

Campeonato Nacional Juvenis e Absolutos de Portugal-OPEN
Povoa de Varzim, 4- - 7-8-2011

Medalists by Club, Women

All Events

Medal	Event	Agegroup	Name	YB	Swimtime
Alcobaca					
Gold	Women, 200m Fly	Juvenis	Bruna Elisabete Paulino	97	2:26.82
Alges					
Gold	Women, 200m Backstroke	Juvenis	Francisca Gomes Azevedo	97	2:24.46
Silver	Women, 800m Freestyle	Juvenis	Barbara Marques Rodrigues	97	9:28.91
	Girls, 4 x 100m Freestyle	Juvenis	Alges-JUV		4:12.67
	Girls, 4 x 200m Freestyle	Juvenis	Alges-JUV		9:11.44
Bronze	Women, 100m Backstroke	Juvenis	Francisca Gomes Azevedo	97	1:08.91
	Girls, 4 x 100m Medley	Juvenis	Alges-JUV		4:52.65
Amadora					
Gold	Women, 50m Fly	Absoluto	Filipa Ferreira Silva	85	28.63
Silver	Women, 50m Backstroke	Absoluto	Lisa Marisa Soares	95	31.03
	Women, 200m Backstroke	Absolutos	Lisa Marisa Soares	95	2:23.07
	Women, 4 x 50m Freestyle	Open	Amadora-ABS		1:49.81
	Women, 4 x 50m Medley	Open	Amadora-ABS		2:00.06
Bronze	Women, 50m Backstroke	Open	Lisa Marisa Soares	95	31.03
	Women, 50m Fly	Open	Filipa Ferreira Silva	85	28.63
	Women, 100m Fly	Absoluto	Filipa Ferreira Silva	85	1:03.84
	Women, 4 x 100m Freestyle	Open	Amadora-ABS		4:00.02
	Women, 4 x 100m Medley	Absoluto	Amadora-ABS		4:25.48
Benedita					
Silver	Women, 200m Fly	Juvenis	Filipa Vicente Custoias	97	2:29.75
Bronze	Women, 100m Fly	Juvenis	Filipa Vicente Custoias	97	1:08.15
	Women, 400m Medley	Juvenis	Filipa Vicente Custoias	97	5:23.90
Benfica					
Silver	Women, 100m Breaststroke	Juvenis	Barbara Sofia Barata	97	1:18.22
	Women, 200m Breaststroke	Juvenis	Barbara Sofia Barata	97	2:47.52
Braga					
Bronze	Women, 100m Freestyle	Juvenis	Sara Faria Costa	97	1:02.56
Co Sheffield					
Gold	Women, 400m Freestyle	Open	Eleanor Faulkner	93	4:14.01
	Women, 800m Freestyle	Open	Eleanor Faulkner	93	8:41.77
	Women, 200m Medley	Open	Lucy Spencer	93	2:17.57
	Women, 400m Medley	Open	Lucy Spencer	93	4:52.99
Silver	Women, 50m Fly	Open	Laura Whitaker	91	28.35

Campeonato Nacional Juvenis e Absolutos de Portugal-OPEN
Povoa de Varzim, 4- - 7-8-2011

Colegio Vasco da Gama

Silver	Women, 200m Fly	Absolutos	Ana Beatriz Pereira	91	2:17.85
	Women, 200m Fly	Open	Ana Beatriz Pereira	91	2:17.85

Estamos Juntos

Gold	Women, 100m Freestyle	Absolutos	Ana Pinho Rodrigues	94	58.41
Silver	Women, 50m Fly	Absoluto	Ana Pinho Rodrigues	94	28.99
Bronze	Women, 100m Freestyle	Open	Ana Pinho Rodrigues	94	58.41

Foca

Gold	Women, 400m Medley	Absolutos	Diana Margarida Duraes	96	4:58.08
Silver	Women, 200m Medley	Absolutos	Diana Margarida Duraes	96	2:22.65
	Women, 400m Medley	Open	Diana Margarida Duraes	96	4:58.08
Bronze	Women, 400m Freestyle	Juvenis	Ana Filipa Martins	97	4:39.70
	Women, 800m Freestyle	Juvenis	Ana Filipa Martins	97	9:31.05

Gesloures

Silver	Women, 200m Breaststroke	Absoluto	Nadia Morais Vieira	90	2:37.56
Bronze	Women, 200m Breaststroke	Open	Nadia Morais Vieira	90	2:37.56
	Women, 200m Fly	Open	Nadia Morais Vieira	90	2:18.55
	Women, 200m Fly	Absolutos	Nadia Morais Vieira	90	2:18.55

Gespacos

Silver	Women, 400m Medley	Juvenis	Sara Monteiro Meireles	97	5:22.71
Bronze	Women, 200m Medley	Juvenis	Sara Monteiro Meireles	97	2:33.97

