

XIII Campeonato Nacional Masters - OPEN Verão
Oeiras, 1- - 3-7-2011

Prova 17 02-07-2011	Masc., 200m Bruços				25 - 89 anos Resultados
RN A(25-29)	2:39.58	Patrick Santos	INDANL	Hollerich (LUX)	19-10-2008
RN B(30-34)	2:40.38	Patrick Santos	INDANL	Hollerich (LUX)	18-10-2009
RN C(35-39)	2:47.75	Rodolfo Pereira Nunes	GESP	Coimbra	21-06-2009
RN D(40-44)	3:04.61	Luis Cavaleiro Madeira	UDCA	Palma Maiorca (ESP)	07-07-2001
RN E(45-49)	3:06.52	Luis Cavaleiro Madeira	INATEL	Ravena (ITA)	12-05-2002
RN F(50-54)	3:09.10	Luis Cavaleiro Madeira	CFBE	Faro	31-05-2008
RN G(55-59)	3:20.49	Carlos Alberto Serra	CCLV	Reguengos de Monsaraz	04-07-2010
RN H(60-64)	3:23.64	Joaquim Fidalgo Freitas	AAC	Cádiz (ESP)	22-06-2007
RN I(65-69)	3:27.08	Antonio Bessone Basto	SAD	Reguengos de Monsaraz	04-07-2010
RN J(70-74)	3:48.94	Leonel Sousa Gomes	SFP	Palma Maiorca (ESP)	07-07-2001
RN K(75-79)	59:00.00				
RN L(80-84)	4:25.28	Leonel Sousa Gomes	AAC	Reguengos de Monsaraz	04-07-2010

Lugar	Ano		Tempo final	50m	100m	150m	200m	
Master Esc A								
1.	Joao Tiago Cardoso	83	Masters de Almada	3:01.65	39.29	45.41	46.95	50.00
2.	Sergio Sanchez Torres	85	C.N. Jerez-DKV	3:11.21	42.36	48.64	50.25	49.96

Master Esc B								
1.	Patrick Santos	79	Nageurs de Paris	2:47.99	38.64	42.43	43.06	43.86
2.	Javier Carranza Abadia	81	C.N. Jerez-DKV	3:00.54	39.94	44.94	47.36	48.30
3.	Alexander Ramos Esteves	77	Ginasio de Vila Real	3:01.54	40.44	46.11	48.24	46.75
4.	E. Martinez	81	Nacional de Natacao	3:05.45	41.85	47.31	48.45	47.84
5.	Carlos Sobral Silva	77	Naval Setubalense	3:15.44	46.76	52.35	48.14	48.19
6.	Jose Orlando Novais	78	Vitoria de Guimaraes	3:19.43	44.63	50.71	52.68	51.41
7.	Eduardo Jose Amaral	78	Pimpoes/Cimai	3:19.99	45.10	51.68	53.39	49.82
8.	Pedro Miguel Campelos	81	Academica de Coimbra	3:20.45	45.87	51.41	52.79	50.38
9.	Daniel Serra Oliveira	81	Feirense	3:37.65	45.13	54.18	59.25	59.09
10.	Jose Fernando Ribeiro	77	Masters de Almada	4:02.93	56.87	1:02.83	1:04.44	58.79

Master Esc C								
1.	Ricardo Zamith Passos	75	Naval Povoense	2:45.42	34.74	41.98	43.53	45.17
	<i>Rec. Nac Escalão C</i>							
2.	Rui Nuno Pereira	74	Galitos	3:00.15	39.73	44.45	46.50	49.47
3.	Ivan Franco Cuevas	75	C.N. Jerez-DKV	3:11.08	43.46	48.99	49.73	48.90
4.	Paulo Alexandre Sousa	72	O2 Portimao	3:13.83	42.70	47.00	51.38	52.75
5.	Pedro Nuno Silva	73	Academica de Coimbra	3:19.98	46.99	51.36	52.23	49.40
6.	A. Pereira	76	Colegio Monte Maior	3:23.41	47.67	52.15	52.55	51.04
7.	Nuno Alexandre Crespo	75	Colegio Monte Maior	3:23.62	45.90	51.92	52.55	53.25
8.	Paulo Meira Santos	74	Nacional de Natacao	3:27.01	47.90	53.10	54.63	51.38
9.	Antonio Goarmon Costa	75	Nacional de Natacao	3:29.89	47.16	53.86	55.01	53.86
10.	Pedro Afonso Rodrigues	73	O2 Portimao	3:34.79	46.86	54.37	55.90	57.66
11.	Paulo Viana Santos	75	Portinado	3:38.01	47.72	56.35	58.80	55.14
12.	Jorge Hugo Silvestre	76	Masters de Almada	3:38.53	49.46	55.58	58.88	54.61
13.	Jose Carlos Salgado	74	Vitoria de Guimaraes	3:39.02	46.51	54.94	1:00.56	57.01
14.	Miguel Pedro Figueiredo	74	Sporting de Aveiro	3:45.46	50.63	57.53	59.86	57.44
15.	Joao Antonio Gomes	75	Leixoes	4:02.02	51.24	1:03.66	1:06.33	1:00.79

