

Campeonatos Absolutos de Portugal PC (Jun e Sen)
Silves, 2- - 4-12-2011

1 - 1ª Jornada, 1ª Sessão (Eliminatórias)

02-12-2011 - 9:30

Prova 1	Femin., 200m Bruços				Absolutos
02-12-2011					Resultados Elimin
Rec. Nac. 25m Absoluto	2:25.87	Diana Duarte Gomes	CNA	S. António Cavaleiros	20-12-2009
Rec. Nac. 25m Jun	2:29.56	Ana Rita Santos	FPN	Dublin (IRL)	13-12-2003
Rec. Nac. 25m Sen	2:25.87	Diana Duarte Gomes	CNA	S. António Cavaleiros	20-12-2009
TAC - Fem Sen: 2:47.00; Jun1: 2:51.17; Jun2: 2:47.00					
Pontos: FINA 2011					

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Absolutos								
1.	Victoria Kaminskaya	95	102313	Pimpoes/Cimai	2:36.30	+0,83	638	A
	50m: 35.85	35.85	100m: 1:15.00	39.15	150m: 1:55.44	40.44	200m: 2:36.30	40.86
2.	Ana Teresa Franco	91	11349	Sporting	2:37.12	+0,87	628	A
	50m: 35.65	35.65	100m: 1:15.22	39.57	150m: 1:55.96	40.74	200m: 2:37.12	41.16
3.	Diana Duarte Gomes	89	20632	Amadora	2:38.03	+0,84	617	A
	50m: 36.10	36.10	100m: 1:15.87	39.77	150m: 1:56.73	40.86	200m: 2:38.03	41.30
4.	Fabiana Maria Quintal	84	10396	Nacional	2:38.04	+0,73	617	A
	50m: 35.99	35.99	100m: 1:15.81	39.82	150m: 1:56.37	40.56	200m: 2:38.04	41.67
5.	Joana Marques Maia	91	25067	Natacao da Maia	2:38.69	+0,89	609	A
	50m: 35.41	35.41	100m: 1:15.79	40.38	150m: 1:57.33	41.54	200m: 2:38.69	41.36
6.	Ana Pinho Rodrigues	94	13372	Estamos Juntos	2:38.79	+0,84	608	A
	50m: 35.61	35.61	100m: 1:15.92	40.31	150m: 1:57.12	41.20	200m: 2:38.79	41.67
7.	Filipa Vilas Ruivo	97	103568	Nautico da Marinha Grande	2:39.22	+0,90	603	A
	50m: 36.84	36.84	100m: 1:16.77	39.93	150m: 1:58.04	41.27	200m: 2:39.22	41.18
8.	Gabriela Oliveira Andrade	94	12055	Nautico/Matobra	2:39.29	+0,75	602	A
	50m: 36.51	36.51	100m: 1:17.11	40.60	150m: 1:58.55	41.44	200m: 2:39.29	40.74
9.	Ana Beatriz Pereira	91	20591	Colegio Vasco da Gama	2:40.03	+0,79	594	B
	50m: 36.67	36.67	100m: 1:17.23	40.56	150m: 1:58.77	41.54	200m: 2:40.03	41.26
10.	Ariana Alves Nunes	95	13348	Portinado	2:41.31	+0,86	580	B
	50m: 35.50	35.50	100m: 1:16.47	40.97	150m: 1:58.30	41.83	200m: 2:41.31	43.01
11.	Joana Dias Santos	96	100397	Uniao Piedense	2:41.44	+0,86	579	B
	50m: 36.57	36.57	100m: 1:17.37	40.80	150m: 1:58.82	41.45	200m: 2:41.44	42.62
12.	Rita Fernandes Leitao	96	25571	Amadora	2:41.56	+0,85	577	B
	50m: 36.02	36.02	100m: 1:17.00	40.98	150m: 1:58.77	41.77	200m: 2:41.56	42.79
13.	Marina Nicolina Teodosio	97	106174	BA/Mr.Pizza	2:42.84	+1,06	564	B
	50m: 36.06	36.06	100m: 1:17.26	41.20	150m: 1:59.82	42.56	200m: 2:42.84	43.02
14.	Joana Filipa Marques	95	25292	Bombeiros de Ponta Delgada	2:44.24	+0,71	550	B
	50m: 37.02	37.02	100m: 1:19.62	42.60	150m: 2:01.93	42.31	200m: 2:44.24	42.31
15.	Rute Margarida Marques	94	25359	Amadora	2:44.34	+0,80	549	B
	50m: 36.81	36.81	100m: 1:19.39	42.58	150m: 2:02.36	42.97	200m: 2:44.34	41.98
16.	Ana Monica Eloi	96	107038	Nautico da Marinha Grande	2:45.31	+0,90	539	B
	50m: 38.07	38.07	100m: 1:19.85	41.78	150m: 2:02.42	42.57	200m: 2:45.31	42.89
17.	Claudia Monteiro Martinho	93	25605	Colegio Vasco da Gama	2:46.08	+0,80	531	R
	50m: 37.65	37.65	100m: 1:20.58	42.93	150m: 2:03.18	42.60	200m: 2:46.08	42.90
18.	Ana Catarina Serpa	97	100330	Sporting	2:46.62	+0,94	526	R
	50m: 38.45	38.45	100m: 1:20.95	42.50	150m: 2:03.82	42.87	200m: 2:46.62	42.80

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Splash Meet Manager 11, Build 17983

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Silves, 2 - 4-12-2011

Prova 1, Femin., 200m Bruços, Elimin, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
19.	Diana Sofia Silva	97	104679	Braga	2:47.01	+1,01	523	
	50m: 38.37 38.37		100m: 1:20.04 41.67	150m: 2:03.11 43.07	200m: 2:47.01 43.90			
20.	Ana Carolina Mateus	95	25332	Alges	2:47.67	+0,83	516	
	FTL		50m: 38.27 38.27	100m: 1:20.73 42.46	150m: 2:04.39 43.66	200m: 2:47.67 43.28		
21.	Sara Monteiro Meireles	97	103921	Gespacos	2:47.80	+0,92	515	
	50m: 39.02 39.02		100m: 1:21.68 42.66	150m: 2:05.03 43.35	200m: 2:47.80 42.77			
22.	Sara Sousa Gomes	96	100583	Amadora	2:48.40	+1,02	510	
	FTL		50m: 38.71 38.71	100m: 1:21.80 43.09	150m: 2:05.12 43.32	200m: 2:48.40 43.28		
23.	Ines Simoes Rodrigues	96	106129	Scalabisport	2:48.44	+0,98	509	
	FTL		50m: 38.26 38.26	100m: 1:20.55 42.29	150m: 2:04.25 43.70	200m: 2:48.44 44.19		
24.	Barbara Sofia Barata	97	105454	Alges	2:48.56	+0,85	508	
	50m: 38.03 38.03		100m: 1:20.03 42.00	150m: 2:03.68 43.65	200m: 2:48.56 44.88			
25.	Ines Raquel Estevao	95	100230	Gesloures	2:48.71	+0,72	507	
	FTL		50m: 37.06 37.06	100m: 1:18.76 41.70	150m: 2:02.85 44.09	200m: 2:48.71 45.86		
26.	Rita Catarina Miranda	97	107566	Braga	2:49.12	+0,97	503	
	50m: 38.16 38.16		100m: 1:20.79 42.63	150m: 2:04.79 44.00	200m: 2:49.12 44.33			
27.	Andreia Margarida Morgado	97	100542	Nautico/Matobra	2:49.53	+0,86	500	
	50m: 38.67 38.67		100m: 1:22.26 43.59	150m: 2:06.31 44.05	200m: 2:49.53 43.22			
28.	Ana Filipa Teixeira	95	15992	Viana Natacao	2:49.66	+0,82	499	
	FTL		50m: 38.48 38.48	100m: 1:21.44 42.96	150m: 2:04.78 43.34	200m: 2:49.66 44.88		
29.	Andreia Sofia Mendao	97	121322	Naval Amorense	2:50.00	+0,93	496	
	50m: 39.19 39.19		100m: 1:22.29 43.10	150m: 2:06.46 44.17	200m: 2:50.00 43.54			
30.	Patricia Fonseca Silva	93	13374	Feirense	2:50.57	+0,90	491	
	FTL		50m: 40.12 40.12	100m: 1:23.19 43.07	150m: 2:06.65 43.46	200m: 2:50.57 43.92		
31.	Joana Crespo Domingues	97	101928	Nautico da Marinha Grande	2:51.15	+0,95	486	
	50m: 39.27 39.27		100m: 1:23.01 43.74	150m: 2:07.21 44.20	200m: 2:51.15 43.94			
32.	Ana Mafalda Silva	97	13472	Terceira Auto Clube	2:51.91	+0,85	479	
	FTL		50m: 38.88 38.88	100m: 1:22.94 44.06	150m: 2:07.75 44.81	200m: 2:51.91 44.16		
33.	Margarida Domingues Duarte	97	109035	Nautico da Marinha Grande	2:52.24	+0,89	476	
	FTL		50m: 38.71 38.71	100m: 1:22.21 43.50	150m: 2:07.34 45.13	200m: 2:52.24 44.90		

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Silves, 2- - 4-12-2011

Prova 2	Masc., 200m Bruços				Absolutos	
02-12-2011					Resultados Elimin	
Rec. Nac. 25m Absoluto	2:08.80	Nuno Goncalo Quintanilha	LDC	S. António Cavaleiros	20-12-2009	
Rec. Nac. 25m Jun	2:14.00	Pedro Miguel Agostinho	SCP	Leiria	04-12-2009	
Rec. Nac. 25m Sen	2:08.80	Nuno Goncalo Quintanilha	LDC	S. António Cavaleiros	20-12-2009	
TAC - Masc Sen: 2:28.00; Jun2: 2:28.00; Jun1: 2:31.70						

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Absolutos								
1.	Diogo Filipe Carvalho	88	12277	Galitos	2:14.09	+0,76	728	A
	50m: 30.00 30.00			100m: 1:03.44 33.44	150m: 1:38.07 34.63	200m: 2:14.09 36.02		
2.	Pedro Miguel Pinotes	89	26732	Sporting	2:15.70	+0,89	703	A
	50m: 31.11 31.11			100m: 1:05.56 34.45	150m: 1:40.67 35.11	200m: 2:15.70 35.03		
3.	Sergio Baptista Silva	91	15703	Porto	2:17.18	+0,79	680	A
	50m: 31.77 31.77			100m: 1:06.48 34.71	150m: 1:41.62 35.14	200m: 2:17.18 35.56		
4.	Nuno Rafael Alves	90	25140	Gespacos	2:17.44	+0,84	676	A
	50m: 31.51 31.51			100m: 1:06.43 34.92	150m: 1:41.83 35.40	200m: 2:17.44 35.61		
5.	Ricardo Jose Varela	89	12941	Naval Setubalense	2:17.58	+0,78	674	A
	50m: 31.38 31.38			100m: 1:06.21 34.83	150m: 1:41.78 35.57	200m: 2:17.58 35.80		
6.	Henrique Pereira Neiva	84	23019	Vilacondense	2:18.09	+0,83	667	A
	50m: 31.96 31.96			100m: 1:07.44 35.48	150m: 1:42.70 35.26	200m: 2:18.09 35.39		
7.	Pedro Miguel Agostinho	92	12778	Sporting	2:19.56	+0,74	646	A
	50m: 32.03 32.03			100m: 1:07.51 35.48	150m: 1:43.67 36.16	200m: 2:19.56 35.89		
8.	Joao Claudio Sousa	93	23458	Gespacos	2:19.98	+0,81	640	A
	50m: 31.66 31.66			100m: 1:07.40 35.74	150m: 1:43.51 36.11	200m: 2:19.98 36.47		
9.	Andre Bras Goncalves	88	14767	Amadora	2:20.99	+0,73	626	B
	50m: 31.43 31.43			100m: 1:07.02 35.59	150m: 1:43.80 36.78	200m: 2:20.99 37.19		
10.	Tiago Samuel Silva	93	23502	Porto	2:21.55	+0,84	619	B
	50m: 32.16 32.16			100m: 1:07.65 35.49	150m: 1:44.18 36.53	200m: 2:21.55 37.37		
11.	Manuel Matos Sequeira	87	10631	Gesloures	2:23.62	+0,75	593	B
	50m: 32.63 32.63			100m: 1:08.86 36.23	150m: 1:45.57 36.71	200m: 2:23.62 38.05		
12.	Diogo Miguel Silva	95	104780	Uniao Piedense	2:23.63	+0,80	593	B
	50m: 32.30 32.30			100m: 1:08.48 36.18	150m: 1:46.04 37.56	200m: 2:23.63 37.59		
13.	Luis Manuel Fernandes	95	15589	Famalicao	2:24.77	+0,71	579	B
	50m: 32.44 32.44			100m: 1:08.68 36.24	150m: 1:46.40 37.72	200m: 2:24.77 38.37		
14.	Joao Albano Viola	89	100421	Nautico/Matobra	2:24.84	+0,80	578	B
	50m: 31.78 31.78			100m: 1:08.53 36.75	150m: 1:46.59 38.06	200m: 2:24.84 38.25		
15.	Diogo Manuel Rodrigues	94	15338	Vitoria de Guimaraes	2:25.30	+0,87	572	B
	50m: 32.71 32.71			100m: 1:09.88 37.17	150m: 1:47.85 37.97	200m: 2:25.30 37.45		
16.	Mauro Filipe Viegas	95	26428	Natacao Olhao	2:25.64	+0,81	568	B
	50m: 33.51 33.51			100m: 1:10.99 37.48	150m: 1:48.06 37.07	200m: 2:25.64 37.58		
17.	Joao Pedro Braga	94	25892	Naval de Ponta Delgada	2:25.77	+0,82	567	R
	50m: 32.46 32.46			100m: 1:08.83 36.37	150m: 1:46.89 38.06	200m: 2:25.77 38.88		
18.	Hugo Miguel Silva	94	24567	Braga	2:26.03	+0,85	564	R
	50m: 32.93 32.93			100m: 1:09.41 36.48	150m: 1:46.92 37.51	200m: 2:26.03 39.11		
19.	Miguel Aragao Santos	91	15886	Vilacondense	2:26.19	+0,75	562	
	50m: 33.50 33.50			100m: 1:11.08 37.58	150m: 1:48.80 37.72	200m: 2:26.19 37.39		

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Silves, 2- - 4-12-2011

Prova 2, Masc., 200m Bruços, Elimin, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
20.	Goncalo Pereira Sa 50m: 32.92 32.92	95	107201	Feirense	2:26.25 37.91	+0,76	561	38.29
21.	Joao Pedro Veiga 50m: 32.77 32.77	94	10892	Nautico/Matobra	2:26.55 38.23	+0,77	558	38.30
22.	Nuno Durao Pascoal 50m: 32.97 32.97	92	12560	Galitos	2:26.97 37.54	+0,81	553	38.27
23.	Pedro Miguel Varela 50m: 32.74 32.74	86	12947	Naval Setubalense	2:27.17 38.43	+0,83	551	38.42
24.	Pedro Barros Mendes 50m: 33.14 33.14	94	11195	Academica de Coimbra	2:27.18 38.12	+0,86	551	38.76
25.	Alcides Costa Sousa 50m: 32.86 32.86	94	103744	Feirense	2:27.23 38.57	+0,78	550	38.44
26.	Bruno Miguel Martins 50m: 33.78 33.78	93	26891	Gesloures	2:27.34 37.56	+0,72	549	38.90
27.	Tiago Freire Almeida 50m: 32.44 32.44	87	12225	Amadora	2:27.65 38.09	+0,74	545	40.69
28.	Vitor Diogo Moura 50m: 32.62 32.62	90	10394	Nacional	2:27.70 39.21	+0,73	545	38.34
29.	Joao Valentim Compoete 50m: 34.05 34.05	95	101171	Amadora	2:28.82 38.05	+0,79	533	38.93
30.	Miguel Angelo Cruz 50m: 33.81 33.81	95	108649	Sporting	2:29.42 37.92	+0,77	526	39.47
31.	Andre Machado Vale 50m: 33.98 33.98	95	25817	Viana Natacao	2:30.56 39.00	+0,87	514	39.27
32.	Nuno Miguel Feliciano 50m: 34.62 34.62	95	24775	Alcobaca	2:31.26 39.24	+0,68	507	38.76
33.	Pedro Alexandre Bento <i>FTL</i> 50m: 34.14 34.14	95	106259	Alges	2:33.94 39.92	+0,91	481	41.13
34.	Frederico Renato Sousa <i>FTL</i> 50m: 33.58 33.58	95	105734	Gespacos	2:34.14 40.46	+0,93	479	42.95
35.	Afonso Lopes dos Santos <i>FTL</i> 50m: 34.31 34.31	95	14773	Pimpoes/Cimai	2:34.45 40.71	+0,79	476	39.71

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Silves, 2 - 4-12-2011

Prova 3 Absolutos
02-12-2011 Resultados Elimin

Rec. Nac. 25m Absoluto	55.43	Patricia Vilas Conceicao	CNA	S. António Cavaleiros	20-12-2009
Rec. Nac. 25m Jun	56.78	Maria Carolina Rosa	SCP	Leiria	04-12-2009
Rec. Nac. 25m Sen	55.43	Patricia Vilas Conceicao	CNA	S. António Cavaleiros	20-12-2009

TAC - Fem Sen: 1:00.50; Jun1: 1:02.01; Jun2: 1:00.50

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Absolutos								
1.	Marta Vieira Marinho	91	15707	Porto	57.52	+0,76	697	A
	50m: 27.92 27.92			100m: 57.52 29.60				
2.	Alexandra Paiva Oliveira	91	15139	Porto	57.96	+0,80	681	A
	50m: 28.06 28.06			100m: 57.96 29.90				
3.	Joana Patricia Pinto	94	24790	Ginasio de Vila Real	57.98	+0,91	680	A
	50m: 28.16 28.16			100m: 57.98 29.82				
4.	Mafalda Gomes Beleza	94	26890	Sporting	58.78	+0,89	653	A
	50m: 28.39 28.39			100m: 58.78 30.39				
5.	Raquel Maurile Taveira	95	105392	Alges	59.23	+0,84	638	A
	50m: 28.57 28.57			100m: 59.23 30.66				
6.	Ana Ribeiro Ferreira	92	15634	Famalicao	59.29	+0,85	636	A
	50m: 29.28 29.28			100m: 59.29 30.01				
7.	Jessica Teixeira Vieira	91	104235	Amadora	59.31	+0,74	636	A
	50m: 28.48 28.48			100m: 59.31 30.83				
8.	Isabel Pinto Abreu	96	26324	Belenenses	59.32	+0,76	635	A
	50m: 29.04 29.04			100m: 59.32 30.28				
9.	Sara Beatriz Loureiro	87	12503	Porto	59.40	+0,73	633	B
	50m: 28.35 28.35			100m: 59.40 31.05				
10.	Soraia Vanessa Ribeiro	92	15857	Gespacos	59.52	+0,88	629	B
	50m: 28.63 28.63			100m: 59.52 30.89				
11.	Catarina Tiago Nunes	95	100949	Uniao Piedense	59.55	+0,85	628	B
	50m: 28.94 28.94			100m: 59.55 30.61				
12.	Joana Aguiar Rodrigues	93	15401	Porto	59.63	+0,91	625	B
	50m: 28.74 28.74			100m: 59.63 30.89				
13.	Andreia Catarina Gomes	94	103701	Vitoria de Guimaraes	59.64	+0,92	625	B
	50m: 28.80 28.80			100m: 59.64 30.84				
14.	Maria Ines Ribeiro	92	10899	Nautico/Matobra	59.88	+0,82	618	B
	50m: 28.62 28.62			100m: 59.88 31.26				
15.	Carolina Cunha Martins	95	10881	Nautico/Matobra	59.98	+0,98	615	B
	50m: 29.11 29.11			100m: 59.98 30.87				
16.	Ana Carolina Trindade	97	106478	Amadora	1:00.21	+0,81	608	B
	50m: 28.60 28.60			100m: 1:00.21 31.61				
17.	Joana Filipa Capela	89	12794	Benfica	1:00.41	+0,82	602	R
	50m: 29.49 29.49			100m: 1:00.41 30.92				
18.	Claudia Sofia Monteiro	92	15882	Vilacondense	1:00.45	+0,84	600	R
	50m: 28.94 28.94			100m: 1:00.45 31.51				
19.	Ana Goncalves Neto	95	101958	Porto	1:00.97	+0,98	585	
	FTL 50m: 29.47 29.47			100m: 1:00.97 31.50				

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Silves, 2- - 4-12-2011

Prova 3, Femin., 100m Livres, Elimin, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
20.	Diana Duarte Gomes FTL	89	20632	Amadora	1:01.12	+0,82	581	
	50m: 29.89 29.89			100m: 1:01.12 31.23				
21.	Joana Filipa Santos FTL	93	24081	Vitoria de Guimaraes	1:01.17	+0,83	579	
	50m: 29.36 29.36			100m: 1:01.17 31.81				
22.	Carolina Sanchez Rodrigues FTL	97	100359	Alges	1:01.33	+1,00	575	
	50m: 28.56 28.56			100m: 1:01.33 32.77				
23.	Maria Luis Amorim FTL	95	102029	Porto	1:01.39	+0,99	573	
	50m: 29.84 29.84			100m: 1:01.39 31.55				
24.	Beatriz Neves Craveiro FTL	97	106762	Nautico/Matobra	1:01.65	+0,91	566	
	50m: 29.64 29.64			100m: 1:01.65 32.01				
25.	Ana Filipa Gomes FTL	96	107376	Vilacondense	1:01.67	+0,84	565	
	50m: 29.72 29.72			100m: 1:01.67 31.95				
26.	Mariana Sousa Martins FTL	95	103743	Feirense	1:01.74	+0,84	563	
	50m: 29.81 29.81			100m: 1:01.74 31.93				
27.	Ana Filipa Martins FTL	97	104438	Foca	1:01.96	+0,99	557	
	50m: 29.66 29.66			100m: 1:01.96 32.30				
28.	Sara Faria Costa FTL	97	107451	Braga	1:02.15	+0,97	552	
	50m: 29.77 29.77			100m: 1:02.15 32.38				

Prova 4

Masc., 100m Livres

Absolutos

02-12-2011

Resultados Elimin

Rec. Nac. 25m Absoluto	47.64	Alexandre Escudier Agostinho	FPN	Istambul (TUR)	11-12-2009
Rec. Nac. 25m Jun	48.38	Tiago Andre Venancio	CNS	Cantanhede	20-12-2004
Rec. Nac. 25m Sen	47.64	Alexandre Escudier Agostinho	FPN	Istambul (TUR)	11-12-2009

TAC - Masc Sen: 52.50; Jun2: 52.50; Jun1: 53.81

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Absolutos								
1.	Luis Emanuel Vaz	91	15628	Famalicao	50.63	+0,78	699	A
	50m: 24.60 24.60			100m: 50.63 26.03				
2.	Joao Silva Gigante	88	14783	Amadora	50.71	+0,77	696	A
	50m: 24.32 24.32			100m: 50.71 26.39				
3.	Paulo Jorge Santos	89	25982	Porto	51.18	+0,72	677	A
	50m: 24.02 24.02			100m: 51.18 27.16				
4.	Luis Marques Pinto	87	10422	Naval do Funchal	51.26	+0,70	673	A
	50m: 24.73 24.73			100m: 51.26 26.53				
5.	Miguel Duarte Nascimento	95	14944	Portinado	51.47	+0,74	665	A
	50m: 24.97 24.97			100m: 51.47 26.50				

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 4, Masc., 100m Livres, Elimin, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
6.	Gustavo Manuel Santa	93	26492	Sporting	51.70	+0,77	656	A
	50m: 25.12 25.12		100m: 51.70 26.58					
7.	Jorge Manuel Maia	89	23220	Famalicao	51.76	+0,73	654	A
	50m: 25.11 25.11		100m: 51.76 26.65					
8.	Cesar Fernando Faria	90	10704	BA/Mr.Pizza	51.82	+0,74	652	A
	50m: 24.92 24.92		100m: 51.82 26.90					
9.	Ricardo Manuel Machado	93	13278	Braga	51.89	+0,75	649	B
	50m: 25.03 25.03		100m: 51.89 26.86					
	Mario Alexandre Pereira	92	10767	Nautico/Matobra	51.89	+0,74	649	B
	50m: 25.01 25.01		100m: 51.89 26.88					
11.	Miguel Silva Oliveira	91	10822	Nautico/Matobra	51.94	+0,82	647	B
	50m: 25.79 25.79		100m: 51.94 26.15					
12.	Ricardo Pereira Lopes	90	14831	Amadora	51.95	+0,67	647	B
	50m: 25.47 25.47		100m: 51.95 26.48					
13.	Simao Pedro Alves	94	102500	Famalicao	52.00	+0,75	645	B
	50m: 25.07 25.07		100m: 52.00 26.93					
14.	Ricardo Ferreira Cotovio	91	10921	Sporting	52.07	+0,71	642	B
	50m: 25.28 25.28		100m: 52.07 26.79					
15.	Carlos Lopes Pedrosa	94	102149	Naval de Ponta Delgada	52.23	+0,74	636	B
	50m: 25.00 25.00		100m: 52.23 27.23					
16.	Joao Filipe Carvalho	87	23026	Porto	52.26	+0,76	635	B
	50m: 24.77 24.77		100m: 52.26 27.49					
17.	Gustavo Almeida Madureira	94	10857	Academica de Coimbra	52.32	+0,75	633	R
	50m: 25.24 25.24		100m: 52.32 27.08					
18.	Bernardo Almeida Moreira	89	10795	Colegio Vasco da Gama	52.39	+0,76	631	R
	50m: 25.43 25.43		100m: 52.39 26.96					
19.	Tiago Ferreira Azevedo	95	103574	Naval Amorense	52.75	+0,69	618	
	50m: 25.19 25.19		100m: 52.75 27.56					
20.	Bernardo Leitao Graca	93	14838	Sporting	53.27	+0,73	600	
	<i>FTL</i>							
	50m: 25.61 25.61		100m: 53.27 27.66					
21.	Rui Filipe Maia	93	24204	Vilacondense	53.59	+0,77	589	
	<i>FTL</i>							
	50m: 25.67 25.67		100m: 53.59 27.92					
22.	Rodrigo Pereira Lopes	95	26077	Amadora	53.68	+0,71	586	
	50m: 25.41 25.41		100m: 53.68 28.27					
23.	Diogo Antonio Lopes	95	26742	Torres Novas	53.99	+0,81	576	
	<i>FTL</i>							
	50m: 25.78 25.78		100m: 53.99 28.21					
24.	Nuno Durao Pascoal	92	12560	Galitos	54.34	+0,77	565	
	<i>FTL</i>							
	50m: 25.66 25.66		100m: 54.34 28.68					
25.	Andre Filipe Fernandes	95	101173	Amadora	56.01	+0,80	516	
	<i>FTL</i>							
	50m: 26.25 26.25		100m: 56.01 29.76					

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 5	Femin., 50m Costas				Absolutos
02-12-2011					Resultados Elimin
Rec. Nac. 25m Absoluto	28.42	Marta Vieira Marinho	FCP	Guarda	10-12-2010
Rec. Nac. 25m Jun	29.69	Sofia Pavao Machado	CNPD	Ponta Delgada	02-05-2008
Rec. Nac. 25m Sen	28.42	Marta Vieira Marinho	FCP	Guarda	10-12-2010

TAC - Fem Sen: 32.30; Jun1: 32.30; Jun2: 32.30

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Absolutos								
1.	Catia Raquel Martinheira	95	25940	Louletano/Loule Concelho	29.79	+0,57	642	A
2.	Marta Vieira Marinho	91	15707	Porto	29.83	+0,67	639	A
3.	Ana Sofia Leite	93	24784	Ginasio de Vila Real	30.30	+0,77	610	A
4.	Lisa Marisa Soares	95	25381	Amadora	30.60	+0,65	592	A
5.	Raquel Paulo Ranito	94	25504	Sporting	30.76	+0,73	583	A
6.	Patricia Isabel Oliveira	94	15970	Leixoes	30.81	+0,69	580	A
	Rute Rocha Ines	97	104789	Louletano/Loule Concelho	30.81	+0,68	580	A
8.	Paula Cristina Yang	95	100229	Gesloures	30.87	+0,75	577	A
9.	Adriana Correia Lopes	95	24491	Nautico/Matobra	30.88	+0,76	576	B
10.	Francisca Gomes Azevedo	97	100356	Alges	30.90	+1,00	575	B
11.	Claudia Sofia Monteiro	92	15882	Vilacondense	31.08	+0,66	565	B
12.	Andreia Filipa Anjos	92	10739	BA/Mr.Pizza	31.18	+0,65	559	B
13.	Carolina Sofia Lopes	96	100753	Louletano/Loule Concelho	31.29	+0,74	554	B
14.	Filipa Mendes Pinheiro	92	11056	Desportiva de Viana	31.30	+0,66	553	B
15.	Irina Filipa Lousa	95	102467	Porto	31.56	+0,80	539	B
16.	Tania Filipa Henriques	93	14568	Naval Amorense	31.63	+0,74	536	B
17.	Margarida Teixeira Monteiro	97	106931	Desportiva Limiana	31.64	+0,65	535	R
18.	Patricia Miguel Mendes	96	25590	Naval Amorense	31.92	+0,63	521	R
19.	Juliana Lima Freixo	97	100827	Desportiva de Viana	31.95	+0,73	520	
20.	Rafaela Marques Bodiao	96	26440	Natacao Olhao	32.20	+0,62	508	
21.	Matilde Apolinario Portada	94	25872	Louletano/Loule Concelho	32.35	+0,61	501	
	<i>FTL</i>							
22.	Ana Rita Martins	96	106475	Amadora	32.37	+0,74	500	
	<i>FTL</i>							
23.	Maria Ines Almeida	96	105569	Nautico/Matobra	32.42	+0,66	498	
	<i>FTL</i>							
24.	Sara Sa Espadilha	94	10927	Lisnave	32.52	+0,70	493	
	<i>FTL</i>							
25.	Marta Filipa Vinagre	95	24660	Scalabisport	32.55	+0,74	492	
	<i>FTL</i>							
26.	Ana Rita Cruz	97	104785	Uniao Piedense	32.57	+0,78	491	
	<i>FTL</i>							
27.	Sofia Oliveira Pinto	94	12766	Benfica	32.59	+0,61	490	
	<i>FTL</i>							
28.	Beatriz Sousa Grou	96	15031	Tavira Natacao	32.67	+0,76	486	
	<i>FTL</i>							
29.	Flavia Daniela Goncalves	96	26907	Desportiva de Viana	32.68	+0,73	486	
	<i>FTL</i>							
30.	Joana Carolina Oliveira	93	13131	Gesloures	32.69	+0,84	485	
	<i>FTL</i>							
31.	Leonor Rebelo Pereira	96	109898	Desporto de Barcelos	32.82	+0,69	480	
	<i>FTL</i>							

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 5, Femin., 50m Costas, Elimin, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
32.	Maria Mar Costa FTL	95	107344	Naval Setubalense	32.96	+0,66	474	
	Ana Margarida Almeida FTL	94	13652	Galitos	32.96	+0,69	474	
	Bruna Fangueiro Coentrao FTL	93	24315	Vilacondense	32.96	+0,76	474	
35.	Ana Sofia Simoes FTL	93	100374	Benfica	33.03	+0,68	471	
36.	Mariana Oliveira Vale FTL	93	15977	Natacao de Valongo	33.12	+0,77	467	

Prova 6
02-12-2011

Masc., 50m Costas

Absolutos
Resultados Elimin

Rec. Nac. 25m Absoluto	24.76	Nuno Filipe Laurentino	FPN	Moscovo (RUS)	05-04-2002
Rec. Nac. 25m Jun	25.01	Alexis Manacas Santos	SCP	Leiria	04-12-2009
Rec. Nac. 25m Sen	24.76	Nuno Filipe Laurentino	FPN	Moscovo (RUS)	05-04-2002

TAC - Masc Sen: 28.50; Jun2: 28.50; Jun1: 28.50

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Absolutos								
1.	David Miguel Leiria	93	14530	Naval Amorense	26.70	+0,66	607	A
2.	Adriano Miguel Niz	86	23013	Famalicao	26.91	+0,66	593	A
3.	Goncalo Filipe Gregorio	93	10644	Uniao Piedense	27.04	+0,64	584	A
4.	Pedro Fontoura Oliveira	90	14688	Amadora	27.09	+0,63	581	A
5.	Daniel Aparicio Pereira	83	24394	Braga	27.11	+0,64	580	A
6.	Pedro Andre Santos	94	15732	Alges	27.13	+0,74	578	A
7.	Mario Alexandre Pereira	92	10767	Nautico/Matobra	27.35	+0,75	564	A
8.	Andre Filipe Mendes	92	100307	Nautico de Abrantes	27.48	+0,55	556	A
9.	Joao Pedro Neto	95	26959	Naval Setubalense	27.54	+0,72	553	B
10.	Renato Mendes Pinheiro	94	16071	Desportiva de Viana	27.66	+0,63	546	B
11.	Fabio Andre Dias	92	14625	Naval Amorense	27.72	+0,68	542	B
12.	Nuno Andre Fernandes	89	16073	Benfica	27.76	+0,61	540	B
13.	Andre Neves Oliveira	91	14834	Benfica	27.86	+0,67	534	B
	Pedro Lobato Rijo	91	13025	Geslourses	27.86	+0,63	534	B
15.	Edgar Oliveira Ribeiro	93	13277	Braga	27.88	+0,67	533	B
16.	Samuel Patricio Queiros	91	15701	Porto	27.91	+0,68	531	B
17.	Andre Duarte Vaz	93	10768	Nautico/Matobra	28.10	+0,67	520	R
18.	Joao Filipe Fernandes	93	15222	Famalicao	28.25	+0,68	512	R
19.	Rodrigo Pereira Lopes	95	26077	Amadora	28.34	+0,68	507	
20.	Joao Pedro Santos	95	105859	Estarreja	28.48	+0,67	500	
21.	Pedro Romanoski Carvalho FTL	94	108664	Famalicao	28.61	+0,64	493	
22.	Diogo Maia e Silva FTL	93	10266	Pimpoes/Cimai	28.75	+0,63	486	
23.	Tiago Freire Almeida FTL	87	12225	Amadora	28.78	+0,68	484	

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 6, Masc., 50m Costas, Elimin, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
23.	Miguel Angelo Pinto FTL	94	103606	Colegio Vasco da Gama	28.78	+0,79	484	
25.	Joao Filipe Barreiros FTL	91	13967	Uniao Piedense	28.79	+0,71	484	
26.	Filipe Rainho Balseiro FTL	94	102824	Galitos	28.86	+0,74	480	
27.	Diego Felipe Santos FTL	87	106614	Nacional	28.98	+0,62	474	
28.	Jose Alberto Martins FTL	94	23096	Vitoria de Guimaraes	29.09	+1,06	469	
29.	Bruno Miguel Alves FTL	91	105381	Desportiva Limiana	29.14	+1,03	467	
30.	Pedro Miguel Costa FTL	92	13380	Sporting de Espinho	29.24	+0,78	462	
31.	Diogo Miguel Paulino FTL	90	10549	Alcobaca	29.28	+0,58	460	
32.	Carlos Manuel Cabral FTL	94	24236	Vilacondense	29.32	+1,14	458	
DSQ	Carlos Filipe Santos 606 - Não rompeu a superfície da água com a cabeça antes dos 15 metros após a partida - SW 6.3	91	15694	Porto				
DNS	Miguel Antonio Silva	94	24570	Braga				

Prova 7 Femin., 200m Mariposa Absolutos
02-12-2011 Resultados Elimin

Rec. Nac. 25m Absoluto	2:08.54	Sara Freitas Oliveira	FPN	Dubai (UAE)	15-12-2010
Rec. Nac. 25m Jun	2:13.60	Ana Rita Francisco	FPN	Gelsenkirchen (GER)	11-02-1996
Rec. Nac. 25m Sen	2:08.54	Sara Freitas Oliveira	FPN	Dubai (UAE)	15-12-2010

TAC - Fem Sen: 2:29.00; Jun1: 2:32.73; Jun2: 2:29.00

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Ana Catarina Monteiro 50m: 31.18 31.18 100m: 1:05.59 34.41 150m: 1:40.83 35.24 200m: 2:16.06 35.23	93	24320	Vilacondense	2:16.06	+0,92	699	A
2.	Sara Freitas Oliveira 50m: 30.78 30.78 100m: 1:05.78 35.00 150m: 1:41.77 35.99 200m: 2:18.09 36.32	85	23045	Porto	2:18.09	+1,00	669	A
3.	Maria Carolina Rosa 50m: 31.02 31.02 100m: 1:05.90 34.88 150m: 1:41.78 35.88 200m: 2:18.81 37.03	94	14248	Sporting	2:18.81	+0,85	658	A
4.	Angelica Maria Andre 50m: 31.09 31.09 100m: 1:05.89 34.80 150m: 1:41.81 35.92 200m: 2:18.95 37.14	94	15497	Leixoes	2:18.95	+0,74	656	A
5.	Ana Beatriz Pereira 50m: 31.69 31.69 100m: 1:07.81 36.12 150m: 1:43.97 36.16 200m: 2:21.38 37.41	91	20591	Colegio Vasco da Gama	2:21.38	+0,76	623	A
6.	Bruna Leal Dantas 50m: 31.91 31.91 100m: 1:07.51 35.60 150m: 1:44.72 37.21 200m: 2:21.54 36.82	96	100371	Sporting	2:21.54	+0,75	621	A
7.	Amelia Pereira Fernandes 50m: 31.71 31.71 100m: 1:07.81 36.10 150m: 1:45.37 37.56 200m: 2:24.42 39.05	89	15951	Vitoria de Guimaraes	2:24.42	+0,83	584	A

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 7, Femin., 200m Mariposa, Elimin, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
8.	Ines Alexandra Paiva	96	100378	Alges	2:25.05	+0,91	577	A
	50m: 32.43 32.43		100m: 1:09.07 36.64	150m: 1:46.63 37.56	200m: 2:25.05 38.42			
9.	Ana Marta Resendes	80	12798	Naval de Ponta Delgada	2:25.30	+0,88	574	B
	50m: 32.31 32.31		100m: 1:08.42 36.11	150m: 1:46.08 37.66	200m: 2:25.30 39.22			
10.	Debora Guimaraes Oliveira	96	105629	Braga	2:26.51	+0,84	560	B
	50m: 32.58 32.58		100m: 1:09.13 36.55	150m: 1:47.14 38.01	200m: 2:26.51 39.37			
11.	Bruna Elisabete Paulino	97	102345	Alcobaca	2:26.64	+0,87	558	B
	50m: 32.76 32.76		100m: 1:09.92 37.16	150m: 1:48.21 38.29	200m: 2:26.64 38.43			
12.	Patricia Silva Damas	92	13130	Gesloures	2:26.80	+0,92	556	B
	50m: 32.56 32.56		100m: 1:09.31 36.75	150m: 1:47.24 37.93	200m: 2:26.80 39.56			
13.	Sara Francisco Cruz	93	10732	BA/Mr.Pizza	2:27.12	+0,86	553	B
	50m: 33.05 33.05		100m: 1:11.10 38.05	150m: 1:49.25 38.15	200m: 2:27.12 37.87			
14.	Julia Matos Lopes	94	12490	Scalabisport	2:27.29	+0,90	551	B
	50m: 33.44 33.44		100m: 1:10.40 36.96	150m: 1:48.34 37.94	200m: 2:27.29 38.95			
15.	Ana Margarida Rodrigues	96	103868	Galitos	2:27.33	+0,82	550	B
	50m: 32.31 32.31		100m: 1:09.02 36.71	150m: 1:47.59 38.57	200m: 2:27.33 39.74			
16.	Ines Filipa Borges	95	26305	Alcobaca	2:27.58	+0,87	548	B
	50m: 32.23 32.23		100m: 1:09.10 36.87	150m: 1:48.07 38.97	200m: 2:27.58 39.51			
17.	Soraia Vanessa Ribeiro	92	15857	Gespacos	2:28.63	+0,98	536	R
	50m: 33.42 33.42		100m: 1:10.91 37.49	150m: 1:49.63 38.72	200m: 2:28.63 39.00			
18.	Isabel Alves Lopes	92	12867	Colegio Vasco da Gama	2:29.24	+0,85	530	R
	<i>FTL</i>							
	50m: 32.07 32.07		100m: 1:09.54 37.47	150m: 1:48.23 38.69	200m: 2:29.24 41.01			
19.	Mariana Sousa Martins	95	103743	Feirense	2:29.60	+0,82	526	
	<i>FTL</i>							
	50m: 33.39 33.39		100m: 1:11.35 37.96	150m: 1:50.03 38.68	200m: 2:29.60 39.57			
20.	Daniela Teixeira Moreira	97	106460	Amadora	2:30.29	+0,93	519	
	50m: 34.06 34.06		100m: 1:12.47 38.41	150m: 1:51.22 38.75	200m: 2:30.29 39.07			
21.	Barbara Daniela Sousa	92	15966	Natacao de Valongo	2:30.90	+0,81	512	
	<i>FTL</i>							
	50m: 34.24 34.24		100m: 1:12.35 38.11	150m: 1:51.03 38.68	200m: 2:30.90 39.87			
22.	Daniela Figueiredo Metelo	97	26780	Nautico/Matobra	2:35.28	+0,80	470	
	<i>FTL</i>							
	50m: 33.16 33.16		100m: 1:11.23 38.07	150m: 1:52.34 41.11	200m: 2:35.28 42.94			

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Prova 8	Masc., 200m Mariposa					Absolutos
02-12-2011						Resultados Elimin
Rec. Nac. 25m Absoluto	1:53.39	Diogo Filipe Carvalho	FPN	Istambul (TUR)	12-12-2009	
Rec. Nac. 25m Jun	1:58.64	Diogo Filipe Carvalho	CGA	Tomar	09-12-2005	
Rec. Nac. 25m Sen	1:53.39	Diogo Filipe Carvalho	FPN	Istambul (TUR)	12-12-2009	
TAC - Masc Sen: 2:09.50; Jun2: 2:09.50; Jun1: 2:12.74						

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Absolutos								
1.	Nuno Goncalo Quintanilha	87	12902	Colegio Vasco da Gama	2:02.18	+0,75	712	A
	50m: 26.91 26.91		100m: 58.10 31.19	150m: 1:29.79	31.69	200m: 2:02.18	32.39	
2.	Fabio Manuel Pereira	86	23049	Vilacondense	2:03.57	+0,77	688	A
	50m: 27.62 27.62		100m: 58.79 31.17	150m: 1:30.85	32.06	200m: 2:03.57	32.72	
3.	Miguel Monteiro Diogo	93	10164	Nautico/Matobra	2:04.27	+0,70	676	A
	50m: 27.91 27.91		100m: 59.49 31.58	150m: 1:31.50	32.01	200m: 2:04.27	32.77	
4.	Fabio Andre Figueira	88	11084	Porto	2:05.03	+0,71	664	A
	50m: 27.68 27.68		100m: 59.32 31.64	150m: 1:31.85	32.53	200m: 2:05.03	33.18	
5.	Ruben Filipe Nunes	94	23302	Gespacos	2:05.54	+0,85	656	A
	50m: 28.35 28.35		100m: 59.85 31.50	150m: 1:32.06	32.21	200m: 2:05.54	33.48	
6.	Hugo Alberto Ribeiro	88	23114	Gespacos	2:06.60	+0,95	640	A
	50m: 28.56 28.56		100m: 1:00.45 31.89	150m: 1:33.02	32.57	200m: 2:06.60	33.58	
7.	Antonio Rafael Bessa	94	102089	Gespacos	2:06.78	+0,83	637	A
	50m: 29.16 29.16		100m: 1:01.74 32.58	150m: 1:34.09	32.35	200m: 2:06.78	32.69	
8.	Joao Pedro Araujo	85	15849	Famalicao	2:07.17	+0,75	631	A
	50m: 27.16 27.16		100m: 58.65 31.49	150m: 1:32.33	33.68	200m: 2:07.17	34.84	
9.	Jorge Miguel Carmo	90	13004	Colegio Vasco da Gama	2:07.44	+0,78	627	B
	50m: 28.40 28.40		100m: 1:00.18 31.78	150m: 1:33.10	32.92	200m: 2:07.44	34.34	
10.	Ricardo Verissimo Sousa	93	25548	Colegio Vasco da Gama	2:07.64	+0,80	624	B
	50m: 28.18 28.18		100m: 1:00.14 31.96	150m: 1:34.00	33.86	200m: 2:07.64	33.64	
11.	Carlos Lopes Pedrosa	94	102149	Naval de Ponta Delgada	2:08.09	+0,75	618	B
	50m: 27.46 27.46		100m: 59.04 31.58	150m: 1:32.74	33.70	200m: 2:08.09	35.35	
12.	Andre Filipe Lopes	92	11180	Academica de Coimbra	2:08.19	+0,67	616	B
	50m: 28.26 28.26		100m: 1:00.38 32.12	150m: 1:33.98	33.60	200m: 2:08.19	34.21	
	Miguel Goncalves Ferreira	93	11223	Nacional	2:08.19	+0,84	616	B
	50m: 28.36 28.36		100m: 1:00.89 32.53	150m: 1:34.31	33.42	200m: 2:08.19	33.88	
14.	Paulo Andre Dias	92	23406	Gespacos	2:08.44	+0,87	613	B
	50m: 28.63 28.63		100m: 1:00.65 32.02	150m: 1:33.73	33.08	200m: 2:08.44	34.71	
15.	Igor Guterres Carvalho	88	23057	Vilacondense	2:08.48	+0,91	612	B
	50m: 29.00 29.00		100m: 1:01.72 32.72	150m: 1:35.08	33.36	200m: 2:08.48	33.40	
16.	Miguel Duarte Nascimento	95	14944	Portinado	2:08.74	+0,78	608	B
	50m: 28.72 28.72		100m: 1:01.17 32.45	150m: 1:34.77	33.60	200m: 2:08.74	33.97	
17.	Joao Duarte Santos	95	26430	Natacao Olhao	2:09.22	+0,70	602	R
	50m: 28.77 28.77		100m: 1:01.82 33.05	150m: 1:35.14	33.32	200m: 2:09.22	34.08	
18.	Antonio Fraga Fragoso	95	14324	Bombeiros de Ponta Delgada	2:09.35	+0,82	600	R
	50m: 28.05 28.05		100m: 1:00.51 32.46	150m: 1:34.51	34.00	200m: 2:09.35	34.84	
19.	Rafael Filipe Torres	95	105394	Sporting	2:10.58	+0,76	583	
	50m: 28.65 28.65		100m: 1:01.04 32.39	150m: 1:35.24	34.20	200m: 2:10.58	35.34	

O Juiz Arbitro

O Secretariado

Splash Meet Manager 11, Build 17983

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Silves, 2- - 4-12-2011

Prova 8, Masc., 200m Mariposa, Elimin, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
20.	Miguel Bras Sergio	95	100925	Bombeiros dos Estoris	2:11.19	+0,77	575	
	50m: 28.39 28.39		100m: 1:01.53 33.14	150m: 1:35.50 33.97	200m: 2:11.19 35.69			
21.	Nuno Miguel Rola FTL	83	11949	Amadora	2:11.40	+0,80	572	
	50m: 29.14 29.14		100m: 1:02.32 33.18	150m: 1:36.34 34.02	200m: 2:11.40 35.06			
22.	Cesar Filipe Magalhaes	95	15473	Foca	2:11.46	+0,79	571	
	50m: 29.19 29.19		100m: 1:02.48 33.29	150m: 1:36.65 34.17	200m: 2:11.46 34.81			

Prova 9
02-12-2011
Femin., 400m Estilos
Absolutos Resultados

Rec. Nac. 25m Absoluto	4:44.56	Nadia Morais Vieira	GESL	Leiria	04-12-2009
Rec. Nac. 25m Jun	4:51.07	Susana Patricia Miguel	SFUAP	Tomar	09-12-2005
Rec. Nac. 25m Sen	4:44.56	Nadia Morais Vieira	GESL	Leiria	04-12-2009

TAC - Fem Sen: 5:14.00; Jun1: 5:20.28; Jun2: 5:14.00

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Absolutos								
1.	Victoria Kaminskaya	95	102313	Pimpoes/Cimai	4:48.80	+0,83	738	
	50m: 32.09 32.09		150m: 1:44.45 36.39	250m: 2:59.88 40.06	350m: 4:14.72 34.49			
	100m: 1:08.06 35.97		200m: 2:19.82 35.37	300m: 3:40.23 40.35	400m: 4:48.80 34.08			
2.	Diana Margarida Duraes Recorde Nacional	96	102992	Foca	4:50.85	+0,81	722	
	50m: 31.29 31.29		150m: 1:44.39 37.61	250m: 3:02.74 41.01	350m: 4:18.33 33.52			
	100m: 1:06.78 35.49		200m: 2:21.73 37.34	300m: 3:44.81 42.07	400m: 4:50.85 32.52			
3.	Marta Pereira Abreu	92	23091	Porto	4:52.77	+1,46	708	
	50m: 32.06 32.06		150m: 1:44.74 36.15	250m: 3:01.75 41.08	350m: 4:18.57 34.87			
	100m: 1:08.59 36.53		200m: 2:20.67 35.93	300m: 3:43.70 41.95	400m: 4:52.77 34.20			
4.	Ana Marta Miranda	96	100377	Uniao Piedense	4:53.82	+0,90	701	
	50m: 31.36 31.36		150m: 1:45.42 38.16	250m: 3:03.85 41.35	350m: 4:20.17 34.73			
	100m: 1:07.26 35.90		200m: 2:22.50 37.08	300m: 3:45.44 41.59	400m: 4:53.82 33.65			
5.	Filipa Vilas Ruivo	97	103568	Nautico da Marinha Grande	4:58.17	+0,92	671	
	50m: 32.25 32.25		150m: 1:48.01 39.16	250m: 3:08.20 41.83	350m: 4:24.91 34.29			
	100m: 1:08.85 36.60		200m: 2:26.37 38.36	300m: 3:50.62 42.42	400m: 4:58.17 33.26			
6.	Diana Patricia Ferreira	94	23500	Gespacos	5:00.31	+0,84	656	
	50m: 31.83 31.83		150m: 1:45.88 38.29	250m: 3:06.61 43.27	350m: 4:25.89 36.01			
	100m: 1:07.59 35.76		200m: 2:23.34 37.46	300m: 3:49.88 43.27	400m: 5:00.31 34.42			
7.	Raquel Paulo Ranito	94	25504	Sporting	5:01.20	+0,84	650	
	50m: 31.92 31.92		150m: 1:45.66 37.81	250m: 3:07.76 44.13	350m: 4:27.19 35.39			
	100m: 1:07.85 35.93		200m: 2:23.63 37.97	300m: 3:51.80 44.04	400m: 5:01.20 34.01			
8.	Ana Monica Eloi	96	107038	Nautico da Marinha Grande	5:05.50	+0,95	623	
	50m: 32.52 32.52		150m: 1:50.05 39.49	250m: 3:12.24 43.02	350m: 4:31.36 35.17			
	100m: 1:10.56 38.04		200m: 2:29.22 39.17	300m: 3:56.19 43.95	400m: 5:05.50 34.14			
9.	Vania Soares Neves	90	12380	Viana Natacao	5:05.91	+0,92	621	
	50m: 32.79 32.79		150m: 1:49.88 39.60	250m: 3:13.70 44.09	350m: 4:33.07 34.60			
	100m: 1:10.28 37.49		200m: 2:29.61 39.73	300m: 3:58.47 44.77	400m: 5:05.91 32.84			

O Juiz Arbitro

O Secretariado

Splash Meet Manager 11, Build 17983

Registered to Federacao Portuguesa De Natacao

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Silves, 2 - 4-12-2011

Prova 9, Femin., 400m Estilos, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
10.	Maria Teresa Amorim	97	20104	Porto	5:06.02	+0,99	620	
	50m: 32.34	32.34	150m: 1:49.89	40.15	250m: 3:14.17	44.61	350m: 4:34.00	34.33
	100m: 1:09.74	37.40	200m: 2:29.56	39.67	300m: 3:59.67	45.50	400m: 5:06.02	32.02
11.	Helena Paula Carvalho	95	107307	Uniao Piedense	5:07.48	+0,92	611	
	50m: 32.57	32.57	150m: 1:48.49	39.06	250m: 3:12.57	45.54	350m: 4:33.94	35.19
	100m: 1:09.43	36.86	200m: 2:27.03	38.54	300m: 3:58.75	46.18	400m: 5:07.48	33.54
12.	Rute Margarida Marques	94	25359	Amadora	5:12.60	+0,88	582	
	50m: 33.48	33.48	150m: 1:52.63	40.24	250m: 3:15.77	43.04	350m: 4:36.32	36.02
	100m: 1:12.39	38.91	200m: 2:32.73	40.10	300m: 4:00.30	44.53	400m: 5:12.60	36.28
13.	Sara Monteiro Meireles	97	103921	Gespacos	5:14.92	+0,92	569	
	50m: 32.93	32.93	150m: 1:52.49	41.61	250m: 3:17.69	44.96	350m: 4:40.26	37.68
	100m: 1:10.88	37.95	200m: 2:32.73	40.24	300m: 4:02.58	44.89	400m: 5:14.92	34.66
14.	Bruna Leal Dantas	96	100371	Sporting	5:15.54	+0,72	566	
	<i>FTL</i>							
	50m: 32.71	32.71	150m: 1:50.99	40.76	250m: 3:17.51	46.45	350m: 4:40.45	36.24
	100m: 1:10.23	37.52	200m: 2:31.06	40.07	300m: 4:04.21	46.70	400m: 5:15.54	35.09
15.	Francisca Gomes Azevedo	97	100356	Alges	5:16.70	+0,94	559	
	50m: 36.08	36.08	150m: 1:54.16	36.48	250m: 3:18.14	46.53	350m: 4:41.64	36.36
	100m: 1:17.68	41.60	200m: 2:31.61	37.45	300m: 4:05.28	47.14	400m: 5:16.70	35.06
16.	Barbara Marques Rodrigues	97	107039	Alges	5:16.79	+0,87	559	
	50m: 33.72	33.72	150m: 1:53.22	39.75	250m: 3:18.85	46.38	350m: 4:42.05	35.68
	100m: 1:13.47	39.75	200m: 2:32.47	39.25	300m: 4:06.37	47.52	400m: 5:16.79	34.74
17.	Ines Filipa Borges	95	26305	Alcobaca	5:21.28	+0,88	536	
	<i>FTL</i>							
	50m: 32.65	32.65	150m: 1:51.95	41.37	250m: 3:19.19	47.31	350m: 4:44.98	37.18
	100m: 1:10.58	37.93	200m: 2:31.88	39.93	300m: 4:07.80	48.61	400m: 5:21.28	36.30
18.	Margarida Domingues Duarte	97	109035	Nautico da Marinha Grande	5:22.13	+0,90	532	
	<i>FTL</i>							
	50m: 34.65	34.65	150m: 1:56.28	41.61	250m: 3:22.39	44.75	350m: 4:45.59	37.63
	100m: 1:14.67	40.02	200m: 2:37.64	41.36	300m: 4:07.96	45.57	400m: 5:22.13	36.54
19.	Barbara Sofia Barata	97	105454	Alges	5:26.28	+0,90	512	
	<i>FTL</i>							
	50m: 34.64	34.64	150m: 1:56.44	42.02	250m: 3:23.86	45.44	350m: 4:48.67	38.60
	100m: 1:14.42	39.78	200m: 2:38.42	41.98	300m: 4:10.07	46.21	400m: 5:26.28	37.61

Campeonatos Absolutos de Portugal PC (Jun e Sen)
Silves, 2- - 4-12-2011

Prova 10	Masc., 400m Estilos					Absolutos
02-12-2011						Resultados
Rec. Nac. 25m Absoluto	4:06.83	Diogo Filipe Carvalho	FPN	Istambul (TUR)	11-12-2009	
Rec. Nac. 25m Jun	4:20.95	Adriano Miguel Niz	FPN	Dublin (IRL)	12-12-2003	
Rec. Nac. 25m Sen	4:06.83	Diogo Filipe Carvalho	FPN	Istambul (TUR)	11-12-2009	

TAC - Masc Sen: 4:42.00; Jun2: 4:42.00; Jun1: 4:49.05

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Absolutos								
1.	Pedro Miguel Pinotes	89	26732	Sporting	4:14.67	+0,77	790	
	50m: 27.41	27.41	150m: 1:30.14	31.33	250m: 2:37.78	36.05	350m: 3:44.82	30.86
	100m: 58.81	31.40	200m: 2:01.73	31.59	300m: 3:13.96	36.18	400m: 4:14.67	29.85
2.	Adriano Miguel Niz	86	23013	Famalicao	4:17.92	+0,76	761	
	50m: 27.29	27.29	150m: 1:31.92	33.10	250m: 2:42.22	37.98	350m: 3:49.85	30.35
	100m: 58.82	31.53	200m: 2:04.24	32.32	300m: 3:19.50	37.28	400m: 4:17.92	28.07
3.	Nuno Goncalo Quintanilha	87	12902	Colegio Vasco da Gama	4:18.66	+0,74	754	
	50m: 26.67	26.67	150m: 1:32.15	34.68	250m: 2:41.45	35.18	350m: 3:48.87	30.88
	100m: 57.47	30.80	200m: 2:06.27	34.12	300m: 3:17.99	36.54	400m: 4:18.66	29.79
4.	Nuno Rafael Alves	90	25140	Gespacos	4:23.39	+0,88	714	
	50m: 28.70	28.70	150m: 1:34.76	34.10	250m: 2:44.87	36.15	350m: 3:52.97	31.25
	100m: 1:00.66	31.96	200m: 2:08.72	33.96	300m: 3:21.72	36.85	400m: 4:23.39	30.42
5.	Miguel Machado Lopes	92	11467	Sporting	4:29.31	+0,76	668	
	50m: 29.02	29.02	150m: 1:35.25	33.50	250m: 2:46.60	37.77	350m: 3:57.58	31.46
	100m: 1:01.75	32.73	200m: 2:08.83	33.58	300m: 3:26.12	39.52	400m: 4:29.31	31.73
6.	Tomas Correia Silva	95	23367	Porto	4:31.12	+0,74	655	
	50m: 29.84	29.84	150m: 1:39.77	35.70	250m: 2:53.02	37.37	350m: 4:01.43	30.40
	100m: 1:04.07	34.23	200m: 2:15.65	35.88	300m: 3:31.03	38.01	400m: 4:31.12	29.69
7.	Andre Bras Goncalves	88	14767	Amadora	4:32.15	+0,81	647	
	50m: 27.94	27.94	150m: 1:35.44	34.93	250m: 2:48.57	38.35	350m: 4:00.33	32.37
	100m: 1:00.51	32.57	200m: 2:10.22	34.78	300m: 3:27.96	39.39	400m: 4:32.15	31.82
8.	Diogo Parrilha da Silva	93	11580	Alcobaca	4:34.04	+0,76	634	
	50m: 27.04	27.04	150m: 1:33.89	35.12	250m: 2:47.68	38.16	350m: 4:01.25	34.62
	100m: 58.77	31.73	200m: 2:09.52	35.63	300m: 3:26.63	38.95	400m: 4:34.04	32.79
9.	Rui Filipe Costa	91	24004	Vitoria de Guimaraes	4:34.14	+0,75	633	
	50m: 29.17	29.17	150m: 1:39.16	36.04	250m: 2:53.95	39.35	350m: 4:04.29	31.21
	100m: 1:03.12	33.95	200m: 2:14.60	35.44	300m: 3:33.08	39.13	400m: 4:34.14	29.85
10.	Miguel Silva Oliveira	91	10822	Nautico/Matobra	4:34.63	+0,86	630	
	50m: 28.84	28.84	150m: 1:37.50	36.06	250m: 2:51.83	38.02	350m: 4:03.38	32.65
	100m: 1:01.44	32.60	200m: 2:13.81	36.31	300m: 3:30.73	38.90	400m: 4:34.63	31.25
11.	Samuel Patricio Queiros	91	15701	Porto	4:34.74	+0,84	629	
	50m: 28.97	28.97	150m: 1:35.28	33.06	250m: 2:48.56	40.10	350m: 4:03.63	32.61
	100m: 1:02.22	33.25	200m: 2:08.46	33.18	300m: 3:31.02	42.46	400m: 4:34.74	31.11
12.	Paulo Andre Dias	92	23406	Gespacos	4:34.84	+0,88	629	
	50m: 29.50	29.50	150m: 1:39.06	36.52	250m: 2:53.54	38.20	350m: 4:04.20	32.04
	100m: 1:02.54	33.04	200m: 2:15.34	36.28	300m: 3:32.16	38.62	400m: 4:34.84	30.64
13.	Pedro Andre Santos	94	15732	Alges	4:36.08	+0,84	620	
	50m: 29.63	29.63	150m: 1:39.21	34.94	250m: 2:53.22	39.25	350m: 4:04.77	32.10
	100m: 1:04.27	34.64	200m: 2:13.97	34.76	300m: 3:32.67	39.45	400m: 4:36.08	31.31
14.	Joao Andre Neves	95	101408	Academica de Coimbra	4:36.24	+0,77	619	
	50m: 29.38	29.38	150m: 1:40.32	36.61	250m: 2:54.16	37.69	350m: 4:05.29	32.57
	100m: 1:03.71	34.33	200m: 2:16.47	36.15	300m: 3:32.72	38.56	400m: 4:36.24	30.95

