

Campeonatos Absolutos de Portugal PC (Jun e Sen)  
Silves, 2 - 4-12-2011

Prova 34 Masc., 200m Costas Absolutos  
04-12-2011 Resultados Final

Rec. Nac. 25m Absoluto	1:55.92	Adriano Miguel Niz	FPN	Istambul (TUR)	10-12-2009
Rec. Nac. 25m Inf B	2:18.15	Alexandre Lages Ribas	EDV	Ponte da Barca	03-07-2010
Rec. Nac. 25m Inf A	2:12.39	Rodrigo Silverio Carmo	CNCVG	Algés	12-06-2010
Rec. Nac. 25m Juv B	2:07.15	Pedro Diogo Oliveira	CNRM	Tomar	11-05-2003
Rec. Nac. 25m Juv A	2:01.43	Diogo Gomes Sousa	CNCVG	Algés	04-06-2011
Rec. Nac. 25m Jun	1:58.37	Adriano Miguel Niz	CFV	Figueira da Foz	03-07-2004
Rec. Nac. 25m Sen	1:55.92	Adriano Miguel Niz	FPN	Istambul (TUR)	10-12-2009

TAC - Masc Sen: 2:12.00; Jun2: 2:12.00; Jun1: 2:15.30

Pontos: FINA 2011

Lugar	Ano		Tempo final	Pts	50m	100m	150m	200m
<b>Final A</b>								
1.	86	Famalicao	<b>2:02.98</b>	642	28.80	31.80	32.09	30.29
2.	95	Portinado	<b>2:03.65</b>	631	28.98	31.81	32.49	30.37
3.	93	Braga	<b>2:04.11</b>	624	28.93	31.61	32.40	31.17
4.	90	Amadora	<b>2:04.59</b>	617	29.00	31.52	32.49	31.58
5.	91	Porto	<b>2:04.99</b>	611	29.56	31.87	31.72	31.84
6.	88	Amadora	<b>2:07.01</b>	583	29.50	32.52	32.55	32.44
7.	95	Amadora	<b>2:07.36</b>	578	29.21	31.60	32.47	34.08
8.	93	Nautico/Matobra	<b>2:07.68</b>	573	29.31	31.98	32.50	33.89
<b>Final B</b>								
9.	93	Uniao Piedense	<b>2:06.20</b>	594	28.22	30.67	32.48	34.83
10.	94	Gespacos	<b>2:07.57</b>	575	30.18	32.24	32.47	32.68
11.	94	Louletano/Loule Concelho	<b>2:08.13</b>	567	29.51	31.98	33.13	33.51
12.	94	Naval de Ponta Delgada	<b>2:08.76</b>	559	29.70	32.08	33.61	33.37
13.	94	Vitoria de Guimaraes	<b>2:08.82</b>	558	30.42	33.07	33.06	32.27
14.	91	Gesloures	<b>2:09.45</b>	550	30.21	33.28	33.17	32.79
15.	93	Famalicao	<b>2:09.63</b>	548	30.18	33.04	33.39	33.02
16.	87	Colegio Vasco da Gama	<b>2:10.83</b>	533	30.77	33.46	32.72	33.88