

Campeonato Nacional Clubes 3ª Divisão
 Cantanhede, 10- - 11-12-2011

Prova 6	Femin., 100m Livres					Absoluto
10-12-2011 - 16:40						Resultados
Rec. Nac. 25m Absoluto	55.43	Patricia Vilas CONCEICAO	CNA	S. António Cavaleiros	20-12-2009	
Rec. Nac. 25m Inf B	1:01.63	Ines Camacho FERNANDES	SCP	Lisboa	05-04-2009	
Rec. Nac. 25m Inf A	59.20	Ines Camacho FERNANDES	SCP	Tavira	07-03-2010	
Rec. Nac. 25m Juv	59.70	Harriet Larcher SMITH	CFB	Setubal	28-02-2003	
Rec. Nac. 25m Jun	56.78	Maria Carolina ROSA	SCP	Leiria	04-12-2009	
Rec. Nac. 25m Sen	55.43	Patricia Vilas CONCEICAO	CNA	S. António Cavaleiros	20-12-2009	

Pontos: FINA 2011

Lugar	Ano		Tempo final	Pts	50m	100m
Absoluto						
1.	94	Marisa Alexandra LAGE Viana Natacao	59.50	630	28.48	31.02
2.	97	Ana Filipa MARTINS Foca	1:00.99	585	29.18	31.81
3.	96	Carolina Saraiva PIRES Lisnave	1:01.59	568	30.16	31.43
4.	93	Paula Cristina MELO Natacao de Faro	1:01.94	558	29.65	32.29
5.	95	Sofia Prates SILVESTRE Naval Amorense	1:02.02	556	29.53	32.49
6.	95	Sofia Isabel TEIXEIRA Beja	1:02.37	547	29.71	32.66
7.	96	Florbelia Cavaco MACHADO SCC/Oryzon Energias	1:02.75	537	30.35	32.40
8.	97	Lais Domingues VELHA Galitos	1:03.63	515	30.66	32.97
9.	95	Mafalda Jesus PEREIRA Natacao do Montijo	1:03.96	507	30.86	33.10
10.	90	Maria Joao JOSE Ginasio de Santo Tirso	1:04.33	498	31.34	32.99
11.	97	Laura Miranda ROSADO Aminata	1:04.42	496	30.98	33.44
12.	98	Helena Rafaela TOME Alhandra	1:04.55	493	31.11	33.44
13.	94	Bruna Miguel PEREIRA Academica de Coimbra	1:04.71	489	30.88	33.83
14.	97	Maria Miguel OLIVEIRA Natacao da Maia	1:04.73	489	30.86	33.87
15.	96	Ines Simoes RODRIGUES Scalabisport	1:05.33	476	31.18	34.15
16.	94	Maria Lima RODRIGUES Desportiva de Viana	1:05.92	463	31.13	34.79
17.	95	Maria Joao OLIVEIRA Sporting de Espinho	1:06.85	444	31.61	35.24
18.	97	Mara Casimiro RIBEIRO Alcobaca	1:07.40	433	32.23	35.17
19.	93	Isabel Rovisco MONTEIRO Fafe	1:07.62	429	31.63	35.99
20.	96	Mariana Anastacio CRUZ Torres Novas	1:07.74	427	31.84	35.90
21.	95	Mariana Costa SEBASTIAO Ginasio Figueirense	1:08.29	416	32.27	36.02
22.	96	Patricia Sousa PAULO Benedita	1:08.70	409	32.58	36.12
23.	97	Ana Catarina OLIVEIRA Feirense	1:12.05	354	34.03	38.02
24.	98	Cassandra Pereira MACATRAO Naval da Nazare	1:17.24	288	36.70	40.54

Seniores

1.	94	Marisa Alexandra LAGE Viana Natacao	59.50	630	28.48	31.02
2.	93	Paula Cristina MELO Natacao de Faro	1:01.94	558	29.65	32.29
3.	95	Sofia Prates SILVESTRE Naval Amorense	1:02.02	556	29.53	32.49
4.	95	Sofia Isabel TEIXEIRA Beja	1:02.37	547	29.71	32.66
5.	95	Mafalda Jesus PEREIRA Natacao do Montijo	1:03.96	507	30.86	33.10
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9.	95	Maria Joao OLIVEIRA Sporting de Espinho	1:06.85	444	31.61	35.24
10.	93	Isabel Rovisco MONTEIRO Fafe	1:07.62	429	31.63	35.99
11.	95	Mariana Costa SEBASTIAO Ginasio Figueirense	1:08.29	416	32.27	36.02

Merry Christmas

Happy
New Year
2012



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Prova 6, Femin., 100m Livres

Juniores

1.	Ana Filipa MARTINS	97	Foca	1:00.99	585	29.18	31.81
2.	Carolina Saraiva PIRES	96	Lisnave	1:01.59	568	30.16	31.43
3.	Florbela Cavaco MACHADO	96	SCC/Oryzon Energias	1:02.75	537	30.35	32.40
4.	Lais Domingues VELHA	97	Galitos	1:03.63	515	30.66	32.97
5.	Laura Miranda ROSADO	97	Aminata	1:04.42	496	30.98	33.44
6.	Maria Miguel OLIVEIRA	97	Natacao da Maia	1:04.73	489	30.86	33.87
7.	Ines Simoes RODRIGUES	96	Scalabisport	1:05.33	476	31.18	34.15
8.	Mara Casimiro RIBEIRO	97	Alcobaca	1:07.40	433	32.23	35.17
9.	Mariana Anastacio CRUZ	96	Torres Novas	1:07.74	427	31.84	35.90
10.	Patricia Sousa PAULO	96	Benedita	1:08.70	409	32.58	36.12
11.	Ana Catarina OLIVEIRA	97	Feirense	1:12.05	354	34.03	38.02

Juvenis

1.	Helena Rafaela TOME	98	Alhandra	1:04.55	493	31.11	33.44
2.	Cassandra Pereira MACATRA	98	Naval da Nazare	1:17.24	288	36.70	40.54