O Juiz Arbitro

O Secretariado

Splash Meet Manager 11, Build 17983

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Silves, 2- 4-12-2011

Prova 10, Masc., 400m Estilos, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
15.	Jorge Miguel Carmo	90	13004	Colegio Vasco da Gama	4:38.00	+0,74	607	
	50m: 30.03	30.03	150m: 1:38.95	35.90	250m: 2:53.92	39.85	350m: 4:06.51	32.21
	100m: 1:04.05	33.02	200m: 2:14.07	35.12	300m: 3:34.30	40.38	400m: 4:38.00	31.49
16.	Joao Pedro Veiga	94	10892	Nautico/Matobra	4:40.82	+0,79	589	
	50m: 29.76	29.76	150m: 1:41.44	37.30	250m: 2:56.82	39.39	350m: 4:10.34	32.88
	100m: 1:04.14	34.38	200m: 2:17.43	35.99	300m: 3:37.46	40.64	400m: 4:40.82	30.48
17.	Joao Pedro Braga	94	25892	Naval de Ponta Delgada	4:41.09	+0,82	588	
	50m: 30.15	30.15	150m: 1:42.51	36.32	250m: 2:57.40	38.86	350m: 4:09.69	32.84
	100m: 1:06.19	36.04	200m: 2:18.54	36.03	300m: 3:36.85	39.45	400m: 4:41.09	31.40
18.	Ruben Filipe Nunes	94	23302	Gespacos	4:41.94	+0,86	582	
	50m: 29.63	29.63	150m: 1:40.53	36.69	250m: 2:57.06	39.85	350m: 4:10.56	33.10
	100m: 1:03.84	34.21	200m: 2:17.21	36.68	300m: 3:37.46	40.40	400m: 4:41.94	31.38
19.	Andre Duarte Vaz	93	10768	Nautico/Matobra	4:42.09	+0,89	581	
	<i>FTL</i>							
	50m: 29.41	29.41	150m: 1:38.10	34.83	250m: 2:52.91	39.82	350m: 4:09.04	34.10
	100m: 1:03.27	33.86	200m: 2:13.09	34.99	300m: 3:34.94	42.03	400m: 4:42.09	33.05
20.	Pedro Barros Mendes	94	11195	Academica de Coimbra	4:43.46	+0,84	573	
	<i>FTL</i>							
	50m: 29.47	29.47	150m: 1:38.54	35.57	250m: 2:54.34	40.38	350m: 4:10.06	34.45
	100m: 1:02.97	33.50	200m: 2:13.96	35.42	300m: 3:35.61	41.27	400m: 4:43.46	33.40
21.	Mauro Filipe Viegas	95	26428	Natacao Olhao	4:44.23	+0,65	568	
	50m: 29.36	29.36	150m: 1:41.93	38.24	250m: 2:59.40	39.75	350m: 4:12.37	32.92
	100m: 1:03.69	34.33	200m: 2:19.65	37.72	300m: 3:39.45	40.05	400m: 4:44.23	31.86
22.	Tiago Ferreira Azevedo	95	103574	Naval Amorense	4:45.14	+0,72	563	
	50m: 29.36	29.36	150m: 1:40.87	36.20	250m: 2:58.59	42.33	350m: 4:14.24	32.18
	100m: 1:04.67	35.31	200m: 2:16.26	35.39	300m: 3:42.06	43.47	400m: 4:45.14	30.90
23.	Diogo Miguel Silva	95	104780	Uniao Piedense	4:46.53	+0,75	555	
	50m: 29.66	29.66	150m: 1:41.15	37.04	250m: 2:57.66	40.06	350m: 4:13.13	34.78
	100m: 1:04.11	34.45	200m: 2:17.60	36.45	300m: 3:38.35	40.69	400m: 4:46.53	33.40
24.	Afonso Lopes dos Santos	95	14773	Pimpoes/Cimai	4:48.60	+0,75	543	
	50m: 30.20	30.20	150m: 1:41.73	37.31	250m: 3:00.28	41.52	350m: 4:16.34	34.17
	100m: 1:04.42	34.22	200m: 2:18.76	37.03	300m: 3:42.17	41.89	400m: 4:48.60	32.26
25.	Andre Filipe Teodoro	95	25350	Naval Setubalense	4:49.20	+0,79	539	
	<i>FTL</i>							
	50m: 28.97	28.97	150m: 1:40.78	38.05	250m: 2:59.52	40.99	350m: 4:15.83	34.05
	100m: 1:02.73	33.76	200m: 2:18.53	37.75	300m: 3:41.78	42.26	400m: 4:49.20	33.37
26.	Rafael Filipe Torres	95	105394	Sporting	5:01.43	+0,72	476	
	<i>FTL</i>							
	50m: 30.29	30.29	150m: 1:44.50	39.32	250m: 3:06.07	42.30	350m: 4:25.78	36.10
	100m: 1:05.18	34.89	200m: 2:23.77	39.27	300m: 3:49.68	43.61	400m: 5:01.43	35.65

Campeonatos Absolutos de Portugal PC (Jun e Sen)
Silves, 2- - 4-12-2011

2 - 1ª Jornada, 2ª Sessão (Finais)

02-12-2011 - 17:00

Prova 11	Femin., 4 x 50m Livres					Absolutos
02-12-2011						Resultados
Rec. Nac. 25m Absoluto	1:43.49	Futebol Clube do Porto/Dolce Vita	FCP	Leiria		04-12-2009
Rec. Nac. 25m Jun	1:46.86	Sporting Clube de Portugal	SCP	Leiria		04-12-2009
Rec. Nac. 25m Sen	1:43.49	Futebol Clube do Porto/Dolce Vita	FCP	Leiria		04-12-2009

TAC Estaf - Fem Absoluto: 1:55.00

Pontos: FINA 2011

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Absolutos						
1. Porto		Porto	1:46.00	+0,73	680	
	91	+0,73 26.66	Sara Beatriz Loureiro	87	+0,40	26.63
	91	+0,29 26.28	Sara Freitas Oliveira	85	+0,32	26.43
2. Amadora		Amadora	1:47.73	+0,70	648	
	91	+0,70 27.16	Filipa Ferreira Silva	85	+0,41	26.51
	95	+0,37 26.68	Ana Marisa Brito	90	+0,21	27.38
3. Nautico/Matobra		Nautico/Matobra	1:48.52	+0,95	634	
	95	+0,95 27.66	Gabriela Oliveira Andrade	94	+0,14	26.67
	96	+0,53 27.43	Maria Ines Ribeiro	92	+0,21	26.76
4. Alges		Alges	1:50.51	+0,83	600	
	95	+0,83 27.49	Ines Alexandra Paiva	96	+0,14	27.48
	97	+0,27 27.57	Ana Carolina Mateus	95	+0,15	27.97
5. Louletano/Loule Concelho		Louletano/Loule Concelho	1:51.18	+0,74	590	
	96	+0,74 28.39	Rute Rocha Ines	97	+0,43	27.69
	95	+0,51 27.36	Ines Pugsley Ferreira	97	+0,24	27.74
6. Vilacondense		Vilacondense	1:51.28	+0,86	588	
	95	+0,86 28.40	Ana Filipa Gomes	96	+0,34	27.66
	92	+0,42 26.77	Cassandra Pedro Oliveira	95	+0,40	28.45
7. Gespacos		Gespacos	1:52.19	+0,78	574	
	94	+0,78 27.24	Claudia Susana Teixeira	96	+0,40	29.56
	97	+0,41 28.05	Soraia Vanessa Ribeiro	92	+0,30	27.34
8. Viana Natacao		Viana Natacao	1:52.80	+0,87	564	
	94	+0,87 28.17	Ana Filipa Teixeira	95	+0,52	27.74
	97	+0,55 29.15	Vania Soares Neves	90	+0,25	27.74
9. Uniao Piedense		Uniao Piedense	1:53.11	+0,88	560	
	95	+0,88 27.44	Helena Paula Carvalho	95	+0,26	28.10
	96	+0,41 27.88	Marta Alexandra Saraiva	93	+0,27	29.69
10. Naval Amorense		Naval Amorense	1:53.26	+0,83	558	
	95	+0,83 28.54	Tania Filipa Henriques	93	+0,35	28.37
	96	+0,26 27.58	Soraia Guerra Rolim	95	+0,22	28.77
11. Naval do Funchal		Naval do Funchal	1:53.50	+0,79	554	
	77	+0,79 27.99	Ines Tomas Margarido	96	+0,21	28.72
	93	+0,39 28.16	Maria Joao Figueiredo	94	+0,29	28.63
12. Gesloures		Gesloures	1:54.06	+0,77	546	
	92	+0,77 28.61	Jessica Goncalves Sequeira	95	+0,58	28.91
	93	+0,29 28.72	Paula Cristina Yang	95	+0,38	27.82
13. Benfica		Benfica	1:55.63	+1,19	524	
<i>FTL</i>						
	94	+1,19 29.55	Ana Sofia Simoes	93	+0,09	29.82
	94	+0,20 28.51	Joana Filipa Capela	89	+0,29	27.75

O Juiz Arbitro

O Secretariado

Splash Meet Manager 11, Build 17983

Registered to Federacao Portuguesa De Natacao

04-12-2011 18:32 - Página 17

Campeonatos Absolutos de Portugal PC (Jun e Sen)
Silves, 2 - 4-12-2011

Prova 11, Femin., 4 x 50m Livres, Absolutos

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
DSQ	Foca	Foca				
<i>111 - Rendição antecipada do 4 nadador - SW 10.11</i>						
	97	+0,87 28.46	Ana Isabel Cunha	96	+0,14	29.92
	96	+0,34 29.07	Diana Margarida Duraes	96	-0,08	

Prova 12
02-12-2011

Masc., 4 x 50m Livres

Absolutos
Resultados

Rec. Nac. 25m Absoluto	1:29.97	Futebol Clube do Porto/Dolce Vita	FCP	Leiria	04-12-2009
Rec. Nac. 25m Jun	1:35.76	Futebol Clube do Porto/Imperio Bonanca	FCP	Felgueiras	24-11-2006
Rec. Nac. 25m Sen	1:29.97	Futebol Clube do Porto/Dolce Vita	FCP	Leiria	04-12-2009

TAC Estaf- Masc Absoluto: 1:40.00

Pontos: FINA 2011

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Absolutos						
1.		Porto	1:31.97	+0,71	677	
	89	+0,71 23.00	Carlos Filipe Santos	91	+0,36	22.78
	87	+1,90 23.35	Fabio Andre Figueira	88	+0,13	22.84
2.		Amadora	1:33.48	+0,69	645	
	88	+0,69 23.01	Pedro Fontoura Oliveira	90	+0,33	23.43
	90	+0,35 23.07	Rodrigo Pereira Lopes	95	+0,41	23.97
3.		Nautico/Matobra	1:33.70	+0,76	640	
	92	+0,76 23.28	Miguel Monteiro Diogo	93	+0,23	23.61
	91	+0,33 23.52	Joao Pedro Almeida	92	+0,28	23.29
4.		Sporting	1:34.57	+0,69	623	
	92	+0,69 23.84	Gustavo Manuel Santa	93	+0,23	23.63
	90	+0,21 24.01	Ricardo Ferreira Cotovio	91	+0,14	23.09
5.		Naval Amorense	1:36.35	+0,71	589	
	95	+0,71 24.54	David Miguel Leiria	93	+1,82	23.30
	92	+0,10 23.23	Guilherme Pereira Gil	93	+0,61	25.28
6.		Vilacondense	1:36.44	+0,89	587	
	94	+0,89 25.11	Henrique Pereira Neiva	84	+0,46	24.29
	86	+0,12 22.94	Rui Filipe Maia	93	+0,19	24.10
7.		Nacional	1:37.07	+0,74	576	
	91	+0,74 23.96	Diego Felipe Santos	87	+0,33	24.58
	90	+0,52 24.15	Tomas Miguel Freitas	90	+0,27	24.38
8.		Academica de Coimbra	1:37.14	+0,70	574	
	94	+0,70 23.57	Joao Filipe Lucas	94	+0,41	24.38
	92	+1,36 24.37	Joao Andre Neves	95	+0,45	24.82
9.		Uniao Piedense	1:39.63	+0,77	532	
	90	+0,77 25.05	Joao Filipe Barreiros	91	+0,31	25.41
	92	+0,54 24.18	Jose Manuel Dias	94	+0,51	24.99
		Naval do Funchal	1:39.63	+0,77	532	
	94	+0,77 24.85	Joao Afonso Vargas	93	+0,19	24.74
	94	+0,08 24.16	Joao Pedro Vieira	94	+0,37	25.88

O Juiz Arbitro

O Secretariado

Splash Meet Manager 11, Build 17983

Registered to Federacao Portuguesa De Natacao

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Silves, 2- - 4-12-2011

Prova 9	Femin., 400m Estilos				Absolutos	
02-12-2011					Resultados	
Rec. Nac. 25m Absoluto	4:44.56	Nadia Morais Vieira	GESL	Leiria	04-12-2009	
Rec. Nac. 25m Jun	4:50.85	Diana Margarida Duraes	FOCA	Silves	02-12-2011	
Rec. Nac. 25m Sen	4:44.56	Nadia Morais Vieira	GESL	Leiria	04-12-2009	

TAC - Fem Sen: 5:14.00; Jun2: 5:14.00; Jun1: 5:20.28

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Absolutos								
1.	Victoria Kaminskaya	95	102313	Pimpoes/Cimai	4:48.80	+0,83	738	
	50m: 32.09	32.09	150m: 1:44.45	36.39	250m: 2:59.88	40.06	350m: 4:14.72	34.49
	100m: 1:08.06	35.97	200m: 2:19.82	35.37	300m: 3:40.23	40.35	400m: 4:48.80	34.08
2.	Diana Margarida Duraes	96	102992	Foca	4:50.85	+0,81	722	
	<i>Recorde Nacional</i>							
	50m: 31.29	31.29	150m: 1:44.39	37.61	250m: 3:02.74	41.01	350m: 4:18.33	33.52
	100m: 1:06.78	35.49	200m: 2:21.73	37.34	300m: 3:44.81	42.07	400m: 4:50.85	32.52
3.	Marta Pereira Abreu	92	23091	Porto	4:52.77	+1,46	708	
	50m: 32.06	32.06	150m: 1:44.74	36.15	250m: 3:01.75	41.08	350m: 4:18.57	34.87
	100m: 1:08.59	36.53	200m: 2:20.67	35.93	300m: 3:43.70	41.95	400m: 4:52.77	34.20
4.	Ana Marta Miranda	96	100377	Uniao Piedense	4:53.82	+0,90	701	
	50m: 31.36	31.36	150m: 1:45.42	38.16	250m: 3:03.85	41.35	350m: 4:20.17	34.73
	100m: 1:07.26	35.90	200m: 2:22.50	37.08	300m: 3:45.44	41.59	400m: 4:53.82	33.65
5.	Filipa Vilas Ruivo	97	103568	Nautico da Marinha Grande	4:58.17	+0,92	671	
	50m: 32.25	32.25	150m: 1:48.01	39.16	250m: 3:08.20	41.83	350m: 4:24.91	34.29
	100m: 1:08.85	36.60	200m: 2:26.37	38.36	300m: 3:50.62	42.42	400m: 4:58.17	33.26
6.	Diana Patricia Ferreira	94	23500	Gespacos	5:00.31	+0,84	656	
	50m: 31.83	31.83	150m: 1:45.88	38.29	250m: 3:06.61	43.27	350m: 4:25.89	36.01
	100m: 1:07.59	35.76	200m: 2:23.34	37.46	300m: 3:49.88	43.27	400m: 5:00.31	34.42
7.	Raquel Paulo Ranito	94	25504	Sporting	5:01.20	+0,84	650	
	50m: 31.92	31.92	150m: 1:45.66	37.81	250m: 3:07.76	44.13	350m: 4:27.19	35.39
	100m: 1:07.85	35.93	200m: 2:23.63	37.97	300m: 3:51.80	44.04	400m: 5:01.20	34.01
8.	Ana Monica Eloi	96	107038	Nautico da Marinha Grande	5:05.50	+0,95	623	
	50m: 32.52	32.52	150m: 1:50.05	39.49	250m: 3:12.24	43.02	350m: 4:31.36	35.17
	100m: 1:10.56	38.04	200m: 2:29.22	39.17	300m: 3:56.19	43.95	400m: 5:05.50	34.14
9.	Vania Soares Neves	90	12380	Viana Natacao	5:05.91	+0,92	621	
	50m: 32.79	32.79	150m: 1:49.88	39.60	250m: 3:13.70	44.09	350m: 4:33.07	34.60
	100m: 1:10.28	37.49	200m: 2:29.61	39.73	300m: 3:58.47	44.77	400m: 5:05.91	32.84
10.	Maria Teresa Amorim	97	20104	Porto	5:06.02	+0,99	620	
	50m: 32.34	32.34	150m: 1:49.89	40.15	250m: 3:14.17	44.61	350m: 4:34.00	34.33
	100m: 1:09.74	37.40	200m: 2:29.56	39.67	300m: 3:59.67	45.50	400m: 5:06.02	32.02
11.	Helena Paula Carvalho	95	107307	Uniao Piedense	5:07.48	+0,92	611	
	50m: 32.57	32.57	150m: 1:48.49	39.06	250m: 3:12.57	45.54	350m: 4:33.94	35.19
	100m: 1:09.43	36.86	200m: 2:27.03	38.54	300m: 3:58.75	46.18	400m: 5:07.48	33.54
12.	Rute Margarida Marques	94	25359	Amadora	5:12.60	+0,88	582	
	50m: 33.48	33.48	150m: 1:52.63	40.24	250m: 3:15.77	43.04	350m: 4:36.32	36.02
	100m: 1:12.39	38.91	200m: 2:32.73	40.10	300m: 4:00.30	44.53	400m: 5:12.60	36.28
13.	Sara Monteiro Meireles	97	103921	Gespacos	5:14.92	+0,92	569	
	50m: 32.93	32.93	150m: 1:52.49	41.61	250m: 3:17.69	44.96	350m: 4:40.26	37.68
	100m: 1:10.88	37.95	200m: 2:32.73	40.24	300m: 4:02.58	44.89	400m: 5:14.92	34.66

O Juiz Arbitro

O Secretariado

Splash Meet Manager 11, Build 17983

Registered to Federacao Portuguesa De Natacao

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Silves, 2- - 4-12-2011

Prova 9, Femin., 400m Estilos, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
14.	Bruna Leal Dantas <i>FTL</i>	96	100371	Sporting	5:15.54	+0,72	566	
	50m: 32.71 32.71	150m: 1:50.99 40.76	250m: 3:17.51 46.45	350m: 4:40.45 36.24				
	100m: 1:10.23 37.52	200m: 2:31.06 40.07	300m: 4:04.21 46.70	400m: 5:15.54 35.09				
15.	Francisca Gomes Azevedo	97	100356	Alges	5:16.70	+0,94	559	
	50m: 36.08 36.08	150m: 1:54.16 36.48	250m: 3:18.14 46.53	350m: 4:41.64 36.36				
	100m: 1:17.68 41.60	200m: 2:31.61 37.45	300m: 4:05.28 47.14	400m: 5:16.70 35.06				
16.	Barbara Marques Rodrigues	97	107039	Alges	5:16.79	+0,87	559	
	50m: 33.72 33.72	150m: 1:53.22 39.75	250m: 3:18.85 46.38	350m: 4:42.05 35.68				
	100m: 1:13.47 39.75	200m: 2:32.47 39.25	300m: 4:06.37 47.52	400m: 5:16.79 34.74				
17.	Ines Filipa Borges <i>FTL</i>	95	26305	Alcobaca	5:21.28	+0,88	536	
	50m: 32.65 32.65	150m: 1:51.95 41.37	250m: 3:19.19 47.31	350m: 4:44.98 37.18				
	100m: 1:10.58 37.93	200m: 2:31.88 39.93	300m: 4:07.80 48.61	400m: 5:21.28 36.30				
18.	Margarida Domingues Duarte <i>FTL</i>	97	109035	Nautico da Marinha Grande	5:22.13	+0,90	532	
	50m: 34.65 34.65	150m: 1:56.28 41.61	250m: 3:22.39 44.75	350m: 4:45.59 37.63				
	100m: 1:14.67 40.02	200m: 2:37.64 41.36	300m: 4:07.96 45.57	400m: 5:22.13 36.54				
19.	Barbara Sofia Barata <i>FTL</i>	97	105454	Alges	5:26.28	+0,90	512	
	50m: 34.64 34.64	150m: 1:56.44 42.02	250m: 3:23.86 45.44	350m: 4:48.67 38.60				
	100m: 1:14.42 39.78	200m: 2:38.42 41.98	300m: 4:10.07 46.21	400m: 5:26.28 37.61				

Prova 10
02-12-2011

Masc., 400m Estilos

Absolutos
Resultados

Rec. Nac. 25m Absoluto	4:06.83	Diogo Filipe Carvalho	FPN	Istambul (TUR)	11-12-2009
Rec. Nac. 25m Jun	4:20.95	Adriano Miguel Niz	FPN	Dublin (IRL)	12-12-2003
Rec. Nac. 25m Sen	4:06.83	Diogo Filipe Carvalho	FPN	Istambul (TUR)	11-12-2009

TAC - Masc Sen: 4:42.00; Jun2: 4:42.00; Jun1: 4:49.05

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Absolutos								
1.	Pedro Miguel Pinotes	89	26732	Sporting	4:14.67	+0,77	790	
	50m: 27.41 27.41	150m: 1:30.14 31.33	250m: 2:37.78 36.05	350m: 3:44.82 30.86				
	100m: 58.81 31.40	200m: 2:01.73 31.59	300m: 3:13.96 36.18	400m: 4:14.67 29.85				
2.	Adriano Miguel Niz	86	23013	Famalicao	4:17.92	+0,76	761	
	50m: 27.29 27.29	150m: 1:31.92 33.10	250m: 2:42.22 37.98	350m: 3:49.85 30.35				
	100m: 58.82 31.53	200m: 2:04.24 32.32	300m: 3:19.50 37.28	400m: 4:17.92 28.07				
3.	Nuno Goncalo Quintanilha	87	12902	Colegio Vasco da Gama	4:18.66	+0,74	754	
	50m: 26.67 26.67	150m: 1:32.15 34.68	250m: 2:41.45 35.18	350m: 3:48.87 30.88				
	100m: 57.47 30.80	200m: 2:06.27 34.12	300m: 3:17.99 36.54	400m: 4:18.66 29.79				
4.	Nuno Rafael Alves	90	25140	Gespacos	4:23.39	+0,88	714	
	50m: 28.70 28.70	150m: 1:34.76 34.10	250m: 2:44.87 36.15	350m: 3:52.97 31.25				
	100m: 1:00.66 31.96	200m: 2:08.72 33.96	300m: 3:21.72 36.85	400m: 4:23.39 30.42				
5.	Miguel Machado Lopes	92	11467	Sporting	4:29.31	+0,76	668	
	50m: 29.02 29.02	150m: 1:35.25 33.50	250m: 2:46.60 37.77	350m: 3:57.58 31.46				
	100m: 1:01.75 32.73	200m: 2:08.83 33.58	300m: 3:26.12 39.52	400m: 4:29.31 31.73				

O Juiz Arbitro

O Secretariado

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Silves, 2- - 4-12-2011

Prova 10, Masc., 400m Estilos, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
6.	Tomas Correia Silva	95	23367	Porto	4:31.12	+0,74	655	
	50m: 29.84	29.84	150m: 1:39.77	35.70	250m: 2:53.02	37.37	350m: 4:01.43	30.40
	100m: 1:04.07	34.23	200m: 2:15.65	35.88	300m: 3:31.03	38.01	400m: 4:31.12	29.69
7.	Andre Bras Goncalves	88	14767	Amadora	4:32.15	+0,81	647	
	50m: 27.94	27.94	150m: 1:35.44	34.93	250m: 2:48.57	38.35	350m: 4:00.33	32.37
	100m: 1:00.51	32.57	200m: 2:10.22	34.78	300m: 3:27.96	39.39	400m: 4:32.15	31.82
8.	Diogo Parrilha da Silva	93	11580	Alcobaca	4:34.04	+0,76	634	
	50m: 27.04	27.04	150m: 1:33.89	35.12	250m: 2:47.68	38.16	350m: 4:01.25	34.62
	100m: 58.77	31.73	200m: 2:09.52	35.63	300m: 3:26.63	38.95	400m: 4:34.04	32.79
9.	Rui Filipe Costa	91	24004	Vitoria de Guimaraes	4:34.14	+0,75	633	
	50m: 29.17	29.17	150m: 1:39.16	36.04	250m: 2:53.95	39.35	350m: 4:04.29	31.21
	100m: 1:03.12	33.95	200m: 2:14.60	35.44	300m: 3:33.08	39.13	400m: 4:34.14	29.85
10.	Miguel Silva Oliveira	91	10822	Nautico/Matobra	4:34.63	+0,86	630	
	50m: 28.84	28.84	150m: 1:37.50	36.06	250m: 2:51.83	38.02	350m: 4:03.38	32.65
	100m: 1:01.44	32.60	200m: 2:13.81	36.31	300m: 3:30.73	38.90	400m: 4:34.63	31.25
11.	Samuel Patricio Queiros	91	15701	Porto	4:34.74	+0,84	629	
	50m: 28.97	28.97	150m: 1:35.28	33.06	250m: 2:48.56	40.10	350m: 4:03.63	32.61
	100m: 1:02.22	33.25	200m: 2:08.46	33.18	300m: 3:31.02	42.46	400m: 4:34.74	31.11
12.	Paulo Andre Dias	92	23406	Gespacos	4:34.84	+0,88	629	
	50m: 29.50	29.50	150m: 1:39.06	36.52	250m: 2:53.54	38.20	350m: 4:04.20	32.04
	100m: 1:02.54	33.04	200m: 2:15.34	36.28	300m: 3:32.16	38.62	400m: 4:34.84	30.64
13.	Pedro Andre Santos	94	15732	Alges	4:36.08	+0,84	620	
	50m: 29.63	29.63	150m: 1:39.21	34.94	250m: 2:53.22	39.25	350m: 4:04.77	32.10
	100m: 1:04.27	34.64	200m: 2:13.97	34.76	300m: 3:32.67	39.45	400m: 4:36.08	31.31
14.	Joao Andre Neves	95	101408	Academica de Coimbra	4:36.24	+0,77	619	
	50m: 29.38	29.38	150m: 1:40.32	36.61	250m: 2:54.16	37.69	350m: 4:05.29	32.57
	100m: 1:03.71	34.33	200m: 2:16.47	36.15	300m: 3:32.72	38.56	400m: 4:36.24	30.95
15.	Jorge Miguel Carmo	90	13004	Colegio Vasco da Gama	4:38.00	+0,74	607	
	50m: 30.03	30.03	150m: 1:38.95	35.90	250m: 2:53.92	39.85	350m: 4:06.51	32.21
	100m: 1:03.05	33.02	200m: 2:14.07	35.12	300m: 3:34.30	40.38	400m: 4:38.00	31.49
16.	Joao Pedro Veiga	94	10892	Nautico/Matobra	4:40.82	+0,79	589	
	50m: 29.76	29.76	150m: 1:41.44	37.30	250m: 2:56.82	39.39	350m: 4:10.34	32.88
	100m: 1:04.14	34.38	200m: 2:17.43	35.99	300m: 3:37.46	40.64	400m: 4:40.82	30.48
17.	Joao Pedro Braga	94	25892	Naval de Ponta Delgada	4:41.09	+0,82	588	
	50m: 30.15	30.15	150m: 1:42.51	36.32	250m: 2:57.40	38.86	350m: 4:09.69	32.84
	100m: 1:06.19	36.04	200m: 2:18.54	36.03	300m: 3:36.85	39.45	400m: 4:41.09	31.40
18.	Ruben Filipe Nunes	94	23302	Gespacos	4:41.94	+0,86	582	
	50m: 29.63	29.63	150m: 1:40.53	36.69	250m: 2:57.06	39.85	350m: 4:10.56	33.10
	100m: 1:03.84	34.21	200m: 2:17.21	36.68	300m: 3:37.46	40.40	400m: 4:41.94	31.38
19.	Andre Duarte Vaz FTL	93	10768	Nautico/Matobra	4:42.09	+0,89	581	
	50m: 29.41	29.41	150m: 1:38.10	34.83	250m: 2:52.91	39.82	350m: 4:09.04	34.10
	100m: 1:03.27	33.86	200m: 2:13.09	34.99	300m: 3:34.94	42.03	400m: 4:42.09	33.05
20.	Pedro Barros Mendes FTL	94	11195	Academica de Coimbra	4:43.46	+0,84	573	
	50m: 29.47	29.47	150m: 1:38.54	35.57	250m: 2:54.34	40.38	350m: 4:10.06	34.45
	100m: 1:02.97	33.50	200m: 2:13.96	35.42	300m: 3:35.61	41.27	400m: 4:43.46	33.40
21.	Mauro Filipe Viegas	95	26428	Natacao Olhao	4:44.23	+0,65	568	
	50m: 29.36	29.36	150m: 1:41.93	38.24	250m: 2:59.40	39.75	350m: 4:12.37	32.92
	100m: 1:03.69	34.33	200m: 2:19.65	37.72	300m: 3:39.45	40.05	400m: 4:44.23	31.86

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 10, Masc., 400m Estilos, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
22.	Tiago Ferreira Azevedo	95	103574	Naval Amorense	4:45.14	+0,72	563	
	50m: 29.36	29.36	150m: 1:40.87	36.20	250m: 2:58.59	42.33	350m: 4:14.24	32.18
	100m: 1:04.67	35.31	200m: 2:16.26	35.39	300m: 3:42.06	43.47	400m: 4:45.14	30.90
23.	Diogo Miguel Silva	95	104780	Uniao Piedense	4:46.53	+0,75	555	
	50m: 29.66	29.66	150m: 1:41.15	37.04	250m: 2:57.66	40.06	350m: 4:13.13	34.78
	100m: 1:04.11	34.45	200m: 2:17.60	36.45	300m: 3:38.35	40.69	400m: 4:46.53	33.40
24.	Afonso Lopes dos Santos	95	14773	Pimpoes/Cimai	4:48.60	+0,75	543	
	50m: 30.20	30.20	150m: 1:41.73	37.31	250m: 3:00.28	41.52	350m: 4:16.34	34.17
	100m: 1:04.42	34.22	200m: 2:18.76	37.03	300m: 3:42.17	41.89	400m: 4:48.60	32.26
25.	Andre Filipe Teodoro FTL	95	25350	Naval Setubalense	4:49.20	+0,79	539	
	50m: 28.97	28.97	150m: 1:40.78	38.05	250m: 2:59.52	40.99	350m: 4:15.83	34.05
	100m: 1:02.73	33.76	200m: 2:18.53	37.75	300m: 3:41.78	42.26	400m: 4:49.20	33.37
26.	Rafael Filipe Torres FTL	95	105394	Sporting	5:01.43	+0,72	476	
	50m: 30.29	30.29	150m: 1:44.50	39.32	250m: 3:06.07	42.30	350m: 4:25.78	36.10
	100m: 1:05.18	34.89	200m: 2:23.77	39.27	300m: 3:49.68	43.61	400m: 5:01.43	35.65

Prova 3
02-12-2011

Femin., 100m Livres

Absolutos
Resultados Final

Rec. Nac. 25m Absoluto	55.43	Patricia Vilas Conceicao	CNA	S. António Cavaleiros	20-12-2009
Rec. Nac. 25m Inf B	1:01.63	Ines Camacho Fernandes	SCP	Lisboa	05-04-2009
Rec. Nac. 25m Inf A	59.20	Ines Camacho Fernandes	SCP	Tavira	07-03-2010
Rec. Nac. 25m Juv	59.70	Harriet Larcher Smith	CFB	Setubal	28-02-2003
Rec. Nac. 25m Jun	56.78	Maria Carolina Rosa	SCP	Leiria	04-12-2009
Rec. Nac. 25m Sen	55.43	Patricia Vilas Conceicao	CNA	S. António Cavaleiros	20-12-2009

TAC - Fem Sen: 1:00.50; Jun2: 1:00.50; Jun1: 1:02.01

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Final A								
1.	Joana Patricia Pinto	94	24790	Ginasio de Vila Real	57.01	+0,92	716	
	50m: 27.40	27.40	100m: 57.01	29.61				
2.	Marta Vieira Marinho	91	15707	Porto	57.49	+0,77	698	
	50m: 27.32	27.32	100m: 57.49	30.17				
3.	Mafalda Gomes Beleza	94	26890	Sporting	57.90	+0,86	683	
	50m: 28.01	28.01	100m: 57.90	29.89				
4.	Alexandra Paiva Oliveira	91	15139	Porto	58.11	+0,79	676	
	50m: 27.81	27.81	100m: 58.11	30.30				
5.	Isabel Pinto Abreu	96	26324	Belenenses	58.38	+0,80	667	
	50m: 28.33	28.33	100m: 58.38	30.05				
6.	Ana Ribeiro Ferreira	92	15634	Famalicao	59.03	+0,94	645	
	50m: 28.84	28.84	100m: 59.03	30.19				
7.	Jessica Teixeira Vieira	91	104235	Amadora	59.32	+0,72	635	
	50m: 28.51	28.51	100m: 59.32	30.81				
8.	Raquel Maurile Taveira	95	105392	Alges	59.84	+0,79	619	
	50m: 28.36	28.36	100m: 59.84	31.48				

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 3, Femin., 100m Livres, Final, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Final B								
9.	Sara Beatriz Loureiro	87	12503	Porto	57.99	+0,76	680	
	50m: 28.13 28.13		100m: 57.99 29.86					
10.	Andreia Catarina Gomes	94	103701	Vitoria de Guimaraes	59.31	+0,92	636	
	50m: 28.77 28.77		100m: 59.31 30.54					
11.	Joana Aguiar Rodrigues	93	15401	Porto	59.64	+0,90	625	
	50m: 28.82 28.82		100m: 59.64 30.82					
12.	Soraia Vanessa Ribeiro	92	15857	Gespacos	59.65	+0,89	625	
	50m: 28.59 28.59		100m: 59.65 31.06					
13.	Maria Ines Ribeiro	92	10899	Nautico/Matobra	59.67	+0,83	624	
	50m: 28.83 28.83		100m: 59.67 30.84					
14.	Catarina Tiago Nunes	95	100949	Uniao Piedense	59.69	+0,84	624	
	50m: 28.48 28.48		100m: 59.69 31.21					
15.	Carolina Cunha Martins	95	10881	Nautico/Matobra	1:00.77	+0,97	591	
	FTL							
	50m: 29.16 29.16		100m: 1:00.77 31.61					
16.	Ana Carolina Trindade	97	106478	Amadora	1:01.10	+0,94	581	
	50m: 29.31 29.31		100m: 1:01.10 31.79					

Prova 4
02-12-2011

Masc., 100m Livres

Absolutos
Resultados Final

Rec. Nac. 25m Absoluto	47.64	Alexandre Escudier Agostinho	FPN	Istambul (TUR)	11-12-2009
Rec. Nac. 25m Inf B	57.40	Tiago Filipe Pereira	DNMG	Caldas da Rainha	11-07-2004
Rec. Nac. 25m Inf A	55.02	David Miguel Ferro	SFUAP	Algés	15-03-1998
Rec. Nac. 25m Juv B	52.59	Diogo Gomes Sousa	CNCVG	Ponte de Sôr	13-12-2009
Rec. Nac. 25m Juv A	50.82	Tiago Andre Venancio	CNS	Braga	23-03-2003
Rec. Nac. 25m Jun	48.38	Tiago Andre Venancio	CNS	Cantanhede	20-12-2004
Rec. Nac. 25m Sen	47.64	Alexandre Escudier Agostinho	FPN	Istambul (TUR)	11-12-2009

TAC - Masc Sen: 52.50; Jun2: 52.50; Jun1: 53.81

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Final A								
1.	Joao Silva Gigante	88	14783	Amadora	49.25	+0,67	759	
	50m: 23.33 23.33		100m: 49.25 25.92					
2.	Luis Emanuel Vaz	91	15628	Famalicao	49.76	+0,77	736	
	50m: 24.12 24.12		100m: 49.76 25.64					
3.	Luis Marques Pinto	87	10422	Naval do Funchal	50.56	+0,75	702	
	50m: 24.24 24.24		100m: 50.56 26.32					
4.	Paulo Jorge Santos	89	25982	Porto	50.63	+0,72	699	
	50m: 24.07 24.07		100m: 50.63 26.56					
5.	Gustavo Manuel Santa	93	26492	Sporting	51.02	+0,81	683	
	50m: 24.99 24.99		100m: 51.02 26.03					
6.	Miguel Duarte Nascimento	95	14944	Portinado	51.07	+0,70	681	
	50m: 24.47 24.47		100m: 51.07 26.60					
7.	Cesar Fernando Faria	90	10704	BA/Mr.Pizza	51.08	+1,23	680	
	50m: 24.44 24.44		100m: 51.08 26.64					

O Juiz Arbitro

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 4, Masc., 100m Livres, Final, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
8.	Jorge Manuel Maia	89	23220	Famalicao	51.45	+0,73	666	
	50m: 24.54 24.54		100m: 51.45 26.91					
Final B								
9.	Mario Alexandre Pereira	92	10767	Nautico/Matobra	49.81	+0,72	734	
	50m: 23.70 23.70		100m: 49.81 26.11					
10.	Ricardo Manuel Machado	93	13278	Braga	51.61	+0,78	660	
	50m: 24.47 24.47		100m: 51.61 27.14					
11.	Ricardo Pereira Lopes	90	14831	Amadora	51.73	+0,62	655	
	50m: 24.78 24.78		100m: 51.73 26.95					
12.	Ricardo Ferreira Cotovio	91	10921	Sporting	51.85	+0,72	651	
	50m: 24.93 24.93		100m: 51.85 26.92					
13.	Joao Filipe Carvalho	87	23026	Porto	51.88	+0,77	649	
	50m: 24.79 24.79		100m: 51.88 27.09					
14.	Simao Pedro Alves	94	102500	Famalicao	51.94	+0,71	647	
	50m: 24.73 24.73		100m: 51.94 27.21					
15.	Carlos Lopes Pedrosa	94	102149	Naval de Ponta Delgada	52.01	+0,74	645	
	50m: 25.10 25.10		100m: 52.01 26.91					
16.	Miguel Silva Oliveira	91	10822	Nautico/Matobra	52.47	+0,82	628	
	50m: 25.39 25.39		100m: 52.47 27.08					

Prova 5
02-12-2011

Femin., 50m Costas

Absolutos
Resultados Final

Rec. Nac. 25m Absoluto	28.42	Marta Vieira Marinho	FCP	Guarda	10-12-2010
Rec. Nac. 25m Jun	29.69	Sofia Pavao Machado	CNPD	Ponta Delgada	02-05-2008
Rec. Nac. 25m Sen	28.42	Marta Vieira Marinho	FCP	Guarda	10-12-2010
TAC - Fem Sen: 32.30; Jun2: 32.30; Jun1: 32.30					

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Final A								
1.	Marta Vieira Marinho	91	15707	Porto	29.57	+0,65	656	
2.	Catia Raquel Martinheira	95	25940	Louletano/Loule Concelho	29.74	+0,55	645	
3.	Ana Sofia Leite	93	24784	Ginasio de Vila Real	29.78	+0,82	642	
4.	Lisa Marisa Soares	95	25381	Amadora	30.23	+0,65	614	
5.	Rute Rocha Ines	97	104789	Louletano/Loule Concelho	30.79	+0,75	581	
6.	Patricia Isabel Oliveira	94	15970	Leixoes	30.83	+0,71	579	
7.	Paula Cristina Yang	95	100229	Gesloures	30.92	+0,77	574	
8.	Raquel Paulo Ranito	94	25504	Sporting	30.95	+0,70	572	
Final B								
9.	Adriana Correia Lopes	95	24491	Nautico/Matobra	30.60	+0,69	592	
10.	Claudia Sofia Monteiro	92	15882	Vilacondense	30.74	+0,69	584	
11.	Francisca Gomes Azevedo	97	100356	Alges	30.87	+0,76	577	
12.	Andreia Filipa Anjos	92	10739	BA/Mr.Pizza	31.05	+0,63	567	
13.	Filipa Mendes Pinheiro	92	11056	Desportiva de Viana	31.19	+0,69	559	
14.	Carolina Sofia Lopes	96	100753	Louletano/Loule Concelho	31.44	+0,75	546	
15.	Irina Filipa Lousa	95	102467	Porto	31.61	+1,10	537	

O Juiz Arbitro

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 5, Femin., 50m Costas, Final, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
16.	Tania Filipa Henriques	93	14568	Naval Amorense	31.96	+0,71	519	

Prova 6
02-12-2011

Masc., 50m Costas

Absolutos
Resultados Final

Rec. Nac. 25m Absoluto	24.76	Nuno Filipe Laurentino	FPN	Moscovo (RUS)	05-04-2002
Rec. Nac. 25m Jun	25.01	Alexis Manacas Santos	SCP	Leiria	04-12-2009
Rec. Nac. 25m Sen	24.76	Nuno Filipe Laurentino	FPN	Moscovo (RUS)	05-04-2002

TAC - Masc Sen: 28.50; Jun2: 28.50; Jun1: 28.50

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Final A								
1.	Adriano Miguel Niz	86	23013	Famalicao	25.71	+0,66	680	
2.	Mario Alexandre Pereira	92	10767	Nautico/Matobra	26.30	+0,68	635	
3.	Goncalo Filipe Gregorio	93	10644	Uniao Piedense	26.49	+0,90	621	
4.	Pedro Andre Santos	94	15732	Alges	26.54	+0,67	618	
5.	David Miguel Leiria	93	14530	Naval Amorense	26.60	+0,63	614	
6.	Pedro Fontoura Oliveira	90	14688	Amadora	26.91	+0,67	593	
7.	Daniel Aparicio Pereira	83	24394	Braga	27.04	+0,69	584	
8.	Andre Filipe Mendes	92	100307	Nautico de Abrantes	27.31	+0,55	567	
Final B								
9.	Joao Pedro Neto	95	26959	Naval Setubalense	27.37	+0,65	563	
10.	Fabio Andre Dias	92	14625	Naval Amorense	27.47	+0,70	557	
11.	Andre Neves Oliveira	91	14834	Benfica	27.51	+0,67	555	
12.	Samuel Patricio Queiros	91	15701	Porto	27.63	+0,63	547	
13.	Pedro Lobato Rijo	91	13025	Gesloures	27.67	+0,59	545	
14.	Edgar Oliveira Ribeiro	93	13277	Braga	27.70	+0,61	543	
15.	Renato Mendes Pinheiro	94	16071	Desportiva de Viana	27.74	+0,58	541	
16.	Nuno Andre Fernandes	89	16073	Benfica	27.92	+0,59	531	

O Juiz Arbitro

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 7	Femin., 200m Mariposa					Absolutos
02-12-2011						Resultados Final
Rec. Nac. 25m Absoluto	2:08.54	Sara Freitas Oliveira	FPN	Dubai (UAE)	15-12-2010	
Rec. Nac. 25m Inf B	2:31.64	tempo limite				
Rec. Nac. 25m Inf A	2:25.40	tempo limite				
Rec. Nac. 25m Juv	2:19.06	Susana Patricia Miguel	SFUAP	Penafiel	20-03-2004	
Rec. Nac. 25m Jun	2:13.60	Ana Rita Francisco	FPN	Gelsenkirchen (GER)	11-02-1996	
Rec. Nac. 25m Sen	2:08.54	Sara Freitas Oliveira	FPN	Dubai (UAE)	15-12-2010	

TAC - Fem Sen: 2:29.00; Jun2: 2:29.00; Jun1: 2:32.73

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Final A								
1.	Sara Freitas Oliveira	85	23045	Porto	2:11.95	+0,81	766	
	50m: 30.45 30.45		100m: 1:04.10 33.65	150m: 1:37.84 33.74	200m: 2:11.95 34.11			
2.	Ana Catarina Monteiro	93	24320	Vilacondense	2:15.37	+0,92	710	
	50m: 30.78 30.78		100m: 1:04.32 33.54	150m: 1:39.25 34.93	200m: 2:15.37 36.12			
3.	Ana Beatriz Pereira	91	20591	Colegio Vasco da Gama	2:16.44	+0,77	693	
	50m: 31.14 31.14		100m: 1:05.40 34.26	150m: 1:40.61 35.21	200m: 2:16.44 35.83			
4.	Maria Carolina Rosa	94	14248	Sporting	2:17.25	+0,87	681	
	50m: 30.62 30.62		100m: 1:05.21 34.59	150m: 1:40.50 35.29	200m: 2:17.25 36.75			
5.	Angelica Maria Andre	94	15497	Leixoes	2:17.39	+0,76	679	
	50m: 30.94 30.94		100m: 1:05.22 34.28	150m: 1:41.31 36.09	200m: 2:17.39 36.08			
6.	Bruna Leal Dantas	96	100371	Sporting	2:21.59	+0,75	620	
	50m: 31.78 31.78		100m: 1:07.46 35.68	150m: 1:44.54 37.08	200m: 2:21.59 37.05			
7.	Amelia Pereira Fernandes	89	15951	Vitoria de Guimaraes	2:24.29	+0,83	586	
	50m: 31.45 31.45		100m: 1:07.30 35.85	150m: 1:45.08 37.78	200m: 2:24.29 39.21			
8.	Ines Alexandra Paiva	96	100378	Alges	2:25.93	+1,02	566	
	50m: 32.74 32.74		100m: 1:09.37 36.63	150m: 1:47.42 38.05	200m: 2:25.93 38.51			
Final B								
9.	Sara Francisco Cruz	93	10732	BA/Mr.Pizza	2:23.38	+0,82	597	
	50m: 32.23 32.23		100m: 1:09.11 36.88	150m: 1:46.54 37.43	200m: 2:23.38 36.84			
10.	Ana Marta Resendes	80	12798	Naval de Ponta Delgada	2:23.82	+0,93	592	
	50m: 32.35 32.35		100m: 1:08.26 35.91	150m: 1:45.83 37.57	200m: 2:23.82 37.99			
11.	Bruna Elisabete Paulino	97	102345	Alcobaca	2:25.17	+0,88	575	
	50m: 31.94 31.94		100m: 1:08.43 36.49	150m: 1:47.05 38.62	200m: 2:25.17 38.12			
12.	Debora Guimaraes Oliveira	96	105629	Braga	2:25.34	+0,94	573	
	50m: 32.66 32.66		100m: 1:08.82 36.16	150m: 1:46.39 37.57	200m: 2:25.34 38.95			
13.	Julia Matos Lopes	94	12490	Scalabisport	2:26.81	+0,86	556	
	50m: 33.05 33.05		100m: 1:09.90 36.85	150m: 1:47.32 37.42	200m: 2:26.81 39.49			
14.	Patricia Silva Damas	92	13130	Gesloures	2:27.51	+0,87	548	
	50m: 33.20 33.20		100m: 1:10.00 36.80	150m: 1:48.31 38.31	200m: 2:27.51 39.20			
15.	Ines Filipa Borges	95	26305	Alcobaca	2:28.93	+0,89	533	
	50m: 32.90 32.90		100m: 1:10.55 37.65	150m: 1:49.60 39.05	200m: 2:28.93 39.33			
16.	Ana Margarida Rodrigues	96	103868	Galitos	2:29.82	+0,81	523	
	FTL 50m: 32.66 32.66		100m: 1:10.54 37.88	150m: 1:49.51 38.97	200m: 2:29.82 40.31			

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Silves, 2- - 4-12-2011

Prova 8 Masc., 200m Mariposa Absolutos
02-12-2011 Resultados Final

Rec. Nac. 25m Absoluto	1:53.39	Diogo Filipe Carvalho	FPN	Istambul (TUR)	12-12-2009
Rec. Nac. 25m Inf B	2:21.67	Tomas Miguel Freitas	CDN	Funchal	28-06-2003
Rec. Nac. 25m Inf A	2:12.42	Tomas Miguel Freitas	CDN	Funchal	11-07-2004
Rec. Nac. 25m Juv B	2:07.06	Pedro Diogo Oliveira	CNRM	Entroncamento	24-05-2003
Rec. Nac. 25m Juv A	2:03.38	Diogo Parrilha da Silva	CNAL	Alcobaça	13-06-2009
Rec. Nac. 25m Jun	1:58.64	Diogo Filipe Carvalho	CGA	Tomar	09-12-2005
Rec. Nac. 25m Sen	1:53.39	Diogo Filipe Carvalho	FPN	Istambul (TUR)	12-12-2009

TAC - Masc Sen: 2:09.50; Jun2: 2:09.50; Jun1: 2:12.74

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Final A								
1.	Nuno Goncalo Quintanilha	87	12902	Colegio Vasco da Gama	2:00.14	+0,77	749	
	50m: 27.43 27.43		100m: 58.12 30.69	150m: 1:29.26	31.14	200m: 2:00.14	30.88	
2.	Fabio Manuel Pereira	86	23049	Vilacondense	2:01.23	+0,74	729	
	50m: 26.98 26.98		100m: 57.87 30.89	150m: 1:29.63	31.76	200m: 2:01.23	31.60	
3.	Miguel Monteiro Diogo	93	10164	Nautico/Matobra	2:01.37	+0,68	726	
	50m: 27.53 27.53		100m: 58.47 30.94	150m: 1:29.82	31.35	200m: 2:01.37	31.55	
4.	Fabio Andre Figueira	88	11084	Porto	2:02.87	+0,71	700	
	50m: 27.47 27.47		100m: 58.31 30.84	150m: 1:30.63	32.32	200m: 2:02.87	32.24	
5.	Ruben Filipe Nunes	94	23302	Gespacos	2:06.20	+0,80	646	
	50m: 28.51 28.51		100m: 1:00.64 32.13	150m: 1:33.14	32.50	200m: 2:06.20	33.06	
6.	Antonio Rafael Bessa	94	102089	Gespacos	2:06.80	+0,83	637	
	50m: 28.96 28.96		100m: 1:00.83 31.87	150m: 1:33.41	32.58	200m: 2:06.80	33.39	
7.	Hugo Alberto Ribeiro	88	23114	Gespacos	2:06.97	+0,96	634	
	50m: 28.51 28.51		100m: 1:00.62 32.11	150m: 1:33.24	32.62	200m: 2:06.97	33.73	
8.	Jorge Miguel Carmo	90	13004	Colegio Vasco da Gama	2:07.26	+0,85	630	
	50m: 28.97 28.97		100m: 1:00.91 31.94	150m: 1:33.75	32.84	200m: 2:07.26	33.51	
Final B								
9.	Andre Filipe Lopes	92	11180	Academica de Coimbra	2:07.10	+0,66	632	
	50m: 28.43 28.43		100m: 1:00.55 32.12	150m: 1:33.64	33.09	200m: 2:07.10	33.46	
10.	Paulo Andre Dias	92	23406	Gespacos	2:07.56	+0,80	625	
	50m: 29.05 29.05		100m: 1:01.32 32.27	150m: 1:34.20	32.88	200m: 2:07.56	33.36	
11.	Igor Guterres Carvalho	88	23057	Vilacondense	2:07.67	+0,93	624	
	50m: 29.38 29.38		100m: 1:02.12 32.74	150m: 1:34.94	32.82	200m: 2:07.67	32.73	
12.	Miguel Duarte Nascimento	95	14944	Portinado	2:07.78	+0,70	622	
	50m: 28.95 28.95		100m: 1:01.81 32.86	150m: 1:35.32	33.51	200m: 2:07.78	32.46	
13.	Ricardo Verissimo Sousa	93	25548	Colegio Vasco da Gama	2:07.91	+0,85	620	
	50m: 28.40 28.40		100m: 1:00.85 32.45	150m: 1:34.05	33.20	200m: 2:07.91	33.86	
14.	Carlos Lopes Pedrosa	94	102149	Naval de Ponta Delgada	2:08.73	+0,74	608	
	50m: 27.70 27.70		100m: 59.89 32.19	150m: 1:34.54	34.65	200m: 2:08.73	34.19	
15.	Miguel Goncalves Ferreira	93	11223	Nacional	2:09.39	+0,83	599	
	50m: 28.45 28.45		100m: 1:01.13 32.68	150m: 1:35.24	34.11	200m: 2:09.39	34.15	
16.	Joao Duarte Santos	95	26430	Natacao Olhao	2:10.90	+0,83	579	
	50m: 30.02 30.02		100m: 1:03.47 33.45	150m: 1:37.05	33.58	200m: 2:10.90	33.85	

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Silves, 2 - 4-12-2011

Prova 1	Femin., 200m Bruços					Absolutos
02-12-2011						Resultados Final
Rec. Nac. 25m Absoluto	2:25.87	Diana Duarte Gomes	CNA	S. António Cavaleiros	20-12-2009	
Rec. Nac. 25m Inf B	2:46.41	tempo limite				
Rec. Nac. 25m Inf A	2:42.50	Filipa Vilas Ruivo	DNMG	Nazaré	22-05-2010	
Rec. Nac. 25m Juv	2:34.51	Diana Duarte Gomes	ABVE	Reboleira	28-06-2003	
Rec. Nac. 25m Jun	2:29.56	Ana Rita Santos	FPN	Dublin (IRL)	13-12-2003	
Rec. Nac. 25m Sen	2:25.87	Diana Duarte Gomes	CNA	S. António Cavaleiros	20-12-2009	

TAC - Fem Sen: 2:47.00; Jun2: 2:47.00; Jun1: 2:51.17

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Final A								
1.	Ana Teresa Franco	91	11349	Sporting	2:30.63	+0,86	713	
	50m: 34.92 34.92		100m: 1:13.99 39.07	150m: 1:52.15 38.16	200m: 2:30.63 38.48			
2.	Victoria Kaminskaya	95	102313	Pimpoes/Cimai	2:31.48	+1,67	701	
	50m: 34.98 34.98		100m: 1:13.23 38.25	150m: 1:51.98 38.75	200m: 2:31.48 39.50			
3.	Ana Pinho Rodrigues	94	13372	Estamos Juntos	2:32.82	+0,86	682	
	50m: 33.54 33.54		100m: 1:11.66 38.12	150m: 1:51.38 39.72	200m: 2:32.82 41.44			
4.	Fabiana Maria Quintal	84	10396	Nacional	2:34.68	+0,76	658	
	50m: 34.96 34.96		100m: 1:13.65 38.69	150m: 1:53.05 39.40	200m: 2:34.68 41.63			
5.	Diana Duarte Gomes	89	20632	Amadora	2:38.01	+0,80	617	
	50m: 35.71 35.71		100m: 1:15.33 39.62	150m: 1:56.31 40.98	200m: 2:38.01 41.70			
6.	Joana Marques Maia	91	25067	Natacao da Maia	2:38.58	+0,84	611	
	50m: 35.63 35.63		100m: 1:16.41 40.78	150m: 1:57.60 41.19	200m: 2:38.58 40.98			
7.	Gabriela Oliveira Andrade	94	12055	Nautico/Matobra	2:39.00	+1,24	606	
	50m: 35.48 35.48		100m: 1:15.54 40.06	150m: 1:56.92 41.38	200m: 2:39.00 42.08			
8.	Filipa Vilas Ruivo	97	103568	Nautico da Marinha Grande	2:42.19	+0,91	571	
	50m: 37.35 37.35		100m: 1:18.53 41.18	150m: 2:00.69 42.16	200m: 2:42.19 41.50			
Final B								
9.	Joana Dias Santos	96	100397	Uniao Piedense	2:38.75	+0,90	609	
	50m: 36.07 36.07		100m: 1:16.69 40.62	150m: 1:58.21 41.52	200m: 2:38.75 40.54			
10.	Ana Beatriz Pereira	91	20591	Colegio Vasco da Gama	2:38.76	+0,90	609	
	50m: 36.42 36.42		100m: 1:16.71 40.29	150m: 1:57.85 41.14	200m: 2:38.76 40.91			
11.	Rita Fernandes Leitao	96	25571	Amadora	2:39.83	+0,83	596	
	50m: 36.27 36.27		100m: 1:16.65 40.38	150m: 1:57.82 41.17	200m: 2:39.83 42.01			
12.	Joana Filipa Marques	95	25292	Bombeiros de Ponta Delgada	2:39.86	+0,75	596	
	50m: 35.92 35.92		100m: 1:16.25 40.33	150m: 1:58.44 42.19	200m: 2:39.86 41.42			
13.	Ariana Alves Nunes	95	13348	Portinado	2:40.22	+0,93	592	
	50m: 35.24 35.24		100m: 1:15.45 40.21	150m: 1:57.83 42.38	200m: 2:40.22 42.39			
14.	Rute Margarida Marques	94	25359	Amadora	2:41.92	+0,82	574	
	50m: 36.10 36.10		100m: 1:17.63 41.53	150m: 1:59.78 42.15	200m: 2:41.92 42.14			
15.	Marina Nicolina Teodosio	97	106174	BA/Mr.Pizza	2:44.41	+0,98	548	
	50m: 36.40 36.40		100m: 1:17.91 41.51	150m: 2:00.65 42.74	200m: 2:44.41 43.76			
16.	Ana Monica Eloi	96	107038	Nautico da Marinha Grande	2:46.09	+1,24	531	
	50m: 38.04 38.04		100m: 1:19.99 41.95	150m: 2:02.69 42.70	200m: 2:46.09 43.40			

