

Campeonato Nacional de Juniores e Seniores PL
Rio Maior, 1- - 3-4-2011

Prova 1 Femin., 800m Livres 15 anos e mais velhos
01-04-2011 - 9:30 Resultados

Recordes Nacionais 50m Absoluto	8:57.14	Marta Andreia Ferreira	FPN	Berlim (GER)	31-07-2002
Recordes Nacionais 50m Jun	8:57.14	Marta Andreia Ferreira	FPN	Berlim (GER)	31-07-2002
Recordes Nacionais 50m Sen	8:58.41	Marta Andreia Ferreira	FPN	Barcelona (ESP)	25-07-2003

TAC-SENF Sen: 9:40.00 / TAC-JUNF Jun: 9:47.00

Pontos: FINA 2011

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
Juniores						
1.	Ana Goncalves Neto	95	Porto/Dolce Vita	9:12.74	+0,85	714
	100m: 1:05.51 1:05.51	300m: 3:24.56 1:09.66	500m: 5:44.46 1:09.67	700m: 8:04.58 1:10.02		
	200m: 2:14.90 1:09.39	400m: 4:34.79 1:10.23	600m: 6:54.56 1:10.10	800m: 9:12.74 1:08.16		
2.	Leonor Mourinho Neves	95	Sporting	9:23.34	+0,77	674
	100m: 1:05.55 1:05.55	300m: 3:25.37 1:10.48	500m: 5:48.57 1:11.79	700m: 8:12.73 1:12.47		
	200m: 2:14.89 1:09.34	400m: 4:36.78 1:11.41	600m: 7:00.26 1:11.69	800m: 9:23.34 1:10.61		
3.	Carolina Cunha Martins	95	Nautico/Matobra	9:26.53	+1,01	663
	100m: 1:06.36 1:06.36	300m: 3:26.66 1:10.51	500m: 5:51.12 1:12.36	700m: 8:15.94 1:12.31		
	200m: 2:16.15 1:09.79	400m: 4:38.76 1:12.10	600m: 7:03.63 1:12.51	800m: 9:26.53 1:10.59		
4.	Florbela Cavaco Machado	96	Cantanhedense/Oryzon Energias	9:27.12	+0,86	661
	100m: 1:06.38 1:06.38	300m: 3:28.62 1:11.24	500m: 5:51.54 1:11.15	700m: 8:17.21 1:13.08		
	200m: 2:17.38 1:11.00	400m: 4:40.39 1:11.77	600m: 7:04.13 1:12.59	800m: 9:27.12 1:09.91		
5.	Ines Alexandra Paiva	96	Alges	9:32.36	+0,90	643
	100m: 1:07.25 1:07.25	300m: 3:29.38 1:11.30	500m: 5:54.56 1:12.48	700m: 8:20.65 1:13.08		
	200m: 2:18.08 1:10.83	400m: 4:42.08 1:12.70	600m: 7:07.57 1:13.01	800m: 9:32.36 1:11.71		
6.	Ana Marta Miranda	96	Uniao Piedense	9:34.51	+0,76	636
	100m: 1:06.36 1:06.36	300m: 3:29.54 1:12.07	500m: 5:54.56 1:12.43	700m: 8:21.95 1:13.81		
	200m: 2:17.47 1:11.11	400m: 4:42.13 1:12.59	600m: 7:08.14 1:13.58	800m: 9:34.51 1:12.56		
7.	Catia Andreia Clara	95	Nautico da Marinha Grande	9:41.60	+0,97	613
	100m: 1:08.03 1:08.03	300m: 3:35.11 1:13.88	500m: 6:03.10 1:13.87	700m: 8:29.39 1:13.00		
	200m: 2:21.23 1:13.20	400m: 4:49.23 1:14.12	600m: 7:16.39 1:13.29	800m: 9:41.60 1:12.21		
8.	Catia Raquel Martinheira	95	Louletano/Loule Concelho	9:41.85	+0,79	612
	100m: 1:04.48 1:04.48	300m: 3:26.57 1:11.76	500m: 5:52.77 1:13.76	700m: 8:26.28 1:17.52		
	200m: 2:14.81 1:10.33	400m: 4:39.01 1:12.44	600m: 7:08.76 1:15.99	800m: 9:41.85 1:15.57		
9.	Silvia Ariana Soares	95	Porto/Dolce Vita	9:44.10	+0,79	605
	100m: 1:07.08 1:07.08	300m: 3:31.35 1:12.13	500m: 5:59.90 1:14.76	700m: 8:30.53 1:15.00		
	200m: 2:19.22 1:12.14	400m: 4:45.14 1:13.79	600m: 7:15.53 1:15.63	800m: 9:44.10 1:13.57		
10.	Helena Paula Carvalho	95	Uniao Piedense	9:44.20	+0,82	605
	100m: 1:07.85 1:07.85	300m: 3:33.93 1:13.57	500m: 6:03.31 1:14.97	700m: 8:33.10 1:15.45		
	200m: 2:20.36 1:12.51	400m: 4:48.34 1:14.41	600m: 7:17.65 1:14.34	800m: 9:44.20 1:11.10		
11.	Ana Isabel Neves	96	Pimpoes/Cimai	9:55.54	+0,88	571
	<i>FTL</i>					
	100m: 1:09.62 1:09.62	300m: 3:38.27 1:14.77	500m: 6:09.28 1:15.52	700m: 8:41.23 1:15.98		
	200m: 2:23.50 1:13.88	400m: 4:53.76 1:15.49	600m: 7:25.25 1:15.97	800m: 9:55.54 1:14.31		
12.	Carla Rosario Palma	96	Alcobaca	10:00.85	+0,81	556
	<i>FTL</i>					
	100m: 1:09.07 1:09.07	300m: 3:39.70 1:15.80	500m: 6:12.94 1:16.90	700m: 8:45.64 1:16.00		
	200m: 2:23.90 1:14.83	400m: 4:56.04 1:16.34	600m: 7:29.64 1:16.70	800m: 10:00.85 1:15.21		

