

Campeonato Nacional de Infantis PL
Lisboa, 22 - 24-7-2011

Prova 20 Femin., 400m Livres Infantis
24-07-2011 - 11:00 Resultados

Rec Nac Absoluto	4:19.89	Ana Feio ALEGRIA	FPN	Barcelona (ESP)	30-05-1996
Rec Nac Inf B	4:43.70	tempo limite			
Rec Nac Inf A	4:31.53	tempo limite			

TAC Fem Inf A Inf A: 5:09.00 / TAC Fem Inf B Inf B: 5:23.00

Pontos: FINA 2011

Lugar	Nome	Ano	Licença	Clube	Tp final	TReac	Pts
Infantis B							
1.	Maria Ines MACHADO	99	108320	Famalicao	5:01.11	+1.00	500
	50m: 32.79 32.79	150m: 1:48.58 38.77	250m: 3:06.24 39.02	350m: 4:24.28 38.96			
	100m: 1:09.81 37.02	200m: 2:27.22 38.64	300m: 3:45.32 39.08	400m: 5:01.11 36.83			
2.	Rita Costa AMADOR	99	105665	Galitos	5:02.34	+0.86	494
	50m: 34.25 34.25	150m: 1:51.46 39.58	250m: 3:09.00 38.48	350m: 4:26.27 37.96			
	100m: 1:11.88 37.63	200m: 2:30.52 39.06	300m: 3:48.31 39.31	400m: 5:02.34 36.07			
3.	Ana Carolina CARRACO	99	121177	Freguesia de Paiao	5:02.75	+1.03	492
	50m: 34.11 34.11	150m: 1:50.40 39.10	250m: 3:08.60 39.16	350m: 4:26.22 38.48			
	100m: 1:11.30 37.19	200m: 2:29.44 39.04	300m: 3:47.74 39.14	400m: 5:02.75 36.53			
4.	Joana Beatriz BERNARDO	99	112387	Fundacao Beatriz Santos	5:05.43	+0.98	480
	50m: 34.66 34.66	150m: 1:52.12 39.03	250m: 3:10.67 38.92	350m: 4:28.32 38.48			
	100m: 1:13.09 38.43	200m: 2:31.75 39.63	300m: 3:49.84 39.17	400m: 5:05.43 37.11			
5.	Ana Beatriz La FERIA	99	116885	Porto/Dolce Vita	5:06.99	+1.11	472
	50m: 35.31 35.31	150m: 1:51.37 38.54	250m: 3:10.25 39.72	350m: 4:29.48 39.69			
	100m: 1:12.83 37.52	200m: 2:30.53 39.16	300m: 3:49.79 39.54	400m: 5:06.99 37.51			
6.	Carina Rodrigues MARINHO	99	111716	Foca	5:08.07	+0.94	467
	50m: 35.15 35.15	150m: 1:52.78 39.60	250m: 3:12.01 39.40	350m: 4:30.44 38.72			
	100m: 1:13.18 38.03	200m: 2:32.61 39.83	300m: 3:51.72 39.71	400m: 5:08.07 37.63			
7.	Mariana Alexandre OLIVEIRA	99	107368	Individual Norte de Portugal	5:08.09	+0.78	467
	50m: 35.00 35.00	150m: 1:52.85 39.46	250m: 3:11.13 39.21	350m: 4:30.70 39.50			
	100m: 1:13.39 38.39	200m: 2:31.92 39.07	300m: 3:51.20 40.07	400m: 5:08.09 37.39			
8.	Maria Santos SILVA	99	110958	Nautico da Marinha Grande	5:09.81	+0.92	459
	50m: 34.32 34.32	150m: 1:52.34 39.61	250m: 3:12.36 39.87	350m: 4:31.04 39.47			
	100m: 1:12.73 38.41	200m: 2:32.49 40.15	300m: 3:51.57 39.21	400m: 5:09.81 38.77			
9.	Ana Estevinha SILVA	99	120794	Ginasio Figueirense	5:10.80	+0.83	455
	50m: 34.50 34.50	150m: 1:52.37 39.41	250m: 3:12.90 40.27	350m: 4:32.68 39.57			
	100m: 1:12.96 38.46	200m: 2:32.63 40.26	300m: 3:53.11 40.21	400m: 5:10.80 38.12			
10.	Barbara Coimbra TEODOSIO	99	112716	Nautico da Marinha Grande	5:12.11	+1.01	449
	50m: 36.22 36.22	150m: 1:55.74 40.53	250m: 3:16.61 40.70	350m: 4:35.12 38.87			
	100m: 1:15.21 38.99	200m: 2:35.91 40.17	300m: 3:56.25 39.64	400m: 5:12.11 36.99			
11.	Ana Pires BRITO	99	117031	Colegio Monte Maior	5:15.73	+0.90	434
	50m: 34.24 34.24	150m: 1:51.93 40.07	250m: 3:13.51 40.69	350m: 4:36.17 41.54			
	100m: 1:11.86 37.62	200m: 2:32.82 40.89	300m: 3:54.63 41.12	400m: 5:15.73 39.56			
12.	Maria Joao DOMINGUES	99	110968	Nautico da Marinha Grande	5:16.34	+0.69	432
	50m: 35.63 35.63	150m: 1:56.00 40.61	250m: 3:16.36 40.05	350m: 4:37.48 40.20			
	100m: 1:15.39 39.76	200m: 2:36.31 40.31	300m: 3:57.28 40.92	400m: 5:16.34 38.86			
13.	Eva Guerreiro CARVALHO	99	111392	Nautica do Seixal	5:18.25	+0.93	424
	50m: 34.65 34.65	150m: 1:53.25 40.12	250m: 3:15.41 41.04	350m: 4:38.34 41.95			
	100m: 1:13.13 38.48	200m: 2:34.37 41.12	300m: 3:56.39 40.98	400m: 5:18.25 39.91			
14.	Beatriz Paulo RANITO	99	116593	Sporting	5:18.57	+0.84	423
	50m: 35.39 35.39	150m: 1:55.91 41.19	250m: 3:18.26 41.32	350m: 4:39.62 40.81			
	100m: 1:14.72 39.33	200m: 2:36.94 41.03	300m: 3:58.81 40.55	400m: 5:18.57 38.95			

