

Campeonato Nacional Clubes 3ª Divisão
 Cantanhede, 10- - 11-12-2011

Prova 24	Femin., 4 x 100m Livres					Absoluto
11-12-2011 - 17:35						Resultados
Rec. Nac. 25m Absoluto	3:44.99	Futebol Clube do Porto/Dolce Vita	FCP	Porto		04-12-2010
Rec. Nac. 25m Inf B	4:20.86	tempo limite				
Rec. Nac. 25m Inf A	4:15.30	Grupo Desp. Natacao V. N. Famalicao	DNVNF	Viseu		13-03-2011
Rec. Nac. 25m Juv	4:08.36	Sporting Clube de Portugal	SCP	Guimarães		10-03-2002
Rec. Nac. 25m Jun	3:56.01	Sporting Clube de Portugal	SCP	Leiria		06-12-2009
Rec. Nac. 25m Sen	3:44.99	Futebol Clube do Porto/Dolce Vita	FCP	Porto		04-12-2010

Pontos: FINA 2011

Lugar	Clube	Tempo Final	TReac	Pts FINA	Pts	Pts
1.	SCC/Oryzon Energias	4:03.07	+0.91	628	25	
	<i>Recorde Nacional primeiro percurso (100m)</i>					
	Mariana Cunha GUERRA	+0.91	28.60	59.33	Florbela Cavaco MACHADO	+0.64 29.57 1:01.18
	Maria Malaguerra COSTA	+0.67	28.45	59.13	Vanessa Branco MACHADO	+0.62 30.28 1:03.43
2.	Viana Natacao	4:04.63	+0.84	616	23	
	Marisa Alexandra LAGE	+0.84	28.97	1:00.21	Ana Filipa TEIXEIRA	+0.44 28.45 1:01.13
	Luana Raquel ALVES	+0.60	30.28	1:03.08	Vania Soares NEVES	+0.33 28.69 1:00.21
3.	Naval Amorense	4:06.98	+0.68	599	22	
	Patricia Miguel MENDES	+0.68	29.14	1:01.14	Tania Filipa HENRIQUES	+0.45 28.84 1:01.19
	Carolina Madeira SANTOS	+0.41	29.87	1:02.80	Sofia Prates SILVESTRE	+0.42 29.22 1:01.85
4.	Foca	4:07.79	+0.78	593	21	
	Diana Margarida DURAES	+0.78	28.76	1:00.19	Ana Isabel CUNHA	+0.60 30.61 1:03.97
	Sofia Cunha SOUSA	+0.62	30.38	1:03.18	Ana Filipa MARTINS	+0.41 28.59 1:00.45
5.	Lisnave	4:14.08	+0.83	550	20	
	Carolina Saraiva PIRES	+0.83	29.87	1:01.83	Sara Sa ESPADILHA	+0.54 31.53 1:05.96
	Cristiana Silva ULPIANO	+0.44	29.69	1:03.01	Filipa Silva CRUZ	+0.31 30.11 1:03.28
6.	Beja	4:14.97	+0.85	544	19	
	Joana Isabel LAMPREIA	+0.85	29.94	1:01.93	Ana Margarida TEIXEIRA	+0.47 31.59 1:05.78
	Sofia Isabel TEIXEIRA	+0.37	29.96	1:03.06	Ana Paula GRILO	+0.52 30.84 1:04.20
7.	Natacao de Faro	4:16.01	+0.98	538	18	
	Andreia Brito COSTA	+0.98	29.74	1:02.57	Ines Silva MARTINS	+0.44 30.27 1:04.59
	Paula Cristina MELO	+0.34	29.45	1:02.26	Rita Figueiredo ALMEIDA	+0.50 31.36 1:06.59
8.	Galitos	4:16.07	+1.00	537	17	
	Maria Teresa MARTINS	+1.00	30.22	1:03.68	Lais Domingues VELHA	+0.54 30.87 1:04.52
	Leonor Figo ROCHA	+0.40	32.64	1:06.59	Ana Margarida RODRIGUES	+0.56 29.38 1:01.28
9.	Desportiva de Viana	4:17.03	+0.74	531	16	
	Filipa Mendes PINHEIRO	+0.74	29.94	1:03.07	Juliana Lima FREIXO	+0.63 31.18 1:05.04
	Maria Lima RODRIGUES	+0.41	30.52	1:04.83	Flavia Daniela GONCALVES	+0.53 30.27 1:04.09
10.	Academica de Coimbra	4:17.54	+0.90	528	15	
	Bruna Miguel PEREIRA	+0.90	31.10	1:05.09	Susana Patricia MIGUEL	+0.38 29.79 1:02.59
	Ana Rita ARTUR	+0.47	30.36	1:04.23	Ana Filipa LEITE	+0.56 30.69 1:05.63
11.	Scalabisport	4:18.53	+0.73	522	14	
	Marta Filipa VINAGRE	+0.73	29.62	1:02.38	Julia Matos LOPES	+0.41 29.82 1:01.62
	Sara Margarida BENTO	+0.72	32.09	1:07.94	Catarina Ramos MOURA	+0.77 31.44 1:06.59
12.	Sporting de Espinho	4:20.63	+0.80	509	13	
	Teresa Manuela AIRES	+0.80	29.82	1:02.80	Ines Manuela FREITAS	+0.54 30.74 1:05.71
	Carla Sofia CRUZ	+0.70	31.40	1:06.14	Maria Joao OLIVEIRA	+0.41 30.80 1:05.98