Ginasio de Vila Real

Silver	Women, 50m Freestyle	Absolutos	Joana Patricia Pinto	94	27.11
	Women, 100m Freestyle	Absolutos	Joana Patricia Pinto	94	58.83

Leixoes

Gold	Women, 1500m Freestyle	Open	Angelica Maria Andre	94	17:02.89
Bronze	Women, 800m Freestyle	Open	Angelica Maria Andre	94	9:04.07
	Women, 400m Medley	Absolutos	Angelica Maria Andre	94	4:59.84

Louletano/Loule Concelho

Gold	Women, 50m Backstroke	Absoluto	Catia Raquel Martinheira	95	30.57
	Women, 50m Backstroke	Open	Catia Raquel Martinheira	95	30.57
	Women, 100m Backstroke	Open	Catia Raquel Martinheira	95	1:04.63
	Women, 100m Backstroke	Absolutos	Catia Raquel Martinheira	95	1:04.63
	Women, 200m Backstroke	Absolutos	Catia Raquel Martinheira	95	2:19.79
Bronze	Women, 200m Backstroke	Open	Catia Raquel Martinheira	95	2:19.79
	Women, 50m Breaststroke	Absolutos	Isabel Maria Figueira	79	34.09

Lousada SXXI

Silver	Women, 100m Backstroke	Juvenis	Joana Carina Silva	97	1:06.35
	Women, 200m Backstroke	Juvenis	Joana Carina Silva	97	2:24.63

Campeonato Nacional Juvenis e Absolutos de Portugal-OPEN
Povoa de Varzim, 4- - 7-8-2011

Nautico da Marinha Grande

Gold	Women, 400m Freestyle	Juvenis	Filipa Vilas Ruivo	97	4:33.07
	Women, 800m Freestyle	Juvenis	Filipa Vilas Ruivo	97	9:11.46
	Women, 200m Breaststroke	Juvenis	Filipa Vilas Ruivo	97	2:45.04
	Women, 200m Medley	Juvenis	Filipa Vilas Ruivo	97	2:28.69
	Women, 400m Medley	Juvenis	Filipa Vilas Ruivo	97	5:07.72

Nautico/Matobra

Gold	Girls, 4 x 100m Freestyle	Juvenis	Nautico/Matobra-JUV		4:10.72
	Girls, 4 x 200m Freestyle	Juvenis	Nautico/Matobra-JUV		9:04.30
	Girls, 4 x 100m Medley	Juvenis	Nautico/Matobra-JUV		4:41.87
Silver	Women, 100m Freestyle	Juvenis	Beatriz Neves Craveiro	97	1:01.54
	Women, 100m Fly	Juvenis	Beatriz Neves Craveiro	97	1:07.30
Bronze	Women, 200m Freestyle	Juvenis	Beatriz Neves Craveiro	97	2:14.10
	Women, 100m Breaststroke	Juvenis	Andreia Margarida Morgado	97	1:19.97
	Women, 200m Fly	Juvenis	Daniela Figueiredo Metelo	97	2:33.63

Naval Amorense

Gold	Women, 100m Breaststroke	Juvenis	Andreia Sofia Mendao	97	1:17.55
Bronze	Women, 200m Breaststroke	Juvenis	Andreia Sofia Mendao	97	2:48.64

Pimpoes/Cimai

Bronze	Women, 100m Breaststroke	Absoluto	Victoria Kaminskaya	95	1:13.94
	Women, 200m Breaststroke	Absoluto	Victoria Kaminskaya	95	2:40.08

Porto/Dolce Vita

Gold	Women, 50m Freestyle	Absolutos	Sara Freitas Oliveira	85	26.82
	Women, 100m Fly	Open	Sara Freitas Oliveira	85	1:00.55
	Women, 100m Fly	Absoluto	Sara Freitas Oliveira	85	1:00.55
	Women, 200m Medley	Absolutos	Marta Pereira Abreu	92	2:20.41
	Women, 4 x 50m Freestyle	Open	Porto/Dolce Vita-ABS		1:47.34
	Women, 4 x 100m Freestyle	Open	Porto/Dolce Vita-ABS		3:54.80
	Women, 4 x 200m Freestyle	Open	Porto/Dolce Vita-ABS		8:33.73
	Women, 4 x 50m Medley	Open	Porto/Dolce Vita-ABS		1:59.29
	Women, 4 x 100m Medley	Absoluto	Porto/Dolce Vita-ABS		4:19.27
Silver	Women, 50m Freestyle	Absolutos	Alexandra Paiva Oliveira	91	27.11
	Women, 200m Freestyle	Juvenis	Maria Teresa Amorim	97	2:13.65
	Women, 200m Freestyle	Absolutos	Marta Vieira Marinho	91	2:06.07
	Women, 400m Freestyle	Juvenis	Maria Teresa Amorim	97	4:37.96
	Women, 400m Freestyle	Absolutos	Ana Goncalves Neto	95	4:28.22
	Women, 50m Breaststroke	Absolutos	Joana Catarina Carvalho	92	33.86
	Women, 100m Breaststroke	Absoluto	Paula Alexandra Oliveira	96	1:13.61
	Women, 200m Medley	Juvenis	Maria Teresa Amorim	97	2:33.85
	Women, 400m Medley	Absolutos	Marta Pereira Abreu	92	4:59.77
	Girls, 4 x 100m Medley	Juvenis	Porto/Dolce Vita-JUV		4:50.06
Bronze	Women, 50m Freestyle	Open	Sara Freitas Oliveira	85	26.82
	Women, 100m Freestyle	Absolutos	Marta Vieira Marinho	91	59.32
	Women, 200m Freestyle	Absolutos	Joana Aguiar Rodrigues	93	2:07.85
	Women, 50m Backstroke	Absoluto	Marta Vieira Marinho	91	31.06
	Women, 100m Backstroke	Absolutos	Marta Vieira Marinho	91	1:06.19
	Women, 200m Backstroke	Absolutos	Marta Pereira Abreu	92	2:24.65
	Women, 50m Breaststroke	Open	Joana Catarina Carvalho	92	33.86

