

Campeonatos Absolutos de Portugal PC
Guarda, 10. - 12.12.2010

Prova 2 10-12-2010	Masc., 200m Bruços				Absolutos Resultados Final	
Rec. Nac. 25m Absoluto	2:08.80	Nuno Goncalo Quintanilha	LDC	S. António Cavaleiros	20-12-2009	
Rec. Nac. 25m Inf B	2:37.57	Tomas Miguel Freitas	CDN	Funchal	13-07-2003	
Rec. Nac. 25m Inf A	2:29.59	Luis Manuel Fernandes	GDNVNF	Cantanhede	08-03-2009	
Rec. Nac. 25m Juv B	2:21.70	Luis Manuel Fernandes	GDNVNF	Paços Ferreira	05-12-2009	
Rec. Nac. 25m Juv A	2:18.42	tempo limite				
Rec. Nac. 25m Jun	2:14.00	Pedro Miguel Agostinho	SCP	Leiria	04-12-2009	
Rec. Nac. 25m Sen	2:08.80	Nuno Goncalo Quintanilha	LDC	S. António Cavaleiros	20-12-2009	

TAC - Masc Sen: 2:30.00; Jun2: 2:30.00; Jun1: 2:33.00

Pontos: FINA 2010

Lugar	Ano		Tempo final	Pts	50m	100m	150m	200m		
Final A										
1.		Pedro Miguel Agostinho	92	Sporting	2:14.32	725	31.07	34.75	34.17	34.33
2.		Henrique Pereira Neiva	84	Vilacondense	2:16.99	683	31.02	35.39	35.19	35.39
3.		Ricardo Amorim Rego	84	Braga	2:18.02	668	31.18	34.89	35.41	36.54
4.		Rui Filipe Vilar	91	Porto/Dolce Vita	2:18.54	660	31.19	34.98	36.03	36.34
5.		Ricardo Jose Varela	89	Naval Setubalense	2:18.99	654	31.04	35.45	35.75	36.75
6.		Sergio Baptista Silva	91	Porto/Dolce Vita	2:19.11	652	32.08	35.18	36.07	35.78
7.		Vitor Diogo Moura	90	Nacional	2:22.46	607	31.55	36.01	36.94	37.96
8.		Diogo Filipe Matos	92	Sporting	2:22.93	601	31.41	35.78	37.46	38.28
Final B										
9.		Joao Claudio Sousa	93	Gespacos	2:21.16	624	32.49	36.43	36.35	35.89
10.		Miguel Aragao Santos	91	Vilacondense	2:22.16	611	31.51	35.33	37.16	38.16
11.		Nuno Rafael Alves	90	Gespacos	2:22.72	604	32.70	36.61	37.03	36.38
12.		Tiago Samuel Silva	93	Porto/Dolce Vita	2:22.95	601	32.47	36.22	36.68	37.58
13.		Manuel Matos Sequeira	87	Gesloures	2:24.86	578	32.91	36.14	36.89	38.92
14.		Pedro Miguel Varela	86	Naval Setubalense	2:26.15	562	32.89	37.51	37.49	38.26
15.		Marcelo Goncalo Pereira	90	Vilacondense	2:27.09	552	32.43	36.76	38.34	39.56
16.		Miguel Silva Oliveira	91	Nautico/Matobra	2:27.88	543	32.87	37.10	38.55	39.36