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Prova 20, Femin., 400m Livres, Infantis B

Lugar	Nome	Ano	Licença	Clube	TP final	TReac	Pts
15.	Madalena Gomes AZEVEDO	99	110160	Alges	5:19.04	+0.90	421
	50m: 35.47 35.47	150m: 1:57.75 41.67	250m: 3:18.14 39.35	350m: 4:40.24 40.48			
	100m: 1:16.08 40.61	200m: 2:38.79 41.04	300m: 3:59.76 41.62	400m: 5:19.04 38.80			
16.	Catarina Reis SILVA	99	107568	Braga	5:19.10	+0.81	420
	50m: 34.33 34.33	150m: 1:55.46 41.34	250m: 3:17.40 40.91	350m: 4:39.81 40.66			
	100m: 1:14.12 39.79	200m: 2:36.49 41.03	300m: 3:59.15 41.75	400m: 5:19.10 39.29			
17.	Ines Romao PEREIRA	99	111428	Amadora	5:19.79	+0.84	418
	50m: 36.58 36.58	150m: 1:57.45 40.45	250m: 3:18.81 40.31	350m: 4:40.96 40.77			
	100m: 1:17.00 40.42	200m: 2:38.50 41.05	300m: 4:00.19 41.38	400m: 5:19.79 38.83			
18.	Noemia Verdi SILVA	99	111770	Fafe	5:21.49	+0.86	411
	50m: 34.58 34.58	150m: 1:55.11 40.86	250m: 3:18.13 41.49	350m: 4:41.44 41.31			
	100m: 1:14.25 39.67	200m: 2:36.64 41.53	300m: 4:00.13 42.00	400m: 5:21.49 40.05			
19.	Ana Alexandra OLIVEIRA FTL	99	104491	Porto/Dolce Vita	5:26.10	+0.95	394
	50m: 35.65 35.65	150m: 1:57.01 41.45	250m: 3:21.01 42.63	350m: 4:45.63 42.75			
	100m: 1:15.56 39.91	200m: 2:38.38 41.37	300m: 4:02.88 41.87	400m: 5:26.10 40.47			
20.	Ana Caetano OLIVEIRA FTL	99	118366	Leixoes	5:34.57	+1.09	365
	50m: 37.04 37.04	150m: 2:00.99 42.29	250m: 3:26.96 43.02	350m: 4:52.39 42.41			
	100m: 1:18.70 41.66	200m: 2:43.94 42.95	300m: 4:09.98 43.02	400m: 5:34.57 42.18			