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 2	Masc., 200m Bruços				Absolutos	
02-12-2011					Resultados Final	
Rec. Nac. 25m Absoluto	2:08.80	Nuno Goncalo Quintanilha	LDC	S. António Cavaleiros	20-12-2009	
Rec. Nac. 25m Inf B	2:37.57	Tomas Miguel Freitas	CDN	Funchal	13-07-2003	
Rec. Nac. 25m Inf A	2:29.59	Luis Manuel Fernandes	GDNVNF	Cantanhede	08-03-2009	
Rec. Nac. 25m Juv B	2:21.70	Luis Manuel Fernandes	GDNVNF	Paços Ferreira	05-12-2009	
Rec. Nac. 25m Juv A	2:18.42	tempo limite				
Rec. Nac. 25m Jun	2:14.00	Pedro Miguel Agostinho	SCP	Leiria	04-12-2009	
Rec. Nac. 25m Sen	2:08.80	Nuno Goncalo Quintanilha	LDC	S. António Cavaleiros	20-12-2009	
TAC - Masc Sen: 2:28.00; Jun2: 2:28.00; Jun1: 2:31.70						

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Final A								
1.	Diogo Filipe Carvalho	88	12277	Galitos	2:11.60	+0,74	770	
	50m: 29.50 29.50		100m: 1:02.70 33.20	150m: 1:36.27 33.57	200m: 2:11.60 35.33			
2.	Ricardo Jose Varela	89	12941	Naval Setubalense	2:13.33	+0,75	741	
	50m: 29.98 29.98		100m: 1:03.80 33.82	150m: 1:38.32 34.52	200m: 2:13.33 35.01			
3.	Pedro Miguel Pinotes	89	26732	Sporting	2:15.58	+0,71	705	
	50m: 31.03 31.03		100m: 1:05.76 34.73	150m: 1:41.29 35.53	200m: 2:15.58 34.29			
4.	Henrique Pereira Neiva	84	23019	Vilacondense	2:16.55	+0,80	690	
	50m: 30.87 30.87		100m: 1:05.84 34.97	150m: 1:40.97 35.13	200m: 2:16.55 35.58			
5.	Nuno Rafael Alves	90	25140	Gespacos	2:16.66	+0,88	688	
	50m: 31.60 31.60		100m: 1:06.38 34.78	150m: 1:41.89 35.51	200m: 2:16.66 34.77			
6.	Pedro Miguel Agostinho	92	12778	Sporting	2:17.09	+0,70	681	
	50m: 30.42 30.42		100m: 1:04.90 34.48	150m: 1:40.80 35.90	200m: 2:17.09 36.29			
7.	Joao Claudio Sousa	93	23458	Gespacos	2:17.88	+0,83	670	
	50m: 31.16 31.16		100m: 1:06.07 34.91	150m: 1:41.48 35.41	200m: 2:17.88 36.40			
8.	Sergio Baptista Silva	91	15703	Porto	2:17.90	+0,80	670	
	50m: 31.30 31.30		100m: 1:05.90 34.60	150m: 1:41.51 35.61	200m: 2:17.90 36.39			
Final B								
9.	Tiago Samuel Silva	93	23502	Porto	2:20.45	+0,81	634	
	50m: 32.30 32.30		100m: 1:08.59 36.29	150m: 1:44.27 35.68	200m: 2:20.45 36.18			
10.	Manuel Matos Sequeira	87	10631	Gesloures	2:21.31	+0,78	622	
	50m: 31.95 31.95		100m: 1:07.80 35.85	150m: 1:44.67 36.87	200m: 2:21.31 36.64			
11.	Joao Albano Viola	89	100421	Nautico/Matobra	2:22.31	+0,81	609	
	50m: 31.56 31.56		100m: 1:08.57 37.01	150m: 1:46.20 37.63	200m: 2:22.31 36.11			
12.	Andre Bras Goncalves	88	14767	Amadora	2:22.72	+0,74	604	
	50m: 31.91 31.91		100m: 1:08.23 36.32	150m: 1:44.99 36.76	200m: 2:22.72 37.73			
13.	Diogo Miguel Silva	95	104780	Uniao Piedense	2:23.75	+0,75	591	
	50m: 31.98 31.98		100m: 1:08.53 36.55	150m: 1:45.82 37.29	200m: 2:23.75 37.93			
14.	Diogo Manuel Rodrigues	94	15338	Vitoria de Guimaraes	2:24.91	+0,89	577	
	50m: 32.70 32.70		100m: 1:09.56 36.86	150m: 1:47.40 37.84	200m: 2:24.91 37.51			
15.	Luis Manuel Fernandes	95	15589	Famalicao	2:25.83	+0,72	566	
	50m: 33.00 33.00		100m: 1:09.91 36.91	150m: 1:47.64 37.73	200m: 2:25.83 38.19			
16.	Mauro Filipe Viegas	95	26428	Natacao Olhao	2:26.61	+0,68	557	
	50m: 32.48 32.48		100m: 1:10.11 37.63	150m: 1:48.44 38.33	200m: 2:26.61 38.17			

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 13	Femin., 4 x 100m Estilos				Absolutos
02-12-2011					Resultados
Rec. Nac. 25m Absoluto	4:06.14	Futebol Clube do Porto/Dolce Vita	FCP	S. António Cavaleiros	19-12-2009
Rec. Nac. 25m Jun	4:16.94	Sporting Clube de Portugal	SCP	Leiria	04-12-2009
Rec. Nac. 25m Sen	4:06.14	Futebol Clube do Porto/Dolce Vita	FCP	S. António Cavaleiros	19-12-2009

TAC Estaf - Fem Absoluto: 4:40.00

Pontos: FINA 2011

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts	
Absolutos							
1. Porto		Porto	4:14.21	+0,66	721		
	+0,66	30.90	1:03.35	Sara Freitas Oliveira	+0,36	28.15	1:00.36
	+0,20	33.57	1:12.42	Alexandra Paiva Oliveira	+0,25	27.53	58.08
2. Amadora		Amadora	4:17.69	+0,73	692		
	+0,73	31.58	1:04.83	Filipa Ferreira Silva	+0,30	28.72	1:03.20
	+0,40	34.05	1:11.73	Jessica Teixeira Vieira	+0,11	26.94	57.93
3. Sporting		Sporting	4:18.84	+0,75	683		
	+0,75	31.60	1:05.90	Maria Carolina Rosa	+0,19	29.19	1:02.78
	+0,13	33.79	1:11.33	Raquel Paulo Ranito	+0,25	27.78	58.83
4. Nautico/Matobra		Nautico/Matobra	4:25.69	+0,69	631		
	+0,69	31.61	1:05.73	Carolina Cunha Martins	+0,50	30.64	1:07.04
	+0,21	34.54	1:13.99	Maria Ines Ribeiro	+0,17	27.42	58.93
5. Uniao Piedense		Uniao Piedense	4:25.96	+0,80	629		
	+0,80	33.19	1:08.18	Catarina Tiago Nunes	+0,64	29.02	1:03.79
	+0,47	34.24	1:12.95	Helena Paula Carvalho	+0,27	28.96	1:01.04
6. Alges		Alges	4:27.82	+0,80	616		
	+0,80	31.88	1:06.00	Raquel Maurile Taveira	+0,10	29.74	1:05.47
	+0,24	35.54	1:16.18	Carolina Sanchez Rodrigues	+0,02	27.85	1:00.17
7. Vilacondense		Vilacondense	4:29.51	+0,73	605		
	+0,73	34.16	1:10.36	Ana Catarina Monteiro	+0,41	29.20	1:02.81
	+0,34	35.64	1:16.83	Claudia Sofia Monteiro	+0,44	28.32	59.51
8. Gspacos		Gspacos	4:30.43	+0,85	599		
	+0,85	33.81	1:09.96	Sara Monteiro Meireles	+0,28	30.68	1:07.24
	+0,41	34.54	1:14.44	Soraia Vanessa Ribeiro	+0,22	27.87	58.79
9. Gesloures		Gesloures	4:30.76	+0,77	596		
	+0,77	32.01	1:05.81	Joana Carolina Oliveira	+0,27	31.48	1:08.97
	+0,70	35.81	1:16.22	Tatiana Ladeiro Santos	+0,22	28.39	59.76
10. Naval de Ponta Delgada		Naval de Ponta Delgada	4:31.79	+0,56	590		
	+0,56	33.05	1:07.22	Ana Marta Resendes	+0,37	30.88	1:06.23
	+0,40	34.80	1:15.43	Mariana Oliveira Damaso	+0,41	29.85	1:02.91
11. Louletano/Loule Concelho		Louletano/Loule Concelho	4:33.50	+0,73	579		
	+0,73	32.00	1:06.47	Catia Raquel Martinheira	+0,60	30.51	1:05.47
	+0,03	35.84	1:18.85	Carolina Sofia Lopes	+0,27	29.24	1:02.71
12. Belenenses		Belenenses	4:34.51	+0,73	572		
	+0,73	33.33	1:09.39	Luisa Pinto Abreu	+0,40	32.10	1:08.54
	+0,51	36.34	1:18.24	Isabel Pinto Abreu	+0,21	27.95	58.34
13. Braga		Braga	4:36.66	+0,78	559		
	+0,78	33.64	1:09.78	Debora Guimaraes Oliveira	+0,52	31.48	1:07.54
	+0,52	36.31	1:17.72	Ines Joao Costa	+0,51	29.71	1:01.62
14. Naval do Funchal		Naval do Funchal	4:36.73	+0,67	559		
	+0,67	34.50	1:11.20	Carlota Freitas Olim	+0,21	29.86	1:04.96
	+0,58	36.67	1:18.58	Maria Joao Figueiredo	+0,04	29.51	1:01.99

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Silves, 2 - 4-12-2011

Prova 13, Femin., 4 x 100m Estilos, Absolutos

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts	
15. Naval Amorense		Naval Amorense	4:36.88	+0,71	558		
	+0,71	33.01	1:08.22	Patricia Miguel Mendes	+0,37	30.85	1:08.97
	+0,55	36.57	1:18.43	Sofia Prates Silvestre	+0,24	28.63	1:01.26
16. Viana Natacao		Viana Natacao	4:37.12	+0,64	556		
	+0,64	32.21	1:06.90	Luana Raquel Alves	+0,86	32.47	1:10.59
		37.00	1:19.46	Marisa Alexandra Lage	+0,45	28.54	1:00.17
17. Benfica		Benfica	4:41.50	+0,70	531		
FTL							
	+0,70	34.12	1:10.85	Sofia Oliveira Pinto	+0,25	30.47	1:06.95
	+0,40	36.88	1:19.83	Vera Patricia Pinto	+0,32	29.99	1:03.87
DNS Colegio Vasco da Gama		Colegio Vasco da Gama					

Prova 14
02-12-2011 Masc., 4 x 100m Estilos Absolutos Resultados

Rec. Nac. 25m Absoluto	3:35.10	Clube Natacao da Amadora	CNA	S. António Cavaleiros	19-12-2009
Rec. Nac. 25m Jun	3:51.87	Soc. Filarm. Uniao Artistica Piedens	SFUAP	Mealhada	24-03-2000
Rec. Nac. 25m Sen	3:35.10	Clube Natacao da Amadora	CNA	S. António Cavaleiros	19-12-2009

TAC Estaf- Masc Absoluto: 4:00.00

Pontos: FINA 2011

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts	
Absolutos							
1. Porto		Porto	3:44.23	+0,63	700		
	+0,63	27.64	57.71	Fabio Andre Figueira	+0,35	24.76	54.32
	+0,24	29.77	1:02.87	Paulo Jorge Santos	+0,25	22.99	49.33
2. Famalicao		Famalicao	3:44.78	+0,80	695		
	+0,80	26.87	54.96	Joao Pedro Araujo	+0,22	25.17	54.82
	-0,01	30.01	1:05.60	Luis Emanuel Vaz	+0,17	23.59	49.40
3. Sporting		Sporting	3:46.73	+0,76	677		
	+0,76	27.83	57.66	Pedro Miguel Pinotes	+0,27	25.90	55.71
	+0,26	29.38	1:02.96	Gustavo Manuel Santa	+0,19	24.04	50.40
4. Amadora		Amadora	3:48.42	+0,66	662		
	+0,66	27.85	57.53	Joao Silva Gigante	+0,32	24.69	54.23
	+0,46	30.63	1:06.27	Ricardo Pereira Lopes	+0,09	24.04	50.39
5. Nautico/Matobra		Nautico/Matobra	3:50.14	+0,67	648		
	+0,67	27.74	57.92	Miguel Silva Oliveira	+0,11	25.24	55.66
	+0,18	29.53	1:04.51	Miguel Monteiro Diogo	+0,22	24.74	52.05
6. Vilacondense		Vilacondense	3:51.85	+0,75	633		
	+0,75	29.56	1:00.29	Fabio Manuel Pereira	+0,14	25.66	54.94
	+0,29	29.65	1:03.69	Rui Filipe Maia	+0,26	25.04	52.93
7. Colegio Vasco da Gama		Colegio Vasco da Gama	3:53.92	+0,82	617		
	+0,82	29.51	1:00.50	Ricardo Verissimo Sousa	+0,44	27.21	58.17
	+0,13	29.50	1:02.84	Bernardo Almeida Moreira	+0,34	25.31	52.41
8. Braga		Braga	3:55.09	+0,67	608		
	+0,67	28.58	58.30	Daniel Aparicio Pereira	+0,30	26.27	57.05
	+0,45	31.58	1:08.22	Ricardo Manuel Machado	+0,34	24.54	51.52
9. Portinado		Portinado	3:56.39	+0,64	598		
	+0,64	27.85	57.23	Antonio Santa Rita	+0,29	25.83	57.37
	+0,41	30.99	1:08.36	Manuel Silva Farinha	+0,10	24.82	53.43

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 14, Masc., 4 x 100m Estilos, Absolutos

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts	
10. Gespacos		Gespacos	3:56.46	+0,56	597		
	+0,56	29.24	1:00.23	Ruben Filipe Nunes	+0,30	26.80	57.95
	+0,46	30.37	1:04.64	Hugo Alberto Ribeiro	+0,50	25.65	53.64
11. Academica de Coimbra		Academica de Coimbra	4:00.09	+0,65	570		
<i>FTL</i>							
	+0,65	29.80	1:02.35	Joao Filipe Lucas	+0,41	26.50	58.33
	+0,53	31.50	1:07.36	Gustavo Almeida Madureira	+0,41	24.60	52.05
12. Nacional		Nacional	4:01.57	+0,74	560		
<i>FTL</i>							
	+0,74	30.50	1:03.17	Paulo Fragueiro Franco	+0,30	27.82	59.22
	+0,44	30.77	1:06.24	Tiago Ferreira Sousa	+0,26	25.13	52.94
13. Naval do Funchal		Naval do Funchal	4:04.13	+0,68	542		
<i>FTL</i>							
	+0,68	29.14	1:00.05	Joao Pedro Vieira	+0,29	27.91	1:00.00
	+0,24	32.02	1:10.55	Nuno Costa Caires	+0,15	25.53	53.53

3 - 2ª Jornada, 1ª Sessão (Eliminatórias)

03-12-2011 - 9:30

Prova 15	Masc., 400m Livres	Absolutos
03-12-2011		Resultados
Rec. Nac. 25m Absoluto	3:45.58 Fabio Manuel Pereira FPN Istambul (TUR)	10-12-2009
Rec. Nac. 25m Jun	3:50.52 Adriano Miguel Niz CFV Fafe	26-06-2004
Rec. Nac. 25m Sen	3:45.58 Fabio Manuel Pereira FPN Istambul (TUR)	10-12-2009

TAC - Masc Sen: 4:08.00; Jun2: 4:08.00; Jun1: 4:12.96

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Absolutos								
1.	Gustavo Manuel Santa	93	26492	Sporting	3:53.41	+0,74	757	
	50m: 26.58 26.58		150m: 1:24.54 29.18	250m: 2:25.21 30.11	350m: 3:24.93 29.45			
	100m: 55.36 28.78		200m: 1:55.10 30.56	300m: 2:55.48 30.27	400m: 3:53.41 28.48			
2.	Ricardo Ferreira Cotovio	91	10921	Sporting	3:53.60	+0,70	755	
	50m: 26.71 26.71		150m: 1:25.66 29.72	250m: 2:26.29 30.30	350m: 3:25.40 28.84			
	100m: 55.94 29.23		200m: 1:55.99 30.33	300m: 2:56.56 30.27	400m: 3:53.60 28.20			
3.	Miguel Monteiro Diogo	93	10164	Nautico/Matobra	3:55.87	+0,70	734	
	50m: 27.28 27.28		150m: 1:26.44 29.62	250m: 2:26.37 29.89	350m: 3:26.50 30.14			
	100m: 56.82 29.54		200m: 1:56.48 30.04	300m: 2:56.36 29.99	400m: 3:55.87 29.37			
4.	Fabio Manuel Pereira	86	23049	Vilacondense	3:56.80	+0,77	725	
	50m: 27.16 27.16		150m: 1:26.54 30.01	250m: 2:27.34 30.42	350m: 3:27.66 29.72			
	100m: 56.53 29.37		200m: 1:56.92 30.38	300m: 2:57.94 30.60	400m: 3:56.80 29.14			
5.	Rui Filipe Costa	91	24004	Vitoria de Guimaraes	3:57.78	+0,80	716	
	50m: 26.90 26.90		150m: 1:26.10 29.79	250m: 2:26.79 30.35	350m: 3:27.55 30.12			
	100m: 56.31 29.41		200m: 1:56.44 30.34	300m: 2:57.43 30.64	400m: 3:57.78 30.23			
6.	Jorge Manuel Maia	89	23220	Famalicao	3:58.35	+0,99	711	
	50m: 26.89 26.89		150m: 1:25.11 29.33	250m: 2:25.62 30.28	350m: 3:26.69 30.70			
	100m: 55.78 28.89		200m: 1:55.34 30.23	300m: 2:55.99 30.37	400m: 3:58.35 31.66			

O Juiz Arbitro

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Silves, 2- - 4-12-2011

Prova 15, Masc., 400m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
7.	Cesar Fernando Faria	90	10704	BA/Mr.Pizza	3:58.63	+0,74	708	
	50m: 26.90 26.90		150m: 1:26.83 30.27	250m: 2:27.32 30.15	350m: 3:28.27 30.51			
	100m: 56.56 29.66		200m: 1:57.17 30.34	300m: 2:57.76 30.44	400m: 3:58.63 30.36			
8.	Vasco Miguel Gaspar	90	26500	Uniao Piedense	4:00.28	+0,82	694	
	50m: 27.78 27.78		150m: 1:28.10 30.27	250m: 2:29.13 30.50	350m: 3:30.50 30.46			
	100m: 57.83 30.05		200m: 1:58.63 30.53	300m: 3:00.04 30.91	400m: 4:00.28 29.78			
9.	Mario Andre Bonanca	90	12773	Sporting	4:00.51	+0,84	692	
	50m: 27.76 27.76		150m: 1:28.23 30.50	250m: 2:29.28 30.47	350m: 3:30.93 30.69			
	100m: 57.73 29.97		200m: 1:58.81 30.58	300m: 3:00.24 30.96	400m: 4:00.51 29.58			
10.	Ricardo Manuel Machado	93	13278	Braga	4:02.76	+0,87	673	
	50m: 27.69 27.69		150m: 1:28.44 30.68	250m: 2:30.23 30.99	350m: 3:32.67 31.14			
	100m: 57.76 30.07		200m: 1:59.24 30.80	300m: 3:01.53 31.30	400m: 4:02.76 30.09			
11.	Diogo Andre Gaspar	90	25544	Uniao Piedense	4:03.09	+0,88	670	
	50m: 27.67 27.67		150m: 1:29.15 30.64	250m: 2:31.51 31.08	350m: 3:33.54 31.27			
	100m: 58.51 30.84		200m: 2:00.43 31.28	300m: 3:02.27 30.76	400m: 4:03.09 29.55			
12.	Andre Filipe Lopes	92	11180	Academica de Coimbra	4:03.35	+0,68	668	
	50m: 27.86 27.86		150m: 1:29.01 30.78	250m: 2:30.71 30.71	350m: 3:33.15 31.21			
	100m: 58.23 30.37		200m: 2:00.00 30.99	300m: 3:01.94 31.23	400m: 4:03.35 30.20			
13.	Hugo Alberto Ribeiro	88	23114	Gespacos	4:04.18	+0,96	661	
	50m: 27.54 27.54		150m: 1:28.24 30.70	250m: 2:29.84 30.58	350m: 3:32.69 31.62			
	100m: 57.54 30.00		200m: 1:59.26 31.02	300m: 3:01.07 31.23	400m: 4:04.18 31.49			
14.	Andre Rafael Marinho	93	10643	Uniao Piedense	4:05.15	+0,85	653	
	50m: 27.72 27.72		150m: 1:29.10 31.07	250m: 2:32.03 31.36	350m: 3:34.94 31.39			
	100m: 58.03 30.31		200m: 2:00.67 31.57	300m: 3:03.55 31.52	400m: 4:05.15 30.21			
15.	Joao Andre Neves	95	101408	Academica de Coimbra	4:05.26	+0,75	652	
	50m: 27.82 27.82		150m: 1:29.25 31.07	250m: 2:31.93 31.13	350m: 3:35.11 31.49			
	100m: 58.18 30.36		200m: 2:00.80 31.55	300m: 3:03.62 31.69	400m: 4:05.26 30.15			
16.	Joao Duarte Santos	95	26430	Natacao Olhao	4:05.34	+0,72	652	
	50m: 29.25 29.25		150m: 1:32.58 31.54	250m: 2:34.31 30.09	350m: 3:35.31 30.50			
	100m: 1:01.04 31.79		200m: 2:04.22 31.64	300m: 3:04.81 30.50	400m: 4:05.34 30.03			
17.	Nuno Vieira Malheiro	93	13279	Braga	4:05.38	+0,85	651	
	50m: 27.75 27.75		150m: 1:28.49 30.73	250m: 2:30.81 31.23	350m: 3:34.37 31.59			
	100m: 57.76 30.01		200m: 1:59.58 31.09	300m: 3:02.78 31.97	400m: 4:05.38 31.01			
18.	Paulo Fragueiro Franco	82	24393	Nacional	4:06.02	+0,79	646	
	50m: 28.64 28.64		150m: 1:29.80 30.81	250m: 2:31.73 31.15	350m: 3:34.37 31.29			
	100m: 58.99 30.35		200m: 2:00.58 30.78	300m: 3:03.08 31.35	400m: 4:06.02 31.65			
19.	Tiago Ferreira Azevedo	95	103574	Naval Amorense	4:09.24	+0,77	622	
	50m: 27.89 27.89		150m: 1:30.07 31.00	250m: 2:33.55 31.94	350m: 3:38.44 32.55			
	100m: 59.07 31.18		200m: 2:01.61 31.54	300m: 3:05.89 32.34	400m: 4:09.24 30.80			
20.	Daniel Ricardo Viegas FTL	83	22441	Amadora	4:10.54	+0,77	612	
	50m: 28.81 28.81		150m: 1:31.13 31.56	250m: 2:34.83 31.85	350m: 3:39.24 32.32			
	100m: 59.57 30.76		200m: 2:02.98 31.85	300m: 3:06.92 32.09	400m: 4:10.54 31.30			
21.	Bernardo Almeida Moreira FTL	89	10795	Colegio Vasco da Gama	4:10.62	+0,82	611	
	50m: 29.27 29.27		150m: 1:33.93 32.79	250m: 2:37.65 31.34	350m: 3:40.35 31.30			
	100m: 1:01.14 31.87		200m: 2:06.31 32.38	300m: 3:09.05 31.40	400m: 4:10.62 30.27			
22.	Cesar Filipe Magalhaes FTL	95	15473	Foca	4:17.95	+0,81	561	
	50m: 29.38 29.38		150m: 1:33.59 32.17	250m: 2:38.83 32.71	350m: 3:45.16 33.12			
	100m: 1:01.42 32.04		200m: 2:06.12 32.53	300m: 3:12.04 33.21	400m: 4:17.95 32.79			

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 16	Femin., 400m Livres				Absolutos
03-12-2011					Resultados
Rec. Nac. 25m Absoluto	4:13.97	Sara Beatriz Loureiro	FCP	Leiria	05-12-2009
Rec. Nac. 25m Jun	4:18.39	Ana Claudia Santos	SFUAP	Cantanhede	20-12-2004
Rec. Nac. 25m Sen	4:13.97	Sara Beatriz Loureiro	FCP	Leiria	05-12-2009

TAC - Fem Sen: 4:36.00; Jun1: 4:41.52; Jun2: 4:36.00

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Absolutos								
1.	Angelica Maria Andre	94	15497	Leixoes	4:19.40	+0,80	742	
	50m: 29.61	29.61	150m: 1:34.37	32.83	250m: 2:40.70	33.37	350m: 3:47.26	32.99
	100m: 1:01.54	31.93	200m: 2:07.33	32.96	300m: 3:14.27	33.57	400m: 4:19.40	32.14
2.	Ana Goncalves Neto	95	101958	Porto	4:20.39	+0,99	734	
	50m: 30.22	30.22	150m: 1:35.59	32.81	250m: 2:41.63	32.80	350m: 3:47.76	33.19
	100m: 1:02.78	32.56	200m: 2:08.83	33.24	300m: 3:14.57	32.94	400m: 4:20.39	32.63
3.	Joana Filipa Santos	93	24081	Vitoria de Guimaraes	4:21.07	+0,86	728	
	50m: 29.46	29.46	150m: 1:34.35	32.84	250m: 2:40.81	33.30	350m: 3:48.20	33.83
	100m: 1:01.51	32.05	200m: 2:07.51	33.16	300m: 3:14.37	33.56	400m: 4:21.07	32.87
4.	Filipa Vilas Ruivo	97	103568	Nautico da Marinha Grande	4:21.69	+0,90	723	
	50m: 30.03	30.03	150m: 1:35.44	33.10	250m: 2:42.43	33.53	350m: 3:49.43	33.44
	100m: 1:02.34	32.31	200m: 2:08.90	33.46	300m: 3:15.99	33.56	400m: 4:21.69	32.26
5.	Joana Aguiar Rodrigues	93	15401	Porto	4:22.22	+0,94	719	
	50m: 29.75	29.75	150m: 1:34.53	32.93	250m: 2:41.24	33.38	350m: 3:49.47	34.24
	100m: 1:01.60	31.85	200m: 2:07.86	33.33	300m: 3:15.23	33.99	400m: 4:22.22	32.75
6.	Ana Ribeiro Ferreira	92	15634	Famalicao	4:22.56	+1,02	716	
	50m: 30.14	30.14	150m: 1:35.21	32.87	250m: 2:42.31	33.57	350m: 3:49.90	33.85
	100m: 1:02.34	32.20	200m: 2:08.74	33.53	300m: 3:16.05	33.74	400m: 4:22.56	32.66
7.	Andreia Catarina Gomes	94	103701	Vitoria de Guimaraes	4:26.34	+0,93	686	
	50m: 30.07	30.07	150m: 1:34.85	32.67	250m: 2:42.25	34.03	350m: 3:51.86	35.29
	100m: 1:02.18	32.11	200m: 2:08.22	33.37	300m: 3:16.57	34.32	400m: 4:26.34	34.48
8.	Diana Margarida Duraes	96	102992	Foca	4:27.34		678	
	50m: 30.03	30.03	150m: 1:36.47	33.52	250m: 2:44.29	33.76	350m: 3:53.46	34.64
	100m: 1:02.95	32.92	200m: 2:10.53	34.06	300m: 3:18.82	34.53	400m: 4:27.34	33.88
9.	Vania Soares Neves	90	12380	Viana Natacao	4:27.75	+1,32	675	
	50m: 31.38	31.38	150m: 1:39.01	34.14	250m: 2:47.58	34.06	350m: 3:55.50	33.87
	100m: 1:04.87	33.49	200m: 2:13.52	34.51	300m: 3:21.63	34.05	400m: 4:27.75	32.25
10.	Maria Luis Amorim	95	102029	Porto	4:27.81	+1,01	674	
	50m: 31.01	31.01	150m: 1:38.84	34.41	250m: 2:47.51	33.69	350m: 3:54.93	33.63
	100m: 1:04.43	33.42	200m: 2:13.82	34.98	300m: 3:21.30	33.79	400m: 4:27.81	32.88
11.	Leonor Mourinho Neves	95	105646	Sporting	4:28.02	+0,90	673	
	50m: 30.84	30.84	150m: 1:38.00	33.83	250m: 2:46.12	34.04	350m: 3:54.84	34.43
	100m: 1:04.17	33.33	200m: 2:12.08	34.08	300m: 3:20.41	34.29	400m: 4:28.02	33.18
12.	Soraia Vanessa Ribeiro	92	15857	Gespacos	4:29.75	+0,99	660	
	50m: 31.19	31.19	150m: 1:39.13	34.19	250m: 2:47.89	34.04	350m: 3:56.33	34.12
	100m: 1:04.94	33.75	200m: 2:13.85	34.72	300m: 3:22.21	34.32	400m: 4:29.75	33.42
13.	Maria Teresa Amorim	97	20104	Porto	4:29.77	+1,08	660	
	50m: 30.97	30.97	150m: 1:39.12	34.48	250m: 2:47.87	34.49	350m: 3:56.80	34.46
	100m: 1:04.64	33.67	200m: 2:13.38	34.26	300m: 3:22.34	34.47	400m: 4:29.77	32.97
14.	Barbara Marques Rodrigues	97	107039	Alges	4:29.89	+0,89	659	
	50m: 31.08	31.08	150m: 1:39.16	34.47	250m: 2:47.93	34.18	350m: 3:56.58	34.39
	100m: 1:04.69	33.61	200m: 2:13.75	34.59	300m: 3:22.19	34.26	400m: 4:29.89	33.31

O Juiz Arbitro

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Splash Meet Manager 11, Build 17983

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Silves, 2- - 4-12-2011

Prova 16, Femin., 400m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
15.	Ines Alexandra Paiva	96	100378	Alges	4:29.92	+0,86	659	
	50m: 31.91	31.91	150m: 1:39.93	34.26	250m: 2:48.75	34.49	350m: 3:56.96	33.87
	100m: 1:05.67	33.76	200m: 2:14.26	34.33	300m: 3:23.09	34.34	400m: 4:29.92	32.96
16.	Joana Filipa Capela	89	12794	Benfica	4:32.41	+0,83	641	
	50m: 32.52	32.52	150m: 1:40.20	34.12	250m: 2:48.80	34.46	350m: 3:58.45	34.89
	100m: 1:06.08	33.56	200m: 2:14.34	34.14	300m: 3:23.56	34.76	400m: 4:32.41	33.96
17.	Ana Monica Eloi	96	107038	Nautico da Marinha Grande	4:33.35	+0,94	634	
	50m: 31.20	31.20	150m: 1:39.05	34.27	250m: 2:49.11	35.10	350m: 3:59.12	34.94
	100m: 1:04.78	33.58	200m: 2:14.01	34.96	300m: 3:24.18	35.07	400m: 4:33.35	34.23
18.	Ana Filipa Martins	97	104438	Foca	4:33.67	+0,91	632	
	50m: 31.40	31.40	150m: 1:39.76	34.30	250m: 2:49.61	34.94	350m: 3:59.66	35.23
	100m: 1:05.46	34.06	200m: 2:14.67	34.91	300m: 3:24.43	34.82	400m: 4:33.67	34.01
19.	Cassandra Pedro Oliveira	95	111071	Vilacondense	4:34.61	+0,92	626	
	50m: 31.48	31.48	150m: 1:39.14	34.10	250m: 2:48.50	34.73	350m: 3:59.54	35.84
	100m: 1:05.04	33.56	200m: 2:13.77	34.63	300m: 3:23.70	35.20	400m: 4:34.61	35.07
20.	Daniela Filipa Pinto	91	20610	Vitoria de Guimaraes	4:35.69	+0,99	618	
	50m: 31.42	31.42	150m: 1:40.21	34.73	250m: 2:49.90	34.91	350m: 4:00.75	35.79
	100m: 1:05.48	34.06	200m: 2:14.99	34.78	300m: 3:24.96	35.06	400m: 4:35.69	34.94
21.	Sara Monteiro Meireles	97	103921	Gespacos	4:40.23	+0,89	589	
	50m: 31.96	31.96	150m: 1:42.17	35.43	250m: 2:53.42	35.46	350m: 4:05.81	35.98
	100m: 1:06.74	34.78	200m: 2:17.96	35.79	300m: 3:29.83	36.41	400m: 4:40.23	34.42
22.	Marta Alexandra Saraiva FTL	93	14641	Uniao Piedense	4:43.20	+0,92	570	
	50m: 32.24	32.24	150m: 1:42.16	35.35	250m: 2:54.20	36.08	350m: 4:07.45	36.60
	100m: 1:06.81	34.57	200m: 2:18.12	35.96	300m: 3:30.85	36.65	400m: 4:43.20	35.75
23.	Catia Andreia Clara FTL	95	101886	Nautico da Marinha Grande	4:45.37	+1,07	557	
	50m: 32.35	32.35	150m: 1:43.69	36.24	250m: 2:56.82	36.55	350m: 4:09.74	36.47
	100m: 1:07.45	35.10	200m: 2:20.27	36.58	300m: 3:33.27	36.45	400m: 4:45.37	35.63
24.	Adriana Daniela Castro FTL	97	104515	Porto	4:45.59	+0,94	556	
	50m: 33.03	33.03	150m: 1:44.77	36.31	250m: 2:57.69	36.15	350m: 4:09.63	36.00
	100m: 1:08.46	35.43	200m: 2:21.54	36.77	300m: 3:33.63	35.94	400m: 4:45.59	35.96
25.	Mariana Ramalhinho Mascarenhas FTL	97	107665	Naval Setubalense	4:46.56	+0,94	550	
	50m: 32.52	32.52	150m: 1:43.64	36.17	250m: 2:57.65	37.04	350m: 4:11.13	36.46
	100m: 1:07.47	34.95	200m: 2:20.61	36.97	300m: 3:34.67	37.02	400m: 4:46.56	35.43

Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 17 Masc., 100m Bruços Absolutos
03-12-2011 Resultados Elimin

Rec. Nac. 25m Absoluto	59.31	Nuno Goncalo Quintanilha	LDC	S. António Cavaleiros	19-12-2009
Rec. Nac. 25m Jun	1:01.25	Pedro Miguel Agostinho	SCP	S. António Cavaleiros	19-12-2009
Rec. Nac. 25m Sen	59.31	Nuno Goncalo Quintanilha	LDC	S. António Cavaleiros	19-12-2009

TAC - Masc Sen: 1:07.50; Jun2: 1:07.50; Jun1: 1:09.19

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Absolutos								
1.	Ricardo Jose Varela	89	12941	Naval Setubalense	1:04.02	+0,71	655	A
	50m: 30.21 30.21			100m: 1:04.02 33.81				
2.	Henrique Pereira Neiva	84	23019	Vilacondense	1:04.16	+0,79	651	A
	50m: 30.53 30.53			100m: 1:04.16 33.63				
3.	Pedro Miguel Agostinho	92	12778	Sporting	1:04.18	+0,70	650	A
	50m: 29.92 29.92			100m: 1:04.18 34.26				
4.	Diogo Parrilha da Silva	93	11580	Alcobaca	1:04.29	+0,75	647	A
	50m: 29.97 29.97			100m: 1:04.29 34.32				
5.	Nuno Goncalo Quintanilha	87	12902	Colegio Vasco da Gama	1:04.30	+0,74	646	A
	50m: 30.56 30.56			100m: 1:04.30 33.74				
6.	Gil Goncalves Pinto	88	26051	Porto	1:04.46	+0,75	642	A
	50m: 30.46 30.46			100m: 1:04.46 34.00				
	Pedro Miguel Pinotes	89	26732	Sporting	1:04.46	+0,68	642	A
	50m: 30.60 30.60			100m: 1:04.46 33.86				
8.	Sergio Baptista Silva	91	15703	Porto	1:04.65	+0,79	636	A
	50m: 30.54 30.54			100m: 1:04.65 34.11				
9.	Tiago Samuel Silva	93	23502	Porto	1:05.31	+0,81	617	B
	50m: 31.36 31.36			100m: 1:05.31 33.95				
10.	Miguel Silva Oliveira	91	10822	Nautico/Matobra	1:05.58	+0,80	609	B
	50m: 31.15 31.15			100m: 1:05.58 34.43				
11.	Jaime Marques Duarte	87	22485	Amadora	1:05.86	+0,80	601	B
	50m: 30.59 30.59			100m: 1:05.86 35.27				
12.	Joao Claudio Sousa	93	23458	Gespacos	1:06.02	+0,78	597	B
	50m: 31.19 31.19			100m: 1:06.02 34.83				
13.	Nuno Rafael Alves	90	25140	Gespacos	1:06.09	+0,83	595	B
	50m: 31.29 31.29			100m: 1:06.09 34.80				
14.	Luis Manuel Fernandes	95	15589	Famalicao	1:06.15	+0,66	594	B
	50m: 31.21 31.21			100m: 1:06.15 34.94				
15.	Joao Albano Viola	89	100421	Nautico/Matobra	1:06.35	+0,75	588	B
	50m: 30.76 30.76			100m: 1:06.35 35.59				
16.	Vitor Diogo Moura	90	10394	Nacional	1:06.55	+0,73	583	B
	50m: 31.27 31.27			100m: 1:06.55 35.28				
17.	Miguel Aragao Santos	91	15886	Vilacondense	1:06.93	+0,78	573	R
	50m: 31.68 31.68			100m: 1:06.93 35.25				
18.	Manuel Matos Sequeira	87	10631	Gesloures	1:06.94	+0,77	573	R
	50m: 31.47 31.47			100m: 1:06.94 35.47				
19.	Andre Bras Goncalves	88	14767	Amadora	1:07.01	+0,74	571	
	50m: 31.54 31.54			100m: 1:07.01 35.47				

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Silves, 2- - 4-12-2011

Prova 17, Masc., 100m Bruços, Elimin, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
20.	Joni Antunes Vinagre 50m: 31.30 31.30	89	20589	Belenenses 100m: 1:07.27 35.97	1:07.27	+0,73	564	
21.	Pedro Miguel Varela 50m: 31.74 31.74	86	12947	Naval Setubalense 100m: 1:07.33 35.59	1:07.33	+0,79	563	
22.	Nuno Durao Pascoal 50m: 31.52 31.52	92	12560	Galitos 100m: 1:07.35 35.83	1:07.35	+0,81	562	
23.	Diogo Miguel Silva 50m: 31.69 31.69	95	104780	Uniao Piedense 100m: 1:07.40 35.71	1:07.40	+0,75	561	
24.	Francisco Filipe Silverio 50m: 31.18 31.18	90	12675	Amadora 100m: 1:07.50 36.32	1:07.50	+0,73	559	
25.	Pedro Barros Mendes <i>FTL</i> 50m: 31.98 31.98	94	11195	Academica de Coimbra 100m: 1:07.70 35.72	1:07.70	+1,16	554	
26.	Alcides Costa Sousa <i>FTL</i> 50m: 32.08 32.08	94	103744	Feirense 100m: 1:07.84 35.76	1:07.84	+0,74	550	
27.	Hugo Miguel Silva <i>FTL</i> 50m: 32.00 32.00	94	24567	Braga 100m: 1:08.12 36.12	1:08.12	+0,81	544	
28.	Tiago Freire Almeida <i>FTL</i> 50m: 31.79 31.79	87	12225	Amadora 100m: 1:08.46 36.67	1:08.46	+0,73	535	
29.	Diogo Manuel Rodrigues <i>FTL</i> 50m: 31.86 31.86	94	15338	Vitoria de Guimaraes 100m: 1:08.51 36.65	1:08.51	+0,87	534	
30.	Mauro Filipe Viegas 50m: 32.41 32.41	95	26428	Natacao Olhao 100m: 1:08.56 36.15	1:08.56	+0,69	533	
31.	Tiago Geraldes Machado <i>FTL</i> 50m: 31.21 31.21	93	10264	Pimpoes/Cimai 100m: 1:08.59 37.38	1:08.59	+0,82	532	
32.	Goncalo Pereira Sa 50m: 32.59 32.59	95	107201	Feirense 100m: 1:08.74 36.15	1:08.74	+0,72	529	
33.	Tomas Miguel Freitas <i>FTL</i> 50m: 32.34 32.34	90	23135	Nacional 100m: 1:08.90 36.56	1:08.90	+0,83	525	
34.	Ruben Paiva Carvalho <i>FTL</i> 50m: 32.98 32.98	94	10856	Academica de Coimbra 100m: 1:09.43 36.45	1:09.43	+0,75	513	
35.	Mauro Gaspar Ferreira <i>FTL</i> 50m: 32.48 32.48	95	109912	Desporto de Barcelos 100m: 1:09.49 37.01	1:09.49	+0,88	512	
36.	Ricardo Filipe Ferreira <i>FTL</i> 50m: 32.47 32.47	95	11613	Pimpoes/Cimai 100m: 1:09.54 37.07	1:09.54	+0,85	511	
37.	Pedro Afonso Centeno <i>FTL</i> 50m: 33.44 33.44	95	100586	Colegio Vasco da Gama 100m: 1:09.90 36.46	1:09.90	+0,65	503	

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 17, Masc., 100m Bruços, Elimin, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
38.	Miguel Angelo Cruz <i>FTL</i>	95	108649	Sporting	1:09.93	+0,73	502	
	50m: 33.17 33.17			100m: 1:09.93 36.76				
39.	Jose Manuel Dias <i>FTL</i>	94	14532	Uniao Piedense	1:10.28	+0,79	495	
	50m: 32.56 32.56			100m: 1:10.28 37.72				
40.	Nuno Miguel Feliciano <i>FTL</i>	95	24775	Alcobaca	1:10.61	+0,65	488	
	50m: 33.02 33.02			100m: 1:10.61 37.59				
41.	Miguel Rego Borges <i>FTL</i>	95	102134	Bombeiros de Ponta Delgada	1:10.66	+0,72	487	
	50m: 33.66 33.66			100m: 1:10.66 37.00				
42.	Pedro Alexandre Bento <i>FTL</i>	95	106259	Alges	1:11.15	+0,89	477	
	50m: 33.44 33.44			100m: 1:11.15 37.71				
43.	Afonso Lopes dos Santos <i>FTL</i>	95	14773	Pimpoes/Cimai	1:11.59	+0,72	468	
	50m: 32.87 32.87			100m: 1:11.59 38.72				
44.	Fabio Miguel Samouco <i>FTL</i>	95	105237	Torres Novas	1:13.15	+0,83	439	
	50m: 33.46 33.46			100m: 1:13.15 39.69				

Prova 18
03-12-2011

Femin., 100m Bruços

Absolutos
Resultados Elimin

Rec. Nac. 25m Absoluto	1:07.17	Diana Duarte Gomes	CNA	S. António Cavaleiros	19-12-2009
Rec. Nac. 25m Jun	1:08.85	Ana Pinho Rodrigues	AEJ	Ponte de Sôr	13-12-2009
Rec. Nac. 25m Sen	1:07.17	Diana Duarte Gomes	CNA	S. António Cavaleiros	19-12-2009

TAC - Fem Sen: 1:17.20; Jun1: 1:19.13; Jun2: 1:17.20

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Absolutos								
1.	Joana Patricia Pinto	94	24790	Ginasio de Vila Real	1:11.01	+0,92	688	A
	50m: 33.88 33.88			100m: 1:11.01 37.13				
2.	Maria Carolina Rosa	94	14248	Sporting	1:12.47	+1,01	647	A
	50m: 34.37 34.37			100m: 1:12.47 38.10				
3.	Fabiana Maria Quintal	84	10396	Nacional	1:12.81	+0,70	638	A
	50m: 34.05 34.05			100m: 1:12.81 38.76				
4.	Diana Duarte Gomes	89	20632	Amadora	1:12.92	+0,77	635	A
	50m: 34.69 34.69			100m: 1:12.92 38.23				
5.	Victoria Kaminskaya	95	102313	Pimpoes/Cimai	1:13.03	+0,86	632	A
	50m: 34.97 34.97			100m: 1:13.03 38.06				
6.	Ana Pinho Rodrigues	94	13372	Estamos Juntos	1:13.15	+0,82	629	A
	50m: 34.42 34.42			100m: 1:13.15 38.73				
7.	Ana Teresa Franco	91	11349	Sporting	1:13.21	+0,83	628	A
	50m: 34.88 34.88			100m: 1:13.21 38.33				

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 18, Femin., 100m Bruços, Elimin, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
8.	Ariana Alves Nunes 50m: 34.68 34.68	95	13348	Portinado 100m: 1:13.34 38.66	1:13.34	+0,90	624	A
9.	Isabel Maria Figueira 50m: 34.75 34.75	79	11424	Louletano/Loule Concelho 100m: 1:13.36 38.61	1:13.36	+0,89	624	B
10.	Diana Patricia Ferreira 50m: 34.23 34.23	94	23500	Gespacos 100m: 1:13.45 39.22	1:13.45	+0,83	622	B
11.	Ana Marisa Brito 50m: 34.57 34.57	90	12800	Amadora 100m: 1:13.76 39.19	1:13.76	+0,81	614	B
12.	Marta Pereira Abreu 50m: 34.85 34.85	92	23091	Porto 100m: 1:14.00 39.15	1:14.00	+0,84	608	B
13.	Joana Catarina Carvalho 50m: 36.05 36.05	92	15228	Porto 100m: 1:14.34 38.29	1:14.34	+0,79	599	B
14.	Joana Marques Maia 50m: 34.99 34.99	91	25067	Natacao da Maia 100m: 1:14.40 39.41	1:14.40	+0,84	598	B
15.	Gabriela Oliveira Andrade 50m: 35.26 35.26	94	12055	Nautico/Matobra 100m: 1:14.89 39.63	1:14.89	+0,74	586	B
16.	Rita Fernandes Leitao 50m: 35.49 35.49	96	25571	Amadora 100m: 1:15.06 39.57	1:15.06	+0,84	582	B
17.	Marina Nicolina Teodosio 50m: 35.45 35.45	97	106174	BA/Mr.Pizza 100m: 1:15.15 39.70	1:15.15	+1,02	580	R
18.	Ana Beatriz Pereira 50m: 35.41 35.41	91	20591	Colegio Vasco da Gama 100m: 1:15.28 39.87	1:15.28	+0,70	577	R
19.	Ana Marta Miranda 50m: 35.65 35.65	96	100377	Uniao Piedense 100m: 1:15.75 40.10	1:15.75	+0,95	567	
20.	Joana Filipa Marques 50m: 35.77 35.77	95	25292	Bombeiros de Ponta Delgada 100m: 1:15.76 39.99	1:15.76	+0,74	566	
21.	Mariana Dias Almeida 50m: 35.94 35.94	93	22405	Famalicao 100m: 1:15.78 39.84	1:15.78	+0,82	566	
22.	Rute Margarida Marques 50m: 35.41 35.41	94	25359	Amadora 100m: 1:15.98 40.57	1:15.98	+0,84	561	
23.	Rosa Maria Oliveira 50m: 35.74 35.74	96	105858	Estarreja 100m: 1:16.26 40.52	1:16.26	+0,84	555	
24.	Barbara Sofia Barata 50m: 36.25 36.25	97	105454	Alges 100m: 1:16.44 40.19	1:16.44	+0,83	551	
25.	Joana Dias Santos 50m: 36.08 36.08	96	100397	Uniao Piedense 100m: 1:17.12 41.04	1:17.12	+0,89	537	
26.	Ana Carolina Mateus FTL 50m: 36.55 36.55	95	25332	Alges 100m: 1:17.65 41.10	1:17.65	+0,87	526	
27.	Catarina Alexandra Dias FTL 50m: 36.04 36.04	95	25908	Naval de Ponta Delgada 100m: 1:17.73 41.69	1:17.73	+0,76	524	
28.	Ana Catarina Serpa 50m: 36.91 36.91	97	100330	Sporting 100m: 1:18.00 41.09	1:18.00	+0,99	519	
29.	Andreia Margarida Morgado 50m: 36.51 36.51	97	100542	Nautico/Matobra 100m: 1:18.49 41.98	1:18.49	+0,79	509	

O Juiz Arbitro

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Silves, 2- - 4-12-2011

Prova 18, Femin., 100m Bruços, Elimin, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
30.	Ana Filipa Gomes <i>FTL</i>	96	107376	Vilacondense	1:18.53	+0,89	508	
	50m: 37.06 37.06			100m: 1:18.53 41.47				
31.	Ines Raquel Estevao <i>FTL</i>	95	100230	Gesloures	1:18.58	+0,83	508	
	50m: 36.73 36.73			100m: 1:18.58 41.85				
32.	Ana Filipa Teixeira <i>FTL</i>	95	15992	Viana Natacao	1:19.32	+0,80	493	
	50m: 37.53 37.53			100m: 1:19.32 41.79				
33.	Ines Pugsley Ferreira <i>FTL</i>	97	107414	Louletano/Loule Concelho	1:19.72	+0,91	486	
	50m: 37.16 37.16			100m: 1:19.72 42.56				
	Diana Sofia Silva <i>FTL</i>	97	104679	Braga	1:19.72	+0,89	486	
	50m: 37.64 37.64			100m: 1:19.72 42.08				
35.	Rita Catarina Miranda <i>FTL</i>	97	107566	Braga	1:19.79	+0,93	485	
	50m: 37.81 37.81			100m: 1:19.79 41.98				
36.	Andreia Sofia Mendao <i>FTL</i>	97	121322	Naval Amorense	1:19.86	+1,10	483	
	50m: 37.97 37.97			100m: 1:19.86 41.89				
37.	Tania Alexandra Lopes <i>FTL</i>	92	23014	Benfica	1:19.93	+0,75	482	
	50m: 37.40 37.40			100m: 1:19.93 42.53				
38.	Beatriz Carvalho Ribeiro <i>FTL</i>	97	109902	Desporto de Barcelos	1:20.55	+0,90	471	
	50m: 36.90 36.90			100m: 1:20.55 43.65				
39.	Ines Simoes Rodrigues <i>FTL</i>	96	106129	Scalabisport	1:20.73	+0,94	468	
	50m: 38.11 38.11			100m: 1:20.73 42.62				

Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 19 Masc., 50m Livres Absolutos
03-12-2011 Resultados Elimin

Rec. Nac. 25m Absoluto	21.64	Alexandre Escudier Agostinho	PORTIN	S. António Cavaleiros	20-12-2009
Rec. Nac. 25m Jun	22.33	Tiago Andre Venancio	FPN	Viena (AUT)	16-05-2003
Rec. Nac. 25m Sen	21.64	Alexandre Escudier Agostinho	PORTIN	S. António Cavaleiros	20-12-2009

TAC - Masc Sen: 24.30; Jun2: 24.30; Jun1: 24.79

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Absolutos								
1.	Paulo Jorge Santos	89	25982	Porto	23.35	+0,76	657	A
2.	Joao Silva Gigante	88	14783	Amadora	23.41	+0,65	652	A
3.	Luis Marques Pinto	87	10422	Naval do Funchal	23.47	+0,66	647	A
4.	Gustavo Almeida Madureira	94	10857	Academica de Coimbra	23.67	+0,71	630	A
	Tiago Ferreira Sousa	91	106684	Nacional	23.67	+0,74	630	A
6.	Simao Pedro Alves	94	102500	Famalicao	23.74	+0,73	625	A
7.	Mario Alexandre Pereira	92	10767	Nautico/Matobra	23.77	+0,69	622	A
	Nelson Filipe Martinho	89	16016	Natacao de Valongo	23.77	+0,73	622	A
9.	David Miguel Leiria	93	14530	Naval Amorense	23.80	+0,80	620	B
10.	Ricardo Pereira Lopes	90	14831	Amadora	23.85	+0,67	616	B
11.	Luis Emanuel Vaz	91	15628	Famalicao	23.88	+0,76	614	B
12.	Jorge Manuel Maia	89	23220	Famalicao	23.91	+0,73	611	B
13.	Carlos Lopes Pedrosa	94	102149	Naval de Ponta Delgada	24.10	+0,72	597	B
14.	Joao Filipe Carvalho	87	23026	Porto	24.12	+0,77	596	B
15.	Filipe Vieira Malheiro	90	13117	Braga	24.27	+0,75	585	B
16.	Andre Neves Oliveira	91	14834	Benfica	24.44	+0,69	573	B
	<i>FTL</i>							
17.	Ricardo Manuel Machado	93	13278	Braga	24.48	+0,81	570	R
	<i>FTL</i>							
18.	Frederico Manuel Moeda	95	117080	Estrelas S. Joao de Brito	25.53	+0,86	502	R
	<i>FTL</i>							

Prova 20 Femin., 50m Livres Absolutos
03-12-2011 Resultados Elimin

Rec. Nac. 25m Absoluto	24.94	Patricia Vilas Conceicao	CNA	S. António Cavaleiros	20-12-2009
Rec. Nac. 25m Jun	26.14	Maria Carolina Rosa	SCP	S. António Cavaleiros	20-12-2009
Rec. Nac. 25m Sen	24.94	Patricia Vilas Conceicao	CNA	S. António Cavaleiros	20-12-2009

TAC - Fem Sen: 28.20; Jun1: 28.76; Jun2: 28.20

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Absolutos								
1.	Ana Pinho Rodrigues	94	13372	Estamos Juntos	26.69	+0,78	661	A
2.	Sara Beatriz Loureiro	87	12503	Porto	26.78	+0,71	654	A
3.	Jessica Teixeira Vieira	91	104235	Amadora	26.94	+0,69	642	A
4.	Joana Patricia Pinto	94	24790	Ginasio de Vila Real	27.00	+0,87	638	A
5.	Sara Freitas Oliveira	85	23045	Porto	27.03	+0,94	636	A
6.	Alexandra Paiva Oliveira	91	15139	Porto	27.05	+0,78	634	A
7.	Claudia Marques Moreno	91	24213	Porto	27.25	+0,91	621	A
8.	Claudia Sofia Monteiro	92	15882	Vilacondense	27.37	+0,83	612	A

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Prova 20, Femin., 50m Livres, Elimin, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
9.	Raquel Maurile Taveira	95	105392	Alges	27.49	+0,78	604	B
10.	Maria Ines Ribeiro	92	10899	Nautico/Matobra	27.63	+0,77	595	B
11.	Isabel Pinto Abreu	96	26324	Belenenses	27.71	+0,76	590	B
12.	Sara Francisco Cruz	93	10732	BA/Mr.Pizza	27.89	+0,80	579	B
13.	Catarina Tiago Nunes	95	100949	Uniao Piedense	27.93	+0,82	576	B
14.	Mariana Sousa Martins	95	103743	Feirense	27.94	+0,77	576	B
15.	Beatriz Alves Silva	95	26721	Portinado	28.01	+0,71	571	B
16.	Carolina Sanchez Rodrigues	97	100359	Alges	28.07	+1,44	568	B
17.	Carolina Cunha Martins	95	10881	Nautico/Matobra	28.08	+0,91	567	R
18.	Susana Clara Gomes	77	119272	Naval do Funchal	28.16	+0,78	562	R
19.	Rosa Maria Oliveira	96	105858	Estarreja	28.17	+0,88	562	
20.	Ana Luisa Carvalho	96	24493	Nautico/Matobra	28.24	+0,87	558	
<i>FTL</i>								
21.	Carolina Sofia Lopes	96	100753	Louletano/Loule Concelho	28.33	+0,77	552	
<i>FTL</i>								
22.	Marta Filipa Vinagre	95	24660	Scalabisport	28.35	+0,90	551	
<i>FTL</i>								
23.	Rita Amado Laezza	95	12054	Vilacondense	28.41	+0,84	548	
<i>FTL</i>								
24.	Ana Carolina Trindade	97	106478	Amadora	28.48	+0,89	544	
25.	Sara Faria Costa	97	107451	Braga	28.71	+0,88	531	
26.	Marta Filipa Conceicao	92	14674	Amadora	28.73	+0,81	529	
<i>FTL</i>								

Prova 21
03-12-2011

Masc., 100m Costas

Absolutos
Resultados Elimin

Rec. Nac. 25m Absoluto	53.04	Nuno Filipe Laurentino	FPN	Moscovo (RUS)	03-04-2002
Rec. Nac. 25m Jun	53.88	Alexis Manacas Santos	SCP	Leiria	05-12-2009
Rec. Nac. 25m Sen	53.04	Nuno Filipe Laurentino	FPN	Moscovo (RUS)	03-04-2002

TAC - Masc Sen: 1:00.50; Jun2: 1:00.50; Jun1: 1:02.01

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Absolutos								
1.	Miguel Duarte Nascimento	95	14944	Portinado	56.48	+0,66	650	A
	50m: 27.68 27.68		100m: 56.48 28.80					
2.	Goncalo Filipe Gregorio	93	10644	Uniao Piedense	57.84	+0,56	605	A
	50m: 28.25 28.25		100m: 57.84 29.59					
3.	Samuel Patricio Queiros	91	15701	Porto	58.00	+0,66	600	A
	50m: 28.15 28.15		100m: 58.00 29.85					
4.	Rodrigo Pereira Lopes	95	26077	Amadora	58.06	+0,64	598	A
	50m: 28.33 28.33		100m: 58.06 29.73					
5.	Ricardo Ferreira Cotovio	91	10921	Sporting	58.14	+0,70	596	A
	50m: 28.29 28.29		100m: 58.14 29.85					
6.	Edgar Oliveira Ribeiro	93	13277	Braga	58.15	+0,82	596	A
	50m: 28.39 28.39		100m: 58.15 29.76					
7.	Pedro Fontoura Oliveira	90	14688	Amadora	58.29	+0,66	591	A
	50m: 28.70 28.70		100m: 58.29 29.59					

