



Campeonato Nacional Clubes 3ª Divisao  
Caldas da Rainha, 18. - 19.12.2010

Prova 26 Masc., 800m Livres Absoluto  
19-12-2010 - 18:25 Resultados

|                        |         |                         |      |                 |            |
|------------------------|---------|-------------------------|------|-----------------|------------|
| Rec. Nac. 25m Absoluto | 7:59.51 | Paulo Fragueiro Franco  | CDN  | Leiria          | 06-12-2009 |
| Rec. Nac. 25m Inf B    | 9:07.76 | Pedro Fontoura Oliveira | CFB  | Santarem        | 06-04-2003 |
| Rec. Nac. 25m Inf A    | 8:42.19 | Pedro Fontoura Oliveira | CFB  | Reboleira       | 27-06-2004 |
| Rec. Nac. 25m Juv B    | 8:27.18 | Rui Filipe Costa        | VSC  | Senhora da Hora | 13-05-2006 |
| Rec. Nac. 25m Juv A    | 8:09.43 | Rui Filipe Costa        | VSC  | Senhora da Hora | 13-05-2007 |
| Rec. Nac. 25m Jun      | 8:00.80 | Gustavo Manuel Santa    | CNLA | Leiria          | 06-12-2009 |
| Rec. Nac. 25m Sen      | 7:59.51 | Paulo Fragueiro Franco  | CDN  | Leiria          | 06-12-2009 |

