m: 5:12.02 35.16	850m: 9:54.52 35.26	1250m: 14:38.19 35.89			
	100m: 1:06.36 34.91	500m: 5:47.21 35.19	900m: 10:29.66 35.14	1300m: 15:14.22 36.03			
	150m: 1:41.39 35.03	550m: 6:22.86 35.65	950m: 11:04.73 35.07	1350m: 15:50.33 36.11			
	200m: 2:16.38 34.99	600m: 6:58.38 35.52	1000m: 11:40.97 36.24	1400m: 16:26.61 36.28			
	250m: 2:51.73 35.35	650m: 7:33.70 35.32	1050m: 12:16.83 35.86	1450m: 17:03.31 36.70			
	300m: 3:25.95 34.22	700m: 8:09.09 35.39	1100m: 12:52.34 35.51	1500m: 17:37.14 33.83			
	350m: 4:01.43 35.48	750m: 8:44.16 35.07	1150m: 13:27.20 34.86				
	400m: 4:36.86 35.43	800m: 9:19.26 35.10	1200m: 14:02.30 35.10				
42.	Jose Carlos Teixeira	96	Foca	17:39.52	+0,82	561	
	<i>FTL</i>						
	50m: 30.36 30.36	450m: 5:07.93 34.71	850m: 9:51.92 35.18	1250m: 14:39.50 36.13			
	100m: 1:04.50 34.14	500m: 5:43.42 35.49	900m: 10:28.00 36.08	1300m: 15:15.80 36.30			
	150m: 1:38.46 33.96	550m: 6:18.63 35.21	950m: 11:03.36 35.36	1350m: 15:51.57 35.77			
	200m: 2:13.36 34.90	600m: 6:54.26 35.63	1000m: 11:39.69 36.33	1400m: 16:28.18 36.61			
	250m: 2:47.89 34.53	650m: 7:29.42 35.16	1050m: 12:15.07 35.38	1450m: 17:03.67 35.49			
	300m: 3:22.93 35.04	700m: 8:04.98 35.56	1100m: 12:51.22 36.15	1500m: 17:39.52 35.85			
	350m: 3:57.80 34.87	750m: 8:40.65 35.67	1150m: 13:27.25 36.03				
	400m: 4:33.22 35.42	800m: 9:16.74 36.09	1200m: 14:03.37 36.12				
43.	Tiago Ribeiro Costa	97	Famalicao	17:40.11	+0,75	560	
	50m: 30.04 30.04	450m: 5:09.21 35.44	850m: 9:53.18 35.86	1250m: 14:39.39 36.30			
	100m: 1:03.40 33.36	500m: 5:44.75 35.54	900m: 10:28.78 35.60	1300m: 15:15.40 36.01			
	150m: 1:38.23 34.83	550m: 6:20.05 35.30	950m: 11:04.25 35.47	1350m: 15:52.14 36.74			
	200m: 2:13.12 34.89	600m: 6:55.43 35.38	1000m: 11:39.79 35.54	1400m: 16:28.67 36.53			
	250m: 2:48.44 35.32	650m: 7:30.92 35.49	1050m: 12:15.72 35.93	1450m: 17:05.14 36.47			
	300m: 3:23.41 34.97	700m: 8:06.28 35.36	1100m: 12:51.67 35.95	1500m: 17:40.11 34.97			
	350m: 3:58.54 35.13	750m: 8:41.79 35.51	1150m: 13:27.37 35.70				
	400m: 4:33.77 35.23	800m: 9:17.32 35.53	1200m: 14:03.09 35.72				
44.	David Nunes Sousa	96	Famalicao	17:44.49	+0,75	553	
	<i>FTL</i>						
	50m: 29.91 29.91	450m: 5:06.70 35.33	850m: 9:52.47 36.33	1250m: 14:42.96 37.21			
	100m: 1:03.44 33.53	500m: 5:42.22 35.52	900m: 10:28.47 36.00	1300m: 15:19.41 36.45			
	150m: 1:37.34 33.90	550m: 6:17.92 35.70	950m: 11:04.56 36.09	1350m: 15:55.57 36.16			
	200m: 2:12.06 34.72	600m: 6:53.75 35.83	1000m: 11:40.72 36.16	1400m: 16:32.67 37.10			
	250m: 2:47.33 35.27	650m: 7:29.12 35.37	1050m: 12:17.18 36.46	1450m: 17:09.19 36.52			
	300m: 3:21.98 34.65	700m: 8:04.40 35.28	1100m: 12:53.23 36.05	1500m: 17:44.49 35.30			
	350m: 3:56.57 34.59	750m: 8:40.35 35.95	1150m: 13:28.80 35.57				
	400m: 4:31.37 34.80	800m: 9:16.14 35.79	1200m: 14:05.75 36.95				

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Prova 1, Masc., 1500m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
45.	Bruno Daniel Rodrigues	97	Braga	17:46.13	+0,81	551	
	50m: 31.36 31.36	450m: 5:15.12 35.90	850m: 10:02.42 36.23	1250m: 14:51.44 36.37			
	100m: 1:05.19 33.83	500m: 5:50.88 35.76	900m: 10:38.34 35.92	1300m: 15:27.34 35.90			
	150m: 1:41.00 35.81	550m: 6:26.51 35.63	950m: 11:14.54 36.20	1350m: 16:03.52 36.18			
	200m: 2:16.93 35.93	600m: 7:02.30 35.79	1000m: 11:50.55 36.01	1400m: 16:39.27 35.75			
	250m: 2:52.30 35.37	650m: 7:38.67 36.37	1050m: 12:26.79 36.24	1450m: 17:14.49 35.22			
	300m: 3:28.12 35.82	700m: 8:14.97 36.30	1100m: 13:02.80 36.01	1500m: 17:46.13 31.64			
	350m: 4:03.73 35.61	750m: 8:50.69 35.72	1150m: 13:39.03 36.23				
	400m: 4:39.22 35.49	800m: 9:26.19 35.50	1200m: 14:15.07 36.04				
46.	Daniel Francisco Mendonca	97	Braga	18:00.26	+0,98	529	
	<i>FTL</i>						
	50m: 31.68 31.68	450m: 5:17.26 35.88	850m: 10:06.39 36.26	1250m: 14:59.49 36.32			
	100m: 1:06.64 34.96	500m: 5:53.21 35.95	900m: 10:42.88 36.49	1300m: 15:36.09 36.60			
	150m: 1:41.96 35.32	550m: 6:29.11 35.90	950m: 11:19.41 36.53	1350m: 16:12.17 36.08			
	200m: 2:17.77 35.81	600m: 7:05.04 35.93	1000m: 11:56.00 36.59	1400m: 16:49.02 36.85			
	250m: 2:53.42 35.65	650m: 7:41.48 36.44	1050m: 12:32.79 36.79	1450m: 17:25.09 36.07			
	300m: 3:29.46 36.04	700m: 8:17.36 35.88	1100m: 13:09.86 37.07	1500m: 18:00.26 35.17			
	350m: 4:05.35 35.89	750m: 8:53.91 36.55	1150m: 13:46.18 36.32				
	400m: 4:41.38 36.03	800m: 9:30.13 36.22	1200m: 14:23.17 36.99				
47.	Miguel Filipe Pinto	96	Ginasio de Santo Tirso	18:11.14	+0,86	514	
	<i>FTL</i>						
	50m: 30.39 30.39	450m: 5:19.54 36.84	850m: 10:09.75 37.69	1250m: 15:07.93 38.17			
	100m: 1:04.09 33.70	500m: 5:56.39 36.85	900m: 10:46.67 36.92	1300m: 15:46.27 38.34			
	150m: 1:40.29 36.20	550m: 6:31.57 35.18	950m: 11:23.32 36.65	1350m: 16:22.91 36.64			
	200m: 2:17.04 36.75	600m: 7:07.12 35.55	1000m: 12:00.58 37.26	1400m: 17:00.16 37.25			
	250m: 2:53.57 36.53	650m: 7:43.02 35.90	1050m: 12:36.89 36.31	1450m: 17:36.64 36.48			
	300m: 3:30.36 36.79	700m: 8:18.22 35.20	1100m: 13:14.28 37.39	1500m: 18:11.14 34.50			
	350m: 4:06.64 36.28	750m: 8:55.36 37.14	1150m: 13:52.61 38.33				
	400m: 4:42.70 36.06	800m: 9:32.06 36.70	1200m: 14:29.76 37.15				
48.	Nuno Valerio Silva	97	Nautico da Marinha Grande	18:13.86	+0,84	510	
	<i>FTL</i>						
	50m: 31.29 31.29	450m: 5:18.80 36.03	850m: 10:14.77 37.01	1250m: 15:11.08 36.96			
	100m: 1:06.51 35.22	500m: 5:55.87 37.07	900m: 10:52.17 37.40	1300m: 15:48.57 37.49			
	150m: 1:41.85 35.34	550m: 6:32.85 36.98	950m: 11:29.23 37.06	1350m: 16:24.90 36.33			
	200m: 2:18.07 36.22	600m: 7:10.11 37.26	1000m: 12:07.10 37.87	1400m: 17:01.91 37.01			
	250m: 2:53.78 35.71	650m: 7:46.62 36.51	1050m: 12:43.41 36.31	1450m: 17:38.75 36.84			
	300m: 3:29.88 36.10	700m: 8:23.93 37.31	1100m: 13:20.22 36.81	1500m: 18:13.86 35.11			
	350m: 4:05.88 36.00	750m: 9:01.08 37.15	1150m: 13:56.99 36.77				
	400m: 4:42.77 36.89	800m: 9:37.76 36.68	1200m: 14:34.12 37.13				
49.	Ruben Jose Morim	97	Vilacondense	18:20.91	+0,76	500	
	<i>FTL</i>						
	50m: 31.37 31.37	450m: 5:19.15 36.50	850m: 10:15.14 37.57	1250m: 15:15.07 37.66			
	100m: 1:06.39 35.02	500m: 5:55.91 36.76	900m: 10:52.36 37.22	1300m: 15:51.91 36.84			
	150m: 1:41.89 35.50	550m: 6:33.43 37.52	950m: 11:29.99 37.63	1350m: 16:29.91 38.00			
	200m: 2:18.10 36.21	600m: 7:10.42 36.99	1000m: 12:07.26 37.27	1400m: 17:07.04 37.13			
	250m: 2:54.01 35.91	650m: 7:47.45 37.03	1050m: 12:45.31 38.05	1450m: 17:44.49 37.45			
	300m: 3:29.89 35.88	700m: 8:23.92 36.47	1100m: 13:22.17 36.86	1500m: 18:20.91 36.42			
	350m: 4:06.33 36.44	750m: 9:01.80 37.88	1150m: 13:59.83 37.66				
	400m: 4:42.65 36.32	800m: 9:37.57 35.77	1200m: 14:37.41 37.58				

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Prova 1, Masc., 1500m Livres, Open

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
50.	Pedro Manuel Silva <i>FTL</i>	97	Ginasio de Santo Tirso	18:25.06	+0,73	494	
	50m: 29.97 29.97	450m: 5:22.38 37.66	850m: 10:21.75 36.87	1250m: 15:21.26 37.38			
	100m: 1:04.34 34.37	500m: 6:00.06 37.68	900m: 10:58.70 36.95	1300m: 15:58.28 37.02			
	150m: 1:40.63 36.29	550m: 6:36.63 36.57	950m: 11:36.28 37.58	1350m: 16:35.34 37.06			
	200m: 2:17.49 36.86	600m: 7:14.23 37.60	1000m: 12:14.16 37.88	1400m: 17:11.91 36.57			
	250m: 2:53.95 36.46	650m: 7:51.92 37.69	1050m: 12:51.52 37.36	1450m: 17:49.21 37.30			
	300m: 3:31.08 37.13	700m: 8:29.47 37.55	1100m: 13:29.06 37.54	1500m: 18:25.06 35.85			
	350m: 4:08.22 37.14	750m: 9:07.22 37.75	1150m: 14:06.43 37.37				
	400m: 4:44.72 36.50	800m: 9:44.88 37.66	1200m: 14:43.88 37.45				

Prova 1 Masc., 1500m Livres Absolutos
26-07-2012 - 17:10 Resultados

Rec Nac Absoluto	15:16.22	Fernando Eurico Costa	FPN	Bangkok (THA)	14-08-2007
Rec Nac Juv B	16:31.97	Pedro Fontoura Oliveira	CFB	Lisboa	28-05-2005
Rec Nac Juv A	15:45.55	Gustavo Manuel Santa	FPN	Tampere (FIN)	23-07-2009
Rec Nac Jun	15:34.51	Fernando Eurico Costa	FPN	Luxemburgo (LUX)	24-01-2003
Rec Nac Sen	15:16.22	Fernando Eurico Costa	FPN	Bangkok (THA)	14-08-2007

