

Campeonato Nacional de Infantis PL
Lisboa, 22- - 24-7-2011

Prova 1 Infantis
22-07-2011 - 16:00 Resultados

Rec Nac Absoluto	4:50.28	Nadia Morais VIEIRA	FPN	Eindhoven (NED)	09-04-2011
Rec Nac Inf B	5:14.05	Filipa Vilas RUIVO	DNMG	S. João da Madeira	24-07-2009
Rec Nac Inf A	5:11.29	Diana Ramos ROCHA	EDV	Faro	20-07-2007

TAC Fem Inf A Inf A: 5:55.20 / TAC Fem Inf B Inf B: 6:12.00

Pontos: FINA 2011

Lugar	Nome	Ano	Licença	Clube	Tp final	TReac	Pts
Infantis B							
1.	Sara Mafra ROCHA	99	112318	Alcobaca	5:40.94	+0,87	493
	50m: 36.90 36.90	150m: 2:04.62	45.46	250m: 3:36.36	47.88	350m: 5:03.76	38.89
	100m: 1:19.16 42.26	200m: 2:48.48	43.86	300m: 4:24.87	48.51	400m: 5:40.94	37.18
2.	Maria Eduarda VEIGA	99	109030	Nautico/Matobra	5:44.69	+1,02	477
	50m: 38.98 38.98	150m: 2:09.16	46.36	250m: 3:40.92	45.81	350m: 5:07.20	39.64
	100m: 1:22.80 43.82	200m: 2:55.11	45.95	300m: 4:27.56	46.64	400m: 5:44.69	37.49
3.	Rita Costa AMADOR	99	105665	Galitos	5:45.36	+0,81	474
	50m: 35.23 35.23	150m: 2:01.81	45.04	250m: 3:37.11	50.90	350m: 5:07.45	38.45
	100m: 1:16.77 41.54	200m: 2:46.21	44.40	300m: 4:29.00	51.89	400m: 5:45.36	37.91
4.	Barbara Coimbra TEODOSIO	99	112716	Nautico da Marinha Grande	5:47.66	+0,98	465
	50m: 38.50 38.50	150m: 2:08.20	46.05	250m: 3:41.59	48.61	350m: 5:10.04	38.28
	100m: 1:22.15 43.65	200m: 2:52.98	44.78	300m: 4:31.76	50.17	400m: 5:47.66	37.62
5.	Ana Margarida SALGUEIRO	99	116616	Nautico de Abrantes	5:47.85		464
	50m: 39.21 39.21	150m: 2:11.26	44.20	250m: 3:42.06	47.93	350m: 5:10.00	39.26
	100m: 1:27.06 47.85	200m: 2:54.13	42.87	300m: 4:30.74	48.68	400m: 5:47.85	37.85
6.	Ana Carolina CARRACO	99	121177	Freguesia de Paiao	5:48.87	+1,83	460
	50m: 37.86 37.86	150m: 2:08.98	46.98	250m: 3:43.59	50.20	350m: 5:13.19	38.99
	100m: 1:22.00 44.14	200m: 2:53.39	44.41	300m: 4:34.20	50.61	400m: 5:48.87	35.68
7.	Madalena Gomes AZEVEDO	99	110160	Alges	5:50.16	+0,79	455
	50m: 37.01 37.01	150m: 2:07.38	46.46	250m: 3:42.88	50.95	350m: 5:12.51	38.24
	100m: 1:20.92 43.91	200m: 2:51.93	44.55	300m: 4:34.27	51.39	400m: 5:50.16	37.65
8.	Ana Sofia FERREIRA	99	109040	Pimpoes/Cimai	5:54.03	+1,02	440
	50m: 37.33 37.33	150m: 2:08.98	46.98	250m: 3:43.18	50.47	350m: 5:13.19	38.99
	100m: 1:20.08 42.75	200m: 2:52.71	44.41	300m: 4:34.10	50.92	400m: 5:48.87	35.68
9.	Maria Leonor MARTINS	99	107962	Gespacos	5:56.18		432
	50m: 38.11 38.11	150m: 2:09.09	47.02	250m: 3:45.71	51.51	350m: 5:17.42	39.33
	100m: 1:22.07 43.96	200m: 2:54.20	45.11	300m: 4:38.09	52.38	400m: 5:56.18	38.76
10.	Carolina Santos MARTINS	99	112653	Academico de Leiria	5:56.25	+0,94	432
	50m: 43.55 43.55	150m: 2:15.17	44.52	250m: 3:47.36	48.09	350m: 5:16.46	40.13
	100m: 1:30.65 47.10	200m: 2:59.27	44.10	300m: 4:36.33	48.97	400m: 5:56.25	39.79
11.	Ana Beatriz La FERIA	99	116885	Porto/Dolce Vita	5:56.29	+1,04	432
	50m: 37.51 37.51	150m: 2:08.53	47.62	250m: 3:45.36	50.64	350m: 5:18.43	41.10
	100m: 1:20.91 43.40	200m: 2:54.72	46.19	300m: 4:37.33	51.97	400m: 5:56.29	37.86
12.	Ines Pereira OLIVEIRA	99	108311	Famalicao	5:56.46		431
	50m: 38.28 38.28	150m: 2:10.39	45.67	250m: 3:46.85	51.43	350m: 5:18.35	39.34
	100m: 1:24.72 46.44	200m: 2:55.42	45.03	300m: 4:39.01	52.16	400m: 5:56.46	38.11
13.	Ana Mafalda DUARTE	99	111142	SCC/Oryzon Energias	6:00.74		416
	50m: 38.35 38.35	150m: 2:10.98	46.61	250m: 3:47.11	52.29	350m: 5:21.20	41.51
	100m: 1:24.37 46.02	200m: 2:54.82	43.84	300m: 4:39.69	52.58	400m: 6:00.74	39.54
14.	Ines Maria NEVES	99	104492	Porto/Dolce Vita	6:01.32	+1,12	414
	50m: 41.29 41.29	150m: 2:17.43	48.42	250m: 3:52.51	47.50	350m: 5:22.56	40.63
	100m: 1:29.01 47.72	200m: 3:05.01	47.58	300m: 4:41.93	49.42	400m: 6:01.32	38.76