Pontos: FINA 2010

| Lugar | Nome                    | Ano                   | Clube                     | Tempo Final           | TReac | Pts FINA | Pts |
|-------|-------------------------|-----------------------|---------------------------|-----------------------|-------|----------|-----|
| 1.    | Andre Filipe Lopes      | 92                    | Academica de Coimbra      | <b>8:26.51</b>        | +0.70 | 670      | 25  |
|       | 100m: 58.70 58.70       | 300m: 3:03.82 1:02.94 | 500m: 5:11.83 1:04.42     | 700m: 7:22.93 1:06.24 |       |          |     |
|       | 200m: 2:00.88 1:02.18   | 400m: 4:07.41 1:03.59 | 600m: 6:16.69 1:04.86     | 800m: 8:26.51 1:03.58 |       |          |     |
| 2.    | Pedro Ribeiro Santos    | 96                    | Academico Viseu           | <b>8:47.47</b>        | +0.77 | 594      | 23  |
|       | 100m: 59.81 59.81       | 300m: 3:10.97 1:05.99 | 500m: 5:25.11 1:07.02     | 700m: 7:41.60 1:08.33 |       |          |     |
|       | 200m: 2:04.98 1:05.17   | 400m: 4:18.09 1:07.12 | 600m: 6:33.27 1:08.16     | 800m: 8:47.47 1:05.87 |       |          |     |
| 3.    | Bruno Miranda Sousa     | 93                    | Desportiva de Viana       | <b>8:50.78</b>        | +0.99 | 583      | 22  |
|       | 100m: 1:00.67 1:00.67   | 300m: 3:13.89 1:06.99 | 500m: 5:29.57 1:07.71     | 700m: 7:46.15 1:08.37 |       |          |     |
|       | 200m: 2:06.90 1:06.23   | 400m: 4:21.86 1:07.97 | 600m: 6:37.78 1:08.21     | 800m: 8:50.78 1:04.63 |       |          |     |
| 4.    | Duarte Lages Silva      | 88                    | Estudantes de Medicina    | <b>8:52.08</b>        | +1.01 | 578      | 21  |
|       | 100m: 1:01.11 1:01.11   | 300m: 3:14.52 1:07.15 | 500m: 5:30.18 1:07.58     | 700m: 7:46.63 1:08.29 |       |          |     |
|       | 200m: 2:07.37 1:06.26   | 400m: 4:22.60 1:08.08 | 600m: 6:38.34 1:08.16     | 800m: 8:52.08 1:05.45 |       |          |     |
| 5.    | Joao Pedro Queijo       | 93                    | Natacao da Maia           | <b>8:54.91</b>        | +0.86 | 569      | 20  |
|       | 100m: 1:01.10 1:01.10   | 300m: 3:15.36 1:07.53 | 500m: 5:31.43 1:08.50     | 700m: 7:47.53 1:07.54 |       |          |     |
|       | 200m: 2:07.83 1:06.73   | 400m: 4:22.93 1:07.57 | 600m: 6:39.99 1:08.56     | 800m: 8:54.91 1:07.38 |       |          |     |
| 6.    | Pedro Miguel Silva      | 94                    | Colegio Monte Maior       | <b>8:58.39</b>        | +0.89 | 558      | 19  |
|       | 100m: 1:02.20 1:02.20   | 300m: 3:15.92 1:06.70 | 500m: 5:32.72 1:08.79     | 700m: 7:51.08 1:09.40 |       |          |     |
|       | 200m: 2:09.22 1:07.02   | 400m: 4:23.93 1:08.01 | 600m: 6:41.68 1:08.96     | 800m: 8:58.39 1:07.31 |       |          |     |
| 7.    | Alexandre Galveias Vale | 93                    | Pimpoes/Cimai             | <b>8:58.61</b>        | +0.93 | 557      | 18  |
|       | 100m: 1:02.89 1:02.89   | 300m: 3:18.91 1:08.59 | 500m: 5:34.51 1:07.26     | 700m: 7:51.30 1:08.30 |       |          |     |
|       | 200m: 2:10.32 1:07.43   | 400m: 4:27.25 1:08.34 | 600m: 6:43.00 1:08.49     | 800m: 8:58.61 1:07.31 |       |          |     |
| 8.    | Saul Alexandre Morais   | 91                    | Clube Os Unidos           | <b>9:04.50</b>        | +0.80 | 540      | 17  |
|       | 100m: 1:02.53 1:02.53   | 300m: 3:17.21 1:08.44 | 500m: 5:36.57 1:10.20     | 700m: 7:56.20 1:09.44 |       |          |     |
|       | 200m: 2:08.77 1:06.24   | 400m: 4:26.37 1:09.16 | 600m: 6:46.76 1:10.19     | 800m: 9:04.50 1:08.30 |       |          |     |
| 9.    | Joao Luis Silva         | 94                    | Geslours                  | <b>9:04.70</b>        | +0.87 | 539      | 16  |
|       | 100m: 1:02.77 1:02.77   | 300m: 3:16.74 1:07.13 | 500m: 5:35.33 1:09.94     | 700m: 7:55.39 1:09.91 |       |          |     |
|       | 200m: 2:09.61 1:06.84   | 400m: 4:25.39 1:08.65 | 600m: 6:45.48 1:10.15     | 800m: 9:04.70 1:09.31 |       |          |     |
| 10.   | Jose Carlos Freitas     | 63                    | Fluvial Portuense         | <b>9:05.29</b>        | +0.84 | 537      | 15  |
|       | 100m: 1:05.70 1:05.70   | 300m: 3:23.22 1:09.00 | 500m: 5:40.34 1:08.28     | 700m: 7:57.97 1:08.82 |       |          |     |
|       | 200m: 2:14.22 1:08.52   | 400m: 4:32.06 1:08.84 | 600m: 6:49.15 1:08.81     | 800m: 9:05.29 1:07.32 |       |          |     |
| 11.   | Antero Simao Martins    | 94                    | Nautico da Marinha Grande | <b>9:08.07</b>        | +0.99 | 529      | 14  |
|       | 100m: 1:02.14 1:02.14   | 300m: 3:18.64 1:09.11 | 500m: 5:38.09 1:09.73     | 700m: 7:58.96 1:10.60 |       |          |     |
|       | 200m: 2:09.53 1:07.39   | 400m: 4:28.36 1:09.72 | 600m: 6:48.36 1:10.27     | 800m: 9:08.07 1:09.11 |       |          |     |
| 12.   | Diogo Antonio Lopes     | 95                    | Torres Novas              | <b>9:12.26</b>        | +0.83 | 517      | 13  |
|       | 100m: 1:04.13 1:04.13   | 300m: 3:21.90 1:09.33 | 500m: 5:41.79 1:10.26     | 700m: 8:03.69 1:10.54 |       |          |     |
|       | 200m: 2:12.57 1:08.44   | 400m: 4:31.53 1:09.63 | 600m: 6:53.15 1:11.36     | 800m: 9:12.26 1:08.57 |       |          |     |