TAC JUN2 Masc 18: 16:48.00 / TAC JUN1 Masc 17: 17:02.50 / TAC JUV A Masc Juv A: 17:36.00 / TAC JUV B Masc Juv B: 18:00.00

Pontos: FINA 2012

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Gustavo Manuel Santa	93	Sporting	15:44.43	+0,74	792	
	50m: 28.22 28.22	450m: 4:38.56 31.84	850m: 8:54.53 32.07	1250m: 13:10.88 31.85			
	100m: 58.30 30.08	500m: 5:10.79 32.23	900m: 9:26.63 32.10	1300m: 13:43.28 32.40			
	150m: 1:28.95 30.65	550m: 5:42.56 31.77	950m: 9:58.52 31.89	1350m: 14:14.60 31.32			
	200m: 1:59.95 31.00	600m: 6:14.70 32.14	1000m: 10:30.81 32.29	1400m: 14:45.91 31.31			
	250m: 2:31.29 31.34	650m: 6:46.60 31.90	1050m: 11:02.70 31.89	1450m: 15:16.30 30.39			
	300m: 3:03.06 31.77	700m: 7:18.55 31.95	1100m: 11:34.59 31.89	1500m: 15:44.43 28.13			
	350m: 3:34.58 31.52	750m: 7:50.40 31.85	1150m: 12:06.66 32.07				
	400m: 4:06.72 32.14	800m: 8:22.46 32.06	1200m: 12:39.03 32.37				
2.	Paulo Fragueiro Franco	82	Desportivo Nacional	16:06.82	+0,74	739	
	50m: 29.46 29.46	450m: 4:46.60 31.97	850m: 9:06.22 32.67	1250m: 13:27.63 32.39			
	100m: 1:01.15 31.69	500m: 5:18.93 32.33	900m: 9:39.00 32.78	1300m: 14:00.56 32.93			
	150m: 1:33.55 32.40	550m: 5:51.15 32.22	950m: 10:11.75 32.75	1350m: 14:32.42 31.86			
	200m: 2:05.76 32.21	600m: 6:23.57 32.42	1000m: 10:44.93 33.18	1400m: 15:04.54 32.12			
	250m: 2:37.96 32.20	650m: 6:56.08 32.51	1050m: 11:17.62 32.69	1450m: 15:36.37 31.83			
	300m: 3:10.34 32.38	700m: 7:28.44 32.36	1100m: 11:50.10 32.48	1500m: 16:06.82 30.45			
	350m: 3:42.26 31.92	750m: 8:01.03 32.59	1150m: 12:22.55 32.45				
	400m: 4:14.63 32.37	800m: 8:33.55 32.52	1200m: 12:55.24 32.69				
3.	Vasco Miguel Gaspar	90	Uniao Piedense	16:12.82	+0,73	725	
	50m: 28.74 28.74	450m: 4:46.89 32.75	850m: 9:08.11 33.03	1250m: 13:30.65 32.99			
	100m: 1:00.46 31.72	500m: 5:19.12 32.23	900m: 9:41.15 33.04	1300m: 14:03.51 32.86			
	150m: 1:32.31 31.85	550m: 5:51.61 32.49	950m: 10:13.98 32.83	1350m: 14:36.67 33.16			
	200m: 2:04.11 31.80	600m: 6:24.21 32.60	1000m: 10:46.60 32.62	1400m: 15:09.81 33.14			
	250m: 2:36.43 32.32	650m: 6:57.09 32.88	1050m: 11:19.51 32.91	1450m: 15:41.76 31.95			
	300m: 3:08.78 32.35	700m: 7:29.67 32.58	1100m: 11:51.88 32.37	1500m: 16:12.82 31.06			
	350m: 3:41.39 32.61	750m: 8:02.59 32.92	1150m: 12:24.79 32.91				
	400m: 4:14.14 32.75	800m: 8:35.08 32.49	1200m: 12:57.66 32.87				

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Prova 1, Masc., 1500m Livres, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
4.	Hugo Alberto Ribeiro	88	Gespacos	16:13.24	+0,91	724	
	50m: 29.25 29.25	450m: 4:47.62 32.41	850m: 9:06.63 32.59	1250m: 13:31.58 33.64			
	100m: 1:00.67 31.42	500m: 5:19.78 32.16	900m: 9:39.11 32.48	1300m: 14:04.68 33.10			
	150m: 1:33.13 32.46	550m: 5:52.17 32.39	950m: 10:11.99 32.88	1350m: 14:38.24 33.56			
	200m: 2:05.44 32.31	600m: 6:24.29 32.12	1000m: 10:45.06 33.07	1400m: 15:11.20 32.96			
	250m: 2:38.31 32.87	650m: 6:56.88 32.59	1050m: 11:18.25 33.19	1450m: 15:43.02 31.82			
	300m: 3:10.50 32.19	700m: 7:29.32 32.44	1100m: 11:51.22 32.97	1500m: 16:13.24 30.22			
	350m: 3:43.04 32.54	750m: 8:01.77 32.45	1150m: 12:24.48 33.26				
	400m: 4:15.21 32.17	800m: 8:34.04 32.27	1200m: 12:57.94 33.46				
5.	Ricardo Manuel Machado	93	Braga	16:27.66	+0,74	693	
	50m: 29.36 29.36	450m: 4:48.64 33.02	850m: 9:15.03 33.26	1250m: 13:43.20 33.23			
	100m: 1:01.10 31.74	500m: 5:21.79 33.15	900m: 9:48.38 33.35	1300m: 14:16.97 33.77			
	150m: 1:32.90 31.80	550m: 5:54.74 32.95	950m: 10:21.73 33.35	1350m: 14:50.50 33.53			
	200m: 2:05.17 32.27	600m: 6:27.89 33.15	1000m: 10:55.67 33.94	1400m: 15:24.16 33.66			
	250m: 2:37.48 32.31	650m: 7:01.30 33.41	1050m: 11:29.45 33.78	1450m: 15:56.79 32.63			
	300m: 3:09.99 32.51	700m: 7:34.61 33.31	1100m: 12:03.07 33.62	1500m: 16:27.66 30.87			
	350m: 3:42.73 32.74	750m: 8:08.29 33.68	1150m: 12:36.70 33.63				
	400m: 4:15.62 32.89	800m: 8:41.77 33.48	1200m: 13:09.97 33.27				
6.	Tiago Silva Oliveira	94	Leixoes	16:28.19	+0,70	692	
	50m: 29.10 29.10	450m: 4:48.88 32.38	850m: 9:14.93 33.60	1250m: 13:43.88 33.23			
	100m: 1:01.01 31.91	500m: 5:21.28 32.40	900m: 9:48.62 33.69	1300m: 14:17.68 33.80			
	150m: 1:33.44 32.43	550m: 5:54.43 33.15	950m: 10:22.30 33.68	1350m: 14:50.93 33.25			
	200m: 2:06.17 32.73	600m: 6:27.45 33.02	1000m: 10:56.39 34.09	1400m: 15:24.64 33.71			
	250m: 2:38.70 32.53	650m: 7:00.70 33.25	1050m: 11:30.17 33.78	1450m: 15:56.88 32.24			
	300m: 3:11.45 32.75	700m: 7:34.14 33.44	1100m: 12:04.01 33.84	1500m: 16:28.19 31.31			
	350m: 3:43.83 32.38	750m: 8:07.50 33.36	1150m: 12:37.19 33.18				
	400m: 4:16.50 32.67	800m: 8:41.33 33.83	1200m: 13:10.65 33.46				
7.	Andre Filipe Farinha	96	Benfica	16:29.87	+0,68	688	
	50m: 30.51 30.51	450m: 4:59.07 33.87	850m: 9:30.81 34.19	1250m: 13:51.76 31.91			
	100m: 1:03.07 32.56	500m: 5:32.83 33.76	900m: 10:04.79 33.98	1300m: 14:23.91 32.15			
	150m: 1:36.64 33.57	550m: 6:06.98 34.15	950m: 10:37.36 32.57	1350m: 14:55.62 31.71			
	200m: 2:10.00 33.36	600m: 6:40.99 34.01	1000m: 11:09.59 32.23	1400m: 15:28.25 32.63			
	250m: 2:43.91 33.91	650m: 7:14.87 33.88	1050m: 11:41.87 32.28	1450m: 15:59.53 31.28			
	300m: 3:17.65 33.74	700m: 7:48.81 33.94	1100m: 12:14.60 32.73	1500m: 16:29.87 30.34			
	350m: 3:51.50 33.85	750m: 8:22.76 33.95	1150m: 12:47.38 32.78				
	400m: 4:25.20 33.70	800m: 8:56.62 33.86	1200m: 13:19.85 32.47				
8.	Miguel Monteiro Diogo	93	Nautico de Coimbra	16:34.68	+0,69	678	
	50m: 29.05 29.05	450m: 4:54.34 33.79	850m: 9:24.61 33.73	1250m: 13:50.45 33.19			
	100m: 1:00.89 31.84	500m: 5:28.12 33.78	900m: 9:58.39 33.78	1300m: 14:23.42 32.97			
	150m: 1:33.85 32.96	550m: 6:01.64 33.52	950m: 10:31.93 33.54	1350m: 14:56.16 32.74			
	200m: 2:06.96 33.11	600m: 6:35.28 33.64	1000m: 11:05.52 33.59	1400m: 15:29.18 33.02			
	250m: 2:40.14 33.18	650m: 7:09.23 33.95	1050m: 11:38.46 32.94	1450m: 16:01.85 32.67			
	300m: 3:13.52 33.38	700m: 7:43.17 33.94	1100m: 12:11.56 33.10	1500m: 16:34.68 32.83			
	350m: 3:47.13 33.61	750m: 8:17.10 33.93	1150m: 12:44.43 32.87				
	400m: 4:20.55 33.42	800m: 8:50.88 33.78	1200m: 13:17.26 32.83				

