

Campeonato Nacional Clubes 3ª Divisão
 Cantanhede, 10- - 11-12-2011

Prova 21	Masc., 200m Costas				Absoluto
11-12-2011 - 16:55					Resultados
Rec. Nac. 25m Absoluto	1:55.92	Adriano Miguel NIZ	FPN	Istambul (TUR)	10-12-2009
Rec. Nac. 25m Inf B	2:18.15	Alexandre Lages RIBAS	EDV	Ponte da Barca	03-07-2010
Rec. Nac. 25m Inf A	2:12.39	Rodrigo Silverio CARMO	CNCVG	Algés	12-06-2010
Rec. Nac. 25m Juv B	2:07.15	Pedro Diogo OLIVEIRA	CNRM	Tomar	11-05-2003
Rec. Nac. 25m Juv A	2:01.43	Diogo Gomes SOUSA	CNCVG	Algés	04-06-2011
Rec. Nac. 25m Jun	1:58.37	Adriano Miguel NIZ	CFV	Figueira da Foz	03-07-2004
Rec. Nac. 25m Sen	1:55.92	Adriano Miguel NIZ	FPN	Istambul (TUR)	10-12-2009

Pontos: FINA 2011

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts	Pts
Absoluto								
1.	David Miguel LEIRIA	93	Naval Amorense	2:06.36	+0,66	592		25
	50m: 29.35 29.35		100m: 1:01.71 32.36	150m: 1:33.86 32.15	200m: 2:06.36	32.50		
2.	Filipe Maria FERREIRA	95	Natacao de Olhao	2:09.07	+0,59	555		23
	50m: 30.02 30.02		100m: 1:03.02 33.00	150m: 1:36.11 33.09	200m: 2:09.07	32.96		
3.	Rodrigo Silverio CARMO	96	Colegio Vasco da Gama	2:09.51	+0,62	549		22
	50m: 29.94 29.94		100m: 1:02.45 32.51	150m: 1:35.74 33.29	200m: 2:09.51	33.77		
4.	Ivo Andre LOPES	94	Scalabisport	2:10.18	+0,72	541		21
	50m: 31.27 31.27		100m: 1:04.43 33.16	150m: 1:37.05 32.62	200m: 2:10.18	33.13		
5.	Dario Almeida SANTOS	93	Leixoes	2:11.61	+0,75	524		20
	50m: 30.77 30.77		100m: 1:03.97 33.20	150m: 1:37.55 33.58	200m: 2:11.61	34.06		
6.	Tiago Manuel TEIXEIRA	96	Fafe	2:11.93	+0,62	520		19
	50m: 29.51 29.51		100m: 1:02.68 33.17	150m: 1:37.56 34.88	200m: 2:11.93	34.37		
7.	Antonio Sampaio REBOLO	94	Belenenses	2:13.48	+0,66	502		18
	50m: 30.42 30.42		100m: 1:03.78 33.36	150m: 1:38.74 34.96	200m: 2:13.48	34.74		
8.	Miguel Maria ROSADO	95	Aminata	2:14.81	+0,72	487		17
	50m: 30.29 30.29		100m: 1:04.83 34.54	150m: 1:39.90 35.07	200m: 2:14.81	34.91		
9.	Rui Goncalves OLIVEIRA	93	Natacao da Maia	2:15.00	+1,02	485		16
	50m: 31.43 31.43		100m: 1:05.41 33.98	150m: 1:40.49 35.08	200m: 2:15.00	34.51		
10.	Antonio Miguel VITORINO	96	Viana Natacao	2:15.84	+0,81	476		15
	50m: 31.70 31.70		100m: 1:05.38 33.68	150m: 1:40.41 35.03	200m: 2:15.84	35.43		
11.	Job Santos SILVA	96	Feirense	2:15.88	+0,70	476		14
	50m: 32.01 32.01		100m: 1:06.45 34.44	150m: 1:41.65 35.20	200m: 2:15.88	34.23		
12.	Christophe Pereira FERNANDES	93	Natacao de Vila Real	2:16.05	+0,68	474		13
	50m: 31.27 31.27		100m: 1:05.06 33.79	150m: 1:40.30 35.24	200m: 2:16.05	35.75		
13.	Tiago Ramos GOMES	94	Bombeiros Ponta Delgada	2:16.27	+0,69	472		12
	50m: 31.58 31.58		100m: 1:04.76 33.18	150m: 1:39.56 34.80	200m: 2:16.27	36.71		
14.	Rui Miguel AIRES	91	Sporting de Espinho	2:16.28	+1,19	472		11
	50m: 31.16 31.16		100m: 1:05.35 34.19	150m: 1:40.74 35.39	200m: 2:16.28	35.54		
15.	Luis Antonio TARQUINIO	94	Benedita	2:17.01	+1,17	464		10
	50m: 31.99 31.99		100m: 1:06.72 34.73	150m: 1:42.43 35.71	200m: 2:17.01	34.58		
16.	Bruno Rafael MEIRELES	96	Lisnave	2:17.11	+0,64	463		9
	50m: 31.71 31.71		100m: 1:06.24 34.53	150m: 1:41.94 35.70	200m: 2:17.11	35.17		

Merry Christmas

Happy
New Year
2012



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Prova 21, Masc., 200m Costas, Absoluto

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts	Pts
17.	Joao Manuel BORGES	94	Ginasio Figueirense	2:18.04	+0,66	454		8
	50m: 30.89 30.89	100m: 1:05.61 34.72	150m: 1:41.84 36.23	200m: 2:18.04		36.20		
18.	Diogo Miguel Balsa	95	BUZIOS-Coruche	2:19.11	+0,70	443		7
	50m: 31.90 31.90	100m: 1:06.88 34.98	150m: 1:43.75 36.87	200m: 2:19.11		35.36		
19.	Alexandre Miguel MENDES	86	Estrelas S. Joao de Brito	2:19.14	+0,81	443		6
	50m: 32.31 32.31	100m: 1:07.45 35.14	150m: 1:42.97 35.52	200m: 2:19.14		36.17		
20.	Fabio Aleixo FERNANDES	90	Nautica do Seixal	2:21.88	+0,73	418		5
	50m: 32.19 32.19	100m: 1:07.29 35.10	150m: 1:44.09 36.80	200m: 2:21.88		37.79		
21.	Joao Pedro BARROSO	95	Ginasio de Santo Tirso	2:23.62	+0,66	403		4
	50m: 33.04 33.04	100m: 1:09.05 36.01	150m: 1:46.21 37.16	200m: 2:23.62		37.41		
22.	Carlos Manuel FIGUEIREDO	96	Ginasio de Vila Real	2:23.64	+0,72	403		3
	50m: 31.64 31.64	100m: 1:07.08 35.44	150m: 1:45.04 37.96	200m: 2:23.64		38.60		
23.	Jorge Miguel TELO	95	Litoral Alentejano	2:23.91	+0,68	400		2
	50m: 33.29 33.29	100m: 1:08.37 35.08	150m: 1:45.42 37.05	200m: 2:23.91		38.49		
24.	Jose Carlos PITEIRA	97	Kainagua	2:28.39	+0,66	365		1
	50m: 33.80 33.80	100m: 1:11.09 37.29	150m: 1:49.60 38.51	200m: 2:28.39		38.79		