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| Lugar | Nome                    | Ano                   | Clube                  | Tempo Final            | TReac | Pts FINA | Pts |
|-------|-------------------------|-----------------------|------------------------|------------------------|-------|----------|-----|
| 13.   | Marcelo Fernandes Rosas | 93                    | Feirense               | <b>9:17.73</b>         | +0.89 | 502      | 12  |
|       | 100m: 1:04.51 1:04.51   | 300m: 3:22.36 1:09.82 | 500m: 5:44.31 1:11.26  | 700m: 8:09.23 1:12.16  |       |          |     |
|       | 200m: 2:12.54 1:08.03   | 400m: 4:33.05 1:10.69 | 600m: 6:57.07 1:12.76  | 800m: 9:17.73 1:08.50  |       |          |     |
| 14.   | Joao Manuel Borges      | 94                    | Ginasio Figueirense    | <b>9:18.20</b>         | +0.93 | 501      | 11  |
|       | 100m: 1:04.38 1:04.38   | 300m: 3:23.87 1:10.25 | 500m: 5:46.07 1:11.42  | 700m: 8:08.41 1:11.14  |       |          |     |
|       | 200m: 2:13.62 1:09.24   | 400m: 4:34.65 1:10.78 | 600m: 6:57.27 1:11.20  | 800m: 9:18.20 1:09.79  |       |          |     |
| 15.   | Jose Carlos Teixeira    | 96                    | Foca                   | <b>9:19.18</b>         | +0.78 | 498      | 10  |
|       | 100m: 1:05.69 1:05.69   | 300m: 3:24.79 1:09.98 | 500m: 5:46.73 1:11.38  | 700m: 8:09.65 1:11.48  |       |          |     |
|       | 200m: 2:14.81 1:09.12   | 400m: 4:35.35 1:10.56 | 600m: 6:58.17 1:11.44  | 800m: 9:19.18 1:09.53  |       |          |     |
| 16.   | Ricardo Santos Agueda   | 96                    | Natacao de Valongo     | <b>9:21.61</b>         | +0.92 | 492      | 9   |
|       | 100m: 1:03.59 1:03.59   | 300m: 3:24.72 1:10.62 | 500m: 5:46.76 1:11.22  | 700m: 8:11.23 1:12.64  |       |          |     |
|       | 200m: 2:14.10 1:10.51   | 400m: 4:35.54 1:10.82 | 600m: 6:58.59 1:11.83  | 800m: 9:21.61 1:10.38  |       |          |     |
| 17.   | Bruno Rafael Meireles   | 96                    | Lisnave                | <b>9:22.53</b>         | +0.82 | 489      | 8   |
|       | 100m: 1:06.94 1:06.94   | 300m: 3:29.70 1:11.62 | 500m: 5:52.36 1:10.99  | 700m: 8:14.68 1:10.93  |       |          |     |
|       | 200m: 2:18.08 1:11.14   | 400m: 4:41.37 1:11.67 | 600m: 7:03.75 1:11.39  | 800m: 9:22.53 1:07.85  |       |          |     |
| 18.   | Tiago Vitorino Mendes   | 94                    | Desportiva Limiana     | <b>9:26.12</b>         | +0.87 | 480      | 7   |
|       | 100m: 1:05.51 1:05.51   | 300m: 3:27.16 1:11.08 | 500m: 5:51.80 1:12.07  | 700m: 8:16.07 1:11.27  |       |          |     |
|       | 200m: 2:16.08 1:10.57   | 400m: 4:39.73 1:12.57 | 600m: 7:04.80 1:13.00  | 800m: 9:26.12 1:10.05  |       |          |     |
| 19.   | Jose Goncalo Nascimento | 93                    | Naval de Ponta Delgada | <b>9:29.93</b>         | +0.85 | 470      | 6   |
|       | 100m: 1:03.58 1:03.58   | 300m: 3:24.88 1:11.35 | 500m: 5:50.36 1:12.95  | 700m: 8:17.86 1:13.84  |       |          |     |
|       | 200m: 2:13.53 1:09.95   | 400m: 4:37.41 1:12.53 | 600m: 7:04.02 1:13.66  | 800m: 9:29.93 1:12.07  |       |          |     |
| 20.   | Tomas Antonio Azevedo   | 96                    | Aminata                | <b>9:38.20</b>         | +0.73 | 451      | 5   |
|       | 100m: 1:06.06 1:06.06   | 300m: 3:29.95 1:12.47 | 500m: 5:57.02 1:13.52  | 700m: 8:25.23 1:14.48  |       |          |     |
|       | 200m: 2:17.48 1:11.42   | 400m: 4:43.50 1:13.55 | 600m: 7:10.75 1:13.73  | 800m: 9:38.20 1:12.97  |       |          |     |
| 21.   | Andre Filipe Braga      | 94                    | Bombeiros dos Estoris  | <b>9:52.36</b>         | +0.93 | 419      | 4   |
|       | 100m: 1:05.31 1:05.31   | 300m: 3:30.10 1:13.24 | 500m: 5:59.46 1:15.42  | 700m: 8:35.30 1:18.24  |       |          |     |
|       | 200m: 2:16.86 1:11.55   | 400m: 4:44.04 1:13.94 | 600m: 7:17.06 1:17.60  | 800m: 9:52.36 1:17.06  |       |          |     |
| 22.   | Jose Eduardo Felicio    | 97                    | Rio Maior              | <b>9:56.71</b>         | +0.99 | 410      | 3   |
|       | 100m: 1:11.08 1:11.08   | 300m: 3:42.14 1:15.39 | 500m: 6:13.52 1:15.72  | 700m: 8:44.17 1:14.54  |       |          |     |
|       | 200m: 2:26.75 1:15.67   | 400m: 4:57.80 1:15.66 | 600m: 7:29.63 1:16.11  | 800m: 9:56.71 1:12.54  |       |          |     |
| 23.   | Joao Ricardo Santos     | 94                    | Estrelas S. Joao Brito | <b>10:05.76</b>        | +0.88 | 392      | 2   |
|       | 100m: 1:10.37 1:10.37   | 300m: 3:43.95 1:15.95 | 500m: 6:18.15 1:17.27  | 700m: 8:51.48 1:15.89  |       |          |     |
|       | 200m: 2:28.00 1:17.63   | 400m: 5:00.88 1:16.93 | 600m: 7:35.59 1:17.44  | 800m: 10:05.76 1:14.28 |       |          |     |
| 24.   | Joao Fernando Lopes     | 95                    | Penafiel               | <b>10:22.92</b>        | +0.61 | 360      | 1   |
|       | 100m: 1:09.59 1:09.59   | 300m: 3:43.27 1:16.74 | 500m: 6:20.79 1:19.85  | 700m: 9:02.46 1:22.27  |       |          |     |
|       | 200m: 2:26.53 1:16.94   | 400m: 5:00.94 1:17.67 | 600m: 7:40.19 1:19.40  | 800m: 10:22.92 1:20.46 |       |          |     |

