



Campeonato Nacional Clubes 1 e 2 Divisao
Mealhada, 17- - 18-12-2011

Prova 52 Masc., 400m Estilos Absoluto
18-12-2011 1ª Divisão Resultados

Rec. Nac. 25m Absoluto	4:06.83	Diogo Filipe Carvalho	FPN	Istambul (TUR)	11-12-2009
Rec. Nac. 25m Inf B	4:53.36	Tomas Miguel Freitas	POL	Funchal	11-07-2003
Rec. Nac. 25m Inf A	4:40.32	Tomas Miguel Freitas	CDN	Funchal	09-07-2004
Rec. Nac. 25m Juv B	4:35.02	Diogo Filipe Carvalho	CGA	Braga	21-03-2003
Rec. Nac. 25m Juv A	4:28.27	Diogo Filipe Carvalho	CGA	Penafiel	19-03-2004
Rec. Nac. 25m Jun	4:20.95	Adriano Miguel Niz	FPN	Dublin (IRL)	12-12-2003
Rec. Nac. 25m Sen	4:06.83	Diogo Filipe Carvalho	FPN	Istambul (TUR)	11-12-2009

Pontos: FINA 2011

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts	Pts
1.	Pedro Miguel Pinotes	89	Sporting	4:21.18	+0,76	733		9
	50m: 27.58 27.58	150m: 1:32.02 32.90	250m: 2:41.54 35.95	350m: 3:50.78 32.64				
	100m: 59.12 31.54	200m: 2:05.59 33.57	300m: 3:18.14 36.60	400m: 4:21.18 30.40				
2.	Miguel Silva Oliveira	91	Nautico/Matobra	4:24.30	+0,77	707		7
	50m: 27.46 27.46	150m: 1:33.59 34.63	250m: 2:44.93 36.94	350m: 3:53.61 31.37				
	100m: 58.96 31.50	200m: 2:07.99 34.40	300m: 3:22.24 37.31	400m: 4:24.30 30.69				
3.	Andre Bras Goncalves	88	Amadora	4:27.22	+0,73	684		6
	50m: 27.35 27.35	150m: 1:33.82 34.54	250m: 2:45.51 36.35	350m: 3:55.44 32.09				
	100m: 59.28 31.93	200m: 2:09.16 35.34	300m: 3:23.35 37.84	400m: 4:27.22 31.78				
4.	Tomas Correia Silva	95	Porto	4:28.05	+0,74	678		5
	50m: 28.97 28.97	150m: 1:37.32 34.95	250m: 2:50.07 37.79	350m: 3:58.27 30.99				
	100m: 1:02.37 33.40	200m: 2:12.28 34.96	300m: 3:27.28 37.21	400m: 4:28.05 29.78				
5.	Jorge Manuel Maia	89	Famalicao	4:30.03	+0,77	663		4
	50m: 27.73 27.73	150m: 1:34.83 35.29	250m: 2:49.12 40.05	350m: 4:00.79 31.13				
	100m: 59.54 31.81	200m: 2:09.07 34.24	300m: 3:29.66 40.54	400m: 4:30.03 29.24				
6.	Henrique Pereira Neiva	84	Vilacondense	4:30.88	+0,89	657		3
	50m: 28.26 28.26	150m: 1:36.69 36.00	250m: 2:49.40 37.15	350m: 3:59.98 32.59				
	100m: 1:00.69 32.43	200m: 2:12.25 35.56	300m: 3:27.39 37.99	400m: 4:30.88 30.90				
7.	Filipe Vieira Malheiro	90	Braga	4:35.90	+0,76	621		2
	50m: 28.16 28.16	150m: 1:36.92 35.82	250m: 2:52.64 40.02	350m: 4:04.79 30.90				
	100m: 1:01.10 32.94	200m: 2:12.62 35.70	300m: 3:33.89 41.25	400m: 4:35.90 31.11				
8.	Joao Paulo Ribeiro	92	Bairro dos Anjos/Mr.Pizza	4:46.22	+0,69	557		1
	50m: 28.40 28.40	150m: 1:39.07 37.24	250m: 2:55.65 40.29	350m: 4:12.74 35.12				
	100m: 1:01.83 33.43	200m: 2:15.36 36.29	300m: 3:37.62 41.97	400m: 4:46.22 33.48				