



Campeonato Nacional Clubes 4ª Divisão
Cantanhede, 10- - 11-12-2011

Prova 10
10-12-2011 - 11:00

Femin., 200m Estilos

Absoluto
Resultados

Rec. Nac. 25m Absoluto	2:14.94	Maria Carolina ROSA	SCP	S. António Cavaleiros	19-12-2009
Rec. Nac. 25m Inf B	2:30.96	Filipa Vilas RUIVO	DNMG	Alcobaça	13-06-2009
Rec. Nac. 25m Inf A	2:25.08	Ines Camacho FERNANDES	SCP	Tavira	06-03-2010
Rec. Nac. 25m Juv	2:20.93	Susana Patricia MIGUEL	SFUAP	Penafiel	20-03-2004
Rec. Nac. 25m Jun	2:14.94	Maria Carolina ROSA	SCP	S. António Cavaleiros	19-12-2009
Rec. Nac. 25m Sen	2:16.30	Diana Duarte GOMES	CNA	Leiria	05-12-2009

Pontos: FINA 2011

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts	Pts
Absolutos								
1.	Ana Pinho RODRIGUES	94	Estamos Juntos	2:26.15	+0,79	619	25	
	50m: 30.48 30.48	100m: 1:09.83 39.35	150m: 1:51.52 41.69	200m: 2:26.15			34.63	
2.	Mafalda Fraga FRAGOSO	94	Bombeiros Ponta Delgada	2:31.53	+0,87	555	23	
	50m: 31.52 31.52	100m: 1:09.48 37.96	150m: 1:54.46 44.98	200m: 2:31.53			37.07	
3.	Catarina Vilhena GREGORIO	96	CLAC-Entroncamento	2:35.14	+0,78	518	22	
	50m: 32.39 32.39	100m: 1:12.16 39.77	150m: 1:57.25 45.09	200m: 2:35.14			37.89	
4.	Catia Alexandra BATISTA	96	Colegio SMLamas	2:36.78	+0,86	501	21	
	50m: 33.10 33.10	100m: 1:14.36 41.26	150m: 1:59.55 45.19	200m: 2:36.78			37.23	
5.	Ana Filipa GONCALVES	92	Interior Norte	2:37.15	+0,96	498	20	
	50m: 34.73 34.73	100m: 1:15.33 40.60	150m: 2:01.19 45.86	200m: 2:37.15			35.96	
6.	Monica Moreira LANZINHA	95	Electrico Clube	2:38.32	+0,84	487	19	
	50m: 35.01 35.01	100m: 1:17.53 42.52	150m: 2:01.84 44.31	200m: 2:38.32			36.48	
7.	Maria Clara MARQUES	94	Litoral Alentejano	2:38.40	+0,88	486	18	
	50m: 33.16 33.16	100m: 1:16.17 43.01	150m: 2:02.04 45.87	200m: 2:38.40			36.36	
8.	Viviana Sofia PINTO	98	Desportiva Limiana	2:39.91	+0,84	473	17	
	50m: 34.27 34.27	100m: 1:15.38 41.11	150m: 2:03.45 48.07	200m: 2:39.91			36.46	
9.	Ana Mafalda SILVA	97	Terceira Auto Clube	2:40.09	+0,81	471	16	
	50m: 36.06 36.06	100m: 1:16.40 40.34	150m: 2:02.31 45.91	200m: 2:40.09			37.78	
10.	Filipa Andreia COSTA	98	Colegio Monte Maior	2:41.29	+0,86	461	15	
	50m: 34.40 34.40	100m: 1:16.85 42.45	150m: 2:05.93 49.08	200m: 2:41.29			35.36	
11.	Ana Rita FERREIRA	92	Nucleo Sportinguista Golega	2:41.86	+0,86	456	14	
	50m: 35.02 35.02	100m: 1:16.13 41.11	150m: 2:05.86 49.73	200m: 2:41.86			36.00	
12.	Mariana Manhita CORREIA	98	Tavira Natacao	2:41.89	+0,81	455	13	
	50m: 35.65 35.65	100m: 1:19.40 43.75	150m: 2:03.16 43.76	200m: 2:41.89			38.73	
13.	Renata Castro GONCALVES	96	Sporting de Aveiro	2:42.95	+0,88	447	12	
	50m: 34.59 34.59	100m: 1:16.55 41.96	150m: 2:05.46 48.91	200m: 2:42.95			37.49	
14.	Carolina Santos MACHADO	95	Gafanha da Encarnacao	2:43.06	+0,92	446	11	
	50m: 36.58 36.58	100m: 1:20.64 44.06	150m: 2:05.45 44.81	200m: 2:43.06			37.61	
15.	Ines Margarida RIBEIRO	97	Alges e Agueda	2:43.39	+0,82	443	10	
	50m: 34.84 34.84	100m: 1:16.92 42.08	150m: 2:07.21 50.29	200m: 2:43.39			36.18	
16.	Ana Catarina TRAVESSA	96	Salvaterra Magos	2:44.76	+0,80	432	9	
	50m: 35.74 35.74	100m: 1:19.60 43.86	150m: 2:06.45 46.85	200m: 2:44.76			38.31	
17.	Cristiana Andreia LIMA	95	Nucleo de Pombal	2:46.10	+0,92	422	8	
	50m: 34.74 34.74	100m: 1:18.28 43.54	150m: 2:10.60 52.32	200m: 2:46.10			35.50	



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Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts	Pts
18.	Mariana Domingues PAZ	98	Miranda do Corvo	2:47.48	+1,03	411	7	
	50m: 38.40 38.40	100m: 1:22.68 44.28	150m: 2:07.80 45.12	200m: 2:47.48		39.68		
19.	Margarida Pamplona EVANGELHO	99	Nucleo Sportinguista Terceira	2:49.62	+0,91	396	6	
	50m: 38.49 38.49	100m: 1:23.14 44.65	150m: 2:09.12 45.98	200m: 2:49.62		40.50		
20.	Ines Filipa FERREIRA	97	Elvense	2:51.95	+0,91	380	5	
	50m: 37.07 37.07	100m: 1:20.06 42.99	150m: 2:12.41 52.35	200m: 2:51.95		39.54		
21.	Andreia Filipa SEQUEIRA	98	Estremoz/Estremozcarnes	2:54.76	+0,94	362	4	
	50m: 35.53 35.53	100m: 1:19.60 44.07	150m: 2:11.16 51.56	200m: 2:54.76		43.60		
22.	Ines Carolina SOARES	98	Associacao CADES	2:56.95	+1,03	349	3	
	50m: 38.74 38.74	100m: 1:24.59 45.85	150m: 2:17.27 52.68	200m: 2:56.95		39.68		
23.	Sofia Leonor COSTA	96	Natacao do Tejo	2:58.26	+0,96	341	2	
	50m: 35.69 35.69	100m: 1:21.50 45.81	150m: 2:13.96 52.46	200m: 2:58.26		44.30		
24.	Filipa Robert RENTE	96	Gualdim Pais	3:00.02		331	1	
	50m: 37.83 37.83	100m: 1:24.40 46.57	150m: 2:18.18 53.78	200m: 3:00.02		41.84		