



Campeonato Nacional de Clubes 4ª Divisão
Caldas da Rainha, 18. - 19.12.2010

Prova 26
19-12-2010 - 12:00

Masc., 800m Livres

Absoluto
Resultados

Rec. Nac. 25m Absoluto	7:59.51	Paulo Fragueiro Franco	CDN	Leiria	06-12-2009
Rec. Nac. 25m Inf B	9:07.76	Pedro Fontoura Oliveira	CFB	Santarem	06-04-2003
Rec. Nac. 25m Inf A	8:42.19	Pedro Fontoura Oliveira	CFB	Reboleira	27-06-2004
Rec. Nac. 25m Juv B	8:27.18	Rui Filipe Costa	VSC	Senhora da Hora	13-05-2006
Rec. Nac. 25m Juv A	8:09.43	Rui Filipe Costa	VSC	Senhora da Hora	13-05-2007
Rec. Nac. 25m Jun	8:00.80	Gustavo Manuel Santa	CNLA	Leiria	06-12-2009
Rec. Nac. 25m Sen	7:59.51	Paulo Fragueiro Franco	CDN	Leiria	06-12-2009

Pontos: FINA 2010

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Rui Miguel Lopes	94	Natacao de Olhao	8:44.90		602	25
	100m: 1:01.14 1:01.14	300m: 3:12.45 1:05.91	500m: 5:25.58 1:06.67	700m: 7:39.66 1:06.76			
	200m: 2:06.54 1:05.40	400m: 4:18.91 1:06.46	600m: 6:32.90 1:07.32	800m: 8:44.90 1:05.24			
2.	Miguel Prata Santos	96	Viana Natacao	8:51.95	+0.77	579	23
	100m: 1:01.03 1:01.03	300m: 3:13.72 1:06.30	500m: 5:29.04 1:07.35	700m: 7:45.26 1:07.97			
	200m: 2:07.42 1:06.39	400m: 4:21.69 1:07.97	600m: 6:37.29 1:08.25	800m: 8:51.95 1:06.69			
3.	Joao Carlos Santos	96	Naval Amorense	8:58.72	+0.75	557	22
	100m: 1:01.36 1:01.36	300m: 3:14.33 1:07.56	500m: 5:34.53 1:10.59	700m: 7:54.56 1:10.84			
	200m: 2:06.77 1:05.41	400m: 4:23.94 1:09.61	600m: 6:43.72 1:09.19	800m: 8:58.72 1:04.16			
4.	Joao Bernardo Saragoca	95	Scalabisport	9:05.69	+0.93	536	21
	100m: 1:03.02 1:03.02	300m: 3:20.54 1:08.84	500m: 5:38.54 1:09.99	700m: 7:58.84 1:09.83			
	200m: 2:11.70 1:08.68	400m: 4:28.55 1:08.01	600m: 6:49.01 1:10.47	800m: 9:05.69 1:06.85			
5.	Tiago Lopes Ribeiro	93	Benedita	9:05.74	+0.91	536	20
	100m: 1:02.48 1:02.48	300m: 3:18.77 1:08.47	500m: 5:37.57 1:09.25	700m: 7:57.15 1:10.04			
	200m: 2:10.30 1:07.82	400m: 4:28.32 1:09.55	600m: 6:47.11 1:09.54	800m: 9:05.74 1:08.59			
6.	Filipe Ricardo Azevedo	93	Kainagua	9:09.64	+0.82	525	19
	100m: 1:02.58 1:02.58	300m: 3:19.20 1:08.65	500m: 5:37.98 1:09.57	700m: 7:59.59 1:10.98			
	200m: 2:10.55 1:07.97	400m: 4:28.41 1:09.21	600m: 6:48.61 1:10.63	800m: 9:09.64 1:10.05			
7.	Joao Pedro Santos	95	Estarreja	9:13.52	+0.72	514	18
	100m: 1:02.41 1:02.41	300m: 3:23.15 1:10.28	500m: 5:43.11 1:09.26	700m: 8:04.66 1:10.44			
	200m: 2:12.87 1:10.46	400m: 4:33.85 1:10.70	600m: 6:54.22 1:11.11	800m: 9:13.52 1:08.86			
8.	Miguel Filipe Pinto	96	Ginasio Santo Tirso	9:19.64	+0.87	497	17
	100m: 1:05.51 1:05.51	300m: 3:29.42 1:12.34	500m: 5:53.88 1:11.39	700m: 8:14.41 1:09.57			
	200m: 2:17.08 1:11.57	400m: 4:42.49 1:13.07	600m: 7:04.84 1:10.96	800m: 9:19.64 1:05.23			
9.	Jose Ricardo Sousa	97	Lousada SXXI	9:34.03	+0.86	460	16
	100m: 1:07.28 1:07.28	300m: 3:34.62 1:13.60	500m: 5:58.72 1:11.94	700m: 8:23.07 1:12.56			
	200m: 2:21.02 1:13.74	400m: 4:46.78 1:12.16	600m: 7:10.51 1:11.79	800m: 9:34.03 1:10.96			
10.	Rodrigo Cota Sousa	92	Nucleo Sportinguista	9:35.42	+0.87	457	15
	100m: 1:04.80 1:04.80	300m: 3:29.63 1:13.33	500m: 5:56.97 1:13.45	700m: 8:24.75 1:14.20			
	200m: 2:16.30 1:11.50	400m: 4:43.52 1:13.89	600m: 7:10.55 1:13.58	800m: 9:35.42 1:10.67			
11.	Jose Miguel Hilario	97	Beja	9:38.09	+0.76	451	14
	100m: 1:08.31 1:08.31	300m: 3:34.43 1:13.00	500m: 6:01.58 1:13.69	700m: 8:27.01 1:12.59			
	200m: 2:21.43 1:13.12	400m: 4:47.89 1:13.46	600m: 7:14.42 1:12.84	800m: 9:38.09 1:11.08			
12.	Diogo de Sousa	95	Ginasio de Vila Real	9:42.85	+0.86	440	13
	100m: 1:06.50 1:06.50	300m: 3:33.86 1:14.21	500m: 6:02.75 1:13.96	700m: 8:31.53 1:14.12			
	200m: 2:19.65 1:13.15	400m: 4:48.79 1:14.93	600m: 7:17.41 1:14.66	800m: 9:42.85 1:11.32			



