

XIII Campeonato Nacional Masters - OPEN Verão
Oeiras, 1- - 3-7-2011

Prova 16	Femin., 200m Costas				25 - 89 anos
02-07-2011					Resultados
RN A(25-29)	2:41.01	Joana Filipa Reis	SAD	Faro	01-06-2008
RN B(30-34)	2:43.44	Ana Paula Grilo	UDCA	Christchurch (GBR)	26-03-2002
RN C(35-39)	2:43.59	Ana Paula Grilo	UDCA	Swansea (GBR)	03-03-2006
RN D(40-44)	2:48.72	Maria Helena Carmo	CNCVG	Coimbra	20-06-2009
RN E(45-49)	2:51.51	Elena Alarcon Gamonal	CNFA	Coimbra	20-06-2009
RN F(50-54)	59:00.00				
RN G(55-59)	3:39.46	Ana Maria Ferreira	SAD	Coimbra	20-06-2009
RN H(60-64)	5:02.41	Celia Stichini Quartin	ANE	Faro	01-06-2008
RN I(65-69)	59:00.00				
RN J(70-74)	4:58.86	Nair Gomes Sa	ANE	Cádiz (ESP)	19-09-2009
RN K(75-79)	59:00.00				
RN L(80-84)	59:00.00				

Lugar	Ano		Tempo final	50m	100m	150m	200m
Master Esc A							
1.	86	Natacao da Maia	2:42.54	38.72	41.42	41.60	40.80
2.	83	Portinado	2:55.92	38.97	43.78	46.68	46.49
3.	83	Nadadores dos Estoris	2:59.01	40.79	45.21	46.85	46.16
4.	85	Masters de Almada	4:27.08	1:05.76	1:07.58	1:09.08	1:04.66
5.	83	O2 Portimao	4:32.61	1:03.52	1:11.23	1:12.83	1:05.03

Master Esc B							
1.	81	Natacao da Maia	2:47.96	39.93	42.64	42.99	42.40
2.	78	Leixoes	3:06.72	44.27	47.01	48.53	46.91
3.	77	C.N. Jerez-DKV	3:25.06	49.13	52.16	54.25	49.52
4.	81	Masters de Almada	3:43.03	52.69	58.11	59.47	52.76
5.	78	Colegio Monte Maior	3:52.64	54.80	1:01.17	1:00.87	55.80
6.	81	Funcao Publica	4:05.64	59.81	1:01.60	1:03.55	1:00.68

Master Esc C							
1.	73	Masters de Almada	3:01.64	42.14	45.34	47.28	46.88
2.	76	Naval Setubalense	3:42.74	52.38	56.92	57.40	56.04
3.	72	Masters de Almada	4:29.91	1:07.11	1:08.40	1:10.00	1:04.40

Master Esc D							
1.	69	Individual do Alentejo	2:46.56	40.09	42.22	43.26	40.99
		<i>Rec. Nac Escalão D</i>					
2.	68	Ginasio Figueirense	3:58.95	56.49	1:00.84	1:02.11	59.51
3.	68	Masters de Almada	4:05.85	54.57	59.78	1:05.97	1:05.53
4.	68	Masters de Almada	5:00.58	1:06.34	1:16.32	1:19.58	1:18.34

Master Esc E							
1.	66	Natacao da Maia	3:28.10	48.20	53.36	54.73	51.81

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Master Esc F

1. Elena Nikolaevna Kraeva	61	Colegio Monte Maior	2:59.75	42.24	45.50	47.17	44.84
<i>Rec. Nac Escalão F</i>							
2. Maria Luisa Oliveira	61	Academica de Coimbra	3:39.60	51.28	55.11	59.23	53.98
3. Encarnacion Pinto Rios	61	C.N. Jerez-DKV	5:39.92	1:24.41	1:28.83	1:24.19	1:22.49

Master Esc G

1. Maria Margarida Torres	55	Academica de Coimbra	4:31.03	1:06.70	1:09.16	1:09.54	1:05.63
2. Isabel Gonzalez Cazalla	55	C.N. Jerez-DKV	5:54.29	1:25.50	1:31.13	1:32.12	1:25.54

Master Esc J

1. Nair Gomes Sa	39	Nadadores dos Estoris	5:11.27	1:14.29	1:19.52	1:22.73	1:14.73
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