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Prova 1, Femin., 400m Estilos, Infantis B

Lugar	Nome	Ano	Licença	Clube	50m	100m	150m	200m	250m	300m	350m	400m	TReac	Pts
15.	Ana Caetano OLIVEIRA	99	118366	Leixoes	41.63	1:30.37	2:15.05	2:58.45	3:50.11	4:42.98	5:23.00	6:01.85		412
	50m:				41.63		150m:	2:15.05	250m:	3:50.11	350m:	5:23.00		40.02
	100m:				1:30.37		200m:	2:58.45	300m:	4:42.98	400m:	6:01.85		38.85
16.	Isabel Margarida BOLEO	99	117595	Sporting	37.71	1:22.23	2:10.39	2:57.00	3:46.25	4:37.44	5:20.22	6:02.79		409
	50m:				37.71		150m:	2:10.39	250m:	3:46.25	350m:	5:20.22		42.78
	100m:				1:22.23		200m:	2:57.00	300m:	4:37.44	400m:	6:02.79		42.57
17.	Sara Conceicao PECA	99	116963	Academico de Leiria	37.36	1:24.82	2:11.38	2:58.00	3:47.98	4:39.46	5:21.73	6:03.32	+1,07	407
	50m:				37.36		150m:	2:11.38	250m:	3:47.98	350m:	5:21.73		42.27
	100m:				1:24.82		200m:	2:58.00	300m:	4:39.46	400m:	6:03.32		41.59
18.	Maria Santos SILVA	99	110958	Nautico da Marinha Grande	39.95	1:26.83	2:13.21	2:57.74	3:51.80	4:46.04	5:26.29	6:04.73		403
	50m:				39.95		150m:	2:13.21	250m:	3:51.80	350m:	5:26.29		40.25
	100m:				1:26.83		200m:	2:57.74	300m:	4:46.04	400m:	6:04.73		38.44
19.	Ines Maria PEREIRA	99	105607	Leixoes	39.98	1:26.73	2:13.31	2:57.33	3:50.44	4:44.32	5:25.21	6:06.07		398
	50m:				39.98		150m:	2:13.31	250m:	3:50.44	350m:	5:25.21		40.89
	100m:				1:26.73		200m:	2:57.33	300m:	4:44.32	400m:	6:06.07		40.86
20.	Mariana Freitas ROCHA	99	111883	Maritimo	37.87	1:25.49	2:14.04	3:01.64	3:53.42	4:46.11	5:27.07	6:06.73		396
	50m:				37.87		150m:	2:14.04	250m:	3:53.42	350m:	5:27.07		40.96
	100m:				1:25.49		200m:	3:01.64	300m:	4:46.11	400m:	6:06.73		39.66
21.	M. EVANGELHO	99	108722	Nucleo Sportinguista	40.29	1:29.79	2:17.18	3:03.90	3:52.83	4:43.31	5:26.62	6:07.89		392
	50m:				40.29		150m:	2:17.18	250m:	3:52.83	350m:	5:26.62		43.31
	100m:				1:29.79		200m:	3:03.90	300m:	4:43.31	400m:	6:07.89		41.27
22.	Eva Guerreiro CARVALHO	99	111392	Nautica do Seixal	40.42	1:29.35	2:16.30	3:02.23	3:55.64	4:49.04	5:30.01	6:08.39		391
	50m:				40.42		150m:	2:16.30	250m:	3:55.64	350m:	5:30.01		40.97
	100m:				1:29.35		200m:	3:02.23	300m:	4:49.04	400m:	6:08.39		38.38
23.	Sara Costa GUERRA	99	117600	Sporting	37.92	1:21.81	2:08.98	2:56.51	3:50.91	4:44.87	5:28.53	6:08.55		390
	50m:				37.92		150m:	2:08.98	250m:	3:50.91	350m:	5:28.53		43.66
	100m:				1:21.81		200m:	2:56.51	300m:	4:44.87	400m:	6:08.55		40.02
24.	Ana Catarina OLIVEIRA	99	112314	Gesloures	38.35	1:24.45	2:13.28	3:00.88	3:54.89	4:49.71	5:31.59	6:11.88		380
	50m:				38.35		150m:	2:13.28	250m:	3:54.89	350m:	5:31.59		41.88
	100m:				1:24.45		200m:	3:00.88	300m:	4:49.71	400m:	6:11.88		40.29
25.	Ana Sofia AFONSO	99	111588	Desportiva de Viana	38.73	1:26.72	2:14.41	3:01.30	3:58.70	4:57.34	5:37.69	6:17.46		363
	FTL													
	50m:				38.73		150m:	2:14.41	250m:	3:58.70	350m:	5:37.69		40.35
	100m:				1:26.72		200m:	3:01.30	300m:	4:57.34	400m:	6:17.46		39.77
26.	Catarina Costa BALSEIRO	99	112375	Sporting de Aveiro	41.78	1:30.79	2:17.46	3:04.11	3:59.86	4:56.21	5:38.49	6:17.54		363
	FTL													
	50m:				41.78		150m:	2:17.46	250m:	3:59.86	350m:	5:38.49		42.28
	100m:				1:30.79		200m:	3:04.11	300m:	4:56.21	400m:	6:17.54		39.05
27.	Ana Oliveira SILVA	99	111425	Amadora	37.68	1:26.19	2:16.28	3:04.54	4:01.24	4:57.78	5:37.95	6:17.95		362
	FTL													
	50m:				37.68		150m:	2:16.28	250m:	4:01.24	350m:	5:37.95		40.35
	100m:				1:26.19		200m:	3:04.54	300m:	4:57.78	400m:	6:17.95		39.77
DSQ	Ines Margarida COSTA	99	119474	Sporting									+0,96	
	719 - Toque alternado na viragem aos 250 m - SW 7.6													
	50m:						150m:		250m:		350m:			
	100m:						200m:		300m:		400m:			