Infantis A

1.	Mariana Cunha GUERRA	98	102764	SCC/Oryzon Energias	4:37.30	+0.93	641
	50m: 31.40 31.40	150m: 1:40.96 35.19	250m: 2:52.19 35.55	350m: 4:03.02 35.22			
	100m: 1:05.77 34.37	200m: 2:16.64 35.68	300m: 3:27.80 35.61	400m: 4:37.30 34.28			
2.	Beatriz Rodrigues CONDE	98	110543	Sporting	4:41.40	+0.80	613
	50m: 31.49 31.49	150m: 1:41.31 35.32	250m: 2:52.92 36.01	350m: 4:05.40 36.11			
	100m: 1:05.99 34.50	200m: 2:16.91 35.60	300m: 3:29.29 36.37	400m: 4:41.40 36.00			
3.	Ana Silva COSTA	98	104446	Famalicao	4:43.10	+0.92	602
	50m: 31.77 31.77	150m: 1:42.12 35.79	250m: 2:54.72 36.22	350m: 4:08.22 36.83			
	100m: 1:06.33 34.56	200m: 2:18.50 36.38	300m: 3:31.39 36.67	400m: 4:43.10 34.88			
4.	Joana Costa CAIRES	98	108452	Naval do Funchal	4:51.31	+0.87	553
	50m: 32.17 32.17	150m: 1:43.21 36.10	250m: 2:58.35 37.60	350m: 4:14.09 37.76			
	100m: 1:07.11 34.94	200m: 2:20.75 37.54	300m: 3:36.33 37.98	400m: 4:51.31 37.22			
5.	Margarida Peixoto PELAIO	98	107967	Ginasio Figueirense	4:55.01	+0.86	532
	50m: 33.55 33.55	150m: 1:47.25 37.50	250m: 3:02.71 38.15	350m: 4:19.24 38.21			
	100m: 1:09.75 36.20	200m: 2:24.56 37.31	300m: 3:41.03 38.32	400m: 4:55.01 35.77			
6.	Rita Verissimo DAMASCENO	98	105071	Nautico/Matobra	4:56.93	+0.90	522
	50m: 33.92 33.92	150m: 1:48.79 38.08	250m: 3:05.45 38.12	350m: 4:21.23 37.48			
	100m: 1:10.71 36.79	200m: 2:27.33 38.54	300m: 3:43.75 38.30	400m: 4:56.93 35.70			
7.	Sofia Alexandra BRANCO	98	116596	Sporting	4:57.52	+0.91	519
	50m: 32.92 32.92	150m: 1:47.16 37.51	250m: 3:04.11 38.76	350m: 4:20.85 38.27			
	100m: 1:09.65 36.73	200m: 2:25.35 38.19	300m: 3:42.58 38.47	400m: 4:57.52 36.67			
8.	Ana Rita GRACA	98	111321	Vilacondense	4:58.28	+0.99	515
	50m: 32.80 32.80	150m: 1:47.12 37.77	250m: 3:04.01 38.69	350m: 4:21.46 38.49			
	100m: 1:09.35 36.55	200m: 2:25.32 38.20	300m: 3:42.97 38.96	400m: 4:58.28 36.82			
9.	Carolina Mantua GUEDES	98	110539	Sporting	4:58.50	+0.94	514
	50m: 33.66 33.66	150m: 1:49.38 38.55	250m: 3:06.85 38.29	350m: 4:23.90 38.51			
	100m: 1:10.83 37.17	200m: 2:28.56 39.18	300m: 3:45.39 38.54	400m: 4:58.50 34.60			
10.	Catarina Martins RIBEIRO	98	107339	Nautico da Marinha Grande	4:59.80	+1.03	507
	50m: 33.25 33.25	150m: 1:48.93 38.20	250m: 3:06.04 38.94	350m: 4:22.41 37.83			
	100m: 1:10.73 37.48	200m: 2:27.10 38.17	300m: 3:44.58 38.54	400m: 4:59.80 37.39			

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Prova 20, Femin., 400m Livres, Infantis A