Campeonato Nacional Juvenis e Absolutos de Portugal-OPEN
Pova de Varzim, 4- - 7-8-2011

	Women, 100m Breaststroke	Open	Paula Alexandra Oliveira	96	1:13.61	
	Women, 200m Medley	Open	Marta Pereira Abreu	92	2:20.41	
	Women, 400m Medley	Open	Marta Pereira Abreu	92	4:59.77	
	Girls, 4 x 100m Freestyle	Juvenis	Porto/Dolce Vita-JUV		4:17.10	
	Girls, 4 x 200m Freestyle	Juvenis	Porto/Dolce Vita-JUV		9:17.84	
Sporting						
Gold	Women, 100m Freestyle	Juvenis	Ines Camacho Fernandes	97	59.89	
	Women, 200m Freestyle	Juvenis	Ines Camacho Fernandes	97	2:10.48	
	Women, 100m Backstroke	Juvenis	Ines Camacho Fernandes	97	1:05.87	
	Women, 50m Breaststroke	Open	Maria Carolina Rosa	94	33.64	
	Women, 50m Breaststroke	Absolutos	Maria Carolina Rosa	94	33.64	
	Women, 100m Breaststroke	Absoluto	Maria Carolina Rosa	94	1:12.92	
	Women, 200m Breaststroke	Absoluto	Ana Teresa Franco	91	2:35.37	
	Women, 200m Breaststroke	Open	Ana Teresa Franco	91	2:35.37	
	Women, 100m Fly	Juvenis	Ines Camacho Fernandes	97	1:06.77	
Silver	Women, 100m Backstroke	Absolutos	Ines Camacho Fernandes	97	1:05.73	
	Women, 100m Breaststroke	Open	Maria Carolina Rosa	94	1:12.92	
	Women, 4 x 100m Freestyle	Open	Sporting-ABS		3:58.85	
	Women, 4 x 200m Freestyle	Open	Sporting-ABS		8:38.13	
	Women, 4 x 100m Medley	Absoluto	Sporting-ABS		4:23.72	
Bronze	Women, 200m Medley	Absolutos	Maria Carolina Rosa	94	2:22.77	
	Women, 4 x 50m Freestyle	Open	Sporting-ABS		1:49.98	
	Women, 4 x 50m Medley	Open	Sporting-ABS		2:00.93	
Swim Wales						
Gold	Women, 100m Freestyle	Open	Hannah McCarthy	93	57.49	
	Women, 200m Freestyle	Open	Sian Morgan	94	2:03.65	
	Women, 200m Backstroke	Open	Danielle Stirrat	93	2:15.91	
	Women, 100m Breaststroke	Open	Sara L Lougher	94	1:12.49	
	Women, 50m Fly	Open	Sian Harkin	94	28.03	
Silver	Women, 50m Freestyle	Open	Hannah McCarthy	93	26.68	
	Women, 200m Freestyle	Open	Danielle Stirrat	93	2:06.01	
	Women, 400m Freestyle	Open	Sian Morgan	94	4:17.20	
	Women, 800m Freestyle	Open	Sian Morgan	94	8:59.97	
	Women, 200m Backstroke	Open	Rachel Williams	93	2:16.78	
	Women, 50m Breaststroke	Open	Sara L Lougher	94	33.65	
	Women, 100m Fly	Open	Sian Harkin	94	1:03.41	
	Women, 200m Medley	Open	Chloe Tutton	96	2:20.23	
	Bronze	Women, 100m Backstroke	Open	Rachel Williams	93	1:04.90
Uniao Piedense						
Bronze	Women, 200m Backstroke	Juvenis	Ana Rita Cruz	97	2:27.50	
	Women, 50m Fly	Absoluto	Catarina Tiago Nunes	95	29.18	
Viana Natacao						
Bronze	Women, 400m Freestyle	Absolutos	Vania Soares Neves	90	4:30.65	