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Lugar	Nome			Ano	Clube		Tempo Final		TReac	Pts FINA		Pts
9.	Artur Manuel Ferreira			95	Porto		16:37.31			673		
	50m:	30.32	30.32	450m:	4:51.01	33.10	850m:	9:19.27	33.53	1250m:	13:49.43	33.93
	100m:	1:02.16	31.84	500m:	5:24.40	33.39	900m:	9:52.58	33.31	1300m:	14:23.62	34.19
	150m:	1:34.73	32.57	550m:	5:57.88	33.48	950m:	10:26.14	33.56	1350m:	14:57.66	34.04
	200m:	2:06.96	32.23	600m:	6:31.57	33.69	1000m:	10:59.83	33.69	1400m:	15:31.54	33.88
	250m:	2:39.74	32.78	650m:	7:05.22	33.65	1050m:	11:33.68	33.85	1450m:	16:05.24	33.70
	300m:	3:12.11	32.37	700m:	7:38.65	33.43	1100m:	12:07.68	34.00	1500m:	16:37.31	32.07
	350m:	3:45.04	32.93	750m:	8:12.34	33.69	1150m:	12:41.55	33.87			
	400m:	4:17.91	32.87	800m:	8:45.74	33.40	1200m:	13:15.50	33.95			
10.	Rui Miguel Lopes			94	Natacao de Olhao		16:41.64			+0,81	664	
	50m:	30.18	30.18	450m:	4:55.07	33.67	850m:	9:23.74	33.30	1250m:	13:52.75	33.55
	100m:	1:02.54	32.36	500m:	5:28.58	33.51	900m:	9:57.41	33.67	1300m:	14:26.86	34.11
	150m:	1:35.17	32.63	550m:	6:02.09	33.51	950m:	10:31.25	33.84	1350m:	15:00.44	33.58
	200m:	2:08.22	33.05	600m:	6:35.77	33.68	1000m:	11:04.70	33.45	1400m:	15:34.94	34.50
	250m:	2:41.31	33.09	650m:	7:09.40	33.63	1050m:	11:38.19	33.49	1450m:	16:08.98	34.04
	300m:	3:14.84	33.53	700m:	7:43.16	33.76	1100m:	12:12.02	33.83	1500m:	16:41.64	32.66
	350m:	3:48.07	33.23	750m:	8:16.69	33.53	1150m:	12:45.35	33.33			
	400m:	4:21.40	33.33	800m:	8:50.44	33.75	1200m:	13:19.20	33.85			
11.	Artiom Viatcheslavovitch Poliz93v			93	Alges		16:43.60			+0,63	660	
	50m:	29.06	29.06	450m:	4:53.19	33.38	850m:	9:22.23	34.02	1250m:	13:55.38	34.10
	100m:	1:01.32	32.26	500m:	5:26.48	33.29	900m:	9:56.27	34.04	1300m:	14:29.31	33.93
	150m:	1:34.10	32.78	550m:	6:00.00	33.52	950m:	10:30.55	34.28	1350m:	15:03.17	33.86
	200m:	2:06.82	32.72	600m:	6:33.34	33.34	1000m:	11:04.73	34.18	1400m:	15:37.53	34.36
	250m:	2:39.95	33.13	650m:	7:06.89	33.55	1050m:	11:38.82	34.09	1450m:	16:11.08	33.55
	300m:	3:13.38	33.43	700m:	7:40.52	33.63	1100m:	12:13.13	34.31	1500m:	16:43.60	32.52
	350m:	3:46.69	33.31	750m:	8:14.46	33.94	1150m:	12:47.15	34.02			
	400m:	4:19.81	33.12	800m:	8:48.21	33.75	1200m:	13:21.28	34.13			
12.	Pedro Veiguinha Martins			96	Braga		16:46.32			+0,82	655	
	50m:	28.96	28.96	450m:	4:59.95	34.25	850m:	9:33.29	34.04	1250m:	14:02.45	33.92
	100m:	1:01.27	32.31	500m:	5:34.67	34.72	900m:	10:07.27	33.98	1300m:	14:35.55	33.10
	150m:	1:35.03	33.76	550m:	6:08.68	34.01	950m:	10:40.78	33.51	1350m:	15:09.38	33.83
	200m:	2:08.37	33.34	600m:	6:42.63	33.95	1000m:	11:14.20	33.42	1400m:	15:42.67	33.29
	250m:	2:42.79	34.42	650m:	7:16.87	34.24	1050m:	11:47.85	33.65	1450m:	16:15.82	33.15
	300m:	3:17.04	34.25	700m:	7:50.89	34.02	1100m:	12:21.18	33.33	1500m:	16:46.32	30.50
	350m:	3:51.31	34.27	750m:	8:25.12	34.23	1150m:	12:54.70	33.52			
	400m:	4:25.70	34.39	800m:	8:59.25	34.13	1200m:	13:28.53	33.83			
13.	Andre Rafael Marinho			93	Uniao Piedense		16:47.78			+0,85	652	
	50m:	29.55	29.55	450m:	4:54.48	33.80	850m:	9:24.90	34.29	1250m:	13:57.57	34.18
	100m:	1:01.52	31.97	500m:	5:27.95	33.47	900m:	9:58.59	33.69	1300m:	14:31.82	34.25
	150m:	1:34.02	32.50	550m:	6:01.89	33.94	950m:	10:32.90	34.31	1350m:	15:06.29	34.47
	200m:	2:07.04	33.02	600m:	6:35.34	33.45	1000m:	11:06.74	33.84	1400m:	15:40.62	34.33
	250m:	2:40.55	33.51	650m:	7:09.24	33.90	1050m:	11:41.06	34.32	1450m:	16:15.03	34.41
	300m:	3:13.72	33.17	700m:	7:42.92	33.68	1100m:	12:15.08	34.02	1500m:	16:47.78	32.75
	350m:	3:47.43	33.71	750m:	8:17.03	34.11	1150m:	12:49.15	34.07			
	400m:	4:20.68	33.25	800m:	8:50.61	33.58	1200m:	13:23.39	34.24			

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Lugar	Nome	Ano	Clube	Tempo Final		TReac	Pts FINA	Pts
14.	Mario Andre Bonanca FTL	90	Sporting	16:48.17		+0,91	651	
	50m: 29.19 29.19	450m: 4:47.77 33.22	850m: 9:23.06 34.28	1250m: 13:59.49 34.55				
	100m: 1:00.80 31.61	500m: 5:21.64 33.87	900m: 9:57.71 34.65	1300m: 14:33.07 33.58				
	150m: 1:32.75 31.95	550m: 5:55.98 34.34	950m: 10:31.84 34.13	1350m: 15:07.12 34.05				
	200m: 2:04.43 31.68	600m: 6:30.56 34.58	1000m: 11:06.54 34.70	1400m: 15:41.22 34.10				
	250m: 2:36.86 32.43	650m: 7:05.09 34.53	1050m: 11:41.27 34.73	1450m: 16:15.16 33.94				
	300m: 3:09.06 32.20	700m: 7:39.69 34.60	1100m: 12:15.59 34.32	1500m: 16:48.17 33.01				
	350m: 3:41.94 32.88	750m: 8:14.26 34.57	1150m: 12:50.24 34.65					
	400m: 4:14.55 32.61	800m: 8:48.78 34.52	1200m: 13:24.94 34.70					
15.	Joao Andre Neves	95	Academica de Coimbra	16:49.52		+0,71	649	
	50m: 29.69 29.69	450m: 4:55.86 33.55	850m: 9:27.67 34.10	1250m: 14:00.54 34.33				
	100m: 1:01.78 32.09	500m: 5:29.71 33.85	900m: 10:01.88 34.21	1300m: 14:35.15 34.61				
	150m: 1:34.53 32.75	550m: 6:03.59 33.88	950m: 10:35.51 33.63	1350m: 15:09.06 33.91				
	200m: 2:07.84 33.31	600m: 6:37.79 34.20	1000m: 11:09.65 34.14	1400m: 15:42.76 33.70				
	250m: 2:41.41 33.57	650m: 7:11.32 33.53	1050m: 11:43.64 33.99	1450m: 16:16.55 33.79				
	300m: 3:14.84 33.43	700m: 7:45.52 34.20	1100m: 12:17.75 34.11	1500m: 16:49.52 32.97				
	350m: 3:48.38 33.54	750m: 8:19.49 33.97	1150m: 12:52.09 34.34					
	400m: 4:22.31 33.93	800m: 8:53.57 34.08	1200m: 13:26.21 34.12					
16.	Duarte Nuno Vieira	95	Desportivo Nacional	16:52.27		+0,64	643	
	50m: 29.58 29.58	450m: 5:00.30 33.70	850m: 9:31.20 34.00	1250m: 14:05.10 34.64				
	100m: 1:02.67 33.09	500m: 5:34.06 33.76	900m: 10:05.72 34.52	1300m: 14:39.44 34.34				
	150m: 1:36.67 34.00	550m: 6:07.78 33.72	950m: 10:40.18 34.46	1350m: 15:13.78 34.34				
	200m: 2:10.49 33.82	600m: 6:41.65 33.87	1000m: 11:13.92 33.74	1400m: 15:47.76 33.98				
	250m: 2:44.55 34.06	650m: 7:15.93 34.28	1050m: 11:47.99 34.07	1450m: 16:20.47 32.71				
	300m: 3:18.53 33.98	700m: 7:49.43 33.50	1100m: 12:21.96 33.97	1500m: 16:52.27 31.80				
	350m: 3:52.66 34.13	750m: 8:23.12 33.69	1150m: 12:56.04 34.08					
	400m: 4:26.60 33.94	800m: 8:57.20 34.08	1200m: 13:30.46 34.42					
17.	Miguel Prata Santos	96	Viana Natacao	16:52.76		+0,77	643	
	50m: 30.11 30.11	450m: 5:00.57 33.80	850m: 9:33.52 33.83	1250m: 14:06.65 32.94				
	100m: 1:02.41 32.30	500m: 5:34.75 34.18	900m: 10:07.53 34.01	1300m: 14:40.34 33.69				
	150m: 1:36.10 33.69	550m: 6:09.13 34.38	950m: 10:41.28 33.75	1350m: 15:15.19 34.85				
	200m: 2:09.88 33.78	600m: 6:43.41 34.28	1000m: 11:15.06 33.78	1400m: 15:48.97 33.78				
	250m: 2:43.97 34.09	650m: 7:17.28 33.87	1050m: 11:50.05 34.99	1450m: 16:21.70 32.73				
	300m: 3:17.72 33.75	700m: 7:51.39 34.11	1100m: 12:24.79 34.74	1500m: 16:52.76 31.06				
	350m: 3:52.34 34.62	750m: 8:25.64 34.25	1150m: 12:59.28 34.49					
	400m: 4:26.77 34.43	800m: 8:59.69 34.05	1200m: 13:33.71 34.43					
18.	Rui Filipe Costa FTL	91	Vitoria de Guimaraes	16:55.47		+0,76	637	
	50m: 29.31 29.31	450m: 4:55.63 34.32	850m: 9:31.44 34.29	1250m: 14:05.04 33.57				
	100m: 1:01.15 31.84	500m: 5:30.20 34.57	900m: 10:05.79 34.35	1300m: 14:38.77 33.73				
	150m: 1:33.54 32.39	550m: 6:04.65 34.45	950m: 10:39.89 34.10	1350m: 15:12.36 33.59				
	200m: 2:06.37 32.83	600m: 6:38.99 34.34	1000m: 11:14.44 34.55	1400m: 15:46.22 33.86				
	250m: 2:39.67 33.30	650m: 7:13.52 34.53	1050m: 11:48.50 34.06	1450m: 16:20.86 34.64				
	300m: 3:13.24 33.57	700m: 7:48.27 34.75	1100m: 12:22.89 34.39	1500m: 16:55.47 34.61				
	350m: 3:47.24 34.00	750m: 8:22.60 34.33	1150m: 12:56.98 34.09					
	400m: 4:21.31 34.07	800m: 8:57.15 34.55	1200m: 13:31.47 34.49					

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Prova 1, Masc., 1500m Livres, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
19.	Eduardo Filipe Carvalheiro	97	SCC/Oryzon Energias	16:57.05	+0,80	634	
	50m: 30.32 30.32	450m: 4:58.14 34.12	850m: 9:32.06 34.58	1250m: 14:07.01 34.28			
	100m: 1:02.78 32.46	500m: 5:32.20 34.06	900m: 10:06.40 34.34	1300m: 14:41.46 34.45			
	150m: 1:36.20 33.42	550m: 6:06.43 34.23	950m: 10:40.74 34.34	1350m: 15:15.67 34.21			
	200m: 2:09.33 33.13	600m: 6:40.46 34.03	1000m: 11:15.13 34.39	1400m: 15:50.10 34.43			
	250m: 2:42.70 33.37	650m: 7:14.63 34.17	1050m: 11:49.49 34.36	1450m: 16:23.94 33.84			
	300m: 3:16.38 33.68	700m: 7:48.89 34.26	1100m: 12:23.72 34.23	1500m: 16:57.05 33.11			
	350m: 3:50.07 33.69	750m: 8:23.33 34.44	1150m: 12:58.37 34.65				
	400m: 4:24.02 33.95	800m: 8:57.48 34.15	1200m: 13:32.73 34.36				
20.	Rafael Lourenco Gil	96	Naval Amorense	17:00.80	+0,72	627	
	50m: 29.84 29.84	450m: 4:57.47 33.94	850m: 9:30.38 34.31	1250m: 14:08.74 35.00			
	100m: 1:01.81 31.97	500m: 5:31.31 33.84	900m: 10:05.03 34.65	1300m: 14:43.22 34.48			
	150m: 1:35.04 33.23	550m: 6:05.13 33.82	950m: 10:39.74 34.71	1350m: 15:18.23 35.01			
	200m: 2:08.35 33.31	600m: 6:39.16 34.03	1000m: 11:13.98 34.24	1400m: 15:53.19 34.96			
	250m: 2:42.25 33.90	650m: 7:13.30 34.14	1050m: 11:49.01 35.03	1450m: 16:27.72 34.53			
	300m: 3:15.96 33.71	700m: 7:47.49 34.19	1100m: 12:23.44 34.43	1500m: 17:00.80 33.08			
	350m: 3:49.89 33.93	750m: 8:21.88 34.39	1150m: 12:59.08 35.64				
	400m: 4:23.53 33.64	800m: 8:56.07 34.19	1200m: 13:33.74 34.66				
21.	Nuno Vieira Malheiro	93	Braga	17:00.94	+0,80	627	
	<i>FTL</i>						
	50m: 31.24 31.24	450m: 4:59.81 34.10	850m: 9:33.89 34.41	1250m: 14:09.31 34.28			
	100m: 1:03.97 32.73	500m: 5:34.15 34.34	900m: 10:08.28 34.39	1300m: 14:44.35 35.04			
	150m: 1:37.65 33.68	550m: 6:07.91 33.76	950m: 10:42.67 34.39	1350m: 15:19.06 34.71			
	200m: 2:10.87 33.22	600m: 6:41.98 34.07	1000m: 11:17.33 34.66	1400m: 15:54.28 35.22			
	250m: 2:44.41 33.54	650m: 7:16.27 34.29	1050m: 11:51.20 33.87	1450m: 16:28.35 34.07			
	300m: 3:18.10 33.69	700m: 7:50.93 34.66	1100m: 12:25.77 34.57	1500m: 17:00.94 32.59			
	350m: 3:51.85 33.75	750m: 8:25.22 34.29	1150m: 13:00.15 34.38				
	400m: 4:25.71 33.86	800m: 8:59.48 34.26	1200m: 13:35.03 34.88				
22.	Paulo Andre Dias	92	Gespacos	17:06.13		618	
	<i>FTL</i>						
	50m: 29.38 29.38	450m: 4:56.43 34.17	850m: 9:30.90 34.63	1250m: 14:12.39 35.62			
	100m: 1:01.63 32.25	500m: 5:30.33 33.90	900m: 10:05.86 34.96	1300m: 14:47.39 35.00			
	150m: 1:34.63 33.00	550m: 6:04.46 34.13	950m: 10:40.58 34.72	1350m: 15:22.51 35.12			
	200m: 2:07.69 33.06	600m: 6:38.52 34.06	1000m: 11:15.70 35.12	1400m: 15:57.70 35.19			
	250m: 2:40.97 33.28	650m: 7:12.76 34.24	1050m: 11:50.50 34.80	1450m: 16:32.57 34.87			
	300m: 3:14.33 33.36	700m: 7:47.05 34.29	1100m: 12:25.83 35.33	1500m: 17:06.13 33.56			
	350m: 3:48.19 33.86	750m: 8:21.82 34.77	1150m: 13:01.34 35.51				
	400m: 4:22.26 34.07	800m: 8:56.27 34.45	1200m: 13:36.77 35.43				
23.	Gustavo Lopes Ribeiro	95	Academica de Coimbra	17:06.55	+0,79	617	
	<i>FTL</i>						
	50m: 30.59 30.59	450m: 5:02.00 34.51	850m: 9:37.83 34.67	1250m: 14:15.53 34.62			
	100m: 1:03.21 32.62	500m: 5:36.64 34.64	900m: 10:12.97 35.14	1300m: 14:50.26 34.73			
	150m: 1:36.83 33.62	550m: 6:11.11 34.47	950m: 10:47.38 34.41	1350m: 15:24.88 34.62			
	200m: 2:10.55 33.72	600m: 6:45.37 34.26	1000m: 11:22.35 34.97	1400m: 15:59.37 34.49			
	250m: 2:44.74 34.19	650m: 7:19.60 34.23	1050m: 11:56.92 34.57	1450m: 16:33.45 34.08			
	300m: 3:18.77 34.03	700m: 7:54.13 34.53	1100m: 12:31.52 34.60	1500m: 17:06.55 33.10			
	350m: 3:53.26 34.49	750m: 8:28.17 34.04	1150m: 13:06.17 34.65				
	400m: 4:27.49 34.23	800m: 9:03.16 34.99	1200m: 13:40.91 34.74				

