



Campeonato Nacional Juvenis e Absolutos de Portugal-OPEN  
Povoa de Varzim, 4- - 7-8-2011

Event 21 Men, 200m Backstroke Open  
05-08-2011 - 11:35 Results Prelim

Rec Nac Open	2:00.62	Pedro Diogo Oliveira	FPN	Melbourne (AUS)	29-03-2007
Rec Nac Inf B	2:21.70	Alexandre Lages Ribas	EDV	Porto	24-07-2010
Rec Nac Inf A	2:14.56	Alexandre Lages Ribas	EDV	Lisboa	23-07-2011
Rec Nac Juv B	2:09.42	Pedro Diogo Oliveira	FPN	Paris (FRA)	28-07-2003
Rec Nac Juv A	2:06.92	Pedro Diogo Oliveira	CNRM	Lisboa	30-07-2004
Rec Nac Jun	2:02.21	Pedro Diogo Oliveira	CNRM	Coimbra	28-07-2006
Rec Nac Sen	2:00.62	Pedro Diogo Oliveira	FPN	Melbourne (AUS)	29-03-2007

TAC SEN/JUN2 Masc 18 +: 2:15.50 / TAC JUN1 Masc 17: 2:17.50 / TAC JUV A Masc Juv A: 2:24.00 / TAC JUV B Masc Juv B: 2:27.50

Rank	YB		Time		50m	100m	150m	200m
Open								
1.	88	Swim Wales	<b>2:02.91</b>	A	28.77	30.88	31.58	31.68
2.	92	Swim Wales	<b>2:03.91</b>	A	29.89	30.64	31.62	31.76
3.	91	Vlaamse Zwemfederatie	<b>2:05.27</b>	A	29.11	31.16	32.17	32.83
4.	92	Co Sheffield	<b>2:05.37</b>	A	29.43	31.24	32.68	32.02
5.	95	Louletano/Loule Concelho	<b>2:06.88</b>	A	29.79	31.89	32.11	33.09
6.	86	Famalicao	<b>2:08.74</b>	A	30.32	32.75	33.61	32.06
7.	95	Portinado	<b>2:09.01</b>	A	31.14	32.95	33.07	31.85
8.	90	Amadora	<b>2:09.94</b>	A	29.97	32.72	34.07	33.18
9.	93	Braga	<b>2:10.99</b>	A	30.44	33.33	34.10	33.12
10.	95	Amadora	<b>2:11.12</b>	A	31.13	33.07	33.58	33.34
11.	95	Colegio Vasco da Gama	<b>2:11.23</b>	A	31.26	34.12	33.16	32.69
12.	91	Porto/Dolce Vita	<b>2:12.03</b>	A	31.23	33.70	33.60	33.50
13.	94	Vitoria de Guimaraes	<b>2:13.43</b>	A	32.14	33.84	34.09	33.36
14.	93	Naval Setubalense	<b>2:13.74</b>	R	30.70	34.08	34.93	34.03
15.	93	Famalicao	<b>2:13.95</b>	R	31.19	34.32	34.12	34.32
16.	94	Louletano/Loule Concelho	<b>2:14.28</b>	B	31.09	33.88	34.57	34.74
17.	93	Ginasio Figueirense	<b>2:14.58</b>	R	31.69	33.38	35.03	34.48
18.	95	Pimpoes/Cimai	<b>2:15.31</b>	R	31.67	35.34	34.22	34.08
19.	94	Uniao Piedense	<b>2:15.37</b>		31.66	34.45	34.68	34.58
20.	94	Gespacos	<b>2:15.38</b>		31.71	34.50	33.70	35.47
21.	96	Naval Amorense	<b>2:15.57</b>		31.35	34.95	35.25	34.02
22.	95	Individual do Algarve	<b>2:15.95</b>		31.97	35.39	35.54	33.05
23.	95	Naval Setubalense	<b>2:16.24</b>		31.80	34.52	35.58	34.34
24.	94	Colegio Vasco da Gama	<b>2:16.66</b>		31.56	33.94	35.29	35.87
25.	94	Desportiva de Viana	<b>2:16.83</b>		31.28	34.32	35.86	35.37
26.	96	Colegio Vasco da Gama	<b>2:17.96</b>		32.31	34.41	35.76	35.48
27.	94	Braga	<b>2:19.39</b>		31.78	35.30	36.18	36.13
		<i>FTL</i>						
28.	95	Famalicao	<b>2:19.79</b>		31.92	35.19	36.14	36.54
29.	95	Estrelas S. Joao de Brito	<b>2:19.87</b>		31.81	34.60	36.29	37.17
30.	96	Fafe	<b>2:20.14</b>		31.43	35.15	36.99	36.57
31.	96	Colegio Monte Maior	<b>2:21.23</b>		32.90	36.21	36.63	35.49
32.	96	Alges	<b>2:21.30</b>		31.93	34.85	36.83	37.69
33.	96	Academico Viseu	<b>2:21.52</b>		32.79	36.09	36.82	35.82
34.	95	Estarreja	<b>2:21.74</b>		31.85	35.39	37.47	37.03
35.	95	Naval Setubalense	<b>2:21.78</b>		33.73	36.03	36.52	35.50
36.	96	Viana Natacao	<b>2:21.79</b>		33.39	35.89	35.94	36.57
37.	95	Porto/Dolce Vita	<b>2:22.05</b>		33.91	36.27	36.52	35.35
38.	96	Feirense	<b>2:22.07</b>		33.33	37.09	36.98	34.67
39.	95	Nautico/Matobra	<b>2:22.53</b>		33.48	35.83	36.79	36.43