Campeonato Nacional Juvenis e Absolutos de Portugal-OPEN
Pova de Varzim, 4- - 7-8-2011

Vilacondense

Gold	Women, 200m Fly	Open	Ana Catarina Monteiro	93	2:16.47
	Women, 200m Fly	Absolutos	Ana Catarina Monteiro	93	2:16.47
Silver	Women, 1500m Freestyle	Open	Sarah Mommers	94	17:23.24
	Women, 100m Fly	Absoluto	Ana Catarina Monteiro	93	1:03.58
Bronze	Women, 100m Fly	Open	Ana Catarina Monteiro	93	1:03.58

Vitoria de Guimaraes

Gold	Women, 200m Freestyle	Absolutos	Andreia Catarina Gomes	94	2:06.01
	Women, 400m Freestyle	Absolutos	Andreia Catarina Gomes	94	4:26.03
Silver	Women, 200m Freestyle	Open	Andreia Catarina Gomes	94	2:06.01
Bronze	Women, 400m Freestyle	Open	Andreia Catarina Gomes	94	4:26.03
	Women, 1500m Freestyle	Open	Andreia Catarina Gomes	94	17:26.09
	Women, 4 x 200m Freestyle	Open	Vitoria de Guimaraes-ABS		8:49.15

Vlaamse Zwemfederatie

Gold	Women, 50m Freestyle	Open	Annelies De Mare	90	26.64
Silver	Women, 100m Freestyle	Open	Annelies De Mare	90	57.75
	Women, 50m Backstroke	Open	Jasmijn Verhaegen	93	30.63
	Women, 100m Backstroke	Open	Jasmijn Verhaegen	93	1:04.74
	Women, 200m Breaststroke	Open	Elise Matthysen	92	2:36.88

Campeonato Nacional Juvenis e Absolutos de Portugal-OPEN
Povoa de Varzim, 4- - 7-8-2011

Medalists by Club, Men

All Events

Medal	Event	Agegroup	Name	YB	Swimtime
Academica de Coimbra					
Bronze	Men, 1500m Freestyle Boys, 4 x 200m Freestyle	Juvenis A Juvenis A	Joao Andre Neves Academica de Coimbra-JUV A	95	17:16.11 8:29.33
Academico Viseu					
Gold	Men, 200m Medley	Juvenis B	Jose Luis Gabriel	96	2:16.91
Silver	Men, 400m Medley	Juvenis B	Jose Luis Gabriel	96	4:51.98
Bronze	Boys, 4 x 200m Freestyle	Juvenis B	Academico Viseu-JUV B		8:27.00
Alcobaca					
Bronze	Men, 200m Fly	Absolutos	Miguel Monteiro Diogo	93	2:04.71
Amadora					
Gold	Men, 50m Breaststroke	Absolutos	Carlos Esteves Almeida	88	28.88
	Men, 50m Breaststroke	Open	Carlos Esteves Almeida	88	28.88
	Men, 50m Fly	Absoluto	Simao Gomes Morgado	79	24.74
	Men, 50m Fly	Open	Simao Gomes Morgado	79	24.74
	Men, 100m Fly	Absoluto	Duarte Rafael Mourao	84	54.83
	Men, 200m Fly	Absolutos	Duarte Rafael Mourao	84	2:02.42
	Men, 4 x 50m Medley	Absoluto	Amadora-ABS		1:43.01
	Boys, 4 x 100m Medley	Juvenis A	Amadora-JUV A		4:12.52
	Men, 4 x 100m Medley	Absoluto	Amadora-ABS		3:46.65
Silver	Men, 100m Backstroke	Juvenis A	Rodrigo Pereira Lopes	95	1:00.75
	Men, 200m Backstroke	Juvenis A	Rodrigo Pereira Lopes	95	2:11.12
	Men, 200m Backstroke	Absolutos	Pedro Fontoura Oliveira	90	2:07.21
	Men, 50m Fly	Absoluto	Duarte Rafael Mourao	84	24.93
	Men, 50m Fly	Open	Duarte Rafael Mourao	84	24.93
	Men, 100m Fly	Open	Duarte Rafael Mourao	84	54.83
	Men, 200m Fly	Open	Duarte Rafael Mourao	84	2:02.42
	Men, 4 x 50m Freestyle	Open	Amadora-ABS		1:34.65
	Men, 4 x 100m Freestyle	Absoluto	Amadora-ABS		3:27.34
	Men, 4 x 200m Freestyle	Open	Amadora-ABS		7:37.31
Bronze	Men, 50m Freestyle	Absolutos	Joao Silva Gigante	88	24.10
	Men, 50m Freestyle	Open	Joao Silva Gigante	88	24.10
	Men, 50m Backstroke	Absoluto	Pedro Fontoura Oliveira	90	27.49
	Men, 100m Backstroke	Absolutos	Pedro Fontoura Oliveira	90	58.62
	Men, 50m Fly	Absoluto	Joao Silva Gigante	88	25.46
Benfica					
Gold	Men, 200m Freestyle	Juvenis B	Andre Filipe Farinha	96	1:58.56
	Men, 400m Freestyle	Juvenis B	Andre Filipe Farinha	96	4:09.11
	Men, 1500m Freestyle	Juvenis B	Andre Filipe Farinha	96	16:57.54
Bronze	Men, 100m Freestyle	Juvenis B	Andre Filipe Farinha	96	55.54
	Boys, 4 x 100m Medley	Juvenis B	Benfica-JUV B		4:20.75