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Infantis A

1.	Mariana Cunha GUERRA	98	102764	SCC/Oryzon Energias	5:14.11	+0,97	631
	50m: 31.71 31.71	150m: 1:49.37 40.76	250m: 3:15.07 45.77	350m: 4:39.38 36.21			
	100m: 1:08.61 36.90	200m: 2:29.30 39.93	300m: 4:03.17 48.10	400m: 5:14.11 34.73			
2.	Mariana Veloso VITORIA	98	110284	Nautico de Abrantes	5:22.11	+1,04	585
	50m: 32.77 32.77	150m: 1:52.82 40.71	250m: 3:20.78 47.53	350m: 4:45.58 37.20			
	100m: 1:12.11 39.34	200m: 2:33.25 40.43	300m: 4:08.38 47.60	400m: 5:22.11 36.53			
3.	Ines Lucas ALVES	98	104738	Leixoes	5:25.88	+0,83	565
	50m: 33.96 33.96	150m: 1:56.07 41.35	250m: 3:23.73 48.07	350m: 4:50.03 37.05			
	100m: 1:14.72 40.76	200m: 2:35.66 39.59	300m: 4:12.98 49.25	400m: 5:25.88 35.85			
4.	Graca Maria ARAUJO	98	104456	Famalicao	5:26.30	+0,84	563
	50m: 34.45 34.45	150m: 1:56.94 42.80	250m: 3:26.27 46.85	350m: 4:50.83 38.33			
	100m: 1:14.14 39.69	200m: 2:39.42 42.48	300m: 4:12.50 46.23	400m: 5:26.30 35.47			
5.	Barbara Nogueira GONCALVES	98	104448	Famalicao	5:30.85	+0,85	540
	50m: 35.62 35.62	150m: 2:02.81 43.39	250m: 3:27.95 42.67	350m: 4:52.08 39.70			
	100m: 1:19.42 43.80	200m: 2:45.28 42.47	300m: 4:12.38 44.43	400m: 5:30.85 38.77			
6.	Carolina Mantua GUEDES	98	110539	Sporting	5:32.28	+1,04	533
	50m: 34.34 34.34	150m: 1:58.77 43.44	250m: 3:28.52 46.94	350m: 4:54.26 37.36			
	100m: 1:15.33 40.99	200m: 2:41.58 42.81	300m: 4:16.90 48.38	400m: 5:32.28 38.02			
7.	Sofia Alexandra BRANCO	98	116596	Sporting	5:32.54	+0,98	531
	50m: 32.98 32.98	150m: 1:55.42 43.77	250m: 3:26.94 48.02	350m: 4:54.82 38.61			
	100m: 1:11.65 38.67	200m: 2:38.92 43.50	300m: 4:16.21 49.27	400m: 5:32.54 37.72			
8.	Joana Cunha SOUSA	98	103054	Foca	5:33.46	+1,07	527
	50m: 36.62 36.62	150m: 2:02.27 42.89	250m: 3:32.05 47.45	350m: 4:57.20 36.43			
	100m: 1:19.38 42.76	200m: 2:44.60 42.33	300m: 4:20.77 48.72	400m: 5:33.46 36.26			
9.	Margarida Peixoto PELAIO	98	107967	Ginasio Figueirense	5:35.41	+0,91	518
