

Campeonato Nacional Juvenis e Absolutos de Portugal-OPEN  
Povoa de Varzim, 4- - 7-8-2011

Event 30 Men, 200m Breaststroke Open  
06-08-2011 - 17:15 Results Finals

Rec Nac Open	2:13.34	Carlos Esteves Almeida	FPN	Beijing (CHN)	12-08-2008
Rec Nac Inf B	2:39.83	Luis Manuel Fernandes	GDNVNF	Famalicao	20-07-2008
Rec Nac Inf A	2:32.84	tempo limite			
Rec Nac Juv B	2:24.15	Andre Miguel Silva	PDEM	Loulé	10-06-2006
Rec Nac Juv A	2:23.94	Andre Miguel Silva	PDEM	Coimbra	25-03-2007
Rec Nac Jun	2:15.99	Andre Miguel Silva	PDEM	Faro	20-07-2009
Rec Nac Sen	2:13.34	Carlos Esteves Almeida	FPN	Beijing (CHN)	12-08-2008

TAC SEN/JUN2 Masc 18 +: 2:33.00 / TAC JUN1 Masc 17: 2:35.00 / TAC JUV A Masc Juv A: 2:44.00 / TAC JUV B Masc Juv B: 2:48.00

Rank	YB		Time	50m	100m	150m	200m
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Open

Final A

1.	James Kirton	85	Co Sheffield	<b>2:13.77</b>	30.15	34.16	34.61	34.85
2.	Jonas Coreelman	91	Vlaamse Zwemfederatie	<b>2:16.53</b>	31.11	34.48	35.43	35.51
3.	Diogo Filipe Carvalho	88	Galitos	<b>2:16.64</b>	31.00	34.61	35.36	35.67
4.	Ricardo Jose Varela	89	Naval Setubalense	<b>2:18.28</b>	31.73	35.26	35.19	36.10
5.	Manuel Matos Sequeira	87	Gesloures	<b>2:24.37</b>	32.76	36.88	36.83	37.90
6.	Joao Claudio Sousa	93	Gespacos	<b>2:24.61</b>	33.05	37.33	37.13	37.10
7.	Sergio Baptista Silva	91	Porto/Dolce Vita	<b>2:25.09</b>	32.60	36.28	37.44	38.77

DSQ Andre Bras Goncalves 88 Amadora

727 - Movimentos verticais de pernas após cada ciclo - SW 7.4

Final B

9.	Lewis Coleman	92	Co Sheffield	<b>2:18.96</b>	32.40	35.12	36.15	35.29
10.	Nuno Rafael Alves	90	Gespacos	<b>2:24.92</b>	33.38	36.62	37.82	37.10
11.	Pedro Miguel Agostinho	92	Sporting	<b>2:26.02</b>	33.04	37.14	38.36	37.48
12.	Diogo Filipe Matos	92	Sporting	<b>2:26.34</b>	32.98	38.17	38.33	36.86
13.	Alexander Gregory	94	Swim Wales	<b>2:27.98</b>	33.38	38.48	37.33	38.79
14.	Joao Pedro Braga	94	Naval de Ponta Delgada	<b>2:28.52</b>	33.08	38.17	38.36	38.91
15.	Luis Manuel Fernandes	95	Famalicao	<b>2:32.07</b>	33.55	38.73	39.83	39.96
16.	Tomas Miguel Veloso	96	Nautico/Matobra	<b>2:36.27</b>	34.03	39.87	40.03	42.34

Absoluto

Final A

1.	Diogo Filipe Carvalho	88	Galitos	<b>2:16.64</b>	31.00	34.61	35.36	35.67
2.	Ricardo Jose Varela	89	Naval Setubalense	<b>2:18.28</b>	31.73	35.26	35.19	36.10
3.	Manuel Matos Sequeira	87	Gesloures	<b>2:24.37</b>	32.76	36.88	36.83	37.90
4.	Joao Claudio Sousa	93	Gespacos	<b>2:24.61</b>	33.05	37.33	37.13	37.10
5.	Sergio Baptista Silva	91	Porto/Dolce Vita	<b>2:25.09</b>	32.60	36.28	37.44	38.77

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Final B

9.	Nuno Rafael Alves	90	Gespacos	<b>2:24.92</b>	33.38	36.62	37.82	37.10
10.	Pedro Miguel Agostinho	92	Sporting	<b>2:26.02</b>	33.04	37.14	38.36	37.48
11.	Diogo Filipe Matos	92	Sporting	<b>2:26.34</b>	32.98	38.17	38.33	36.86
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14.	Tomas Miguel Veloso	96	Nautico/Matobra	<b>2:36.27</b>	34.03	39.87	40.03	42.34