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 21, Masc., 100m Costas, Elimin, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
8.	Adriano Miguel Niz	86	23013	Famalicao	58.45	+0,66	587	A
	50m: 28.67 28.67		100m: 58.45 29.78					
9.	Daniel Aparicio Pereira	83	24394	Braga	58.82	+0,67	575	B
	50m: 28.64 28.64		100m: 58.82 30.18					
10.	Renato Mendes Pinheiro	94	16071	Desportiva de Viana	59.21	+0,64	564	B
	50m: 28.88 28.88		100m: 59.21 30.33					
11.	Antonio Rafael Bessa	94	102089	Gespacos	59.38	+0,53	559	B
	50m: 28.59 28.59		100m: 59.38 30.79					
12.	Joao Filipe Fernandes	93	15222	Famalicao	59.47	+0,65	557	B
	50m: 28.96 28.96		100m: 59.47 30.51					
13.	Jose Joao Bica	87	12879	Colegio Vasco da Gama	59.68	+0,70	551	B
	50m: 29.20 29.20		100m: 59.68 30.48					
14.	David Miguel Leiria	93	14530	Naval Amorense	59.75	+0,61	549	B
	50m: 29.41 29.41		100m: 59.75 30.34					
15.	Cesar Fernando Faria	90	10704	BA/Mr.Pizza	59.89	+0,65	545	B
	50m: 29.25 29.25		100m: 59.89 30.64					
16.	Joao Pedro Neto	95	26959	Naval Setubalense	59.92	+0,73	544	B
	50m: 29.36 29.36		100m: 59.92 30.56					
17.	Pedro Lobato Rijo	91	13025	Gesloures	1:00.19	+0,60	537	R
	50m: 29.28 29.28		100m: 1:00.19 30.91					
18.	Joao Pedro Braga	94	25892	Naval de Ponta Delgada	1:00.21	+0,70	537	R
	50m: 29.21 29.21		100m: 1:00.21 31.00					
19.	Andre Duarte Vaz	93	10768	Nautico/Matobra	1:00.35	+0,72	533	
	50m: 29.04 29.04		100m: 1:00.35 31.31					
20.	Jose Alberto Martins	94	23096	Vitoria de Guimaraes	1:00.37	+0,63	532	
	50m: 29.18 29.18		100m: 1:00.37 31.19					
21.	Mario Alexandre Pereira	92	10767	Nautico/Matobra	1:00.42	+0,71	531	
	50m: 29.62 29.62		100m: 1:00.42 30.80					
22.	Miguel Antonio Silva	94	24570	Braga	1:00.56	+0,70	527	
	<i>FTL</i> 50m: 29.03 29.03		100m: 1:00.56 31.53					
23.	Andre Filipe Mendes	92	100307	Nautico de Abrantes	1:00.57	+0,54	527	
	<i>FTL</i> 50m: 29.17 29.17		100m: 1:00.57 31.40					
24.	Gil Goncalves Pinto	88	26051	Porto	1:00.70	+0,63	524	
	<i>FTL</i> 50m: 30.12 30.12		100m: 1:00.70 30.58					
25.	Renato Filipe Nascimento	94	26386	Louletano/Loule Concelho	1:00.90	+0,73	518	
	<i>FTL</i> 50m: 29.62 29.62		100m: 1:00.90 31.28					
	Miguel Angelo Pinto	94	103606	Colegio Vasco da Gama	1:00.90	+0,80	518	
	<i>FTL</i> 50m: 29.53 29.53		100m: 1:00.90 31.37					
27.	Filipe Maria Ferreira	95	14900	Natacao Olhao	1:01.07	+0,59	514	
	50m: 29.14 29.14		100m: 1:01.07 31.93					

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 21, Masc., 100m Costas, Elimin, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
28.	Joao Pedro Almeida <i>FTL</i>	92	24029	Nautico/Matobra	1:01.35	+0,73	507	
	50m: 29.38 29.38			100m: 1:01.35 31.97				
29.	Diogo Maia e Silva <i>FTL</i>	93	10266	Pimpoes/Cimai	1:01.55	+0,64	502	
	50m: 30.08 30.08			100m: 1:01.55 31.47				
30.	Diogo Miguel Paulino <i>FTL</i>	90	10549	Alcobaca	1:01.99	+0,61	492	
	50m: 29.82 29.82			100m: 1:01.99 32.17				
31.	Joao Pedro Santos <i>FTL</i>	95	105859	Estarreja	1:02.11	+0,68	489	
	50m: 30.03 30.03			100m: 1:02.11 32.08				
32.	Pedro Romanoski Carvalho <i>FTL</i>	94	108664	Famalicao	1:02.14	+0,67	488	
	50m: 29.92 29.92			100m: 1:02.14 32.22				
33.	Daniel Ribeiro Sousa <i>FTL</i>	95	101888	Nautico da Marinha Grande	1:02.44	+0,69	481	
	50m: 30.22 30.22			100m: 1:02.44 32.22				
34.	Miguel Maria Rosado <i>FTL</i>	95	100178	Aminata	1:02.67	+0,63	476	
	50m: 30.01 30.01			100m: 1:02.67 32.66				
35.	Andre Isaias Guimaraes <i>FTL</i>	95	102612	Famalicao	1:02.68	+0,62	475	
	50m: 30.03 30.03			100m: 1:02.68 32.65				

Prova 22
03-12-2011

Femin., 100m Costas

Absolutos
Resultados Elimin

Rec. Nac. 25m Absoluto	1:00.69	Marta Vieira Marinho	FCP	S. António Cavaleiros	19-12-2009
Rec. Nac. 25m Jun	1:03.03	Lisa Marisa Soares	CNA	Porto	04-12-2010
Rec. Nac. 25m Sen	1:00.69	Marta Vieira Marinho	FCP	S. António Cavaleiros	19-12-2009

TAC - Fem Sen: 1:08.50; Jun1: 1:09.87; Jun2: 1:08.50

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Absolutos								
1.	Marta Vieira Marinho	91	15707	Porto	1:03.34	+0,67	662	A
	50m: 31.11 31.11			100m: 1:03.34 32.23				
2.	Catia Raquel Martinheira	95	25940	Louletano/Loule Concelho	1:03.91	+0,59	645	A
	50m: 31.05 31.05			100m: 1:03.91 32.86				
3.	Ana Sofia Leite	93	24784	Ginasio de Vila Real	1:04.33	+0,79	632	A
	50m: 31.15 31.15			100m: 1:04.33 33.18				
4.	Lisa Marisa Soares	95	25381	Amadora	1:05.00	+0,65	613	A
	50m: 31.87 31.87			100m: 1:05.00 33.13				
5.	Mafalda Gomes Beleza	94	26890	Sporting	1:05.30	+0,78	605	A
	50m: 31.69 31.69			100m: 1:05.30 33.61				

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Prova 22, Femin., 100m Costas, Elimin, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
6.	Andreia Filipa Anjos 50m: 31.98 31.98	92	10739	BA/Mr.Pizza 100m: 1:05.45 33.47	1:05.45	+0,68	600	A
7.	Patricia Isabel Oliveira 50m: 31.81 31.81	94	15970	Leixoes 100m: 1:05.50 33.69	1:05.50	+0,71	599	A
8.	Francisca Gomes Azevedo 50m: 31.90 31.90	97	100356	Alges 100m: 1:05.80 33.90	1:05.80	+1,02	591	A
9.	Filipa Mendes Pinheiro 50m: 31.73 31.73	92	11056	Desportiva de Viana 100m: 1:05.81 34.08	1:05.81	+0,72	591	B
10.	Paula Cristina Yang 50m: 31.91 31.91	95	100229	Geslourses 100m: 1:06.05 34.14	1:06.05	+0,74	584	B
11.	Adriana Correia Lopes 50m: 32.09 32.09	95	24491	Nautico/Matobra 100m: 1:06.37 34.28	1:06.37	+0,70	576	B
12.	Rute Rocha Ines 50m: 32.04 32.04	97	104789	Louletano/Loule Concelho 100m: 1:06.64 34.60	1:06.64	+0,71	569	B
13.	Carolina Sofia Lopes 50m: 32.67 32.67	96	100753	Louletano/Loule Concelho 100m: 1:07.13 34.46	1:07.13	+0,73	556	B
14.	Beatriz Neves Craveiro 50m: 32.75 32.75	97	106762	Nautico/Matobra 100m: 1:07.22 34.47	1:07.22	+0,72	554	B
15.	Andreia Silva Cruz 50m: 33.25 33.25	88	11126	Naval de Ponta Delgada 100m: 1:07.57 34.32	1:07.57	+0,58	546	B
16.	Irina Filipa Lousa 50m: 32.74 32.74	95	102467	Porto 100m: 1:07.74 35.00	1:07.74	+0,75	541	B
17.	Maria Luis Amorim 50m: 33.20 33.20	95	102029	Porto 100m: 1:07.98 34.78	1:07.98	+0,81	536	R
18.	Tania Filipa Henriques 50m: 32.71 32.71	93	14568	Naval Amorense 100m: 1:08.08 35.37	1:08.08	+0,70	533	R
19.	Juliana Lima Freixo 50m: 32.86 32.86	97	100827	Desportiva de Viana 100m: 1:08.60 35.74	1:08.60	+0,72	521	
20.	Margarida Teixeira Monteiro 50m: 34.02 34.02	97	106931	Desportiva Limiana 100m: 1:08.71 34.69	1:08.71	+0,67	519	
21.	Beatriz Sousa Grou FTL 50m: 33.10 33.10	96	15031	Tavira Natacao 100m: 1:08.88 35.78	1:08.88	+0,67	515	
22.	Ana Filipa Gomes FTL 50m: 33.54 33.54	96	107376	Vilacondense 100m: 1:08.99 35.45	1:08.99	+0,63	513	
23.	Bruna Elisabete Paulino 50m: 33.68 33.68	97	102345	Alcobaca 100m: 1:09.00 35.32	1:09.00	+0,81	512	
24.	Maria Ines Almeida FTL 50m: 33.77 33.77	96	105569	Nautico/Matobra 100m: 1:09.02 35.25	1:09.02	+0,70	512	
25.	Ana Rita Cruz 50m: 33.68 33.68	97	104785	Uniao Piedense 100m: 1:09.09 35.41	1:09.09	+0,73	510	
26.	Sara Sa Espadilha FTL 50m: 33.44 33.44	94	10927	Lisnave 100m: 1:09.17 35.73	1:09.17	+0,42	509	

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Prova 22, Femin., 100m Costas, Elimin, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
27.	Claudia Isabel Semiao 50m: 33.40 33.40	97	117970	Aminata	1:09.28	+0,68	506	
28.	Joana Carolina Oliveira FTL 50m: 33.93 33.93	93	13131	Gesloures	1:09.34	+0,80	505	
29.	Rafaela Marques Bodiao FTL 50m: 33.45 33.45	96	26440	Natacao Olhao	1:09.35	+0,56	505	
30.	Ana Sofia Simoes FTL 50m: 33.57 33.57	93	100374	Benfica	1:09.42	+0,69	503	
31.	Leonor Rebelo Pereira FTL 50m: 33.24 33.24	96	109898	Desporto de Barcelos	1:09.54	+0,66	500	
32.	Sofia Oliveira Pinto FTL 50m: 33.60 33.60	94	12766	Benfica	1:09.98	+0,66	491	
33.	Ana Rita Martins FTL 50m: 33.60 33.60	96	106475	Amadora	1:10.01	+0,74	490	
34.	Sara Faria Costa FTL 50m: 34.13 34.13	97	107451	Braga	1:10.37	+0,82	483	
35.	Ana Carolina Trindade FTL 50m: 33.62 33.62	97	106478	Amadora	1:10.40	+0,63	482	
36.	Claudia Susana Teixeira FTL 50m: 33.90 33.90	96	102040	Gespacos	1:10.47	+0,85	481	
37.	Rita Teixeira Costa FTL 50m: 34.08 34.08	97	109314	Belenenses	1:11.04	+0,68	469	

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Prova 23 Masc., 100m Mariposa Absolutos
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Rec. Nac. 25m Absoluto	51.45	Diogo Filipe Carvalho	FPN	Estocolmo (SWE)	11-11-2009
Rec. Nac. 25m Jun	53.87	Tiago Andre Venancio	CNS	Cantanhede	19-12-2004
Rec. Nac. 25m Sen	51.45	Diogo Filipe Carvalho	FPN	Estocolmo (SWE)	11-11-2009

TAC - Masc Sen: 58.50; Jun2: 58.50; Jun1: 59.67

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Absolutos								
1.	Joao Silva Gigante	88	14783	Amadora	55.39	+0,68	670	A
	50m: 25.58 25.58			100m: 55.39 29.81				
2.	Nuno Goncalo Quintanilha	87	12902	Colegio Vasco da Gama	55.65	+0,78	661	A
	50m: 25.83 25.83			100m: 55.65 29.82				
3.	Carlos Filipe Santos	91	15694	Porto	56.07	+0,71	646	A
	50m: 25.82 25.82			100m: 56.07 30.25				
4.	Fabio Manuel Pereira	86	23049	Vilacondense	56.26	+0,78	639	A
	50m: 26.77 26.77			100m: 56.26 29.49				
5.	Carlos Lopes Pedrosa	94	102149	Naval de Ponta Delgada	56.40	+0,73	635	A
	50m: 26.16 26.16			100m: 56.40 30.24				
6.	Joao Pedro Araujo	85	15849	Famalicao	56.41	+0,71	634	A
	50m: 26.36 26.36			100m: 56.41 30.05				
7.	Nelson Filipe Martinho	89	16016	Natacao de Valongo	56.68	+0,74	625	A
	50m: 26.58 26.58			100m: 56.68 30.10				
8.	Andre Neves Oliveira	91	14834	Benfica	56.95	+0,70	616	A
	50m: 26.62 26.62			100m: 56.95 30.33				
9.	Miguel Silva Oliveira	91	10822	Nautico/Matobra	57.15	+0,81	610	B
	50m: 26.65 26.65			100m: 57.15 30.50				
10.	Miguel Duarte Nascimento	95	14944	Portinado	57.44	+0,69	601	B
	50m: 26.80 26.80			100m: 57.44 30.64				
11.	Nuno Cruz Oliveira	90	12871	Braga	57.94	+0,83	585	B
	50m: 27.42 27.42			100m: 57.94 30.52				
12.	Ricardo Sousa Filipe	88	12555	Louletano/Loule Concelho	57.95	+0,80	585	B
	50m: 27.24 27.24			100m: 57.95 30.71				
13.	Antonio Fraga Fragoso	95	14324	Bombeiros de Ponta Delgada	58.25	+0,78	576	B
	50m: 27.52 27.52			100m: 58.25 30.73				
14.	Jorge Miguel Carmo	90	13004	Colegio Vasco da Gama	58.46	+0,74	570	B
	50m: 27.76 27.76			100m: 58.46 30.70				
15.	Ruben Filipe Nunes	94	23302	Gespacos	58.50	+0,82	569	B
	50m: 27.70 27.70			100m: 58.50 30.80				
16.	Emanuel Augusto Pinho	93	14295	Feirense	58.70	+0,73	563	B
	FTL							
	50m: 27.50 27.50			100m: 58.70 31.20				
17.	Miguel Goncalves Ferreira	93	11223	Nacional	58.79	+0,81	560	R
	FTL							
	50m: 27.55 27.55			100m: 58.79 31.24				
18.	Rui Filipe Maia	93	24204	Vilacondense	59.00	+0,75	554	R
	FTL							
	50m: 27.63 27.63			100m: 59.00 31.37				

O Juiz Arbitro

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Silves, 2- - 4-12-2011

Prova 23, Masc., 100m Mariposa, Elimin, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
19.	Ricardo Verissimo Sousa <i>FTL</i>	93	25548	Colegio Vasco da Gama	59.01	+0,77	554	
	50m: 27.79 27.79			100m: 59.01 31.22				
20.	Nuno Miguel Rola <i>FTL</i>	83	11949	Amadora	59.11	+0,82	551	
	50m: 27.53 27.53			100m: 59.11 31.58				
21.	Igor Guterres Carvalho <i>FTL</i>	88	23057	Vilacondense	59.27	+0,91	547	
	50m: 27.84 27.84			100m: 59.27 31.43				
22.	Tiago Freire Almeida <i>FTL</i>	87	12225	Amadora	59.30	+0,76	546	
	50m: 27.23 27.23			100m: 59.30 32.07				
23.	Pedro Miguel Sa <i>FTL</i>	93	15744	Colegio Vasco da Gama	59.41	+1,35	543	
	50m: 27.77 27.77			100m: 59.41 31.64				
24.	Andre Filipe Mendes <i>FTL</i>	92	100307	Nautico de Abrantes	59.67	+0,76	536	
	50m: 27.95 27.95			100m: 59.67 31.72				
25.	Diogo Antonio Lopes <i>FTL</i>	95	26742	Torres Novas	59.93	+0,74	529	
	50m: 27.74 27.74			100m: 59.93 32.19				
26.	Andre Filipe Teodoro <i>FTL</i>	95	25350	Naval Setubalense	1:00.17	+0,75	523	
	50m: 27.72 27.72			100m: 1:00.17 32.45				
27.	Miguel Bras Sergio <i>FTL</i>	95	100925	Bombeiros dos Estoris	1:00.64	+0,83	510	
	50m: 28.00 28.00			100m: 1:00.64 32.64				
28.	Daniel Ribeiro Sousa <i>FTL</i>	95	101888	Nautico da Marinha Grande	1:00.68	+0,84	509	
	50m: 28.35 28.35			100m: 1:00.68 32.33				
29.	Frederico Manuel Moeda <i>FTL</i>	95	117080	Estrelas S. Joao de Brito	1:01.96	+0,89	479	
	50m: 29.16 29.16			100m: 1:01.96 32.80				

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Silves, 2- - 4-12-2011

Prova 24 Absolutos
03-12-2011 Resultados Elimin

Rec. Nac. 25m Absoluto	58.31	Sara Freitas Oliveira	FPN	Dubai (UAE)	18-12-2010
Rec. Nac. 25m Jun	1:01.56	Filipa Vilas Tiago	SCP	S. António Cavaleiros	20-12-2009
Rec. Nac. 25m Sen	58.31	Sara Freitas Oliveira	FPN	Dubai (UAE)	18-12-2010

TAC - Fem Sen: 1:08.00; Jun1: 1:09.70; Jun2: 1:08.00

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Absolutos								
1.	Ana Catarina Monteiro	93	24320	Vilacondense	1:03.89	+0,85	639	A
	50m: 30.65 30.65			100m: 1:03.89 33.24				
2.	Filipa Ferreira Silva	85	12219	Amadora	1:05.24	+0,85	600	A
	50m: 30.81 30.81			100m: 1:05.24 34.43				
3.	Catarina Tiago Nunes	95	100949	Uniao Piedense	1:05.67	+0,86	589	A
	50m: 30.35 30.35			100m: 1:05.67 35.32				
	Carlota Freitas Olim	93	10949	Naval do Funchal	1:05.67	+0,72	589	A
	50m: 30.49 30.49			100m: 1:05.67 35.18				
5.	Sara Francisco Cruz	93	10732	BA/Mr.Pizza	1:05.69	+0,78	588	A
	50m: 31.26 31.26			100m: 1:05.69 34.43				
6.	Amelia Pereira Fernandes	89	15951	Vitoria de Guimaraes	1:06.39	+0,84	570	A
	50m: 30.92 30.92			100m: 1:06.39 35.47				
7.	Bruna Leal Dantas	96	100371	Sporting	1:06.52	+0,74	566	A
	50m: 31.31 31.31			100m: 1:06.52 35.21				
8.	Isabel Alves Lopes	92	12867	Colegio Vasco da Gama	1:06.59	+0,83	564	A
	50m: 31.20 31.20			100m: 1:06.59 35.39				
9.	Raquel Maurile Taveira	95	105392	Alges	1:06.76	+0,78	560	B
	50m: 30.40 30.40			100m: 1:06.76 36.36				
10.	Mariana Sousa Martins	95	103743	Feirense	1:06.90	+0,80	557	B
	50m: 31.65 31.65			100m: 1:06.90 35.25				
11.	Ana Margarida Rodrigues	96	103868	Galitos	1:07.15	+0,83	550	B
	50m: 31.42 31.42			100m: 1:07.15 35.73				
12.	Ana Marta Resendes	80	12798	Naval de Ponta Delgada	1:07.27	+0,91	548	B
	50m: 31.70 31.70			100m: 1:07.27 35.57				
13.	Ana Catarina Cavaco	95	26433	Natacao Olhao	1:07.35	+0,78	546	B
	50m: 31.29 31.29			100m: 1:07.35 36.06				
14.	Susana Clara Gomes	77	119272	Naval do Funchal	1:07.38	+0,79	545	B
	50m: 31.44 31.44			100m: 1:07.38 35.94				
15.	Sofia Oliveira Pinto	94	12766	Benfica	1:07.43	+0,76	544	B
	50m: 31.78 31.78			100m: 1:07.43 35.65				
16.	Ines Filipa Borges	95	26305	Alcobaca	1:07.72	+0,89	537	B
	50m: 31.70 31.70			100m: 1:07.72 36.02				
17.	Carolina Cunha Martins	95	10881	Nautico/Matobra	1:07.78	+0,98	535	R
	50m: 31.55 31.55			100m: 1:07.78 36.23				
18.	Sara Monteiro Meireles	97	103921	Gespacos	1:07.84	+0,87	534	R
	50m: 31.51 31.51			100m: 1:07.84 36.33				
19.	Ana Catarina Pereira	97	20445	Porto	1:07.95	+0,88	531	
	50m: 31.34 31.34			100m: 1:07.95 36.61				

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Silves, 2- - 4-12-2011

Prova 24, Femin., 100m Mariposa, Elimin, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
20.	Filipa Mendes Pinheiro	92	11056	Desportiva de Viana	1:07.99	+0,75	530	
	50m: 31.99 31.99		100m: 1:07.99 36.00					
21.	Debora Guimaraes Oliveira	96	105629	Braga	1:08.29	+0,84	523	
	<i>FTL</i>		50m: 32.16 32.16	100m: 1:08.29 36.13				
22.	Daniela Figueiredo Metelo	97	26780	Nautico/Matobra	1:08.33	+0,80	522	
	50m: 31.70 31.70		100m: 1:08.33 36.63					
23.	Mariana Oliveira Damaso	93	25889	Naval de Ponta Delgada	1:08.41	+0,79	521	
	<i>FTL</i>		50m: 31.93 31.93	100m: 1:08.41 36.48				
24.	Beatriz Neves Craveiro	97	106762	Nautico/Matobra	1:08.57	+0,93	517	
	50m: 32.02 32.02		100m: 1:08.57 36.55					
25.	Bruna Elisabete Paulino	97	102345	Alcobaca	1:08.58	+0,90	517	
	50m: 32.45 32.45		100m: 1:08.58 36.13					
26.	Ana Filipa Carmo	93	15746	Colegio Vasco da Gama	1:08.87	+0,96	510	
	<i>FTL</i>		50m: 32.45 32.45	100m: 1:08.87 36.42				
27.	Daniela Teixeira Moreira	97	106460	Amadora	1:09.07	+0,87	506	
	50m: 31.88 31.88		100m: 1:09.07 37.19					
28.	Catarina Vilhena Gregorio	96	103459	CLAC-Entroncamento	1:09.92	+0,77	488	
	<i>FTL</i>		50m: 32.73 32.73	100m: 1:09.92 37.19				
29.	Luana Raquel Alves	97	110022	Viana Natacao	1:10.19	+1,00	482	
	<i>FTL</i>		50m: 32.74 32.74	100m: 1:10.19 37.45				
30.	Diana Carolina Catita	92	10698	Uniao Piedense	1:10.44	+0,86	477	
	<i>FTL</i>		50m: 32.29 32.29	100m: 1:10.44 38.15				
31.	Juliana Lima Freixo	97	100827	Desportiva de Viana	1:10.67	+0,94	472	
	<i>FTL</i>		50m: 33.32 33.32	100m: 1:10.67 37.35				
DSQ	Helena Paula Carvalho	95	107307	Uniao Piedense				
	<i>FTL807 - Braçada subaquática de recuperação á chegada - SW 8.2</i>							

Campeonatos Absolutos de Portugal PC (Jun e Sen)
Silves, 2- - 4-12-2011

Prova 25 Masc., 200m Estilos Absolutos
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Rec. Nac. 25m Absoluto	1:54.58	Diogo Filipe Carvalho	FPN	Istambul (TUR)	10-12-2009
Rec. Nac. 25m Jun	2:00.80	Diogo Filipe Carvalho	CGA	Estoril	11-02-2005
Rec. Nac. 25m Sen	1:54.58	Diogo Filipe Carvalho	FPN	Istambul (TUR)	10-12-2009

TAC - Masc Sen: 2:12.00; Jun2: 2:12.00; Jun1: 2:15.30

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Absolutos								
1.	Pedro Miguel Pinotes	89	26732	Sporting	2:05.63	+0,72	672	A
	50m: 27.27 27.27		100m: 57.79 30.52	150m: 1:33.98 36.19	200m: 2:05.63 31.65			
2.	Adriano Miguel Niz	86	23013	Famalicao	2:06.29	+0,80	662	A
	50m: 27.03 27.03		100m: 58.25 31.22	150m: 1:36.83 38.58	200m: 2:06.29 29.46			
3.	Fabio Andre Figueira	88	11084	Porto	2:06.37	+0,74	660	A
	50m: 26.74 26.74		100m: 58.92 32.18	150m: 1:36.84 37.92	200m: 2:06.37 29.53			
4.	Diogo Parrilha da Silva	93	11580	Alcobaca	2:07.08	+0,75	649	A
	50m: 27.23 27.23		100m: 1:00.26 33.03	150m: 1:36.23 35.97	200m: 2:07.08 30.85			
5.	Andre Bras Goncalves	88	14767	Amadora	2:07.11	+0,78	649	A
	50m: 27.42 27.42		100m: 59.97 32.55	150m: 1:36.60 36.63	200m: 2:07.11 30.51			
6.	Rui Filipe Vilar	91	24159	Porto	2:07.36	+0,77	645	A
	50m: 28.18 28.18		100m: 1:01.06 32.88	150m: 1:37.42 36.36	200m: 2:07.36 29.94			
7.	Miguel Machado Lopes	92	11467	Sporting	2:07.39	+0,71	645	A
	50m: 28.70 28.70		100m: 1:00.96 32.26	150m: 1:36.97 36.01	200m: 2:07.39 30.42			
8.	Pedro Andre Santos	94	15732	Alges	2:07.55	+0,78	642	A
	50m: 27.71 27.71		100m: 59.71 32.00	150m: 1:37.51 37.80	200m: 2:07.55 30.04			
9.	Nuno Rafael Alves	90	25140	Gespacos	2:07.73	+0,82	640	B
	50m: 28.34 28.34		100m: 1:01.75 33.41	150m: 1:37.60 35.85	200m: 2:07.73 30.13			
10.	Tomas Correia Silva	95	23367	Porto	2:09.24	+0,75	617	B
	50m: 28.26 28.26		100m: 1:01.37 33.11	150m: 1:39.05 37.68	200m: 2:09.24 30.19			
11.	Joao Pedro Braga	94	25892	Naval de Ponta Delgada	2:09.71	+0,81	611	B
	50m: 28.85 28.85		100m: 1:01.31 32.46	150m: 1:38.89 37.58	200m: 2:09.71 30.82			
12.	Andre Duarte Vaz	93	10768	Nautico/Matobra	2:09.96	+0,84	607	B
	50m: 28.63 28.63		100m: 1:01.15 32.52	150m: 1:39.67 38.52	200m: 2:09.96 30.29			
13.	Nuno Duro Pascoal	92	12560	Galitos	2:11.13	+0,79	591	B
	50m: 28.38 28.38		100m: 1:02.24 33.86	150m: 1:39.72 37.48	200m: 2:11.13 31.41			
14.	Tomas Miguel Freitas	90	23135	Nacional	2:11.89	+0,85	581	B
	50m: 28.83 28.83		100m: 1:04.61 35.78	150m: 1:41.89 37.28	200m: 2:11.89 30.00			
15.	Miguel Monteiro Diogo FTL	93	10164	Nautico/Matobra	2:12.06	+0,71	579	B
	50m: 27.96 27.96		100m: 1:02.06 34.10	150m: 1:41.61 39.55	200m: 2:12.06 30.45			
16.	Joao Andre Neves	95	101408	Academica de Coimbra	2:12.15	+0,76	577	B
	50m: 28.69 28.69		100m: 1:03.90 35.21	150m: 1:41.39 37.49	200m: 2:12.15 30.76			
17.	Diogo Carmo Ramos FTL	93	15317	Vilacondense	2:12.23	+0,72	576	R
	50m: 28.04 28.04		100m: 1:01.04 33.00	150m: 1:40.09 39.05	200m: 2:12.23 32.14			
18.	Renato Mendes Pinheiro FTL	94	16071	Desportiva de Viana	2:13.13	+0,81	565	R
	50m: 29.15 29.15		100m: 1:02.67 33.52	150m: 1:41.97 39.30	200m: 2:13.13 31.16			

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 25, Masc., 200m Estilos, Elimin, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
19.	Diogo Miguel Silva	95	104780	Uniao Piedense	2:13.42	+0,75	561	
	50m: 28.66 28.66		100m: 1:03.06 34.40	150m: 1:41.27 38.21	200m: 2:13.42 32.15			
20.	Ruben Filipe Nunes	94	23302	Gespacos	2:14.42	+0,81	549	
	FTL		100m: 1:03.09 34.70	150m: 1:42.31 39.22	200m: 2:14.42 32.11			
21.	Tiago Ferreira Azevedo	95	103574	Naval Amorense	2:15.07	+0,81	541	
	50m: 28.93 28.93		100m: 1:03.23 34.30	150m: 1:44.92 41.69	200m: 2:15.07 30.15			
22.	Afonso Lopes dos Santos	95	14773	Pimpoes/Cimai	2:16.82	+0,73	520	
	FTL		100m: 1:03.17 33.55	150m: 1:44.98 41.81	200m: 2:16.82 31.84			
23.	Miguel Bras Sergio	95	100925	Bombeiros dos Estoris	2:17.05	+0,93	518	
	FTL		100m: 1:04.54 35.39	150m: 1:45.04 40.50	200m: 2:17.05 32.01			

Prova 26 Femin., 200m Estilos Absolutos
03-12-2011 Resultados Elimin

Rec. Nac. 25m Absoluto	2:14.94	Maria Carolina Rosa	SCP	S. António Cavaleiros	19-12-2009
Rec. Nac. 25m Jun	2:14.94	Maria Carolina Rosa	SCP	S. António Cavaleiros	19-12-2009
Rec. Nac. 25m Sen	2:16.30	Diana Duarte Gomes	CNA	Leiria	05-12-2009

TAC - Fem Sen: 2:29.00; Jun1: 2:32.73; Jun2: 2:29.00

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Absolutos								
1.	Diana Margarida Duraes	96	102992	Foca	2:20.96	+0,81	690	A
	50m: 30.32 30.32		100m: 1:06.91 36.59	150m: 1:47.46 40.55	200m: 2:20.96 33.50			
2.	Ana Marta Miranda	96	100377	Uniao Piedense	2:22.04	+0,95	675	A
	50m: 31.16 31.16		100m: 1:07.36 36.20	150m: 1:48.25 40.89	200m: 2:22.04 33.79			
3.	Marta Pereira Abreu	92	23091	Porto	2:22.11	+0,95	674	A
	50m: 31.64 31.64		100m: 1:07.84 36.20	150m: 1:48.95 41.11	200m: 2:22.11 33.16			
4.	Maria Carolina Rosa	94	14248	Sporting	2:22.14	+0,86	673	A
	50m: 30.95 30.95		100m: 1:08.49 37.54	150m: 1:48.75 40.26	200m: 2:22.14 33.39			
5.	Diana Patricia Ferreira	94	23500	Gespacos	2:22.34	+0,84	670	A
	50m: 30.87 30.87		100m: 1:07.73 36.86	150m: 1:48.87 41.14	200m: 2:22.34 33.47			
6.	Victoria Kaminskaya	95	102313	Pimpoes/Cimai	2:23.11	+0,85	660	A
	50m: 31.19 31.19		100m: 1:06.88 35.69	150m: 1:47.57 40.69	200m: 2:23.11 35.54			
7.	Raquel Paulo Ranito	94	25504	Sporting	2:23.97	+0,81	648	A
	50m: 30.61 30.61		100m: 1:06.46 35.85	150m: 1:49.58 43.12	200m: 2:23.97 34.39			
8.	Fabiana Maria Quintal	84	10396	Nacional	2:24.29	+0,75	643	A
	50m: 31.54 31.54		100m: 1:07.74 36.20	150m: 1:49.39 41.65	200m: 2:24.29 34.90			
9.	Ana Teresa Franco	91	11349	Sporting	2:24.47	+0,84	641	B
	50m: 32.61 32.61		100m: 1:13.19 40.58	150m: 1:51.22 38.03	200m: 2:24.47 33.25			
10.	Gabriela Oliveira Andrade	94	12055	Nautico/Matobra	2:25.16	+0,74	632	B
	50m: 32.49 32.49		100m: 1:10.83 38.34	150m: 1:52.06 41.23	200m: 2:25.16 33.10			
11.	Ana Beatriz Pereira	91	20591	Colegio Vasco da Gama	2:25.25	+0,73	631	B
	50m: 31.43 31.43		100m: 1:10.72 39.29	150m: 1:51.70 40.98	200m: 2:25.25 33.55			

O Juiz Arbitro

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Silves, 2- 4-12-2011

Prova 26, Femin., 200m Estilos, Elimin, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
12.	Sara Freitas Oliveira	85	23045	Porto	2:25.61	+0,73	626 B	
	50m: 29.25 29.25		100m: 1:05.57 36.32	150m: 1:52.24 46.67	200m: 2:25.61 33.37			
13.	Lisa Marisa Soares	95	25381	Amadora	2:25.65	+0,87	626 B	
	50m: 31.90 31.90		100m: 1:07.49 35.59	150m: 1:52.23 44.74	200m: 2:25.65 33.42			
14.	Diana Duarte Gomes	89	20632	Amadora	2:25.83	+0,80	623 B	
	50m: 33.43 33.43		100m: 1:12.62 39.19	150m: 1:51.95 39.33	200m: 2:25.83 33.88			
15.	Filipa Vilas Ruivo	97	103568	Nautico da Marinha Grande	2:25.92	+0,87	622 B	
	50m: 31.57 31.57		100m: 1:10.25 38.68	150m: 1:52.51 42.26	200m: 2:25.92 33.41			
16.	Leonor Mourinho Neves	95	105646	Sporting	2:26.27	+0,91	618 B	
	50m: 32.19 32.19		100m: 1:11.52 39.33	150m: 1:52.71 41.19	200m: 2:26.27 33.56			
17.	Ariana Alves Nunes	95	13348	Portinado	2:27.54	+0,92	602 R	
	50m: 31.84 31.84		100m: 1:09.59 37.75	150m: 1:52.23 42.64	200m: 2:27.54 35.31			
18.	Sara Monteiro Meireles	97	103921	Gespacos	2:27.61	+0,84	601 R	
	50m: 31.71 31.71		100m: 1:10.85 39.14	150m: 1:52.83 41.98	200m: 2:27.61 34.78			
19.	Ana Monica Eloi	96	107038	Nautico da Marinha Grande	2:28.20	+0,94	594	
	50m: 32.76 32.76		100m: 1:11.20 38.44	150m: 1:53.82 42.62	200m: 2:28.20 34.38			
20.	Adriana Correia Lopes	95	24491	Nautico/Matobra	2:28.62	+0,93	589	
	50m: 32.74 32.74		100m: 1:09.69 36.95	150m: 1:54.13 44.44	200m: 2:28.62 34.49			
21.	Ines Joao Costa	95	12893	Braga	2:29.24	+0,84	581	
	<i>FTL</i>							
	50m: 32.37 32.37		100m: 1:10.05 37.68	150m: 1:53.88 43.83	200m: 2:29.24 35.36			
22.	Maria Teresa Amorim	97	20104	Porto	2:31.26		558	
	50m: 32.27 32.27		100m: 1:11.70 39.43	150m: 1:57.24 45.54	200m: 2:31.26 34.02			
23.	Joana Dias Santos	96	100397	Uniao Piedense	2:31.37	+0,89	557	
	<i>FTL</i>							
	50m: 33.99 33.99		100m: 1:13.63 39.64	150m: 1:55.10 41.47	200m: 2:31.37 36.27			
24.	Barbara Sofia Barata	97	105454	Alges	2:32.11		549	
	50m: 32.94 32.94		100m: 1:12.49 39.55	150m: 1:56.15 43.66	200m: 2:32.11 35.96			
25.	Barbara Marques Rodrigues	97	107039	Alges	2:32.47	+0,91	545	
	50m: 33.66 33.66		100m: 1:11.97 38.31	150m: 1:58.08 46.11	200m: 2:32.47 34.39			
26.	Beatriz Neves Craveiro	97	106762	Nautico/Matobra	2:32.82	+0,97	542	
	<i>FTL</i>							
	50m: 32.51 32.51		100m: 1:10.73 38.22	150m: 1:58.68 47.95	200m: 2:32.82 34.14			
27.	Carolina Sanchez Rodrigues	97	100359	Alges	2:34.10	+1,10	528	
	<i>FTL</i>							
	50m: 33.11 33.11		100m: 1:12.85 39.74	150m: 1:59.07 46.22	200m: 2:34.10 35.03			

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Silves, 2- - 4-12-2011

4 - 2ª Jornada, 2ª Sessão (Finais)

03-12-2011 - 17:00

Prova 27	Masc., 4 x 50m Estilos				Absolutos
03-12-2011					Resultados
Rec. Nac. 25m Absoluto	1:40.05	Futebol Clube do Porto/Dolce Vita	FCP	Leiria	05-12-2009
Rec. Nac. 25m Jun	1:47.34	Clube Natacao Colegio Vasco da Gama	CNCVCG	Cantanhede	20-12-2004
Rec. Nac. 25m Sen	1:40.05	Futebol Clube do Porto/Dolce Vita	FCP	Leiria	05-12-2009

TAC Estaf- Masc Absoluto: 1:54.50

Pontos: FINA 2011

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Absolutos						
1. Porto		Porto	1:41.91	+0,62	730	
	91	26.75	Fabio Andre Figueira	88	+0,18	24.42
	88	28.72	Paulo Jorge Santos	89	+0,24	22.02
2. Nautico/Matobra		Nautico/Matobra	1:43.00	+0,62	707	
	92	25.74	Miguel Silva Oliveira	91	+0,09	24.62
	89	29.31	Joao Pedro Almeida	92	+0,19	23.33
3. Amadora		Amadora	1:44.32	+0,67	681	
	90	27.14	Joao Silva Gigante	88	+0,37	24.54
	87	29.66	Ricardo Pereira Lopes	90	+0,15	22.98
4. Colegio Vasco da Gama		Colegio Vasco da Gama	1:47.01	+0,68	631	
	87	27.69	Jorge Miguel Carmo	90	+0,06	26.32
	87	29.16	Bernardo Almeida Moreira	89	+0,28	23.84
5. Sporting		Sporting	1:47.33	+0,71	625	
	89	27.45	Miguel Machado Lopes	92	+0,23	26.71
	92	29.50	Bernardo Leitao Graca	93	+0,21	23.67
6. Portinado		Portinado	1:47.68	+0,67	619	
	95	26.70	Antonio Santa Rita	93	+0,23	25.98
	94	30.59	Manuel Silva Farinha	94	+0,33	24.41
7. Vilacondense		Vilacondense	1:48.76	+0,78	601	
	94	29.42	Diogo Carmo Ramos	93	+0,34	26.17
	84	29.13	Rui Filipe Maia	93	+0,14	24.04
8. Braga		Braga	1:49.01	+0,68	597	
	83	27.29	Nuno Cruz Oliveira	90	+0,43	26.36
	94	31.83	Filipe Vieira Malheiro	90	+0,39	23.53
9. Uniao Piedense		Uniao Piedense	1:49.32	+0,64	592	
	90	28.10	Joao Filipe Barreiros	91	+0,14	26.27
	94	30.99	Diamantino Gato Bras	92	+0,28	23.96
10. Nacional		Nacional	1:49.45	+0,54	590	
	87	28.86	Miguel Goncalves Ferreira	93	+0,23	26.15
	90	30.94	Tiago Ferreira Sousa	91	+0,21	23.50
11. Naval Amorense		Naval Amorense	1:49.73	+0,62	585	
	93	27.03	Tiago Ferreira Azevedo	95	+0,47	27.61
	92	29.83	Guilherme Pereira Gil	93	+0,38	25.26
12. Gespacos		Gespacos	1:49.81	+0,59	584	
	94	28.40	Ruben Filipe Nunes	94	+0,20	26.36
	93	29.83	Nuno Rafael Alves	90	+0,24	25.22
13. Academica de Coimbra		Academica de Coimbra	1:49.96	+0,64	581	
	92	28.88	Joao Filipe Lucas	94	+0,36	26.09
	94	31.59	Gustavo Almeida Madureira	94	+0,35	23.40

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Silves, 2- - 4-12-2011

Prova 27, Masc., 4 x 50m Estilos, Absolutos

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
14. Belenenses		Belenenses	1:50.20	+0,68	578	
	94	28.46	Afonso Mateus Ribeiro	95	+0,36	27.69
	89	30.07	Miguel Cordeiro Saraiva	93	+0,21	23.98
15. Gesloures		Gesloures	1:50.95	+0,62	566	
	91	28.13	Ricardo Miguel Antunes	94	+0,16	26.43
	87	30.54	Bruno Miguel Martins	93	+0,39	25.85
16. Natacao de Valongo		Natacao de Valongo	1:51.98	+0,73	550	
	94	30.73	Nelson Filipe Martinho	89	+0,17	24.92
	89	30.84	Rui Fernando Rocha	94	+0,39	25.49
17. Naval do Funchal		Naval do Funchal	1:52.44	+0,68	544	
	94	29.93	Joao Pedro Vieira	94	+0,36	27.53
	93	30.64	Bruno Pinto Drumond	94	+0,12	24.34
18. Lisnave		Lisnave	1:53.29	+0,67	532	
	87	29.58	Filipe Oliveira Raposo	94	+0,48	27.04
	94	31.52	Diogo Moreira Silveira	94	+0,51	25.15
19. Estrelas S. Joao de Brito		Estrelas S. Joao de Brito	1:53.51	+0,64	528	
	86	30.25	Frederico Manuel Moeda	95	+0,26	27.18
	89	30.26	Joao Ricardo Santos	94	+0,25	25.82

Prova 28
03-12-2011

Femin., 4 x 50m Estilos

Absolutos
Resultados

Rec. Nac. 25m Absoluto	1:53.97	Futebol Clube do Porto/Dolce Vita	FCP	Leiria	05-12-2009
Rec. Nac. 25m Jun	2:03.55	Sporting Clube de Portugal	SCP	Guimarães	07-12-2008
Rec. Nac. 25m Sen	1:53.97	Futebol Clube do Porto/Dolce Vita	FCP	Leiria	05-12-2009

TAC Estaf - Fem Absoluto: 2:09.00

Pontos: FINA 2011

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Absolutos						
1. Porto		Porto	1:56.67	+0,69	681	
	91	29.68	Sara Freitas Oliveira	85	+0,17	27.49
	92	33.14	Sara Beatriz Loureiro	87	+0,19	26.36
2. Amadora		Amadora	1:56.73	+0,73	680	
	95	30.51	Filipa Ferreira Silva	85	+0,20	27.63
	89	32.56	Jessica Teixeira Vieira	91	+0,16	26.03
3. Sporting		Sporting	1:59.91	+0,71	628	
	94	30.77	Maria Carolina Rosa	94	+0,24	28.93
	91	33.36	Mafalda Gomes Beleza	94	+0,39	26.85
4. Louletano/Loule Concelho		Louletano/Loule Concelho	2:00.18	+0,71	623	
	97	31.04	Catia Raquel Martinheira	95	+0,28	28.95
	79	33.14	Carolina Sofia Lopes	96	+0,19	27.05
5. Alges		Alges	2:03.10	+0,76	580	
	97	31.50	Raquel Maurile Taveira	95	+0,25	29.15
	95	34.82	Carolina Sanchez Rodrigues	97	+0,26	27.63
6. Uniao Piedense		Uniao Piedense	2:03.36	+0,72	576	
	97	32.94	Catarina Tiago Nunes	95	+0,51	28.20
	96	34.15	Helena Paula Carvalho	95	+0,36	28.07

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 28, Femin., 4 x 50m Estilos, Absolutos

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts	
7. Gespacos		Gespacos	2:04.08	+0,78	566		
	96	+0,78	33.09	Sara Monteiro Meireles	97	+0,67	30.82
	94		32.85	Soraia Vanessa Ribeiro	92	+0,41	27.32
8. Gesloures		Gesloures	2:04.75	+0,76	557		
	95	+0,76	30.91	Joana Carolina Oliveira	93	+0,21	30.75
	95	+0,35	35.28	Tatiana Ladeiro Santos	92	-0,03	27.81
9. Vilacondense		Vilacondense	2:04.95	+0,74	555		
	93	+0,74	32.91	Claudia Sofia Monteiro	92	+0,26	28.55
	96	+0,43	35.70	Rita Amado Laezza	95	+0,47	27.79
10. Naval do Funchal		Naval do Funchal	2:07.08	+0,67	527		
	96	+0,67	33.21	Carlota Freitas Olim	93	+0,20	29.05
	77	+0,47	35.84	Maria Joao Figueiredo	94	+0,14	28.98
11. Benfica		Benfica	2:07.38	+1,06	523		
	93	+1,06	33.28	Sofia Oliveira Pinto	94	+0,29	30.14
	92	+0,17	36.08	Joana Filipa Capela	89	+0,24	27.88
12. Belenenses		Belenenses	2:07.57	+0,72	521		
	94	+0,72	33.57	Anais Verguet Moniz	89	+0,10	30.72
	83	+0,46	35.59	Isabel Pinto Abreu	96	+0,33	27.69
13. Naval Amorense		Naval Amorense	2:07.69	+0,72	520		
	93	+0,72	31.91	Patricia Miguel Mendes	96	+0,48	31.30
	92	+0,63	36.49	Sofia Prates Silvestre	95	+0,32	27.99
14. Colegio Vasco da Gama		Colegio Vasco da Gama	2:07.71	+0,81	519		
	92	+0,81	32.98	Ana Filipa Carmo	93	+0,37	30.66
	93	+0,20	35.59	Joana Fonseca Seabra	92	+0,15	28.48
15. Viana Natacao		Viana Natacao	2:07.74	+0,59	519		
	90	+0,59	31.61	Luana Raquel Alves	97	+0,75	32.17
	95	+0,44	36.38	Marisa Alexandra Lage	94	+0,25	27.58
DSQ Nautico/Matobra		Nautico/Matobra					
<i>111 - Rendição antecipada do 4 nadador - SW 10.11</i>							
	95	+0,73	31.32	Carolina Cunha Martins	95	+0,34	30.45
	94	+0,09	33.73	Maria Ines Ribeiro	92	-0,12	

Prova 15 Masc., 400m Livres Absolutos
03-12-2011 Resultados

Rec. Nac. 25m Absoluto	3:45.58	Fabio Manuel Pereira	FPN	Istambul (TUR)	10-12-2009
Rec. Nac. 25m Jun	3:50.52	Adriano Miguel Niz	CFV	Fafe	26-06-2004
Rec. Nac. 25m Sen	3:45.58	Fabio Manuel Pereira	FPN	Istambul (TUR)	10-12-2009

TAC - Masc Sen: 4:08.00; Jun2: 4:08.00; Jun1: 4:12.96

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Absolutos								
1.	Gustavo Manuel Santa	93	26492	Sporting	3:53.41	+0,74	757	
	50m: 26.58	26.58	150m: 1:24.54	29.18	250m: 2:25.21	30.11	350m: 3:24.93	29.45
	100m: 55.36	28.78	200m: 1:55.10	30.56	300m: 2:55.48	30.27	400m: 3:53.41	28.48
2.	Ricardo Ferreira Cotovio	91	10921	Sporting	3:53.60	+0,70	755	
	50m: 26.71	26.71	150m: 1:25.66	29.72	250m: 2:26.29	30.30	350m: 3:25.40	28.84
	100m: 55.94	29.23	200m: 1:55.99	30.33	300m: 2:56.56	30.27	400m: 3:53.60	28.20

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Silves, 2- - 4-12-2011

Prova 15, Masc., 400m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
3.	Miguel Monteiro Diogo	93	10164	Nautico/Matobra	3:55.87	+0,70	734	
	50m: 27.28	27.28	150m: 1:26.44	29.62	250m: 2:26.37	29.89	350m: 3:26.50	30.14
	100m: 56.82	29.54	200m: 1:56.48	30.04	300m: 2:56.36	29.99	400m: 3:55.87	29.37
4.	Fabio Manuel Pereira	86	23049	Vilacondense	3:56.80	+0,77	725	
	50m: 27.16	27.16	150m: 1:26.54	30.01	250m: 2:27.34	30.42	350m: 3:27.66	29.72
	100m: 56.53	29.37	200m: 1:56.92	30.38	300m: 2:57.94	30.60	400m: 3:56.80	29.14
5.	Rui Filipe Costa	91	24004	Vitoria de Guimaraes	3:57.78	+0,80	716	
	50m: 26.90	26.90	150m: 1:26.10	29.79	250m: 2:26.79	30.35	350m: 3:27.55	30.12
	100m: 56.31	29.41	200m: 1:56.44	30.34	300m: 2:57.43	30.64	400m: 3:57.78	30.23
6.	Jorge Manuel Maia	89	23220	Famalicao	3:58.35	+0,99	711	
	50m: 26.89	26.89	150m: 1:25.11	29.33	250m: 2:25.62	30.28	350m: 3:26.69	30.70
	100m: 55.78	28.89	200m: 1:55.34	30.23	300m: 2:55.99	30.37	400m: 3:58.35	31.66
7.	Cesar Fernando Faria	90	10704	BA/Mr.Pizza	3:58.63	+0,74	708	
	50m: 26.90	26.90	150m: 1:26.83	30.27	250m: 2:27.32	30.15	350m: 3:28.27	30.51
	100m: 56.56	29.66	200m: 1:57.17	30.34	300m: 2:57.76	30.44	400m: 3:58.63	30.36
8.	Vasco Miguel Gaspar	90	26500	Uniao Piedense	4:00.28	+0,82	694	
	50m: 27.78	27.78	150m: 1:28.10	30.27	250m: 2:29.13	30.50	350m: 3:30.50	30.46
	100m: 57.83	30.05	200m: 1:58.63	30.53	300m: 3:00.04	30.91	400m: 4:00.28	29.78
9.	Mario Andre Bonanca	90	12773	Sporting	4:00.51	+0,84	692	
	50m: 27.76	27.76	150m: 1:28.23	30.50	250m: 2:29.28	30.47	350m: 3:30.93	30.69
	100m: 57.73	29.97	200m: 1:58.81	30.58	300m: 3:00.24	30.96	400m: 4:00.51	29.58
10.	Ricardo Manuel Machado	93	13278	Braga	4:02.76	+0,87	673	
	50m: 27.69	27.69	150m: 1:28.44	30.68	250m: 2:30.23	30.99	350m: 3:32.67	31.14
	100m: 57.76	30.07	200m: 1:59.24	30.80	300m: 3:01.53	31.30	400m: 4:02.76	30.09
11.	Diogo Andre Gaspar	90	25544	Uniao Piedense	4:03.09	+0,88	670	
	50m: 27.67	27.67	150m: 1:29.15	30.64	250m: 2:31.51	31.08	350m: 3:33.54	31.27
	100m: 58.51	30.84	200m: 2:00.43	31.28	300m: 3:02.27	30.76	400m: 4:03.09	29.55
12.	Andre Filipe Lopes	92	11180	Academica de Coimbra	4:03.35	+0,68	668	
	50m: 27.86	27.86	150m: 1:29.01	30.78	250m: 2:30.71	30.71	350m: 3:33.15	31.21
	100m: 58.23	30.37	200m: 2:00.00	30.99	300m: 3:01.94	31.23	400m: 4:03.35	30.20
13.	Hugo Alberto Ribeiro	88	23114	Gespacos	4:04.18	+0,96	661	
	50m: 27.54	27.54	150m: 1:28.24	30.70	250m: 2:29.84	30.58	350m: 3:32.69	31.62
	100m: 57.54	30.00	200m: 1:59.26	31.02	300m: 3:01.07	31.23	400m: 4:04.18	31.49
14.	Andre Rafael Marinho	93	10643	Uniao Piedense	4:05.15	+0,85	653	
	50m: 27.72	27.72	150m: 1:29.10	31.07	250m: 2:32.03	31.36	350m: 3:34.94	31.39
	100m: 58.03	30.31	200m: 2:00.67	31.57	300m: 3:03.55	31.52	400m: 4:05.15	30.21
15.	Joao Andre Neves	95	101408	Academica de Coimbra	4:05.26	+0,75	652	
	50m: 27.82	27.82	150m: 1:29.25	31.07	250m: 2:31.93	31.13	350m: 3:35.11	31.49
	100m: 58.18	30.36	200m: 2:00.80	31.55	300m: 3:03.62	31.69	400m: 4:05.26	30.15
16.	Joao Duarte Santos	95	26430	Natacao Olhao	4:05.34	+0,72	652	
	50m: 29.25	29.25	150m: 1:32.58	31.54	250m: 2:34.31	30.09	350m: 3:35.31	30.50
	100m: 1:01.04	31.79	200m: 2:04.22	31.64	300m: 3:04.81	30.50	400m: 4:05.34	30.03
17.	Nuno Vieira Malheiro	93	13279	Braga	4:05.38	+0,85	651	
	50m: 27.75	27.75	150m: 1:28.49	30.73	250m: 2:30.81	31.23	350m: 3:34.37	31.59
	100m: 57.76	30.01	200m: 1:59.58	31.09	300m: 3:02.78	31.97	400m: 4:05.38	31.01
18.	Paulo Fragueiro Franco	82	24393	Nacional	4:06.02	+0,79	646	
	50m: 28.64	28.64	150m: 1:29.80	30.81	250m: 2:31.73	31.15	350m: 3:34.37	31.29
	100m: 58.99	30.35	200m: 2:00.58	30.78	300m: 3:03.08	31.35	400m: 4:06.02	31.65
19.	Tiago Ferreira Azevedo	95	103574	Naval Amorense	4:09.24	+0,77	622	
	50m: 27.89	27.89	150m: 1:30.07	31.00	250m: 2:33.55	31.94	350m: 3:38.44	32.55
	100m: 59.07	31.18	200m: 2:01.61	31.54	300m: 3:05.89	32.34	400m: 4:09.24	30.80

O Juiz Arbitro

O Secretariado

Splash Meet Manager 11, Build 17983

Registered to Federacao Portuguesa De Natacao

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Silves, 2 - 4-12-2011

Prova 15, Masc., 400m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
20.	Daniel Ricardo Viegas <i>FTL</i>	83	22441	Amadora	4:10.54	+0,77	612	
	50m: 28.81 28.81	150m: 1:31.13	31.56	250m: 2:34.83	31.85	350m: 3:39.24	32.32	
	100m: 59.57 30.76	200m: 2:02.98	31.85	300m: 3:06.92	32.09	400m: 4:10.54	31.30	
21.	Bernardo Almeida Moreira <i>FTL</i>	89	10795	Colegio Vasco da Gama	4:10.62	+0,82	611	
	50m: 29.27 29.27	150m: 1:33.93	32.79	250m: 2:37.65	31.34	350m: 3:40.35	31.30	
	100m: 1:01.14 31.87	200m: 2:06.31	32.38	300m: 3:09.05	31.40	400m: 4:10.62	30.27	
22.	Cesar Filipe Magalhaes <i>FTL</i>	95	15473	Foca	4:17.95	+0,81	561	
	50m: 29.38 29.38	150m: 1:33.59	32.17	250m: 2:38.83	32.71	350m: 3:45.16	33.12	
	100m: 1:01.42 32.04	200m: 2:06.12	32.53	300m: 3:12.04	33.21	400m: 4:17.95	32.79	

Prova 16
03-12-2011

Femin., 400m Livres

Absolutos
Resultados

Rec. Nac. 25m Absoluto	4:13.97	Sara Beatriz Loureiro	FCP	Leiria	05-12-2009
Rec. Nac. 25m Jun	4:18.39	Ana Claudia Santos	SFUAP	Cantanhede	20-12-2004
Rec. Nac. 25m Sen	4:13.97	Sara Beatriz Loureiro	FCP	Leiria	05-12-2009

TAC - Fem Sen: 4:36.00; Jun2: 4:36.00; Jun1: 4:41.52

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Absolutos								
1.	Angelica Maria Andre <i>FTL</i>	94	15497	Leixoes	4:19.40	+0,80	742	
	50m: 29.61 29.61	150m: 1:34.37	32.83	250m: 2:40.70	33.37	350m: 3:47.26	32.99	
	100m: 1:01.54 31.93	200m: 2:07.33	32.96	300m: 3:14.27	33.57	400m: 4:19.40	32.14	
2.	Ana Goncalves Neto <i>FTL</i>	95	101958	Porto	4:20.39	+0,99	734	
	50m: 30.22 30.22	150m: 1:35.59	32.81	250m: 2:41.63	32.80	350m: 3:47.76	33.19	
	100m: 1:02.78 32.56	200m: 2:08.83	33.24	300m: 3:14.57	32.94	400m: 4:20.39	32.63	
3.	Joana Filipa Santos <i>FTL</i>	93	24081	Vitoria de Guimaraes	4:21.07	+0,86	728	
	50m: 29.46 29.46	150m: 1:34.35	32.84	250m: 2:40.81	33.30	350m: 3:48.20	33.83	
	100m: 1:01.51 32.05	200m: 2:07.51	33.16	300m: 3:14.37	33.56	400m: 4:21.07	32.87	
4.	Filipa Vilas Ruivo <i>FTL</i>	97	103568	Nautico da Marinha Grande	4:21.69	+0,90	723	
	50m: 30.03 30.03	150m: 1:35.44	33.10	250m: 2:42.43	33.53	350m: 3:49.43	33.44	
	100m: 1:02.34 32.31	200m: 2:08.90	33.46	300m: 3:15.99	33.56	400m: 4:21.69	32.26	
5.	Joana Aguiar Rodrigues <i>FTL</i>	93	15401	Porto	4:22.22	+0,94	719	
	50m: 29.75 29.75	150m: 1:34.53	32.93	250m: 2:41.24	33.38	350m: 3:49.47	34.24	
	100m: 1:01.60 31.85	200m: 2:07.86	33.33	300m: 3:15.23	33.99	400m: 4:22.22	32.75	
6.	Ana Ribeiro Ferreira <i>FTL</i>	92	15634	Famalicao	4:22.56	+1,02	716	
	50m: 30.14 30.14	150m: 1:35.21	32.87	250m: 2:42.31	33.57	350m: 3:49.90	33.85	
	100m: 1:02.34 32.20	200m: 2:08.74	33.53	300m: 3:16.05	33.74	400m: 4:22.56	32.66	
7.	Andreia Catarina Gomes <i>FTL</i>	94	103701	Vitoria de Guimaraes	4:26.34	+0,93	686	
	50m: 30.07 30.07	150m: 1:34.85	32.67	250m: 2:42.25	34.03	350m: 3:51.86	35.29	
	100m: 1:02.18 32.11	200m: 2:08.22	33.37	300m: 3:16.57	34.32	400m: 4:26.34	34.48	
8.	Diana Margarida Duraes <i>FTL</i>	96	102992	Foca	4:27.34		678	
	50m: 30.03 30.03	150m: 1:36.47	33.52	250m: 2:44.29	33.76	350m: 3:53.46	34.64	
	100m: 1:02.95 32.92	200m: 2:10.53	34.06	300m: 3:18.82	34.53	400m: 4:27.34	33.88	

