

XIII Campeonato Nacional Masters - OPEN Verão
Oeiras, 1- - 3-7-2011

Prova 9 02-07-2011	Masc., 200m Livres				25 - 89 anos Resultados
RN A(25-29)	1:59.32	David Oliveira Gorgulho	CNLA	Kranj (SLO)	29-08-2007
RN B(30-34)	1:56.57	Pedro Miguel Silva	CFV	Coimbra	21-06-2009
RN C(35-39)	2:00.00	Miguel Mendonca Cabrita	SAD	Coimbra	21-06-2009
RN D(40-44)	2:21.42	Pedro Alexandre Fernando	AAC	Faro	31-05-2008
RN E(45-49)	2:06.94	Jose Carlos Freitas	CFP	Gotemburgo (SWE)	02-08-2010
RN F(50-54)	2:24.47	Paulo Paula Carvalho	SFUAP	Vila Franca Xira	23-06-2011
RN G(55-59)	2:43.64	Carlos Alberto Serra	CCLV	Reguengos de Monsaraz	04-07-2010
RN H(60-64)	2:41.13	Stephen Thomas Dyson	CFB	Coimbra	21-06-2009
RN I(65-69)	2:55.87	Antonio Bessone Basto	SAD	Oeiras	01-07-2011
RN J(70-74)	3:44.23	Antonio Alexandre Rodrigues	AAC	Reguengos de Monsaraz	03-07-2010
RN K(75-79)	59:00.00				
RN L(80-84)	59:00.00				

Lugar	Ano		Tempo final	50m	100m	150m	200m	
Master Esc A								
1.	86	Carlos Fernandes Queiros	Ginasio de Vila Real	2:04.40	28.22	31.72	32.81	31.65
2.	82	David Oliveira Gorgulho	Litoral Alentejano	2:06.99	30.19	32.68	32.98	31.14
3.	83	Andre Silva Bastos	Feirense	2:14.12	31.02	34.10	35.41	33.59
4.	84	Mario Jorge Costa	Vilacondense	2:15.49	31.13	34.83	34.92	34.61
5.	85	Emanuel David Oliveira	Natacao da Maia	2:20.93	30.67	35.89	37.23	37.14
6.	82	Jorge Jesus Bandeira	Ginasio Figueirense	2:23.50	32.01	36.39	38.63	36.47
7.	86	Joao Duarte Cruz	Masters de Almada	2:23.99	32.59	35.99	37.43	37.98
8.	82	Juan Carlos Briceno	Academica de Coimbra	2:25.36	31.69	36.82	38.98	37.87
9.	82	Miguel Santos Coelho	Vilacondense	2:25.80	31.45	36.23	37.68	40.44
10.	84	Joao Tiago Ferraz	Galitos	2:30.46	32.46	36.72	39.08	42.20
11.	83	Luis Carlos Pinto	Ginasio de Vila Real	2:32.15	34.85	39.13	39.26	38.91
12.	85	Mario Michan Lobato	C.N. Jerez-DKV	2:34.70	33.71	37.29	41.19	42.51
13.	84	Armindo Manuel Lobo	Vitoria de Guimaraes	2:34.88	33.64	37.37	41.26	42.61
14.	82	Agostinho Alberto Rego	Vitoria de Guimaraes	2:39.52	35.70	39.68	42.21	41.93

Master Esc B								
1.	81	Ivan Mauricio Couras	Leixoes	2:14.30	31.21	33.73	34.78	34.58
2.	79	Rui Manuel Pinto	Leixoes	2:16.27	31.61	33.64	35.94	35.08
3.	81	Carlos Granadeiro Dias	Portinado	2:24.26	31.14	35.67	37.93	39.52
4.	77	Diogo Pedroso Almeida	Colegio Monte Maior	2:25.83	33.86	37.41	38.00	36.56
5.	80	Tiago Goncalo Ribeiro	Pimpoes/Cimai	2:26.31	33.82	36.65	38.11	37.73
6.	78	Eduardo Jose Amaral	Pimpoes/Cimai	2:46.97	36.34	41.18	44.45	45.00
7.	79	Antonio Manuel Ligeiro	Galitos	2:48.63	38.36	42.76	44.89	42.62
8.	80	I. Fernandez-Caro Garcia	C.N. Jerez-DKV	2:51.10	39.25	43.06	45.77	43.02
9.	79	Antonio Maria Cumbre	Colegio Monte Maior	3:04.35	41.55	46.02	48.85	47.93
10.	77	Jose Fernando Ribeiro	Masters de Almada	3:30.17	48.25	52.37	55.65	53.90
11.	79	J. De La Torre Jimenez	C.N. Jerez-DKV	3:31.83	45.12	53.46	59.48	53.77