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Prova 26, Masc., 800m Livres, Absolutos

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
13.	Luis Daniel Moreira	92	Sporting de Espinho	9:47.65	+0.92	429	12
	100m: 1:07.27 1:07.27	300m: 3:34.20 1:14.33	500m: 6:04.57 1:14.87	700m: 8:35.28 1:15.02			
	200m: 2:19.87 1:12.60	400m: 4:49.70 1:15.50	600m: 7:20.26 1:15.69	800m: 9:47.65 1:12.37			
14.	Gil Cruz Fernandes	95	Ancorensis/Serralharia Ribeiro	9:48.54	+1.08	427	11
	100m: 1:06.92 1:06.92	300m: 3:34.75 1:14.35	500m: 6:04.50 1:15.07	700m: 8:36.17 1:16.36			
	200m: 2:20.40 1:13.48	400m: 4:49.43 1:14.68	600m: 7:19.81 1:15.31	800m: 9:48.54 1:12.37			
15.	Tiago Miguel Santo	95	Alhandra	9:49.12	+0.95	426	10
	100m: 1:07.92 1:07.92	300m: 3:35.84 1:14.37	500m: 6:04.17 1:14.54	700m: 8:35.20 1:16.04			
	200m: 2:21.47 1:13.55	400m: 4:49.63 1:13.79	600m: 7:19.16 1:14.99	800m: 9:49.12 1:13.92			
16.	Pedro Jorge Santos	93	Sporting de Aveiro	9:53.24	+0.88	417	9
	100m: 1:08.93 1:08.93	300m: 3:38.64 1:14.91	500m: 6:08.44 1:14.98	700m: 8:39.57 1:15.08			
	200m: 2:23.73 1:14.80	400m: 4:53.46 1:14.82	600m: 7:24.49 1:16.05	800m: 9:53.24 1:13.67			
17.	Tiago Ramos Gomes	94	Bombeiros Ponta Delgada	9:53.40	+0.75	417	8
	100m: 1:07.37 1:07.37	300m: 3:34.56 1:14.18	500m: 6:05.89 1:16.41	700m: 8:39.28 1:16.59			
	200m: 2:20.38 1:13.01	400m: 4:49.48 1:14.92	600m: 7:22.69 1:16.80	800m: 9:53.40 1:14.12			
18.	Mario Pinto Amorim	94	Buzios	9:54.02	+1.12	415	7
	100m: 1:08.80 1:08.80	300m: 3:38.01 1:14.75	500m: 6:10.47 1:16.44	700m: 8:44.67 1:16.26			
	200m: 2:23.26 1:14.46	400m: 4:54.03 1:16.02	600m: 7:28.41 1:17.94	800m: 9:54.02 1:09.35			
19.	Joao Manuel Santos	94	Campinho	9:54.58	+0.93	414	6
	100m: 1:07.79 1:07.79	300m: 3:37.66 1:15.81	500m: 6:09.95 1:16.71	700m: 8:43.86 1:16.16			
	200m: 2:21.85 1:14.06	400m: 4:53.24 1:15.58	600m: 7:27.70 1:17.75	800m: 9:54.58 1:10.72			
20.	Paulo Filipe Miranda	97	Fafe	9:59.03	+0.79	405	5
	100m: 1:10.06 1:10.06	300m: 3:40.22 1:15.73	500m: 6:13.51 1:16.89	700m: 8:45.40 1:15.43			
	200m: 2:24.49 1:14.43	400m: 4:56.62 1:16.40	600m: 7:29.97 1:16.46	800m: 9:59.03 1:13.63			