O Juiz Arbitro

O Secretariado

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Silves, 2- - 4-12-2011

Prova 16, Femin., 400m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
9.	Vania Soares Neves	90	12380	Viana Natacao	4:27.75	+1,32	675	
	50m: 31.38 31.38			150m: 1:39.01 34.14	250m: 2:47.58 34.06	350m: 3:55.50 33.87		
	100m: 1:04.87 33.49			200m: 2:13.52 34.51	300m: 3:21.63 34.05	400m: 4:27.75 32.25		
10.	Maria Luis Amorim	95	102029	Porto	4:27.81	+1,01	674	
	50m: 31.01 31.01			150m: 1:38.84 34.41	250m: 2:47.51 33.69	350m: 3:54.93 33.63		
	100m: 1:04.43 33.42			200m: 2:13.82 34.98	300m: 3:21.30 33.79	400m: 4:27.81 32.88		
11.	Leonor Mourinho Neves	95	105646	Sporting	4:28.02	+0,90	673	
	50m: 30.84 30.84			150m: 1:38.00 33.83	250m: 2:46.12 34.04	350m: 3:54.84 34.43		
	100m: 1:04.17 33.33			200m: 2:12.08 34.08	300m: 3:20.41 34.29	400m: 4:28.02 33.18		
12.	Soraia Vanessa Ribeiro	92	15857	Gespacos	4:29.75	+0,99	660	
	50m: 31.19 31.19			150m: 1:39.13 34.19	250m: 2:47.89 34.04	350m: 3:56.33 34.12		
	100m: 1:04.94 33.75			200m: 2:13.85 34.72	300m: 3:22.21 34.32	400m: 4:29.75 33.42		
13.	Maria Teresa Amorim	97	20104	Porto	4:29.77	+1,08	660	
	50m: 30.97 30.97			150m: 1:39.12 34.48	250m: 2:47.87 34.49	350m: 3:56.80 34.46		
	100m: 1:04.64 33.67			200m: 2:13.38 34.26	300m: 3:22.34 34.47	400m: 4:29.77 32.97		
14.	Barbara Marques Rodrigues	97	107039	Alges	4:29.89	+0,89	659	
	50m: 31.08 31.08			150m: 1:39.16 34.47	250m: 2:47.93 34.18	350m: 3:56.58 34.39		
	100m: 1:04.69 33.61			200m: 2:13.75 34.59	300m: 3:22.19 34.26	400m: 4:29.89 33.31		
15.	Ines Alexandra Paiva	96	100378	Alges	4:29.92	+0,86	659	
	50m: 31.91 31.91			150m: 1:39.93 34.26	250m: 2:48.75 34.49	350m: 3:56.96 33.87		
	100m: 1:05.67 33.76			200m: 2:14.26 34.33	300m: 3:23.09 34.34	400m: 4:29.92 32.96		
16.	Joana Filipa Capela	89	12794	Benfica	4:32.41	+0,83	641	
	50m: 32.52 32.52			150m: 1:40.20 34.12	250m: 2:48.80 34.46	350m: 3:58.45 34.89		
	100m: 1:06.08 33.56			200m: 2:14.34 34.14	300m: 3:23.56 34.76	400m: 4:32.41 33.96		
17.	Ana Monica Eloi	96	107038	Nautico da Marinha Grande	4:33.35	+0,94	634	
	50m: 31.20 31.20			150m: 1:39.05 34.27	250m: 2:49.11 35.10	350m: 3:59.12 34.94		
	100m: 1:04.78 33.58			200m: 2:14.01 34.96	300m: 3:24.18 35.07	400m: 4:33.35 34.23		
18.	Ana Filipa Martins	97	104438	Foca	4:33.67	+0,91	632	
	50m: 31.40 31.40			150m: 1:39.76 34.30	250m: 2:49.61 34.94	350m: 3:59.66 35.23		
	100m: 1:05.46 34.06			200m: 2:14.67 34.91	300m: 3:24.43 34.82	400m: 4:33.67 34.01		
19.	Cassandra Pedro Oliveira	95	111071	Vilacondense	4:34.61	+0,92	626	
	50m: 31.48 31.48			150m: 1:39.14 34.10	250m: 2:48.50 34.73	350m: 3:59.54 35.84		
	100m: 1:05.04 33.56			200m: 2:13.77 34.63	300m: 3:23.70 35.20	400m: 4:34.61 35.07		
20.	Daniela Filipa Pinto	91	20610	Vitoria de Guimaraes	4:35.69	+0,99	618	
	50m: 31.42 31.42			150m: 1:40.21 34.73	250m: 2:49.90 34.91	350m: 4:00.75 35.79		
	100m: 1:05.48 34.06			200m: 2:14.99 34.78	300m: 3:24.96 35.06	400m: 4:35.69 34.94		
21.	Sara Monteiro Meireles	97	103921	Gespacos	4:40.23	+0,89	589	
	50m: 31.96 31.96			150m: 1:42.17 35.43	250m: 2:53.42 35.46	350m: 4:05.81 35.98		
	100m: 1:06.74 34.78			200m: 2:17.96 35.79	300m: 3:29.83 36.41	400m: 4:40.23 34.42		
22.	Marta Alexandra Saraiva FTL	93	14641	Uniao Piedense	4:43.20	+0,92	570	
	50m: 32.24 32.24			150m: 1:42.16 35.35	250m: 2:54.20 36.08	350m: 4:07.45 36.60		
	100m: 1:06.81 34.57			200m: 2:18.12 35.96	300m: 3:30.85 36.65	400m: 4:43.20 35.75		
23.	Catia Andreia Clara FTL	95	101886	Nautico da Marinha Grande	4:45.37	+1,07	557	
	50m: 32.35 32.35			150m: 1:43.69 36.24	250m: 2:56.82 36.55	350m: 4:09.74 36.47		
	100m: 1:07.45 35.10			200m: 2:20.27 36.58	300m: 3:33.27 36.45	400m: 4:45.37 35.63		
24.	Adriana Daniela Castro FTL	97	104515	Porto	4:45.59	+0,94	556	
	50m: 33.03 33.03			150m: 1:44.77 36.31	250m: 2:57.69 36.15	350m: 4:09.63 36.00		
	100m: 1:08.46 35.43			200m: 2:21.54 36.77	300m: 3:33.63 35.94	400m: 4:45.59 35.96		

O Juiz Arbitro

O Secretariado

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Silves, 2 - 4-12-2011

Prova 16, Femin., 400m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
25.	Mariana Ramalinho Mascarenhas	1975	107665	Naval Setubalense	4:46.56	+0,94	550	
<i>FTL</i>								
	50m:	32.52	32.52	150m:	1:43.64	36.17	250m:	2:57.65
	100m:	1:07.47	34.95	200m:	2:20.61	36.97	300m:	3:34.67
							37.04	37.02
							350m:	4:11.13
							400m:	4:46.56
								36.46
								35.43

Prova 17
03-12-2011

Masc., 100m Bruços

Absolutos
Resultados Final

Rec. Nac. 25m Absoluto	59.31	Nuno Goncalo Quintanilha	LDC	S. António Cavaleiros	19-12-2009
Rec. Nac. 25m Inf B	1:09.54	Andre Goncalo Santos	LSC	Lousada	15-05-2010
Rec. Nac. 25m Inf A	1:07.92	Andre Goncalo Santos	LSC	Viseu	12-03-2011
Rec. Nac. 25m Juv B	1:05.85	Luis Manuel Fernandes	GDNVNF	Paços de Ferreira	14-11-2009
Rec. Nac. 25m Juv A	1:04.84	Luis Manuel Fernandes	GDNVNF	Paços de Ferreira	12-12-2010
Rec. Nac. 25m Jun	1:01.25	Pedro Miguel Agostinho	SCP	S. António Cavaleiros	19-12-2009
Rec. Nac. 25m Sen	59.31	Nuno Goncalo Quintanilha	LDC	S. António Cavaleiros	19-12-2009

TAC - Masc Sen: 1:07.50; Jun2: 1:07.50; Jun1: 1:09.19

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Final A								
1.	Ricardo Jose Varela	89	12941	Naval Setubalense	1:02.47	+0,70	705	
	50m:	28.89	28.89	100m:	1:02.47	33.58		
2.	Nuno Goncalo Quintanilha	87	12902	Colegio Vasco da Gama	1:02.94	+0,76	689	
	50m:	29.74	29.74	100m:	1:02.94	33.20		
3.	Pedro Miguel Agostinho	92	12778	Sporting	1:03.34	+0,66	676	
	50m:	29.68	29.68	100m:	1:03.34	33.66		
4.	Henrique Pereira Neiva	84	23019	Vilacondense	1:03.55	+0,75	670	
	50m:	29.68	29.68	100m:	1:03.55	33.87		
5.	Diogo Parrilha da Silva	93	11580	Alcobaca	1:03.72	+0,71	664	
	50m:	30.04	30.04	100m:	1:03.72	33.68		
6.	Gil Goncalves Pinto	88	26051	Porto	1:03.74	+0,66	664	
	50m:	29.97	29.97	100m:	1:03.74	33.77		
7.	Sergio Baptista Silva	91	15703	Porto	1:03.86	+0,79	660	
	50m:	30.17	30.17	100m:	1:03.86	33.69		
8.	Pedro Miguel Pinotes	89	26732	Sporting	1:04.83	+0,68	631	
	50m:	30.73	30.73	100m:	1:04.83	34.10		
Final B								
9.	Miguel Silva Oliveira	91	10822	Nautico/Matobra	1:04.78	+0,78	632	
	50m:	30.76	30.76	100m:	1:04.78	34.02		
10.	Tiago Samuel Silva	93	23502	Porto	1:05.08	+0,82	623	
	50m:	30.37	30.37	100m:	1:05.08	34.71		
11.	Joao Claudio Sousa	93	23458	Gespacos	1:05.16	+0,80	621	
	50m:	30.67	30.67	100m:	1:05.16	34.49		
12.	Joao Albano Viola	89	100421	Nautico/Matobra	1:05.53	+0,73	611	
	50m:	30.73	30.73	100m:	1:05.53	34.80		
13.	Luis Manuel Fernandes	95	15589	Famalicao	1:06.51	+0,68	584	
	50m:	31.12	31.12	100m:	1:06.51	35.39		

O Juiz Arbitro

O Secretariado

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Silves, 2- - 4-12-2011

Prova 17, Masc., 100m Bruços, Final, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
14.	Miguel Aragao Santos	91	15886	Vilacondense	1:06.58	+0,78	582	
	50m: 31.51 31.51			100m: 1:06.58 35.07				
15.	Jaime Marques Duarte	87	22485	Amadora	1:06.60	+0,77	582	
	50m: 30.96 30.96			100m: 1:06.60 35.64				
16.	Vitor Diogo Moura	90	10394	Nacional	1:07.06	+0,73	570	
	50m: 31.30 31.30			100m: 1:07.06 35.76				

Prova 18
03-12-2011

Femin., 100m Bruços

Absolutos
Resultados Final

Rec. Nac. 25m Absoluto	1:07.17	Diana Duarte Gomes	CNA	S. António Cavaleiros	19-12-2009
Rec. Nac. 25m Inf B	1:17.79	tempo limite			
Rec. Nac. 25m Inf A	1:15.72	Filipa Vilas Ruivo	DNMG	Caldas da Rainha	01-05-2010
Rec. Nac. 25m Juv	1:11.76	Diana Duarte Gomes	ABVE	Reboleira	28-06-2003
Rec. Nac. 25m Jun	1:08.85	Ana Pinho Rodrigues	AEJ	Ponte de Sôr	13-12-2009
Rec. Nac. 25m Sen	1:07.17	Diana Duarte Gomes	CNA	S. António Cavaleiros	19-12-2009

TAC - Fem Sen: 1:17.20; Jun2: 1:17.20; Jun1: 1:19.13

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Final A								
1.	Ana Pinho Rodrigues	94	13372	Estamos Juntos	1:08.95	+0,76	751	
	50m: 32.05 32.05			100m: 1:08.95 36.90				
2.	Joana Patricia Pinto	94	24790	Ginasio de Vila Real	1:10.65	+0,94	698	
	50m: 33.02 33.02			100m: 1:10.65 37.63				
3.	Maria Carolina Rosa	94	14248	Sporting	1:10.83	+0,82	693	
	50m: 33.54 33.54			100m: 1:10.83 37.29				
4.	Diana Duarte Gomes	89	20632	Amadora	1:11.26	+0,74	681	
	50m: 33.94 33.94			100m: 1:11.26 37.32				
5.	Ana Teresa Franco	91	11349	Sporting	1:11.33	+0,82	679	
	50m: 34.59 34.59			100m: 1:11.33 36.74				
6.	Fabiana Maria Quintal	84	10396	Nacional	1:12.16	+0,75	656	
	50m: 33.89 33.89			100m: 1:12.16 38.27				
7.	Isabel Maria Figueira	79	11424	Louletano/Loule Concelho	1:14.12	+0,91	605	
	50m: 35.01 35.01			100m: 1:14.12 39.11				
8.	Ariana Alves Nunes	95	13348	Portinado	1:14.56	+0,87	594	
	50m: 34.55 34.55			100m: 1:14.56 40.01				
Final B								
9.	Joana Catarina Carvalho	92	15228	Porto	1:12.94	+0,76	635	
	50m: 34.24 34.24			100m: 1:12.94 38.70				
10.	Ana Marisa Brito	90	12800	Amadora	1:14.20	+0,80	603	
	50m: 34.31 34.31			100m: 1:14.20 39.89				
11.	Joana Marques Maia	91	25067	Natacao da Maia	1:14.42	+0,85	598	
	50m: 35.43 35.43			100m: 1:14.42 38.99				
12.	Diana Patricia Ferreira	94	23500	Gespacos	1:14.82	+0,88	588	
	50m: 35.77 35.77			100m: 1:14.82 39.05				

O Juiz Arbitro

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Splash Meet Manager 11, Build 17983

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Silves, 2- - 4-12-2011

Prova 18, Femin., 100m Bruços, Final, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
13.	Marta Pereira Abreu 50m: 35.26 35.26	92	23091	Porto	1:15.03	+0,84	583	
14.	Rita Fernandes Leitao 50m: 35.03 35.03	96	25571	Amadora	1:15.06	+0,89	582	
15.	Gabriela Oliveira Andrade 50m: 35.43 35.43	94	12055	Nautico/Matobra	1:15.62	+0,72	570	
16.	Marina Nicolina Teodosio 50m: 35.19 35.19	97	106174	BA/Mr.Pizza	1:16.34	+0,97	554	

Prova 19 Masc., 50m Livres Absolutos
03-12-2011 Resultados Final

Rec. Nac. 25m Absoluto	21.64	Alexandre Escudier Agostinho	PORTIN	S. António Cavaleiros	20-12-2009
Rec. Nac. 25m Inf B	26.73	tempo limite			
Rec. Nac. 25m Inf A	25.33	Tiago Filipe Pereira	ADBA	Leiria	14-05-2005
Rec. Nac. 25m Juv B	23.96	Diogo Gomes Sousa	CNCVG	Ponte de Sôr	13-12-2009
Rec. Nac. 25m Juv A	24.16	David Miguel Ferro	SFUAP	Algés	12-02-2000
Rec. Nac. 25m Jun	22.33	Tiago Andre Venancio	FPN	Viena (AUT)	16-05-2003
Rec. Nac. 25m Sen	21.64	Alexandre Escudier Agostinho	PORTIN	S. António Cavaleiros	20-12-2009

TAC - Masc Sen: 24.30; Jun2: 24.30; Jun1: 24.79

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Final A								
1.	Paulo Jorge Santos	89	25982	Porto	22.99	+0,70	688	
2.	Joao Silva Gigante	88	14783	Amadora	23.02	+0,65	685	
3.	Luis Marques Pinto	87	10422	Naval do Funchal	23.35	+0,65	657	
4.	Mario Alexandre Pereira	92	10767	Nautico/Matobra	23.43	+1,01	650	
5.	Simao Pedro Alves	94	102500	Famalicao	23.55	+0,68	640	
6.	Gustavo Almeida Madureira	94	10857	Academica de Coimbra	23.60	+0,67	636	
7.	Nelson Filipe Martinho	89	16016	Natacao de Valongo	23.72	+0,71	626	
8.	Tiago Ferreira Sousa	91	106684	Nacional	23.83	+0,74	618	
Final B								
9.	Luis Emanuel Vaz	91	15628	Famalicao	23.46	+0,73	647	
10.	David Miguel Leiria	93	14530	Naval Amorense	23.76	+0,77	623	
11.	Joao Filipe Carvalho	87	23026	Porto	23.94	+0,70	609	
12.	Ricardo Pereira Lopes	90	14831	Amadora	23.99	+0,65	605	
13.	Carlos Lopes Pedrosa	94	102149	Naval de Ponta Delgada	24.06	+0,71	600	
14.	Filipe Vieira Malheiro	90	13117	Braga	24.12	+0,76	596	
15.	Ricardo Manuel Machado FTL	93	13278	Braga	24.32	+0,82	581	
16.	Andre Neves Oliveira FTL	91	14834	Benfica	24.52	+0,70	567	

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Silves, 2 - 4-12-2011

Prova 20 Absolutos
03-12-2011 Resultados Final

Femin., 50m Livres

Rec. Nac. 25m Absoluto	24.94	Patricia Vilas Conceicao	CNA	S. António Cavaleiros	20-12-2009
Rec. Nac. 25m Inf A	28.32	Ines Camacho Fernandes	SCP	Ponte Sor	30-01-2010
Rec. Nac. 25m Juv	27.16	Harriet Larcher Smith	CFB	Tomar	15-03-2003
Rec. Nac. 25m Jun	26.14	Maria Carolina Rosa	SCP	S. António Cavaleiros	20-12-2009
Rec. Nac. 25m Sen	24.94	Patricia Vilas Conceicao	CNA	S. António Cavaleiros	20-12-2009

TAC - Fem Sen: 28.20; Jun2: 28.20; Jun1: 28.76

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Final A								
1.	Sara Freitas Oliveira	85	23045	Porto	26.47	+0,68	677	
2.	Jessica Teixeira Vieira	91	104235	Amadora	26.72	+0,68	658	
3.	Sara Beatriz Loureiro	87	12503	Porto	26.73	+0,67	658	
4.	Ana Pinho Rodrigues	94	13372	Estamos Juntos	26.75	+0,81	656	
5.	Claudia Sofia Monteiro	92	15882	Vilacondense	26.85	+0,83	649	
6.	Alexandra Paiva Oliveira	91	15139	Porto	26.95	+0,80	642	
7.	Claudia Marques Moreno	91	24213	Porto	27.02	+0,87	637	
8.	Joana Patricia Pinto	94	24790	Ginasio de Vila Real	27.48	+0,95	605	
Final B								
9.	Isabel Pinto Abreu	96	26324	Belenenses	26.92	+0,75	644	
10.	Sara Francisco Cruz	93	10732	BA/Mr.Pizza	27.39	+0,75	611	
11.	Raquel Maurile Taveira	95	105392	Alges	27.50	+0,83	604	
12.	Maria Ines Ribeiro	92	10899	Nautico/Matobra	27.67	+0,77	593	
13.	Catarina Tiago Nunes	95	100949	Uniao Piedense	27.83	+0,81	583	
14.	Beatriz Alves Silva	95	26721	Portinado	28.06	+0,68	568	
15.	Mariana Sousa Martins	95	103743	Feirense	28.20	+0,78	560	
16.	Carolina Sanchez Rodrigues	97	100359	Alges	28.36	+0,83	550	

Prova 21 Absolutos
03-12-2011 Resultados Final

Masc., 100m Costas

Rec. Nac. 25m Absoluto	53.04	Nuno Filipe Laurentino	FPN	Moscovo (RUS)	03-04-2002
Rec. Nac. 25m Inf B	1:04.76	Alexandre Lages Ribas	EDV	Ponte da Barca	09-05-2010
Rec. Nac. 25m Inf A	1:00.97	Alexandre Lages Ribas	EDV	Viseu	11-03-2011
Rec. Nac. 25m Juv B	58.65	Pedro Diogo Oliveira	CNRM	Tomar	10-05-2003
Rec. Nac. 25m Juv A	56.45	Diogo Gomes Sousa	CNCVG	Porto	04-12-2010
Rec. Nac. 25m Jun	53.88	Alexis Manacas Santos	SCP	Leiria	05-12-2009
Rec. Nac. 25m Sen	53.04	Nuno Filipe Laurentino	FPN	Moscovo (RUS)	03-04-2002

TAC - Masc Sen: 1:00.50; Jun2: 1:00.50; Jun1: 1:02.01

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 21, Masc., 100m Costas, Final

Final A

1. Adriano Miguel Niz	86	23013	Famalicao	54.93	+0,66	707
50m: 26.58 26.58	100m: 54.93 28.35					
2. Miguel Duarte Nascimento	95	14944	Portinado	56.79	+0,71	639
50m: 27.68 27.68	100m: 56.79 29.11					
3. Goncalo Filipe Gregorio	93	10644	Uniao Piedense	56.96	+0,59	634
50m: 27.74 27.74	100m: 56.96 29.22					
4. Ricardo Ferreira Cotovio	91	10921	Sporting	57.77	+0,66	607
50m: 28.10 28.10	100m: 57.77 29.67					
5. Samuel Patricio Queiros	91	15701	Porto	58.02	+0,65	600
50m: 28.09 28.09	100m: 58.02 29.93					
6. Pedro Fontoura Oliveira	90	14688	Amadora	58.10	+0,70	597
50m: 27.93 27.93	100m: 58.10 30.17					
7. Rodrigo Pereira Lopes	95	26077	Amadora	58.12	+0,62	597
50m: 28.04 28.04	100m: 58.12 30.08					
8. Edgar Oliveira Ribeiro	93	13277	Braga	58.38	+0,69	589
50m: 28.32 28.32	100m: 58.38 30.06					

Final B

9. Cesar Fernando Faria	90	10704	BA/Mr.Pizza	58.50	+0,64	585
50m: 28.56 28.56	100m: 58.50 29.94					
10. Daniel Aparicio Pereira	83	24394	Braga	58.99	+0,67	571
50m: 28.90 28.90	100m: 58.99 30.09					
11. Renato Mendes Pinheiro	94	16071	Desportiva de Viana	59.19	+0,62	565
50m: 28.99 28.99	100m: 59.19 30.20					
12. Joao Filipe Fernandes	93	15222	Famalicao	59.32	+0,61	561
50m: 29.03 29.03	100m: 59.32 30.29					
13. Joao Pedro Neto	95	26959	Naval Setubalense	59.61	+0,66	553
50m: 29.00 29.00	100m: 59.61 30.61					
14. Jose Joao Bica	87	12879	Colegio Vasco da Gama	59.66	+0,72	552
50m: 29.01 29.01	100m: 59.66 30.65					
15. David Miguel Leiria	93	14530	Naval Amorense	59.85	+0,62	546
50m: 29.02 29.02	100m: 59.85 30.83					
16. Antonio Rafael Bessa	94	102089	Gespacos	1:00.14	+0,52	538
50m: 29.11 29.11	100m: 1:00.14 31.03					

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 22 Absolutos
03-12-2011 Resultados Final

Rec. Nac. 25m Absoluto	1:00.69	Marta Vieira Marinho	FCP	S. António Cavaleiros	19-12-2009
Rec. Nac. 25m Inf B	1:10.23	Catarina Alexandra Jardim	GDNVNF	Ponte da Barca	05-03-2010
Rec. Nac. 25m Inf A	1:05.36	Ines Camacho Fernandes	SCP	Tavira	05-03-2010
Rec. Nac. 25m Juv	1:02.96	Ines Camacho Fernandes	SCP	Alapraia	12-02-2011
Rec. Nac. 25m Jun	1:03.03	Lisa Marisa Soares	CNA	Porto	04-12-2010
Rec. Nac. 25m Sen	1:00.69	Marta Vieira Marinho	FCP	S. António Cavaleiros	19-12-2009

TAC - Fem Sen: 1:08.50; Jun2: 1:08.50; Jun1: 1:09.87

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Final A								
1.	Marta Vieira Marinho	91	15707	Porto	1:01.76	+0,67	715	
	50m: 30.07 30.07			100m: 1:01.76 31.69				
2.	Catia Raquel Martinheira	95	25940	Louletano/Loule Concelho	1:03.09	+0,58	670	
	50m: 30.61 30.61			100m: 1:03.09 32.48				
3.	Ana Sofia Leite	93	24784	Ginasio de Vila Real	1:04.33	+0,84	632	
	50m: 30.91 30.91			100m: 1:04.33 33.42				
4.	Mafalda Gomes Beleza	94	26890	Sporting	1:04.55	+1,03	626	
	50m: 31.44 31.44			100m: 1:04.55 33.11				
5.	Lisa Marisa Soares	95	25381	Amadora	1:05.03	+0,66	612	
	50m: 31.64 31.64			100m: 1:05.03 33.39				
6.	Patricia Isabel Oliveira	94	15970	Leixoes	1:05.34	+0,69	603	
	50m: 31.82 31.82			100m: 1:05.34 33.52				
7.	Andreia Filipa Anjos	92	10739	BA/Mr.Pizza	1:06.95	+0,66	561	
	50m: 32.36 32.36			100m: 1:06.95 34.59				
8.	Francisca Gomes Azevedo	97	100356	Alges	1:07.65	+0,79	544	
	50m: 32.80 32.80			100m: 1:07.65 34.85				
Final B								
9.	Paula Cristina Yang	95	100229	Gesloures	1:05.65	+0,76	595	
	50m: 31.83 31.83			100m: 1:05.65 33.82				
10.	Filipa Mendes Pinheiro	92	11056	Desportiva de Viana	1:06.11	+0,66	583	
	50m: 31.84 31.84			100m: 1:06.11 34.27				
11.	Rute Rocha Ines	97	104789	Louletano/Loule Concelho	1:06.59	+0,72	570	
	50m: 31.78 31.78			100m: 1:06.59 34.81				
12.	Beatriz Neves Craveiro	97	106762	Nautico/Matobra	1:06.88	+0,71	563	
	50m: 32.63 32.63			100m: 1:06.88 34.25				
13.	Adriana Correia Lopes	95	24491	Nautico/Matobra	1:07.04	+0,66	559	
	50m: 32.20 32.20			100m: 1:07.04 34.84				
14.	Andreia Silva Cruz	88	11126	Naval de Ponta Delgada	1:07.43	+0,63	549	
	50m: 32.96 32.96			100m: 1:07.43 34.47				
15.	Carolina Sofia Lopes	96	100753	Louletano/Loule Concelho	1:07.57	+0,76	546	
	50m: 32.49 32.49			100m: 1:07.57 35.08				
16.	Irina Filipa Lousa	95	102467	Porto	1:09.21	+0,83	508	
	<i>FTL</i>							
	50m: 34.06 34.06			100m: 1:09.21 35.15				

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 23 Masc., 100m Mariposa Absolutos
03-12-2011 Resultados Final

Rec. Nac. 25m Absoluto	51.45	Diogo Filipe Carvalho	FPN	Estocolmo (SWE)	11-11-2009
Rec. Nac. 25m Inf B	1:01.78	Fabio Parrilha Silva	CNAL	Penafiel	01-04-2000
Rec. Nac. 25m Inf A	59.56	Fabio Parrilha Silva	CNAL	Leiria	07-04-2001
Rec. Nac. 25m Juv B	57.32	Diogo Filipe Carvalho	CGA	Estarreja	10-07-2003
Rec. Nac. 25m Juv A	55.60	Diogo Gomes Sousa	CNCVG	Porto	05-12-2010
Rec. Nac. 25m Jun	53.87	Tiago Andre Venancio	CNS	Cantanhede	19-12-2004
Rec. Nac. 25m Sen	51.45	Diogo Filipe Carvalho	FPN	Estocolmo (SWE)	11-11-2009

TAC - Masc Sen: 58.50; Jun2: 58.50; Jun1: 59.67

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Final A								
1.	Nuno Goncalo Quintanilha	87	12902	Colegio Vasco da Gama	54.33	+0,76	710	
	50m: 25.63 25.63			100m: 54.33 28.70				
2.	Joao Silva Gigante	88	14783	Amadora	55.00	+0,69	684	
	50m: 25.25 25.25			100m: 55.00 29.75				
3.	Joao Pedro Araujo	85	15849	Famalicao	55.49	+0,73	666	
	50m: 25.81 25.81			100m: 55.49 29.68				
4.	Fabio Manuel Pereira	86	23049	Vilacondense	55.58	+0,75	663	
	50m: 25.92 25.92			100m: 55.58 29.66				
5.	Carlos Filipe Santos	91	15694	Porto	55.94	+0,74	650	
	50m: 25.63 25.63			100m: 55.94 30.31				
6.	Carlos Lopes Pedrosa	94	102149	Naval de Ponta Delgada	56.29	+0,69	638	
	50m: 26.04 26.04			100m: 56.29 30.25				
7.	Andre Neves Oliveira	91	14834	Benfica	57.23	+0,74	607	
	50m: 26.21 26.21			100m: 57.23 31.02				
8.	Nelson Filipe Martinho	89	16016	Natacao de Valongo	57.65	+0,75	594	
	50m: 26.59 26.59			100m: 57.65 31.06				
Final B								
9.	Miguel Silva Oliveira	91	10822	Nautico/Matobra	56.22	+0,80	641	
	50m: 26.57 26.57			100m: 56.22 29.65				
10.	Ruben Filipe Nunes	94	23302	Gespacos	57.85	+0,80	588	
	50m: 27.43 27.43			100m: 57.85 30.42				
11.	Miguel Duarte Nascimento	95	14944	Portinado	58.02	+0,75	583	
	50m: 27.41 27.41			100m: 58.02 30.61				
	Nuno Cruz Oliveira	90	12871	Braga	58.02	+0,74	583	
	50m: 27.41 27.41			100m: 58.02 30.61				
13.	Ricardo Sousa Filipe	88	12555	Louletano/Loule Concelho	58.16	+0,80	579	
	50m: 27.16 27.16			100m: 58.16 31.00				
14.	Antonio Fraga Fragoso	95	14324	Bombeiros de Ponta Delgada	58.19	+0,79	578	
	50m: 27.66 27.66			100m: 58.19 30.53				
15.	Jorge Miguel Carmo	90	13004	Colegio Vasco da Gama	58.50	+0,74	569	
	50m: 27.96 27.96			100m: 58.50 30.54				
16.	Emanuel Augusto Pinho	93	14295	Feirense	58.54	+0,79	567	
	FTL							
	50m: 27.50 27.50			100m: 58.54 31.04				

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 24	Femin., 100m Mariposa					Absolutos
03-12-2011						Resultados Final
Rec. Nac. 25m Absoluto	58.31	Sara Freitas Oliveira	FPN	Dubai (UAE)	18-12-2010	
Rec. Nac. 25m Inf B	1:09.60	Ines Camacho Fernandes	SCP	Cantanhede	16-05-2009	
Rec. Nac. 25m Inf A	1:05.50	Ines Camacho Fernandes	SCP	Tavira	07-03-2010	
Rec. Nac. 25m Juv	1:04.30	Susana Patricia Miguel	SFUAP	Penafiel	21-03-2004	
Rec. Nac. 25m Jun	1:01.56	Filipa Vilas Tiago	SCP	S. António Cavaleiros	20-12-2009	
Rec. Nac. 25m Sen	58.31	Sara Freitas Oliveira	FPN	Dubai (UAE)	18-12-2010	

TAC - Fem Sen: 1:08.00; Jun2: 1:08.00; Jun1: 1:09.70

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Final A								
1.	Ana Catarina Monteiro	93	24320	Vilacondense	1:02.95	+0,81	668	
	50m: 29.37 29.37			100m: 1:02.95 33.58				
2.	Catarina Tiago Nunes	95	100949	Uniao Piedense	1:03.85	+0,81	640	
	50m: 29.46 29.46			100m: 1:03.85 34.39				
3.	Filipa Ferreira Silva	85	12219	Amadora	1:04.02	+0,78	635	
	50m: 29.73 29.73			100m: 1:04.02 34.29				
4.	Carlota Freitas Olim	93	10949	Naval do Funchal	1:04.89	+0,73	610	
	50m: 30.14 30.14			100m: 1:04.89 34.75				
5.	Amelia Pereira Fernandes	89	15951	Vitoria de Guimaraes	1:05.56	+0,84	592	
	50m: 30.53 30.53			100m: 1:05.56 35.03				
6.	Sara Francisco Cruz	93	10732	BA/Mr.Pizza	1:05.72	+0,77	587	
	50m: 30.89 30.89			100m: 1:05.72 34.83				
7.	Bruna Leal Dantas	96	100371	Sporting	1:06.02	+0,74	579	
	50m: 31.22 31.22			100m: 1:06.02 34.80				
8.	Isabel Alves Lopes	92	12867	Colegio Vasco da Gama	1:07.23	+0,84	549	
	50m: 31.32 31.32			100m: 1:07.23 35.91				
Final B								
9.	Raquel Maurile Taveira	95	105392	Alges	1:05.84	+0,84	584	
	50m: 30.36 30.36			100m: 1:05.84 35.48				
10.	Mariana Sousa Martins	95	103743	Feirense	1:06.23	+0,80	574	
	50m: 31.40 31.40			100m: 1:06.23 34.83				
11.	Ana Margarida Rodrigues	96	103868	Galitos	1:06.91	+0,83	556	
	50m: 31.15 31.15			100m: 1:06.91 35.76				
12.	Ana Marta Resendes	80	12798	Naval de Ponta Delgada	1:06.98	+0,89	555	
	50m: 31.54 31.54			100m: 1:06.98 35.44				
13.	Ana Catarina Cavaco	95	26433	Natacao Olhao	1:07.52	+0,77	541	
	50m: 31.45 31.45			100m: 1:07.52 36.07				
14.	Ines Filipa Borges	95	26305	Alcobaca	1:07.63	+0,90	539	
	50m: 32.04 32.04			100m: 1:07.63 35.59				
15.	Susana Clara Gomes	77	119272	Naval do Funchal	1:07.73	+0,80	536	
	50m: 31.80 31.80			100m: 1:07.73 35.93				
16.	Sofia Oliveira Pinto	94	12766	Benfica	1:08.03	+0,73	529	
	<i>FTL</i>							
	50m: 31.37 31.37			100m: 1:08.03 36.66				

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Prova 25 Masc., 200m Estilos Absolutos
03-12-2011 Resultados Final

Rec. Nac. 25m Absoluto	1:54.58	Diogo Filipe Carvalho	FPN	Istambul (TUR)	10-12-2009
Rec. Nac. 25m Inf B	2:20.56	Tomas Miguel Freitas	CDN	Funchal	28-06-2003
Rec. Nac. 25m Inf A	2:13.38	Tomas Miguel Freitas	CDN	Funchal	17-07-2004
Rec. Nac. 25m Juv B	2:08.27	Diogo Filipe Carvalho	CGA	Fafe	10-05-2003
Rec. Nac. 25m Juv A	2:05.34	Diogo Filipe Carvalho	CGA	Aveiro	15-05-2004
Rec. Nac. 25m Jun	2:00.80	Diogo Filipe Carvalho	CGA	Estoril	11-02-2005
Rec. Nac. 25m Sen	1:54.58	Diogo Filipe Carvalho	FPN	Istambul (TUR)	10-12-2009

TAC - Masc Sen: 2:12.00; Jun2: 2:12.00; Jun1: 2:15.30

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Final A								
1.	Pedro Miguel Pinotes	89	26732	Sporting	2:01.39	+0,72	745	
	50m: 27.41 27.41		100m: 58.47 31.06	150m: 1:32.92 34.45	200m: 2:01.39 28.47			
2.	Fabio Andre Figueira	88	11084	Porto	2:03.67	+0,73	705	
	50m: 26.45 26.45		100m: 58.27 31.82	150m: 1:34.41 36.14	200m: 2:03.67 29.26			
3.	Diogo Parrilha da Silva	93	11580	Alcobaca	2:05.68	+0,75	671	
	50m: 27.33 27.33		100m: 59.89 32.56	150m: 1:35.76 35.87	200m: 2:05.68 29.92			
4.	Rui Filipe Vilar	91	24159	Porto	2:05.73	+0,74	671	
	50m: 27.84 27.84		100m: 1:00.15 32.31	150m: 1:36.14 35.99	200m: 2:05.73 29.59			
5.	Nuno Rafael Alves	90	25140	Gespacos	2:06.64	+0,87	656	
	50m: 28.18 28.18		100m: 1:01.33 33.15	150m: 1:36.98 35.65	200m: 2:06.64 29.66			
6.	Miguel Machado Lopes	92	11467	Sporting	2:06.74	+0,74	655	
	50m: 28.28 28.28		100m: 1:00.47 32.19	150m: 1:36.68 36.21	200m: 2:06.74 30.06			
7.	Andre Bras Goncalves	88	14767	Amadora	2:06.95	+0,73	651	
	50m: 27.11 27.11		100m: 59.66 32.55	150m: 1:36.47 36.81	200m: 2:06.95 30.48			
8.	Pedro Andre Santos	94	15732	Alges	2:08.19	+0,80	633	
	50m: 27.71 27.71		100m: 1:00.41 32.70	150m: 1:37.96 37.55	200m: 2:08.19 30.23			
Final B								
9.	Tomas Correia Silva	95	23367	Porto	2:06.93	+0,72	652	
	50m: 27.67 27.67		100m: 1:00.48 32.81	150m: 1:37.44 36.96	200m: 2:06.93 29.49			
10.	Joao Pedro Braga	94	25892	Naval de Ponta Delgada	2:08.84	+0,81	623	
	50m: 28.36 28.36		100m: 1:00.75 32.39	150m: 1:38.10 37.35	200m: 2:08.84 30.74			
11.	Andre Duarte Vaz	93	10768	Nautico/Matobra	2:10.06	+0,81	606	
	50m: 28.07 28.07		100m: 59.77 31.70	150m: 1:38.40 38.63	200m: 2:10.06 31.66			
12.	Nuno Durao Pascoal	92	12560	Galitos	2:10.56	+0,82	599	
	50m: 28.15 28.15		100m: 1:01.81 33.66	150m: 1:39.69 37.88	200m: 2:10.56 30.87			
13.	Joao Andre Neves	95	101408	Academica de Coimbra	2:10.84	+0,78	595	
	50m: 28.61 28.61		100m: 1:03.69 35.08	150m: 1:40.65 36.96	200m: 2:10.84 30.19			
14.	Tomas Miguel Freitas	90	23135	Nacional	2:11.35	+0,82	588	
	50m: 28.96 28.96		100m: 1:05.11 36.15	150m: 1:41.54 36.43	200m: 2:11.35 29.81			
15.	Diogo Carmo Ramos	93	15317	Vilacondense	2:12.55	+0,72	572	
	FTL 50m: 28.65 28.65		100m: 1:02.68 34.03	150m: 1:42.41 39.73	200m: 2:12.55 30.14			
16.	Miguel Monteiro Diogo	93	10164	Nautico/Matobra	2:12.81	+0,72	569	
	FTL 50m: 28.56 28.56		100m: 1:02.79 34.23	150m: 1:42.65 39.86	200m: 2:12.81 30.16			

O Juiz Arbitro

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Silves, 2- 4-12-2011

Prova 26 Absolutos
03-12-2011 Resultados Final

Rec. Nac. 25m Absoluto	2:14.94	Maria Carolina Rosa	SCP	S. António Cavaleiros	19-12-2009
Rec. Nac. 25m Inf B	2:30.96	Filipa Vilas Ruivo	DNMG	Alcobaça	13-06-2009
Rec. Nac. 25m Inf A	2:25.08	Ines Camacho Fernandes	SCP	Tavira	06-03-2010
Rec. Nac. 25m Juv	2:20.93	Susana Patricia Miguel	SFUAP	Penafiel	20-03-2004
Rec. Nac. 25m Jun	2:14.94	Maria Carolina Rosa	SCP	S. António Cavaleiros	19-12-2009
Rec. Nac. 25m Sen	2:16.30	Diana Duarte Gomes	CNA	Leiria	05-12-2009

TAC - Fem Sen: 2:29.00; Jun2: 2:29.00; Jun1: 2:32.73

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Final A								
1.	Victoria Kaminskaya	95	102313	Pimpoes/Cimai	2:18.09	+0,79	734	
	50m: 30.12 30.12		100m: 1:04.45 34.33	150m: 1:44.36 39.91	200m: 2:18.09 33.73			
2.	Diana Margarida Duraes	96	102992	Foca	2:19.06	+0,78	719	
	50m: 31.07 31.07		100m: 1:06.42 35.35	150m: 1:46.91 40.49	200m: 2:19.06 32.15			
3.	Marta Pereira Abreu	92	23091	Porto	2:20.00	+0,87	704	
	50m: 31.48 31.48		100m: 1:06.49 35.01	150m: 1:47.31 40.82	200m: 2:20.00 32.69			
4.	Diana Patricia Ferreira	94	23500	Gespacos	2:20.48	+0,82	697	
	50m: 30.95 30.95		100m: 1:07.13 36.18	150m: 1:47.86 40.73	200m: 2:20.48 32.62			
5.	Ana Marta Miranda	96	100377	Uniao Piedense	2:22.79	+0,90	664	
	50m: 31.04 31.04		100m: 1:07.00 35.96	150m: 1:48.94 41.94	200m: 2:22.79 33.85			
6.	Raquel Paulo Ranito	94	25504	Sporting	2:24.09	+0,83	646	
	50m: 31.32 31.32		100m: 1:07.64 36.32	150m: 1:50.69 43.05	200m: 2:24.09 33.40			
7.	Fabiana Maria Quintal	84	10396	Nacional	2:25.08	+0,79	633	
	50m: 32.10 32.10		100m: 1:09.62 37.52	150m: 1:50.96 41.34	200m: 2:25.08 34.12			
8.	Maria Carolina Rosa	94	14248	Sporting	2:26.11	+0,89	620	
	50m: 30.76 30.76		100m: 1:08.32 37.56	150m: 1:48.93 40.61	200m: 2:26.11 37.18			
Final B								
9.	Ana Beatriz Pereira	91	20591	Colegio Vasco da Gama	2:22.62	+0,75	666	
	50m: 30.62 30.62		100m: 1:08.19 37.57	150m: 1:48.52 40.33	200m: 2:22.62 34.10			
10.	Ana Teresa Franco	91	11349	Sporting	2:24.89	+1,15	635	
	50m: 32.36 32.36		100m: 1:12.35 39.99	150m: 1:51.05 38.70	200m: 2:24.89 33.84			
11.	Gabriela Oliveira Andrade	94	12055	Nautico/Matobra	2:25.71	+0,73	625	
	50m: 32.72 32.72		100m: 1:10.68 37.96	150m: 1:52.14 41.46	200m: 2:25.71 33.57			
12.	Diana Duarte Gomes	89	20632	Amadora	2:26.21	+0,77	618	
	50m: 32.59 32.59		100m: 1:11.28 38.69	150m: 1:51.67 40.39	200m: 2:26.21 34.54			
13.	Filipa Vilas Ruivo	97	103568	Nautico da Marinha Grande	2:27.39	+0,91	604	
	50m: 32.40 32.40		100m: 1:10.99 38.59	150m: 1:53.10 42.11	200m: 2:27.39 34.29			
14.	Leonor Mourinho Neves	95	105646	Sporting	2:28.06	+0,89	595	
	50m: 31.84 31.84		100m: 1:11.12 39.28	150m: 1:53.59 42.47	200m: 2:28.06 34.47			
15.	Sara Monteiro Meireles	97	103921	Gespacos	2:28.55	+0,86	590	
	50m: 31.54 31.54		100m: 1:10.18 38.64	150m: 1:53.59 43.41	200m: 2:28.55 34.96			
16.	Ariana Alves Nunes	95	13348	Portinado	2:29.59	+0,91	577	
	FTL 50m: 32.31 32.31		100m: 1:10.35 38.04	150m: 1:53.28 42.93	200m: 2:29.59 36.31			

O Juiz Arbitro

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Splash Meet Manager 11, Build 17983

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Silves, 2- 4-12-2011

Prova 29	Masc., 4 x 200m Livres					Absolutos
03-12-2011						Resultados
Rec. Nac. 25m Absoluto	7:15.07	Clube Natacao da Amadora	CNA	S. António Cavaleiros	20-12-2009	
Rec. Nac. 25m Jun	7:39.07	Futebol Clube do Porto/Imperio Bonanca	FCB	Felgueiras	08-03-1998	
Rec. Nac. 25m Sen	7:15.07	Clube Natacao da Amadora	CNA	S. António Cavaleiros	20-12-2009	
TAC Estaf- Masc Absoluto: 8:00.00						

Pontos: FINA 2011

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts	
Absolutos							
1. Famalicao		Famalicao	7:23.39	+0,77	785		
	+0,77	53.22	1:51.67	Adriano Miguel Niz	+0,44	53.40	1:48.24
	+0,26	55.01	1:52.38	Jorge Manuel Maia	+0,34	52.87	1:51.10
2. Sporting		Sporting	7:26.28	+0,76	769		
	+0,76	54.39	1:51.29	Pedro Miguel Pinotes	+0,25	54.63	1:52.16
	+0,37	54.83	1:53.29	Ricardo Ferreira Cotovio	+0,37	53.42	1:49.54
3. Nautico/Matobra		Nautico/Matobra	7:26.48	+0,70	768		
	+0,70	52.72	1:49.65	Miguel Monteiro Diogo	+0,31	54.01	1:52.26
	+0,14	52.77	1:51.23	Joao Pedro Almeida	+0,30	53.19	1:53.34
4. Porto		Porto	7:39.02	+0,83	707		
	+0,83	55.79	1:53.38	Carlos Filipe Santos	+0,07	55.08	1:56.92
	+0,44	52.91	1:56.15	Joao Filipe Carvalho	+0,14	54.10	1:52.57
5. Braga		Braga	7:39.46	+0,81	705		
	+0,81	54.57	1:53.99	Nuno Vieira Malheiro	+0,28	56.66	1:56.75
	+0,32	54.80	1:53.80	Filipe Vieira Malheiro	+0,48	55.13	1:54.92
6. Gespacos		Gespacos	7:44.47	+0,83	683		
	+0,83	56.16	1:55.43	Paulo Andre Dias	+0,38	56.72	1:58.43
	+0,35	56.36	1:56.37	Hugo Alberto Ribeiro	+0,40	55.67	1:54.24
7. Vilacondense		Vilacondense	7:45.15	+0,88	680		
	+0,88	57.63	1:58.91	Fabio Manuel Pereira	+0,36	54.73	1:52.59
	+0,29	56.12	1:56.58	Henrique Pereira Neiva	+0,36	56.23	1:57.07
8. Amadora		Amadora	7:46.38	+0,67	674		
	+0,67	54.61	1:55.11	Pedro Fontoura Oliveira	+0,14	55.36	1:56.09
	+0,27	55.66	1:57.55	Mario Rui Cruz	+0,54	55.52	1:57.63
9. Uniao Piedense		Uniao Piedense	7:49.53	+0,84	661		
	+0,84	55.53	1:55.54	Diogo Miguel Silva	+0,39	58.87	2:02.90
	+0,36	56.07	1:57.03	Vasco Miguel Gaspar	+0,35	53.60	1:54.06
10. Academica de Coimbra		Academica de Coimbra	7:50.25	+0,69	658		
	+0,69	55.37	1:56.03	Gustavo Almeida Madureira	+0,44	55.24	1:57.14
	+0,42	56.47	1:57.69	Pedro Barros Mendes	+0,49	56.66	1:59.39
11. Naval do Funchal		Naval do Funchal	7:57.72	+0,68	627		
	+0,68	58.00	1:59.53	Joao Pedro Vieira	+0,42	59.07	2:02.77
	+0,25	59.49	2:03.47	Luis Marques Pinto	+0,32	54.14	1:51.95

O Juiz Arbitro

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Silves, 2- - 4-12-2011

Prova 30	Femin., 4 x 200m Livres					Absolutos
03-12-2011						Resultados
Rec. Nac. 25m Absoluto	8:14.13	Futebol Clube do Porto/Dolce Vita	FCP	Porto		05-12-2010
Rec. Nac. 25m Jun	8:29.70	Sporting Clube de Portugal	SCP	Leiria		05-12-2009
Rec. Nac. 25m Sen	8:14.13	Futebol Clube do Porto/Dolce Vita	FCP	Porto		05-12-2010

TAC Estaf - Fem Absoluto: 9:03.00

Pontos: FINA 2011

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts	
Absolutos							
1. Porto		Porto	8:24.43	+0,90	738		
	+0,90	1:00.90	2:07.56	Sara Beatriz Loureiro	+0,15	1:00.70	2:08.24
	+0,22	58.71	2:03.79	Alexandra Paiva Oliveira	+0,25	59.30	2:04.84
2. Sporting		Sporting	8:34.84	+0,83	694		
	+0,83	1:00.57	2:05.63	Leonor Mourinho Neves	+0,44	1:01.67	2:07.96
	+0,24	1:02.52	2:13.32	Raquel Paulo Ranito	+0,32	1:01.12	2:07.93
3. Vitoria de Guimaraes		Vitoria de Guimaraes	8:36.17	+0,93	689		
	+0,93	1:01.01	2:06.70	Daniela Filipa Pinto	+0,52	1:03.19	2:11.19
	+0,32	1:01.20	2:08.44	Amelia Pereira Fernandes	+0,37	1:01.59	2:09.84
4. Alges		Alges	8:40.46	+0,85	672		
	+0,85	1:02.57	2:09.02	Carolina Sanchez Rodrigues	+0,36	1:01.05	2:11.73
	+0,25	1:01.96	2:09.18	Francisca Gomes Azevedo		1:02.63	2:10.53
5. Nautico/Matobra		Nautico/Matobra	8:44.05	+0,93	658		
	+0,93	1:03.05	2:09.93	Gabriela Oliveira Andrade	+0,15	1:03.20	2:11.79
	+0,23	1:02.10	2:12.03	Maria Ines Ribeiro	+0,10	1:01.55	2:10.30
6. Amadora		Amadora	8:44.73	+1,07	656		
	+1,07	1:03.78	2:11.07	Jessica Teixeira Vieira	+0,16	1:00.49	2:09.85
	+0,53	1:03.02	2:11.36	Rute Margarida Marques	+0,33	1:03.39	2:12.45
7. Uniao Piedense		Uniao Piedense	8:47.23	+0,82	646		
	+0,82	1:04.32	2:12.91	Ana Marta Miranda	+0,33	1:02.19	2:08.39
	+0,41	1:02.18	2:11.67	Marta Alexandra Saraiva	+0,31	1:04.38	2:14.26
8. Foca		Foca	8:47.49	+0,93	645		
	+0,93	1:03.81	2:11.50	Ana Isabel Cunha	+0,32	1:04.50	2:14.93
	+0,50	1:04.69	2:15.76	Diana Margarida Duraes	+0,15	1:00.42	2:05.30
9. Vilacondense		Vilacondense	8:49.49	+0,87	638		
	+0,87	1:03.85	2:11.78	Claudia Sofia Monteiro	+0,48	1:02.54	2:13.03
	+0,40	1:02.74	2:10.56	Rita Amado Laezza	+0,40	1:03.68	2:14.12
10. Gespacos		Gespacos	8:51.49	+0,85	631		
	+0,85	1:05.66	2:12.93	Claudia Susana Teixeira	+0,21	1:06.95	2:20.87
	+0,43	1:01.84	2:09.07	Diana Patricia Ferreira	+0,34	1:02.99	2:08.62
11. Viana Natacao		Viana Natacao	8:53.14	+1,08	625		
	+1,08	1:05.82	2:16.11	Ana Filipa Teixeira	+0,45	1:03.94	2:18.69
	+0,68	1:02.80	2:12.13	Vania Soares Neves	+0,23	1:00.67	2:06.21
12. Belenenses		Belenenses	8:53.23	+0,77	625		
	+0,77	1:02.75	2:09.15	Luisa Pinto Abreu	+0,41	1:06.74	2:18.42
	+0,40	1:04.23	2:13.65	Anais Verguet Moniz	+0,32	1:04.56	2:12.01
13. Gesloures		Gesloures	8:53.50	+0,88	624		
	+0,88	1:05.40	2:16.20	Jessica Goncalves Sequeira	+0,22	1:04.19	2:17.42
	+0,31	1:02.69	2:10.71	Paula Cristina Yang	+0,26	1:01.51	2:09.17
14. Nautico da Marinha Grande		Nautico da Marinha Grande	8:55.72	+0,90	616		
	+0,90	1:06.98	2:19.25	Filipa Vilas Ruivo	+0,47	1:02.17	2:08.00
	+0,41	1:05.25	2:16.85	Ana Monica Eloi	+0,61	1:02.98	2:11.62

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Silves, 2- - 4-12-2011

Prova 30, Femin., 4 x 200m Livres, Absolutos

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts	
15. Naval Amorense		Naval Amorense	9:02.11	+0,84	594		
Carolina Madeira Santos	+0,84	1:06.29	2:16.06	Tania Filipa Henriques	+0,49	1:05.65	2:17.43
Patricia Miguel Mendes	+0,38	1:04.67	2:15.29	Sofia Prates Silvestre	+0,37	1:03.54	2:13.33

5 - 3ª Jornada, 1ª Sessão (Eliminatórias)

04-12-2011 - 9:00

Prova 31
04-12-2011

Femin., 800m Livres

Absolutos
Resultados

Rec. Nac. 25m Absoluto	8:45.91	Marta Andreia Ferreira	FPN	Riesa (GER)	13-12-2002
Rec. Nac. 25m Jun	8:46.74	Ana Claudia Santos	SFUAP	Cantanhede	19-12-2004
Rec. Nac. 25m Sen	8:45.91	Marta Andreia Ferreira	FPN	Riesa (GER)	13-12-2002

TAC - Fem Sen: 9:32.00; Jun1: 9:43.44; Jun2: 9:32.00

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Absolutos								
1.	Angelica Maria Andre	94	15497	Leixoes	8:50.62	+0,80	761	
	50m: 29.90	29.90	250m: 2:40.83	33.26	450m: 4:54.64	33.20	650m: 7:09.40	33.95
	100m: 1:01.98	32.08	300m: 3:14.44	33.61	500m: 5:27.99	33.35	700m: 7:43.93	34.53
	150m: 1:34.57	32.59	350m: 3:47.97	33.53	550m: 6:01.64	33.65	750m: 8:17.96	34.03
	200m: 2:07.57	33.00	400m: 4:21.44	33.47	600m: 6:35.45	33.81	800m: 8:50.62	32.66
2.	Diana Margarida Duraes	96	102992	Foca	8:53.55	+0,78	748	
	50m: 30.27	30.27	250m: 2:43.03	33.40	450m: 4:56.98	33.46	650m: 7:12.63	34.07
	100m: 1:03.02	32.75	300m: 3:16.68	33.65	500m: 5:30.66	33.68	700m: 7:46.46	33.83
	150m: 1:36.26	33.24	350m: 3:50.01	33.33	550m: 6:04.67	34.01	750m: 8:20.27	33.81
	200m: 2:09.63	33.37	400m: 4:23.52	33.51	600m: 6:38.56	33.89	800m: 8:53.55	33.28
3.	Joana Filipa Santos	93	24081	Vitoria de Guimaraes	8:55.23	+0,89	741	
	50m: 30.12	30.12	250m: 2:44.11	33.78	450m: 5:00.55	34.16	650m: 7:16.63	34.04
	100m: 1:03.07	32.95	300m: 3:18.10	33.99	500m: 5:34.63	34.08	700m: 7:50.71	34.08
	150m: 1:36.69	33.62	350m: 3:52.13	34.03	550m: 6:08.59	33.96	750m: 8:24.38	33.67
	200m: 2:10.33	33.64	400m: 4:26.39	34.26	600m: 6:42.59	34.00	800m: 8:55.23	30.85
4.	Joana Aguiar Rodrigues	93	15401	Porto	8:55.79	+0,95	739	
	50m: 30.54	30.54	250m: 2:46.17	34.09	450m: 5:00.44	33.28	650m: 7:16.60	34.49
	100m: 1:03.74	33.20	300m: 3:20.19	34.02	500m: 5:34.16	33.72	700m: 7:50.56	33.96
	150m: 1:38.15	34.41	350m: 3:53.91	33.72	550m: 6:07.82	33.66	750m: 8:24.36	33.80
	200m: 2:12.08	33.93	400m: 4:27.16	33.25	600m: 6:42.11	34.29	800m: 8:55.79	31.43
5.	Filipa Vilas Ruivo	97	103568	Nautico da Marinha Grande	9:03.22	+0,89	709	
	50m: 30.46	30.46	250m: 2:45.92	34.16	450m: 5:04.23	34.74	650m: 7:22.27	34.22
	100m: 1:03.51	33.05	300m: 3:20.39	34.47	500m: 5:38.99	34.76	700m: 7:56.17	33.90
	150m: 1:37.58	34.07	350m: 3:54.91	34.52	550m: 6:13.50	34.51	750m: 8:30.02	33.85
	200m: 2:11.76	34.18	400m: 4:29.49	34.58	600m: 6:48.05	34.55	800m: 9:03.22	33.20
6.	Andreia Catarina Gomes	94	103701	Vitoria de Guimaraes	9:06.98	+0,98	695	
	50m: 30.86	30.86	250m: 2:46.21	34.31	450m: 5:02.93	34.28	650m: 7:22.57	34.83
	100m: 1:03.99	33.13	300m: 3:20.36	34.15	500m: 5:37.82	34.89	700m: 7:57.83	35.26
	150m: 1:37.97	33.98	350m: 3:54.30	33.94	550m: 6:12.57	34.75	750m: 8:32.80	34.97
	200m: 2:11.90	33.93	400m: 4:28.65	34.35	600m: 6:47.74	35.17	800m: 9:06.98	34.18
7.	Vania Soares Neves	90	12380	Viana Natacao	9:07.60	+0,90	692	
	50m: 31.53	31.53	250m: 2:49.36	34.87	450m: 5:08.77	34.31	650m: 7:27.01	34.81
	100m: 1:05.53	34.00	300m: 3:24.38	35.02	500m: 5:42.85	34.08	700m: 8:01.59	34.58
	150m: 1:40.08	34.55	350m: 3:59.39	35.01	550m: 6:17.46	34.61	750m: 8:35.28	33.69
	200m: 2:14.49	34.41	400m: 4:34.46	35.07	600m: 6:52.20	34.74	800m: 9:07.60	32.32

