



Campeonato Nacional Clubes 4ª Divisão
Cantanhede, 10- - 11-12-2011

Prova 4
10-12-2011 - 9:55

Femin., 200m Bruços

Absoluto
Resultados

Rec. Nac. 25m Absoluto	2:25.87	Diana Duarte GOMES	CNA	S. António Cavaleiros	20-12-2009
Rec. Nac. 25m Inf B	2:46.41	tempo limite			
Rec. Nac. 25m Inf A	2:42.50	Filipa Vilas RUIVO	DNMG	Nazaré	22-05-2010
Rec. Nac. 25m Juv	2:34.51	Diana Duarte GOMES	ABVE	Reboleira	28-06-2003
Rec. Nac. 25m Jun	2:29.56	Ana Rita SANTOS	FPN	Dublin (IRL)	13-12-2003
Rec. Nac. 25m Sen	2:25.87	Diana Duarte GOMES	CNA	S. António Cavaleiros	20-12-2009

Pontos: FINA 2011

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts	Pts
Absolutos								
1.	Ana Pinho RODRIGUES	94	Estamos Juntos	2:37.09	+0,76	628	25	
	50m: 34.44 34.44	100m: 1:14.52 40.08	150m: 1:55.25 40.73	200m: 2:37.09			41.84	
2.	Joana Filipa MARQUES	95	Bombeiros Ponta Delgada	2:46.98	+0,84	523	23	
	50m: 37.66 37.66	100m: 1:20.78 43.12	150m: 2:04.31 43.53	200m: 2:46.98			42.67	
3.	Monica Moreira LANZINHA	95	Electrico Clube	2:48.48	+0,84	509	22	
	50m: 38.09 38.09	100m: 1:21.15 43.06	150m: 2:04.96 43.81	200m: 2:48.48			43.52	
4.	Mariana Manhita CORREIA	98	Tavira Natacao	2:52.75	+0,79	472	21	
	50m: 38.27 38.27	100m: 1:21.43 43.16	150m: 2:06.98 45.55	200m: 2:52.75			45.77	
5.	Ana Catarina SERRA	95	Natacao do Tejo	2:54.89	+0,88	455	20	
	50m: 41.17 41.17	100m: 1:25.37 44.20	150m: 2:10.03 44.66	200m: 2:54.89			44.86	
6.	Mafalda Alexandra HENRIQUES	95	Colegio Monte Maior	2:55.70		449	19	
	50m: 39.54 39.54	100m: 1:24.29 44.75	150m: 2:09.77 45.48	200m: 2:55.70			45.93	
7.	Beatriz Gameiro MATIAS	97	Nucleo de Pombal	2:56.53	+0,91	442	18	
	50m: 39.81 39.81	100m: 1:24.53 44.72	150m: 2:09.98 45.45	200m: 2:56.53			46.55	
8.	Carolina Conceicao PAIS	97	Colegio SMLamas	2:56.57	+1,17	442	17	
	50m: 40.82 40.82	100m: 1:25.35 44.53	150m: 2:11.02 45.67	200m: 2:56.57			45.55	
9.	Ana Filipa GONCALVES	92	Interior Norte	2:58.37	+0,98	429	16	
	50m: 40.04 40.04	100m: 1:25.35 45.31	150m: 2:11.93 46.58	200m: 2:58.37			46.44	
10.	Carolina Santos MACHADO	95	Gafanha da Encarnacao	2:59.98	+0,94	417	15	
	50m: 41.23 41.23	100m: 1:26.40 45.17	150m: 2:13.65 47.25	200m: 2:59.98			46.33	
11.	Margarida Pamplona EVANGELHO	99	Nucleo Sportinguista Terceira	3:01.89	+0,96	404	14	
	50m: 41.23 41.23	100m: 1:27.77 46.54	150m: 2:15.52 47.75	200m: 3:01.89			46.37	
12.	Mariana Domingues PAZ	98	Miranda do Corvo	3:02.02	+1,05	404	13	
	50m: 41.68 41.68	100m: 1:28.66 46.98	150m: 2:16.02 47.36	200m: 3:02.02			46.00	
13.	Ana Raquel ALBUQUERQUE	95	Sporting de Aveiro	3:02.90	+0,94	398	12	
	50m: 41.53 41.53	100m: 1:27.72 46.19	150m: 2:15.42 47.70	200m: 3:02.90			47.48	
14.	Ana Rita NUNES	97	Alges e Agueda	3:03.42	+0,95	394	11	
	50m: 41.64 41.64	100m: 1:27.99 46.35	150m: 2:15.64 47.65	200m: 3:03.42			47.78	
15.	Ines Sofia BORBA	97	Litoral Alentejano	3:04.61	+0,82	387	10	
	50m: 41.70 41.70	100m: 1:29.13 47.43	150m: 2:16.66 47.53	200m: 3:04.61			47.95	
16.	Ines Maria RIBEIRO	94	CLAC-Entroncamento	3:05.01	+0,83	384	9	
	50m: 41.37 41.37	100m: 1:28.37 47.00	150m: 2:17.47 49.10	200m: 3:05.01			47.54	
17.	Isabel Reis SILVA	96	Terceira Auto Clube	3:07.46	+0,90	369	8	
	50m: 41.52 41.52	100m: 1:29.48 47.96	150m: 2:18.96 49.48	200m: 3:07.46			48.50	



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Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts	Pts
18.	Ana Carolina ALARICO	94	Nucleo Sportinguista Golegã	3:10.45	+0,94	352	7	
	50m: 42.17 42.17	100m: 1:30.48 48.31	150m: 2:20.31 49.83	200m: 3:10.45 50.14				
19.	Luisa Filipa MAIA	96	Associacao CADES	3:12.54	+1,00	341	6	
	50m: 42.18 42.18	100m: 1:30.22 48.04	150m: 2:20.62 50.40	200m: 3:12.54 51.92				
20.	Catarina Goncalves TREZEN	98	Gualdim Pais	3:17.70	+0,99	315	5	
	50m: 43.84 43.84	100m: 1:34.84 51.00	150m: 2:26.90 52.06	200m: 3:17.70 50.80				
21.	Francisca Goncalves ABREU	96	Elvense	3:22.05	+1,11	295	4	
	50m: 44.33 44.33	100m: 1:35.32 50.99	150m: 2:28.96 53.64	200m: 3:22.05 53.09				
22.	Mariana David CAEIRO	96	Salvaterra Magos	3:29.77	+0,91	264	3	
	50m: 45.31 45.31	100m: 1:37.96 52.65	150m: 2:33.32 55.36	200m: 3:29.77 56.45				
23.	Barbara Gomes COCHICHO	96	Estremoz/Estremozcarnes	3:30.68	+0,98	260	2	
	50m: 45.68 45.68	100m: 1:38.22 52.54	150m: 2:33.48 55.26	200m: 3:30.68 57.20				
24.	Francisca Maria LOPES	96	Desportiva Limiana	3:33.49	+0,87	250	1	
	50m: 43.83 43.83	100m: 1:35.99 52.16	150m: 2:33.07 57.08	200m: 3:33.49 1:00.42				