21.	Igor Artyukh	96	Imortal	10:08.94	+0.86	386	4
	100m: 1:09.81 1:09.81	300m: 3:39.94 1:16.01	500m: 6:15.64 1:18.01	700m: 8:54.87 1:19.93			
	200m: 2:23.93 1:14.12	400m: 4:57.63 1:17.69	600m: 7:34.94 1:19.30	800m: 10:08.94 1:14.07			
22.	Diogo Andre Catita	88	Nautica do Seixal	10:09.23	+0.89	385	3
	100m: 1:04.69 1:04.69	300m: 3:36.34 1:17.55	500m: 6:14.19 1:19.17	700m: 8:53.08 1:18.92			
	200m: 2:18.79 1:14.10	400m: 4:55.02 1:18.68	600m: 7:34.16 1:19.97	800m: 10:09.23 1:16.15			
23.	Daniel Filipe Lopes	96	Natacao de Vila Real	10:15.15	+0.71	374	2
	100m: 1:08.62 1:08.62	300m: 3:40.75 1:17.12	500m: 6:17.97 1:19.50	700m: 8:58.74 1:20.06			
	200m: 2:23.63 1:15.01	400m: 4:58.47 1:17.72	600m: 7:38.68 1:20.71	800m: 10:15.15 1:16.41			
DSQ	Miguel Martins Barroqueiro	91	CLAC-Entroncamento		+0.94		
	<i>Nadou uma prova a mais do que o permitido pelo Regulamento</i>						
	100m:	300m:	500m:	700m:			
	200m:	400m:	600m:	800m:			

Seniores

1.	Rodrigo Cota Sousa	92	Nucleo Sportinguista	9:35.42	+0.87	457	15
	100m: 1:04.80 1:04.80	300m: 3:29.63 1:13.33	500m: 5:56.97 1:13.45	700m: 8:24.75 1:14.20			
	200m: 2:16.30 1:11.50	400m: 4:43.52 1:13.89	600m: 7:10.55 1:13.58	800m: 9:35.42 1:10.67			
2.	Luis Daniel Moreira	92	Sporting de Espinho	9:47.65	+0.92	429	12
	100m: 1:07.27 1:07.27	300m: 3:34.20 1:14.33	500m: 6:04.57 1:14.87	700m: 8:35.28 1:15.02			
	200m: 2:19.87 1:12.60	400m: 4:49.70 1:15.50	600m: 7:20.26 1:15.69	800m: 9:47.65 1:12.37			



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Prova 26, Masc., 800m Livres, Seniores

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts
3.	Diogo Andre Catita	88	Nautica do Seixal	10:09.23	+0.89	385	3
	100m: 1:04.69 1:04.69	300m: 3:36.34 1:17.55	500m: 6:14.19 1:19.17	700m: 8:53.08 1:18.92			
	200m: 2:18.79 1:14.10	400m: 4:55.02 1:18.68	600m: 7:34.16 1:19.97	800m: 10:09.23 1:16.15			
DSQ	Miguel Martins Barroqueiro	91	CLAC-Entroncamento		+0.94		
	<i>Nadou uma prova a mais do que o permitido pelo Regulamento</i>						
	100m:	300m:	500m:	700m:			
	200m:	400m:	600m:	800m:			