O Juiz Arbitro

O Secretariado

Splash Meet Manager 11, Build 17983

Registered to Federacao Portuguesa De Natacao

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Silves, 2 - 4-12-2011

Prova 31, Femin., 800m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
8.	Maria Luis Amorim	95	102029	Porto	9:09.92	+1,04	684	
	50m: 31.38	31.38	250m: 2:49.35	34.96	450m: 5:08.64	34.06	650m: 7:27.25	34.88
	100m: 1:05.35	33.97	300m: 3:24.37	35.02	500m: 5:42.80	34.16	700m: 8:02.13	34.88
	150m: 1:39.81	34.46	350m: 3:59.43	35.06	550m: 6:17.46	34.66	750m: 8:36.24	34.11
	200m: 2:14.39	34.58	400m: 4:34.58	35.15	600m: 6:52.37	34.91	800m: 9:09.92	33.68
9.	Ines Alexandra Paiva	96	100378	Alges	9:10.09	+0,94	683	
	50m: 31.42	31.42	250m: 2:48.16	34.41	450m: 5:07.92	35.00	650m: 7:27.32	34.82
	100m: 1:05.14	33.72	300m: 3:22.95	34.79	500m: 5:42.80	34.88	700m: 8:02.08	34.76
	150m: 1:39.30	34.16	350m: 3:57.85	34.90	550m: 6:17.66	34.86	750m: 8:36.47	34.39
	200m: 2:13.75	34.45	400m: 4:32.92	35.07	600m: 6:52.50	34.84	800m: 9:10.09	33.62
10.	Ana Goncalves Neto	95	101958	Porto	9:12.09	+1,70	675	
	50m: 30.67	30.67	250m: 2:47.21	34.58	450m: 5:07.88	34.80	650m: 7:28.43	35.28
	100m: 1:03.81	33.14	300m: 3:22.37	35.16	500m: 5:43.05	35.17	700m: 8:03.16	34.73
	150m: 1:37.97	34.16	350m: 3:57.66	35.29	550m: 6:18.32	35.27	750m: 8:37.87	34.71
	200m: 2:12.63	34.66	400m: 4:33.08	35.42	600m: 6:53.15	34.83	800m: 9:12.09	34.22
11.	Maria Teresa Amorim	97	20104	Porto	9:12.28	+1,01	675	
	50m: 31.61	31.61	250m: 2:49.57	34.69	450m: 5:09.97	34.93	650m: 7:29.58	34.97
	100m: 1:05.61	34.00	300m: 3:24.79	35.22	500m: 5:44.61	34.64	700m: 8:04.31	34.73
	150m: 1:40.25	34.64	350m: 3:59.94	35.15	550m: 6:19.59	34.98	750m: 8:39.27	34.96
	200m: 2:14.88	34.63	400m: 4:35.04	35.10	600m: 6:54.61	35.02	800m: 9:12.28	33.01
12.	Barbara Marques Rodrigues	97	107039	Alges	9:12.52	+0,85	674	
	50m: 31.41	31.41	250m: 2:51.30	34.99	450m: 5:11.42	34.88	650m: 7:30.28	34.43
	100m: 1:06.05	34.64	300m: 3:26.47	35.17	500m: 5:46.41	34.99	700m: 8:04.77	34.49
	150m: 1:41.04	34.99	350m: 4:01.53	35.06	550m: 6:21.28	34.87	750m: 8:39.40	34.63
	200m: 2:16.31	35.27	400m: 4:36.54	35.01	600m: 6:55.85	34.57	800m: 9:12.52	33.12
13.	Leonor Mourinho Neves	95	105646	Sporting	9:14.14	+0,88	668	
	50m: 30.93	30.93	250m: 2:48.49	34.97	450m: 5:09.24	35.07	650m: 7:29.36	35.01
	100m: 1:04.68	33.75	300m: 3:23.60	35.11	500m: 5:44.27	35.03	700m: 8:04.65	35.29
	150m: 1:38.74	34.06	350m: 3:58.87	35.27	550m: 6:19.04	34.77	750m: 8:39.83	35.18
	200m: 2:13.52	34.78	400m: 4:34.17	35.30	600m: 6:54.35	35.31	800m: 9:14.14	34.31
14.	Ana Monica Eloi	96	107038	Nautico da Marinha Grande	9:18.93	+0,91	651	
	50m: 31.49	31.49	250m: 2:52.41	35.61	450m: 5:13.04	35.09	650m: 7:34.81	35.41
	100m: 1:06.22	34.73	300m: 3:27.79	35.38	500m: 5:48.24	35.20	700m: 8:10.03	35.22
	150m: 1:41.54	35.32	350m: 4:02.76	34.97	550m: 6:23.85	35.61	750m: 8:44.72	34.69
	200m: 2:16.80	35.26	400m: 4:37.95	35.19	600m: 6:59.40	35.55	800m: 9:18.93	34.21
15.	Daniela Filipa Pinto	91	20610	Vitoria de Guimaraes	9:19.48	+0,93	649	
	50m: 32.13	32.13	250m: 2:51.86	35.27	450m: 5:12.58	35.06	650m: 7:33.49	35.44
	100m: 1:06.49	34.36	300m: 3:26.88	35.02	500m: 5:47.62	35.04	700m: 8:09.04	35.55
	150m: 1:41.44	34.95	350m: 4:02.22	35.34	550m: 6:22.84	35.22	750m: 8:44.69	35.65
	200m: 2:16.59	35.15	400m: 4:37.52	35.30	600m: 6:58.05	35.21	800m: 9:19.48	34.79
16.	Helena Paula Carvalho	95	107307	Uniao Piedense	9:21.50	+0,80	642	
	50m: 31.90	31.90	250m: 2:52.30	35.25	450m: 5:15.02	35.97	650m: 7:37.35	35.79
	100m: 1:06.59	34.69	300m: 3:27.69	35.39	500m: 5:50.10	35.08	700m: 8:12.80	35.45
	150m: 1:41.75	35.16	350m: 4:03.45	35.76	550m: 6:25.94	35.84	750m: 8:47.99	35.19
	200m: 2:17.05	35.30	400m: 4:39.05	35.60	600m: 7:01.56	35.62	800m: 9:21.50	33.51
17.	Ana Filipa Martins	97	104438	Foca	9:21.85	+0,97	641	
	50m: 31.72	31.72	250m: 2:51.55	35.04	450m: 5:12.75	35.24	650m: 7:35.96	35.77
	100m: 1:06.03	34.31	300m: 3:26.79	35.24	500m: 5:48.44	35.69	700m: 8:11.78	35.82
	150m: 1:41.20	35.17	350m: 4:02.20	35.41	550m: 6:24.36	35.92	750m: 8:47.03	35.25
	200m: 2:16.51	35.31	400m: 4:37.51	35.31	600m: 7:00.19	35.83	800m: 9:21.85	34.82
18.	Raquel Paulo Ranito	94	25504	Sporting	9:23.45	+0,80	635	
	50m: 31.35	31.35	250m: 2:52.26	35.38	450m: 5:14.55	35.38	650m: 7:37.69	35.62
	100m: 1:05.79	34.44	300m: 3:27.93	35.67	500m: 5:50.23	35.68	700m: 8:13.10	35.41
	150m: 1:41.31	35.52	350m: 4:03.69	35.76	550m: 6:26.24	36.01	750m: 8:48.77	35.67
	200m: 2:16.88	35.57	400m: 4:39.17	35.48	600m: 7:02.07	35.83	800m: 9:23.45	34.68

O Juiz Arbitro

O Secretariado

Splash Meet Manager 11, Build 17983

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Silves, 2 - 4-12-2011

Prova 31, Femin., 800m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
19.	Joana Filipa Capela	89	12794	Benfica	9:24.93	+0,85	630	
	50m: 32.46	32.46	250m: 2:52.69	35.40	450m: 5:14.47	35.27	650m: 7:38.14	35.97
	100m: 1:06.92	34.46	300m: 3:28.26	35.57	500m: 5:50.17	35.70	700m: 8:14.67	36.53
	150m: 1:41.86	34.94	350m: 4:03.84	35.58	550m: 6:26.16	35.99	750m: 8:51.16	36.49
	200m: 2:17.29	35.43	400m: 4:39.20	35.36	600m: 7:02.17	36.01	800m: 9:24.93	33.77
20.	Catia Andreia Clara	95	101886	Nautico da Marinha Grande	9:33.13	+0,90	604	
	<i>FTL</i>							
	50m: 32.31	32.31	250m: 2:54.27	35.84	450m: 5:19.38	36.37	650m: 7:44.81	36.21
	100m: 1:07.20	34.89	300m: 3:30.41	36.14	500m: 5:55.78	36.40	700m: 8:21.14	36.33
	150m: 1:42.61	35.41	350m: 4:06.54	36.13	550m: 6:32.34	36.56	750m: 8:57.47	36.33
	200m: 2:18.43	35.82	400m: 4:43.01	36.47	600m: 7:08.60	36.26	800m: 9:33.13	35.66
21.	Julia Matos Lopes	94	12490	Scalabisport	9:33.21	+0,93	603	
	<i>FTL</i>							
	50m: 33.50	33.50	250m: 2:57.30	35.98	450m: 5:22.03	36.05	650m: 7:46.61	36.19
	100m: 1:09.19	35.69	300m: 3:33.43	36.13	500m: 5:58.16	36.13	700m: 8:22.49	35.88
	150m: 1:45.26	36.07	350m: 4:09.64	36.21	550m: 6:34.26	36.10	750m: 8:58.59	36.10
	200m: 2:21.32	36.06	400m: 4:45.98	36.34	600m: 7:10.42	36.16	800m: 9:33.21	34.62
22.	Cassandra Pedro Oliveira	95	111071	Vilacondense	9:33.54	+0,91	602	
	<i>FTL</i>							
	50m: 32.67	32.67	250m: 2:54.88	35.94	450m: 5:20.57	36.44	650m: 7:46.77	36.43
	100m: 1:07.60	34.93	300m: 3:30.84	35.96	500m: 5:57.29	36.72	700m: 8:23.41	36.64
	150m: 1:43.09	35.49	350m: 4:07.45	36.61	550m: 6:33.94	36.65	750m: 8:59.37	35.96
	200m: 2:18.94	35.85	400m: 4:44.13	36.68	600m: 7:10.34	36.40	800m: 9:33.54	34.17
23.	Marta Alexandra Saraiva	93	14641	Uniao Piedense	9:35.48	+0,97	596	
	<i>FTL</i>							
	50m: 32.86	32.86	250m: 2:55.54	36.05	450m: 5:20.54	36.37	650m: 7:47.09	36.70
	100m: 1:08.03	35.17	300m: 3:31.59	36.05	500m: 5:57.27	36.73	700m: 8:23.52	36.43
	150m: 1:43.66	35.63	350m: 4:07.63	36.04	550m: 6:33.97	36.70	750m: 9:00.16	36.64
	200m: 2:19.49	35.83	400m: 4:44.17	36.54	600m: 7:10.39	36.42	800m: 9:35.48	35.32
24.	Adriana Daniela Castro	97	104515	Porto	9:47.05		562	
	<i>FTL</i>							
	50m: 32.82	32.82	250m: 3:01.13	36.88	450m: 5:30.28	37.19	650m: 7:59.03	37.16
	100m: 1:08.99	36.17	300m: 3:38.48	37.35	500m: 6:07.40	37.12	700m: 8:35.72	36.69
	150m: 1:46.55	37.56	350m: 4:15.80	37.32	550m: 6:44.43	37.03	750m: 9:12.24	36.52
	200m: 2:24.25	37.70	400m: 4:53.09	37.29	600m: 7:21.87	37.44	800m: 9:47.05	34.81
25.	Cecilia Branco Almeida	97	105386	Gesloures	9:49.48	+0,92	555	
	<i>FTL</i>							
	50m: 34.09	34.09	250m: 3:01.67	37.15	450m: 5:30.27	37.11	650m: 7:59.67	37.47
	100m: 1:10.28	36.19	300m: 3:38.66	36.99	500m: 6:07.58	37.31	700m: 8:36.95	37.28
	150m: 1:47.35	37.07	350m: 4:15.67	37.01	550m: 6:44.91	37.33	750m: 9:14.05	37.10
	200m: 2:24.52	37.17	400m: 4:53.16	37.49	600m: 7:22.20	37.29	800m: 9:49.48	35.43
26.	Daniela Figueiredo Metelo	97	26780	Nautico/Matobra	10:03.61	+0,83	517	
	<i>FTL</i>							
	50m: 33.15	33.15	250m: 3:01.64	37.68	450m: 5:32.68	37.90	650m: 8:09.07	38.73
	100m: 1:09.43	36.28	300m: 3:39.16	37.52	500m: 6:11.62	38.94	700m: 8:48.20	39.13
	150m: 1:46.94	37.51	350m: 4:17.10	37.94	550m: 6:51.17	39.55	750m: 9:26.30	38.10
	200m: 2:23.96	37.02	400m: 4:54.78	37.68	600m: 7:30.34	39.17	800m: 10:03.61	37.31
DNS	Ana Catarina Monteiro	93	24320	Vilacondense				

Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 32 Masc., 50m Mariposa Absolutos
04-12-2011 Resultados Elimin

Rec. Nac. 25m Absoluto	23.63	Diogo Filipe Carvalho	FPN	Istambul (TUR)	13-12-2009
Rec. Nac. 25m Jun	24.83	Miguel Silva Oliveira	CNAC	Coimbra	09-05-2009
Rec. Nac. 25m Sen	23.63	Diogo Filipe Carvalho	FPN	Istambul (TUR)	13-12-2009

TAC - Masc Sen: 26.70; Jun2: 26.70; Jun1: 26.70

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Absolutos								
1.	Joao Silva Gigante	88	14783	Amadora	25.24	+0,67	644	A
2.	Carlos Filipe Santos	91	15694	Porto	25.25	+0,92	643	A
3.	Nuno Goncalo Quintanilha	87	12902	Colegio Vasco da Gama	25.30	+0,74	639	A
4.	Ricardo Pereira Lopes	90	14831	Amadora	25.42	+0,65	630	A
5.	Simao Pedro Alves	94	102500	Famalicao	25.48	+0,70	626	A
6.	Fabio Manuel Pereira	86	23049	Vilacondense	25.59	+0,74	618	A
7.	Paulo Jorge Santos	89	25982	Porto	25.70	+0,70	610	A
8.	Carlos Lopes Pedrosa	94	102149	Naval de Ponta Delgada	25.76	+0,82	606	A
9.	Joao Pedro Araujo	85	15849	Famalicao	25.78	+0,67	604	B
10.	Miguel Silva Oliveira	91	10822	Nautico/Matobra	25.80	+0,80	603	B
11.	Mario Alexandre Pereira	92	10767	Nautico/Matobra	25.85	+0,69	599	B
12.	Daniel Aparicio Pereira	83	24394	Braga	26.06	+0,78	585	B
13.	Andre Neves Oliveira	91	14834	Benfica	26.22	+0,70	574	B
14.	Emanuel Augusto Pinho	93	14295	Feirense	26.67	+0,72	546	B
15.	Andre Filipe Mendes	92	100307	Nautico de Abrantes	26.70	+0,73	544	B
	Ricardo Verissimo Sousa	93	25548	Colegio Vasco da Gama	26.70	+0,78	544	B
17.	Antonio Santa Rita	93	13861	Portinado	26.83	+0,67	536	R
	<i>FTL</i>							
18.	Antonio Fraga Fragoso	95	14324	Bombeiros de Ponta Delgada	26.85	+0,76	535	R
	<i>FTL</i>							
19.	Joao Filipe Lucas	94	26879	Academica de Coimbra	26.93	+0,74	530	
	<i>FTL</i>							
20.	Rui Filipe Maia	93	24204	Vilacondense	26.94	+0,78	529	
	<i>FTL</i>							
21.	Fernando Jorge Rosado	88	12553	Lisnave	26.95	+0,80	529	
	<i>FTL</i>							
	Joao Filipe Barreiros	91	13967	Uniao Piedense	26.95	+0,81	529	
	<i>FTL</i>							
23.	Nuno Costa Caires	94	26042	Naval do Funchal	26.96	+0,66	528	
	<i>FTL</i>							
24.	Nuno Cruz Oliveira	90	12871	Braga	26.98	+0,80	527	
	<i>FTL</i>							
25.	Miguel Goncalves Ferreira	93	11223	Nacional	27.00	+0,89	526	
	<i>FTL</i>							
26.	Nuno Miguel Rola	83	11949	Amadora	27.05	+0,76	523	
	<i>FTL</i>							
27.	Miguel Cordeiro Saraiva	93	11111	Belenenses	27.13	+0,82	518	
	<i>FTL</i>							
28.	Bruno Miguel Alves	91	105381	Desportiva Limiana	27.25	+0,76	512	
	<i>FTL</i>							
29.	Jose Manuel Dias	94	14532	Uniao Piedense	27.61	+0,80	492	
	<i>FTL</i>							

O Juiz Arbitro

O Secretariado

Splash Meet Manager 11, Build 17983

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Silves, 2 - 4-12-2011

Prova 32, Masc., 50m Mariposa, Elimin, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
30.	Gustavo Almeida Madureira FTL	94	10857	Academica de Coimbra	27.65	+0,67	490	
31.	Filipe Oliveira Raposo FTL	94	120527	Lisnave	27.72	+0,87	486	
32.	Frederico Manuel Moeda FTL	95	117080	Estrelas S. Joao de Brito	27.85	+0,83	479	

Prova 33
04-12-2011

Femin., 50m Mariposa

Absolutos
Resultados Elimin

Rec. Nac. 25m Absoluto	26.78	Sara Freitas Oliveira	FCP	Dubai (UAE)	16-12-2010
Rec. Nac. 25m Jun	27.57	Filipa Vilas Tiago	SCP	Leiria	06-12-2009
Rec. Nac. 25m Sen	26.78	Sara Freitas Oliveira	FCP	Dubai (UAE)	16-12-2010

TAC - Fem Sen: 30.80; Jun1: 30.80; Jun2: 30.80

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Absolutos								
1.	Filipa Ferreira Silva	85	12219	Amadora	28.82	+1,09	605	A
2.	Catarina Tiago Nunes	95	100949	Uniao Piedense	28.83	+0,83	604	A
3.	Diana Patricia Ferreira	94	23500	Gespacos	29.27	+0,83	577	A
4.	Ana Catarina Monteiro	93	24320	Vilacondense	29.52	+0,76	563	A
5.	Sara Francisco Cruz	93	10732	BA/Mr.Pizza	29.56	+0,88	561	A
6.	Carlota Freitas Olim	93	10949	Naval do Funchal	29.65	+0,76	555	A
7.	Claudia Sofia Monteiro	92	15882	Vilacondense	29.78	+0,85	548	A
8.	Jessica Teixeira Vieira	91	104235	Amadora	29.93	+0,76	540	A
9.	Raquel Maurile Taveira	95	105392	Alges	29.94	+0,75	539	B
10.	Filipa Mendes Pinheiro	92	11056	Desportiva de Viana	29.99	+0,74	537	B
11.	Claudia Marques Moreno	91	24213	Porto	30.03	+0,89	535	B
12.	Susana Clara Gomes	77	119272	Naval do Funchal	30.08	+0,82	532	B
13.	Teresa Manuela Aires	96	105004	Sporting de Espinho	30.09	+0,81	531	B
14.	Ana Beatriz Pereira	91	20591	Colegio Vasco da Gama	30.10	+0,73	531	B
15.	Ana Marta Miranda	96	100377	Uniao Piedense	30.28	+0,89	521	B
16.	Mariana Sousa Martins	95	103743	Feirense	30.33	+0,79	519	?
	Mariana Oliveira Damaso	93	25889	Naval de Ponta Delgada	30.33	+0,79	519	?
18.	Ana Margarida Rodrigues	96	103868	Galitos	30.35	+0,82	518	R
19.	Carolina Cunha Martins	95	10881	Nautico/Matobra	30.37	+0,93	517	
20.	Marta Filipa Vinagre	95	24660	Scalabisport	30.62	+0,85	504	
21.	Lisa Marisa Soares	95	25381	Amadora	30.71	+0,84	500	
22.	Sofia Oliveira Pinto	94	12766	Benfica	30.76	+0,70	497	
23.	Sofia Isabel Teixeira FTL	95	26764	Beja	30.97	+0,90	487	
24.	Sara Monteiro Meireles FTL	97	103921	Gespacos	31.07	+0,86	483	
	Ana Filipa Carmo FTL	93	15746	Colegio Vasco da Gama	31.07	+0,91	483	
26.	Joana Carolina Oliveira FTL	93	13131	Gesloures	31.10	+0,76	481	

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Silves, 2- - 4-12-2011

Prova 33, Femin., 50m Mariposa, Elimin, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
27.	Ines Filipa Borges FTL	95	26305	Alcobaca	31.23	+0,83	475	
28.	Isabel Alves Lopes FTL	92	12867	Colegio Vasco da Gama	31.26	+0,82	474	
29.	Claudia Almeida Costa FTL	95	14919	Aminata	31.34	+0,78	470	
30.	Ana Beatriz Azevedo FTL	95	105195	Gesloures	31.44	+0,85	466	
31.	Soraya Dea Matias FTL	95	105872	Torres Novas	31.62	+0,81	458	
32.	Tania Alexandra Lopes FTL	92	23014	Benfica	31.67	+1,18	456	
33.	Luisa Pinto Abreu FTL	94	26326	Belenenses	31.75	+0,78	452	
34.	Diana Carolina Catita FTL	92	10698	Uniao Piedense	32.06	+0,82	439	

Prova 34
04-12-2011

Masc., 200m Costas

Absolutos
Resultados Elimin

Rec. Nac. 25m Absoluto	1:55.92	Adriano Miguel Niz	FPN	Istambul (TUR)	10-12-2009
Rec. Nac. 25m Jun	1:58.37	Adriano Miguel Niz	CFV	Figueira da Foz	03-07-2004
Rec. Nac. 25m Sen	1:55.92	Adriano Miguel Niz	FPN	Istambul (TUR)	10-12-2009

TAC - Masc Sen: 2:12.00; Jun2: 2:12.00; Jun1: 2:15.30

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Absolutos								
1.	Adriano Miguel Niz 50m: 29.02 29.02	86	23013	Famalicao	2:04.99 100m: 1:01.82 32.80 150m: 1:34.56 32.74	+0,65	611 A	200m: 2:04.99 30.43
2.	Edgar Oliveira Ribeiro 50m: 29.14 29.14	93	13277	Braga	2:05.56 100m: 1:01.83 32.69 150m: 1:34.40 32.57	+0,64	603 A	200m: 2:05.56 31.16
3.	Miguel Duarte Nascimento 50m: 29.39 29.39	95	14944	Portinado	2:05.99 100m: 1:01.50 32.11 150m: 1:34.26 32.76	+0,66	597 A	200m: 2:05.99 31.73
4.	Rodrigo Pereira Lopes 50m: 29.42 29.42	95	26077	Amadora	2:06.54 100m: 1:00.64 31.22 150m: 1:32.79 32.15	+0,63	589 A	200m: 2:06.54 33.75
5.	Pedro Fontoura Oliveira 50m: 29.34 29.34	90	14688	Amadora	2:06.67 100m: 1:01.68 32.34 150m: 1:34.71 33.03	+0,65	587 A	200m: 2:06.67 31.96
6.	Andre Duarte Vaz 50m: 30.65 30.65	93	10768	Nautico/Matobra	2:07.15 100m: 1:02.50 31.85 150m: 1:34.85 32.35	+0,76	581 A	200m: 2:07.15 32.30
7.	Samuel Patricio Queiros 50m: 30.08 30.08	91	15701	Porto	2:07.75 100m: 1:02.70 32.62 150m: 1:35.32 32.62	+0,70	573 A	200m: 2:07.75 32.43
8.	Andre Bras Goncalves 50m: 30.08 30.08	88	14767	Amadora	2:07.77 100m: 1:02.73 32.65 150m: 1:35.33 32.60	+0,75	572 A	200m: 2:07.77 32.44
9.	Goncalo Filipe Gregorio 50m: 30.18 30.18	93	10644	Uniao Piedense	2:08.13 100m: 1:02.87 32.69 150m: 1:36.22 33.35	+0,58	567 B	200m: 2:08.13 31.91
10.	Renato Filipe Nascimento 50m: 29.79 29.79	94	26386	Louletano/Loule Concelho	2:08.18 100m: 1:01.41 31.62 150m: 1:34.80 33.39	+0,66	567 B	200m: 2:08.18 33.38

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 34, Masc., 200m Costas, Elimin, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
11.	Antonio Rafael Bessa 50m: 30.34 30.34	94	102089	Gespacos	2:08.60 32.76	+0,56	561 B	32.78
12.	Jose Alberto Martins 50m: 30.18 30.18	94	23096	Vitoria de Guimaraes	2:09.15 33.12	+0,62	554 B	33.81
13.	Jose Joao Bica 50m: 30.48 30.48	87	12879	Colegio Vasco da Gama	2:09.51 32.55	+0,65	549 B	33.33
14.	Pedro Lobato Rijo 50m: 29.67 29.67	91	13025	Gesloures	2:09.80 33.79	+0,72	546 B	34.08
15.	David Miguel Leiria 50m: 30.40 30.40	93	14530	Naval Amorense	2:09.85 33.62	+0,63	545 B	33.28
16.	Joao Pedro Braga 50m: 30.24 30.24	94	25892	Naval de Ponta Delgada	2:09.94 33.66	+0,75	544 B	33.28
17.	Joao Filipe Fernandes 50m: 30.49 30.49	93	15222	Famalicao	2:10.10 33.61	+0,63	542 R	32.73
18.	Nuno Rafael Alves 50m: 30.55 30.55	90	25140	Gespacos	2:10.16 33.54	+0,70	541 R	33.30
19.	Tiago Barros Ferreira 50m: 30.49 30.49	94	16003	Alges	2:10.49 33.58	+0,68	537	33.50
20.	Renato Mendes Pinheiro 50m: 29.87 29.87	94	16071	Desportiva de Viana	2:10.54 33.99	+0,62	537	33.49
21.	Miguel Antonio Silva 50m: 30.39 30.39	94	24570	Braga	2:11.23 33.99	+0,74	528	33.46
22.	Filipe Maria Ferreira 50m: 30.60 30.60	95	14900	Natacao Olhao	2:11.29 33.20	+0,61	527	33.81
23.	Miguel Angelo Pinto FTL 50m: 30.71 30.71	94	103606	Colegio Vasco da Gama	2:12.26 34.50	+0,83	516	33.92
24.	Joao Pedro Neto 50m: 30.78 30.78	95	26959	Naval Setubalense	2:13.25 34.64	+0,69	504	33.69
25.	Andre Isaias Guimaraes 50m: 30.87 30.87	95	102612	Famalicao	2:14.65 35.00	+0,64	489	35.31
26.	Diogo Maia e Silva FTL 50m: 31.14 31.14	93	10266	Pimpoes/Cimai	2:14.74 34.66	+0,63	488	35.30
27.	Afonso Lopes dos Santos 50m: 30.96 30.96	95	14773	Pimpoes/Cimai	2:14.83 34.95	+0,60	487	34.75
28.	Joao Pedro Santos 50m: 30.85 30.85	95	105859	Estarreja	2:15.14 35.08	+0,72	484	35.00
29.	Mario Rui Cruz FTL 50m: 30.84 30.84	94	101128	Amadora	2:15.22 35.15	+0,70	483	35.55
30.	Diogo Carmo Ramos FTL 50m: 30.57 30.57	93	15317	Vilacondense	2:15.82 35.24	+0,73	476	36.29
31.	Guilherme Pedro Coelho FTL 50m: 31.41 31.41	95	101118	Nautico/Matobra	2:15.88 34.87	+0,66	476	35.40

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 34, Masc., 200m Costas, Elimin, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
32.	Miguel Maria Rosado <i>FTL</i>	95	100178	Aminata	2:17.40	+0,64	460	
	50m: 30.60 30.60			100m: 1:05.18 34.58	150m: 1:41.31 36.13	200m: 2:17.40 36.09		
33.	Frederico Manuel Moeda <i>FTL</i>	95	117080	Estrelas S. Joao de Brito	2:19.44	+0,74	440	
	50m: 33.04 33.04			100m: 1:07.59 34.55	150m: 1:43.18 35.59	200m: 2:19.44 36.26		

Prova 35
04-12-2011

Femin., 200m Costas

Absolutos
Resultados Elimin

Rec. Nac. 25m Absoluto	2:12.00	Ana Antas Barros	SAD	Algés	14-05-1993
Rec. Nac. 25m Jun	2:12.80	Petra Quintela Chaves	SAD	Algés	31-05-1994
Rec. Nac. 25m Sen	2:12.00	Ana Antas Barros	SAD	Algés	14-05-1993

TAC - Fem Sen: 2:28.00; Jun1: 2:30.96; Jun2: 2:28.00

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Absolutos								
1.	Catia Raquel Martinheira	95	25940	Louletano/Loule Concelho	2:18.92	+0,56	647	A
	50m: 32.03 32.03			100m: 1:07.24 35.21	150m: 1:43.10 35.86	200m: 2:18.92 35.82		
2.	Francisca Gomes Azevedo	97	100356	Alges	2:19.66	+0,74	637	A
	50m: 32.81 32.81			100m: 1:08.12 35.31	150m: 1:43.98 35.86	200m: 2:19.66 35.68		
3.	Marta Pereira Abreu	92	23091	Porto	2:20.13	+0,70	630	A
	50m: 32.58 32.58			100m: 1:07.60 35.02	150m: 1:43.89 36.29	200m: 2:20.13 36.24		
4.	Mafalda Gomes Beleza	94	26890	Sporting	2:20.96	+0,81	619	A
	50m: 32.83 32.83			100m: 1:08.12 35.29	150m: 1:44.29 36.17	200m: 2:20.96 36.67		
5.	Victoria Kaminskaya	95	102313	Pimpoes/Cimai	2:22.65	+0,67	597	A
	50m: 33.07 33.07			100m: 1:08.40 35.33	150m: 1:45.33 36.93	200m: 2:22.65 37.32		
6.	Patricia Isabel Oliveira	94	15970	Leixoes	2:22.86	+0,68	595	A
	50m: 33.04 33.04			100m: 1:08.85 35.81	150m: 1:46.43 37.58	200m: 2:22.86 36.43		
7.	Paula Cristina Yang	95	100229	Gesloures	2:23.04	+0,76	593	A
	50m: 33.06 33.06			100m: 1:09.01 35.95	150m: 1:45.85 36.84	200m: 2:23.04 37.19		
8.	Adriana Correia Lopes	95	24491	Nautico/Matobra	2:23.55	+0,72	586	A
	50m: 33.03 33.03			100m: 1:09.24 36.21	150m: 1:46.51 37.27	200m: 2:23.55 37.04		
9.	Ana Sofia Leite	93	24784	Ginasio de Vila Real	2:23.93	+0,84	582	B
	50m: 33.04 33.04			100m: 1:09.74 36.70	150m: 1:47.01 37.27	200m: 2:23.93 36.92		
10.	Rute Rocha Ines	97	104789	Louletano/Loule Concelho	2:24.40	+0,72	576	B
	50m: 33.31 33.31			100m: 1:09.49 36.18	150m: 1:47.06 37.57	200m: 2:24.40 37.34		
11.	Fabiana Maria Quintal	84	10396	Nacional	2:24.48	+0,72	575	B
	50m: 34.19 34.19			100m: 1:10.33 36.14	150m: 1:47.06 36.73	200m: 2:24.48 37.42		
12.	Andreia Filipa Anjos	92	10739	BA/Mr.Pizza	2:25.43	+0,67	564	B
	50m: 33.69 33.69			100m: 1:10.75 37.06	150m: 1:48.40 37.65	200m: 2:25.43 37.03		
13.	Andreia Silva Cruz	88	11126	Naval de Ponta Delgada	2:25.83	+0,60	559	B
	50m: 34.11 34.11			100m: 1:10.59 36.48	150m: 1:48.25 37.66	200m: 2:25.83 37.58		
14.	Ana Rita Cruz	97	104785	Uniao Piedense	2:26.82	+0,80	548	B
	50m: 33.88 33.88			100m: 1:10.49 36.61	150m: 1:48.91 38.42	200m: 2:26.82 37.91		

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 35, Femin., 200m Costas, Elimin, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
15.	Irina Filipa Lousa	95	102467	Porto	2:27.27	+0,81	543 B	
	50m: 34.53 34.53		100m: 1:10.84 36.31	150m: 1:48.84 38.00	200m: 2:27.27 38.43			
16.	Maria Ines Almeida	96	105569	Nautico/Matobra	2:27.82	+0,69	537 B	
	50m: 34.07 34.07		100m: 1:11.35 37.28	150m: 1:49.85 38.50	200m: 2:27.82 37.97			
17.	Ana Sofia Simoes	93	100374	Benfica	2:28.33	+0,60	531 R	
	<i>FTL</i>		100m: 1:11.06 37.09	150m: 1:49.76 38.70	200m: 2:28.33 38.57			
18.	Bruna Elisabete Paulino	97	102345	Alcobaca	2:28.44	+0,75	530 R	
	50m: 34.59 34.59		100m: 1:11.74 37.15	150m: 1:50.60 38.86	200m: 2:28.44 37.84			
19.	Carolina Sofia Lopes	96	100753	Louletano/Loule Concelho	2:29.08	+0,70	523	
	<i>FTL</i>		100m: 1:12.02 37.55	150m: 1:50.80 38.78	200m: 2:29.08 38.28			
20.	Ana Filipa Gomes	96	107376	Vilacondense	2:29.56	+0,63	518	
	<i>FTL</i>		100m: 1:13.05 38.32	150m: 1:51.65 38.60	200m: 2:29.56 37.91			
21.	Catia Andreia Clara	95	101886	Nautico da Marinha Grande	2:29.80	+0,67	516	
	<i>FTL</i>		100m: 1:12.37 37.37	150m: 1:51.19 38.82	200m: 2:29.80 38.61			
22.	Claudia Susana Teixeira	96	102040	Gespacos	2:29.84	+0,82	515	
	<i>FTL</i>		100m: 1:13.79 38.51	150m: 1:52.48 38.69	200m: 2:29.84 37.36			
23.	Flavia Daniela Goncalves	96	26907	Desportiva de Viana	2:29.89	+0,74	515	
	<i>FTL</i>		100m: 1:13.48 37.65	150m: 1:52.09 38.61	200m: 2:29.89 37.80			
24.	Sara Sa Espadilha	94	10927	Lisnave	2:30.18	+0,69	512	
	<i>FTL</i>		100m: 1:13.34 38.40	150m: 1:52.28 38.94	200m: 2:30.18 37.90			
25.	Claudia Isabel Semiao	97	117970	Aminata	2:30.30	+0,72	511	
	50m: 34.62 34.62		100m: 1:13.06 38.44	150m: 1:52.31 39.25	200m: 2:30.30 37.99			
26.	Juliana Lima Freixo	97	100827	Desportiva de Viana	2:30.74	+0,70	506	
	50m: 34.23 34.23		100m: 1:12.59 38.36	150m: 1:52.42 39.83	200m: 2:30.74 38.32			
27.	Ana Monica Eloi	96	107038	Nautico da Marinha Grande	2:31.32	+0,78	500	
	<i>FTL</i>		100m: 1:13.53 38.08	150m: 1:52.51 38.98	200m: 2:31.32 38.81			
28.	Ana Rita Martins	96	106475	Amadora	2:31.46	+0,73	499	
	<i>FTL</i>		100m: 1:12.47 37.73	150m: 1:51.78 39.31	200m: 2:31.46 39.68			
29.	Leonor Rebelo Pereira	96	109898	Desporto de Barcelos	2:31.80		496	
	<i>FTL</i>		100m: 1:12.15 38.00	150m: 1:52.14 39.99	200m: 2:31.80 39.66			
30.	Rita Teixeira Costa	97	109314	Belenenses	2:31.96	+0,71	494	
	<i>FTL</i>		100m: 1:13.75 38.69	150m: 1:53.68 39.93	200m: 2:31.96 38.28			
31.	Rafaela Marques Bodiao	96	26440	Natacao Olhao	2:32.46	+0,63	489	
	<i>FTL</i>		100m: 1:12.14 37.70	150m: 1:51.91 39.77	200m: 2:32.46 40.55			

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 35, Femin., 200m Costas, Elimin, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
32.	Daniela Teixeira Moreira <i>FTL</i>	97	106460	Amadora	2:32.57	+0,67	488	
	50m: 35.35 35.35			100m: 1:13.64 38.29	150m: 1:53.21 39.57	200m: 2:32.57	39.36	
33.	Margarida Teixeira Monteiro <i>FTL</i>	97	106931	Desportiva Limiana	2:35.46	+0,61	461	
	50m: 35.24 35.24			100m: 1:14.40 39.16	150m: 1:54.84 40.44	200m: 2:35.46	40.62	

Prova 36
04-12-2011

Masc., 50m Bruços

Absolutos
Resultados Elimin

Rec. Nac. 25m Absoluto	27.22	Jose Guilherme Couto	FPN	Moscovo (RUS)	06-04-2002
Rec. Nac. 25m Jun	28.56	Pedro Miguel Agostinho	SLB	S. António Cavaleiros	03-05-2009
Rec. Nac. 25m Sen	27.22	Jose Guilherme Couto	FPN	Moscovo (RUS)	06-04-2002

TAC - Masc Sen: 30.90; Jun2: 30.90; Jun1: 30.90

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Absolutos								
1.	Ricardo Jose Varela	89	12941	Naval Setubalense	29.00	+0,71	660	A
2.	Pedro Miguel Agostinho	92	12778	Sporting	29.01	+0,67	659	A
3.	Gil Goncalves Pinto	88	26051	Porto	29.38	+0,70	634	A
4.	Sergio Baptista Silva	91	15703	Porto	29.59	+0,76	621	A
5.	Joao Silva Gigante	88	14783	Amadora	29.60	+0,63	620	A
6.	Henrique Pereira Neiva	84	23019	Vilacondense	29.67	+0,77	616	A
7.	Diogo Parrilha da Silva	93	11580	Alcobaca	29.73	+0,74	612	A
8.	Joao Claudio Sousa	93	23458	Gespacos	30.04	+0,78	593	A
9.	Nuno Andre Fernandes	89	16073	Benfica	30.16	+0,76	586	B
10.	Tiago Samuel Silva	93	23502	Porto	30.51	+0,72	566	B
11.	Fabio Andre Dias	92	14625	Naval Amorense	30.55	+0,77	564	B
12.	Jaime Marques Duarte	87	22485	Amadora	30.61	+0,71	561	B
13.	Joao Albano Viola	89	100421	Nautico/Matobra	30.67	+0,69	558	B
14.	Joni Antunes Vinagre	89	20589	Belenenses	30.80	+0,69	550	B
15.	Vitor Diogo Moura	90	10394	Nacional	30.84	+0,79	548	B
16.	Manuel Matos Sequeira	87	10631	Gesloures	30.86	+0,75	547	B
17.	Tiago Geraldês Machado	93	10264	Pimpoes/Cimai	30.90	+0,79	545	R
18.	Nuno Durao Pascoal <i>FTL</i>	92	12560	Galitos	30.91	+0,72	545	R
19.	Pedro Miguel Varela <i>FTL</i>	86	12947	Naval Setubalense	30.96	+0,77	542	
20.	Luis Manuel Fernandes <i>FTL</i>	95	15589	Famalicao	30.97	+0,68	541	
21.	Thiago Duarte Goncalves <i>FTL</i>	89	12543	Estrelas S. Joao de Brito	31.12	+0,74	534	
22.	Ruben Paiva Carvalho <i>FTL</i>	94	10856	Academica de Coimbra	31.15	+0,73	532	
23.	Antonio Sampaio Rebolo <i>FTL</i>	94	15741	Belenenses	31.33	+1,12	523	

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 36, Masc., 50m Bruços, Elimin, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
24.	Alcides Costa Sousa FTL	94	103744	Feirense	31.61	+0,75	509	
25.	Jose Manuel Dias FTL	94	14532	Uniao Piedense	31.62	+0,78	509	
26.	Ricardo Filipe Ferreira FTL	95	11613	Pimpoes/Cimai	31.70	+0,78	505	
27.	Diogo Miguel Silva FTL	95	104780	Uniao Piedense	31.85	+0,71	498	
28.	Tiago Freire Almeida FTL	87	12225	Amadora	31.88	+0,69	496	

Prova 37
04-12-2011

Femin., 50m Bruços

Absolutos
Resultados Elimin

Rec. Nac. 25m Absoluto	31.43	Diana Duarte Gomes	CNA	S. António Cavaleiros	19-12-2009
Rec. Nac. 25m Jun	31.46	Ana Pinho Rodrigues	AEJ	Leiria	06-12-2009
Rec. Nac. 25m Sen	31.43	Diana Duarte Gomes	CNA	S. António Cavaleiros	19-12-2009

TAC - Fem Sen: 36.00; Jun1: 36.00; Jun2: 36.00

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Absolutos								
1.	Ana Pinho Rodrigues	94	13372	Estamos Juntos	32.61	+0,85	688	A
2.	Maria Carolina Rosa	94	14248	Sporting	32.96	+0,81	667	A
3.	Diana Duarte Gomes	89	20632	Amadora	33.10	+0,78	658	A
4.	Isabel Maria Figueira	79	11424	Louletano/Loule Concelho	33.29	+0,86	647	A
5.	Joana Patricia Pinto	94	24790	Ginasio de Vila Real	33.40	+0,88	641	A
6.	Ana Marisa Brito	90	12800	Amadora	33.50	+0,79	635	A
7.	Joana Catarina Carvalho	92	15228	Porto	33.63	+0,81	628	A
8.	Diana Patricia Ferreira	94	23500	Gespacos	33.97	+0,82	609	A
9.	Ana Teresa Franco	91	11349	Sporting	34.11	+0,79	601	B
10.	Gabriela Oliveira Andrade	94	12055	Nautico/Matobra	34.36	+0,72	588	B
11.	Rute Margarida Marques	94	25359	Amadora	34.44	+0,80	584	B
12.	Rita Fernandes Leitao	96	25571	Amadora	34.56	+0,80	578	B
13.	Ariana Alves Nunes	95	13348	Portinado	34.59	+0,81	577	B
14.	Maria Ines Ribeiro	92	10899	Nautico/Matobra	34.72	+0,79	570	B
15.	Joana Filipa Marques	95	25292	Bombeiros de Ponta Delgada	34.80	+0,62	566	B
16.	Rosa Maria Oliveira	96	105858	Estarreja	34.83	+0,83	565	B
17.	Joana Marques Maia	91	25067	Natacao da Maia	34.88	+0,83	562	R
18.	Mariana Dias Almeida	93	22405	Famalicao	35.26	+0,82	544	R
19.	Barbara Sofia Barata	97	105454	Alges	35.84	+0,80	518	
20.	Catarina Vilhena Gregorio	96	103459	CLAC-Entroncamento	35.94	+0,73	514	
21.	Ana Carolina Mateus FTL	95	25332	Alges	36.08	+0,85	508	
22.	Ines Raquel Estevao FTL	95	100230	Gesloures	36.09	+0,79	508	
23.	Claudia Monteiro Martinho FTL	93	25605	Colegio Vasco da Gama	36.15	+0,79	505	

O Juiz Arbitro

O Secretariado

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Silves, 2 - 4-12-2011

Prova 37, Femin., 50m Bruços, Elimin, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
24.	Catarina Alexandra Dias FTL	95	25908	Naval de Ponta Delgada	36.23	+0,77	502	
25.	Ines Joao Costa FTL	95	12893	Braga	36.30	+0,83	499	
26.	Joana Dias Santos FTL	96	100397	Uniao Piedense	36.49	+0,87	491	
27.	Ana Filipa Teixeira FTL	95	15992	Viana Natacao	36.60	+0,78	487	
28.	Beatriz Carvalho Ribeiro FTL	97	109902	Desporto de Barcelos	36.83	+0,91	478	
29.	Tania Alexandra Lopes FTL	92	23014	Benfica	36.93	+0,70	474	
30.	Patricia Fonseca Silva FTL	93	13374	Feirense	37.02	+0,84	470	
31.	Sara Sousa Gomes FTL	96	100583	Amadora	37.64	+0,91	447	

Prova 38
04-12-2011

Masc., 200m Livres

Absolutos
Resultados Elimin

Rec. Nac. 25m Absoluto	1:45.69	Diogo Filipe Carvalho	CGA	S. António Cavaleiros	20-12-2009
Rec. Nac. 25m Jun	1:47.73	Tiago Andre Venancio	FPN	Viena (AUT)	12-12-2004
Rec. Nac. 25m Sen	1:45.69	Diogo Filipe Carvalho	CGA	S. António Cavaleiros	20-12-2009

TAC - Masc Sen: 1:56.50; Jun2: 1:56.50; Jun1: 1:58.83

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Absolutos								
1.	Cesar Fernando Faria 50m: 26.07 26.07	90	10704	BA/Mr.Pizza	1:51.17 28.44	+0,74	714	A 28.27
2.	Gustavo Manuel Santa 50m: 26.56 26.56	93	26492	Sporting	1:51.42 28.16	+0,77	709	A 27.78
3.	Mario Alexandre Pereira 50m: 26.34 26.34	92	10767	Nautico/Matobra	1:51.51 28.25	+0,69	707	A 28.13
4.	Luis Emanuel Vaz 50m: 26.29 26.29	91	15628	Famalicao	1:51.65 28.44	+0,73	705	A 28.42
5.	Luis Marques Pinto 50m: 26.44 26.44	87	10422	Naval do Funchal	1:51.66 28.48	+0,68	704	A 28.22
6.	Jorge Manuel Maia 50m: 27.13 27.13	89	23220	Famalicao	1:53.00 28.80	+0,76	680	A 28.43
7.	Ricardo Ferreira Cotovio 50m: 26.64 26.64	91	10921	Sporting	1:53.06 28.92	+0,71	678	A 29.03
8.	Mario Andre Bonanca 50m: 26.80 26.80	90	12773	Sporting	1:53.14 28.74	+0,82	677	A 28.86
9.	Ricardo Manuel Machado 50m: 26.50 26.50	93	13278	Braga	1:53.55 29.28	+0,83	670	B 28.67
	Fabio Andre Figueira 50m: 26.58 26.58	88	11084	Porto	1:53.55 29.05	+0,75	670	B 29.00

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Silves, 2- - 4-12-2011

Prova 38, Masc., 200m Livres, Elimin, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
11.	Fabio Manuel Pereira	86	23049	Vilacondense	1:53.58	+0,76	669 B	
	50m: 26.46 26.46		100m: 55.36 28.90	150m: 1:24.33 28.97	200m: 1:53.58 29.25			
12.	Rui Filipe Costa	91	24004	Vitoria de Guimaraes	1:53.62	+0,77	668 B	
	50m: 26.59 26.59		100m: 55.76 29.17	150m: 1:24.86 29.10	200m: 1:53.62 28.76			
13.	Ricardo Pereira Lopes	90	14831	Amadora	1:53.88	+0,65	664 B	
	50m: 26.19 26.19		100m: 54.79 28.60	150m: 1:24.10 29.31	200m: 1:53.88 29.78			
14.	Joao Pedro Almeida	92	24029	Nautico/Matobra	1:53.99	+0,76	662 B	
	50m: 26.72 26.72		100m: 55.78 29.06	150m: 1:24.90 29.12	200m: 1:53.99 29.09			
15.	Miguel Monteiro Diogo	93	10164	Nautico/Matobra	1:54.01	+0,73	662 B	
	50m: 27.02 27.02		100m: 56.34 29.32	150m: 1:25.34 29.00	200m: 1:54.01 28.67			
16.	Vasco Miguel Gaspar	90	26500	Uniao Piedense	1:54.63	+0,78	651 B	
	50m: 26.84 26.84		100m: 56.41 29.57	150m: 1:25.92 29.51	200m: 1:54.63 28.71			
17.	Bernardo Almeida Moreira	89	10795	Colegio Vasco da Gama	1:54.65	+0,77	651 R	
	50m: 27.11 27.11		100m: 56.34 29.23	150m: 1:25.88 29.54	200m: 1:54.65 28.77			
18.	Bernardo Leitao Graca	93	14838	Sporting	1:54.70	+0,71	650 R	
	50m: 26.57 26.57		100m: 55.82 29.25	150m: 1:25.42 29.60	200m: 1:54.70 29.28			
19.	Andre Filipe Lopes	92	11180	Academica de Coimbra	1:54.77	+0,68	649	
	50m: 27.16 27.16		100m: 56.18 29.02	150m: 1:25.62 29.44	200m: 1:54.77 29.15			
20.	Joao Duarte Santos	95	26430	Natacao Olhao	1:55.22	+0,74	641	
	50m: 27.31 27.31		100m: 56.86 29.55	150m: 1:26.18 29.32	200m: 1:55.22 29.04			
21.	Miguel Duarte Nascimento	95	14944	Portinado	1:55.33	+0,70	639	
	50m: 27.10 27.10		100m: 56.22 29.12	150m: 1:25.90 29.68	200m: 1:55.33 29.43			
22.	Tomas Correia Silva	95	23367	Porto	1:55.61	+0,76	635	
	50m: 26.93 26.93		100m: 56.36 29.43	150m: 1:26.46 30.10	200m: 1:55.61 29.15			
23.	Tiago Ferreira Azevedo	95	103574	Naval Amorense	1:55.70	+0,93	633	
	50m: 27.20 27.20		100m: 56.61 29.41	150m: 1:26.22 29.61	200m: 1:55.70 29.48			
24.	Filipe Vieira Malheiro	90	13117	Braga	1:55.90	+0,81	630	
	50m: 27.05 27.05		100m: 56.77 29.72	150m: 1:26.66 29.89	200m: 1:55.90 29.24			
25.	Pedro Andre Santos	94	15732	Alges	1:55.97	+0,84	629	
	50m: 27.25 27.25		100m: 56.98 29.73	150m: 1:26.20 29.22	200m: 1:55.97 29.77			
26.	Ruben Filipe Nunes	94	23302	Gespacos	1:56.84	+0,80	615	
	<i>FTL</i> 50m: 28.02 28.02		100m: 58.15 30.13	150m: 1:27.36 29.21	200m: 1:56.84 29.48			
27.	Andre Rafael Marinho	93	10643	Uniao Piedense	1:57.25	+0,88	608	
	<i>FTL</i> 50m: 27.41 27.41		100m: 57.06 29.65	150m: 1:27.31 30.25	200m: 1:57.25 29.94			
28.	Carlos Lopes Pedrosa	94	102149	Naval de Ponta Delgada	1:57.28	+0,77	608	
	<i>FTL</i> 50m: 26.95 26.95		100m: 56.45 29.50	150m: 1:26.57 30.12	200m: 1:57.28 30.71			
29.	Diogo Antonio Lopes	95	26742	Torres Novas	1:58.46	+0,77	590	
	50m: 27.58 27.58		100m: 57.75 30.17	150m: 1:28.12 30.37	200m: 1:58.46 30.34			
30.	Rui Filipe Maia	93	24204	Vilacondense	1:58.90	+0,83	583	
	<i>FTL</i> 50m: 27.39 27.39		100m: 57.34 29.95	150m: 1:27.65 30.31	200m: 1:58.90 31.25			
31.	Nuno Miguel Rola	83	11949	Amadora	2:00.44	+0,77	561	
	<i>FTL</i> 50m: 27.87 27.87		100m: 58.27 30.40	150m: 1:29.24 30.97	200m: 2:00.44 31.20			

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 38, Masc., 200m Livres, Elimin, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
32.	Afonso Lopes dos Santos <i>FTL</i>	95	14773	Pimpoes/Cimai	2:03.00	+0,71	527	
	50m:	28.06	28.06	100m:	59.04	30.98	150m:	1:31.29
							200m:	2:03.00
								31.71

Prova 39
04-12-2011

Femin., 200m Livres

Absolutos

Resultados Elimin

Rec. Nac. 25m Absoluto	2:00.20	Marta Vieira Marinho	FCP	Porto	04-12-2010
Rec. Nac. 25m Jun	2:02.42	Andreia Catarina Gomes	VSC	S. António Cavaleiros	19-12-2009
Rec. Nac. 25m Sen	2:00.20	Marta Vieira Marinho	FCP	Porto	04-12-2010

TAC - Fem Sen: 2:11.00; Jun1: 2:13.62; Jun2: 2:11.00

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Absolutos								
1.	Marta Vieira Marinho	91	15707	Porto	2:05.53	+0,84	694	A
	50m:	29.29	29.29	100m:	1:00.55	31.26	150m:	1:33.04
							200m:	2:05.53
								32.49
2.	Alexandra Paiva Oliveira	91	15139	Porto	2:06.46	+0,81	679	A
	50m:	29.65	29.65	100m:	1:01.19	31.54	150m:	1:33.43
							200m:	2:06.46
								33.03
3.	Andreia Catarina Gomes	94	103701	Vitoria de Guimaraes	2:07.18	+0,93	667	A
	50m:	29.93	29.93	100m:	1:01.74	31.81	150m:	1:34.42
							200m:	2:07.18
								32.76
4.	Mafalda Gomes Beleza	94	26890	Sporting	2:07.47	+0,84	663	A
	50m:	29.89	29.89	100m:	1:01.72	31.83	150m:	1:34.43
							200m:	2:07.47
								33.04
5.	Joana Aguiar Rodrigues	93	15401	Porto	2:07.60	+0,93	661	A
	50m:	29.94	29.94	100m:	1:01.78	31.84	150m:	1:34.44
							200m:	2:07.60
								33.16
6.	Joana Filipa Santos	93	24081	Vitoria de Guimaraes	2:07.72	+0,86	659	A
	50m:	29.61	29.61	100m:	1:02.01	32.40	150m:	1:34.98
							200m:	2:07.72
								32.74
7.	Angelica Maria Andre	94	15497	Leixoes	2:07.75	+0,78	658	A
	50m:	29.38	29.38	100m:	1:01.05	31.67	150m:	1:34.19
							200m:	2:07.75
								33.56
8.	Claudia Marques Moreno	91	24213	Porto	2:07.89	+0,91	656	A
	50m:	30.24	30.24	100m:	1:02.42	32.18	150m:	1:35.02
							200m:	2:07.89
								32.87
9.	Filipa Vilas Ruivo	97	103568	Nautico da Marinha Grande	2:08.07	+0,89	654	B
	50m:	30.27	30.27	100m:	1:02.54	32.27	150m:	1:35.54
							200m:	2:08.07
								32.53
10.	Soraia Vanessa Ribeiro	92	15857	Gespacos	2:08.42	+0,95	648	B
	50m:	29.66	29.66	100m:	1:01.73	32.07	150m:	1:35.10
							200m:	2:08.42
								33.32
11.	Ines Alexandra Paiva	96	100378	Alges	2:09.19	+0,85	637	B
	50m:	30.14	30.14	100m:	1:02.37	32.23	150m:	1:35.47
							200m:	2:09.19
								33.72
12.	Joana Filipa Capela	89	12794	Benfica	2:09.32	+0,84	635	B
	50m:	30.47	30.47	100m:	1:03.13	32.66	150m:	1:36.46
							200m:	2:09.32
								32.86
13.	Ana Goncalves Neto	95	101958	Porto	2:09.84	+1,00	627	B
	50m:	29.89	29.89	100m:	1:03.42	33.53	150m:	1:36.52
							200m:	2:09.84
								33.32
14.	Vania Soares Neves	90	12380	Viana Natacao	2:09.89	+0,84	626	B
	50m:	30.23	30.23	100m:	1:03.34	33.11	150m:	1:36.80
							200m:	2:09.89
								33.09
15.	Ana Ribeiro Ferreira	92	15634	Famalicao	2:10.15	+0,96	623	B
	50m:	29.90	29.90	100m:	1:02.11	32.21	150m:	1:35.83
							200m:	2:10.15
								34.32

O Juiz Arbitro

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 39, Femin., 200m Livres, Elimin, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
16.	Raquel Paulo Ranito	94	25504	Sporting	2:10.51	+0,97	618 B	
	50m: 29.72 29.72		100m: 1:02.72 33.00	150m: 1:36.88 34.16	200m: 2:10.51 33.63			
17.	Sara Beatriz Loureiro	87	12503	Porto	2:10.96	+0,78	611 R	
	50m: 29.72 29.72		100m: 1:01.88 32.16	150m: 1:36.09 34.21	200m: 2:10.96 34.87			
18.	Maria Luis Amorim	95	102029	Porto	2:11.32	+1,03	606 R	
	<i>FTL</i>		50m: 30.90 30.90	100m: 1:04.05 33.15	150m: 1:37.76 33.71	200m: 2:11.32 33.56		
19.	Maria Teresa Amorim	97	20104	Porto	2:11.36	+0,98	606	
	50m: 30.65 30.65		100m: 1:03.64 32.99	150m: 1:37.77 34.13	200m: 2:11.36 33.59			
20.	Cassandra Pedro Oliveira	95	111071	Vilacondense	2:11.37	+0,96	606	
	<i>FTL</i>		50m: 30.78 30.78	100m: 1:04.08 33.30	150m: 1:37.85 33.77	200m: 2:11.37 33.52		
21.	Isabel Pinto Abreu	96	26324	Belenenses	2:11.53	+0,78	603	
	<i>FTL</i>		50m: 30.40 30.40	100m: 1:03.33 32.93	150m: 1:37.52 34.19	200m: 2:11.53 34.01		
22.	Leonor Mourinho Neves	95	105646	Sporting	2:11.54	+0,86	603	
	<i>FTL</i>		50m: 30.26 30.26	100m: 1:03.38 33.12	150m: 1:37.48 34.10	200m: 2:11.54 34.06		
23.	Carolina Cunha Martins	95	10881	Nautico/Matobra	2:11.87	+0,98	599	
	<i>FTL</i>		50m: 30.63 30.63	100m: 1:04.02 33.39	150m: 1:38.20 34.18	200m: 2:11.87 33.67		
24.	Amelia Pereira Fernandes	89	15951	Vitoria de Guimaraes	2:12.86	+0,83	585	
	<i>FTL</i>		50m: 30.77 30.77	100m: 1:04.01 33.24	150m: 1:38.31 34.30	200m: 2:12.86 34.55		
25.	Carolina Sanchez Rodrigues	97	100359	Alges	2:13.11	+0,93	582	
	50m: 30.31 30.31		100m: 1:04.03 33.72	150m: 1:38.48 34.45	200m: 2:13.11 34.63			
26.	Ana Filipa Martins	97	104438	Foca	2:13.16	+0,92	581	
	50m: 30.70 30.70		100m: 1:04.05 33.35	150m: 1:38.97 34.92	200m: 2:13.16 34.19			
27.	Sara Faria Costa	97	107451	Braga	2:13.30	+0,93	580	
	50m: 30.52 30.52		100m: 1:03.85 33.33	150m: 1:38.19 34.34	200m: 2:13.30 35.11			

Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 40 Masc., 100m Estilos Absolutos
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Rec. Nac. 25m Absoluto	53.28	Diogo Filipe Carvalho	CGA	Viseu	18-04-2009
Rec. Nac. 25m Jun	56.47	Alexis Manacas Santos	SCP	Leiria	06-12-2009
Rec. Nac. 25m Sen	53.28	Diogo Filipe Carvalho	CGA	Viseu	18-04-2009

TAC - Masc Sen: 1:01.00; Jun2: 1:01.00; Jun1: 1:01.00

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Absolutos								
1.	Joao Silva Gigante	88	14783	Amadora	57.27	+0,67	696	A
	50m: 26.34 26.34			100m: 57.27 30.93				
2.	Nuno Goncalo Quintanilha	87	12902	Colegio Vasco da Gama	57.34	+0,75	693	A
	50m: 26.38 26.38			100m: 57.34 30.96				
3.	Fabio Andre Figueira	88	11084	Porto	57.53	+0,75	686	A
	50m: 26.39 26.39			100m: 57.53 31.14				
4.	Pedro Miguel Agostinho	92	12778	Sporting	57.79	+0,71	677	A
	50m: 27.01 27.01			100m: 57.79 30.78				
5.	Gil Goncalves Pinto	88	26051	Porto	57.91	+0,76	673	A
	50m: 26.75 26.75			100m: 57.91 31.16				
6.	Pedro Miguel Pinotes	89	26732	Sporting	58.47	+0,68	654	A
	50m: 27.34 27.34			100m: 58.47 31.13				
7.	David Miguel Leiria	93	14530	Naval Amorense	58.64	+0,77	648	A
	50m: 26.99 26.99			100m: 58.64 31.65				
8.	Adriano Miguel Niz	86	23013	Famalicao	58.79	+0,77	643	A
	50m: 26.45 26.45			100m: 58.79 32.34				
9.	Rui Filipe Vilar	91	24159	Porto	58.93	+0,73	639	B
	50m: 27.40 27.40			100m: 58.93 31.53				
10.	Andre Bras Goncalves	88	14767	Amadora	59.17	+0,75	631	B
	50m: 27.19 27.19			100m: 59.17 31.98				
11.	Fabio Andre Dias	92	14625	Naval Amorense	59.61	+0,78	617	B
	50m: 27.56 27.56			100m: 59.61 32.05				
12.	Miguel Machado Lopes	92	11467	Sporting	59.78	+0,69	612	B
	50m: 27.90 27.90			100m: 59.78 31.88				
13.	Miguel Silva Oliveira	91	10822	Nautico/Matobra	59.83	+0,79	610	B
	50m: 27.47 27.47			100m: 59.83 32.36				
14.	Nuno Rafael Alves	90	25140	Gespacos	59.86	+0,81	609	B
	50m: 28.51 28.51			100m: 59.86 31.35				
15.	Pedro Andre Santos	94	15732	Alges	1:00.11	+0,70	602	B
	50m: 26.90 26.90			100m: 1:00.11 33.21				
16.	Diogo Parrilha da Silva	93	11580	Alcobaca	1:00.32	+0,78	595	B
	50m: 27.66 27.66			100m: 1:00.32 32.66				
17.	Andre Filipe Mendes	92	100307	Nautico de Abrantes	1:00.37	+0,69	594	R
	50m: 27.34 27.34			100m: 1:00.37 33.03				
18.	Renato Mendes Pinheiro	94	16071	Desportiva de Viana	1:00.40	+0,79	593	R
	50m: 28.16 28.16			100m: 1:00.40 32.24				
19.	Nuno Durao Pascoal	92	12560	Galitos	1:01.34	+0,80	566	
	<i>FTL</i>							
	50m: 29.13 29.13			100m: 1:01.34 32.21				