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Event 21, Men, 200m Backstroke, Prelim, Open

Rank	YB		Time	50m	100m	150m	200m
40.	96	Famalicao	<b>2:22.55</b>	33.01	36.66	37.21	35.67
41.	96	Bombeiros dos Estoris	<b>2:23.31</b>	32.82	36.21	37.37	36.91
42.	96	Colegio Vasco da Gama	<b>2:24.00</b>	35.22	36.15	36.84	35.79
43.	96	Lisnave	<b>2:24.39</b>	33.96	36.08	37.09	37.26
44.	96	Nautico/Matobra	<b>2:24.60</b>	34.64	37.04	37.22	35.70
45.	95	Colegio Vasco da Gama	<b>2:24.70</b>	34.51	36.87	37.03	36.29
		<i>FTL</i>					
46.	95	Aminata	<b>2:24.82</b>	31.87	36.15	38.71	38.09
		<i>FTL</i>					
47.	96	Sporting	<b>2:25.05</b>	34.14	36.85	37.35	36.71
48.	96	Nautico/Matobra	<b>2:25.20</b>	33.69	37.54	37.56	36.41
49.	96	Maritimo	<b>2:25.72</b>	34.35	37.70	38.08	35.59
50.	95	Litoral Alentejano	<b>2:25.98</b>	33.59	36.29	38.21	37.89
		<i>FTL</i>					
51.	96	Uniao Piedense	<b>2:26.20</b>	34.24	36.77	37.36	37.83
52.	96	Porto/Dolce Vita	<b>2:27.10</b>	34.79	37.64	38.16	36.51
	96	Bruno Caseiro Dias	<b>2:27.10</b>	34.41	37.25	38.07	37.37
54.	95	Naval de Ponta Delgada	<b>2:27.73</b>	33.36	37.35	37.80	39.22
		<i>FTL</i>					
55.	96	Electrico	<b>2:34.99</b>	36.18	38.86	39.73	40.22
		<i>FTL</i>					