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Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
24.	Joao Luis Travanca	97	Porto	17:06.69	+0,96	617	
	50m: 31.66 31.66	450m: 5:05.60 34.91	850m: 9:43.03 35.45	1250m: 14:18.35 34.68			
	100m: 1:05.19 33.53	500m: 5:40.03 34.43	900m: 10:17.78 34.75	1300m: 14:52.11 33.76			
	150m: 1:39.89 34.70	550m: 6:15.06 35.03	950m: 10:52.48 34.70	1350m: 15:26.75 34.64			
	200m: 2:13.58 33.69	600m: 6:48.79 33.73	1000m: 11:26.73 34.25	1400m: 16:01.08 34.33			
	250m: 2:47.57 33.99	650m: 7:23.50 34.71	1050m: 12:01.40 34.67	1450m: 16:34.91 33.83			
	300m: 3:22.20 34.63	700m: 7:58.05 34.55	1100m: 12:35.52 34.12	1500m: 17:06.69 31.78			
	350m: 3:56.48 34.28	750m: 8:33.31 35.26	1150m: 13:09.74 34.22				
	400m: 4:30.69 34.21	800m: 9:07.58 34.27	1200m: 13:43.67 33.93				
25.	Alexandre Valdagua Coutinhc97	SCC/Oryzon Energias	17:06.85	616			
	50m: 29.74 29.74	450m: 5:03.51 34.57	900m: 10:15.01 34.78	1300m: 14:53.77 35.04			
	100m: 1:03.38 33.64	500m: 5:37.93 34.42	950m: 10:49.81 34.80	1350m: 15:28.23 34.46			
	150m: 1:37.54 34.16	600m: 6:46.95 1:09.02	1000m: 11:24.67 34.86	1400m: 16:02.67 34.44			
	200m: 2:11.85 34.31	650m: 7:21.71 34.76	1050m: 11:59.65 34.98	1450m: 16:36.58 33.91			
	250m: 2:45.41 33.56	700m: 7:56.07 34.36	1100m: 12:34.42 34.77	1500m: 17:06.85 30.27			
	300m: 3:19.60 34.19	750m: 8:30.91 34.84	1150m: 13:09.01 34.59				
	350m: 3:54.21 34.61	800m: 9:05.27 34.36	1200m: 13:43.74 34.73				
	400m: 4:28.94 34.73	850m: 9:40.23 34.96	1250m: 14:18.73 34.99				
26.	Jorge Miguel Nunes	97	Porto	17:06.99	616		
	50m: 30.72 30.72	450m: 5:04.97 34.41	850m: 9:40.45 34.67	1250m: 14:17.66 34.77			
	100m: 1:04.41 33.69	500m: 5:39.35 34.38	900m: 10:14.73 34.28	1300m: 14:52.23 34.57			
	150m: 1:38.60 34.19	550m: 6:13.81 34.46	950m: 10:49.42 34.69	1350m: 15:26.69 34.46			
	200m: 2:12.89 34.29	600m: 6:48.07 34.26	1000m: 11:23.88 34.46	1400m: 16:01.00 34.31			
	250m: 2:47.19 34.30	650m: 7:22.47 34.40	1050m: 11:58.63 34.75	1450m: 16:35.14 34.14			
	300m: 3:21.61 34.42	700m: 7:56.96 34.49	1100m: 12:33.34 34.71	1500m: 17:06.99 31.85			
	350m: 3:56.10 34.49	750m: 8:31.30 34.34	1150m: 13:08.39 35.05				
	400m: 4:30.56 34.46	800m: 9:05.78 34.48	1200m: 13:42.89 34.50				
27.	Ricardo Eduardo Afonso	97	Braga	17:07.16	+0,77	616	
	50m: 30.95 30.95	450m: 5:05.84 34.74	850m: 9:43.62 34.75	1250m: 14:20.33 34.47			
	100m: 1:03.95 33.00	500m: 5:40.50 34.66	900m: 10:18.50 34.88	1300m: 14:55.00 34.67			
	150m: 1:38.26 34.31	550m: 6:15.26 34.76	950m: 10:53.14 34.64	1350m: 15:29.46 34.46			
	200m: 2:12.63 34.37	600m: 6:50.00 34.74	1000m: 11:27.70 34.56	1400m: 16:03.58 34.12			
	250m: 2:46.99 34.36	650m: 7:24.38 34.38	1050m: 12:02.45 34.75	1450m: 16:37.16 33.58			
	300m: 3:21.34 34.35	700m: 7:59.19 34.81	1100m: 12:36.83 34.38	1500m: 17:07.16 30.00			
	350m: 3:56.42 35.08	750m: 8:34.16 34.97	1150m: 13:11.49 34.66				
	400m: 4:31.10 34.68	800m: 9:08.87 34.71	1200m: 13:45.86 34.37				
28.	Vitor Joao Pereira	97	Leixoes	17:08.09	+0,85	614	
	50m: 30.35 30.35	450m: 5:02.11 34.26	850m: 9:37.96 34.58	1250m: 14:16.02 34.70			
	100m: 1:03.43 33.08	500m: 5:36.69 34.58	900m: 10:12.90 34.94	1300m: 14:50.96 34.94			
	150m: 1:36.74 33.31	550m: 6:11.20 34.51	950m: 10:47.33 34.43	1350m: 15:25.62 34.66			
	200m: 2:10.64 33.90	600m: 6:45.85 34.65	1000m: 11:22.14 34.81	1400m: 16:00.42 34.80			
	250m: 2:44.36 33.72	650m: 7:19.70 33.85	1050m: 11:56.53 34.39	1450m: 16:34.60 34.18			
	300m: 3:18.71 34.35	700m: 7:54.63 34.93	1100m: 12:31.33 34.80	1500m: 17:08.09 33.49			
	350m: 3:53.14 34.43	750m: 8:28.67 34.04	1150m: 13:06.18 34.85				
	400m: 4:27.85 34.71	800m: 9:03.38 34.71	1200m: 13:41.32 35.14				

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Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
29.	Bruno Miguel Rainho	96	Geslours	17:08.79	+0,92	613	
	50m: 31.12 31.12	450m: 5:03.76 34.27	850m: 9:40.11 34.49	1250m: 14:16.73 35.01			
	100m: 1:04.38 33.26	500m: 5:38.27 34.51	900m: 10:14.38 34.27	1300m: 14:51.76 35.03			
	150m: 1:38.20 33.82	550m: 6:12.54 34.27	950m: 10:49.32 34.94	1350m: 15:26.60 34.84			
	200m: 2:12.26 34.06	600m: 6:47.33 34.79	1000m: 11:23.86 34.54	1400m: 16:01.76 35.16			
	250m: 2:46.57 34.31	650m: 7:21.92 34.59	1050m: 11:57.79 33.93	1450m: 16:35.48 33.72			
	300m: 3:20.82 34.25	700m: 7:56.30 34.38	1100m: 12:32.21 34.42	1500m: 17:08.79 33.31			
	350m: 3:55.03 34.21	750m: 8:31.28 34.98	1150m: 13:06.89 34.68				
	400m: 4:29.49 34.46	800m: 9:05.62 34.34	1200m: 13:41.72 34.83				
30.	Goncalo Cardoso Carmo	96	Colegio Vasco da Gama	17:14.49	+0,66	603	
	50m: 30.05 30.05	450m: 4:57.18 34.18	850m: 9:32.80 35.02	1250m: 14:16.11 36.28			
	100m: 1:02.43 32.38	500m: 5:31.18 34.00	900m: 10:07.73 34.93	1300m: 14:51.82 35.71			
	150m: 1:35.81 33.38	550m: 6:05.40 34.22	950m: 10:42.92 35.19	1350m: 15:28.14 36.32			
	200m: 2:08.89 33.08	600m: 6:39.20 33.80	1000m: 11:17.38 34.46	1400m: 16:03.94 35.80			
	250m: 2:42.13 33.24	650m: 7:13.75 34.55	1050m: 11:52.80 35.42	1450m: 16:39.84 35.90			
	300m: 3:15.43 33.30	700m: 7:48.15 34.40	1100m: 12:28.38 35.58	1500m: 17:14.49 34.65			
	350m: 3:49.33 33.90	750m: 8:22.91 34.76	1150m: 13:04.20 35.82				
	400m: 4:23.00 33.67	800m: 8:57.78 34.87	1200m: 13:39.83 35.63				
31.	Cesar Filipe Magalhaes	95	Foca	17:18.88		595	
	FTL						
	50m: 30.43 30.43	450m: 5:02.56 34.53	850m: 9:42.31 35.26	1250m: 14:23.72 35.03			
	100m: 1:03.54 33.11	500m: 5:37.20 34.64	900m: 10:17.60 35.29	1300m: 14:59.03 35.31			
	150m: 1:37.40 33.86	550m: 6:11.82 34.62	950m: 10:52.80 35.20	1350m: 15:34.41 35.38			
	200m: 2:11.11 33.71	600m: 6:46.71 34.89	1000m: 11:27.64 34.84	1400m: 16:09.51 35.10			
	250m: 2:45.32 34.21	650m: 7:21.47 34.76	1050m: 12:03.02 35.38	1450m: 16:44.48 34.97			
	300m: 3:19.50 34.18	700m: 7:56.31 34.84	1100m: 12:38.76 35.74	1500m: 17:18.88 34.40			
	350m: 3:53.46 33.96	750m: 8:31.80 35.49	1150m: 13:14.07 35.31				
	400m: 4:28.03 34.57	800m: 9:07.05 35.25	1200m: 13:48.69 34.62				
32.	Andre Coelho Oliveira	96	Vitoria de Guimaraes	17:23.06		588	
	50m: 29.99 29.99	450m: 5:03.21 34.83	850m: 9:40.73 34.62	1250m: 14:24.26 36.55			
	100m: 1:02.49 32.50	500m: 5:37.80 34.59	900m: 10:15.55 34.82	1300m: 15:00.54 36.28			
	150m: 1:35.99 33.50	550m: 6:12.84 35.04	950m: 10:50.84 35.29	1350m: 15:36.83 36.29			
	200m: 2:09.91 33.92	600m: 6:47.87 35.03	1000m: 11:26.19 35.35	1400m: 16:13.32 36.49			
	250m: 2:44.74 34.83	650m: 7:22.69 34.82	1050m: 12:01.41 35.22	1450m: 16:49.03 35.71			
	300m: 3:19.45 34.71	700m: 7:57.46 34.77	1100m: 12:37.01 35.60	1500m: 17:23.06 34.03			
	350m: 3:54.00 34.55	750m: 8:31.94 34.48	1150m: 13:11.80 34.79				
	400m: 4:28.38 34.38	800m: 9:06.11 34.17	1200m: 13:47.71 35.91				
33.	David Emanuel Martins	97	Braga	17:24.95	+1,05	585	
	50m: 31.68 31.68	450m: 5:15.20 35.16	850m: 9:53.90 35.11	1250m: 14:34.28 35.22			
	100m: 1:06.81 35.13	500m: 5:49.89 34.69	900m: 10:28.80 34.90	1300m: 15:09.28 35.00			
	150m: 1:42.09 35.28	550m: 6:25.07 35.18	950m: 11:03.84 35.04	1350m: 15:44.24 34.96			
	200m: 2:17.56 35.47	600m: 6:59.77 34.70	1000m: 11:38.74 34.90	1400m: 16:18.68 34.44			
	250m: 2:53.48 35.92	650m: 7:34.67 34.90	1050m: 12:14.08 35.34	1450m: 16:52.37 33.69			
	300m: 3:29.06 35.58	700m: 8:09.27 34.60	1100m: 12:48.99 34.91	1500m: 17:24.95 32.58			
	350m: 4:04.42 35.36	750m: 8:43.99 34.72	1150m: 13:24.23 35.24				
	400m: 4:40.04 35.62	800m: 9:18.79 34.80	1200m: 13:59.06 34.83				

