

Campeonato Nacional de Juniores e Seniores PL
Rio Maior, 1- - 3-4-2011

Prova 9 Masc., 1500m Livres 17 anos e mais velhos
01-04-2011 - 16:30 Resultados

Recordes Nacionais 50m Absoluto	15:16.22	Fernando Eurico Costa	FPN	Bangkok (THA)	14-08-2007
Recordes Nacionais 50m Jun	15:34.51	Fernando Eurico Costa	FPN	Luxemburgo (LUX)	24-01-2003
Recordes Nacionais 50m Sen	15:16.22	Fernando Eurico Costa	FPN	Bangkok (THA)	14-08-2007

TAC-SENM Sen: 16:50.00 / TAC-JUNM Jun: 17:10.00

Pontos: FINA 2011

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
Juniores						
1.	Tiago Silva Oliveira	94	Leixoes	16:17.00	+0,73	717
	100m: 1:00.54 1:00.54	500m: 5:16.72 1:05.00	900m: 9:39.89 1:05.92	1300m: 14:06.59 1:07.10		
	200m: 2:03.91 1:03.37	600m: 6:22.10 1:05.38	1000m: 10:46.02 1:06.13	1400m: 15:13.41 1:06.82		
	300m: 3:07.47 1:03.56	700m: 7:27.81 1:05.71	1100m: 11:52.17 1:06.15	1500m: 16:17.00 1:03.59		
	400m: 4:11.72 1:04.25	800m: 8:33.97 1:06.16	1200m: 12:59.49 1:07.32			
2.	Ricardo Manuel Machado	93	Braga	16:24.54	+0,88	700
	100m: 1:01.34 1:01.34	500m: 5:25.88 1:06.74	900m: 9:52.08 1:06.04	1300m: 14:17.28 1:06.17		
	200m: 2:06.68 1:05.34	600m: 6:32.54 1:06.66	1000m: 10:58.36 1:06.28	1400m: 15:23.42 1:06.14		
	300m: 3:12.49 1:05.81	700m: 7:40.09 1:07.55	1100m: 12:04.67 1:06.31	1500m: 16:24.54 1:01.12		
	400m: 4:19.14 1:06.65	800m: 8:46.04 1:05.95	1200m: 13:11.11 1:06.44			
3.	Andre Rafael Marinho	93	Uniao Piedense	16:32.82	+0,85	683
	100m: 1:01.57 1:01.57	500m: 5:25.01 1:06.60	900m: 9:52.26 1:06.54	1300m: 14:20.09 1:07.45		
	200m: 2:06.45 1:04.88	600m: 6:32.04 1:07.03	1000m: 10:59.14 1:06.88	1400m: 15:27.21 1:07.12		
	300m: 3:12.13 1:05.68	700m: 7:38.79 1:06.75	1100m: 12:05.97 1:06.83	1500m: 16:32.82 1:05.61		
	400m: 4:18.41 1:06.28	800m: 8:45.72 1:06.93	1200m: 13:12.64 1:06.67			
4.	Nuno Vieira Malheiro	93	Braga	16:41.07	+0,84	666
	100m: 1:02.71 1:02.71	500m: 5:28.45 1:07.02	900m: 9:56.18 1:06.55	1300m: 14:24.35 1:08.10		