Juvenis B

1.	96	Naval Amorense	<b>2:15.57</b>	31.35	34.95	35.25	34.02
2.	96	Colegio Vasco da Gama	<b>2:17.96</b>	32.31	34.41	35.76	35.48
3.	96	Fafe	<b>2:20.14</b>	31.43	35.15	36.99	36.57
4.	96	Colegio Monte Maior	<b>2:21.23</b>	32.90	36.21	36.63	35.49
5.	96	Alges	<b>2:21.30</b>	31.93	34.85	36.83	37.69
6.	96	Academico Viseu	<b>2:21.52</b>	32.79	36.09	36.82	35.82
7.	96	Viana Natacao	<b>2:21.79</b>	33.39	35.89	35.94	36.57
8.	96	Feirense	<b>2:22.07</b>	33.33	37.09	36.98	34.67
9.	96	Famalicao	<b>2:22.55</b>	33.01	36.66	37.21	35.67
10.	96	Bombeiros dos Estoris	<b>2:23.31</b>	32.82	36.21	37.37	36.91
11.	96	Colegio Vasco da Gama	<b>2:24.00</b>	35.22	36.15	36.84	35.79
12.	96	Lisnave	<b>2:24.39</b>	33.96	36.08	37.09	37.26
13.	96	Nautico/Matobra	<b>2:24.60</b>	34.64	37.04	37.22	35.70
14.	96	Sporting	<b>2:25.05</b>	34.14	36.85	37.35	36.71
15.	96	Nautico/Matobra	<b>2:25.20</b>	33.69	37.54	37.56	36.41
16.	96	Maritimo	<b>2:25.72</b>	34.35	37.70	38.08	35.59
17.	96	Uniao Piedense	<b>2:26.20</b>	34.24	36.77	37.36	37.83
18.	96	Porto/Dolce Vita	<b>2:27.10</b>	34.79	37.64	38.16	36.51
	96	Bruno Caseiro Dias	<b>2:27.10</b>	34.41	37.25	38.07	37.37
20.	96	Electrico	<b>2:34.99</b>	36.18	38.86	39.73	40.22
		<i>FTL</i>					

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Juvenis A

1.	Miguel Duarte Nascimento	95	Portinado	<b>2:09.01</b>	A	31.14	32.95	33.07	31.85
2.	Rodrigo Pereira Lopes	95	Amadora	<b>2:11.12</b>	A	31.13	33.07	33.58	33.34
3.	Diogo Gomes Sousa	95	Colegio Vasco da Gama	<b>2:11.23</b>	A	31.26	34.12	33.16	32.69
4.	Afonso Lopes dos Santos	95	Pimpoes/Cimai	<b>2:15.31</b>	R	31.67	35.34	34.22	34.08
5.	Filipe Maria Ferreira	95	Individual do Algarve	<b>2:15.95</b>		31.97	35.39	35.54	33.05
6.	Joao Pedro Neto	95	Naval Setubalense	<b>2:16.24</b>		31.80	34.52	35.58	34.34
7.	Andre Isaias Guimaraes	95	Famalicao	<b>2:19.79</b>		31.92	35.19	36.14	36.54
8.	Frederico Manuel Moeda	95	Estrelas S. Joao de Brito	<b>2:19.87</b>		31.81	34.60	36.29	37.17
9.	Joao Pedro Santos	95	Estarreja	<b>2:21.74</b>		31.85	35.39	37.47	37.03
10.	Miguel Gomes Pereira	95	Naval Setubalense	<b>2:21.78</b>		33.73	36.03	36.52	35.50
11.	Daniel Costa Vieira	95	Porto/Dolce Vita	<b>2:22.05</b>		33.91	36.27	36.52	35.35
12.	Guilherme Pedro Coelho	95	Nautico/Matobra	<b>2:22.53</b>		33.48	35.83	36.79	36.43
13.	Joao Diogo Neves	95	Colegio Vasco da Gama	<b>2:24.70</b>		34.51	36.87	37.03	36.29
	<i>FTL</i>								
14.	Miguel Maria Rosado	95	Aminata	<b>2:24.82</b>		31.87	36.15	38.71	38.09
	<i>FTL</i>								
15.	Jorge Miguel Telo	95	Litoral Alentejano	<b>2:25.98</b>		33.59	36.29	38.21	37.89
	<i>FTL</i>								
16.	Mohammad Shams Azad	95	Naval de Ponta Delgada	<b>2:27.73</b>		33.36	37.35	37.80	39.22
	<i>FTL</i>								

