

Campeonato Nacional Clubes 3ª Divisão
 Cantanhede, 10- - 11-12-2011

| Prova 17 | Masc., 200m Bruços | | | | | Absoluto |
|------------------------|--------------------|--------------------------|--------|-----------------------|------------|------------|
| 11-12-2011 - 16:25 | | | | | | Resultados |
| Rec. Nac. 25m Absoluto | 2:08.80 | Nuno Goncalo QUINTANILHA | LDC | S. António Cavaleiros | 20-12-2009 | |
| Rec. Nac. 25m Inf B | 2:37.57 | Tomas Miguel FREITAS | CDN | Funchal | 13-07-2003 | |
| Rec. Nac. 25m Inf A | 2:29.59 | Luis Manuel FERNANDES | GDNVNF | Cantanhede | 08-03-2009 | |
| Rec. Nac. 25m Juv B | 2:21.70 | Luis Manuel FERNANDES | GDNVNF | Paços Ferreira | 05-12-2009 | |
| Rec. Nac. 25m Juv A | 2:18.42 | tempo limite | | | | |
| Rec. Nac. 25m Jun | 2:14.00 | Pedro Miguel AGOSTINHO | SCP | Leiria | 04-12-2009 | |
| Rec. Nac. 25m Sen | 2:08.80 | Nuno Goncalo QUINTANILHA | LDC | S. António Cavaleiros | 20-12-2009 | |

Pontos: FINA 2011

| Lugar | Ano | | Tempo final | Pts | 50m | 100m | 150m | 200m | |
|-----------------|---------------------------|-----|---------------------------|----------------|-----|-------|-------|-------|-------|
| Absoluto | | | | | | | | | |
| 1. | Nuno Goncalo QUINTANILHA | 87A | Colegio Vasco da Gama | 2:17.23 | 679 | 30.99 | 34.25 | 35.67 | 36.32 |
| 2. | Bruno Daniel MONTEIRO | 88 | Ginasio de Vila Real | 2:21.86 | 615 | 31.24 | 34.97 | 36.60 | 39.05 |
| 3. | Ricardo Amorim REGO | 84 | Natacao de Vila Real | 2:21.92 | 614 | 31.74 | 35.74 | 36.80 | 37.64 |
| 4. | Mauro Filipe VIEGAS | 95 | Natacao de Olhao | 2:24.70 | 579 | 32.52 | 37.04 | 37.40 | 37.74 |
| 5. | Joni Antunes VINAGRE | 89 | Belenenses | 2:25.24 | 573 | 31.48 | 36.82 | 38.07 | 38.87 |
| 6. | Andre Goncalo SANTOS | 97 | Leixoes | 2:27.13 | 551 | 31.76 | 36.61 | 38.89 | 39.87 |
| 7. | Guilherme Pereira GIL | 93 | Naval Amorense | 2:27.70 | 545 | 32.97 | 37.30 | 38.45 | 38.98 |
| 8. | Tiago Sobral COELHO | 95 | Ginasio de Santo Tirso | 2:29.04 | 530 | 32.58 | 36.59 | 38.75 | 41.12 |
| 9. | Goncalo Pereira SA | 95 | Feirense | 2:29.21 | 528 | 33.37 | 37.83 | 39.10 | 38.91 |
| 10. | Rodrigo Marques COSTA | 76 | Litoral Alentejano | 2:30.53 | 515 | 33.64 | 37.62 | 38.90 | 40.37 |
| 11. | Rui Pedro HORTA | 94 | Lisnave | 2:31.18 | 508 | 34.16 | 38.63 | 39.45 | 38.94 |
| 12. | Thiago Duarte GONCALVES | 89 | Estrelas S. Joao de Brito | 2:31.27 | 507 | 34.09 | 38.77 | 39.44 | 38.97 |
| 13. | Andre Machado VALE | 95 | Viana Natacao | 2:31.96 | 500 | 33.69 | 38.35 | 39.75 | 40.17 |
| 14. | L. FIGUEIREDO | 96 | Natacao da Maia | 2:32.71 | 493 | 34.23 | 39.34 | 40.63 | 38.51 |
| 15. | Carlos Cunha COSTA | 95 | Fafe | 2:35.27 | 469 | 34.60 | 39.36 | 40.33 | 40.98 |
| 16. | Uriel Jorge MATEUS | 88 | Nautica do Seixal | 2:35.94 | 463 | 33.44 | 38.75 | 41.15 | 42.60 |
| 17. | Miguel Rego BORGES | 95 | Bombeiros Ponta Delgada | 2:36.64 | 457 | 34.20 | 39.57 | 41.62 | 41.25 |
| 18. | Joao Carlos PEREIRA | 94 | BUZIOS-Coruche | 2:36.89 | 455 | 34.63 | 39.76 | 41.62 | 40.88 |
| 19. | Diogo Serrao SANTOS | 96 | Scalabisport | 2:40.81 | 422 | 35.36 | 39.95 | 42.34 | 43.16 |
| 20. | Manuel Almeida ELISEU | 92 | Kainagua | 2:40.91 | 421 | 34.63 | 40.25 | 42.37 | 43.66 |
| 21. | Tiago Andre MARQUES | 93 | Sporting de Espinho | 2:41.83 | 414 | 33.58 | 40.37 | 43.51 | 44.37 |
| 22. | Joao Goncalves FIGUEIREDO | 80 | Ginasio Figueirense | 2:43.28 | 403 | 36.42 | 41.27 | 42.38 | 43.21 |
| 23. | Andre Fialho MARQUES | 95 | Benedita | 2:50.07 | 357 | 37.12 | 42.89 | 44.80 | 45.26 |
| 24. | Miguel Martins BALTAZAR | 98 | Aminata | 2:58.56 | 308 | 38.72 | 44.80 | 46.95 | 48.09 |

