

Campeonato Nacional Juvenis e Absolutos de Portugal-OPEN
Póvoa de Varzim, 4- - 7-8-2011

Event 15	Men, 400m Medley				Open
05-08-2011					Startlist Finals
Rec Nac Open	4:18.08	Diogo Filipe Carvalho	FPN	Roma (ITA)	02-08-2009
Rec Nac Inf B	4:59.28	Tomas Miguel Freitas	CDN	Restelo	25-07-2003
Rec Nac Inf A	4:46.20	Tomas Miguel Freitas	CDN	Póvoa Varzim	23-07-2004
Rec Nac Juv B	4:40.16	Diogo Filipe Carvalho	CGA	Lisboa	17-05-2003
Rec Nac Juv A	4:33.24	Diogo Filipe Carvalho	CGA	Lisboa	29-07-2004
Rec Nac Jun	4:26.40	Alexis Manacas Santos	SCP	Coimbra	30-07-2010
Rec Nac Sen	4:18.08	Diogo Filipe Carvalho	FPN	Roma (ITA)	02-08-2009
TAC SEN/JUN2 Masc 18 +: 4:53.00 / TAC JUN1 Masc 17: 4:56.50 / TAC JUV A Masc Juv A: 5:09.00 / TAC JUV B Masc Juv B: 5:18.00					

Pista	Nome	YB	Clube	Tp inscrição	
Final A, Open					
1	Ruben Filipe Nunes	94	Gespacos	4:44.01	___:___:___
2	Paulo Andre Dias	92	Gespacos	4:42.08	___:___:___
3	Andre Bras Goncalves	88	Amadora	4:39.08	___:___:___
4	Egon Van Der Straeten	91	Vlaamse Zwemfederatie	4:38.14	___:___:___
5	Nuno Rafael Alves	90	Gespacos	4:38.14	___:___:___
6	Alexis Manacas Santos	92	Sporting	4:40.92	___:___:___
7	Miguel Machado Lopes	92	Sporting	4:43.17	___:___:___
8	Miguel Silva Oliveira	91	Nautico/Matobra	4:44.29	___:___:___

Final B, Open					
1	Miguel Bras Sergio	95	Bombeiros dos Estoris	4:52.93	___:___:___
2	Jose Luis Gabriel	96	Academico Viseu	4:51.98	___:___:___
3	Tomas Miguel Veloso	96	Nautico/Matobra	4:48.44	___:___:___
4	Joao Claudio Sousa	93	Gespacos	4:45.86	___:___:___
5	Andre Duarte Vaz	93	Ginasio Figueirense	4:46.95	___:___:___
6	Ricardo Amorim Rego	84	Braga	4:49.56	___:___:___
7	Joao Pedro Veiga	94	Nautico/Matobra	4:52.52	___:___:___
8	Joao Pedro Braga	94	Naval de Ponta Delgada	4:53.03	___:___:___