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Prova 1, Femin., 800m Livres, Juniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
13.	Ana Catarina Azevedo <i>FTL</i>	96	Famalicao	10:05.84	+0,81	542
	100m: 1:08.92 1:08.92	300m: 3:40.43 1:16.39	500m: 6:15.26 1:17.55	700m: 8:50.28 1:17.28	800m: 10:05.84 1:15.56	
	200m: 2:24.04 1:15.12	400m: 4:57.71 1:17.28	600m: 7:33.00 1:17.74			

Seniores

1.	Andreia Catarina Gomes	94	Vitoria de Guimaraes	9:03.78	+0,94	750
	100m: 1:05.38 1:05.38	300m: 3:21.93 1:08.20	500m: 5:37.37 1:07.85	700m: 7:55.41 1:09.62	800m: 9:03.78 1:08.37	
	200m: 2:13.73 1:08.35	400m: 4:29.52 1:07.59	600m: 6:45.79 1:08.42			
2.	Angelica Maria Andre	94	Leixoes	9:11.35	+0,80	719
	100m: 1:05.88 1:05.88	300m: 3:18.63 1:06.24	500m: 5:36.15 1:09.78	700m: 7:59.68 1:12.43	800m: 9:11.35 1:11.67	
	200m: 2:12.39 1:06.51	400m: 4:26.37 1:07.74	600m: 6:47.25 1:11.10			
3.	Joana Filipa Santos	93	Vitoria de Guimaraes	9:12.21	+0,97	716
	100m: 1:05.45 1:05.45	300m: 3:24.43 1:09.95	500m: 5:44.80 1:09.97	700m: 8:04.74 1:09.70	800m: 9:12.21 1:07.47	
	200m: 2:14.48 1:09.03	400m: 4:34.83 1:10.40	600m: 6:55.04 1:10.24			
4.	Joana Aguiar Rodrigues	93	Porto/Dolce Vita	9:20.05	+0,96	686
	100m: 1:05.87 1:05.87	300m: 3:21.83 1:08.23	500m: 5:42.08 1:10.62	700m: 8:07.44 1:13.25	800m: 9:20.05 1:12.61	
	200m: 2:13.60 1:07.73	400m: 4:31.46 1:09.63	600m: 6:54.19 1:12.11			
5.	Patricia Garcia Marinho	94	Sporting	9:25.23	+0,91	667
	100m: 1:06.78 1:06.78	300m: 3:27.28 1:10.33	500m: 5:50.77 1:12.17	700m: 8:14.87 1:12.06	800m: 9:25.23 1:10.36	
	200m: 2:16.95 1:10.17	400m: 4:38.60 1:11.32	600m: 7:02.81 1:12.04			
6.	Ana Catarina Monteiro	93	Vilacondense	9:31.78	+0,73	645
	100m: 1:07.10 1:07.10	300m: 3:30.99 1:11.86	500m: 5:56.80 1:12.81	700m: 8:22.10 1:12.33	800m: 9:31.78 1:09.68	
	200m: 2:19.13 1:12.03	400m: 4:43.99 1:13.00	600m: 7:09.77 1:12.97			
7.	Marta Alexandra Saraiva	93	Uniao Piedense	9:33.62	+0,97	639
	100m: 1:07.23 1:07.23	300m: 3:31.44 1:12.67	500m: 5:56.39 1:12.57	700m: 8:22.73 1:13.07	800m: 9:33.62 1:10.89	
	200m: 2:18.77 1:11.54	400m: 4:43.82 1:12.38	600m: 7:09.66 1:13.27			
8.	Lara Santana Pinheiro <i>FTL</i>	92	Uniao Piedense	9:42.41	+1,01	610
	100m: 1:07.30 1:07.30	300m: 3:31.85 1:12.39	500m: 5:59.17 1:14.03	700m: 8:28.47 1:14.57	800m: 9:42.41 1:13.94	
	200m: 2:19.46 1:12.16	400m: 4:45.14 1:13.29	600m: 7:13.90 1:14.73			
9.	Ines Sofia Sampaio <i>FTL</i>	94	Academico Viseu	9:46.25	+1,01	598
	100m: 1:07.03 1:07.03	300m: 3:33.72 1:14.19	500m: 6:02.32 1:15.06	700m: 8:33.58 1:14.66	800m: 9:46.25 1:12.67	
	200m: 2:19.53 1:12.50	400m: 4:47.26 1:13.54	600m: 7:18.92 1:16.60			
10.	Maria Ana Magalhaes <i>FTL</i>	93	Desportiva Limiana	9:50.26	+0,81	586
	100m: 1:07.13 1:07.13	300m: 3:33.79 1:13.99	500m: 6:03.32 1:14.78	700m: 8:34.98 1:16.21	800m: 9:50.26 1:15.28	
	200m: 2:19.80 1:12.67	400m: 4:48.54 1:14.75	600m: 7:18.77 1:15.45			