Juniores

1.	Rui Miguel Lopes	94	Natacao de Olhao	8:44.90		602	25
	100m: 1:01.14 1:01.14	300m: 3:12.45 1:05.91	500m: 5:25.58 1:06.67	700m: 7:39.66 1:06.76			
	200m: 2:06.54 1:05.40	400m: 4:18.91 1:06.46	600m: 6:32.90 1:07.32	800m: 8:44.90 1:05.24			
2.	Tiago Lopes Ribeiro	93	Benedita	9:05.74	+0.91	536	20
	100m: 1:02.48 1:02.48	300m: 3:18.77 1:08.47	500m: 5:37.57 1:09.25	700m: 7:57.15 1:10.04			
	200m: 2:10.30 1:07.82	400m: 4:28.32 1:09.55	600m: 6:47.11 1:09.54	800m: 9:05.74 1:08.59			
3.	Filipe Ricardo Azevedo	93	Kainagua	9:09.64	+0.82	525	19
	100m: 1:02.58 1:02.58	300m: 3:19.20 1:08.65	500m: 5:37.98 1:09.57	700m: 7:59.59 1:10.98			
	200m: 2:10.55 1:07.97	400m: 4:28.41 1:09.21	600m: 6:48.61 1:10.63	800m: 9:09.64 1:10.05			
4.	Pedro Jorge Santos	93	Sporting de Aveiro	9:53.24	+0.88	417	9
	100m: 1:08.93 1:08.93	300m: 3:38.64 1:14.91	500m: 6:08.44 1:14.98	700m: 8:39.57 1:15.08			
	200m: 2:23.73 1:14.80	400m: 4:53.46 1:14.82	600m: 7:24.49 1:16.05	800m: 9:53.24 1:13.67			
5.	Tiago Ramos Gomes	94	Bombeiros Ponta Delgada	9:53.40	+0.75	417	8
	100m: 1:07.37 1:07.37	300m: 3:34.56 1:14.18	500m: 6:05.89 1:16.41	700m: 8:39.28 1:16.59			
	200m: 2:20.38 1:13.01	400m: 4:49.48 1:14.92	600m: 7:22.69 1:16.80	800m: 9:53.40 1:14.12			
6.	Mario Pinto Amorim	94	Buzios	9:54.02	+1.12	415	7
	100m: 1:08.80 1:08.80	300m: 3:38.01 1:14.75	500m: 6:10.47 1:16.44	700m: 8:44.67 1:16.26			
	200m: 2:23.26 1:14.46	400m: 4:54.03 1:16.02	600m: 7:28.41 1:17.94	800m: 9:54.02 1:09.35			
7.	Joao Manuel Santos	94	Campinho	9:54.58	+0.93	414	6
	100m: 1:07.79 1:07.79	300m: 3:37.66 1:15.81	500m: 6:09.95 1:16.71	700m: 8:43.86 1:16.16			
	200m: 2:21.85 1:14.06	400m: 4:53.24 1:15.58	600m: 7:27.70 1:17.75	800m: 9:54.58 1:10.72			

Juvenis A

1.	Joao Bernardo Saragoca	95	Scalabisport	9:05.69	+0.93	536	21
	100m: 1:03.02 1:03.02	300m: 3:20.54 1:08.84	500m: 5:38.54 1:09.99	700m: 7:58.84 1:09.83			
	200m: 2:11.70 1:08.68	400m: 4:28.55 1:08.01	600m: 6:49.01 1:10.47	800m: 9:05.69 1:06.85			
2.	Joao Pedro Santos	95	Estarreja	9:13.52	+0.72	514	18
	100m: 1:02.41 1:02.41	300m: 3:23.15 1:10.28	500m: 5:43.11 1:09.26	700m: 8:04.66 1:10.44			
	200m: 2:12.87 1:10.46	400m: 4:33.85 1:10.70	600m: 6:54.22 1:11.11	800m: 9:13.52 1:08.86			
3.	Diogo de Sousa	95	Ginasio de Vila Real	9:42.85	+0.86	440	13
	100m: 1:06.50 1:06.50	300m: 3:33.86 1:14.21	500m: 6:02.75 1:13.96	700m: 8:31.53 1:14.12			
	200m: 2:19.65 1:13.15	400m: 4:48.79 1:14.93	600m: 7:17.41 1:14.66	800m: 9:42.85 1:11.32			
4.	Gil Cruz Fernandes	95	Ancorensis/Serralharia Ribeiro	9:48.54	+1.08	427	11
	100m: 1:06.92 1:06.92	300m: 3:34.75 1:14.35	500m: 6:04.50 1:15.07	700m: 8:36.17 1:16.36			
	200m: 2:20.40 1:13.48	400m: 4:49.43 1:14.68	600m: 7:19.81 1:15.31	800m: 9:48.54 1:12.37			