Campeonato Nacional Juvenis e Absolutos de Portugal-OPEN
Povoa de Varzim, 4- - 7-8-2011

Bombeiros Ponta Delgada

Gold	Men, 200m Fly	Juvenis A	Antonio Fraga Fragoso	95	2:09.86
Silver	Men, 100m Fly	Juvenis A	Antonio Fraga Fragoso	95	59.20

Bombeiros dos Estoris

Bronze	Men, 200m Fly	Juvenis A	Miguel Bras Sergio	95	2:12.42
	Men, 400m Medley	Juvenis A	Miguel Bras Sergio	95	4:52.93

Braga

Bronze	Men, 1500m Freestyle	Juvenis B	Pedro Veiguinha Martins	96	17:09.99
	Men, 200m Backstroke	Absolutos	Edgar Oliveira Ribeiro	93	2:08.78
	Men, 400m Medley	Juvenis B	Pedro Veiguinha Martins	96	4:58.06

Co Sheffield

Gold	Men, 200m Freestyle	Open	Braxston Timm	92	1:51.54
	Men, 400m Freestyle	Open	Daniel Cocking	90	3:54.36
	Men, 1500m Freestyle	Open	Thomas Sunter	92	15:32.79
	Men, 100m Breaststroke	Open	James Kirton	85	1:02.28
	Men, 200m Breaststroke	Open	James Kirton	85	2:13.77
	Men, 100m Fly	Open	Braxston Timm	92	54.61
	Men, 200m Medley	Open	Lewis Coleman	92	2:03.80
Silver	Men, 400m Freestyle	Open	Thomas Sunter	92	3:54.66
	Men, 1500m Freestyle	Open	Daniel Cocking	90	15:45.44
	Men, 50m Breaststroke	Open	James Kirton	85	29.02
Bronze	Men, 200m Freestyle	Open	Lewis Coleman	92	1:51.91
	Men, 50m Fly	Open	Braxston Timm	92	25.00
	Men, 200m Medley	Open	James Kirton	85	2:05.39

Colegio Monte Maior

Gold	Men, 200m Fly	Juvenis B	Andre Antunes Carvalho	96	2:15.38
Bronze	Men, 100m Fly	Juvenis B	Andre Antunes Carvalho	96	1:01.34

Colegio Vasco da Gama

Gold	Men, 200m Medley	Juvenis A	Diogo Gomes Sousa	95	2:11.75
	Boys, 4 x 100m Freestyle	Juvenis A	Colegio Vasco da Gama-JUV A		3:48.96
	Boys, 4 x 200m Freestyle	Juvenis A	Colegio Vasco da Gama-JUV A		8:20.15
Silver	Men, 200m Backstroke	Juvenis B	Rodrigo Silverio Carmo	96	2:17.96
	Men, 200m Breaststroke	Juvenis B	Rodrigo Silverio Carmo	96	2:34.18
	Boys, 4 x 100m Medley	Juvenis A	Colegio Vasco da Gama-JUV A		4:15.31
Bronze	Men, 200m Freestyle	Juvenis B	Goncalo Cardoso Carmo	96	2:00.69
	Men, 400m Freestyle	Juvenis B	Goncalo Cardoso Carmo	96	4:19.87
	Men, 100m Backstroke	Juvenis A	Diogo Gomes Sousa	95	1:01.15
	Men, 200m Backstroke	Juvenis A	Diogo Gomes Sousa	95	2:11.23
	Men, 100m Fly	Juvenis A	Diogo Gomes Sousa	95	59.34
	Men, 200m Medley	Juvenis B	Rodrigo Silverio Carmo	96	2:19.09

Campeonato Nacional Juvenis e Absolutos de Portugal-OPEN
Povoa de Varzim, 4- - 7-8-2011

Estrelas S. Joao de Brito

Gold	Men, 100m Fly	Juvenis A	Frederico Manuel Moeda	95	58.62
------	---------------	-----------	------------------------	----	-------