	200m: 2:08.27 1:05.56	600m: 6:36.05 1:07.60	1000m: 11:02.81 1:06.63	1400m: 15:33.37 1:09.02		
	300m: 3:14.56 1:06.29	700m: 7:43.10 1:07.05	1100m: 12:09.55 1:06.74	1500m: 16:41.07 1:07.70		
	400m: 4:21.43 1:06.87	800m: 8:49.63 1:06.53	1200m: 13:16.25 1:06.70			
5.	Luis Miguel Nogueira	93	Porto/Dolce Vita	16:53.52	+0,80	642
	100m: 1:02.60 1:02.60	500m: 5:28.50 1:06.71	900m: 10:00.13 1:08.47	1300m: 14:35.98 1:09.40		
	200m: 2:08.42 1:05.82	600m: 6:35.84 1:07.34	1000m: 11:08.98 1:08.85	1400m: 15:45.43 1:09.45		
	300m: 3:14.81 1:06.39	700m: 7:43.37 1:07.53	1100m: 12:18.19 1:09.21	1500m: 16:53.52 1:08.09		
	400m: 4:21.79 1:06.98	800m: 8:51.66 1:08.29	1200m: 13:26.58 1:08.39			
6.	Rui Miguel Lopes	94	Natacao de Olhao	16:56.81	+0,97	636
	100m: 1:01.88 1:01.88	500m: 5:31.53 1:07.67	900m: 10:06.15 1:08.78	1300m: 14:42.12 1:09.02		
	200m: 2:08.58 1:06.70	600m: 6:39.95 1:08.42	1000m: 11:15.26 1:09.11	1400m: 15:50.78 1:08.66		
	300m: 3:15.69 1:07.11	700m: 7:48.49 1:08.54	1100m: 12:24.43 1:09.17	1500m: 16:56.81 1:06.03		
	400m: 4:23.86 1:08.17	800m: 8:57.37 1:08.88	1200m: 13:33.10 1:08.67			
7.	Nuno Filipe Magalhaes FTL	94	Porto/Dolce Vita	17:12.59	+0,90	607
	100m: 1:02.39 1:02.39	500m: 5:32.92 1:08.54	900m: 10:11.34 1:09.91	1300m: 14:52.33 1:10.85		
	200m: 2:09.41 1:07.02	600m: 6:42.38 1:09.46	1000m: 11:21.58 1:10.24	1400m: 16:03.59 1:11.26		
	300m: 3:16.55 1:07.14	700m: 7:52.08 1:09.70	1100m: 12:31.31 1:09.73	1500m: 17:12.59 1:09.00		
	400m: 4:24.38 1:07.83	800m: 9:01.43 1:09.35	1200m: 13:41.48 1:10.17			
8.	Bruno Miranda Sousa FTL	93	Desportiva de Viana	17:34.61	+0,89	570
	100m: 1:02.26 1:02.26	500m: 5:39.50 1:10.59	900m: 10:23.73 1:10.92	1300m: 15:12.26 1:12.33		
	200m: 2:10.39 1:08.13	600m: 6:50.48 1:10.98	1000m: 11:35.38 1:11.65	1400m: 16:24.59 1:12.33		
	300m: 3:19.52 1:09.13	700m: 8:01.59 1:11.11	1100m: 12:47.21 1:11.83	1500m: 17:34.61 1:10.02		
	400m: 4:28.91 1:09.39	800m: 9:12.81 1:11.22	1200m: 13:59.93 1:12.72			

