

XIII Campeonato Nacional Masters - OPEN Verão
Oeiras, 1- - 3-7-2011

Prova 29 03-07-2011	Femin., 200m Livres				25 - 89 anos Resultados
RN A(25-29)	2:24.16	Susana Marques Castro	SAD	Faro	31-05-2008
RN B(30-34)	2:10.97	Ana Paula Grilo	UDCA	Millau (FRA)	27-08-2003
RN C(35-39)	2:10.77	Ana Paula Grilo	UDCA	Stanford (USA)	06-08-2006
RN D(40-44)	2:33.60	Isabel Batista Ferreira	CFB	Reguengos de Monsaraz	03-07-2010
RN E(45-49)	2:36.14	Elena Alarcon Gamonal	CNFA	Coimbra	21-06-2009
RN F(50-54)	2:51.03	Elena Nikolaevna Kraeva	CIMM	Oeiras	01-07-2011
RN G(55-59)	2:53.87	Ana Maria Ferreira	SFP	Perth (AUS)	19-04-2008
RN H(60-64)	3:01.48	Ana Maria Ferreira	SAD	Gotemburgo (SWE)	02-08-2010
RN I(65-69)	4:09.21	Celia Stichini Quartin	PIMP	Reguengos de Monsaraz	03-07-2010
RN J(70-74)	59:00.00				
RN K(75-79)	59:00.00				
RN L(80-84)	59:00.00				

Lugar	Ano	Tempo final	50m	100m	150m	200m		
Master Esc A								
1.	Ana Filipa Leite	86	Academica de Coimbra	2:24.28	32.93	36.23	37.54	37.58
2.	Carolina Santos Silva	86	Natacao da Maia	2:26.25	34.14	37.72	38.01	36.38
3.	Catia Santos Ramalho	86	Natacao da Maia	2:38.28	35.38	39.96	41.37	41.57
4.	Diana Raquel Pacheco	84	Leixoes	2:40.17	36.02	40.27	42.08	41.80
5.	Liliana Maria Barral	86	Masters de Almada	2:41.98	36.26	40.90	42.47	42.35
6.	Anna Sophie Bader	85	Portinado	2:45.49	36.44	42.18		
7.	Mariana Moura Santos	83	Portinado	2:46.40	36.29	41.81	44.05	44.25
8.	Misael Carapinha Letras	84	Masters de Almada	3:39.81	50.77	54.36	57.97	56.71
9.	C. Santos	83	O2 Portimao	3:59.61	49.67	59.56	1:05.39	1:04.99

Master Esc B								
1.	Ana Mafalda Oliveira	81	Natacao da Maia	2:27.40	34.33	37.86	38.26	36.95
2.	Joana Isabel Cunha	80	Colegio Monte Maior	2:28.50	32.79	36.74	39.39	39.58
3.	Kerstin Bettina Labatzke	77	Galitos	2:36.89	34.40	38.70	41.53	42.26
4.	Rita Almeida Crisostomo	80	Academica de Coimbra	3:06.32	42.33	46.92	48.85	48.22
5.	Sara Mendonca Graca	77	Colegio Monte Maior	3:15.17	40.88	49.56	54.11	50.62
6.	Marta Martins Ferreira	79	Funcao Publica	3:19.78	44.63	51.45	52.78	50.92
7.	Silvia Raquel Mendonca	81	Leixoes	3:20.52	42.44	48.62	54.29	55.17
8.	Ana Filipa Santos	77	O2 Portimao	4:13.76	1:00.26			56.88

Master Esc C								
1.	Sandra Lurdes Diogo	72	Porto/Dolce Vita	2:57.26	39.46	42.88	46.73	48.19
2.	Helena Isabel Ribeiro	74	Portinado	3:33.48	46.53	53.55	57.75	55.65
3.	Fernanda Maria Santinha	72	Masters de Almada	3:35.88	48.20	53.43	57.33	56.92

Master Esc D								
1.	Ana Paula Grilo	69	Individual do Alentejo	2:25.19	34.49	36.84	37.37	36.49
	<i>Rec. Nac Escalão D</i>							
2.	Maria Teresa Brandao	69	Leixoes	2:42.36	37.08	40.32	43.82	41.14
3.	Isabel Maria Magano	68	Leixoes	2:49.11	38.37	42.52	45.03	43.19
4.	Elisabete Maria Rosa	69	Pimpoes/Cimai	2:55.07	38.57	44.28	47.00	45.22
5.	Claudia Pereira Reis	68	Ginasio Figueirense	3:22.77	45.90	52.36	54.16	50.35
6.	Ana Bernardo Barbara	70	Portinado	4:08.36	49.45	1:00.30	1:10.93	1:07.68
7.	Ana Teresa Santos	68	Masters de Almada	4:16.24	51.95	1:06.52	1:11.17	1:06.60

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Master Esc E

1. Ana Cristina Lobo	66	Natacao da Maia	3:02.96	41.02	46.50	47.41	48.03
2. Maria Margarida Urbano	63	Academica de Coimbra	3:09.80	43.56	48.46	49.40	48.38
3. Maria Santos Fernandes	62	Leixoes	3:16.70	45.81	50.00	51.76	49.13
4. Maria Madalena Caninas	63	Masters de Almada	3:27.47	45.12	52.35	55.79	54.21
5. Maria Manuela Neto	62	Natacao da Maia	3:43.22	48.96	56.66	59.34	58.26

Master Esc F

1. Elena Nikolaevna Kraeva	61	Colegio Monte Maior	2:45.66	37.30	42.44	43.89	42.03
<i>Rec. Nac Escalão F</i>							
2. Maria Luisa Oliveira	61	Academica de Coimbra	3:31.41	46.66	52.71	59.06	52.98

Master Esc G

1. Maria Margarida Torres	55	Academica de Coimbra	4:03.70	55.64	1:03.32	1:04.39	1:00.35
2. Maria Felix Ferreira	54	Alges	4:22.31	54.01	1:08.14	1:12.39	1:07.77

Master Esc H

1. Ana Maria Ferreira	50	Alges	3:03.25	41.33	46.63	48.43	46.86
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Master Esc I

1. Maria Van der Eecken	45	Portinado	7:28.12	1:40.06	2:08.00	1:56.31	1:43.75
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