Fafe

Gold	Men, 100m Freestyle	Juvenis B	Tiago Manuel Teixeira	96	54.92
Silver	Men, 100m Backstroke	Juvenis B	Tiago Manuel Teixeira	96	1:02.81
Bronze	Men, 200m Backstroke	Juvenis B	Tiago Manuel Teixeira	96	2:20.14

Famalicao

Gold	Men, 400m Freestyle	Absolutos	Jorge Manuel Maia	89	3:59.75
	Men, 100m Backstroke	Absolutos	Adriano Miguel Niz	86	56.76
	Men, 200m Backstroke	Absolutos	Adriano Miguel Niz	86	2:02.34
	Men, 200m Backstroke	Open	Adriano Miguel Niz	86	2:02.34
	Men, 100m Breaststroke	Juvenis A	Luis Manuel Fernandes	95	1:07.59
	Men, 200m Breaststroke	Juvenis A	Luis Manuel Fernandes	95	2:28.74
Silver	Men, 50m Backstroke	Absoluto	Adriano Miguel Niz	86	26.94
	Men, 100m Backstroke	Open	Adriano Miguel Niz	86	56.76
	Men, 200m Medley	Absolutos	Adriano Miguel Niz	86	2:07.44
Bronze	Men, 200m Freestyle	Absolutos	Jorge Manuel Maia	89	1:52.54
	Men, 400m Freestyle	Open	Jorge Manuel Maia	89	3:59.75
	Men, 50m Backstroke	Open	Adriano Miguel Niz	86	26.94

Foca

Silver	Men, 1500m Freestyle	Juvenis A	Cesar Filipe Magalhaes	95	16:57.87
Bronze	Men, 400m Freestyle	Juvenis A	Cesar Filipe Magalhaes	95	4:19.51

Galitos

Gold	Men, 200m Freestyle	Absolutos	Diogo Filipe Carvalho	88	1:51.60
	Men, 100m Breaststroke	Absoluto	Diogo Filipe Carvalho	88	1:03.84
	Men, 200m Breaststroke	Absoluto	Diogo Filipe Carvalho	88	2:16.64
Silver	Men, 100m Freestyle	Absolutos	Diogo Filipe Carvalho	88	51.39
	Men, 200m Freestyle	Open	Diogo Filipe Carvalho	88	1:51.60
	Men, 100m Breaststroke	Open	Diogo Filipe Carvalho	88	1:03.84
Bronze	Men, 200m Breaststroke	Open	Diogo Filipe Carvalho	88	2:16.64

Gesloures

Bronze	Men, 200m Breaststroke	Absoluto	Manuel Matos Sequeira	87	2:24.37
--------	------------------------	----------	-----------------------	----	---------

Gespacos

Silver	Men, 400m Medley	Absolutos	Nuno Rafael Alves	90	4:35.09
	Men, 400m Medley	Open	Nuno Rafael Alves	90	4:35.09

Leixoes

Bronze	Men, 800m Freestyle	Open	Tiago Silva Oliveira	94	8:29.00
--------	---------------------	------	----------------------	----	---------

Campeonato Nacional Juvenis e Absolutos de Portugal-OPEN
Povoa de Varzim, 4- - 7-8-2011

Maritimo

Bronze	Men, 100m Backstroke	Juvenis B	Miguel Freitas Marques	96	1:05.02
--------	----------------------	-----------	------------------------	----	---------

Nacional

Bronze	Men, 1500m Freestyle	Open	Paulo Fragueiro Franco	82	16:05.45
--------	----------------------	------	------------------------	----	----------

Natacao de Olhao

Gold	Men, 200m Freestyle	Juvenis A	Joao Duarte Santos	95	1:58.67
	Men, 400m Freestyle	Juvenis A	Joao Duarte Santos	95	4:13.15
	Men, 1500m Freestyle	Juvenis A	Joao Duarte Santos	95	16:48.56
Silver	Men, 200m Fly	Juvenis A	Joao Duarte Santos	95	2:12.34
	Men, 400m Medley	Juvenis A	Mauro Filipe Viegas	95	4:52.15
Bronze	Men, 100m Breaststroke	Juvenis A	Mauro Filipe Viegas	95	1:09.94
	Men, 200m Breaststroke	Juvenis A	Mauro Filipe Viegas	95	2:32.41

Nautico/Matobra

Gold	Men, 100m Breaststroke	Juvenis B	Tomas Miguel Veloso	96	1:09.17
	Men, 200m Breaststroke	Juvenis B	Tomas Miguel Veloso	96	2:29.15
	Men, 400m Medley	Juvenis B	Tomas Miguel Veloso	96	4:48.44