Seniores

|    |                       |                       |                        |                       |       |     |    |
|----|-----------------------|-----------------------|------------------------|-----------------------|-------|-----|----|
| 1. | Andre Filipe Lopes    | 92                    | Academica de Coimbra   | <b>8:26.51</b>        | +0.70 | 670 | 25 |
|    | 100m: 58.70 58.70     | 300m: 3:03.82 1:02.94 | 500m: 5:11.83 1:04.42  | 700m: 7:22.93 1:06.24 |       |     |    |
|    | 200m: 2:00.88 1:02.18 | 400m: 4:07.41 1:03.59 | 600m: 6:16.69 1:04.86  | 800m: 8:26.51 1:03.58 |       |     |    |
| 2. | Duarte Lages Silva    | 88                    | Estudantes de Medicina | <b>8:52.08</b>        | +1.01 | 578 | 21 |
|    | 100m: 1:01.11 1:01.11 | 300m: 3:14.52 1:07.15 | 500m: 5:30.18 1:07.58  | 700m: 7:46.63 1:08.29 |       |     |    |
|    | 200m: 2:07.37 1:06.26 | 400m: 4:22.60 1:08.08 | 600m: 6:38.34 1:08.16  | 800m: 8:52.08 1:05.45 |       |     |    |



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Prova 26, Masc., 800m Livres, Seniores

| Lugar | Nome                  | Ano                   | Clube                 | Tempo Final           | TReac | Pts FINA | Pts |
|-------|-----------------------|-----------------------|-----------------------|-----------------------|-------|----------|-----|
| 3.    | Saul Alexandre Morais | 91                    | Clube Os Unidos       | <b>9:04.50</b>        | +0.80 | 540      | 17  |
|       | 100m: 1:02.53 1:02.53 | 300m: 3:17.21 1:08.44 | 500m: 5:36.57 1:10.20 | 700m: 7:56.20 1:09.44 |       |          |     |
|       | 200m: 2:08.77 1:06.24 | 400m: 4:26.37 1:09.16 | 600m: 6:46.76 1:10.19 | 800m: 9:04.50 1:08.30 |       |          |     |
| 4.    | Jose Carlos Freitas   | 63                    | Fluvial Portuense     | <b>9:05.29</b>        | +0.84 | 537      | 15  |
|       | 100m: 1:05.70 1:05.70 | 300m: 3:23.22 1:09.00 | 500m: 5:40.34 1:08.28 | 700m: 7:57.97 1:08.82 |       |          |     |
|       | 200m: 2:14.22 1:08.52 | 400m: 4:32.06 1:08.84 | 600m: 6:49.15 1:08.81 | 800m: 9:05.29 1:07.32 |       |          |     |