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Caldas da Rainha, 18. - 19.12.2010

Prova 26, Masc., 800m Livres, Juvenis A

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts FINA	Pts	
5.	Tiago Miguel Santo	95	Alhandra	9:49.12	+0.95	426	10	
	100m: 1:07.92	1:07.92	300m: 3:35.84	1:14.37	500m: 6:04.17	1:14.54	700m: 8:35.20	1:16.04
	200m: 2:21.47	1:13.55	400m: 4:49.63	1:13.79	600m: 7:19.16	1:14.99	800m: 9:49.12	1:13.92

Juvenis B

1.	Miguel Prata Santos	96	Viana Natacao	8:51.95	+0.77	579	23	
	100m: 1:01.03	1:01.03	300m: 3:13.72	1:06.30	500m: 5:29.04	1:07.35	700m: 7:45.26	1:07.97
	200m: 2:07.42	1:06.39	400m: 4:21.69	1:07.97	600m: 6:37.29	1:08.25	800m: 8:51.95	1:06.69
2.	Joao Carlos Santos	96	Naval Amorense	8:58.72	+0.75	557	22	
	100m: 1:01.36	1:01.36	300m: 3:14.33	1:07.56	500m: 5:34.53	1:10.59	700m: 7:54.56	1:10.84
	200m: 2:06.77	1:05.41	400m: 4:23.94	1:09.61	600m: 6:43.72	1:09.19	800m: 8:58.72	1:04.16
3.	Miguel Filipe Pinto	96	Ginasio Santo Tirso	9:19.64	+0.87	497	17	
	100m: 1:05.51	1:05.51	300m: 3:29.42	1:12.34	500m: 5:53.88	1:11.39	700m: 8:14.41	1:09.57
	200m: 2:17.08	1:11.57	400m: 4:42.49	1:13.07	600m: 7:04.84	1:10.96	800m: 9:19.64	1:05.23
4.	Igor Artyukh	96	Imortal	10:08.94	+0.86	386	4	
	100m: 1:09.81	1:09.81	300m: 3:39.94	1:16.01	500m: 6:15.64	1:18.01	700m: 8:54.87	1:19.93
	200m: 2:23.93	1:14.12	400m: 4:57.63	1:17.69	600m: 7:34.94	1:19.30	800m: 10:08.94	1:14.07
5.	Daniel Filipe Lopes	96	Natacao de Vila Real	10:15.15	+0.71	374	2	
	100m: 1:08.62	1:08.62	300m: 3:40.75	1:17.12	500m: 6:17.97	1:19.50	700m: 8:58.74	1:20.06
	200m: 2:23.63	1:15.01	400m: 4:58.47	1:17.72	600m: 7:38.68	1:20.71	800m: 10:15.15	1:16.41

Infantis A

1.	Jose Ricardo Sousa	97	Lousada SXXI	9:34.03	+0.86	460	16	
	100m: 1:07.28	1:07.28	300m: 3:34.62	1:13.60	500m: 5:58.72	1:11.94	700m: 8:23.07	1:12.56
	200m: 2:21.02	1:13.74	400m: 4:46.78	1:12.16	600m: 7:10.51	1:11.79	800m: 9:34.03	1:10.96
2.	Jose Miguel Hilario	97	Beja	9:38.09	+0.76	451	14	
	100m: 1:08.31	1:08.31	300m: 3:34.43	1:13.00	500m: 6:01.58	1:13.69	700m: 8:27.01	1:12.59
	200m: 2:21.43	1:13.12	400m: 4:47.89	1:13.46	600m: 7:14.42	1:12.84	800m: 9:38.09	1:11.08
3.	Paulo Filipe Miranda	97	Fafe	9:59.03	+0.79	405	5	
	100m: 1:10.06	1:10.06	300m: 3:40.22	1:15.73	500m: 6:13.51	1:16.89	700m: 8:45.40	1:15.43
	200m: 2:24.49	1:14.43	400m: 4:56.62	1:16.40	600m: 7:29.97	1:16.46	800m: 9:59.03	1:13.63