	50m: 33.87 33.87	150m: 1:58.57 44.59	250m: 3:30.59 48.95	350m: 5:06.25 39.72			
	100m: 1:13.98 40.11	200m: 2:41.64 43.07	300m: 4:19.37 48.78	400m: 5:35.41 37.33			
10.	Maria Carolina RIBEIRO	98	106805	Porto/Dolce Vita	5:36.24	+0,98	514
	50m: 34.13 34.13	150m: 1:57.58 44.24	250m: 3:29.38 49.02	350m: 4:58.70 38.56			
	100m: 1:13.34 39.21	200m: 2:40.36 42.78	300m: 4:20.14 50.76	400m: 5:36.24 37.54			
11.	Ana Beatriz MARQUES	98	110159	Alges	5:38.89	+0,92	502
	50m: 35.57 35.57	150m: 2:03.14 44.51	250m: 3:32.37 45.93	350m: 4:59.32 39.31			
	100m: 1:18.63 43.06	200m: 2:46.44 43.30	300m: 4:20.01 47.64	400m: 5:38.89 39.57			
12.	Catarina Antunes OLIVEIRA	98	110670	Nautico/Matobra	5:41.82	+0,72	489
	50m: 36.23 36.23	150m: 2:03.62 45.13	250m: 3:38.09 50.80	350m: 5:06.37 37.28			
	100m: 1:18.49 42.26	200m: 2:47.29 43.67	300m: 4:29.09 51.00	400m: 5:41.82 35.45			
13.	Maria Carolina CORREIA	98	105571	Lousanense	5:43.58	+0,80	482
	50m: 35.02 35.02	150m: 2:03.74 46.32	250m: 3:36.61 48.24	350m: 5:06.25 39.72			
	100m: 1:17.42 42.40	200m: 2:48.37 44.63	300m: 4:26.53 49.92	400m: 5:43.58 37.33			
14.	Filipa Andreia COSTA	98	109094	Colegio Monte Maior	5:44.18	+0,84	479
	50m: 34.99 34.99	150m: 2:03.74 45.41	250m: 3:39.06 51.26	350m: 5:07.67 37.05			
	100m: 1:18.33 43.34	200m: 2:47.80 44.06	300m: 4:30.62 51.56	400m: 5:44.18 36.51			
15.	Rita Verissimo DAMASCENO	98	105071	Nautico/Matobra	5:44.45	+0,86	478
	50m: 37.06 37.06	150m: 2:07.90 46.09	250m: 3:42.85 49.55	350m: 5:09.20 36.75			
	100m: 1:21.81 44.75	200m: 2:53.30 45.40	300m: 4:32.45 49.60	400m: 5:44.45 35.25			
16.	Ana Carolina MOREIRA	98	111076	Porto/Dolce Vita	5:45.40	+1,01	474
	50m: 36.13 36.13	150m: 2:04.17 44.82	250m: 3:37.62 49.17	350m: 5:07.84 39.58			
	100m: 1:19.35 43.22	200m: 2:48.45 44.28	300m: 4:28.26 50.64	400m: 5:45.40 37.56			
17.	Viviana Sofia PINTO	98	110843	Desportiva Limiana	5:45.87	+0,95	472
	50m: 35.42 35.42	150m: 2:03.27 45.92	250m: 3:38.71 49.79	350m: 5:08.81 39.89			
	100m: 1:17.35 41.93	200m: 2:48.92 45.65	300m: 4:28.92 50.21	400m: 5:45.87 37.06			