Juniores

|     |                         |                       |                           |                        |       |     |    |
|-----|-------------------------|-----------------------|---------------------------|------------------------|-------|-----|----|
| 1.  | Bruno Miranda Sousa     | 93                    | Desportiva de Viana       | <b>8:50.78</b>         | +0.99 | 583 | 22 |
|     | 100m: 1:00.67 1:00.67   | 300m: 3:13.89 1:06.99 | 500m: 5:29.57 1:07.71     | 700m: 7:46.15 1:08.37  |       |     |    |
|     | 200m: 2:06.90 1:06.23   | 400m: 4:21.86 1:07.97 | 600m: 6:37.78 1:08.21     | 800m: 8:50.78 1:04.63  |       |     |    |
| 2.  | Joao Pedro Queijo       | 93                    | Natacao da Maia           | <b>8:54.91</b>         | +0.86 | 569 | 20 |
|     | 100m: 1:01.10 1:01.10   | 300m: 3:15.36 1:07.53 | 500m: 5:31.43 1:08.50     | 700m: 7:47.53 1:07.54  |       |     |    |
|     | 200m: 2:07.83 1:06.73   | 400m: 4:22.93 1:07.57 | 600m: 6:39.99 1:08.56     | 800m: 8:54.91 1:07.38  |       |     |    |
| 3.  | Pedro Miguel Silva      | 94                    | Colegio Monte Maior       | <b>8:58.39</b>         | +0.89 | 558 | 19 |
|     | 100m: 1:02.20 1:02.20   | 300m: 3:15.92 1:06.70 | 500m: 5:32.72 1:08.79     | 700m: 7:51.08 1:09.40  |       |     |    |
|     | 200m: 2:09.22 1:07.02   | 400m: 4:23.93 1:08.01 | 600m: 6:41.68 1:08.96     | 800m: 8:58.39 1:07.31  |       |     |    |
| 4.  | Alexandre Galveias Vale | 93                    | Pimpoes/Cimai             | <b>8:58.61</b>         | +0.93 | 557 | 18 |
|     | 100m: 1:02.89 1:02.89   | 300m: 3:18.91 1:08.59 | 500m: 5:34.51 1:07.26     | 700m: 7:51.30 1:08.30  |       |     |    |
|     | 200m: 2:10.32 1:07.43   | 400m: 4:27.25 1:08.34 | 600m: 6:43.00 1:08.49     | 800m: 8:58.61 1:07.31  |       |     |    |
| 5.  | Joao Luis Silva         | 94                    | Geslours                  | <b>9:04.70</b>         | +0.87 | 539 | 16 |
|     | 100m: 1:02.77 1:02.77   | 300m: 3:16.74 1:07.13 | 500m: 5:35.33 1:09.94     | 700m: 7:55.39 1:09.91  |       |     |    |
|     | 200m: 2:09.61 1:06.84   | 400m: 4:25.39 1:08.65 | 600m: 6:45.48 1:10.15     | 800m: 9:04.70 1:09.31  |       |     |    |
| 6.  | Antero Simao Martins    | 94                    | Nautico da Marinha Grande | <b>9:08.07</b>         | +0.99 | 529 | 14 |
|     | 100m: 1:02.14 1:02.14   | 300m: 3:18.64 1:09.11 | 500m: 5:38.09 1:09.73     | 700m: 7:58.96 1:10.60  |       |     |    |
|     | 200m: 2:09.53 1:07.39   | 400m: 4:28.36 1:09.72 | 600m: 6:48.36 1:10.27     | 800m: 9:08.07 1:09.11  |       |     |    |
| 7.  | Marcelo Fernandes Rosas | 93                    | Feirense                  | <b>9:17.73</b>         | +0.89 | 502 | 12 |
|     | 100m: 1:04.51 1:04.51   | 300m: 3:22.36 1:09.82 | 500m: 5:44.31 1:11.26     | 700m: 8:09.23 1:12.16  |       |     |    |
|     | 200m: 2:12.54 1:08.03   | 400m: 4:33.05 1:10.69 | 600m: 6:57.07 1:12.76     | 800m: 9:17.73 1:08.50  |       |     |    |
