

Campeonato Nacional Juvenis e Absolutos de Portugal-OPEN
Povoa de Varzim, 4- - 7-8-2011

Event 16	Women, 400m Medley				Open
05-08-2011					Startlist Finals
Rec Nac Open	4:50.28	Nadia Morais Vieira	FPN	Eindhoven (NED)	09-04-2011
Rec Nac Inf B	5:14.05	Filipa Vilas Ruivo	DNMG	S. João da Madeira	24-07-2009
Rec Nac Inf A	5:11.29	Diana Ramos Rocha	EDV	Faro	20-07-2007
Rec Nac Juv	5:01.04	Susana Patricia Miguel	SFUAP	Lisboa	08-07-2004
Rec Nac Jun	4:57.84	Victoria Kaminskaya	PIMP	Oeiras	19-02-2011
Rec Nac Sen	4:50.28	Nadia Morais Vieira	FPN	Eindhoven (NED)	09-04-2011

TAC SEN/JUN2 Fem 16 +: 5:20.00 / TAC JUN1 Fem 15: 5:23.50 / TAC JUV Fem Juv: 5:42.00

Pista	Nome	YB	Clube	Tp inscrição	
Final A, Open					
1	Filipa Vilas Ruivo	97	Nautico da Marinha Grande	5:07.72	___:___.
2	Victoria Kaminskaya	95	Pimpoes/Cimai	5:05.75	___:___.
3	Angelica Maria Andre	94	Leixoes	5:04.87	___:___.
4	Lucy Spencer	93	Co Sheffield	4:53.91	___:___.
5	Marta Pereira Abreu	92	Porto/Dolce Vita	5:03.13	___:___.
6	Emilie James	96	Swim Wales	5:04.94	___:___.
7	Diana Margarida Duraes	96	Foca	5:07.38	___:___.
8	Maria Carolina Rosa	94	Sporting	5:08.21	___:___.

Final B, Open					
1	Joana Dias Santos	96	Uniao Piedense	5:15.77	___:___.
2	Ana Monica Eloi	96	Nautico da Marinha Grande	5:12.13	___:___.
3	Ana Beatriz Pereira	91	Colegio Vasco da Gama	5:11.80	___:___.
4	Ana Marta Miranda	96	Uniao Piedense	5:11.27	___:___.
5	Sarah Mommers	94	Vilacondense	5:11.58	___:___.
6	Ana Catarina Monteiro	93	Vilacondense	5:12.11	___:___.
7	Raquel Paulo Ranito	94	Sporting	5:12.29	___:___.
8	Helena Paula Carvalho	95	Uniao Piedense	5:17.72	___:___.

Reserve entries, Open					
	Ines Joao Costa	95	Braga	5:20.22	___:___.
	Bruna Leal Dantas	96	Sporting	5:20.86	___:___.