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Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
34.	Andre Sousa Goncalves	97	Natacao de Olhao	17:26.31	+0,79	583	
	50m: 30.43 30.43	450m: 5:08.27 34.76	850m: 9:48.87 35.18	1250m: 14:31.89 34.75			
	100m: 1:04.35 33.92	500m: 5:43.64 35.37	900m: 10:24.25 35.38	1300m: 15:07.71 35.82			
	150m: 1:39.32 34.97	550m: 6:18.55 34.91	950m: 11:00.16 35.91	1350m: 15:42.69 34.98			
	200m: 2:13.90 34.58	600m: 6:53.57 35.02	1000m: 11:35.59 35.43	1400m: 16:18.31 35.62			
	250m: 2:48.62 34.72	650m: 7:28.32 34.75	1050m: 12:10.84 35.25	1450m: 16:52.07 33.76			
	300m: 3:23.17 34.55	700m: 8:03.57 35.25	1100m: 12:46.14 35.30	1500m: 17:26.31 34.24			
	350m: 3:58.39 35.22	750m: 8:38.68 35.11	1150m: 13:21.33 35.19				
	400m: 4:33.51 35.12	800m: 9:13.69 35.01	1200m: 13:57.14 35.81				
35.	Diogo Miguel Nelas	97	Braga	17:28.87	+0,79	578	
	50m: 31.07 31.07	450m: 5:05.31 34.30	850m: 9:45.36 35.26	1250m: 14:31.74 35.59			
	100m: 1:04.30 33.23	500m: 5:40.01 34.70	900m: 10:21.16 35.80	1300m: 15:07.76 36.02			
	150m: 1:38.33 34.03	550m: 6:14.73 34.72	950m: 10:56.58 35.42	1350m: 15:43.52 35.76			
	200m: 2:12.63 34.30	600m: 6:49.60 34.87	1000m: 11:32.02 35.44	1400m: 16:19.61 36.09			
	250m: 2:47.04 34.41	650m: 7:24.46 34.86	1050m: 12:08.33 36.31	1450m: 16:54.24 34.63			
	300m: 3:21.45 34.41	700m: 7:59.65 35.19	1100m: 12:44.10 35.77	1500m: 17:28.87 34.63			
	350m: 3:56.31 34.86	750m: 8:34.73 35.08	1150m: 13:19.92 35.82				
	400m: 4:31.01 34.70	800m: 9:10.10 35.37	1200m: 13:56.15 36.23				
36.	Rafael Rocha Ferreira	96	Galitos	17:35.55	+0,46	567	
	50m: 31.53 31.53	450m: 5:09.65 35.31	850m: 9:53.51 35.47	1250m: 14:39.73 35.83			
	100m: 1:05.37 33.84	500m: 5:45.32 35.67	900m: 10:29.14 35.63	1300m: 15:15.41 35.68			
	150m: 1:39.87 34.50	550m: 6:20.89 35.57	950m: 11:04.99 35.85	1350m: 15:51.02 35.61			
	200m: 2:14.62 34.75	600m: 6:56.25 35.36	1000m: 11:40.70 35.71	1400m: 16:26.47 35.45			
	250m: 2:49.27 34.65	650m: 7:31.76 35.51	1050m: 12:16.53 35.83	1450m: 17:01.48 35.01			
	300m: 3:24.10 34.83	700m: 8:07.13 35.37	1100m: 12:52.19 35.66	1500m: 17:35.55 34.07			
	350m: 3:59.10 35.00	750m: 8:42.79 35.66	1150m: 13:28.38 36.19				
	400m: 4:34.34 35.24	800m: 9:18.04 35.25	1200m: 14:03.90 35.52				
37.	Narciso Daniel Correia	97	Braga	17:37.14	+0,56	565	
	50m: 31.45 31.45	450m: 5:12.02 35.16	850m: 9:54.52 35.26	1250m: 14:38.19 35.89			
	100m: 1:06.36 34.91	500m: 5:47.21 35.19	900m: 10:29.66 35.14	1300m: 15:14.22 36.03			
	150m: 1:41.39 35.03	550m: 6:22.86 35.65	950m: 11:04.73 35.07	1350m: 15:50.33 36.11			
	200m: 2:16.38 34.99	600m: 6:58.38 35.52	1000m: 11:40.97 36.24	1400m: 16:26.61 36.28			
	250m: 2:51.73 35.35	650m: 7:33.70 35.32	1050m: 12:16.83 35.86	1450m: 17:03.31 36.70			
	300m: 3:25.95 34.22	700m: 8:09.09 35.39	1100m: 12:52.34 35.51	1500m: 17:37.14 33.83			
	350m: 4:01.43 35.48	750m: 8:44.16 35.07	1150m: 13:27.20 34.86				
	400m: 4:36.86 35.43	800m: 9:19.26 35.10	1200m: 14:02.30 35.10				
38.	Jose Carlos Teixeira	96	Foca	17:39.52	+0,82	561	
	FTL						
	50m: 30.36 30.36	450m: 5:07.93 34.71	850m: 9:51.92 35.18	1250m: 14:39.50 36.13			
	100m: 1:04.50 34.14	500m: 5:43.42 35.49	900m: 10:28.00 36.08	1300m: 15:15.80 36.30			
	150m: 1:38.46 33.96	550m: 6:18.63 35.21	950m: 11:03.36 35.36	1350m: 15:51.57 35.77			
	200m: 2:13.36 34.90	600m: 6:54.26 35.63	1000m: 11:39.69 36.33	1400m: 16:28.18 36.61			
	250m: 2:47.89 34.53	650m: 7:29.42 35.16	1050m: 12:15.07 35.38	1450m: 17:03.67 35.49			
	300m: 3:22.93 35.04	700m: 8:04.98 35.56	1100m: 12:51.22 36.15	1500m: 17:39.52 35.85			
	350m: 3:57.80 34.87	750m: 8:40.65 35.67	1150m: 13:27.25 36.03				
	400m: 4:33.22 35.42	800m: 9:16.74 36.09	1200m: 14:03.37 36.12				

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Lugar	Nome	Ano	Clube	Tempo Final		TReac	Pts FINA	Pts
39.	Tiago Ribeiro Costa	97	Famalicao	17:40.11		+0,75	560	
	50m: 30.04 30.04	450m: 5:09.21 35.44	850m: 9:53.18 35.86	1250m: 14:39.39 36.30				
	100m: 1:03.40 33.36	500m: 5:44.75 35.54	900m: 10:28.78 35.60	1300m: 15:15.40 36.01				
	150m: 1:38.23 34.83	550m: 6:20.05 35.30	950m: 11:04.25 35.47	1350m: 15:52.14 36.74				
	200m: 2:13.12 34.89	600m: 6:55.43 35.38	1000m: 11:39.79 35.54	1400m: 16:28.67 36.53				
	250m: 2:48.44 35.32	650m: 7:30.92 35.49	1050m: 12:15.72 35.93	1450m: 17:05.14 36.47				
	300m: 3:23.41 34.97	700m: 8:06.28 35.36	1100m: 12:51.67 35.95	1500m: 17:40.11 34.97				
	350m: 3:58.54 35.13	750m: 8:41.79 35.51	1150m: 13:27.37 35.70					
	400m: 4:33.77 35.23	800m: 9:17.32 35.53	1200m: 14:03.09 35.72					
40.	David Nunes Sousa	96	Famalicao	17:44.49		+0,75	553	
	<i>FTL</i>							
	50m: 29.91 29.91	450m: 5:06.70 35.33	850m: 9:52.47 36.33	1250m: 14:42.96 37.21				
	100m: 1:03.44 33.53	500m: 5:42.22 35.52	900m: 10:28.47 36.00	1300m: 15:19.41 36.45				
	150m: 1:37.34 33.90	550m: 6:17.92 35.70	950m: 11:04.56 36.09	1350m: 15:55.57 36.16				
	200m: 2:12.06 34.72	600m: 6:53.75 35.83	1000m: 11:40.72 36.16	1400m: 16:32.67 37.10				
	250m: 2:47.33 35.27	650m: 7:29.12 35.37	1050m: 12:17.18 36.46	1450m: 17:09.19 36.52				
	300m: 3:21.98 34.65	700m: 8:04.40 35.28	1100m: 12:53.23 36.05	1500m: 17:44.49 35.30				
	350m: 3:56.57 34.59	750m: 8:40.35 35.95	1150m: 13:28.80 35.57					
	400m: 4:31.37 34.80	800m: 9:16.14 35.79	1200m: 14:05.75 36.95					
41.	Bruno Daniel Rodrigues	97	Braga	17:46.13		+0,81	551	
	50m: 31.36 31.36	450m: 5:15.12 35.90	850m: 10:02.42 36.23	1250m: 14:51.44 36.37				
	100m: 1:05.19 33.83	500m: 5:50.88 35.76	900m: 10:38.34 35.92	1300m: 15:27.34 35.90				
	150m: 1:41.00 35.81	550m: 6:26.51 35.63	950m: 11:14.54 36.20	1350m: 16:03.52 36.18				
	200m: 2:16.93 35.93	600m: 7:02.30 35.79	1000m: 11:50.55 36.01	1400m: 16:39.27 35.75				
	250m: 2:52.30 35.37	650m: 7:38.67 36.37	1050m: 12:26.79 36.24	1450m: 17:14.49 35.22				
	300m: 3:28.12 35.82	700m: 8:14.97 36.30	1100m: 13:02.80 36.01	1500m: 17:46.13 31.64				
	350m: 4:03.73 35.61	750m: 8:50.69 35.72	1150m: 13:39.03 36.23					
	400m: 4:39.22 35.49	800m: 9:26.19 35.50	1200m: 14:15.07 36.04					
42.	Daniel Francisco Mendonca	97	Braga	18:00.26		+0,98	529	
	<i>FTL</i>							
	50m: 31.68 31.68	450m: 5:17.26 35.88	850m: 10:06.39 36.26	1250m: 14:59.49 36.32				
	100m: 1:06.64 34.96	500m: 5:53.21 35.95	900m: 10:42.88 36.49	1300m: 15:36.09 36.60				
	150m: 1:41.96 35.32	550m: 6:29.11 35.90	950m: 11:19.41 36.53	1350m: 16:12.17 36.08				
	200m: 2:17.77 35.81	600m: 7:05.04 35.93	1000m: 11:56.00 36.59	1400m: 16:49.02 36.85				
	250m: 2:53.42 35.65	650m: 7:41.48 36.44	1050m: 12:32.79 36.79	1450m: 17:25.09 36.07				
	300m: 3:29.46 36.04	700m: 8:17.36 35.88	1100m: 13:09.86 37.07	1500m: 18:00.26 35.17				
	350m: 4:05.35 35.89	750m: 8:53.91 36.55	1150m: 13:46.18 36.32					
	400m: 4:41.38 36.03	800m: 9:30.13 36.22	1200m: 14:23.17 36.99					
43.	Miguel Filipe Pinto	96	Ginasio de Santo Tirso	18:11.14		+0,86	514	
	<i>FTL</i>							
	50m: 30.39 30.39	450m: 5:19.54 36.84	850m: 10:09.75 37.69	1250m: 15:07.93 38.17				
	100m: 1:04.09 33.70	500m: 5:56.39 36.85	900m: 10:46.67 36.92	1300m: 15:46.27 38.34				
	150m: 1:40.29 36.20	550m: 6:31.57 35.18	950m: 11:23.32 36.65	1350m: 16:22.91 36.64				
	200m: 2:17.04 36.75	600m: 7:07.12 35.55	1000m: 12:00.58 37.26	1400m: 17:00.16 37.25				
	250m: 2:53.57 36.53	650m: 7:43.02 35.90	1050m: 12:36.89 36.31	1450m: 17:36.64 36.48				
	300m: 3:30.36 36.79	700m: 8:18.22 35.20	1100m: 13:14.28 37.39	1500m: 18:11.14 34.50				
	350m: 4:06.64 36.28	750m: 8:55.36 37.14	1150m: 13:52.61 38.33					
	400m: 4:42.70 36.06	800m: 9:32.06 36.70	1200m: 14:29.76 37.15					