Lugar	Nome	Ano	Licença	Clube	TP final	TReac	Pts
11.	Maria Carolina RIBEIRO	98	106805	Porto/Dolce Vita	5:00.63	+1.04	503
	50m: 33.95 33.95	150m: 1:49.71	38.07	250m: 3:06.37	38.14	350m: 4:23.65	38.32
	100m: 1:11.64 37.69	200m: 2:28.23	38.52	300m: 3:45.33	38.96	400m: 5:00.63	36.98
12.	Catarina Goncalves LEAL	98	107296	Academico de Leiria	5:01.03	+1.07	501
	50m: 33.60 33.60	150m: 1:49.81	38.67	250m: 3:07.78	38.81	350m: 4:25.31	38.21
	100m: 1:11.14 37.54	200m: 2:28.97	39.16	300m: 3:47.10	39.32	400m: 5:01.03	35.72
13.	Catarina Antunes OLIVEIRA	98	110670	Nautico/Matobra	5:01.19	+0.90	500
	50m: 33.83 33.83	150m: 1:48.32	37.67	250m: 3:05.84	38.95	350m: 4:24.03	38.88
	100m: 1:10.65 36.82	200m: 2:26.89	38.57	300m: 3:45.15	39.31	400m: 5:01.19	37.16
14.	Vanessa Branco MACHADO	98	102763	SCC/Oryzon Energias	5:01.89	+0.99	497
	50m: 33.08 33.08	150m: 1:48.27	38.42	250m: 3:06.56	39.38	350m: 4:25.07	39.09
	100m: 1:09.85 36.77	200m: 2:27.18	38.91	300m: 3:45.98	39.42	400m: 5:01.89	36.82
15.	Matilde Oliveira ANDRADE	98	106359	Nautico/Matobra	5:02.60	+0.84	493
	50m: 33.10 33.10	150m: 1:49.47	39.60	250m: 3:07.61	39.38	350m: 4:26.13	39.70
	100m: 1:09.87 36.77	200m: 2:28.23	38.76	300m: 3:46.43	38.82	400m: 5:02.60	36.47
16.	Maria Carolina CORREIA	98	105571	Lousanense	5:02.91	+0.84	492
	50m: 33.52 33.52	150m: 1:50.29	39.17	250m: 3:09.00	39.09	350m: 4:26.64	38.53
	100m: 1:11.12 37.60	200m: 2:29.91	39.62	300m: 3:48.11	39.11	400m: 5:02.91	36.27
17.	Joana Cunha SOUSA	98	103054	Foca	5:03.00	+1.08	491
	50m: 33.67 33.67	150m: 1:49.53	38.12	250m: 3:07.15	38.84	350m: 4:24.78	38.81
	100m: 1:11.41 37.74	200m: 2:28.31	38.78	300m: 3:45.97	38.82	400m: 5:03.00	38.22
18.	Beatriz Sofia NORTE	98	106706	Nautico da Marinha Grande	5:05.84	+0.88	478
	50m: 34.70 34.70	150m: 1:51.24	38.43	250m: 3:09.44	39.07	350m: 4:27.61	38.95
	100m: 1:12.81 38.11	200m: 2:30.37	39.13	300m: 3:48.66	39.22	400m: 5:05.84	38.23
19.	Patricia Goncalves CARDOSO	98	107707	Porto/Dolce Vita	5:06.18	+1.10	476
	50m: 34.49 34.49	150m: 1:51.13	38.67	250m: 3:09.70	39.32	350m: 4:28.39	39.40
	100m: 1:12.46 37.97	200m: 2:30.38	39.25	300m: 3:48.99	39.29	400m: 5:06.18	37.79
20.	Diana Filipa PORTELA	98	105488	Vitoria de Guimaraes	5:06.41	+0.86	475
	50m: 34.79 34.79	150m: 1:51.50	38.99	250m: 3:09.69	39.46	350m: 4:28.37	39.51
	100m: 1:12.51 37.72	200m: 2:30.23	38.73	300m: 3:48.86	39.17	400m: 5:06.41	38.04
21.	Barbara Sofia LOPES	98	110519	Estarreja	5:07.15	+0.89	472
	50m: 34.80 34.80	150m: 1:52.64	39.65	250m: 3:12.13	40.11	350m: 4:30.59	38.54
	100m: 1:12.99 38.19	200m: 2:32.02	39.38	300m: 3:52.05	39.92	400m: 5:07.15	36.56
22.	Carolina Pereira LOPES	98	111283	Monteges	5:07.61	+0.87	469
	50m: 34.62 34.62	150m: 1:52.13	38.99	250m: 3:10.47	38.54	350m: 4:30.48	39.67
	100m: 1:13.14 38.52	200m: 2:31.93	39.80	300m: 3:50.81	40.34	400m: 5:07.61	37.13
23.	Sofia Machado DIONISIO	98	111263	Sporting	5:08.59	+0.93	465
	50m: 34.87 34.87	150m: 1:52.43	39.29	250m: 3:11.70	39.73	350m: 4:31.22	39.78
	100m: 1:13.14 38.27	200m: 2:31.97	39.54	300m: 3:51.44	39.74	400m: 5:08.59	37.37
24.	Maria Joao RIBEIRO FTL	98	105422	Braga	5:09.11	+1.11	463
	50m: 34.96 34.96	150m: 1:53.16	39.58	250m: 3:12.48	39.75	350m: 4:31.93	39.55
	100m: 1:13.58 38.62	200m: 2:32.73	39.57	300m: 3:52.38	39.90	400m: 5:09.11	37.18
25.	Leonor Figo ROCHA FTL	98	106768	Galitos	5:12.38	+1.00	448
	50m: 36.58 36.58	150m: 1:56.33	39.32	250m: 3:15.34	39.39	350m: 4:35.04	39.42
	100m: 1:17.01 40.43	200m: 2:35.95	39.62	300m: 3:55.62	40.28	400m: 5:12.38	37.34
26.	Rita Maria FERREIRA FTL	98	106777	Sporting de Aveiro	5:12.48	+1.04	448
	50m: 34.83 34.83	150m: 1:53.45	39.59	250m: 3:13.58	40.00	350m: 4:33.86	40.05
	100m: 1:13.86 39.03	200m: 2:33.58	40.13	300m: 3:53.81	40.23	400m: 5:12.48	38.62