Absolutos

1.	Adriano Miguel Niz	86	Famalicao	<b>2:08.74</b>	A	30.32	32.75	33.61	32.06
2.	Miguel Duarte Nascimento	95	Portinado	<b>2:09.01</b>	A	31.14	32.95	33.07	31.85
3.	Pedro Fontoura Oliveira	90	Amadora	<b>2:09.94</b>	A	29.97	32.72	34.07	33.18
4.	Edgar Oliveira Ribeiro	93	Braga	<b>2:10.99</b>	A	30.44	33.33	34.10	33.12
5.	Rodrigo Pereira Lopes	95	Amadora	<b>2:11.12</b>	A	31.13	33.07	33.58	33.34
6.	Diogo Gomes Sousa	95	Colegio Vasco da Gama	<b>2:11.23</b>	A	31.26	34.12	33.16	32.69
7.	Samuel Patricio Queiros	91	Porto/Dolce Vita	<b>2:12.03</b>	A	31.23	33.70	33.60	33.50
8.	Jose Alberto Martins	94	Vitoria de Guimaraes	<b>2:13.43</b>	A	32.14	33.84	34.09	33.36
9.	Nuno Rafael Duraes	93	Naval Setubalense	<b>2:13.74</b>	R	30.70	34.08	34.93	34.03
10.	Joao Filipe Fernandes	93	Famalicao	<b>2:13.95</b>	R	31.19	34.32	34.12	34.32
11.	Renato Filipe Nascimento	94	Louletano/Loule Concelho	<b>2:14.28</b>	B	31.09	33.88	34.57	34.74
12.	Andre Duarte Vaz	93	Ginasio Figueirense	<b>2:14.58</b>	R	31.69	33.38	35.03	34.48
13.	Afonso Lopes dos Santos	95	Pimpoes/Cimai	<b>2:15.31</b>	R	31.67	35.34	34.22	34.08
14.	Fabio Alexandre Freitas	94	Uniao Piedense	<b>2:15.37</b>		31.66	34.45	34.68	34.58
15.	Antonio Rafael Bessa	94	Gespacos	<b>2:15.38</b>		31.71	34.50	33.70	35.47
16.	Sergio Fernando Silva	96	Naval Amorense	<b>2:15.57</b>		31.35	34.95	35.25	34.02
17.	Filipe Maria Ferreira	95	Individual do Algarve	<b>2:15.95</b>		31.97	35.39	35.54	33.05
18.	Joao Pedro Neto	95	Naval Setubalense	<b>2:16.24</b>		31.80	34.52	35.58	34.34
19.	Miguel Angelo Pinto	94	Colegio Vasco da Gama	<b>2:16.66</b>		31.56	33.94	35.29	35.87
20.	Renato Mendes Pinheiro	94	Desportiva de Viana	<b>2:16.83</b>		31.28	34.32	35.86	35.37
21.	Rodrigo Silverio Carmo	96	Colegio Vasco da Gama	<b>2:17.96</b>		32.31	34.41	35.76	35.48
22.	Miguel Antonio Silva	94	Braga	<b>2:19.39</b>		31.78	35.30	36.18	36.13
	<i>FTL</i>								
23.	Andre Isaias Guimaraes	95	Famalicao	<b>2:19.79</b>		31.92	35.19	36.14	36.54
24.	Frederico Manuel Moeda	95	Estrelas S. Joao de Brito	<b>2:19.87</b>		31.81	34.60	36.29	37.17
25.	Tiago Manuel Teixeira	96	Fafe	<b>2:20.14</b>		31.43	35.15	36.99	36.57
26.	Rodrigo Antonio Rosa	96	Colegio Monte Maior	<b>2:21.23</b>		32.90	36.21	36.63	35.49
27.	Filipe Miguel Felix	96	Alges	<b>2:21.30</b>		31.93	34.85	36.83	37.69