Campeonato Nacional de Juvenis
Campeonato Absolutos de Portugal-OPEN
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Prova 1, Masc., 1500m Livres, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
44.	Nuno Valerio Silva FTL	97	Nautico da Marinha Grande	18:13.86	+0,84	510	
	50m: 31.29 31.29	450m: 5:18.80 36.03	850m: 10:14.77 37.01	1250m: 15:11.08 36.96			
	100m: 1:06.51 35.22	500m: 5:55.87 37.07	900m: 10:52.17 37.40	1300m: 15:48.57 37.49			
	150m: 1:41.85 35.34	550m: 6:32.85 36.98	950m: 11:29.23 37.06	1350m: 16:24.90 36.33			
	200m: 2:18.07 36.22	600m: 7:10.11 37.26	1000m: 12:07.10 37.87	1400m: 17:01.91 37.01			
	250m: 2:53.78 35.71	650m: 7:46.62 36.51	1050m: 12:43.41 36.31	1450m: 17:38.75 36.84			
	300m: 3:29.88 36.10	700m: 8:23.93 37.31	1100m: 13:20.22 36.81	1500m: 18:13.86 35.11			
	350m: 4:05.88 36.00	750m: 9:01.08 37.15	1150m: 13:56.99 36.77				
	400m: 4:42.77 36.89	800m: 9:37.76 36.68	1200m: 14:34.12 37.13				
45.	Ruben Jose Morim FTL	97	Vilacondense	18:20.91	+0,76	500	
	50m: 31.37 31.37	450m: 5:19.15 36.50	850m: 10:15.14 37.57	1250m: 15:15.07 37.66			
	100m: 1:06.39 35.02	500m: 5:55.91 36.76	900m: 10:52.36 37.22	1300m: 15:51.91 36.84			
	150m: 1:41.89 35.50	550m: 6:33.43 37.52	950m: 11:29.99 37.63	1350m: 16:29.91 38.00			
	200m: 2:18.10 36.21	600m: 7:10.42 36.99	1000m: 12:07.26 37.27	1400m: 17:07.04 37.13			
	250m: 2:54.01 35.91	650m: 7:47.45 37.03	1050m: 12:45.31 38.05	1450m: 17:44.49 37.45			
	300m: 3:29.89 35.88	700m: 8:23.92 36.47	1100m: 13:22.17 36.86	1500m: 18:20.91 36.42			
	350m: 4:06.33 36.44	750m: 9:01.80 37.88	1150m: 13:59.83 37.66				
	400m: 4:42.65 36.32	800m: 9:37.57 35.77	1200m: 14:37.41 37.58				
46.	Pedro Manuel Silva FTL	97	Ginasio de Santo Tirso	18:25.06	+0,73	494	
	50m: 29.97 29.97	450m: 5:22.38 37.66	850m: 10:21.75 36.87	1250m: 15:21.26 37.38			
	100m: 1:04.34 34.37	500m: 6:00.06 37.68	900m: 10:58.70 36.95	1300m: 15:58.28 37.02			
	150m: 1:40.63 36.29	550m: 6:36.63 36.57	950m: 11:36.28 37.58	1350m: 16:35.34 37.06			
	200m: 2:17.49 36.86	600m: 7:14.23 37.60	1000m: 12:14.16 37.88	1400m: 17:11.91 36.57			
	250m: 2:53.95 36.46	650m: 7:51.92 37.69	1050m: 12:51.52 37.36	1450m: 17:49.21 37.30			
	300m: 3:31.08 37.13	700m: 8:29.47 37.55	1100m: 13:29.06 37.54	1500m: 18:25.06 35.85			
	350m: 4:08.22 37.14	750m: 9:07.22 37.75	1150m: 14:06.43 37.37				
	400m: 4:44.72 36.50	800m: 9:44.88 37.66	1200m: 14:43.88 37.45				

Prova 1 Masc., 1500m Livres Juvenis A
26-07-2012 - 17:10 Resultados

Rec Nac Absoluto	15:16.22	Fernando Eurico Costa	FPN	Bangkok (THA)	14-08-2007
Rec Nac Juv A	15:45.55	Gustavo Manuel Santa	FPN	Tampere (FIN)	23-07-2009

TAC JUV A Masc : 17:36.00

Pontos: FINA 2012

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Andre Filipe Farinha	96	Benfica	16:29.87	+0,68	688	
	50m: 30.51 30.51	450m: 4:59.07 33.87	850m: 9:30.81 34.19	1250m: 13:51.76 31.91			
	100m: 1:03.07 32.56	500m: 5:32.83 33.76	900m: 10:04.79 33.98	1300m: 14:23.91 32.15			
	150m: 1:36.64 33.57	550m: 6:06.98 34.15	950m: 10:37.36 32.57	1350m: 14:55.62 31.71			
	200m: 2:10.00 33.36	600m: 6:40.99 34.01	1000m: 11:09.59 32.23	1400m: 15:28.25 32.63			
	250m: 2:43.91 33.91	650m: 7:14.87 33.88	1050m: 11:41.87 32.28	1450m: 15:59.53 31.28			
	300m: 3:17.65 33.74	700m: 7:48.81 33.94	1100m: 12:14.60 32.73	1500m: 16:29.87 30.34			
	350m: 3:51.50 33.85	750m: 8:22.76 33.95	1150m: 12:47.38 32.78				
	400m: 4:25.20 33.70	800m: 8:56.62 33.86	1200m: 13:19.85 32.47				

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Prova 1, Masc., 1500m Livres, Juvenis A

Lugar	Nome			Ano	Clube		Tempo Final		TReac	Pts FINA		Pts
2.	Pedro Veiguiinha Martins			96	Braga		16:46.32		+0,82	655		
	50m:	28.96	28.96	450m:	4:59.95	34.25	850m:	9:33.29	34.04	1250m:	14:02.45	33.92
	100m:	1:01.27	32.31	500m:	5:34.67	34.72	900m:	10:07.27	33.98	1300m:	14:35.55	33.10
	150m:	1:35.03	33.76	550m:	6:08.68	34.01	950m:	10:40.78	33.51	1350m:	15:09.38	33.83
	200m:	2:08.37	33.34	600m:	6:42.63	33.95	1000m:	11:14.20	33.42	1400m:	15:42.67	33.29
	250m:	2:42.79	34.42	650m:	7:16.87	34.24	1050m:	11:47.85	33.65	1450m:	16:15.82	33.15
	300m:	3:17.04	34.25	700m:	7:50.89	34.02	1100m:	12:21.18	33.33	1500m:	16:46.32	30.50
	350m:	3:51.31	34.27	750m:	8:25.12	34.23	1150m:	12:54.70	33.52			
	400m:	4:25.70	34.39	800m:	8:59.25	34.13	1200m:	13:28.53	33.83			
3.	Miguel Prata Santos			96	Viana Natacao		16:52.76		+0,77	643		
	50m:	30.11	30.11	450m:	5:00.57	33.80	850m:	9:33.52	33.83	1250m:	14:06.65	32.94
	100m:	1:02.41	32.30	500m:	5:34.75	34.18	900m:	10:07.53	34.01	1300m:	14:40.34	33.69
	150m:	1:36.10	33.69	550m:	6:09.13	34.38	950m:	10:41.28	33.75	1350m:	15:15.19	34.85
	200m:	2:09.88	33.78	600m:	6:43.41	34.28	1000m:	11:15.06	33.78	1400m:	15:48.97	33.78
	250m:	2:43.97	34.09	650m:	7:17.28	33.87	1050m:	11:50.05	34.99	1450m:	16:21.70	32.73
	300m:	3:17.72	33.75	700m:	7:51.39	34.11	1100m:	12:24.79	34.74	1500m:	16:52.76	31.06
	350m:	3:52.34	34.62	750m:	8:25.64	34.25	1150m:	12:59.28	34.49			
	400m:	4:26.77	34.43	800m:	8:59.69	34.05	1200m:	13:33.71	34.43			
4.	Rafael Lourenco Gil			96	Naval Amorense		17:00.80		+0,72	627		
	50m:	29.84	29.84	450m:	4:57.47	33.94	850m:	9:30.38	34.31	1250m:	14:08.74	35.00
	100m:	1:01.81	31.97	500m:	5:31.31	33.84	900m:	10:05.03	34.65	1300m:	14:43.22	34.48
	150m:	1:35.04	33.23	550m:	6:05.13	33.82	950m:	10:39.74	34.71	1350m:	15:18.23	35.01
	200m:	2:08.35	33.31	600m:	6:39.16	34.03	1000m:	11:13.98	34.24	1400m:	15:53.19	34.96
	250m:	2:42.25	33.90	650m:	7:13.30	34.14	1050m:	11:49.01	35.03	1450m:	16:27.72	34.53
	300m:	3:15.96	33.71	700m:	7:47.49	34.19	1100m:	12:23.44	34.43	1500m:	17:00.80	33.08
	350m:	3:49.89	33.93	750m:	8:21.88	34.39	1150m:	12:59.08	35.64			
	400m:	4:23.53	33.64	800m:	8:56.07	34.19	1200m:	13:33.74	34.66			
5.	Bruno Miguel Rainho			96	Geslours		17:08.79		+0,92	613		
	50m:	31.12	31.12	450m:	5:03.76	34.27	850m:	9:40.11	34.49	1250m:	14:16.73	35.01
	100m:	1:04.38	33.26	500m:	5:38.27	34.51	900m:	10:14.38	34.27	1300m:	14:51.76	35.03
	150m:	1:38.20	33.82	550m:	6:12.54	34.27	950m:	10:49.32	34.94	1350m:	15:26.60	34.84
	200m:	2:12.26	34.06	600m:	6:47.33	34.79	1000m:	11:23.86	34.54	1400m:	16:01.76	35.16
	250m:	2:46.57	34.31	650m:	7:21.92	34.59	1050m:	11:57.79	33.93	1450m:	16:35.48	33.72
	300m:	3:20.82	34.25	700m:	7:56.30	34.38	1100m:	12:32.21	34.42	1500m:	17:08.79	33.31
	350m:	3:55.03	34.21	750m:	8:31.28	34.98	1150m:	13:06.89	34.68			
	400m:	4:29.49	34.46	800m:	9:05.62	34.34	1200m:	13:41.72	34.83			
6.	Goncalo Cardoso Carmo			96	Colegio Vasco da Gama		17:14.49		+0,66	603		
	50m:	30.05	30.05	450m:	4:57.18	34.18	850m:	9:32.80	35.02	1250m:	14:16.11	36.28
	100m:	1:02.43	32.38	500m:	5:31.18	34.00	900m:	10:07.73	34.93	1300m:	14:51.82	35.71
	150m:	1:35.81	33.38	550m:	6:05.40	34.22	950m:	10:42.92	35.19	1350m:	15:28.14	36.32
	200m:	2:08.89	33.08	600m:	6:39.20	33.80	1000m:	11:17.38	34.46	1400m:	16:03.94	35.80
	250m:	2:42.13	33.24	650m:	7:13.75	34.55	1050m:	11:52.80	35.42	1450m:	16:39.84	35.90
	300m:	3:15.43	33.30	700m:	7:48.15	34.40	1100m:	12:28.38	35.58	1500m:	17:14.49	34.65
	350m:	3:49.33	33.90	750m:	8:22.91	34.76	1150m:	13:04.20	35.82			
	400m:	4:23.00	33.67	800m:	8:57.78	34.87	1200m:	13:39.83	35.63			