Naval Amorense

Gold	Men, 100m Backstroke	Juvenis B	Sergio Fernando Silva	96	1:02.05
	Men, 200m Backstroke	Juvenis B	Sergio Fernando Silva	96	2:15.57
	Boys, 4 x 100m Freestyle	Juvenis B	Naval Amorense-Juv B		3:46.74
Silver	Men, 100m Freestyle	Juvenis A	Tiago Ferreira Azevedo	95	54.77
	Men, 100m Freestyle	Juvenis B	Joao Carlos Santos	96	55.47
	Men, 200m Freestyle	Juvenis A	Tiago Ferreira Azevedo	95	1:58.90
	Men, 200m Freestyle	Juvenis B	Joao Carlos Santos	96	2:00.38
	Men, 400m Freestyle	Juvenis A	Tiago Ferreira Azevedo	95	4:13.20
	Men, 400m Freestyle	Juvenis B	Joao Carlos Santos	96	4:16.83
	Men, 100m Fly	Juvenis B	Miguel Angelo Alves	96	1:00.92
	Men, 200m Fly	Juvenis B	Miguel Angelo Alves	96	2:16.46
	Men, 200m Medley	Juvenis B	Rafael Filipe Nunes	96	2:18.71
	Boys, 4 x 200m Freestyle	Juvenis B	Naval Amorense-Juv B		8:16.55
Bronze	Men, 200m Medley	Juvenis A	Tiago Ferreira Azevedo	95	2:16.14

Naval Setubalense

Silver	Men, 50m Breaststroke	Absolutos	Ricardo Jose Varela	89	29.46
	Men, 100m Breaststroke	Absoluto	Ricardo Jose Varela	89	1:04.22
	Men, 200m Breaststroke	Absoluto	Ricardo Jose Varela	89	2:18.28
Bronze	Men, 50m Breaststroke	Open	Ricardo Jose Varela	89	29.46
	Men, 100m Breaststroke	Open	Ricardo Jose Varela	89	1:04.22
	Boys, 4 x 100m Medley	Juvenis A	Naval Setubalense-JUV A		4:16.88

Naval de Ponta Delgada

Bronze	Men, 100m Fly	Absoluto	Carlos Lopes Pedrosa	94	57.12
--------	---------------	----------	----------------------	----	-------

Campeonato Nacional Juvenis e Absolutos de Portugal-OPEN
Povoa de Varzim, 4- - 7-8-2011

Pimpoes/Cimai

Silver	Men, 200m Medley	Juvenis A	Afonso Lopes dos Santos	95	2:15.39
Bronze	Men, 100m Freestyle	Juvenis A	Afonso Lopes dos Santos	95	55.06
	Men, 200m Freestyle	Juvenis A	Afonso Lopes dos Santos	95	2:00.12

Portinado

Gold	Men, 50m Freestyle	Absolutos	Alexandre Escudier Agostinho	86	23.19
	Men, 50m Freestyle	Open	Alexandre Escudier Agostinho	86	23.19
	Men, 100m Freestyle	Juvenis A	Miguel Duarte Nascimento	95	54.08
	Men, 100m Freestyle	Absolutos	Alexandre Escudier Agostinho	86	51.08
	Men, 100m Backstroke	Juvenis A	Miguel Duarte Nascimento	95	59.92
	Men, 200m Backstroke	Juvenis A	Miguel Duarte Nascimento	95	2:09.01
Silver	Men, 100m Freestyle	Open	Alexandre Escudier Agostinho	86	51.08

Porto/Dolce Vita

Gold	Men, 50m Freestyle	Open	Paulo Jorge Santos	89	23.19
	Men, 50m Freestyle	Absolutos	Paulo Jorge Santos	89	23.19
	Men, 4 x 50m Freestyle	Open	Porto/Dolce Vita-ABS		1:33.80
	Men, 4 x 100m Freestyle	Absoluto	Porto/Dolce Vita-ABS		3:26.97
	Boys, 4 x 100m Medley	Juvenis B	Porto/Dolce Vita-JUV B		4:18.12
Silver	Men, 200m Freestyle	Absolutos	Israel Peressin Murat	86	1:52.53
	Boys, 4 x 100m Freestyle	Juvenis A	Porto/Dolce Vita-JUV A		3:49.76
	Boys, 4 x 200m Freestyle	Juvenis A	Porto/Dolce Vita-JUV A		8:26.20
	Men, 4 x 50m Medley	Absoluto	Porto/Dolce Vita-ABS		1:45.12
Bronze	Men, 100m Freestyle	Absolutos	Israel Peressin Murat	86	51.49
	Men, 50m Breaststroke	Absolutos	Sergio Baptista Silva	91	30.03
	Men, 100m Breaststroke	Juvenis B	Artur Jose Reis	96	1:11.01
	Men, 100m Breaststroke	Absoluto	Sergio Baptista Silva	91	1:06.88
	Men, 200m Medley	Absolutos	Rui Filipe Vilar	91	2:09.51
	Men, 4 x 200m Freestyle	Open	Porto/Dolce Vita-ABS		7:42.74
	Men, 4 x 100m Medley	Absoluto	Porto/Dolce Vita-ABS		3:53.24