O Juiz Arbitro

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 40, Masc., 100m Estilos, Elimin, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
20.	Diogo Maia e Silva FTL	93	10266	Pimpoes/Cimai	1:02.75	+0,75	529	
	50m:	28.62	28.62	100m:	1:02.75	34.13		

Prova 41
04-12-2011

Femin., 100m Estilos

Absolutos
Resultados Elimin

Rec. Nac. 25m Absoluto	1:03.32	Diana Duarte Gomes	CNA	Leiria	06-12-2009
Rec. Nac. 25m Jun	1:04.11	Maria Carolina Rosa	SCP	Leiria	06-12-2009
Rec. Nac. 25m Sen	1:03.32	Diana Duarte Gomes	CNA	Leiria	06-12-2009

TAC - Fem Sen: 1:10.00; Jun1: 1:10.00; Jun2: 1:10.00

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Absolutos								
1.	Ana Pinho Rodrigues	94	13372	Estamos Juntos	1:05.79	+0,79	676	A
	50m:	31.10	31.10	100m:	1:05.79	34.69		
2.	Diana Patricia Ferreira	94	23500	Gespacos	1:06.03	+0,84	668	A
	50m:	30.96	30.96	100m:	1:06.03	35.07		
3.	Victoria Kaminskaya	95	102313	Pimpoes/Cimai	1:06.05	+0,79	668	A
	50m:	30.87	30.87	100m:	1:06.05	35.18		
4.	Marta Pereira Abreu	92	23091	Porto	1:06.46	+1,00	655	A
	50m:	31.03	31.03	100m:	1:06.46	35.43		
5.	Sara Freitas Oliveira	85	23045	Porto	1:06.54	+0,72	653	A
	50m:	29.78	29.78	100m:	1:06.54	36.76		
	Fabiana Maria Quintal	84	10396	Nacional	1:06.54	+0,71	653	A
	50m:	31.13	31.13	100m:	1:06.54	35.41		
7.	Maria Carolina Rosa	94	14248	Sporting	1:06.65	+0,97	650	A
	50m:	31.36	31.36	100m:	1:06.65	35.29		
8.	Filipa Ferreira Silva	85	12219	Amadora	1:06.71	+0,77	648	A
	50m:	30.66	30.66	100m:	1:06.71	36.05		
9.	Ana Marta Miranda	96	100377	Uniao Piedense	1:06.93	+0,94	642	B
	50m:	31.29	31.29	100m:	1:06.93	35.64		
10.	Catarina Tiago Nunes	95	100949	Uniao Piedense	1:07.19	+0,85	634	B
	50m:	30.87	30.87	100m:	1:07.19	36.32		
11.	Gabriela Oliveira Andrade	94	12055	Nautico/Matobra	1:07.66	+0,71	621	B
	50m:	32.34	32.34	100m:	1:07.66	35.32		
12.	Ariana Alves Nunes	95	13348	Portinado	1:07.99	+0,83	612	B
	50m:	32.03	32.03	100m:	1:07.99	35.96		
13.	Ana Beatriz Pereira	91	20591	Colegio Vasco da Gama	1:08.03	+0,73	611	B
	50m:	32.61	32.61	100m:	1:08.03	35.42		
14.	Maria Ines Ribeiro	92	10899	Nautico/Matobra	1:08.19	+0,77	607	B
	50m:	31.86	31.86	100m:	1:08.19	36.33		
15.	Jessica Teixeira Vieira	91	104235	Amadora	1:08.22	+0,73	606	B
	50m:	30.83	30.83	100m:	1:08.22	37.39		

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 41, Femin., 100m Estilos, Elimin, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
16.	Rute Margarida Marques	94	25359	Amadora	1:08.47	+0,81	599	B
	50m: 31.79 31.79		100m: 1:08.47 36.68					
17.	Lisa Marisa Soares	95	25381	Amadora	1:08.56	+0,86	597	R
	50m: 31.04 31.04		100m: 1:08.56 37.52					
18.	Rita Fernandes Leitao	96	25571	Amadora	1:08.73	+0,85	592	R
	50m: 32.39 32.39		100m: 1:08.73 36.34					
19.	Adriana Correia Lopes	95	24491	Nautico/Matobra	1:09.18	+0,90	581	
	50m: 31.68 31.68		100m: 1:09.18 37.50					
20.	Ines Joao Costa	95	12893	Braga	1:10.31	+0,86	553	
	FTL							
	50m: 32.84 32.84		100m: 1:10.31 37.47					

Prova 42
04-12-2011

Masc., 1500m Livres

Absolutos
Resultados

Rec. Nac. 25m Absoluto	15:04.78	Fernando Eurico Costa	FPN	Trieste (ITA)	10-12-2005
Rec. Nac. 25m Jun	15:05.57	Gustavo Manuel Santa	CNLA	Leiria	06-12-2009
Rec. Nac. 25m Sen	15:04.78	Fernando Eurico Costa	FPN	Trieste (ITA)	10-12-2005

TAC - Masc Sen: 16:33.00; Jun2: 16:33.00; Jun1: 16:52.86

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Absolutos								
1.	Gustavo Manuel Santa	93	26492	Sporting	15:16.33	+0,81	798	
	50m: 27.64 27.64		450m: 4:30.68 30.42	850m: 8:37.94 30.89	1250m: 12:45.11 30.99			
	100m: 57.73 30.09		500m: 5:01.14 30.46	900m: 9:08.75 30.81	1300m: 13:15.92 30.81			
	150m: 1:28.31 30.58		550m: 5:32.11 30.97	950m: 9:39.87 31.12	1350m: 13:46.55 30.63			
	200m: 1:58.64 30.33		600m: 6:03.19 31.08	1000m: 10:10.71 30.84	1400m: 14:17.41 30.86			
	250m: 2:29.03 30.39		650m: 6:33.93 30.74	1050m: 10:41.54 30.83	1450m: 14:47.27 29.86			
	300m: 2:59.42 30.39		700m: 7:05.36 31.43	1100m: 11:12.92 31.38	1500m: 15:16.33 29.06			
	350m: 3:29.74 30.32		750m: 7:36.18 30.82	1150m: 11:43.58 30.66				
	400m: 4:00.26 30.52		800m: 8:07.05 30.87	1200m: 12:14.12 30.54				
2.	Rui Filipe Costa	91	24004	Vitoria de Guimaraes	15:33.13	+0,79	756	
	50m: 27.97 27.97		450m: 4:36.45 31.34	850m: 8:47.68 31.46	1250m: 12:59.87 31.53			
	100m: 58.12 30.15		500m: 5:07.92 31.47	900m: 9:19.27 31.59	1300m: 13:31.53 31.66			
	150m: 1:28.89 30.77		550m: 5:39.37 31.45	950m: 9:50.87 31.60	1350m: 14:02.94 31.41			
	200m: 1:59.87 30.98		600m: 6:10.49 31.12	1000m: 10:22.44 31.57	1400m: 14:34.12 31.18			
	250m: 2:30.96 31.09		650m: 6:41.80 31.31	1050m: 10:53.91 31.47	1450m: 15:04.48 30.36			
	300m: 3:02.19 31.23		700m: 7:13.31 31.51	1100m: 11:25.30 31.39	1500m: 15:33.13 28.65			
	350m: 3:33.58 31.39		750m: 7:44.75 31.44	1150m: 11:56.75 31.45				
	400m: 4:05.11 31.53		800m: 8:16.22 31.47	1200m: 12:28.34 31.59				
3.	Vasco Miguel Gaspar	90	26500	Uniao Piedense	15:35.72	+0,79	749	
	50m: 28.37 28.37		450m: 4:36.98 31.41	850m: 8:47.87 31.44	1250m: 12:59.92 31.47			
	100m: 58.84 30.47		500m: 5:08.44 31.46	900m: 9:19.47 31.60	1300m: 13:31.51 31.59			
	150m: 1:29.55 30.71		550m: 5:39.62 31.18	950m: 9:50.71 31.24	1350m: 14:03.00 31.49			
	200m: 2:00.44 30.89		600m: 6:10.95 31.33	1000m: 10:22.30 31.59	1400m: 14:34.56 31.56			
	250m: 2:31.40 30.96		650m: 6:42.13 31.18	1050m: 10:53.62 31.32	1450m: 15:06.03 31.47			
	300m: 3:02.66 31.26		700m: 7:13.72 31.59	1100m: 11:25.29 31.67	1500m: 15:35.72 29.69			
	350m: 3:33.97 31.31		750m: 7:45.05 31.33	1150m: 11:57.00 31.71				
	400m: 4:05.57 31.60		800m: 8:16.43 31.38	1200m: 12:28.45 31.45				

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 42, Masc., 1500m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
4.	Diogo Andre Gaspar	90	25544	Uniao Piedense	15:43.17	+0,80	732	
	50m: 28.42	28.42	450m: 4:38.36	31.44	850m: 8:50.53	31.47	1250m: 13:04.79	32.18
	100m: 59.41	30.99	500m: 5:09.98	31.62	900m: 9:21.94	31.41	1300m: 13:36.67	31.88
	150m: 1:30.58	31.17	550m: 5:41.34	31.36	950m: 9:53.75	31.81	1350m: 14:08.47	31.80
	200m: 2:01.72	31.14	600m: 6:12.71	31.37	1000m: 10:25.62	31.87	1400m: 14:40.63	32.16
	250m: 2:33.08	31.36	650m: 6:43.96	31.25	1050m: 10:56.94	31.32	1450m: 15:12.45	31.82
	300m: 3:04.32	31.24	700m: 7:15.54	31.58	1100m: 11:28.66	31.72	1500m: 15:43.17	30.72
	350m: 3:35.49	31.17	750m: 7:47.61	32.07	1150m: 12:00.52	31.86		
	400m: 4:06.92	31.43	800m: 8:19.06	31.45	1200m: 12:32.61	32.09		
5.	Miguel Monteiro Diogo	93	10164	Nautico/Matobra	15:46.87	+0,72	723	
	50m: 28.16	28.16	450m: 4:39.52	31.54	850m: 8:53.82	31.90	1250m: 13:08.46	31.90
	100m: 58.38	30.22	500m: 5:11.21	31.69	900m: 9:25.46	31.64	1300m: 13:40.49	32.03
	150m: 1:29.73	31.35	550m: 5:43.13	31.92	950m: 9:57.23	31.77	1350m: 14:12.20	31.71
	200m: 2:01.47	31.74	600m: 6:14.80	31.67	1000m: 10:29.14	31.91	1400m: 14:43.92	31.72
	250m: 2:33.30	31.83	650m: 6:46.32	31.52	1050m: 11:01.17	32.03	1450m: 15:15.72	31.80
	300m: 3:04.97	31.67	700m: 7:18.14	31.82	1100m: 11:33.08	31.91	1500m: 15:46.87	31.15
	350m: 3:36.41	31.44	750m: 7:50.04	31.90	1150m: 12:04.99	31.91		
	400m: 4:07.98	31.57	800m: 8:21.92	31.88	1200m: 12:36.56	31.57		
6.	Paulo Fragueiro Franco	82	24393	Nacional	15:52.28	+0,78	711	
	50m: 28.78	28.78	450m: 4:36.94	31.18	850m: 8:49.65	31.91	1250m: 13:08.43	32.72
	100m: 59.71	30.93	500m: 5:08.12	31.18	900m: 9:21.88	32.23	1300m: 13:41.40	32.97
	150m: 1:30.69	30.98	550m: 5:39.22	31.10	950m: 9:54.39	32.51	1350m: 14:14.36	32.96
	200m: 2:01.85	31.16	600m: 6:10.45	31.23	1000m: 10:26.77	32.38	1400m: 14:47.69	33.33
	250m: 2:32.70	30.85	650m: 6:41.79	31.34	1050m: 10:58.47	31.70	1450m: 15:20.66	32.97
	300m: 3:03.63	30.93	700m: 7:13.84	32.05	1100m: 11:30.79	32.32	1500m: 15:52.28	31.62
	350m: 3:34.64	31.01	750m: 7:45.68	31.84	1150m: 12:02.65	31.86		
	400m: 4:05.76	31.12	800m: 8:17.74	32.06	1200m: 12:35.71	33.06		
7.	Hugo Alberto Ribeiro	88	23114	Gespacos	15:56.32	+0,97	702	
	50m: 28.39	28.39	450m: 4:40.60	31.67	850m: 8:55.75	32.15	1250m: 13:17.04	32.92
	100m: 59.39	31.00	500m: 5:12.42	31.82	900m: 9:27.95	32.20	1300m: 13:49.65	32.61
	150m: 1:30.79	31.40	550m: 5:44.30	31.88	950m: 10:00.30	32.35	1350m: 14:22.00	32.35
	200m: 2:02.17	31.38	600m: 6:16.13	31.83	1000m: 10:32.96	32.66	1400m: 14:54.45	32.45
	250m: 2:33.72	31.55	650m: 6:48.00	31.87	1050m: 11:05.66	32.70	1450m: 15:25.78	31.33
	300m: 3:05.41	31.69	700m: 7:19.75	31.75	1100m: 11:38.78	33.12	1500m: 15:56.32	30.54
	350m: 3:37.20	31.79	750m: 7:51.66	31.91	1150m: 12:11.48	32.70		
	400m: 4:08.93	31.73	800m: 8:23.60	31.94	1200m: 12:44.12	32.64		
8.	Mario Andre Bonanca	90	12773	Sporting	15:58.27	+0,90	698	
	50m: 28.32	28.32	450m: 4:39.04	31.68	850m: 8:57.16	32.54	1250m: 13:17.05	32.66
	100m: 59.35	31.03	500m: 5:11.01	31.97	900m: 9:29.68	32.52	1300m: 13:49.54	32.49
	150m: 1:30.58	31.23	550m: 5:43.25	32.24	950m: 10:02.06	32.38	1350m: 14:22.37	32.83
	200m: 2:01.75	31.17	600m: 6:15.23	31.98	1000m: 10:34.58	32.52	1400m: 14:54.77	32.40
	250m: 2:33.32	31.57	650m: 6:47.21	31.98	1050m: 11:06.87	32.29	1450m: 15:27.08	32.31
	300m: 3:04.69	31.37	700m: 7:19.85	32.64	1100m: 11:39.12	32.25	1500m: 15:58.27	31.19
	350m: 3:36.07	31.38	750m: 7:52.29	32.44	1150m: 12:11.74	32.62		
	400m: 4:07.36	31.29	800m: 8:24.62	32.33	1200m: 12:44.39	32.65		
9.	Andre Rafael Marinho	93	10643	Uniao Piedense	16:01.03	+0,86	692	
	50m: 29.04	29.04	450m: 4:46.13	32.40	850m: 9:06.16	32.33	1250m: 13:23.07	31.95
	100m: 1:00.23	31.19	500m: 5:18.73	32.60	900m: 9:38.82	32.66	1300m: 13:54.72	31.65
	150m: 1:32.00	31.77	550m: 5:51.44	32.71	950m: 10:11.02	32.20	1350m: 14:26.43	31.71
	200m: 2:04.04	32.04	600m: 6:24.25	32.81	1000m: 10:43.26	32.24	1400m: 14:58.17	31.74
	250m: 2:36.62	32.58	650m: 6:56.83	32.58	1050m: 11:15.36	32.10	1450m: 15:30.04	31.87
	300m: 3:08.77	32.15	700m: 7:28.99	32.16	1100m: 11:47.23	31.87	1500m: 16:01.03	30.99
	350m: 3:41.32	32.55	750m: 8:01.31	32.32	1150m: 12:19.21	31.98		
	400m: 4:13.73	32.41	800m: 8:33.83	32.52	1200m: 12:51.12	31.91		

Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 42, Masc., 1500m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
10.	Ricardo Manuel Machado	93	13278	Braga	16:14.16	+0,89	664	
	50m: 28.76	28.76	450m: 4:45.92	32.48	850m: 9:06.36	32.52	1250m: 13:28.79	33.40
	100m: 59.99	31.23	500m: 5:18.73	32.81	900m: 9:38.97	32.61	1300m: 14:02.24	33.45
	150m: 1:31.96	31.97	550m: 5:51.57	32.84	950m: 10:11.41	32.44	1350m: 14:35.37	33.13
	200m: 2:04.18	32.22	600m: 6:24.38	32.81	1000m: 10:43.98	32.57	1400m: 15:08.71	33.34
	250m: 2:36.47	32.29	650m: 6:56.70	32.32	1050m: 11:15.83	31.85	1450m: 15:41.77	33.06
	300m: 3:08.91	32.44	700m: 7:28.86	32.16	1100m: 11:49.07	33.24	1500m: 16:14.16	32.39
	350m: 3:41.31	32.40	750m: 8:01.20	32.34	1150m: 12:22.22	33.15		
	400m: 4:13.44	32.13	800m: 8:33.84	32.64	1200m: 12:55.39	33.17		
11.	Rui Miguel Lopes	94	106253	Natacao Olhao	16:20.21	+0,83	652	
	50m: 29.53	29.53	450m: 4:50.29	32.55	850m: 9:12.64	33.26	1250m: 13:36.41	33.00
	100m: 1:00.95	31.42	500m: 5:22.64	32.35	900m: 9:45.71	33.07	1300m: 14:09.51	33.10
	150m: 1:33.15	32.20	550m: 5:55.20	32.56	950m: 10:18.53	32.82	1350m: 14:42.72	33.21
	200m: 2:05.89	32.74	600m: 6:27.90	32.70	1000m: 10:51.77	33.24	1400m: 15:16.09	33.37
	250m: 2:39.09	33.20	650m: 7:00.79	32.89	1050m: 11:24.57	32.80	1450m: 15:49.06	32.97
	300m: 3:11.91	32.82	700m: 7:33.60	32.81	1100m: 11:57.41	32.84	1500m: 16:20.21	31.15
	350m: 3:44.97	33.06	750m: 8:06.63	33.03	1150m: 12:30.26	32.85		
	400m: 4:17.74	32.77	800m: 8:39.38	32.75	1200m: 13:03.41	33.15		
12.	Nuno Vieira Malheiro	93	13279	Braga	16:23.34	+0,80	646	
	50m: 29.90	29.90	450m: 4:52.50	32.67	850m: 9:17.37	32.99	1250m: 13:41.27	33.28
	100m: 1:02.35	32.45	500m: 5:25.16	32.66	900m: 9:50.24	32.87	1300m: 14:14.03	32.76
	150m: 1:35.22	32.87	550m: 5:58.52	33.36	950m: 10:23.07	32.83	1350m: 14:47.06	33.03
	200m: 2:08.28	33.06	600m: 6:31.45	32.93	1000m: 10:55.89	32.82	1400m: 15:20.24	33.18
	250m: 2:40.83	32.55	650m: 7:04.85	33.40	1050m: 11:29.30	33.41	1450m: 15:52.77	32.53
	300m: 3:13.89	33.06	700m: 7:37.92	33.07	1100m: 12:02.14	32.84	1500m: 16:23.34	30.57
	350m: 3:47.01	33.12	750m: 8:11.04	33.12	1150m: 12:35.09	32.95		
	400m: 4:19.83	32.82	800m: 8:44.38	33.34	1200m: 13:07.99	32.90		
13.	Paulo Andre Dias	92	23406	Gespacos	16:24.81	+0,82	643	
	50m: 30.17	30.17	450m: 4:52.92	32.98	850m: 9:16.93	32.87	1250m: 13:41.53	33.07
	100m: 1:02.71	32.54	500m: 5:25.37	32.45	900m: 9:49.72	32.79	1300m: 14:14.53	33.00
	150m: 1:35.41	32.70	550m: 5:58.62	33.25	950m: 10:22.40	32.68	1350m: 14:47.88	33.35
	200m: 2:08.48	33.07	600m: 6:31.66	33.04	1000m: 10:55.38	32.98	1400m: 15:21.06	33.18
	250m: 2:41.26	32.78	650m: 7:04.88	33.22	1050m: 11:29.02	33.64	1450m: 15:53.26	32.20
	300m: 3:14.08	32.82	700m: 7:37.76	32.88	1100m: 12:02.28	33.26	1500m: 16:24.81	31.55
	350m: 3:46.97	32.89	750m: 8:10.77	33.01	1150m: 12:35.26	32.98		
	400m: 4:19.94	32.97	800m: 8:44.06	33.29	1200m: 13:08.46	33.20		
14.	Daniel Ricardo Viegas	83	22441	Amadora	16:29.38	+0,82	634	
	50m: 29.83	29.83	450m: 4:52.62	32.86	850m: 9:17.52	33.29	1250m: 13:45.70	33.72
	100m: 1:02.42	32.59	500m: 5:25.30	32.68	900m: 9:51.03	33.51	1300m: 14:19.16	33.46
	150m: 1:35.52	33.10	550m: 5:58.29	32.99	950m: 10:24.71	33.68	1350m: 14:52.98	33.82
	200m: 2:08.29	32.77	600m: 6:31.31	33.02	1000m: 10:58.25	33.54	1400m: 15:25.77	32.79
	250m: 2:41.20	32.91	650m: 7:04.44	33.13	1050m: 11:31.79	33.54	1450m: 15:58.20	32.43
	300m: 3:13.98	32.78	700m: 7:37.59	33.15	1100m: 12:04.76	32.97	1500m: 16:29.38	31.18
	350m: 3:47.04	33.06	750m: 8:10.84	33.25	1150m: 12:38.46	33.70		
	400m: 4:19.76	32.72	800m: 8:44.23	33.39	1200m: 13:11.98	33.52		
15.	Artur Manuel Ferreira	95	101981	Porto	16:34.76	+0,86	624	
	50m: 28.29	28.29	450m: 4:52.76	33.51	850m: 9:23.08	33.86	1250m: 13:51.72	33.47
	100m: 1:00.13	31.84	500m: 5:26.37	33.61	900m: 9:56.78	33.70	1300m: 14:24.78	33.06
	150m: 1:32.81	32.68	550m: 6:00.28	33.91	950m: 10:30.55	33.77	1350m: 14:58.38	33.60
	200m: 2:05.95	33.14	600m: 6:34.04	33.76	1000m: 11:04.38	33.83	1400m: 15:31.46	33.08
	250m: 2:38.99	33.04	650m: 7:07.75	33.71	1050m: 11:37.77	33.39	1450m: 16:03.34	31.88
	300m: 3:12.20	33.21	700m: 7:41.71	33.96	1100m: 12:11.12	33.35	1500m: 16:34.76	31.42
	350m: 3:45.69	33.49	750m: 8:15.67	33.96	1150m: 12:44.81	33.69		
	400m: 4:19.25	33.56	800m: 8:49.22	33.55	1200m: 13:18.25	33.44		

Campeonatos Absolutos de Portugal PC (Jun e Sen)
Silves, 2 - 4-12-2011

Prova 42, Masc., 1500m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
16.	Duarte Nuno Vieira	95	104151	Nacional	16:35.58	+0,76	622	
	50m: 29.36	29.36	450m: 4:55.81	33.37	850m: 9:24.30	33.50	1250m: 13:51.17	32.98
	100m: 1:01.87	32.51	500m: 5:29.07	33.26	900m: 9:57.70	33.40	1300m: 14:24.64	33.47
	150m: 1:35.33	33.46	550m: 6:02.62	33.55	950m: 10:31.34	33.64	1350m: 14:58.19	33.55
	200m: 2:08.74	33.41	600m: 6:36.43	33.81	1000m: 11:04.83	33.49	1400m: 15:31.05	32.86
	250m: 2:42.16	33.42	650m: 7:09.96	33.53	1050m: 11:37.94	33.11	1450m: 16:03.95	32.90
	300m: 3:15.39	33.23	700m: 7:43.74	33.78	1100m: 12:11.13	33.19	1500m: 16:35.58	31.63
	350m: 3:48.77	33.38	750m: 8:17.42	33.68	1150m: 12:45.04	33.91		
	400m: 4:22.44	33.67	800m: 8:50.80	33.38	1200m: 13:18.19	33.15		
17.	Cesar Filipe Magalhaes	95	15473	Foca	17:01.06	+0,82	577	
	<i>FTL</i>							
	50m: 30.82	30.82	450m: 4:59.94	33.65	850m: 9:33.81	34.48	1250m: 14:10.64	34.61
	100m: 1:04.28	33.46	500m: 5:33.98	34.04	900m: 10:08.61	34.80	1300m: 14:44.67	34.03
	150m: 1:37.61	33.33	550m: 6:08.14	34.16	950m: 10:43.17	34.56	1350m: 15:19.24	34.57
	200m: 2:11.10	33.49	600m: 6:42.04	33.90	1000m: 11:17.92	34.75	1400m: 15:53.95	34.71
	250m: 2:44.80	33.70	650m: 7:16.14	34.10	1050m: 11:52.26	34.34	1450m: 16:27.78	33.83
	300m: 3:18.60	33.80	700m: 7:50.37	34.23	1100m: 12:27.20	34.94	1500m: 17:01.06	33.28
	350m: 3:52.52	33.92	750m: 8:24.86	34.49	1150m: 13:01.47	34.27		
	400m: 4:26.29	33.77	800m: 8:59.33	34.47	1200m: 13:36.03	34.56		
18.	Bruno Miranda Sousa	93	106109	Desportiva de Viana	17:01.46	+0,98	576	
	<i>FTL</i>							
	50m: 30.01	30.01	450m: 4:55.13	33.64	850m: 9:30.43	34.47	1250m: 14:09.23	35.29
	100m: 1:02.51	32.50	500m: 5:28.86	33.73	900m: 10:05.31	34.88	1300m: 14:44.10	34.87
	150m: 1:35.68	33.17	550m: 6:02.91	34.05	950m: 10:40.21	34.90	1350m: 15:19.16	35.06
	200m: 2:08.99	33.31	600m: 6:37.53	34.62	1000m: 11:14.87	34.66	1400m: 15:54.22	35.06
	250m: 2:41.86	32.87	650m: 7:12.24	34.71	1050m: 11:49.15	34.28	1450m: 16:28.94	34.72
	300m: 3:14.85	32.99	700m: 7:46.90	34.66	1100m: 12:23.86	34.71	1500m: 17:01.46	32.52
	350m: 3:48.00	33.15	750m: 8:21.30	34.40	1150m: 12:58.94	35.08		
	400m: 4:21.49	33.49	800m: 8:55.96	34.66	1200m: 13:33.94	35.00		
19.	Andre Filipe Fernandes	95	101173	Amadora	17:01.71	+0,77	576	
	<i>FTL</i>							
	50m: 29.84	29.84	450m: 4:58.87	33.86	850m: 9:32.64	34.38	1250m: 14:08.62	34.61
	100m: 1:02.82	32.98	500m: 5:33.11	34.24	900m: 10:07.14	34.50	1300m: 14:43.23	34.61
	150m: 1:36.26	33.44	550m: 6:07.23	34.12	950m: 10:41.50	34.36	1350m: 15:18.28	35.05
	200m: 2:10.26	34.00	600m: 6:41.23	34.00	1000m: 11:16.25	34.75	1400m: 15:53.16	34.88
	250m: 2:43.92	33.66	650m: 7:15.39	34.16	1050m: 11:50.64	34.39	1450m: 16:27.94	34.78
	300m: 3:17.95	34.03	700m: 7:49.56	34.17	1100m: 12:24.84	34.20	1500m: 17:01.71	33.77
	350m: 3:51.55	33.60	750m: 8:23.79	34.23	1150m: 12:59.47	34.63		
	400m: 4:25.01	33.46	800m: 8:58.26	34.47	1200m: 13:34.01	34.54		
20.	Gustavo Lopes Ribeiro	95	100433	Academica de Coimbra	17:05.81	+0,94	569	
	<i>FTL</i>							
	50m: 29.45	29.45	450m: 4:58.56	34.49	850m: 9:34.77	34.74	1250m: 14:13.47	34.92
	100m: 1:02.27	32.82	500m: 5:33.05	34.49	900m: 10:09.29	34.52	1300m: 14:48.17	34.70
	150m: 1:36.02	33.75	550m: 6:06.86	33.81	950m: 10:44.31	35.02	1350m: 15:23.56	35.39
	200m: 2:09.02	33.00	600m: 6:41.68	34.82	1000m: 11:18.89	34.58	1400m: 15:58.40	34.84
	250m: 2:42.92	33.90	650m: 7:15.96	34.28	1050m: 11:54.04	35.15	1450m: 16:32.75	34.35
	300m: 3:16.31	33.39	700m: 7:50.45	34.49	1100m: 12:28.47	34.43	1500m: 17:05.81	33.06
	350m: 3:50.00	33.69	750m: 8:25.45	35.00	1150m: 13:03.43	34.96		
	400m: 4:24.07	34.07	800m: 9:00.03	34.58	1200m: 13:38.55	35.12		

Campeonatos Absolutos de Portugal PC (Jun e Sen)
Silves, 2- - 4-12-2011

Prova 33 Femin., 50m Mariposa Absolutos
04-12-2011 Resultados Swim Off Elimin

Rec. Nac. 25m Absoluto	26.78	Sara Freitas Oliveira	FCP	Dubai (UAE)	16-12-2010
Rec. Nac. 25m Jun	27.57	Filipa Vilas Tiago	SCP	Leiria	06-12-2009
Rec. Nac. 25m Sen	26.78	Sara Freitas Oliveira	FCP	Dubai (UAE)	16-12-2010

TAC - Fem Sen: 30.80; Jun1: 30.80; Jun2: 30.80

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Mariana Sousa Martins	95	103743	Feirense	29.48	+0,74	565	
2.	Mariana Oliveira Damaso	93	25889	Naval de Ponta Delgada	30.48	+0,86	511	

6 - 3ª Jornada, 2ª Sessão (Finais)

04-12-2011 - 16:00

Prova 31 Femin., 800m Livres Absolutos
04-12-2011 Resultados

Rec. Nac. 25m Absoluto	8:45.91	Marta Andreia Ferreira	FPN	Riesa (GER)	13-12-2002
Rec. Nac. 25m Jun	8:46.74	Ana Claudia Santos	SFUAP	Cantanhede	19-12-2004
Rec. Nac. 25m Sen	8:45.91	Marta Andreia Ferreira	FPN	Riesa (GER)	13-12-2002

TAC - Fem Sen: 9:32.00; Jun2: 9:32.00; Jun1: 9:43.44

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Absolutos								
1.	Angelica Maria Andre	94	15497	Leixoes	8:50.62	+0,80	761	
	50m: 29.90	29.90	250m: 2:40.83	33.26	450m: 4:54.64	33.20	650m: 7:09.40	33.95
	100m: 1:01.98	32.08	300m: 3:14.44	33.61	500m: 5:27.99	33.35	700m: 7:43.93	34.53
	150m: 1:34.57	32.59	350m: 3:47.97	33.53	550m: 6:01.64	33.65	750m: 8:17.96	34.03
	200m: 2:07.57	33.00	400m: 4:21.44	33.47	600m: 6:35.45	33.81	800m: 8:50.62	32.66
2.	Diana Margarida Duraes	96	102992	Foca	8:53.55	+0,78	748	
	50m: 30.27	30.27	250m: 2:43.03	33.40	450m: 4:56.98	33.46	650m: 7:12.63	34.07
	100m: 1:03.02	32.75	300m: 3:16.68	33.65	500m: 5:30.66	33.68	700m: 7:46.46	33.83
	150m: 1:36.26	33.24	350m: 3:50.01	33.33	550m: 6:04.67	34.01	750m: 8:20.27	33.81
	200m: 2:09.63	33.37	400m: 4:23.52	33.51	600m: 6:38.56	33.89	800m: 8:53.55	33.28
3.	Joana Filipa Santos	93	24081	Vitoria de Guimaraes	8:55.23	+0,89	741	
	50m: 30.12	30.12	250m: 2:44.11	33.78	450m: 5:00.55	34.16	650m: 7:16.63	34.04
	100m: 1:03.07	32.95	300m: 3:18.10	33.99	500m: 5:34.63	34.08	700m: 7:50.71	34.08
	150m: 1:36.69	33.62	350m: 3:52.13	34.03	550m: 6:08.59	33.96	750m: 8:24.38	33.67
	200m: 2:10.33	33.64	400m: 4:26.39	34.26	600m: 6:42.59	34.00	800m: 8:55.23	30.85
4.	Joana Aguiar Rodrigues	93	15401	Porto	8:55.79	+0,95	739	
	50m: 30.54	30.54	250m: 2:46.17	34.09	450m: 5:00.44	33.28	650m: 7:16.60	34.49
	100m: 1:03.74	33.20	300m: 3:20.19	34.02	500m: 5:34.16	33.72	700m: 7:50.56	33.96
	150m: 1:38.15	34.41	350m: 3:53.91	33.72	550m: 6:07.82	33.66	750m: 8:24.36	33.80
	200m: 2:12.08	33.93	400m: 4:27.16	33.25	600m: 6:42.11	34.29	800m: 8:55.79	31.43
5.	Filipa Vilas Ruivo	97	103568	Nautico da Marinha Grande	9:03.22	+0,89	709	
	50m: 30.46	30.46	250m: 2:45.92	34.16	450m: 5:04.23	34.74	650m: 7:22.27	34.22
	100m: 1:03.51	33.05	300m: 3:20.39	34.47	500m: 5:38.99	34.76	700m: 7:56.17	33.90
	150m: 1:37.58	34.07	350m: 3:54.91	34.52	550m: 6:13.50	34.51	750m: 8:30.02	33.85
	200m: 2:11.76	34.18	400m: 4:29.49	34.58	600m: 6:48.05	34.55	800m: 9:03.22	33.20

O Juiz Arbitro

O Secretariado

Splash Meet Manager 11, Build 17983

Registered to Federacao Portuguesa De Natacao

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Silves, 2 - 4-12-2011

Prova 31, Femin., 800m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
6.	Andreia Catarina Gomes	94	103701	Vitoria de Guimaraes	9:06.98	+0,98	695	
	50m: 30.86	30.86	250m: 2:46.21	34.31	450m: 5:02.93	34.28	650m: 7:22.57	34.83
	100m: 1:03.99	33.13	300m: 3:20.36	34.15	500m: 5:37.82	34.89	700m: 7:57.83	35.26
	150m: 1:37.97	33.98	350m: 3:54.30	33.94	550m: 6:12.57	34.75	750m: 8:32.80	34.97
	200m: 2:11.90	33.93	400m: 4:28.65	34.35	600m: 6:47.74	35.17	800m: 9:06.98	34.18
7.	Vania Soares Neves	90	12380	Viana Natacao	9:07.60	+0,90	692	
	50m: 31.53	31.53	250m: 2:49.36	34.87	450m: 5:08.77	34.31	650m: 7:27.01	34.81
	100m: 1:05.53	34.00	300m: 3:24.38	35.02	500m: 5:42.85	34.08	700m: 8:01.59	34.58
	150m: 1:40.08	34.55	350m: 3:59.39	35.01	550m: 6:17.46	34.61	750m: 8:35.28	33.69
	200m: 2:14.49	34.41	400m: 4:34.46	35.07	600m: 6:52.20	34.74	800m: 9:07.60	32.32
8.	Maria Luis Amorim	95	102029	Porto	9:09.92	+1,04	684	
	50m: 31.38	31.38	250m: 2:49.35	34.96	450m: 5:08.64	34.06	650m: 7:27.25	34.88
	100m: 1:05.35	33.97	300m: 3:24.37	35.02	500m: 5:42.80	34.16	700m: 8:02.13	34.88
	150m: 1:39.81	34.46	350m: 3:59.43	35.06	550m: 6:17.46	34.66	750m: 8:36.24	34.11
	200m: 2:14.39	34.58	400m: 4:34.58	35.15	600m: 6:52.37	34.91	800m: 9:09.92	33.68
9.	Ines Alexandra Paiva	96	100378	Alges	9:10.09	+0,94	683	
	50m: 31.42	31.42	250m: 2:48.16	34.41	450m: 5:07.92	35.00	650m: 7:27.32	34.82
	100m: 1:05.14	33.72	300m: 3:22.95	34.79	500m: 5:42.80	34.88	700m: 8:02.08	34.76
	150m: 1:39.30	34.16	350m: 3:57.85	34.90	550m: 6:17.66	34.86	750m: 8:36.47	34.39
	200m: 2:13.75	34.45	400m: 4:32.92	35.07	600m: 6:52.50	34.84	800m: 9:10.09	33.62
10.	Ana Goncalves Neto	95	101958	Porto	9:12.09	+1,70	675	
	50m: 30.67	30.67	250m: 2:47.21	34.58	450m: 5:07.88	34.80	650m: 7:28.43	35.28
	100m: 1:03.81	33.14	300m: 3:22.37	35.16	500m: 5:43.05	35.17	700m: 8:03.16	34.73
	150m: 1:37.97	34.16	350m: 3:57.66	35.29	550m: 6:18.32	35.27	750m: 8:37.87	34.71
	200m: 2:12.63	34.66	400m: 4:33.08	35.42	600m: 6:53.15	34.83	800m: 9:12.09	34.22
11.	Maria Teresa Amorim	97	20104	Porto	9:12.28	+1,01	675	
	50m: 31.61	31.61	250m: 2:49.57	34.69	450m: 5:09.97	34.93	650m: 7:29.58	34.97
	100m: 1:05.61	34.00	300m: 3:24.79	35.22	500m: 5:44.61	34.64	700m: 8:04.31	34.73
	150m: 1:40.25	34.64	350m: 3:59.94	35.15	550m: 6:19.59	34.98	750m: 8:39.27	34.96
	200m: 2:14.88	34.63	400m: 4:35.04	35.10	600m: 6:54.61	35.02	800m: 9:12.28	33.01
12.	Barbara Marques Rodrigues	97	107039	Alges	9:12.52	+0,85	674	
	50m: 31.41	31.41	250m: 2:51.30	34.99	450m: 5:11.42	34.88	650m: 7:30.28	34.43
	100m: 1:06.05	34.64	300m: 3:26.47	35.17	500m: 5:46.41	34.99	700m: 8:04.77	34.49
	150m: 1:41.04	34.99	350m: 4:01.53	35.06	550m: 6:21.28	34.87	750m: 8:39.40	34.63
	200m: 2:16.31	35.27	400m: 4:36.54	35.01	600m: 6:55.85	34.57	800m: 9:12.52	33.12
13.	Leonor Mourinho Neves	95	105646	Sporting	9:14.14	+0,88	668	
	50m: 30.93	30.93	250m: 2:48.49	34.97	450m: 5:09.24	35.07	650m: 7:29.36	35.01
	100m: 1:04.68	33.75	300m: 3:23.60	35.11	500m: 5:44.27	35.03	700m: 8:04.65	35.29
	150m: 1:38.74	34.06	350m: 3:58.87	35.27	550m: 6:19.04	34.77	750m: 8:39.83	35.18
	200m: 2:13.52	34.78	400m: 4:34.17	35.30	600m: 6:54.35	35.31	800m: 9:14.14	34.31
14.	Ana Monica Eloi	96	107038	Nautico da Marinha Grande	9:18.93	+0,91	651	
	50m: 31.49	31.49	250m: 2:52.41	35.61	450m: 5:13.04	35.09	650m: 7:34.81	35.41
	100m: 1:06.22	34.73	300m: 3:27.79	35.38	500m: 5:48.24	35.20	700m: 8:10.03	35.22
	150m: 1:41.54	35.32	350m: 4:02.76	34.97	550m: 6:23.85	35.61	750m: 8:44.72	34.69
	200m: 2:16.80	35.26	400m: 4:37.95	35.19	600m: 6:59.40	35.55	800m: 9:18.93	34.21
15.	Daniela Filipa Pinto	91	20610	Vitoria de Guimaraes	9:19.48	+0,93	649	
	50m: 32.13	32.13	250m: 2:51.86	35.27	450m: 5:12.58	35.06	650m: 7:33.49	35.44
	100m: 1:06.49	34.36	300m: 3:26.88	35.02	500m: 5:47.62	35.04	700m: 8:09.04	35.55
	150m: 1:41.44	34.95	350m: 4:02.22	35.34	550m: 6:22.84	35.22	750m: 8:44.69	35.65
	200m: 2:16.59	35.15	400m: 4:37.52	35.30	600m: 6:58.05	35.21	800m: 9:19.48	34.79
16.	Helena Paula Carvalho	95	107307	Uniao Piedense	9:21.50	+0,80	642	
	50m: 31.90	31.90	250m: 2:52.30	35.25	450m: 5:15.02	35.97	650m: 7:37.35	35.79
	100m: 1:06.59	34.69	300m: 3:27.69	35.39	500m: 5:50.10	35.08	700m: 8:12.80	35.45
	150m: 1:41.75	35.16	350m: 4:03.45	35.76	550m: 6:25.94	35.84	750m: 8:47.99	35.19
	200m: 2:17.05	35.30	400m: 4:39.05	35.60	600m: 7:01.56	35.62	800m: 9:21.50	33.51

O Juiz Arbitro

O Secretariado

Splash Meet Manager 11, Build 17983

Registered to Federacao Portuguesa De Natacao

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Silves, 2 - 4-12-2011

Prova 31, Femin., 800m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
17.	Ana Filipa Martins	97	104438	Foca	9:21.85	+0,97	641	
	50m: 31.72	31.72	250m: 2:51.55	35.04	450m: 5:12.75	35.24	650m: 7:35.96	35.77
	100m: 1:06.03	34.31	300m: 3:26.79	35.24	500m: 5:48.44	35.69	700m: 8:11.78	35.82
	150m: 1:41.20	35.17	350m: 4:02.20	35.41	550m: 6:24.36	35.92	750m: 8:47.03	35.25
	200m: 2:16.51	35.31	400m: 4:37.51	35.31	600m: 7:00.19	35.83	800m: 9:21.85	34.82
18.	Raquel Paulo Ranito	94	25504	Sporting	9:23.45	+0,80	635	
	50m: 31.35	31.35	250m: 2:52.26	35.38	450m: 5:14.55	35.38	650m: 7:37.69	35.62
	100m: 1:05.79	34.44	300m: 3:27.93	35.67	500m: 5:50.23	35.68	700m: 8:13.10	35.41
	150m: 1:41.31	35.52	350m: 4:03.69	35.76	550m: 6:26.24	36.01	750m: 8:48.77	35.67
	200m: 2:16.88	35.57	400m: 4:39.17	35.48	600m: 7:02.07	35.83	800m: 9:23.45	34.68
19.	Joana Filipa Capela	89	12794	Benfica	9:24.93	+0,85	630	
	50m: 32.46	32.46	250m: 2:52.69	35.40	450m: 5:14.47	35.27	650m: 7:38.14	35.97
	100m: 1:06.92	34.46	300m: 3:28.26	35.57	500m: 5:50.17	35.70	700m: 8:14.67	36.53
	150m: 1:41.86	34.94	350m: 4:03.84	35.58	550m: 6:26.16	35.99	750m: 8:51.16	36.49
	200m: 2:17.29	35.43	400m: 4:39.20	35.36	600m: 7:02.17	36.01	800m: 9:24.93	33.77
20.	Catia Andreia Clara FTL	95	101886	Nautico da Marinha Grande	9:33.13	+0,90	604	
	50m: 32.31	32.31	250m: 2:54.27	35.84	450m: 5:19.38	36.37	650m: 7:44.81	36.21
	100m: 1:07.20	34.89	300m: 3:30.41	36.14	500m: 5:55.78	36.40	700m: 8:21.14	36.33
	150m: 1:42.61	35.41	350m: 4:06.54	36.13	550m: 6:32.34	36.56	750m: 8:57.47	36.33
	200m: 2:18.43	35.82	400m: 4:43.01	36.47	600m: 7:08.60	36.26	800m: 9:33.13	35.66
21.	Julia Matos Lopes FTL	94	12490	Scalabisport	9:33.21	+0,93	603	
	50m: 33.50	33.50	250m: 2:57.30	35.98	450m: 5:22.03	36.05	650m: 7:46.61	36.19
	100m: 1:09.19	35.69	300m: 3:33.43	36.13	500m: 5:58.16	36.13	700m: 8:22.49	35.88
	150m: 1:45.26	36.07	350m: 4:09.64	36.21	550m: 6:34.26	36.10	750m: 8:58.59	36.10
	200m: 2:21.32	36.06	400m: 4:45.98	36.34	600m: 7:10.42	36.16	800m: 9:33.21	34.62
22.	Cassandra Pedro Oliveira FTL	95	111071	Vilacondense	9:33.54	+0,91	602	
	50m: 32.67	32.67	250m: 2:54.88	35.94	450m: 5:20.57	36.44	650m: 7:46.77	36.43
	100m: 1:07.60	34.93	300m: 3:30.84	35.96	500m: 5:57.29	36.72	700m: 8:23.41	36.64
	150m: 1:43.09	35.49	350m: 4:07.45	36.61	550m: 6:33.94	36.65	750m: 8:59.37	35.96
	200m: 2:18.94	35.85	400m: 4:44.13	36.68	600m: 7:10.34	36.40	800m: 9:33.54	34.17
23.	Marta Alexandra Saraiva FTL	93	14641	Uniao Piedense	9:35.48	+0,97	596	
	50m: 32.86	32.86	250m: 2:55.54	36.05	450m: 5:20.54	36.37	650m: 7:47.09	36.70
	100m: 1:08.03	35.17	300m: 3:31.59	36.05	500m: 5:57.27	36.73	700m: 8:23.52	36.43
	150m: 1:43.66	35.63	350m: 4:07.63	36.04	550m: 6:33.97	36.70	750m: 9:00.16	36.64
	200m: 2:19.49	35.83	400m: 4:44.17	36.54	600m: 7:10.39	36.42	800m: 9:35.48	35.32
24.	Adriana Daniela Castro FTL	97	104515	Porto	9:47.05		562	
	50m: 32.82	32.82	250m: 3:01.13	36.88	450m: 5:30.28	37.19	650m: 7:59.03	37.16
	100m: 1:08.99	36.17	300m: 3:38.48	37.35	500m: 6:07.40	37.12	700m: 8:35.72	36.69
	150m: 1:46.55	37.56	350m: 4:15.80	37.32	550m: 6:44.43	37.03	750m: 9:12.24	36.52
	200m: 2:24.25	37.70	400m: 4:53.09	37.29	600m: 7:21.87	37.44	800m: 9:47.05	34.81
25.	Cecilia Branco Almeida FTL	97	105386	Geslourses	9:49.48	+0,92	555	
	50m: 34.09	34.09	250m: 3:01.67	37.15	450m: 5:30.27	37.11	650m: 7:59.67	37.47
	100m: 1:10.28	36.19	300m: 3:38.66	36.99	500m: 6:07.58	37.31	700m: 8:36.95	37.28
	150m: 1:47.35	37.07	350m: 4:15.67	37.01	550m: 6:44.91	37.33	750m: 9:14.05	37.10
	200m: 2:24.52	37.17	400m: 4:53.16	37.49	600m: 7:22.20	37.29	800m: 9:49.48	35.43

Campeonatos Absolutos de Portugal PC (Jun e Sen)
Silves, 2 - 4-12-2011

Prova 31, Femin., 800m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts				
26.	Daniela Figueiredo Metelo	97	26780	Nautico/Matobra	10:03.61	+0,83	517					
<i>FTL</i>												
	50m:	33.15	33.15	250m:	3:01.64	37.68	450m:	5:32.68	37.90	650m:	8:09.07	38.73
	100m:	1:09.43	36.28	300m:	3:39.16	37.52	500m:	6:11.62	38.94	700m:	8:48.20	39.13
	150m:	1:46.94	37.51	350m:	4:17.10	37.94	550m:	6:51.17	39.55	750m:	9:26.30	38.10
	200m:	2:23.96	37.02	400m:	4:54.78	37.68	600m:	7:30.34	39.17	800m:	10:03.61	37.31
DNS	Ana Catarina Monteiro	93	24320	Vilacondense								

Prova 42 Masc., 1500m Livres Absolutos
04-12-2011 Resultados

Rec. Nac. 25m Absoluto	15:04.78	Fernando Eurico Costa	FPN	Trieste (ITA)	10-12-2005
Rec. Nac. 25m Jun	15:05.57	Gustavo Manuel Santa	CNLA	Leiria	06-12-2009
Rec. Nac. 25m Sen	15:04.78	Fernando Eurico Costa	FPN	Trieste (ITA)	10-12-2005

TAC - Masc Sen: 16:33.00; Jun2: 16:33.00; Jun1: 16:52.86

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts				
Absolutos												
1.	Gustavo Manuel Santa	93	26492	Sporting	15:16.33	+0,81	798					
	50m:	27.64	27.64	450m:	4:30.68	30.42	850m:	8:37.94	30.89	1250m:	12:45.11	30.99
	100m:	57.73	30.09	500m:	5:01.14	30.46	900m:	9:08.75	30.81	1300m:	13:15.92	30.81
	150m:	1:28.31	30.58	550m:	5:32.11	30.97	950m:	9:39.87	31.12	1350m:	13:46.55	30.63
	200m:	1:58.64	30.33	600m:	6:03.19	31.08	1000m:	10:10.71	30.84	1400m:	14:17.41	30.86
	250m:	2:29.03	30.39	650m:	6:33.93	30.74	1050m:	10:41.54	30.83	1450m:	14:47.27	29.86
	300m:	2:59.42	30.39	700m:	7:05.36	31.43	1100m:	11:12.92	31.38	1500m:	15:16.33	29.06
	350m:	3:29.74	30.32	750m:	7:36.18	30.82	1150m:	11:43.58	30.66			
	400m:	4:00.26	30.52	800m:	8:07.05	30.87	1200m:	12:14.12	30.54			
2.	Rui Filipe Costa	91	24004	Vitoria de Guimaraes	15:33.13	+0,79	756					
	50m:	27.97	27.97	450m:	4:36.45	31.34	850m:	8:47.68	31.46	1250m:	12:59.87	31.53
	100m:	58.12	30.15	500m:	5:07.92	31.47	900m:	9:19.27	31.59	1300m:	13:31.53	31.66
	150m:	1:28.89	30.77	550m:	5:39.37	31.45	950m:	9:50.87	31.60	1350m:	14:02.94	31.41
	200m:	1:59.87	30.98	600m:	6:10.49	31.12	1000m:	10:22.44	31.57	1400m:	14:34.12	31.18
	250m:	2:30.96	31.09	650m:	6:41.80	31.31	1050m:	10:53.91	31.47	1450m:	15:04.48	30.36
	300m:	3:02.19	31.23	700m:	7:13.31	31.51	1100m:	11:25.30	31.39	1500m:	15:33.13	28.65
	350m:	3:33.58	31.39	750m:	7:44.75	31.44	1150m:	11:56.75	31.45			
	400m:	4:05.11	31.53	800m:	8:16.22	31.47	1200m:	12:28.34	31.59			
3.	Vasco Miguel Gaspar	90	26500	Uniao Piedense	15:35.72	+0,79	749					
	50m:	28.37	28.37	450m:	4:36.98	31.41	850m:	8:47.87	31.44	1250m:	12:59.92	31.47
	100m:	58.84	30.47	500m:	5:08.44	31.46	900m:	9:19.47	31.60	1300m:	13:31.51	31.59
	150m:	1:29.55	30.71	550m:	5:39.62	31.18	950m:	9:50.71	31.24	1350m:	14:03.00	31.49
	200m:	2:00.44	30.89	600m:	6:10.95	31.33	1000m:	10:22.30	31.59	1400m:	14:34.56	31.56
	250m:	2:31.40	30.96	650m:	6:42.13	31.18	1050m:	10:53.62	31.32	1450m:	15:06.03	31.47
	300m:	3:02.66	31.26	700m:	7:13.72	31.59	1100m:	11:25.29	31.67	1500m:	15:35.72	29.69
	350m:	3:33.97	31.31	750m:	7:45.05	31.33	1150m:	11:57.00	31.71			
	400m:	4:05.57	31.60	800m:	8:16.43	31.38	1200m:	12:28.45	31.45			
4.	Diogo Andre Gaspar	90	25544	Uniao Piedense	15:43.17	+0,80	732					
	50m:	28.42	28.42	450m:	4:38.36	31.44	850m:	8:50.53	31.47	1250m:	13:04.79	32.18
	100m:	59.41	30.99	500m:	5:09.98	31.62	900m:	9:21.94	31.41	1300m:	13:36.67	31.88
	150m:	1:30.58	31.17	550m:	5:41.34	31.36	950m:	9:53.75	31.81	1350m:	14:08.47	31.80
	200m:	2:01.72	31.14	600m:	6:12.71	31.37	1000m:	10:25.62	31.87	1400m:	14:40.63	32.16
	250m:	2:33.08	31.36	650m:	6:43.96	31.25	1050m:	10:56.94	31.32	1450m:	15:12.45	31.82
	300m:	3:04.32	31.24	700m:	7:15.54	31.58	1100m:	11:28.66	31.72	1500m:	15:43.17	30.72
	350m:	3:35.49	31.17	750m:	7:47.61	32.07	1150m:	12:00.52	31.86			
	400m:	4:06.92	31.43	800m:	8:19.06	31.45	1200m:	12:32.61	32.09			

O Juiz Arbitro

O Secretariado

Splash Meet Manager 11, Build 17983

Registered to Federacao Portuguesa De Natacao

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Silves, 2 - 4-12-2011

Prova 42, Masc., 1500m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
5.	Miguel Monteiro Diogo	93	10164	Nautico/Matobra	15:46.87	+0,72	723	
	50m: 28.16	28.16	450m: 4:39.52	31.54	850m: 8:53.82	31.90	1250m: 13:08.46	31.90
	100m: 58.38	30.22	500m: 5:11.21	31.69	900m: 9:25.46	31.64	1300m: 13:40.49	32.03
	150m: 1:29.73	31.35	550m: 5:43.13	31.92	950m: 9:57.23	31.77	1350m: 14:12.20	31.71
	200m: 2:01.47	31.74	600m: 6:14.80	31.67	1000m: 10:29.14	31.91	1400m: 14:43.92	31.72
	250m: 2:33.30	31.83	650m: 6:46.32	31.52	1050m: 11:01.17	32.03	1450m: 15:15.72	31.80
	300m: 3:04.97	31.67	700m: 7:18.14	31.82	1100m: 11:33.08	31.91	1500m: 15:46.87	31.15
	350m: 3:36.41	31.44	750m: 7:50.04	31.90	1150m: 12:04.99	31.91		
	400m: 4:07.98	31.57	800m: 8:21.92	31.88	1200m: 12:36.56	31.57		
6.	Paulo Fragueiro Franco	82	24393	Nacional	15:52.28	+0,78	711	
	50m: 28.78	28.78	450m: 4:36.94	31.18	850m: 8:49.65	31.91	1250m: 13:08.43	32.72
	100m: 59.71	30.93	500m: 5:08.12	31.18	900m: 9:21.88	32.23	1300m: 13:41.40	32.97
	150m: 1:30.69	30.98	550m: 5:39.22	31.10	950m: 9:54.39	32.51	1350m: 14:14.36	32.96
	200m: 2:01.85	31.16	600m: 6:10.45	31.23	1000m: 10:26.77	32.38	1400m: 14:47.69	33.33
	250m: 2:32.70	30.85	650m: 6:41.79	31.34	1050m: 10:58.47	31.70	1450m: 15:20.66	32.97
	300m: 3:03.63	30.93	700m: 7:13.84	32.05	1100m: 11:30.79	32.32	1500m: 15:52.28	31.62
	350m: 3:34.64	31.01	750m: 7:45.68	31.84	1150m: 12:02.65	31.86		
	400m: 4:05.76	31.12	800m: 8:17.74	32.06	1200m: 12:35.71	33.06		
7.	Hugo Alberto Ribeiro	88	23114	Gespacos	15:56.32	+0,97	702	
	50m: 28.39	28.39	450m: 4:40.60	31.67	850m: 8:55.75	32.15	1250m: 13:17.04	32.92
	100m: 59.39	31.00	500m: 5:12.42	31.82	900m: 9:27.95	32.20	1300m: 13:49.65	32.61
	150m: 1:30.79	31.40	550m: 5:44.30	31.88	950m: 10:00.30	32.35	1350m: 14:22.00	32.35
	200m: 2:02.17	31.38	600m: 6:16.13	31.83	1000m: 10:32.96	32.66	1400m: 14:54.45	32.45
	250m: 2:33.72	31.55	650m: 6:48.00	31.87	1050m: 11:05.66	32.70	1450m: 15:25.78	31.33
	300m: 3:05.41	31.69	700m: 7:19.75	31.75	1100m: 11:38.78	33.12	1500m: 15:56.32	30.54
	350m: 3:37.20	31.79	750m: 7:51.66	31.91	1150m: 12:11.48	32.70		
	400m: 4:08.93	31.73	800m: 8:23.60	31.94	1200m: 12:44.12	32.64		
8.	Mario Andre Bonanca	90	12773	Sporting	15:58.27	+0,90	698	
	50m: 28.32	28.32	450m: 4:39.04	31.68	850m: 8:57.16	32.54	1250m: 13:17.05	32.66
	100m: 59.35	31.03	500m: 5:11.01	31.97	900m: 9:29.68	32.52	1300m: 13:49.54	32.49
	150m: 1:30.58	31.23	550m: 5:43.25	32.24	950m: 10:02.06	32.38	1350m: 14:22.37	32.83
	200m: 2:01.75	31.17	600m: 6:15.23	31.98	1000m: 10:34.58	32.52	1400m: 14:54.77	32.40
	250m: 2:33.32	31.57	650m: 6:47.21	31.98	1050m: 11:06.87	32.29	1450m: 15:27.08	32.31
	300m: 3:04.69	31.37	700m: 7:19.85	32.64	1100m: 11:39.12	32.25	1500m: 15:58.27	31.19
	350m: 3:36.07	31.38	750m: 7:52.29	32.44	1150m: 12:11.74	32.62		
	400m: 4:07.36	31.29	800m: 8:24.62	32.33	1200m: 12:44.39	32.65		
9.	Andre Rafael Marinho	93	10643	Uniao Piedense	16:01.03	+0,86	692	
	50m: 29.04	29.04	450m: 4:46.13	32.40	850m: 9:06.16	32.33	1250m: 13:23.07	31.95
	100m: 1:00.23	31.19	500m: 5:18.73	32.60	900m: 9:38.82	32.66	1300m: 13:54.72	31.65
	150m: 1:32.00	31.77	550m: 5:51.44	32.71	950m: 10:11.02	32.20	1350m: 14:26.43	31.71
	200m: 2:04.04	32.04	600m: 6:24.25	32.81	1000m: 10:43.26	32.24	1400m: 14:58.17	31.74
	250m: 2:36.62	32.58	650m: 6:56.83	32.58	1050m: 11:15.36	32.10	1450m: 15:30.04	31.87
	300m: 3:08.77	32.15	700m: 7:28.99	32.16	1100m: 11:47.23	31.87	1500m: 16:01.03	30.99
	350m: 3:41.32	32.55	750m: 8:01.31	32.32	1150m: 12:19.21	31.98		
	400m: 4:13.73	32.41	800m: 8:33.83	32.52	1200m: 12:51.12	31.91		
10.	Ricardo Manuel Machado	93	13278	Braga	16:14.16	+0,89	664	
	50m: 28.76	28.76	450m: 4:45.92	32.48	850m: 9:06.36	32.52	1250m: 13:28.79	33.40
	100m: 59.99	31.23	500m: 5:18.73	32.81	900m: 9:38.97	32.61	1300m: 14:02.24	33.45
	150m: 1:31.96	31.97	550m: 5:51.57	32.84	950m: 10:11.41	32.44	1350m: 14:35.37	33.13
	200m: 2:04.18	32.22	600m: 6:24.38	32.81	1000m: 10:43.98	32.57	1400m: 15:08.71	33.34
	250m: 2:36.47	32.29	650m: 6:56.70	32.32	1050m: 11:15.83	31.85	1450m: 15:41.77	33.06
	300m: 3:08.91	32.44	700m: 7:28.86	32.16	1100m: 11:49.07	33.24	1500m: 16:14.16	32.39
	350m: 3:41.31	32.40	750m: 8:01.20	32.34	1150m: 12:22.22	33.15		
	400m: 4:13.44	32.13	800m: 8:33.84	32.64	1200m: 12:55.39	33.17		