| 8.  | Joao Manuel Borges      | 94                    | Ginasio Figueirense       | <b>9:18.20</b>         | +0.93 | 501 | 11 |
|     | 100m: 1:04.38 1:04.38   | 300m: 3:23.87 1:10.25 | 500m: 5:46.07 1:11.42     | 700m: 8:08.41 1:11.14  |       |     |    |
|     | 200m: 2:13.62 1:09.24   | 400m: 4:34.65 1:10.78 | 600m: 6:57.27 1:11.20     | 800m: 9:18.20 1:09.79  |       |     |    |
| 9.  | Tiago Vitorino Mendes   | 94                    | Desportiva Limiana        | <b>9:26.12</b>         | +0.87 | 480 | 7  |
|     | 100m: 1:05.51 1:05.51   | 300m: 3:27.16 1:11.08 | 500m: 5:51.80 1:12.07     | 700m: 8:16.07 1:11.27  |       |     |    |
|     | 200m: 2:16.08 1:10.57   | 400m: 4:39.73 1:12.57 | 600m: 7:04.80 1:13.00     | 800m: 9:26.12 1:10.05  |       |     |    |
| 10. | Jose Goncalo Nascimento | 93                    | Naval de Ponta Delgada    | <b>9:29.93</b>         | +0.85 | 470 | 6  |
|     | 100m: 1:03.58 1:03.58   | 300m: 3:24.88 1:11.35 | 500m: 5:50.36 1:12.95     | 700m: 8:17.86 1:13.84  |       |     |    |
|     | 200m: 2:13.53 1:09.95   | 400m: 4:37.41 1:12.53 | 600m: 7:04.02 1:13.66     | 800m: 9:29.93 1:12.07  |       |     |    |
| 11. | Andre Filipe Braga      | 94                    | Bombeiros dos Estoris     | <b>9:52.36</b>         | +0.93 | 419 | 4  |
|     | 100m: 1:05.31 1:05.31   | 300m: 3:30.10 1:13.24 | 500m: 5:59.46 1:15.42     | 700m: 8:35.30 1:18.24  |       |     |    |
|     | 200m: 2:16.86 1:11.55   | 400m: 4:44.04 1:13.94 | 600m: 7:17.06 1:17.60     | 800m: 9:52.36 1:17.06  |       |     |    |
| 12. | Joao Ricardo Santos     | 94                    | Estrelas S. Joao Brito    | <b>10:05.76</b>        | +0.88 | 392 | 2  |
|     | 100m: 1:10.37 1:10.37   | 300m: 3:43.95 1:15.95 | 500m: 6:18.15 1:17.27     | 700m: 8:51.48 1:15.89  |       |     |    |
|     | 200m: 2:28.00 1:17.63   | 400m: 5:00.88 1:16.93 | 600m: 7:35.59 1:17.44     | 800m: 10:05.76 1:14.28 |       |     |    |



Campeonato Nacional Clubes 3ª Divisao  
Caldas da Rainha, 18. - 19.12.2010

Prova 26, Masc., 800m Livres

Juvenis A

|    |                       |                       |                       |                        |       |     |    |
|----|-----------------------|-----------------------|-----------------------|------------------------|-------|-----|----|
| 1. | Diogo Antonio Lopes   | 95                    | Torres Novas          | <b>9:12.26</b>         | +0.83 | 517 | 13 |
|    | 100m: 1:04.13 1:04.13 | 300m: 3:21.90 1:09.33 | 500m: 5:41.79 1:10.26 | 700m: 8:03.69 1:10.54  |       |     |    |
|    | 200m: 2:12.57 1:08.44 | 400m: 4:31.53 1:09.63 | 600m: 6:53.15 1:11.36 | 800m: 9:12.26 1:08.57  |       |     |    |
| 2. | Joao Fernando Lopes   | 95                    | Penafiel              | <b>10:22.92</b>        | +0.61 | 360 | 1  |
|    | 100m: 1:09.59 1:09.59 | 300m: 3:43.27 1:16.74 | 500m: 6:20.79 1:19.85 | 700m: 9:02.46 1:22.27  |       |     |    |
|    | 200m: 2:26.53 1:16.94 | 400m: 5:00.94 1:17.67 | 600m: 7:40.19 1:19.40 | 800m: 10:22.92 1:20.46 |       |     |    |