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Lugar	Clube	Tempo Final	TReac	Pts FINA	Pts	Pts
13.	Ginasio de Santo Tirso	4:21.01	+0.83	507	12	
	Rute Sofia TEIXEIRA	+0.83 30.88 1:04.85		+0.62 30.60	1:04.47	
	Ana Paula ARAUJO	+0.69 32.30 1:06.88		+0.57 30.81	1:04.81	
14.	Natacao da Maia	4:22.19	+0.71	500	11	
	Carolina Santos SILVA	+0.71 30.08 1:03.06		+0.31 32.07	1:07.69	
	Maria Miguel OLIVEIRA	+0.70 31.38 1:05.19		+0.22 31.83	1:06.25	
15.	Ginasio Figueirense	4:22.22	+0.88	500	10	
	Margarida Peixoto PELAIO	+0.88 31.50 1:04.81		+0.49 32.07	1:06.54	
	Mariana Costa SEBASTIAO	+0.50 32.55 1:08.75		+0.56 30.11	1:02.12	
16.	Aminata	4:22.54	+0.77	498	9	
	Claudia Almeida COSTA	+0.77 30.67 1:04.36		+0.52 31.86	1:06.78	
	Laura Miranda ROSADO	+0.61 31.11 1:05.55		+0.39 31.83	1:05.85	
17.	Benedita	4:24.29	+0.88	489	8	
	Isa Morais PENAS	+0.88 31.32 1:06.26		+0.54 32.66	1:08.67	
	Filipa Vicente CUSTOIAS	+0.32 29.67 1:01.84		+0.01 32.01	1:07.52	
18.	Alhandra	4:27.70	+0.82	470	7	
	Vanessa Carolina VALENTE	+0.82 30.68 1:03.68		+0.44 31.94	1:07.52	
	Carolina Louro PINHEIRO	+0.55 33.25 1:11.47		+0.46 30.92	1:05.03	
19.	Torres Novas	4:29.15	+0.84	463	6	
	Mariana Anastacio CRUZ	+0.84 32.48 1:08.68		+0.70 33.65	1:09.91	
	Soraya Dea MATIAS	+0.27 31.66 1:07.22		+0.51 30.46	1:03.34	
20.	Fafe	4:31.38	+1.01	451	5	
	Ana Beatriz MEIRELES	+1.01 32.71 1:09.02		+0.74 32.70	1:08.05	
	Ines Evangelista BASTOS	+0.55 31.55 1:07.24		+0.36 31.16	1:07.07	
21.	Feirense	4:33.17	+0.90	442	4	
	Ana Catarina OLIVEIRA	+0.90 33.80 1:11.73		+0.48 33.49	1:10.43	
	Patricia Fonseca SILVA	+0.42 32.12 1:08.75		+0.31 29.72	1:02.26	
22.	Natacao do Montijo	4:35.45	+0.96	431	3	
	Barbara Rodrigues PEREIRA	+0.96 32.66 1:09.08		+0.50 33.74	1:10.66	
	Mafalda Jesus PEREIRA	+0.75 30.77 1:04.52		+0.65 34.34	1:11.19	
23.	Naval da Nazare	4:41.67	+0.92	403	2	
	Ines Serra DUARTE	+0.92 31.62 1:06.51		+0.72 35.87	1:15.15	
	Barbara Amaro CEREJO	+0.55 34.54 1:13.65		+0.65 31.61	1:06.36	
24.	Alcobaca	4:53.29	+0.83	357	1	
	Cristiana Vanessa MALHO	+0.83 34.28 1:12.22		35.95	1:13.09	
	Matilde Correia VIEIRA	+0.82 34.08 1:10.52		+0.69 37.01	1:17.46	