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Master Esc D

1.	Jose Castro Pinero	68	C.N. Jerez-DKV	3:03.45	41.44	45.69	47.46	48.86
2.	Joao Miguel Faria	71	Leixoes	3:05.40	40.91	47.80	48.87	47.82
3.	Luis Paulo Piteira	68	Naval Setubalense	3:05.91	42.27	46.52	47.59	49.53
4.	Nuno Filipe Melo	70	Galitos	3:17.22	43.01	48.41	52.93	52.87
5.	Joao Pedro Ventura	69	Masters de Almada	3:19.42	46.29	50.71	51.92	50.50
6.	Francisco Jose Dias	69	Portinado	3:33.17	47.23	54.19	57.60	54.15
7.	Manuel Vasques Quintino	68	Portugal Telecom	3:34.78	48.76	54.79	56.61	54.62
8.	Paulo Afonso Costa	67	Masters de Almada	3:38.14	48.30	55.77	57.21	56.86
9.	Jose Salvador Faustino	68	Portinado	3:44.87	50.54	57.11	59.62	57.60
10.	Antonio Manuel Santinha	69	Masters de Almada	3:51.47	52.49	59.85	1:01.07	58.06
11.	F. Figueiredo	67	Natacao da Maia	4:16.73	57.29	1:06.41	1:09.20	1:03.83
DSQ	Vitor Santos Teixeira	71	Galitos					

723 - Movimento alternado pernas na viragem aos 100 m -

Master Esc E

1.	Jose Samuel Duarte	65	Sporting	2:49.04	37.99	43.50	43.61	43.94
	<i>Rec. Nac Escalão E</i>							
2.	Germano Oliveira Velha	62	Alges	3:04.31	41.42	46.16	47.78	48.95
3.	Ralf Pinto Soares	64	Nadadores dos Estoris	3:10.49	41.27	48.92	50.72	49.58
4.	Joao Manuel Silva	63	Millennium BCP	3:17.27	41.61	50.25	52.65	52.76
5.	Joao Paulo Almeida	64	Ginasio Figueirense	3:35.98	51.91	55.98	56.07	52.02
6.	Fernando Manuel Serra	64	Millennium BCP	3:57.92	50.97	1:00.44	1:03.97	1:02.54
7.	Adriano Manuel Barradas	65	Millennium BCP	4:04.77	56.13	1:02.87	1:04.68	1:01.09

Master Esc F

1.	Jose Santos Silva	57	Natacao da Maia	3:14.01	44.17	50.39	51.22	48.23
2.	Luis Cavaleiro Madeira	57	Colegio Monte Maior	3:16.59	44.19	49.37	51.81	51.22
3.	Eduardo Alberto Real	61	Nacional de Natacao	3:42.43	49.24	54.92	57.71	1:00.56
4.	J. Lobaton Sanchez	58	C.N. Jerez-DKV	3:45.58	49.01	56.91	59.78	59.88
5.	Fernando Alvarez Guerrero	58	C.N. Jerez-DKV	3:52.05	53.44	1:00.44	1:01.41	56.76
6.	Jorge Casimiro Bravo	60	Portinado	4:11.67	52.02	1:04.07	1:08.53	1:07.05
7.	A. Guimaraes	58	Portinado	4:18.16	57.31	1:04.55	1:08.48	1:07.82

Master Esc G

1.	Carlos Alberto Serra	55	Luz e Vida	3:24.06	47.45	51.49	53.04	52.08
2.	Ricardo Jorge Osorio	56	Gespacos	3:44.66	51.76	57.12	58.20	57.58
3.	Mario Gomes Bairrada	52	Nadadores dos Estoris	4:00.63	52.39	1:00.03	1:03.99	1:04.22
4.	Joaquim Jesus Silva	53	Alges	4:04.33	58.57	1:03.15	1:01.96	1:00.65
5.	Jose Henrique Madail	54	Galitos	4:05.18	59.66	1:04.30	1:03.42	57.80
6.	Antonio Alves Cecilio	54	Gespacos	4:07.55	52.73	1:03.19	1:09.34	1:02.29
7.	Jose Carlos Neto	53	Ginasio Figueirense	4:19.70	58.98	1:07.57	1:08.43	1:04.72
8.	Walter Emunds	52	Portinado	4:20.85	57.15	1:06.91	1:10.33	1:06.46
9.	Hermano Botelho Almeida	56	Portugal Telecom	4:27.76	56.07	1:08.52	1:13.11	1:10.06

Master Esc H

1.	Joaquim Fidalgo Freitas	47	Academica de Coimbra	3:43.15	51.17	56.92	59.23	55.83
2.	Mario Jorge Melo	51	Colegio Monte Maior	3:48.94	52.04	59.00	1:00.32	57.58

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Master Esc I

1. Antonio Bessone Basto	45	Alges	3:27.51	47.99	54.27	54.11	51.14
2. Alexandre Azevedo Gaspar	45	Alges	3:57.38	55.85	1:01.64	1:01.39	58.50
3. Helder Manuel Moreira	44	Millennium BCP	4:04.10	53.60	1:02.81	1:05.52	1:02.17

Master Esc J

1. Joao Rodrigues Teixeira	37	Academica de Coimbra	4:38.44	1:05.44	1:12.29	1:11.02	1:09.69
2. Oscar Antonio Costa	39	Galitos	4:52.90	1:07.36	1:13.91	1:17.59	1:14.04
3. Manuel Monteiro Tenreiro	40	Academica de Coimbra	5:12.45	1:12.99	1:21.48	1:22.34	1:15.64