Sporting

Gold	Men, 50m Backstroke	Open	Alexis Manacas Santos	92	26.41
	Men, 50m Backstroke	Absoluto	Alexis Manacas Santos	92	26.41
	Men, 200m Medley	Absolutos	Alexis Manacas Santos	92	2:04.04
	Men, 400m Medley	Absolutos	Alexis Manacas Santos	92	4:25.02
	Men, 400m Medley	Open	Alexis Manacas Santos	92	4:25.02
	Men, 4 x 200m Freestyle	Open	Sporting-ABS		7:36.47
Silver	Men, 100m Backstroke	Absolutos	Alexis Manacas Santos	92	56.85
	Men, 100m Breaststroke	Juvenis B	Joao Filipe Costa	96	1:10.92
	Men, 200m Medley	Open	Alexis Manacas Santos	92	2:04.04
	Men, 4 x 100m Medley	Absoluto	Sporting-ABS		3:52.92
Bronze	Men, 100m Backstroke	Open	Alexis Manacas Santos	92	56.85
	Men, 400m Medley	Absolutos	Miguel Machado Lopes	92	4:37.17
	Men, 400m Medley	Open	Miguel Machado Lopes	92	4:37.17
	Men, 4 x 50m Freestyle	Open	Sporting-ABS		1:36.64
	Men, 4 x 100m Freestyle	Absoluto	Sporting-ABS		3:30.33
	Men, 4 x 50m Medley	Absoluto	Sporting-ABS		1:46.56

Campeonato Nacional Juvenis e Absolutos de Portugal-OPEN
Povoa de Varzim, 4- - 7-8-2011

Swim Wales

Silver	Men, 100m Freestyle	Open	Calum Jarvis	92	51.08
	Men, 200m Backstroke	Open	Joseph Canlan-Shaw	88	2:02.68
Bronze	Men, 200m Backstroke	Open	Calum Jarvis	92	2:02.71

Torres Novas

Bronze	Boys, 4 x 100m Freestyle	Juvenis A	Torres Novas-JUV A		3:50.62
--------	--------------------------	-----------	--------------------	--	---------

Uniao Piedense

Gold	Men, 400m Medley	Juvenis A	Diogo Miguel Silva	95	4:51.52
Silver	Men, 800m Freestyle	Open	Diogo Andre Gaspar	90	8:27.58
	Men, 100m Breaststroke	Juvenis A	Diogo Miguel Silva	95	1:08.25
	Men, 200m Breaststroke	Juvenis A	Diogo Miguel Silva	95	2:29.98

Viana Natacao

Gold	Boys, 4 x 200m Freestyle	Juvenis B	Viana Natacao-JUV B		8:15.48
Silver	Men, 1500m Freestyle	Juvenis B	Miguel Prata Santos	96	17:05.26
	Boys, 4 x 100m Freestyle	Juvenis B	Viana Natacao-JUV B		3:48.44
Bronze	Men, 200m Fly	Juvenis B	Antonio Miguel Vitorino	96	2:16.51

Vilacondense

Gold	Men, 100m Fly	Juvenis B	Joao Pedro Santos	96	59.58
Silver	Men, 400m Freestyle	Absolutos	Fabio Manuel Pereira	86	4:03.45
	Men, 100m Fly	Absoluto	Fabio Manuel Pereira	86	55.77
	Men, 200m Fly	Absolutos	Fabio Manuel Pereira	86	2:03.38
	Boys, 4 x 100m Medley	Juvenis B	Vilacondense-JUV B		4:18.52
Bronze	Men, 200m Breaststroke	Juvenis B	Paulo Andre Silva	96	2:35.06
	Men, 50m Fly	Absoluto	Fabio Manuel Pereira	86	25.46
	Men, 200m Fly	Open	Fabio Manuel Pereira	86	2:03.38
	Boys, 4 x 100m Freestyle	Juvenis B	Vilacondense-JUV B		3:49.73

Vitoria de Guimaraes

Gold	Men, 800m Freestyle	Open	Rui Filipe Costa	91	8:25.58
Bronze	Men, 400m Freestyle	Absolutos	Rui Filipe Costa	91	4:03.77

Vlaamse Zwemfederatie

Gold	Men, 100m Freestyle	Open	Emmanuel Vanluchene	92	50.14
	Men, 100m Backstroke	Open	Emmanuel Vanluchene	92	56.71
	Men, 200m Fly	Open	Egon Van Der Straeten	91	2:02.13
Silver	Men, 50m Backstroke	Open	Emmanuel Vanluchene	92	26.46
	Men, 200m Breaststroke	Open	Jonas Coreelman	91	2:16.53
Bronze	Men, 100m Fly	Open	Egon Van Der Straeten	91	55.49