Campeonato Nacional de Juniores e Seniores PL
Rio Maior, 1 - 3-4-2011

Prova 9, Masc., 1500m Livres

Seniores

1. Diogo Andre Gaspar	90	Uniao Piedense	16:02.02	+0,74	751
100m: 1:01.03 1:01.03	500m: 5:21.68 1:05.26	900m: 9:39.99 1:05.13	1300m: 13:57.79 1:04.02		
200m: 2:06.23 1:05.20	600m: 6:25.58 1:03.90	1000m: 10:45.04 1:05.05	1400m: 15:01.40 1:03.61		
300m: 3:11.08 1:04.85	700m: 7:30.19 1:04.61	1100m: 11:48.11 1:03.07	1500m: 16:02.02 1:00.62		
400m: 4:16.42 1:05.34	800m: 8:34.86 1:04.67	1200m: 12:53.77 1:05.66			
2. Mario Andre Bonanca	90	Sporting	16:02.73	+0,82	749
100m: 1:01.33 1:01.33	500m: 5:21.15 1:05.11	900m: 9:39.69 1:05.21	1300m: 13:57.93 1:04.26		
200m: 2:06.00 1:04.67	600m: 6:24.88 1:03.73	1000m: 10:44.82 1:05.13	1400m: 15:01.83 1:03.90		
300m: 3:10.85 1:04.85	700m: 7:29.66 1:04.78	1100m: 11:48.52 1:03.70	1500m: 16:02.73 1:00.90		
400m: 4:16.04 1:05.19	800m: 8:34.48 1:04.82	1200m: 12:53.67 1:05.15			
3. Rui Filipe Costa	91	Vitoria de Guimaraes	16:22.91	+0,71	704
100m: 1:00.79 1:00.79	500m: 5:22.40 1:05.60	900m: 9:44.86 1:05.45	1300m: 14:11.30 1:07.12		
200m: 2:06.28 1:05.49	600m: 6:27.83 1:05.43	1000m: 10:50.41 1:05.55	1400m: 15:18.78 1:07.48		
300m: 3:11.51 1:05.23	700m: 7:33.59 1:05.76	1100m: 11:56.79 1:06.38	1500m: 16:22.91 1:04.13		
400m: 4:16.80 1:05.29	800m: 8:39.41 1:05.82	1200m: 13:04.18 1:07.39			
4. Hugo Alberto Ribeiro	88	Gespacos	16:24.95	+0,97	700
100m: 1:00.78 1:00.78	500m: 5:21.58 1:05.41	900m: 9:45.74 1:06.61	1300m: 14:15.37 1:07.20		
200m: 2:05.38 1:04.60	600m: 6:27.23 1:05.65	1000m: 10:53.10 1:07.36	1400m: 15:21.84 1:06.47		
300m: 3:10.73 1:05.35	700m: 7:32.90 1:05.67	1100m: 12:00.72 1:07.62	1500m: 16:24.95 1:03.11		
400m: 4:16.17 1:05.44	800m: 8:39.13 1:06.23	1200m: 13:08.17 1:07.45			
5. Vasco Miguel Gaspar	90	Uniao Piedense	16:25.67	+0,82	698
100m: 1:02.77 1:02.77	500m: 5:23.33 1:05.65	900m: 9:48.68 1:06.23	1300m: 14:15.79 1:06.90		
200m: 2:07.77 1:05.00	600m: 6:29.09 1:05.76	1000m: 10:55.42 1:06.74	1400m: 15:22.36 1:06.57		
300m: 3:12.66 1:04.89	700m: 7:35.91 1:06.82	1100m: 12:02.28 1:06.86	1500m: 16:25.67 1:03.31		
400m: 4:17.68 1:05.02	800m: 8:42.45 1:06.54	1200m: 13:08.89 1:06.61			
6. Andre Filipe Lopes	92	Academica de Coimbra	16:38.30	+0,67	672
100m: 1:01.55 1:01.55	500m: 5:23.71 1:06.28	900m: 9:51.50 1:07.57	1300m: 14:23.65 1:08.28		
200m: 2:06.50 1:04.95	600m: 6:29.65 1:05.94	1000m: 10:58.97 1:07.47	1400m: 15:31.73 1:08.08		
300m: 3:11.66 1:05.16	700m: 7:36.64 1:06.99	1100m: 12:07.30 1:08.33	1500m: 16:38.30 1:06.57		
400m: 4:17.43 1:05.77	800m: 8:43.93 1:07.29	1200m: 13:15.37 1:08.07			
7. Diogo Banza Pinto	87	Alges	16:39.25	+0,89	670
100m: 1:00.92 1:00.92	500m: 5:22.86 1:06.36	900m: 9:52.22 1:08.60	1300m: 14:24.83 1:08.76		
200m: 2:05.54 1:04.62	600m: 6:29.54 1:06.68	1000m: 10:59.16 1:06.94	1400m: 15:33.44 1:08.61		
300m: 3:10.84 1:05.30	700m: 7:36.27 1:06.73	1100m: 12:07.25 1:08.09	1500m: 16:39.25 1:05.81		
400m: 4:16.50 1:05.66	800m: 8:43.62 1:07.35	1200m: 13:16.07 1:08.82			
8. Arseniy Lavrentyev	83	Alges	16:48.64	+0,61	651
100m: 1:01.84 1:01.84	500m: 5:26.77 1:07.30	900m: 9:58.03 1:08.05	1300m: 14:31.54 1:08.45		
200m: 2:07.16 1:05.32	600m: 6:34.14 1:07.37	1000m: 11:06.86 1:08.83	1400m: 15:40.12 1:08.58		
300m: 3:12.92 1:05.76	700m: 7:41.71 1:07.57	1100m: 12:14.99 1:08.13	1500m: 16:48.64 1:08.52		
400m: 4:19.47 1:06.55	800m: 8:49.98 1:08.27	1200m: 13:23.09 1:08.10			
9. Marcelo Goncalo Pereira	90	Vilacondense	17:06.55	+0,83	618
FTL					
100m: 1:02.02 1:02.02	500m: 5:29.42 1:08.62	900m: 10:07.93 1:09.96	1300m: 14:48.39 1:10.08		
200m: 2:06.91 1:04.89	600m: 6:38.71 1:09.29	1000m: 11:18.01 1:10.08	1400m: 15:58.47 1:10.08		
300m: 3:13.28 1:06.37	700m: 7:47.92 1:09.21	1100m: 12:28.34 1:10.33	1500m: 17:06.55 1:08.08		
400m: 4:20.80 1:07.52	800m: 8:57.97 1:10.05	1200m: 13:38.31 1:09.97			