

Campeonatos Absolutos de Portugal PC (Jun e Sen)  
Silves, 2 - 4-12-2011

Prova 9	Femin., 400m Estilos					Absolutos
02-12-2011 - 11:15						Startlist
Rec. Nac. 25m Absoluto	4:44.56	Nadia Morais Vieira	GESL	Leiria		04-12-2009
Rec. Nac. 25m Jun	4:51.07	Susana Patricia Miguel	SFUAP	Tomar		09-12-2005
Rec. Nac. 25m Sen	4:44.56	Nadia Morais Vieira	GESL	Leiria		04-12-2009
TAC - Fem Sen: 5:14.00; Jun1: 5:20.28; Jun2: 5:14.00						

Pista	Nome	Ano	Catg	NFed	Clube	Tp inscrição	
<b>Série 1 de 3</b>							
3	Barbara Sofia Barata	97	Abs	105454	Alges	5:19.38	_:._.____
4	Francisca Gomes Azevedo	97	Abs	100356	Alges	5:18.21	_:._.____
5	Margarida Domingues Duarte	97	Abs	109035	Nautico da Marinha Grande	5:18.55	_:._.____
<b>Série 2 de 3</b>							
1	Barbara Marques Rodrigues	97	Abs	107039	Alges	5:11.45	_:._.____
2	Rute Margarida Marques	94	Abs	25359	Amadora	5:11.34	_:._.____
3	Ines Filipa Borges	95	Abs	26305	Alcobaca	5:10.18	_:._.____
4	Vania Soares Neves	90	Abs	12380	Viana Natacao	5:08.66	_:._.____
5	Maria Teresa Amorim	97	Abs	20104	Porto	5:09.15	_:._.____
6	Bruna Leal Dantas	96	Abs	100371	Sporting	5:10.88	_:._.____
7	Diana Patricia Ferreira	94	Abs	23500	Gespacos	5:11.39	_:._.____
8	Sara Monteiro Meireles	97	Abs	103921	Gespacos	5:14.93	_:._.____
<b>Série 3 de 3, Programado na sessão 2 pelas 17:00</b>							
1	Ana Monica Eloi	96	Abs	107038	Nautico da Marinha Grande	5:04.34	_:._.____
2	Filipa Vilas Ruivo	97	Abs	103568	Nautico da Marinha Grande	5:00.34	_:._.____
3	Diana Margarida Duraes	96	Abs	102992	Foca	4:55.09	_:._.____
4	Marta Pereira Abreu	92	Abs	23091	Porto	4:47.56	_:._.____
5	Victoria Kaminskaya	95	Abs	102313	Pimpoes/Cimai	4:48.60	_:._.____
6	Raquel Paulo Ranito	94	Abs	25504	Sporting	4:58.91	_:._.____
7	Ana Marta Miranda	96	Abs	100377	Uniao Piedense	5:00.75	_:._.____
8	Helena Paula Carvalho	95	Abs	107307	Uniao Piedense	5:06.46	_:._.____