Campeonatos Absolutos de Portugal PC (Jun e Sen)
Silves, 2 - 4-12-2011

Prova 42, Masc., 1500m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
11.	Rui Miguel Lopes	94	106253	Natacao Olhao	16:20.21	+0,83	652	
	50m: 29.53	29.53	450m: 4:50.29	32.55	850m: 9:12.64	33.26	1250m: 13:36.41	33.00
	100m: 1:00.95	31.42	500m: 5:22.64	32.35	900m: 9:45.71	33.07	1300m: 14:09.51	33.10
	150m: 1:33.15	32.20	550m: 5:55.20	32.56	950m: 10:18.53	32.82	1350m: 14:42.72	33.21
	200m: 2:05.89	32.74	600m: 6:27.90	32.70	1000m: 10:51.77	33.24	1400m: 15:16.09	33.37
	250m: 2:39.09	33.20	650m: 7:00.79	32.89	1050m: 11:24.57	32.80	1450m: 15:49.06	32.97
	300m: 3:11.91	32.82	700m: 7:33.60	32.81	1100m: 11:57.41	32.84	1500m: 16:20.21	31.15
	350m: 3:44.97	33.06	750m: 8:06.63	33.03	1150m: 12:30.26	32.85		
	400m: 4:17.74	32.77	800m: 8:39.38	32.75	1200m: 13:03.41	33.15		
12.	Nuno Vieira Malheiro	93	13279	Braga	16:23.34	+0,80	646	
	50m: 29.90	29.90	450m: 4:52.50	32.67	850m: 9:17.37	32.99	1250m: 13:41.27	33.28
	100m: 1:02.35	32.45	500m: 5:25.16	32.66	900m: 9:50.24	32.87	1300m: 14:14.03	32.76
	150m: 1:35.22	32.87	550m: 5:58.52	33.36	950m: 10:23.07	32.83	1350m: 14:47.06	33.03
	200m: 2:08.28	33.06	600m: 6:31.45	32.93	1000m: 10:55.89	32.82	1400m: 15:20.24	33.18
	250m: 2:40.83	32.55	650m: 7:04.85	33.40	1050m: 11:29.30	33.41	1450m: 15:52.77	32.53
	300m: 3:13.89	33.06	700m: 7:37.92	33.07	1100m: 12:02.14	32.84	1500m: 16:23.34	30.57
	350m: 3:47.01	33.12	750m: 8:11.04	33.12	1150m: 12:35.09	32.95		
	400m: 4:19.83	32.82	800m: 8:44.38	33.34	1200m: 13:07.99	32.90		
13.	Paulo Andre Dias	92	23406	Gespacos	16:24.81	+0,82	643	
	50m: 30.17	30.17	450m: 4:52.92	32.98	850m: 9:16.93	32.87	1250m: 13:41.53	33.07
	100m: 1:02.71	32.54	500m: 5:25.37	32.45	900m: 9:49.72	32.79	1300m: 14:14.53	33.00
	150m: 1:35.41	32.70	550m: 5:58.62	33.25	950m: 10:22.40	32.68	1350m: 14:47.88	33.35
	200m: 2:08.48	33.07	600m: 6:31.66	33.04	1000m: 10:55.38	32.98	1400m: 15:21.06	33.18
	250m: 2:41.26	32.78	650m: 7:04.88	33.22	1050m: 11:29.02	33.64	1450m: 15:53.26	32.20
	300m: 3:14.08	32.82	700m: 7:37.76	32.88	1100m: 12:02.28	33.26	1500m: 16:24.81	31.55
	350m: 3:46.97	32.89	750m: 8:10.77	33.01	1150m: 12:35.26	32.98		
	400m: 4:19.94	32.97	800m: 8:44.06	33.29	1200m: 13:08.46	33.20		
14.	Daniel Ricardo Viegas	83	22441	Amadora	16:29.38	+0,82	634	
	50m: 29.83	29.83	450m: 4:52.62	32.86	850m: 9:17.52	33.29	1250m: 13:45.70	33.72
	100m: 1:02.42	32.59	500m: 5:25.30	32.68	900m: 9:51.03	33.51	1300m: 14:19.16	33.46
	150m: 1:35.52	33.10	550m: 5:58.29	32.99	950m: 10:24.71	33.68	1350m: 14:52.98	33.82
	200m: 2:08.29	32.77	600m: 6:31.31	33.02	1000m: 10:58.25	33.54	1400m: 15:25.77	32.79
	250m: 2:41.20	32.91	650m: 7:04.44	33.13	1050m: 11:31.79	33.54	1450m: 15:58.20	32.43
	300m: 3:13.98	32.78	700m: 7:37.59	33.15	1100m: 12:04.76	32.97	1500m: 16:29.38	31.18
	350m: 3:47.04	33.06	750m: 8:10.84	33.25	1150m: 12:38.46	33.70		
	400m: 4:19.76	32.72	800m: 8:44.23	33.39	1200m: 13:11.98	33.52		
15.	Artur Manuel Ferreira	95	101981	Porto	16:34.76	+0,86	624	
	50m: 28.29	28.29	450m: 4:52.76	33.51	850m: 9:23.08	33.86	1250m: 13:51.72	33.47
	100m: 1:00.13	31.84	500m: 5:26.37	33.61	900m: 9:56.78	33.70	1300m: 14:24.78	33.06
	150m: 1:32.81	32.68	550m: 6:00.28	33.91	950m: 10:30.55	33.77	1350m: 14:58.38	33.60
	200m: 2:05.95	33.14	600m: 6:34.04	33.76	1000m: 11:04.38	33.83	1400m: 15:31.46	33.08
	250m: 2:38.99	33.04	650m: 7:07.75	33.71	1050m: 11:37.77	33.39	1450m: 16:03.34	31.88
	300m: 3:12.20	33.21	700m: 7:41.71	33.96	1100m: 12:11.12	33.35	1500m: 16:34.76	31.42
	350m: 3:45.69	33.49	750m: 8:15.67	33.96	1150m: 12:44.81	33.69		
	400m: 4:19.25	33.56	800m: 8:49.22	33.55	1200m: 13:18.25	33.44		
16.	Duarte Nuno Vieira	95	104151	Nacional	16:35.58	+0,76	622	
	50m: 29.36	29.36	450m: 4:55.81	33.37	850m: 9:24.30	33.50	1250m: 13:51.17	32.98
	100m: 1:01.87	32.51	500m: 5:29.07	33.26	900m: 9:57.70	33.40	1300m: 14:24.64	33.47
	150m: 1:35.33	33.46	550m: 6:02.62	33.55	950m: 10:31.34	33.64	1350m: 14:58.19	33.55
	200m: 2:08.74	33.41	600m: 6:36.43	33.81	1000m: 11:04.83	33.49	1400m: 15:31.05	32.86
	250m: 2:42.16	33.42	650m: 7:09.96	33.53	1050m: 11:37.94	33.11	1450m: 16:03.95	32.90
	300m: 3:15.39	33.23	700m: 7:43.74	33.78	1100m: 12:11.13	33.19	1500m: 16:35.58	31.63
	350m: 3:48.77	33.38	750m: 8:17.42	33.68	1150m: 12:45.04	33.91		
	400m: 4:22.44	33.67	800m: 8:50.80	33.38	1200m: 13:18.19	33.15		

Campeonatos Absolutos de Portugal PC (Jun e Sen)
Silves, 2- - 4-12-2011

Prova 42, Masc., 1500m Livres, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
17.	Cesar Filipe Magalhaes	95	15473	Foca	17:01.06	+0,82	577	
	<i>FTL</i>							
	50m: 30.82	30.82	450m: 4:59.94	33.65	850m: 9:33.81	34.48	1250m: 14:10.64	34.61
	100m: 1:04.28	33.46	500m: 5:33.98	34.04	900m: 10:08.61	34.80	1300m: 14:44.67	34.03
	150m: 1:37.61	33.33	550m: 6:08.14	34.16	950m: 10:43.17	34.56	1350m: 15:19.24	34.57
	200m: 2:11.10	33.49	600m: 6:42.04	33.90	1000m: 11:17.92	34.75	1400m: 15:53.95	34.71
	250m: 2:44.80	33.70	650m: 7:16.14	34.10	1050m: 11:52.26	34.34	1450m: 16:27.78	33.83
	300m: 3:18.60	33.80	700m: 7:50.37	34.23	1100m: 12:27.20	34.94	1500m: 17:01.06	33.28
	350m: 3:52.52	33.92	750m: 8:24.86	34.49	1150m: 13:01.47	34.27		
	400m: 4:26.29	33.77	800m: 8:59.33	34.47	1200m: 13:36.03	34.56		
18.	Bruno Miranda Sousa	93	106109	Desportiva de Viana	17:01.46	+0,98	576	
	<i>FTL</i>							
	50m: 30.01	30.01	450m: 4:55.13	33.64	850m: 9:30.43	34.47	1250m: 14:09.23	35.29
	100m: 1:02.51	32.50	500m: 5:28.86	33.73	900m: 10:05.31	34.88	1300m: 14:44.10	34.87
	150m: 1:35.68	33.17	550m: 6:02.91	34.05	950m: 10:40.21	34.90	1350m: 15:19.16	35.06
	200m: 2:08.99	33.31	600m: 6:37.53	34.62	1000m: 11:14.87	34.66	1400m: 15:54.22	35.06
	250m: 2:41.86	32.87	650m: 7:12.24	34.71	1050m: 11:49.15	34.28	1450m: 16:28.94	34.72
	300m: 3:14.85	32.99	700m: 7:46.90	34.66	1100m: 12:23.86	34.71	1500m: 17:01.46	32.52
	350m: 3:48.00	33.15	750m: 8:21.30	34.40	1150m: 12:58.94	35.08		
	400m: 4:21.49	33.49	800m: 8:55.96	34.66	1200m: 13:33.94	35.00		
19.	Andre Filipe Fernandes	95	101173	Amadora	17:01.71	+0,77	576	
	<i>FTL</i>							
	50m: 29.84	29.84	450m: 4:58.87	33.86	850m: 9:32.64	34.38	1250m: 14:08.62	34.61
	100m: 1:02.82	32.98	500m: 5:33.11	34.24	900m: 10:07.14	34.50	1300m: 14:43.23	34.61
	150m: 1:36.26	33.44	550m: 6:07.23	34.12	950m: 10:41.50	34.36	1350m: 15:18.28	35.05
	200m: 2:10.26	34.00	600m: 6:41.23	34.00	1000m: 11:16.25	34.75	1400m: 15:53.16	34.88
	250m: 2:43.92	33.66	650m: 7:15.39	34.16	1050m: 11:50.64	34.39	1450m: 16:27.94	34.78
	300m: 3:17.95	34.03	700m: 7:49.56	34.17	1100m: 12:24.84	34.20	1500m: 17:01.71	33.77
	350m: 3:51.55	33.60	750m: 8:23.79	34.23	1150m: 12:59.47	34.63		
	400m: 4:25.01	33.46	800m: 8:58.26	34.47	1200m: 13:34.01	34.54		
20.	Gustavo Lopes Ribeiro	95	100433	Academica de Coimbra	17:05.81	+0,94	569	
	<i>FTL</i>							
	50m: 29.45	29.45	450m: 4:58.56	34.49	850m: 9:34.77	34.74	1250m: 14:13.47	34.92
	100m: 1:02.27	32.82	500m: 5:33.05	34.49	900m: 10:09.29	34.52	1300m: 14:48.17	34.70
	150m: 1:36.02	33.75	550m: 6:06.86	33.81	950m: 10:44.31	35.02	1350m: 15:23.56	35.39
	200m: 2:09.02	33.00	600m: 6:41.68	34.82	1000m: 11:18.89	34.58	1400m: 15:58.40	34.84
	250m: 2:42.92	33.90	650m: 7:15.96	34.28	1050m: 11:54.04	35.15	1450m: 16:32.75	34.35
	300m: 3:16.31	33.39	700m: 7:50.45	34.49	1100m: 12:28.47	34.43	1500m: 17:05.81	33.06
	350m: 3:50.00	33.69	750m: 8:25.45	35.00	1150m: 13:03.43	34.96		
	400m: 4:24.07	34.07	800m: 9:00.03	34.58	1200m: 13:38.55	35.12		

Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 33 Absolutos
04-12-2011 Resultados Final
Femin., 50m Mariposa

Rec. Nac. 25m Absoluto	26.78	Sara Freitas Oliveira	FCP	Dubai (UAE)	16-12-2010
Rec. Nac. 25m Jun	27.57	Filipa Vilas Tiago	SCP	Leiria	06-12-2009
Rec. Nac. 25m Sen	26.78	Sara Freitas Oliveira	FCP	Dubai (UAE)	16-12-2010

TAC - Fem Sen: 30.80; Jun2: 30.80; Jun1: 30.80

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Final A								
1.	Catarina Tiago Nunes	95	100949	Uniao Piedense	28.54	+0,82	623	
2.	Filipa Ferreira Silva	85	12219	Amadora	28.62	+1,04	618	
3.	Ana Catarina Monteiro	93	24320	Vilacondense	29.03	+0,77	592	
4.	Sara Francisco Cruz	93	10732	BA/Mr.Pizza	29.30	+0,84	576	
5.	Claudia Sofia Monteiro	92	15882	Vilacondense	29.39	+0,83	570	
6.	Diana Patricia Ferreira	94	23500	Gespacos	29.47	+0,88	566	
7.	Carlota Freitas Olim	93	10949	Naval do Funchal	29.65	+0,70	555	
8.	Jessica Teixeira Vieira	91	104235	Amadora	29.74	+0,75	550	
Final B								
9.	Susana Clara Gomes	77	119272	Naval do Funchal	29.58	+0,80	559	
10.	Claudia Marques Moreno	91	24213	Porto	29.85	+0,88	544	
11.	Teresa Manuela Aires	96	105004	Sporting de Espinho	29.94	+0,81	539	
12.	Filipa Mendes Pinheiro	92	11056	Desportiva de Viana	29.98	+0,74	537	
	Mariana Sousa Martins	95	103743	Feirense	29.98	+0,78	537	
14.	Ana Beatriz Pereira	91	20591	Colegio Vasco da Gama	30.00	+0,74	536	
15.	Raquel Maurile Taveira	95	105392	Alges	30.03	+0,79	535	
16.	Ana Marta Miranda	96	100377	Uniao Piedense	30.18	+0,89	527	

Prova 32 Absolutos
04-12-2011 Resultados Final
Masc., 50m Mariposa

Rec. Nac. 25m Absoluto	23.63	Diogo Filipe Carvalho	FPN	Istambul (TUR)	13-12-2009
Rec. Nac. 25m Jun	24.83	Miguel Silva Oliveira	CNAC	Coimbra	09-05-2009
Rec. Nac. 25m Sen	23.63	Diogo Filipe Carvalho	FPN	Istambul (TUR)	13-12-2009

TAC - Masc Sen: 26.70; Jun2: 26.70; Jun1: 26.70

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Final A								
1.	Nuno Goncalo Quintanilha	87	12902	Colegio Vasco da Gama	24.80	+0,74	679	
2.	Joao Silva Gigante	88	14783	Amadora	25.01	+0,69	662	
3.	Fabio Manuel Pereira	86	23049	Vilacondense	25.09	+0,80	655	
4.	Carlos Filipe Santos	91	15694	Porto	25.24	+0,72	644	
5.	Ricardo Pereira Lopes	90	14831	Amadora	25.31	+0,67	638	
6.	Simao Pedro Alves	94	102500	Famalicao	25.36	+0,71	635	
7.	Carlos Lopes Pedrosa	94	102149	Naval de Ponta Delgada	25.72	+0,72	608	
8.	Paulo Jorge Santos	89	25982	Porto	25.78	+0,69	604	
Final B								
9.	Joao Pedro Araujo	85	15849	Famalicao	25.65	+0,90	613	
10.	Miguel Silva Oliveira	91	10822	Nautico/Matobra	26.00	+0,78	589	
11.	Mario Alexandre Pereira	92	10767	Nautico/Matobra	26.05	+0,71	586	

O Juiz Arbitro

O Secretariado

Splash Meet Manager 11, Build 17983

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 32, Masc., 50m Mariposa, Final, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
12.	Daniel Aparicio Pereira	83	24394	Braga	26.17	+0,76	578	
13.	Andre Neves Oliveira	91	14834	Benfica	26.25	+0,75	572	
14.	Andre Filipe Mendes	92	100307	Nautico de Abrantes	26.70	+0,69	544	
15.	Emanuel Augusto Pinho FTL	93	14295	Feirense	26.83	+0,79	536	
16.	Ricardo Verissimo Sousa FTL	93	25548	Colegio Vasco da Gama	27.03	+0,79	524	

Prova 35
04-12-2011

Femin., 200m Costas

Absolutos
Resultados Final

Rec. Nac. 25m Absoluto	2:12.00	Ana Antas Barros	SAD	Algés	14-05-1993
Rec. Nac. 25m Inf B	2:27.92	Keissy Joselin Sousa	FCP	Alcobaça	16-03-1997
Rec. Nac. 25m Inf A	2:22.25	Keissy Joselin Sousa	FCP	Algés	15-03-1998
Rec. Nac. 25m Juv	2:17.86	Catia Raquel Martinheira	LDC	Sines	21-12-2008
Rec. Nac. 25m Jun	2:12.80	Petra Quintela Chaves	SAD	Algés	31-05-1994
Rec. Nac. 25m Sen	2:12.00	Ana Antas Barros	SAD	Algés	14-05-1993

TAC - Fem Sen: 2:28.00; Jun2: 2:28.00; Jun1: 2:30.96

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Final A								
1.	Catia Raquel Martinheira	95	25940	Louletano/Loule Concelho	2:14.35	+0,57	715	
	50m: 31.30 31.30			100m: 1:04.82 33.52	150m: 1:39.32 34.50	200m: 2:14.35 35.03		
2.	Francisca Gomes Azevedo	97	100356	Alges	2:17.84	+0,76	662	
	50m: 32.13 32.13			100m: 1:06.49 34.36	150m: 1:42.09 35.60	200m: 2:17.84 35.75		
3.	Marta Pereira Abreu	92	23091	Porto	2:17.90	+0,76	661	
	50m: 32.52 32.52			100m: 1:07.13 34.61	150m: 1:43.12 35.99	200m: 2:17.90 34.78		
4.	Victoria Kaminskaya	95	102313	Pimpoes/Cimai	2:17.91	+0,72	661	
	50m: 33.20 33.20			100m: 1:08.11 34.91	150m: 1:43.38 35.27	200m: 2:17.91 34.53		
5.	Mafalda Gomes Beleza	94	26890	Sporting	2:17.95	+0,75	661	
	50m: 32.17 32.17			100m: 1:06.90 34.73	150m: 1:43.10 36.20	200m: 2:17.95 34.85		
6.	Patricia Isabel Oliveira	94	15970	Leixoes	2:23.19	+0,72	591	
	50m: 33.16 33.16			100m: 1:09.03 35.87	150m: 1:46.59 37.56	200m: 2:23.19 36.60		
7.	Adriana Correia Lopes	95	24491	Nautico/Matobra	2:23.21	+0,67	590	
	50m: 32.70 32.70			100m: 1:08.88 36.18	150m: 1:46.00 37.12	200m: 2:23.21 37.21		
8.	Paula Cristina Yang	95	100229	Gesloures	2:23.50	+0,78	587	
	50m: 33.58 33.58			100m: 1:10.08 36.50	150m: 1:47.09 37.01	200m: 2:23.50 36.41		
Final B								
9.	Ana Sofia Leite	93	24784	Ginasio de Vila Real	2:24.12	+0,80	579	
	50m: 32.45 32.45			100m: 1:07.65 35.20	150m: 1:45.42 37.77	200m: 2:24.12 38.70		
10.	Andreia Filipa Anjos	92	10739	BA/Mr.Pizza	2:24.71	+0,66	572	
	50m: 33.65 33.65			100m: 1:10.51 36.86	150m: 1:48.55 38.04	200m: 2:24.71 36.16		
11.	Rute Rocha Ines	97	104789	Louletano/Loule Concelho	2:25.39	+0,72	564	
	50m: 32.64 32.64			100m: 1:08.39 35.75	150m: 1:46.63 38.24	200m: 2:25.39 38.76		
12.	Andreia Silva Cruz	88	11126	Naval de Ponta Delgada	2:25.51	+0,61	563	
	50m: 34.23 34.23			100m: 1:10.35 36.12	150m: 1:47.67 37.32	200m: 2:25.51 37.84		

O Juiz Arbitro

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Silves, 2- - 4-12-2011

Prova 35, Femin., 200m Costas, Final, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
13.	Irina Filipa Lousa	95	102467	Porto	2:25.86	+0,82	559	
	50m: 34.33 34.33		100m: 1:10.79 36.46	150m: 1:48.22 37.43	200m: 2:25.86 37.64			
14.	Ana Rita Cruz	97	104785	Uniao Piedense	2:26.25	+0,73	554	
	50m: 34.02 34.02		100m: 1:10.94 36.92	150m: 1:49.28 38.34	200m: 2:26.25 36.97			
15.	Ana Sofia Simoes	93	100374	Benfica	2:28.11	+0,66	534	
	<i>FTL</i>							
	50m: 33.91 33.91		100m: 1:10.94 37.03	150m: 1:49.82 38.88	200m: 2:28.11 38.29			
16.	Maria Ines Almeida	96	105569	Nautico/Matobra	2:28.45	+0,68	530	
	<i>FTL</i>							
	50m: 34.29 34.29		100m: 1:11.25 36.96	150m: 1:50.30 39.05	200m: 2:28.45 38.15			

Prova 34
04-12-2011

Masc., 200m Costas

Absolutos
Resultados Final

Rec. Nac. 25m Absoluto	1:55.92	Adriano Miguel Niz	FPN	Istambul (TUR)	10-12-2009
Rec. Nac. 25m Inf B	2:18.15	Alexandre Lages Ribas	EDV	Ponte da Barca	03-07-2010
Rec. Nac. 25m Inf A	2:12.39	Rodrigo Silverio Carmo	CNCVG	Algés	12-06-2010
Rec. Nac. 25m Juv B	2:07.15	Pedro Diogo Oliveira	CNRM	Tomar	11-05-2003
Rec. Nac. 25m Juv A	2:01.43	Diogo Gomes Sousa	CNCVG	Algés	04-06-2011
Rec. Nac. 25m Jun	1:58.37	Adriano Miguel Niz	CFV	Figueira da Foz	03-07-2004
Rec. Nac. 25m Sen	1:55.92	Adriano Miguel Niz	FPN	Istambul (TUR)	10-12-2009

TAC - Masc Sen: 2:12.00; Jun2: 2:12.00; Jun1: 2:15.30

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Final A								
1.	Adriano Miguel Niz	86	23013	Famalicao	2:02.98	+0,65	642	
	50m: 28.80 28.80		100m: 1:00.60 31.80	150m: 1:32.69 32.09	200m: 2:02.98 30.29			
2.	Miguel Duarte Nascimento	95	14944	Portinado	2:03.65	+0,74	631	
	50m: 28.98 28.98		100m: 1:00.79 31.81	150m: 1:33.28 32.49	200m: 2:03.65 30.37			
3.	Edgar Oliveira Ribeiro	93	13277	Braga	2:04.11	+0,68	624	
	50m: 28.93 28.93		100m: 1:00.54 31.61	150m: 1:32.94 32.40	200m: 2:04.11 31.17			
4.	Pedro Fontoura Oliveira	90	14688	Amadora	2:04.59	+0,67	617	
	50m: 29.00 29.00		100m: 1:00.52 31.52	150m: 1:33.01 32.49	200m: 2:04.59 31.58			
5.	Samuel Patricio Queiros	91	15701	Porto	2:04.99	+1,07	611	
	50m: 29.56 29.56		100m: 1:01.43 31.87	150m: 1:33.15 31.72	200m: 2:04.99 31.84			
6.	Andre Bras Goncalves	88	14767	Amadora	2:07.01	+0,66	583	
	50m: 29.50 29.50		100m: 1:02.02 32.52	150m: 1:34.57 32.55	200m: 2:07.01 32.44			
7.	Rodrigo Pereira Lopes	95	26077	Amadora	2:07.36	+0,61	578	
	50m: 29.21 29.21		100m: 1:00.81 31.60	150m: 1:33.28 32.47	200m: 2:07.36 34.08			
8.	Andre Duarte Vaz	93	10768	Nautico/Matobra	2:07.68	+0,71	573	
	50m: 29.31 29.31		100m: 1:01.29 31.98	150m: 1:33.79 32.50	200m: 2:07.68 33.89			
Final B								
9.	Goncalo Filipe Gregorio	93	10644	Uniao Piedense	2:06.20	+0,58	594	
	50m: 28.22 28.22		100m: 58.89 30.67	150m: 1:31.37 32.48	200m: 2:06.20 34.83			
10.	Antonio Rafael Bessa	94	102089	Gespacos	2:07.57	+0,53	575	
	50m: 30.18 30.18		100m: 1:02.42 32.24	150m: 1:34.89 32.47	200m: 2:07.57 32.68			

O Juiz Arbitro

O Secretariado

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Silves, 2- - 4-12-2011

Prova 34, Masc., 200m Costas, Final, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
11.	Renato Filipe Nascimento	94	26386	Louletano/Loule Concelho	2:08.13	+0,73	567	
	50m: 29.51 29.51		100m: 1:01.49 31.98	150m: 1:34.62 33.13	200m: 2:08.13 33.51			
12.	Joao Pedro Braga	94	25892	Naval de Ponta Delgada	2:08.76	+0,70	559	
	50m: 29.70 29.70		100m: 1:01.78 32.08	150m: 1:35.39 33.61	200m: 2:08.76 33.37			
13.	Jose Alberto Martins	94	23096	Vitoria de Guimaraes	2:08.82	+0,61	558	
	50m: 30.42 30.42		100m: 1:03.49 33.07	150m: 1:36.55 33.06	200m: 2:08.82 32.27			
14.	Pedro Lobato Rijo	91	13025	Gesloures	2:09.45	+0,56	550	
	50m: 30.21 30.21		100m: 1:03.49 33.28	150m: 1:36.66 33.17	200m: 2:09.45 32.79			
15.	Joao Filipe Fernandes	93	15222	Famalicao	2:09.63	+0,65	548	
	50m: 30.18 30.18		100m: 1:03.22 33.04	150m: 1:36.61 33.39	200m: 2:09.63 33.02			
16.	Jose Joao Bica	87	12879	Colegio Vasco da Gama	2:10.83	+0,70	533	
	50m: 30.77 30.77		100m: 1:04.23 33.46	150m: 1:36.95 32.72	200m: 2:10.83 33.88			

Prova 37
04-12-2011

Femin., 50m Bruços

Absolutos
Resultados Final

Rec. Nac. 25m Absoluto	31.43	Diana Duarte Gomes	CNA	S. António Cavaleiros	19-12-2009
Rec. Nac. 25m Jun	31.46	Ana Pinho Rodrigues	AEJ	Leiria	06-12-2009
Rec. Nac. 25m Sen	31.43	Diana Duarte Gomes	CNA	S. António Cavaleiros	19-12-2009

TAC - Fem Sen: 36.00; Jun2: 36.00; Jun1: 36.00

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Final A								
1.	Ana Pinho Rodrigues	94	13372	Estamos Juntos	32.09	+0,74	722	
2.	Maria Carolina Rosa	94	14248	Sporting	32.77	+0,79	678	
3.	Diana Duarte Gomes	89	20632	Amadora	32.90	+0,79	670	
4.	Isabel Maria Figueira	79	11424	Louletano/Loule Concelho	33.42	+0,87	639	
5.	Joana Catarina Carvalho	92	15228	Porto	33.48	+0,72	636	
6.	Ana Marisa Brito	90	12800	Amadora	33.55	+0,80	632	
7.	Joana Patricia Pinto	94	24790	Ginasio de Vila Real	33.71	+0,86	623	
8.	Diana Patricia Ferreira	94	23500	Gespacos	34.20	+0,82	597	
Final B								
9.	Ariana Alves Nunes	95	13348	Portinado	34.35	+0,85	589	
10.	Gabriela Oliveira Andrade	94	12055	Nautico/Matobra	34.51	+0,73	581	
	Rita Fernandes Leitao	96	25571	Amadora	34.51	+0,80	581	
12.	Ana Teresa Franco	91	11349	Sporting	34.54	+0,92	579	
13.	Rute Margarida Marques	94	25359	Amadora	34.76	+0,81	568	
14.	Maria Ines Ribeiro	92	10899	Nautico/Matobra	34.94	+0,79	560	
15.	Joana Filipa Marques	95	25292	Bombeiros de Ponta Delgada	34.96	+0,74	559	
16.	Rosa Maria Oliveira	96	105858	Estarreja	35.57	+0,88	530	

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 36 Absolutos
04-12-2011 Resultados Final

Masc., 50m Bruços

Rec. Nac. 25m Absoluto	27.22	Jose Guilherme Couto	FPN	Moscovo (RUS)	06-04-2002
Rec. Nac. 25m Jun	28.56	Pedro Miguel Agostinho	SLB	S. António Cavaleiros	03-05-2009
Rec. Nac. 25m Sen	27.22	Jose Guilherme Couto	FPN	Moscovo (RUS)	06-04-2002

TAC - Masc Sen: 30.90; Jun2: 30.90; Jun1: 30.90

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Final A								
1.	Ricardo Jose Varela	89	12941	Naval Setubalense	28.85	+0,73	670	
2.	Pedro Miguel Agostinho	92	12778	Sporting	28.92	+0,66	665	
3.	Gil Goncalves Pinto	88	26051	Porto	29.04	+0,68	657	
4.	Henrique Pereira Neiva	84	23019	Vilacondense	29.05	+0,77	656	
5.	Sergio Baptista Silva	91	15703	Porto	29.44	+0,75	630	
6.	Diogo Parrilha da Silva	93	11580	Alcobaca	29.85	+0,75	605	
7.	Nuno Andre Fernandes	89	16073	Benfica	30.11	+0,78	589	
8.	Joao Claudio Sousa	93	23458	Gespacos	30.18	+0,78	585	
Final B								
9.	Fabio Andre Dias	92	14625	Naval Amorense	30.37	+0,85	574	
10.	Jaime Marques Duarte	87	22485	Amadora	30.45	+0,73	570	
11.	Joni Antunes Vinagre	89	20589	Belenenses	30.47	+0,73	569	
12.	Tiago Samuel Silva	93	23502	Porto	30.48	+0,70	568	
13.	Joao Albano Viola	89	100421	Nautico/Matobra	30.50	+0,72	567	
14.	Tiago Geraldês Machado	93	10264	Pimpoes/Cimai	30.63	+0,81	560	
15.	Vitor Diogo Moura	90	10394	Nacional	30.79	+0,74	551	
16.	Manuel Matos Sequeira	87	10631	Geslours	30.92	+0,71	544	

FTL

Prova 39 Absolutos
04-12-2011 Resultados Final

Femin., 200m Livres

Rec. Nac. 25m Absoluto	2:00.20	Marta Vieira Marinho	FCP	Porto	04-12-2010
Rec. Nac. 25m Inf B	2:12.32	Beatriz Rodrigues Conde	SCP	Algés	12-06-2010
Rec. Nac. 25m Inf A	2:09.46	Ines Camacho Fernandes	SCP	Tavira	05-03-2010
Rec. Nac. 25m Juv	2:06.53	Ana Claudia Santos	SFUAP	Mealhada	17-04-2004
Rec. Nac. 25m Jun	2:02.42	Andreia Catarina Gomes	VSC	S. António Cavaleiros	19-12-2009
Rec. Nac. 25m Sen	2:00.20	Marta Vieira Marinho	FCP	Porto	04-12-2010

TAC - Fem Sen: 2:11.00; Jun2: 2:11.00; Jun1: 2:13.62

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Final A								
1.	Marta Vieira Marinho	91	15707	Porto	2:03.38	+0,79	731	
	50m: 28.24 28.24			100m: 58.97 30.73	150m: 1:30.88 31.91		200m: 2:03.38 32.50	
2.	Alexandra Paiva Oliveira	91	15139	Porto	2:04.55	+0,79	711	
	50m: 28.81 28.81			100m: 59.84 31.03	150m: 1:31.66 31.82		200m: 2:04.55 32.89	
3.	Mafalda Gomes Beleza	94	26890	Sporting	2:04.90	+0,87	705	
	50m: 29.50 29.50			100m: 1:01.03 31.53	150m: 1:33.18 32.15		200m: 2:04.90 31.72	
4.	Claudia Marques Moreno	91	24213	Porto	2:07.43	+0,94	663	
	50m: 29.91 29.91			100m: 1:02.38 32.47	150m: 1:35.10 32.72		200m: 2:07.43 32.33	

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 39, Femin., 200m Livres, Final, Absolutos

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
5.	Angelica Maria Andre	94	15497	Leixoes	2:07.92	+0,75	656	
	50m: 29.75 29.75		100m: 1:02.29 32.54	150m: 1:36.04 33.75	200m: 2:07.92 31.88			
6.	Joana Aguiar Rodrigues	93	15401	Porto	2:08.04	+0,89	654	
	50m: 30.18 30.18		100m: 1:02.36 32.18	150m: 1:35.56 33.20	200m: 2:08.04 32.48			
7.	Andreia Catarina Gomes	94	103701	Vitoria de Guimaraes	2:08.57	+0,97	646	
	50m: 30.42 30.42		100m: 1:02.95 32.53	150m: 1:36.09 33.14	200m: 2:08.57 32.48			
8.	Joana Filipa Santos	93	24081	Vitoria de Guimaraes	2:08.75	+0,87	643	
	50m: 29.55 29.55		100m: 1:02.21 32.66	150m: 1:35.67 33.46	200m: 2:08.75 33.08			
Final B								
9.	Ana Ribeiro Ferreira	92	15634	Famalicao	2:07.50	+1,01	662	
	50m: 30.28 30.28		100m: 1:02.56 32.28	150m: 1:35.56 33.00	200m: 2:07.50 31.94			
10.	Soraia Vanessa Ribeiro	92	15857	Gespacos	2:08.06	+0,99	654	
	50m: 30.01 30.01		100m: 1:01.95 31.94	150m: 1:35.01 33.06	200m: 2:08.06 33.05			
11.	Vania Soares Neves	90	12380	Viana Natacao	2:08.52	+0,84	647	
	50m: 30.13 30.13		100m: 1:02.73 32.60	150m: 1:35.91 33.18	200m: 2:08.52 32.61			
12.	Joana Filipa Capela	89	12794	Benfica	2:09.15	+0,82	637	
	50m: 29.62 29.62		100m: 1:01.48 31.86	150m: 1:34.88 33.40	200m: 2:09.15 34.27			
13.	Filipa Vilas Ruivo	97	103568	Nautico da Marinha Grande	2:09.77	+0,89	628	
	50m: 30.17 30.17		100m: 1:03.16 32.99	150m: 1:37.11 33.95	200m: 2:09.77 32.66			
	Ines Alexandra Paiva	96	100378	Alges	2:09.77	+0,85	628	
	50m: 30.66 30.66		100m: 1:03.81 33.15	150m: 1:37.33 33.52	200m: 2:09.77 32.44			
15.	Raquel Paulo Ranito	94	25504	Sporting	2:10.27	+1,18	621	
	50m: 30.02 30.02		100m: 1:03.17 33.15	150m: 1:36.99 33.82	200m: 2:10.27 33.28			
16.	Ana Goncalves Neto	95	101958	Porto	2:11.66	+0,98	602	
	FTL 50m: 30.26 30.26		100m: 1:03.92 33.66	150m: 1:38.35 34.43	200m: 2:11.66 33.31			

Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 38 Masc., 200m Livres Absolutos
04-12-2011 Resultados Final

Rec. Nac. 25m Absoluto	1:45.69	Diogo Filipe Carvalho	CGA	S. António Cavaleiros	20-12-2009
Rec. Nac. 25m Inf B	2:05.79	Pedro Fontoura Oliveira	CFB	Santarém	04-04-2003
Rec. Nac. 25m Inf A	1:58.99	Pedro Fontoura Oliveira	CFB	Cova da Piedade	10-06-2004
Rec. Nac. 25m Juv B	1:55.53	Diogo Filipe Carvalho	CGA	Ilhavo	01-03-2003
Rec. Nac. 25m Juv A	1:51.06	Tiago Andre Venancio	CNS	Braga	22-03-2003
Rec. Nac. 25m Jun	1:47.73	Tiago Andre Venancio	FPN	Viena (AUT)	12-12-2004
Rec. Nac. 25m Sen	1:45.69	Diogo Filipe Carvalho	CGA	S. António Cavaleiros	20-12-2009

TAC - Masc Sen: 1:56.50; Jun2: 1:56.50; Jun1: 1:58.83

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Final A								
1.	Luis Emanuel Vaz	91	15628	Famalicao	1:47.99	+0,72	779	
	50m: 25.36 25.36		100m: 52.36 27.00	150m: 1:19.49 27.13	200m: 1:47.99 28.50			
2.	Cesar Fernando Faria	90	10704	BA/Mr.Pizza	1:49.55	+0,76	746	
	50m: 25.50 25.50		100m: 53.19 27.69	150m: 1:21.48 28.29	200m: 1:49.55 28.07			
3.	Luis Marques Pinto	87	10422	Naval do Funchal	1:50.02	+0,66	736	
	50m: 25.37 25.37		100m: 53.00 27.63	150m: 1:21.76 28.76	200m: 1:50.02 28.26			
4.	Ricardo Ferreira Cotovio	91	10921	Sporting	1:50.16	+0,68	733	
	50m: 25.80 25.80		100m: 53.51 27.71	150m: 1:22.04 28.53	200m: 1:50.16 28.12			
5.	Jorge Manuel Maia	89	23220	Famalicao	1:50.51	+0,75	727	
	50m: 25.99 25.99		100m: 53.43 27.44	150m: 1:21.61 28.18	200m: 1:50.51 28.90			
6.	Mario Alexandre Pereira	92	10767	Nautico/Matobra	1:51.16	+0,67	714	
	50m: 24.94 24.94		100m: 52.67 27.73	150m: 1:21.53 28.86	200m: 1:51.16 29.63			
7.	Gustavo Manuel Santa	93	26492	Sporting	1:51.29	+0,76	711	
	50m: 26.42 26.42		100m: 54.93 28.51	150m: 1:22.84 27.91	200m: 1:51.29 28.45			
8.	Mario Andre Bonanca FTL	90	12773	Sporting	1:57.98	+0,96	597	
	50m: 26.53 26.53		100m: 55.43 28.90	150m: 1:26.70 31.27	200m: 1:57.98 31.28			
Final B								
9.	Fabio Manuel Pereira	86	23049	Vilacondense	1:52.25	+0,76	693	
	50m: 26.53 26.53		100m: 55.19 28.66	150m: 1:24.10 28.91	200m: 1:52.25 28.15			
10.	Ricardo Manuel Machado	93	13278	Braga	1:52.95	+0,81	680	
	50m: 26.56 26.56		100m: 55.47 28.91	150m: 1:24.36 28.89	200m: 1:52.95 28.59			
11.	Rui Filipe Costa	91	24004	Vitoria de Guimaraes	1:53.97	+0,76	662	
	50m: 26.81 26.81		100m: 56.32 29.51	150m: 1:25.37 29.05	200m: 1:53.97 28.60			
12.	Bernardo Leitao Graca	93	14838	Sporting	1:55.16	+0,79	642	
	50m: 26.77 26.77		100m: 56.28 29.51	150m: 1:25.86 29.58	200m: 1:55.16 29.30			
13.	Joao Pedro Almeida	92	24029	Nautico/Matobra	1:55.48	+0,70	637	
	50m: 26.61 26.61		100m: 55.42 28.81	150m: 1:25.01 29.59	200m: 1:55.48 30.47			
14.	Vasco Miguel Gaspar	90	26500	Uniao Piedense	1:55.49	+0,76	636	
	50m: 27.12 27.12		100m: 56.51 29.39	150m: 1:26.52 30.01	200m: 1:55.49 28.97			
15.	Bernardo Almeida Moreira	89	10795	Colegio Vasco da Gama	1:56.07	+0,78	627	
	50m: 27.07 27.07		100m: 56.44 29.37	150m: 1:26.48 30.04	200m: 1:56.07 29.59			
16.	Miguel Monteiro Diogo	93	10164	Nautico/Matobra	1:56.46	+0,68	621	
	50m: 26.97 26.97		100m: 56.57 29.60	150m: 1:26.85 30.28	200m: 1:56.46 29.61			

O Juiz Arbitro

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 41	Femin., 100m Estilos					Absolutos
04-12-2011						Resultados Final
Rec. Nac. 25m Absoluto	1:03.32	Diana Duarte Gomes	CNA	Leiria	06-12-2009	
Rec. Nac. 25m Jun	1:04.11	Maria Carolina Rosa	SCP	Leiria	06-12-2009	
Rec. Nac. 25m Sen	1:03.32	Diana Duarte Gomes	CNA	Leiria	06-12-2009	

TAC - Fem Sen: 1:10.00; Jun2: 1:10.00; Jun1: 1:10.00

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Final A								
1.	Ana Pinho Rodrigues	94	13372	Estamos Juntos	1:04.31	+0,84	723	
	50m: 30.44	30.44	100m: 1:04.31	33.87				
2.	Victoria Kaminskaya	95	102313	Pimpoes/Cimai	1:05.04	+0,81	699	
	50m: 30.06	30.06	100m: 1:05.04	34.98				
3.	Marta Pereira Abreu	92	23091	Porto	1:05.43	+0,87	687	
	50m: 30.87	30.87	100m: 1:05.43	34.56				
	Maria Carolina Rosa	94	14248	Sporting	1:05.43	+0,79	687	
	50m: 31.22	31.22	100m: 1:05.43	34.21				
5.	Diana Patricia Ferreira	94	23500	Gespacos	1:05.63	+0,84	680	
	50m: 30.40	30.40	100m: 1:05.63	35.23				
6.	Sara Freitas Oliveira	85	23045	Porto	1:06.01	+0,70	669	
	50m: 29.64	29.64	100m: 1:06.01	36.37				
7.	Filipa Ferreira Silva	85	12219	Amadora	1:06.45	+0,83	656	
	50m: 30.17	30.17	100m: 1:06.45	36.28				
DSQ	Fabiana Maria Quintal	84	10396	Nacional				
	<i>609 - Não terminou percurso de costas na posição dorsal - SW 6.5</i>							
Final B								
9.	Ariana Alves Nunes	95	13348	Portinado	1:06.69	+0,86	649	
	50m: 31.41	31.41	100m: 1:06.69	35.28				
10.	Ana Marta Miranda	96	100377	Uniao Piedense	1:06.92	+0,89	642	
	50m: 31.12	31.12	100m: 1:06.92	35.80				
11.	Catarina Tiago Nunes	95	100949	Uniao Piedense	1:06.93	+0,82	642	
	50m: 30.66	30.66	100m: 1:06.93	36.27				
12.	Gabriela Oliveira Andrade	94	12055	Nautico/Matobra	1:07.59	+0,73	623	
	50m: 32.35	32.35	100m: 1:07.59	35.24				
13.	Ana Beatriz Pereira	91	20591	Colegio Vasco da Gama	1:07.76	+0,72	618	
	50m: 32.51	32.51	100m: 1:07.76	35.25				
	Jessica Teixeira Vieira	91	104235	Amadora	1:07.76	+0,71	618	
	50m: 30.21	30.21	100m: 1:07.76	37.55				
15.	Rute Margarida Marques	94	25359	Amadora	1:08.69	+0,84	593	
	50m: 32.36	32.36	100m: 1:08.69	36.33				
16.	Maria Ines Ribeiro	92	10899	Nautico/Matobra	1:09.30	+0,82	578	
	50m: 32.91	32.91	100m: 1:09.30	36.39				

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
Silves, 2- - 4-12-2011

Prova 40 04-12-2011	Masc., 100m Estilos				Absolutos Resultados Final
Rec. Nac. 25m Absoluto	53.28	Diogo Filipe Carvalho	CGA	Viseu	18-04-2009
Rec. Nac. 25m Jun	56.47	Alexis Manacas Santos	SCP	Leiria	06-12-2009
Rec. Nac. 25m Sen	53.28	Diogo Filipe Carvalho	CGA	Viseu	18-04-2009

TAC - Masc Sen: 1:01.00; Jun2: 1:01.00; Jun1: 1:01.00

Pontos: FINA 2011

Lugar	Nome	Ano	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts
Final A								
1.	Nuno Goncalo Quintanilha	87	12902	Colegio Vasco da Gama	56.17	+0,75	737	
	50m: 26.05 26.05		100m: 56.17 30.12					
2.	Joao Silva Gigante	88	14783	Amadora	56.20	+0,66	736	
	50m: 25.52 25.52		100m: 56.20 30.68					
3.	Pedro Miguel Agostinho	92	12778	Sporting	56.61	+0,64	720	
	50m: 26.52 26.52		100m: 56.61 30.09					
4.	Fabio Andre Figueira	88	11084	Porto	57.49	+0,74	688	
	50m: 26.14 26.14		100m: 57.49 31.35					
5.	Adriano Miguel Niz	86	23013	Famalicao	57.54	+0,72	686	
	50m: 25.75 25.75		100m: 57.54 31.79					
6.	Gil Goncalves Pinto	88	26051	Porto	57.62	+0,65	683	
	50m: 26.38 26.38		100m: 57.62 31.24					
7.	Pedro Miguel Pinotes	89	26732	Sporting	58.26	+0,72	661	
	50m: 27.05 27.05		100m: 58.26 31.21					
8.	Rui Filipe Vilar	91	24159	Porto	58.47	+0,79	654	
	50m: 27.51 27.51		100m: 58.47 30.96					
Final B								
9.	Pedro Andre Santos	94	15732	Alges	58.78	+0,74	643	
	50m: 26.77 26.77		100m: 58.78 32.01					
10.	Miguel Silva Oliveira	91	10822	Nautico/Matobra	59.01	+0,84	636	
	50m: 27.62 27.62		100m: 59.01 31.39					
11.	Fabio Andre Dias	92	14625	Naval Amorense	59.24	+0,77	629	
	50m: 27.60 27.60		100m: 59.24 31.64					
12.	Andre Bras Goncalves	88	14767	Amadora	59.31	+0,79	626	
	50m: 26.99 26.99		100m: 59.31 32.32					
13.	Nuno Rafael Alves	90	25140	Gespacos	59.50	+0,79	620	
	50m: 27.97 27.97		100m: 59.50 31.53					
14.	Diogo Parrilha da Silva	93	11580	Alcobaca	59.51	+0,78	620	
	50m: 29.05 29.05		100m: 59.51 30.46					
15.	Miguel Machado Lopes	92	11467	Sporting	59.73	+0,67	613	
	50m: 28.06 28.06		100m: 59.73 31.67					
16.	Andre Filipe Mendes	92	100307	Nautico de Abrantes	1:00.58	+0,71	588	
	50m: 27.21 27.21		100m: 1:00.58 33.37					

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 43	Femin., 4 x 100m Livres					Absolutos
04-12-2011						Resultados
Rec. Nac. 25m Absoluto	3:44.99	Futebol Clube do Porto/Dolce Vita	FCP	Porto		04-12-2010
Rec. Nac. 25m Jun	3:56.01	Sporting Clube de Portugal	SCP	Leiria		06-12-2009
Rec. Nac. 25m Sen	3:44.99	Futebol Clube do Porto/Dolce Vita	FCP	Porto		04-12-2010

TAC Estaf - Fem Absoluto: 4:14.00

Pontos: FINA 2011

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts			
Absolutos									
1. Porto		Porto	3:51.05	+0,74	731				
		Sara Beatriz Loureiro	+0,74	27.83	58.02	Marta Vieira Marinho	+0,44	27.74	58.20
		Alexandra Paiva Oliveira	+0,24	27.23	57.41	Sara Freitas Oliveira	+0,12	27.29	57.42
2. Amadora		Amadora	3:54.80	+0,88	697				
		Lisa Marisa Soares	+0,88	28.72	59.41	Diana Duarte Gomes	+0,33	28.12	58.65
		Filipa Ferreira Silva	+0,28	28.01	58.45	Jessica Teixeira Vieira	+0,35	27.57	58.29
3. Alges		Alges	4:01.08	+0,77	644				
		Raquel Maurile Taveira	+0,77	28.57	59.39	Francisca Gomes Azevedo	+0,24	29.30	1:01.29
		Carolina Sanchez Rodrigues	+0,23	28.26	59.78	Ines Alexandra Paiva	+0,50	29.26	1:00.62
4. Vitoria de Guimaraes		Vitoria de Guimaraes	4:01.58	+0,93	640				
		Andreia Catarina Gomes	+0,93	29.07	1:00.08	Daniela Filipa Pinto	+0,43	29.83	1:02.01
		Amelia Pereira Fernandes	+0,20	29.05	1:00.36	Joana Filipa Santos	+0,28	28.26	59.13
5. Nautico/Matobra		Nautico/Matobra	4:02.30	+0,93	634				
		Carolina Cunha Martins	+0,93	29.04	1:00.30	Gabriela Oliveira Andrade	+0,08	28.85	1:00.97
		Ana Luisa Carvalho	+0,45	28.97	1:01.32	Maria Ines Ribeiro	+0,23	28.39	59.71
6. Vilacondense		Vilacondense	4:02.38	+0,83	633				
		Claudia Sofia Monteiro	+0,83	29.02	59.34	Cassandra Pedro Oliveira	+0,43	30.00	1:02.11
		Ana Filipa Gomes	+0,45	28.88	1:00.47	Rita Amado Laezza	+0,51	29.14	1:00.46
7. Louletano/Loule Concelho		Louletano/Loule Concelho	4:04.28	+0,83	619				
		Catia Raquel Martinheira	+0,83	28.74	59.23	Rute Rocha Ines	+0,54	28.84	1:02.10
		Isabel Maria Figueira	+0,47	29.52	1:01.86	Carolina Sofia Lopes	+0,48	28.98	1:01.09
8. Foca		Foca	4:04.74	+0,80	615				
		Diana Margarida Duraes	+0,80	28.01	58.80	Ana Isabel Cunha	+0,48	30.37	1:03.56
		Sofia Cunha Sousa	+0,49	29.94	1:02.20	Ana Filipa Martins	+0,28	28.86	1:00.18
9. Viana Natacao		Viana Natacao	4:04.86	+0,91	614				
		Marisa Alexandra Lage	+0,91	29.92	1:01.18	Ana Filipa Teixeira	+0,45	28.83	1:01.44
		Luana Raquel Alves	+0,71	29.96	1:02.65	Vania Soares Neves	+0,28	28.70	59.59
10. Belenenses		Belenenses	4:05.08	+0,76	613				
		Anais Verguet Moniz	+0,76	29.38	1:01.16	Luisa Pinto Abreu	+0,60	30.68	1:04.15
		Joana Oliveira Guerra	+0,32	29.76	1:02.14	Isabel Pinto Abreu	+0,20	27.73	57.63
11. Uniao Piedense		Uniao Piedense	4:05.15	+0,76	612				
		Helena Paula Carvalho	+0,76	29.80	1:01.74	Marta Alexandra Saraiva	+0,20	30.33	1:02.76
		Catarina Tiago Nunes	+0,53	28.90	1:00.36	Ana Marta Miranda	+0,44	28.93	1:00.29
12. Naval do Funchal		Naval do Funchal	4:06.06	+0,75	605				
		Susana Clara Gomes	+0,75	28.37	1:00.56	Ines Tomas Margarido	+0,33	29.85	1:02.78
		Carlota Freitas Olim	+0,34	28.81	1:00.60	Maria Joao Figueiredo	+0,13	29.49	1:02.12
13. Naval Amorense		Naval Amorense	4:07.51	+0,86	595				
		Sofia Prates Silvestre	+0,86	29.33	1:01.61	Tania Filipa Henriques	+0,36	29.19	1:02.19
		Carolina Madeira Santos	+0,27	29.75	1:02.78	Patricia Miguel Mendes	+0,24	28.42	1:00.93
14. Gespacos		Gespacos	4:08.33	+0,80	589				
		Sara Monteiro Meireles	+0,80	29.42	1:01.63	Claudia Susana Teixeira	+0,24	30.80	1:05.85
		Soraia Vanessa Ribeiro	+0,41	29.20	1:01.72	Diana Patricia Ferreira	+0,28	28.40	59.13

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Prova 43, Femin., 4 x 100m Livres, Absolutos

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts	
15. Gesloures		Gesloures	4:09.95	+0,80	578		
	+0,80	29.42	1:01.20	Cecilia Branco Almeida	+0,48	30.03	1:04.09
	+0,29	30.08	1:03.65	Tatiana Ladeiro Santos	+0,14	28.90	1:01.01
16. Benfica		Benfica	4:09.99	+0,81	577		
	+0,81	30.06	1:03.25	Ana Sofia Simoes	+0,04	30.18	1:03.97
	+0,31	29.81	1:03.35	Joana Filipa Capela	+0,26	28.49	59.42
17. Naval de Ponta Delgada		Naval de Ponta Delgada	4:13.74	+0,76	552		
	+0,76	29.95	1:01.95	Andreia Silva Cruz	+0,47	30.83	1:04.82
	+0,60	30.71	1:04.04	Mariana Oliveira Damaso	+0,38	29.78	1:02.93

Prova 44 Masc., 4 x 100m Livres Absolutos
04-12-2011 Resultados

Rec. Nac. 25m Absoluto	3:17.44	Clube Natacao da Amadora	CNA	S. António Cavaleiros	19-12-2009
Rec. Nac. 25m Jun	3:30.51	Futebol Clube do Porto/Imperio Bonifacio	FCB	Felgueiras	06-03-1998
Rec. Nac. 25m Sen	3:17.44	Clube Natacao da Amadora	CNA	S. António Cavaleiros	19-12-2009

TAC Estaf- Masc Absoluto: 3:40.00

Pontos: FINA 2011

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts	
1. Famalicao		Famalicao	3:21.92	+0,73	748		
	+0,73	24.11	49.63	Joao Pedro Araujo	+0,35	24.33	51.33
	+0,36	24.67	51.01	Adriano Miguel Niz	+0,28	23.95	49.95
2. Porto		Porto	3:22.41	+0,67	742		
	+0,67	23.69	50.93	Fabio Andre Figueira	+0,29	23.56	50.02
	+0,23	23.82	51.03	Joao Filipe Carvalho	+0,14	23.73	50.43
3. Sporting		Sporting	3:24.63	+0,76	718		
	+0,76	24.53	51.26	Pedro Miguel Pinotes	+0,18	24.59	51.63
	+0,27	24.83	51.84	Ricardo Ferreira Cotovio	+0,31	23.98	49.90
4. Amadora		Amadora	3:24.79	+0,66	717		
	+0,66	23.73	49.60	Pedro Fontoura Oliveira	+0,30	24.19	51.68
	+0,31	24.12	50.80	Rodrigo Pereira Lopes	+0,46	24.57	52.71
5. Nautico/Matobra		Nautico/Matobra	3:26.22	+0,68	702		
	+0,68	24.25	51.42	Miguel Monteiro Diogo	+0,15	24.95	52.83
	+0,14	24.29	51.18	Joao Pedro Almeida	+0,26	23.71	50.79
6. Colegio Vasco da Gama		Colegio Vasco da Gama	3:30.24	+0,76	662		
	+0,76	24.73	51.74	Jose Joao Bica	+0,26	25.21	52.25
	+0,34	24.97	52.22	Pedro Miguel Sa	+0,34	25.54	54.03
7. Braga		Braga	3:30.82	+0,75	657		
	+0,75	25.13	53.31	Miguel Antonio Silva	+0,35	25.28	53.56
	+0,25	24.63	52.74	Ricardo Manuel Machado	+0,51	24.70	51.21
8. Naval Amorense		Naval Amorense	3:31.68	+1,22	649		
	+1,22	24.92	52.48	Guilherme Pereira Gil	+0,25	25.87	55.06
	+0,35	24.85	52.73	David Miguel Leiria	+0,36	24.08	51.41
9. Uniao Piedense		Uniao Piedense	3:32.04	+0,83	646		
	+0,83	25.95	53.76	Diogo Andre Gaspar	+0,22	24.63	52.12
	+0,33	24.98	53.05	Diamantino Gato Bras	+0,40	25.06	53.11

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Campeonatos Absolutos de Portugal PC (Jun e Sen)
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Prova 44, Masc., 4 x 100m Livres, Absolutos

Lugar	NFed	Clube	Tempo Final	TReac	Pts FINA	Pts	
10. Academica de Coimbra		Academica de Coimbra	3:32.40	+1,07	642		
	+1,07	24.77	52.13	Joao Filipe Lucas	+0,33	25.52	54.05
	+0,18	24.66	51.88	Joao Andre Neves	+0,35	25.82	54.34
11. Vilacondense		Vilacondense	3:32.52	+0,78	641		
	+0,78	25.81	54.97	Rui Filipe Maia	+0,26	24.98	52.79
	+0,08	24.39	51.49	Henrique Pereira Neiva	+0,32	25.19	53.27
12. Naval do Funchal		Naval do Funchal	3:32.83	+0,65	638		
	+0,65	25.74	53.48	Joao Afonso Vargas	+0,24	25.83	54.90
	+0,13	25.41	55.05	Luis Marques Pinto	+0,32	23.80	49.40
13. Gespacos		Gespacos	3:36.63	+0,79	605		
	+0,79	26.36	54.15	Hugo Alberto Ribeiro	+0,25	26.00	54.56
	+0,34	25.69	53.97	Ruben Filipe Nunes	+0,25	25.90	53.95
14. Nacional		Nacional	3:39.33	+0,74	583		
	+0,74	26.15	54.39	Vitor Diogo Moura	+0,50	25.86	54.92
	+0,23	25.49	53.58	Miguel Goncalves Ferreira	+0,20	26.66	56.44