Campeonato Nacional de Infantis PL
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Prova 20, Femin., 400m Livres, Infantis A

Lugar	Nome			Ano	Licença	Clube				Tp final	TReac	Pts
27.	Joana Quinta PINTO			98	118776	Amadora				5:13.12	+0.83	445
	FTL											
	50m:	34.96	34.96	150m:	1:52.19	39.27	250m:	3:12.36	39.91	350m:	4:33.49	40.59
	100m:	1:12.92	37.96	200m:	2:32.45	40.26	300m:	3:52.90	40.54	400m:	5:13.12	39.63
28.	Ana Beatriz MEIRELES			98	110663	Fafe				5:13.44	+0.99	444
	FTL											
	50m:	34.37	34.37	150m:	1:52.62	40.17	250m:	3:13.95	41.08	350m:	4:35.01	40.82
	100m:	1:12.45	38.08	200m:	2:32.87	40.25	300m:	3:54.19	40.24	400m:	5:13.44	38.43
29.	Carolina Sofia MATOS			98	111415	Individual Lisboa				5:29.14	+0.73	383
	FTL											
	50m:	35.38	35.38	150m:	1:57.97	42.05	250m:	3:23.12	43.03	350m:	4:47.59	42.29
	100m:	1:15.92	40.54	200m:	2:40.09	42.12	300m:	4:05.30	42.18	400m:	5:29.14	41.55
30.	Ines Baptista PEREIRA			98	111351	Alhandra				5:33.29	+0.78	369
	FTL											
	50m:	36.27	36.27	150m:	2:02.18	43.03	250m:	3:27.97	42.87	350m:	4:52.49	42.59
	100m:	1:19.15	42.88	200m:	2:45.10	42.92	300m:	4:09.90	41.93	400m:	5:33.29	40.80
EXH	Tamila Hryhorivna HOLUB			99	116887	Braga				5:09.89		459
	50m:	34.94	34.94	150m:	1:52.02	38.94	250m:	3:12.14	40.27	350m:	4:32.11	39.62
	100m:	1:13.08	38.14	200m:	2:31.87	39.85	300m:	3:52.49	40.35	400m:	5:09.89	37.78