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Prova 1, Masc., 1500m Livres, Juvenis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
7.	Andre Coelho Oliveira	96	Vitoria de Guimaraes	17:23.06		588	
	50m: 29.99 29.99	450m: 5:03.21 34.83	850m: 9:40.73 34.62	1250m: 14:24.26 36.55			
	100m: 1:02.49 32.50	500m: 5:37.80 34.59	900m: 10:15.55 34.82	1300m: 15:00.54 36.28			
	150m: 1:35.99 33.50	550m: 6:12.84 35.04	950m: 10:50.84 35.29	1350m: 15:36.83 36.29			
	200m: 2:09.91 33.92	600m: 6:47.87 35.03	1000m: 11:26.19 35.35	1400m: 16:13.32 36.49			
	250m: 2:44.74 34.83	650m: 7:22.69 34.82	1050m: 12:01.41 35.22	1450m: 16:49.03 35.71			
	300m: 3:19.45 34.71	700m: 7:57.46 34.77	1100m: 12:37.01 35.60	1500m: 17:23.06 34.03			
	350m: 3:54.00 34.55	750m: 8:31.94 34.48	1150m: 13:11.80 34.79				
	400m: 4:28.38 34.38	800m: 9:06.11 34.17	1200m: 13:47.71 35.91				
8.	Rafael Rocha Ferreira	96	Galitos	17:35.55	+0,46	567	
	50m: 31.53 31.53	450m: 5:09.65 35.31	850m: 9:53.51 35.47	1250m: 14:39.73 35.83			
	100m: 1:05.37 33.84	500m: 5:45.32 35.67	900m: 10:29.14 35.63	1300m: 15:15.41 35.68			
	150m: 1:39.87 34.50	550m: 6:20.89 35.57	950m: 11:04.99 35.85	1350m: 15:51.02 35.61			
	200m: 2:14.62 34.75	600m: 6:56.25 35.36	1000m: 11:40.70 35.71	1400m: 16:26.47 35.45			
	250m: 2:49.27 34.65	650m: 7:31.76 35.51	1050m: 12:16.53 35.83	1450m: 17:01.48 35.01			
	300m: 3:24.10 34.83	700m: 8:07.13 35.37	1100m: 12:52.19 35.66	1500m: 17:35.55 34.07			
	350m: 3:59.10 35.00	750m: 8:42.79 35.66	1150m: 13:28.38 36.19				
	400m: 4:34.34 35.24	800m: 9:18.04 35.25	1200m: 14:03.90 35.52				
9.	Jose Carlos Teixeira	96	Foca	17:39.52	+0,82	561	
	<i>FTL</i>						
	50m: 30.36 30.36	450m: 5:07.93 34.71	850m: 9:51.92 35.18	1250m: 14:39.50 36.13			
	100m: 1:04.50 34.14	500m: 5:43.42 35.49	900m: 10:28.00 36.08	1300m: 15:15.80 36.30			
	150m: 1:38.46 33.96	550m: 6:18.63 35.21	950m: 11:03.36 35.36	1350m: 15:51.57 35.77			
	200m: 2:13.36 34.90	600m: 6:54.26 35.63	1000m: 11:39.69 36.33	1400m: 16:28.18 36.61			
	250m: 2:47.89 34.53	650m: 7:29.42 35.16	1050m: 12:15.07 35.38	1450m: 17:03.67 35.49			
	300m: 3:22.93 35.04	700m: 8:04.98 35.56	1100m: 12:51.22 36.15	1500m: 17:39.52 35.85			
	350m: 3:57.80 34.87	750m: 8:40.65 35.67	1150m: 13:27.25 36.03				
	400m: 4:33.22 35.42	800m: 9:16.74 36.09	1200m: 14:03.37 36.12				
10.	David Nunes Sousa	96	Famalicao	17:44.49	+0,75	553	
	<i>FTL</i>						
	50m: 29.91 29.91	450m: 5:06.70 35.33	850m: 9:52.47 36.33	1250m: 14:42.96 37.21			
	100m: 1:03.44 33.53	500m: 5:42.22 35.52	900m: 10:28.47 36.00	1300m: 15:19.41 36.45			
	150m: 1:37.34 33.90	550m: 6:17.92 35.70	950m: 11:04.56 36.09	1350m: 15:55.57 36.16			
	200m: 2:12.06 34.72	600m: 6:53.75 35.83	1000m: 11:40.72 36.16	1400m: 16:32.67 37.10			
	250m: 2:47.33 35.27	650m: 7:29.12 35.37	1050m: 12:17.18 36.46	1450m: 17:09.19 36.52			
	300m: 3:21.98 34.65	700m: 8:04.40 35.28	1100m: 12:53.23 36.05	1500m: 17:44.49 35.30			
	350m: 3:56.57 34.59	750m: 8:40.35 35.95	1150m: 13:28.80 35.57				
	400m: 4:31.37 34.80	800m: 9:16.14 35.79	1200m: 14:05.75 36.95				
11.	Miguel Filipe Pinto	96	Ginasio de Santo Tirso	18:11.14	+0,86	514	
	<i>FTL</i>						
	50m: 30.39 30.39	450m: 5:19.54 36.84	850m: 10:09.75 37.69	1250m: 15:07.93 38.17			
	100m: 1:04.09 33.70	500m: 5:56.39 36.85	900m: 10:46.67 36.92	1300m: 15:46.27 38.34			
	150m: 1:40.29 36.20	550m: 6:31.57 35.18	950m: 11:23.32 36.65	1350m: 16:22.91 36.64			
	200m: 2:17.04 36.75	600m: 7:07.12 35.55	1000m: 12:00.58 37.26	1400m: 17:00.16 37.25			
	250m: 2:53.57 36.53	650m: 7:43.02 35.90	1050m: 12:36.89 36.31	1450m: 17:36.64 36.48			
	300m: 3:30.36 36.79	700m: 8:18.22 35.20	1100m: 13:14.28 37.39	1500m: 18:11.14 34.50			
	350m: 4:06.64 36.28	750m: 8:55.36 37.14	1150m: 13:52.61 38.33				
	400m: 4:42.70 36.06	800m: 9:32.06 36.70	1200m: 14:29.76 37.15				

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Prova 1, Masc., 1500m Livres

Prova 1 Masc., 1500m Livres Juvenis B
26-07-2012 - 17:10 Resultados

Rec Nac Absoluto 15:16.22 Fernando Eurico Costa FPN Bangkok (THA) 14-08-2007
Rec Nac Juv B 16:31.97 Pedro Fontoura Oliveira CFB Lisboa 28-05-2005

TAC JUV B Masc : 18:00.00

Pontos: FINA 2012

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Eduardo Filipe Carvalheiro	97	SCC/Oryzon Energias	16:57.05	+0,80	634	
	50m: 30.32 30.32	450m: 4:58.14 34.12	850m: 9:32.06 34.58	1250m: 14:07.01 34.28			
	100m: 1:02.78 32.46	500m: 5:32.20 34.06	900m: 10:06.40 34.34	1300m: 14:41.46 34.45			
	150m: 1:36.20 33.42	550m: 6:06.43 34.23	950m: 10:40.74 34.34	1350m: 15:15.67 34.21			
	200m: 2:09.33 33.13	600m: 6:40.46 34.03	1000m: 11:15.13 34.39	1400m: 15:50.10 34.43			
	250m: 2:42.70 33.37	650m: 7:14.63 34.17	1050m: 11:49.49 34.36	1450m: 16:23.94 33.84			
	300m: 3:16.38 33.68	700m: 7:48.89 34.26	1100m: 12:23.72 34.23	1500m: 16:57.05 33.11			
	350m: 3:50.07 33.69	750m: 8:23.33 34.44	1150m: 12:58.37 34.65				
	400m: 4:24.02 33.95	800m: 8:57.48 34.15	1200m: 13:32.73 34.36				
2.	Joao Luis Travanca	97	Porto	17:06.69	+0,96	617	
	50m: 31.66 31.66	450m: 5:05.60 34.91	850m: 9:43.03 35.45	1250m: 14:18.35 34.68			
	100m: 1:05.19 33.53	500m: 5:40.03 34.43	900m: 10:17.78 34.75	1300m: 14:52.11 33.76			
	150m: 1:39.89 34.70	550m: 6:15.06 35.03	950m: 10:52.48 34.70	1350m: 15:26.75 34.64			
	200m: 2:13.58 33.69	600m: 6:48.79 33.73	1000m: 11:26.73 34.25	1400m: 16:01.08 34.33			
	250m: 2:47.57 33.99	650m: 7:23.50 34.71	1050m: 12:01.40 34.67	1450m: 16:34.91 33.83			
	300m: 3:22.20 34.63	700m: 7:58.05 34.55	1100m: 12:35.52 34.12	1500m: 17:06.69 31.78			
	350m: 3:56.48 34.28	750m: 8:33.31 35.26	1150m: 13:09.74 34.22				
	400m: 4:30.69 34.21	800m: 9:07.58 34.27	1200m: 13:43.67 33.93				
3.	Alexandre Valdagua Coutinhc97	SCC/Oryzon Energias	17:06.85			616	
	50m: 29.74 29.74	450m: 5:03.51 34.57	900m: 10:15.01 34.78	1300m: 14:53.77 35.04			
	100m: 1:03.38 33.64	500m: 5:37.93 34.42	950m: 10:49.81 34.80	1350m: 15:28.23 34.46			
	150m: 1:37.54 34.16	600m: 6:46.95 1:09.02	1000m: 11:24.67 34.86	1400m: 16:02.67 34.44			
	200m: 2:11.85 34.31	650m: 7:21.71 34.76	1050m: 11:59.65 34.98	1450m: 16:36.58 33.91			
	250m: 2:45.41 33.56	700m: 7:56.07 34.36	1100m: 12:34.42 34.77	1500m: 17:06.85 30.27			
	300m: 3:19.60 34.19	750m: 8:30.91 34.84	1150m: 13:09.01 34.59				
	350m: 3:54.21 34.61	800m: 9:05.27 34.36	1200m: 13:43.74 34.73				
	400m: 4:28.94 34.73	850m: 9:40.23 34.96	1250m: 14:18.73 34.99				
4.	Jorge Miguel Nunes	97	Porto	17:06.99			616
	50m: 30.72 30.72	450m: 5:04.97 34.41	850m: 9:40.45 34.67	1250m: 14:17.66 34.77			
	100m: 1:04.41 33.69	500m: 5:39.35 34.38	900m: 10:14.73 34.28	1300m: 14:52.23 34.57			
	150m: 1:38.60 34.19	550m: 6:13.81 34.46	950m: 10:49.42 34.69	1350m: 15:26.69 34.46			
	200m: 2:12.89 34.29	600m: 6:48.07 34.26	1000m: 11:23.88 34.46	1400m: 16:01.00 34.31			
	250m: 2:47.19 34.30	650m: 7:22.47 34.40	1050m: 11:58.63 34.75	1450m: 16:35.14 34.14			
	300m: 3:21.61 34.42	700m: 7:56.96 34.49	1100m: 12:33.34 34.71	1500m: 17:06.99 31.85			
	350m: 3:56.10 34.49	750m: 8:31.30 34.34	1150m: 13:08.39 35.05				
	400m: 4:30.56 34.46	800m: 9:05.78 34.48	1200m: 13:42.89 34.50				
5.	Ricardo Eduardo Afonso	97	Braga	17:07.16	+0,77	616	
	50m: 30.95 30.95	450m: 5:05.84 34.74	850m: 9:43.62 34.75	1250m: 14:20.33 34.47			
	100m: 1:03.95 33.00	500m: 5:40.50 34.66	900m: 10:18.50 34.88	1300m: 14:55.00 34.67			
	150m: 1:38.26 34.31	550m: 6:15.26 34.76	950m: 10:53.14 34.64	1350m: 15:29.46 34.46			
	200m: 2:12.63 34.37	600m: 6:50.00 34.74	1000m: 11:27.70 34.56	1400m: 16:03.58 34.12			
	250m: 2:46.99 34.36	650m: 7:24.38 34.38	1050m: 12:02.45 34.75	1450m: 16:37.16 33.58			
	300m: 3:21.34 34.35	700m: 7:59.19 34.81	1100m: 12:36.83 34.38	1500m: 17:07.16 30.00			
	350m: 3:56.42 35.08	750m: 8:34.16 34.97	1150m: 13:11.49 34.66				
	400m: 4:31.10 34.68	800m: 9:08.87 34.71	1200m: 13:45.86 34.37				