Juvenis B

|    |                       |                       |                       |                       |       |     |    |
|----|-----------------------|-----------------------|-----------------------|-----------------------|-------|-----|----|
| 1. | Pedro Ribeiro Santos  | 96                    | Academico Viseu       | <b>8:47.47</b>        | +0.77 | 594 | 23 |
|    | 100m: 59.81 59.81     | 300m: 3:10.97 1:05.99 | 500m: 5:25.11 1:07.02 | 700m: 7:41.60 1:08.33 |       |     |    |
|    | 200m: 2:04.98 1:05.17 | 400m: 4:18.09 1:07.12 | 600m: 6:33.27 1:08.16 | 800m: 8:47.47 1:05.87 |       |     |    |
| 2. | Jose Carlos Teixeira  | 96                    | Foca                  | <b>9:19.18</b>        | +0.78 | 498 | 10 |
|    | 100m: 1:05.69 1:05.69 | 300m: 3:24.79 1:09.98 | 500m: 5:46.73 1:11.38 | 700m: 8:09.65 1:11.48 |       |     |    |
|    | 200m: 2:14.81 1:09.12 | 400m: 4:35.35 1:10.56 | 600m: 6:58.17 1:11.44 | 800m: 9:19.18 1:09.53 |       |     |    |
| 3. | Ricardo Santos Agueda | 96                    | Natacao de Valongo    | <b>9:21.61</b>        | +0.92 | 492 | 9  |
|    | 100m: 1:03.59 1:03.59 | 300m: 3:24.72 1:10.62 | 500m: 5:46.76 1:11.22 | 700m: 8:11.23 1:12.64 |       |     |    |
|    | 200m: 2:14.10 1:10.51 | 400m: 4:35.54 1:10.82 | 600m: 6:58.59 1:11.83 | 800m: 9:21.61 1:10.38 |       |     |    |
| 4. | Bruno Rafael Meireles | 96                    | Lisnave               | <b>9:22.53</b>        | +0.82 | 489 | 8  |
|    | 100m: 1:06.94 1:06.94 | 300m: 3:29.70 1:11.62 | 500m: 5:52.36 1:10.99 | 700m: 8:14.68 1:10.93 |       |     |    |
|    | 200m: 2:18.08 1:11.14 | 400m: 4:41.37 1:11.67 | 600m: 7:03.75 1:11.39 | 800m: 9:22.53 1:07.85 |       |     |    |
| 5. | Tomas Antonio Azevedo | 96                    | Aminata               | <b>9:38.20</b>        | +0.73 | 451 | 5  |
|    | 100m: 1:06.06 1:06.06 | 300m: 3:29.95 1:12.47 | 500m: 5:57.02 1:13.52 | 700m: 8:25.23 1:14.48 |       |     |    |
|    | 200m: 2:17.48 1:11.42 | 400m: 4:43.50 1:13.55 | 600m: 7:10.75 1:13.73 | 800m: 9:38.20 1:12.97 |       |     |    |

Infantis A

|    |                       |                       |                       |                       |       |     |   |
|----|-----------------------|-----------------------|-----------------------|-----------------------|-------|-----|---|
| 1. | Jose Eduardo Felicio  | 97                    | Rio Maior             | <b>9:56.71</b>        | +0.99 | 410 | 3 |
|    | 100m: 1:11.08 1:11.08 | 300m: 3:42.14 1:15.39 | 500m: 6:13.52 1:15.72 | 700m: 8:44.17 1:14.54 |       |     |   |
|    | 200m: 2:26.75 1:15.67 | 400m: 4:57.80 1:15.66 | 600m: 7:29.63 1:16.11 | 800m: 9:56.71 1:12.54 |       |     |   |