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Rank	YB		Time	50m	100m	150m	200m	
28.	Pedro Ribeiro Santos	96	Academico Viseu	<b>2:21.52</b>	32.79	36.09	36.82	35.82
29.	Joao Pedro Santos	95	Estarreja	<b>2:21.74</b>	31.85	35.39	37.47	37.03
30.	Miguel Gomes Pereira	95	Naval Setubalense	<b>2:21.78</b>	33.73	36.03	36.52	35.50
31.	Antonio Miguel Vitorino	96	Viana Natacao	<b>2:21.79</b>	33.39	35.89	35.94	36.57
32.	Daniel Costa Vieira	95	Porto/Dolce Vita	<b>2:22.05</b>	33.91	36.27	36.52	35.35
33.	Job Santos Silva	96	Feirense	<b>2:22.07</b>	33.33	37.09	36.98	34.67
34.	Guilherme Pedro Coelho	95	Nautico/Matobra	<b>2:22.53</b>	33.48	35.83	36.79	36.43
35.	Pedro Manuel Rocha	96	Famalicao	<b>2:22.55</b>	33.01	36.66	37.21	35.67
36.	Pedro Miguel Gamito	96	Bombeiros dos Estoris	<b>2:23.31</b>	32.82	36.21	37.37	36.91
37.	Tomas Risso Fernandes	96	Colegio Vasco da Gama	<b>2:24.00</b>	35.22	36.15	36.84	35.79
38.	Bruno Rafael Meireles	96	Lisnave	<b>2:24.39</b>	33.96	36.08	37.09	37.26
39.	Joao Pedro Cardoso	96	Nautico/Matobra	<b>2:24.60</b>	34.64	37.04	37.22	35.70
40.	Joao Diogo Neves	95	Colegio Vasco da Gama	<b>2:24.70</b>	34.51	36.87	37.03	36.29
	<i>FTL</i>							
41.	Miguel Maria Rosado	95	Aminata	<b>2:24.82</b>	31.87	36.15	38.71	38.09
	<i>FTL</i>							
42.	David Soares Caratao	96	Sporting	<b>2:25.05</b>	34.14	36.85	37.35	36.71
43.	Francisco Jose Fernandes	96	Nautico/Matobra	<b>2:25.20</b>	33.69	37.54	37.56	36.41
44.	Miguel Freitas Marques	96	Maritimo	<b>2:25.72</b>	34.35	37.70	38.08	35.59
45.	Jorge Miguel Telo	95	Litoral Alentejano	<b>2:25.98</b>	33.59	36.29	38.21	37.89
	<i>FTL</i>							
46.	Diogo Humberto Xavier	96	Uniao Piedense	<b>2:26.20</b>	34.24	36.77	37.36	37.83
47.	Bruno Caseiro Dias	96	Gesloures	<b>2:27.10</b>	34.41	37.25	38.07	37.37
	F. Rodrigues	96	Porto/Dolce Vita	<b>2:27.10</b>	34.79	37.64	38.16	36.51
49.	Mohammad Shams Azad	95	Naval de Ponta Delgada	<b>2:27.73</b>	33.36	37.35	37.80	39.22
	<i>FTL</i>							
50.	Joao Miguel Lopes	96	Electrico	<b>2:34.99</b>	36.18	38.86	39.73	40.22
	<i>FTL</i>							

Jun1

1.	Jose Alberto Martins	94	Vitoria de Guimaraes	<b>2:13.43</b> A	32.14	33.84	34.09	33.36
2.	Renato Filipe Nascimento	94	Louletano/Loule Concelho	<b>2:14.28</b> B	31.09	33.88	34.57	34.74
3.	Fabio Alexandre Freitas	94	Uniao Piedense	<b>2:15.37</b>	31.66	34.45	34.68	34.58
4.	Antonio Rafael Bessa	94	Gespacos	<b>2:15.38</b>	31.71	34.50	33.70	35.47
5.	Miguel Angelo Pinto	94	Colegio Vasco da Gama	<b>2:16.66</b>	31.56	33.94	35.29	35.87
6.	Renato Mendes Pinheiro	94	Desportiva de Viana	<b>2:16.83</b>	31.28	34.32	35.86	35.37
7.	Miguel Antonio Silva	94	Braga	<b>2:19.39</b>	31.78	35.30	36.18	36.13
	<i>FTL</i>							

Sen/Jun2

1.	Adriano Miguel Niz	86	Famalicao	<b>2:08.74</b> A	30.32	32.75	33.61	32.06
2.	Pedro Fontoura Oliveira	90	Amadora	<b>2:09.94</b> A	29.97	32.72	34.07	33.18
3.	Edgar Oliveira Ribeiro	93	Braga	<b>2:10.99</b> A	30.44	33.33	34.10	33.12
4.	Samuel Patricio Queiros	91	Porto/Dolce Vita	<b>2:12.03</b> A	31.23	33.70	33.60	33.50
5.	Nuno Rafael Duraes	93	Naval Setubalense	<b>2:13.74</b> R	30.70	34.08	34.93	34.03
6.	Joao Filipe Fernandes	93	Famalicao	<b>2:13.95</b> R	31.19	34.32	34.12	34.32
7.	Andre Duarte Vaz	93	Ginasio Figueirense	<b>2:14.58</b> R	31.69	33.38	35.03	34.48