Master Esc C								
1.	76	Pedro Miguel Silva	Vilacondense	1:59.68	28.47	30.31	31.05	29.85
		<i>Rec. Nac Escalão C</i>						
2.	74	Miguel Mendonca Cabrita	Alges	2:02.67	28.60	30.70	31.16	32.21
3.	76	R. Gutierrez Fuentes	C.N. Jerez-DKV	2:18.95	31.52	34.81	36.43	36.19
4.	74	Pedro Nuno Braga	Natacao da Maia	2:22.23	31.10	35.10	37.44	38.59
5.	73	Sergio David Silva	Natacao da Maia	2:23.76	32.36	35.72	38.18	37.50

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Lugar	Ano		Tempo final	50m	100m	150m	200m	
6.	Ricardo Pereira	75	Nageurs de Paris	2:24.70	33.46	36.64	37.97	36.63
7.	Jorge Miguel Silva	76	Nacional de Natacao	2:26.21	32.08	36.94	38.38	38.81
8.	Nuno Alexandre Crespo	75	Colegio Monte Maior	2:28.85	33.23	37.10	39.30	39.22
9.	A. Pereira	76	Colegio Monte Maior	2:33.18	36.10	38.54	39.55	38.99
10.	Joao Pedro Matias	74	Academica de Coimbra	2:35.28	33.91	39.04	41.69	40.64
11.	Joao Miguel Macedo	74	Leixoes	2:36.67	34.77	39.34	41.57	40.99
12.	F. Sanchez Montes	74	C.N. Jerez-DKV	2:42.91	38.11	41.66	43.11	40.03
13.	Nuno Andre Ramalhao	73	Gespacos	2:43.69	37.06	40.80	43.46	42.37
14.	Antonio Goarmon Costa	75	Nacional de Natacao	2:51.40	36.44	41.92	46.78	46.26
15.	Pedro Manuel Valenca	72	Academica de Coimbra	2:52.11	37.42	42.64	46.00	46.05
16.	Nuno Cristiano Pereira	73	Leixoes	2:52.72	38.01	42.68	46.08	45.95
17.	Joao Antonio Gomes	75	Leixoes	3:14.06	42.74	49.25	52.21	49.86
18.	Pedro Afonso Rodrigues	73	O2 Portimao	3:15.62	42.53	50.20	52.71	50.18

Master Esc D

1.	Christophe Coutanceau	67	Nageurs de Paris	2:22.50	33.85	36.59	36.32	35.74
2.	Pedro Alexandre Fernando	67	Academica de Coimbra	2:25.55	32.56	36.54	38.01	38.44
3.	Americo Pedro Goncalves	71	Galitos	2:26.98	32.51	36.31	38.64	39.52
4.	Luis Paulo Piteira	68	Naval Setubalense	2:31.19	34.56	38.20	39.21	39.22
5.	Jose Pedro Viana	69	Ginasio de Vila Real	2:31.67	33.52	37.64	39.53	40.98
6.	Paulo Guilherme Martins	68	Ginasio Figueirense	2:39.16	35.01	40.50	43.20	40.45
7.	Jose Maria Martinez Luque	67	C.N. Jerez-DKV	2:45.42	37.04	41.19	43.69	43.50
8.	Miguel Jose Ferreira	70	Leixoes	2:45.72	36.11	41.54	45.02	43.05
9.	Vitor Santos Teixeira	71	Galitos	2:50.39	37.32	43.18	45.95	43.94
10.	Antonio Manuel Santinha	69	Masters de Almada	3:02.21	42.84	46.46	48.00	44.91
11.	Mario Antonio Caeiro	71	Masters de Almada	3:02.41	42.08	46.85	49.91	43.57
12.	Jose Manuel Brandao	70	Desportiva de Viana	3:02.85	39.32	43.97	49.52	50.04
13.	Paulo Jorge Reis	70	Funcao Publica	3:05.05	38.72	46.00	50.74	49.59
14.	Paulo Jorge Ferreira	67	Pimpoes/Cimai	3:06.10	42.49	46.32	49.05	48.24
15.	F. Malheiro	69	Desportiva de Viana	3:09.06	42.49	47.63	51.28	47.66
16.	Marco Santos Carrasco	68	Portinado	3:17.35	43.91	51.13	54.00	48.31

Master Esc E

1.	Jose Carlos Freitas	63	Fluvial Portuense	2:07.13	29.90	31.72	32.67	32.84
2.	Rui Ricardo Capelo	65	CCD Lagos/Multi	2:36.72	34.10	38.45	41.41	42.76
3.	Joao Manuel Silva	63	Millennium BCP	2:37.32	33.71	39.54	41.78	42.29
4.	Ralf Pinto Soares	64	Nadadores dos Estoris	2:39.76	35.59	40.54	41.94	41.69
5.	Fernando Antonio Xavier	65	Porto/Dolce Vita	2:41.89	32.99	39.74	44.62	44.54
6.	Luis Filipe Feiteira	66	Masters de Almada	2:43.31	37.24	41.48	43.82	40.77
7.	Armando Joao Costa	63	Pimpoes/Cimai	2:44.66	37.76	42.08	43.65	41.17
8.	Jose Pedro Dias	63	Nacional de Natacao	2:48.23	36.38	42.14	45.26	44.45
9.	Francisco Jorge Ferreira	62	Academica de Coimbra	2:59.50	40.91	46.19	46.89	45.51
10.	Fernando Diogo Duarte	62	Feirense	3:02.38	41.47	47.15	48.63	45.13
11.	Daniel Castro Trigo	65	Sporting de Aveiro	3:10.01	43.80	48.31	48.75	49.15
12.	Fernando Manuel Serra	64	Millennium BCP	3:16.57	43.31	50.23	53.00	50.03
13.	Jose Ignacio Monje Coello	65	C.N. Jerez-DKV	3:18.51	43.00	46.91	53.14	55.46
14.	Rui Manuel Velez	64	Luz e Vida	3:27.20	47.90	53.26	55.69	50.35
15.	P. Rodrigues	63	Colegio Monte Maior	3:30.51	40.15	50.11	1:00.41	59.84

