

XIII Campeonato Nacional Masters - OPEN Verão  
Oeiras, 1- - 3-7-2011

Prova 31 03-07-2011	Femin., 4 x 100m Livres				AG 100 - 359 Resultados
RN 1(100-119)	4:45.45	Leixoes Sport Clube	LSC	Reguengos de Monsaraz	03-07-2010
RN 2(120-159)	5:01.47	Clube Futebol Os Belenenses	CFB	Reguengos de Monsaraz	03-07-2010
RN 3(160-199)	5:12.27	Leixoes Sport Clube	LSC	Reguengos de Monsaraz	03-07-2010
RN 4(200-239)	6:00.49	Associacao Academica de CoimbraAAC		Reguengos de Monsaraz	03-07-2010
RN 5(240-279)	59:00.00				
RN 6(280-319)	59:00.00				

Pontos: DSV Masters 04

Lugar	Clube	Tempo Final	TReac	Pts	Pontos
<b>Master Fem Estaf Cat 1</b>					
1.	Natacao da Maia-Cat 1 <i>Rec. Nac Categoria 1</i>	<b>4:44.63</b>	+0.66		18
	Carolina Santos Silva +0.66 32.45 1:07.85 Ana Mafalda Oliveira +0.18 33.04 1:08.90				
	Catia Santos Ramalho +0.57 32.95 1:09.23 Marta Daniela Fernandes +0.65 35.76 1:18.65				
2.	Portinado-Cat 1	<b>5:06.91</b>	+0.83		14
	Ana Sofia Dias +0.83 34.34 1:12.61 Anna Sophie Bader +0.63 34.70 1:12.64				
	Mariana Moura Santos +0.50 35.96 1:15.93 Patricia Vanessa Rossetto +0.59 38.68 1:25.73				
3.	Academica de Coimbra-Cat 1	<b>5:08.46</b>	+0.90		12
	Ana Filipa Leite +0.90 34.01 1:10.77 Rita Almeida Crisostomo +0.63 37.58 1:21.67				
	Diana Margarida Jacinto +0.51 41.39 1:25.64 Elsa Manuela Cardoso +0.42 33.89 1:10.38				
4.	Vilacondense- Cat 1	<b>5:14.70</b>	+0.82		10
	Sonia Oliveira Vilar +0.82 32.18 1:08.11 Paula Cristina Martins +0.58 35.86 1:19.90				
	Sandra Oliveira Vilar +0.54 34.59 1:13.45 Natacha Lopes Cabral +0.41 43.40 1:33.24				

**Master Fem Estaf Cat 2**

1.	Leixoes-Cat 2 <i>Rec. Nac Categoria 2</i>	<b>4:48.33</b>	+0.88		18
	Ana Carina Lopes +0.88 31.10 1:07.94 Liliana Elisabete Baptista +0.86 34.91 1:13.91				
	Isabel Maria Magano +0.63 35.50 1:15.79 Diana Raquel Pacheco +0.77 32.75 1:10.69				
2.	Masters de Almada-Cat 2	<b>5:25.17</b>	+1.02		14
	Sara Goncalves Ferreira +1.02 38.12 1:20.48 Carla Alexandra Seoane +0.75 33.90 1:14.38				
	Marina Isabel Mendes +0.80 44.15 1:32.70 Liliana Maria Barral +0.59 36.26 1:17.61				
3.	Galitos-Cat 2	<b>5:36.80</b>	+0.90		12
	Kerstin Bettina Labatzke +0.90 34.00 1:11.01 Ana Maria Santos +0.54 43.06 1:33.09				
	Vera Lucia Oliveira +0.34 44.83 1:38.04 Alexandra Fagundo Raposo +0.49 33.85 1:14.66				

**Master Fem Estaf Cat 3**

1.	Leixoes-Cat 3 <i>Rec. Nac Categoria 3</i>	<b>5:02.94</b>	+0.80		18
	Maria Luisa Costa +0.80 32.12 1:07.36 Maria Adriana Viseu +0.81 37.79 1:21.44				
	Maria Teresa Brandao +0.53 35.17 1:13.70 Maribel Santos Fernandes +0.53 37.51 1:20.44				
2.	Porto/Dolce Vita-Cat 3	<b>5:27.75</b>	+0.91		14
	Sandra Lurdes Diogo +0.91 37.23 1:18.52 Maria Fernanda Goncalves +0.75 38.34 1:21.10				
	Rosalina Bessa Babo +0.80 41.16 1:30.50 Alexandra Maria Silva +0.59 36.13 1:17.63				

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Prova 31, Femin., 4 x 100m Livres, Master Fem Estaf Cat 3

Lugar	Clube	Tempo Final	TReac	Pts	Pontos
3.	Masters de Almada-Cat 3	<b>6:52.32</b>	<b>+1.25</b>		12
	Fernanda Maria Santinha +1.25 46.76 1:40.22	Carla Filomena Peixe +0.55 41.86 1:35.23			
	Ana Teresa Santos 56.34 2:07.60	Maria Madalena Caninas +0.48 41.67 1:29.27			
4.	Ginasio Figueirense-Cat 3	<b>7:36.90</b>	<b>+0.92</b>		10
	Claudia Pereira Reis +0.92 41.82 1:29.21	Paula Margarida Almeida +0.80 54.34 1:54.85			
	Maria Gabriela Cardanho +0.77 1:01.77 2:12.65	Elisa Loureiro Garcia +0.83 55.19 2:00.19			

Master Fem Estaf Cat 4

1.	Academica de Coimbra-Cat 4	Academica de Coimbra	<b>5:53.54</b>	<b>+0.88</b>		18
	<i>Rec. Nac Categoria 4</i>					
	Maria Margarida Urbano +0.88 40.26 1:25.66	Maria Luisa Oliveira 44.18 1:35.52				
	Eugenia Maria Cunha +0.81 37.27 1:21.43	Maria Teresa Oliveira +0.67 42.83 1:30.93				
2.	Leixoes-Cat 4	Leixoes	<b>6:23.15</b>	<b>+1.19</b>		14
	Maria Paula Cunha +1.19 42.85 1:31.86	Maria Santos Fernandes +0.74 43.46 1:30.74				
	Maria Almeida Cunha 43.37 1:30.88	Maria Teresa Pinto +1.13 53.38 1:49.67				