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Prova 1, Masc., 1500m Livres, Juvenis B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
6.	Vitor Joao Pereira	97	Leixoes	17:08.09	+0,85	614	
	50m: 30.35 30.35	450m: 5:02.11 34.26	850m: 9:37.96 34.58	1250m: 14:16.02 34.70			
	100m: 1:03.43 33.08	500m: 5:36.69 34.58	900m: 10:12.90 34.94	1300m: 14:50.96 34.94			
	150m: 1:36.74 33.31	550m: 6:11.20 34.51	950m: 10:47.33 34.43	1350m: 15:25.62 34.66			
	200m: 2:10.64 33.90	600m: 6:45.85 34.65	1000m: 11:22.14 34.81	1400m: 16:00.42 34.80			
	250m: 2:44.36 33.72	650m: 7:19.70 33.85	1050m: 11:56.53 34.39	1450m: 16:34.60 34.18			
	300m: 3:18.71 34.35	700m: 7:54.63 34.93	1100m: 12:31.33 34.80	1500m: 17:08.09 33.49			
	350m: 3:53.14 34.43	750m: 8:28.67 34.04	1150m: 13:06.18 34.85				
	400m: 4:27.85 34.71	800m: 9:03.38 34.71	1200m: 13:41.32 35.14				
7.	David Emanuel Martins	97	Braga	17:24.95	+1,05	585	
	50m: 31.68 31.68	450m: 5:15.20 35.16	850m: 9:53.90 35.11	1250m: 14:34.28 35.22			
	100m: 1:06.81 35.13	500m: 5:49.89 34.69	900m: 10:28.80 34.90	1300m: 15:09.28 35.00			
	150m: 1:42.09 35.28	550m: 6:25.07 35.18	950m: 11:03.84 35.04	1350m: 15:44.24 34.96			
	200m: 2:17.56 35.47	600m: 6:59.77 34.70	1000m: 11:38.74 34.90	1400m: 16:18.68 34.44			
	250m: 2:53.48 35.92	650m: 7:34.67 34.90	1050m: 12:14.08 35.34	1450m: 16:52.37 33.69			
	300m: 3:29.06 35.58	700m: 8:09.27 34.60	1100m: 12:48.99 34.91	1500m: 17:24.95 32.58			
	350m: 4:04.42 35.36	750m: 8:43.99 34.72	1150m: 13:24.23 35.24				
	400m: 4:40.04 35.62	800m: 9:18.79 34.80	1200m: 13:59.06 34.83				
8.	Andre Sousa Goncalves	97	Natacao de Olhao	17:26.31	+0,79	583	
	50m: 30.43 30.43	450m: 5:08.27 34.76	850m: 9:48.87 35.18	1250m: 14:31.89 34.75			
	100m: 1:04.35 33.92	500m: 5:43.64 35.37	900m: 10:24.25 35.38	1300m: 15:07.71 35.82			
	150m: 1:39.32 34.97	550m: 6:18.55 34.91	950m: 11:00.16 35.91	1350m: 15:42.69 34.98			
	200m: 2:13.90 34.58	600m: 6:53.57 35.02	1000m: 11:35.59 35.43	1400m: 16:18.31 35.62			
	250m: 2:48.62 34.72	650m: 7:28.32 34.75	1050m: 12:10.84 35.25	1450m: 16:52.07 33.76			
	300m: 3:23.17 34.55	700m: 8:03.57 35.25	1100m: 12:46.14 35.30	1500m: 17:26.31 34.24			
	350m: 3:58.39 35.22	750m: 8:38.68 35.11	1150m: 13:21.33 35.19				
	400m: 4:33.51 35.12	800m: 9:13.69 35.01	1200m: 13:57.14 35.81				
9.	Diogo Miguel Nelas	97	Braga	17:28.87	+0,79	578	
	50m: 31.07 31.07	450m: 5:05.31 34.30	850m: 9:45.36 35.26	1250m: 14:31.74 35.59			
	100m: 1:04.30 33.23	500m: 5:40.01 34.70	900m: 10:21.16 35.80	1300m: 15:07.76 36.02			
	150m: 1:38.33 34.03	550m: 6:14.73 34.72	950m: 10:56.58 35.42	1350m: 15:43.52 35.76			
	200m: 2:12.63 34.30	600m: 6:49.60 34.87	1000m: 11:32.02 35.44	1400m: 16:19.61 36.09			
	250m: 2:47.04 34.41	650m: 7:24.46 34.86	1050m: 12:08.33 36.31	1450m: 16:54.24 34.63			
	300m: 3:21.45 34.41	700m: 7:59.65 35.19	1100m: 12:44.10 35.77	1500m: 17:28.87 34.63			
	350m: 3:56.31 34.86	750m: 8:34.73 35.08	1150m: 13:19.92 35.82				
	400m: 4:31.01 34.70	800m: 9:10.10 35.37	1200m: 13:56.15 36.23				
10.	Narciso Daniel Correia	97	Braga	17:37.14	+0,56	565	
	50m: 31.45 31.45	450m: 5:12.02 35.16	850m: 9:54.52 35.26	1250m: 14:38.19 35.89			
	100m: 1:06.36 34.91	500m: 5:47.21 35.19	900m: 10:29.66 35.14	1300m: 15:14.22 36.03			
	150m: 1:41.39 35.03	550m: 6:22.86 35.65	950m: 11:04.73 35.07	1350m: 15:50.33 36.11			
	200m: 2:16.38 34.99	600m: 6:58.38 35.52	1000m: 11:40.97 36.24	1400m: 16:26.61 36.28			
	250m: 2:51.73 35.35	650m: 7:33.70 35.32	1050m: 12:16.83 35.86	1450m: 17:03.31 36.70			
	300m: 3:25.95 34.22	700m: 8:09.09 35.39	1100m: 12:52.34 35.51	1500m: 17:37.14 33.83			
	350m: 4:01.43 35.48	750m: 8:44.16 35.07	1150m: 13:27.20 34.86				
	400m: 4:36.86 35.43	800m: 9:19.26 35.10	1200m: 14:02.30 35.10				

Campeonato Nacional de Juvenis
Campeonato Absolutos de Portugal-OPEN
Oeiras, 26.7. - 29.7.2012

Prova 1, Masc., 1500m Livres, Juvenis B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
11.	Tiago Ribeiro Costa	97	Famalicao	17:40.11	+0,75	560	
	50m: 30.04 30.04	450m: 5:09.21 35.44	850m: 9:53.18 35.86	1250m: 14:39.39 36.30			
	100m: 1:03.40 33.36	500m: 5:44.75 35.54	900m: 10:28.78 35.60	1300m: 15:15.40 36.01			
	150m: 1:38.23 34.83	550m: 6:20.05 35.30	950m: 11:04.25 35.47	1350m: 15:52.14 36.74			
	200m: 2:13.12 34.89	600m: 6:55.43 35.38	1000m: 11:39.79 35.54	1400m: 16:28.67 36.53			
	250m: 2:48.44 35.32	650m: 7:30.92 35.49	1050m: 12:15.72 35.93	1450m: 17:05.14 36.47			
	300m: 3:23.41 34.97	700m: 8:06.28 35.36	1100m: 12:51.67 35.95	1500m: 17:40.11 34.97			
	350m: 3:58.54 35.13	750m: 8:41.79 35.51	1150m: 13:27.37 35.70				
	400m: 4:33.77 35.23	800m: 9:17.32 35.53	1200m: 14:03.09 35.72				
12.	Bruno Daniel Rodrigues	97	Braga	17:46.13	+0,81	551	
	50m: 31.36 31.36	450m: 5:15.12 35.90	850m: 10:02.42 36.23	1250m: 14:51.44 36.37			
	100m: 1:05.19 33.83	500m: 5:50.88 35.76	900m: 10:38.34 35.92	1300m: 15:27.34 35.90			
	150m: 1:41.00 35.81	550m: 6:26.51 35.63	950m: 11:14.54 36.20	1350m: 16:03.52 36.18			
	200m: 2:16.93 35.93	600m: 7:02.30 35.79	1000m: 11:50.55 36.01	1400m: 16:39.27 35.75			
	250m: 2:52.30 35.37	650m: 7:38.67 36.37	1050m: 12:26.79 36.24	1450m: 17:14.49 35.22			
	300m: 3:28.12 35.82	700m: 8:14.97 36.30	1100m: 13:02.80 36.01	1500m: 17:46.13 31.64			
	350m: 4:03.73 35.61	750m: 8:50.69 35.72	1150m: 13:39.03 36.23				
	400m: 4:39.22 35.49	800m: 9:26.19 35.50	1200m: 14:15.07 36.04				
13.	Daniel Francisco Mendonca	97	Braga	18:00.26	+0,98	529	
	FTL						
	50m: 31.68 31.68	450m: 5:17.26 35.88	850m: 10:06.39 36.26	1250m: 14:59.49 36.32			
	100m: 1:06.64 34.96	500m: 5:53.21 35.95	900m: 10:42.88 36.49	1300m: 15:36.09 36.60			
	150m: 1:41.96 35.32	550m: 6:29.11 35.90	950m: 11:19.41 36.53	1350m: 16:12.17 36.08			
	200m: 2:17.77 35.81	600m: 7:05.04 35.93	1000m: 11:56.00 36.59	1400m: 16:49.02 36.85			
	250m: 2:53.42 35.65	650m: 7:41.48 36.44	1050m: 12:32.79 36.79	1450m: 17:25.09 36.07			
	300m: 3:29.46 36.04	700m: 8:17.36 35.88	1100m: 13:09.86 37.07	1500m: 18:00.26 35.17			
	350m: 4:05.35 35.89	750m: 8:53.91 36.55	1150m: 13:46.18 36.32				
	400m: 4:41.38 36.03	800m: 9:30.13 36.22	1200m: 14:23.17 36.99				
14.	Nuno Valerio Silva	97	Nautico da Marinha Grande	18:13.86	+0,84	510	
	FTL						
	50m: 31.29 31.29	450m: 5:18.80 36.03	850m: 10:14.77 37.01	1250m: 15:11.08 36.96			
	100m: 1:06.51 35.22	500m: 5:55.87 37.07	900m: 10:52.17 37.40	1300m: 15:48.57 37.49			
	150m: 1:41.85 35.34	550m: 6:32.85 36.98	950m: 11:29.23 37.06	1350m: 16:24.90 36.33			
	200m: 2:18.07 36.22	600m: 7:10.11 37.26	1000m: 12:07.10 37.87	1400m: 17:01.91 37.01			
	250m: 2:53.78 35.71	650m: 7:46.62 36.51	1050m: 12:43.41 36.31	1450m: 17:38.75 36.84			
	300m: 3:29.88 36.10	700m: 8:23.93 37.31	1100m: 13:20.22 36.81	1500m: 18:13.86 35.11			
	350m: 4:05.88 36.00	750m: 9:01.08 37.15	1150m: 13:56.99 36.77				
	400m: 4:42.77 36.89	800m: 9:37.76 36.68	1200m: 14:34.12 37.13				
15.	Ruben Jose Morim	97	Vilacondense	18:20.91	+0,76	500	
	FTL						
	50m: 31.37 31.37	450m: 5:19.15 36.50	850m: 10:15.14 37.57	1250m: 15:15.07 37.66			
	100m: 1:06.39 35.02	500m: 5:55.91 36.76	900m: 10:52.36 37.22	1300m: 15:51.91 36.84			
	150m: 1:41.89 35.50	550m: 6:33.43 37.52	950m: 11:29.99 37.63	1350m: 16:29.91 38.00			
	200m: 2:18.10 36.21	600m: 7:10.42 36.99	1000m: 12:07.26 37.27	1400m: 17:07.04 37.13			
	250m: 2:54.01 35.91	650m: 7:47.45 37.03	1050m: 12:45.31 38.05	1450m: 17:44.49 37.45			
	300m: 3:29.89 35.88	700m: 8:23.92 36.47	1100m: 13:22.17 36.86	1500m: 18:20.91 36.42			
	350m: 4:06.33 36.44	750m: 9:01.80 37.88	1150m: 13:59.83 37.66				
	400m: 4:42.65 36.32	800m: 9:37.57 35.77	1200m: 14:37.41 37.58				

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Prova 1, Masc., 1500m Livres, Juvenis B

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
16.	Pedro Manuel Silva <i>FTL</i>	97	Ginasio de Santo Tirso	18:25.06	+0,73	494	
	50m: 29.97 29.97	450m: 5:22.38 37.66	850m: 10:21.75 36.87	1250m: 15:21.26 37.38			
	100m: 1:04.34 34.37	500m: 6:00.06 37.68	900m: 10:58.70 36.95	1300m: 15:58.28 37.02			
	150m: 1:40.63 36.29	550m: 6:36.63 36.57	950m: 11:36.28 37.58	1350m: 16:35.34 37.06			
	200m: 2:17.49 36.86	600m: 7:14.23 37.60	1000m: 12:14.16 37.88	1400m: 17:11.91 36.57			
	250m: 2:53.95 36.46	650m: 7:51.92 37.69	1050m: 12:51.52 37.36	1450m: 17:49.21 37.30			
	300m: 3:31.08 37.13	700m: 8:29.47 37.55	1100m: 13:29.06 37.54	1500m: 18:25.06 35.85			
	350m: 4:08.22 37.14	750m: 9:07.22 37.75	1150m: 14:06.43 37.37				
	400m: 4:44.72 36.50	800m: 9:44.88 37.66	1200m: 14:43.88 37.45				