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Master Esc F

1. Jaime Carlos Bento	61	Alges	2:23.93	32.55	35.96	38.91	36.51
<i>Rec. Nac Escalão F</i>							
2. Carlos Rigual De Heredia	57	C.N. Jerez-DKV	2:42.65	37.97	41.11	43.27	40.30
3. Jose Santos Silva	57	Natacao da Maia	2:50.55	37.78	43.11	43.46	46.20
4. Antonio Costa Raposo	58	Portinado	2:51.31	38.83	44.04	44.75	43.69
5. Eduardo Alberto Real	61	Nacional de Natacao	2:57.64	40.68	44.73	47.74	44.49
6. Agustin Rodriguez Milla	60	C.N. Jerez-DKV	3:05.62	41.16	47.24	50.94	46.28
7. Antonio Coelho Moura	60	Pimpoes/Cimai	3:06.25	40.59	46.38	49.05	50.23
8. Nuno Neves Nunes	58	Naval Setubalense	3:14.64	40.82	47.25	53.64	52.93
9. Carlos Alberto Jesus	59	Masters de Almada	3:17.34	42.10	48.78	53.69	52.77
10. Jorge Casimiro Bravo	60	Portinado	3:25.09	43.70	49.85	56.17	55.37
11. Teofilo Manuel Relvas	58	Vilacondense	3:32.53	45.26	51.93	58.16	57.18
12. A. Guimaraes	58	Portinado	4:00.20	48.51	58.40	1:05.64	1:07.65

Master Esc G

1. Vitor Manuel Mavioso	56	Alges	2:35.09	34.52	39.52	41.38	39.67
<i>Rec. Nac Escalão G</i>							
2. Carlos Alberto Serra	55	Luz e Vida	2:41.54	36.79	40.47	42.00	42.28
3. E. Fabregas Gonzalez	52	C.N. Jerez-DKV	2:46.40	36.12	41.16	44.16	44.96
4. Antonio Prestes Pires	56	Academica de Coimbra	2:46.76	36.43	41.90	45.19	43.24
5. Jose Antonio Teixeira	53	Academica de Coimbra	3:23.91	45.83	52.13	53.70	52.25
6. Hermano Botelho Almeida	56	Portugal Telecom	3:26.42	45.65	50.36	54.50	55.91
7. Jose Manuel Goncalves	56	Masters de Almada	3:28.75	46.44	53.85	55.33	53.13
8. Jose Carlos Neto	53	Ginasio Figueirense	3:41.59	46.23	55.28	1:00.06	1:00.02

Master Esc H

1. Stephen Thomas Dyson	47	Individual Lisboa	2:46.92	38.11	41.60	44.01	43.20
2. Carlos Alberto Silva	51	Nacional de Natacao	3:03.73	38.41	45.79	50.67	48.86
3. Mario Jorge Melo	51	Colegio Monte Maior	3:22.49	43.59	51.98	55.67	51.25
4. Antonio Manuel Tavares	51	Funcao Publica	3:30.66	48.66	52.00	56.06	53.94
5. Daniel Sobral Rabiais	50	Pimpoes/Cimai	3:49.47	49.78	57.48	1:02.50	59.71

Master Esc I

1. Orlando Gomes Bairrada	45	Nadadores dos Estoris	3:03.48	39.35	44.75	49.46	49.92
2. Alexandre Azevedo Gaspar	45	Alges	3:43.03	48.04	56.83	1:01.19	56.97
3. Helder Manuel Moreira	44	Millennium BCP	4:16.13	57.99	1:06.19	1:08.13	1:03.82

Master Esc J

1. A. Rodrigues	39	Academica de Coimbra	3:32.84	45.06	53.47	57.71	56.60
<i>Rec. Nac Escalão J</i>							
2. Joao Rodrigues Teixeira	37	Academica de Coimbra	4:07.67	1:00.12	1:04.31	1:04.22	59.02

Master Esc L

1. Leonel Sousa Gomes	30	Academica de Coimbra	4:04.11	50.20	1:00.18	1:06.99	1:06.74
<i>Rec. Nac Escalão L</i>							