Seniores

| | | | | | | | | | |
|-----|--------------------------|-----|---------------------------|----------------|-----|-------|-------|-------|-------|
| 1. | Nuno Goncalo QUINTANILHA | 87A | Colegio Vasco da Gama | 2:17.23 | 679 | 30.99 | 34.25 | 35.67 | 36.32 |
| 2. | Bruno Daniel MONTEIRO | 88 | Ginasio de Vila Real | 2:21.86 | 615 | 31.24 | 34.97 | 36.60 | 39.05 |
| 3. | Ricardo Amorim REGO | 84 | Natacao de Vila Real | 2:21.92 | 614 | 31.74 | 35.74 | 36.80 | 37.64 |
| 4. | Joni Antunes VINAGRE | 89 | Belenenses | 2:25.24 | 573 | 31.48 | 36.82 | 38.07 | 38.87 |
| 5. | Guilherme Pereira GIL | 93 | Naval Amorense | 2:27.70 | 545 | 32.97 | 37.30 | 38.45 | 38.98 |
| 6. | Rodrigo Marques COSTA | 76 | Litoral Alentejano | 2:30.53 | 515 | 33.64 | 37.62 | 38.90 | 40.37 |
| 7. | Thiago Duarte GONCALVES | 89 | Estrelas S. Joao de Brito | 2:31.27 | 507 | 34.09 | 38.77 | 39.44 | 38.97 |
| 8. | Uriel Jorge MATEUS | 88 | Nautica do Seixal | 2:35.94 | 463 | 33.44 | 38.75 | 41.15 | 42.60 |
| 9. | Manuel Almeida ELISEU | 92 | Kainagua | 2:40.91 | 421 | 34.63 | 40.25 | 42.37 | 43.66 |
| 10. | Tiago Andre MARQUES | 93 | Sporting de Espinho | 2:41.83 | 414 | 33.58 | 40.37 | 43.51 | 44.37 |

Merry Christmas

Happy
New Year
2012



Campeonato Nacional Clubes 3ª Divisão
Cantanhede, 10- - 11-12-2011



Prova 17, Masc., 200m Bruços

Juniores

| | | | | | | | | |
|-------------------------|----|-------------------------|----------------|-----|-------|-------|-------|-------|
| 1. Mauro Filipe VIEGAS | 95 | Natacao de Olhao | 2:24.70 | 579 | 32.52 | 37.04 | 37.40 | 37.74 |
| 2. Tiago Sobral COELHO | 95 | Ginasio de Santo Tirso | 2:29.04 | 530 | 32.58 | 36.59 | 38.75 | 41.12 |
| 3. Goncalo Pereira SA | 95 | Feirense | 2:29.21 | 528 | 33.37 | 37.83 | 39.10 | 38.91 |
| 4. Rui Pedro HORTA | 94 | Lisnave | 2:31.18 | 508 | 34.16 | 38.63 | 39.45 | 38.94 |
| 5. Andre Machado VALE | 95 | Viana Natacao | 2:31.96 | 500 | 33.69 | 38.35 | 39.75 | 40.17 |
| 6. Carlos Cunha COSTA | 95 | Fafe | 2:35.27 | 469 | 34.60 | 39.36 | 40.33 | 40.98 |
| 7. Miguel Rego BORGES | 95 | Bombeiros Ponta Delgada | 2:36.64 | 457 | 34.20 | 39.57 | 41.62 | 41.25 |
| 8. Joao Carlos PEREIRA | 94 | BUZIOS-Coruche | 2:36.89 | 455 | 34.63 | 39.76 | 41.62 | 40.88 |
| 9. Andre Fialho MARQUES | 95 | Benedita | 2:50.07 | 357 | 37.12 | 42.89 | 44.80 | 45.26 |

Juvenis A

| | | | | | | | | |
|------------------------------|----|---------------------|----------------|-----|-------|-------|-------|-------|
| 1. L. FIGUEIREDO | 96 | Natacao da Maia | 2:32.71 | 493 | 34.23 | 39.34 | 40.63 | 38.51 |
| 2. Diogo Serrao SANTOS | 96 | Scalabisport | 2:40.81 | 422 | 35.36 | 39.95 | 42.34 | 43.16 |
| 3. Joao Goncalves FIGUEIREDO | 96 | Ginasio Figueirense | 2:43.28 | 403 | 36.42 | 41.27 | 42.38 | 43.21 |

Juvenis B

| | | | | | | | | |
|-------------------------|----|---------|----------------|-----|-------|-------|-------|-------|
| 1. Andre Goncalo SANTOS | 97 | Leixoes | 2:27.13 | 551 | 31.76 | 36.61 | 38.89 | 39.87 |
|-------------------------|----|---------|----------------|-----|-------|-------|-------|-------|

Infantis A

| | | | | | | | | |
|----------------------------|----|---------|----------------|-----|-------|-------|-------|-------|
| 1. Miguel Martins BALTAZAR | 98 | Aminata | 2:58.56 | 308 | 38.72 | 44.80 | 46.95 | 48.09 |
|----------------------------|----|---------|----------------|-----|-------|-------|-------|-------|