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Prova 1, Femin., 400m Estilos, Infantis A

Lugar	Nome	Ano	Licença	Clube	Tp final	TReac	Pts
18.	Diana Filipa PORTELA	98	105488	Vitoria de Guimaraes	5:46.42	+0,92	470
	50m: 37.64 37.64	150m: 2:07.74	45.76	250m: 3:40.57	48.31	350m: 5:08.75	38.36
	100m: 1:21.98 44.34	200m: 2:52.26	44.52	300m: 4:30.39	49.82	400m: 5:46.42	37.67
19.	Ines Evangelista BASTOS	98	110627	Fafe	5:46.82	+1,04	468
	50m: 39.63 39.63	150m: 2:10.51	42.14	250m: 3:38.30	46.19	350m: 5:06.61	41.30
	100m: 1:28.37 48.74	200m: 2:52.11	41.60	300m: 4:25.31	47.01	400m: 5:46.82	40.21
20.	Patricia Goncalves CARDOSO	98	107707	Porto/Dolce Vita	5:48.84		460
	50m: 35.54 35.54	150m: 2:03.25	46.15	250m: 3:40.13	51.71	350m: 5:10.39	38.39
	100m: 1:17.10 41.56	200m: 2:48.42	45.17	300m: 4:32.00	51.87	400m: 5:48.84	38.45
21.	Marcia Jacinto SANTOS	98	105588	Pimpoes/Cimai	5:49.12	+0,97	459
	50m: 36.42 36.42	150m: 2:04.38	44.98	250m: 3:39.04	50.37	350m: 5:10.46	40.09
	100m: 1:19.40 42.98	200m: 2:48.67	44.29	300m: 4:30.37	51.33	400m: 5:49.12	38.66
22.	Sofia Machado DIONISIO	98	111263	Sporting	5:51.91		448
	50m: 36.26 36.26	150m: 2:06.72	46.86	250m: 3:41.86	48.54	350m: 5:11.90	41.04
	100m: 1:19.86 43.60	200m: 2:53.32	46.60	300m: 4:30.86	49.00	400m: 5:51.91	40.01
23.	Maria Joao RIBEIRO	98	105422	Braga	5:57.44	+1,20	428
	<i>FTL</i>						
	50m: 38.85 38.85	150m: 2:12.93	46.15	250m: 3:49.15	51.21	350m: 5:20.25	39.03
	100m: 1:26.78 47.93	200m: 2:57.94	45.01	300m: 4:41.22	52.07	400m: 5:57.44	37.19
	Rita Maria FERREIRA	98	106777	Sporting de Aveiro	5:57.44	+1,08	428
	<i>FTL</i>						
	50m: 38.48 38.48	150m: 2:11.84	45.55	250m: 3:47.07	49.74	350m: 5:18.06	40.00
	100m: 1:26.29 47.81	200m: 2:57.33	45.49	300m: 4:38.06	50.99	400m: 5:57.44	39.38
25.	Catarina Sofia NETO	98	104529	Gespacos	5:58.54	+1,00	424
	<i>FTL</i>						
	50m: 35.61 35.61	150m: 2:04.72	46.24	250m: 3:41.58	52.09	350m: 5:16.97	42.23
	100m: 1:18.48 42.87	200m: 2:49.49	44.77	300m: 4:34.74	53.16	400m: 5:58.54	41.57
26.	Mafalda Ho SANTOS	98	104714	Leixoes	6:01.89	+0,95	412
	<i>FTL</i>						
	50m: 39.16 39.16	150m: 2:13.51	46.47	250m: 3:49.87	50.68	350m: 5:21.36	40.48
	100m: 1:27.04 47.88	200m: 2:59.19	45.68	300m: 4:40.88	51.01	400m: 6:01.89	40.53
27.	Ines Baptista PEREIRA	98	111351	Alhandra	6:13.29	+0,75	376
	<i>FTL</i>						
	50m: 37.12 37.12	150m: 2:13.54	50.73	250m: 3:55.63	53.69	350m: 5:33.68	43.50
	100m: 1:22.81 45.69	200m: 3:01.94	48.40	300m: 4:50.18	54.55	400m: 6:13.29	39.61