

XII Campeonato Nacional Masters de Verão - OPEN  
Reguengos de Monsaraz, 3. - 4.7.2010

Prova 29 Masc., 200m Livres 25 - 89 anos  
4.7.10 - 11:30 Resultados

Pontos: DSV Masters 04

Lugar	Ano		Tempo final	Pts	100m	200m	
<b>Master Esc A</b>							
1.	David Oliveira Gorgulho	82	Litoral Alentejano	<b>2:08.32</b>	641	1:02.75	1:05.57
2.	Ivan Mauricio Couras	81	Leixoes	<b>2:17.44</b>	522	1:06.98	1:10.46
3.	Mario Jorge Costa	84	Vilacondense	<b>2:18.18</b>	513	1:06.72	1:11.46
4.	Juan Carlos Briceno	82	Academica de Coimbra	<b>2:27.25</b>	424	1:09.60	1:17.65
5.	Armindo Manuel Lobo	84	Vitoria de Guimaraes	<b>2:30.85</b>	394	1:11.09	1:19.76
6.	Joao Tiago Ferraz	84	Galitos	<b>2:32.53</b>	382	1:10.43	1:22.10
7.	Pablo Manuel Tavares	84	Masters de Almada	<b>2:36.64</b>	352	1:11.85	1:24.79
8.	Rogério Filipe Vieira	84	Galitos	<b>2:46.98</b>	291	1:16.98	1:30.00

**Master Esc B**

1.	Pedro Miguel Silva	76	Vilacondense	<b>2:03.56</b>	738	59.62	1:03.94
2.	Rodrigo Marques Costa	76	Litoral Alentejano	<b>2:17.25</b>	538	1:05.57	1:11.68
3.	Carlos Chan Cordeiro	77	Portinado	<b>2:22.03</b>	485	1:06.57	1:15.46
4.	Diogo Pedroso Almeida	77	Belenenses	<b>2:26.36</b>	444	1:12.61	1:13.75
5.	Ricardo Manuel Silvestre	79	Litoral Alentejano	<b>2:26.38</b>	443	1:09.67	1:16.71
6.	Rui Manuel Pinto	79	Leixoes	<b>2:27.32</b>	435	1:07.80	1:19.52
7.	Tiago Goncalo Ribeiro	80	Pimpoes/Cimai	<b>2:29.48</b>	416	1:11.36	1:18.12
8.	Alexandre Marques Pereira	76	Belenenses	<b>2:35.67</b>	369	1:13.89	1:21.78
9.	Nelson Palma Mestre	80	Academica de Coimbra	<b>2:35.79</b>	368	1:15.45	1:20.34
10.	Rui Alexandre Santos	76	Nadadores dos Estoris	<b>2:39.37</b>	343	1:13.54	1:25.83
11.	Eduardo Jose Amaral	78	Pimpoes/Cimai	<b>2:51.25</b>	277	1:19.41	1:31.84
12.	Jose Orlando Novais	78	Vitoria de Guimaraes	<b>3:03.14</b>	226	1:25.52	1:37.62
13.	Ricardo Jose Quiterio	77	Salvaterra Magos	<b>3:28.36</b>	153	1:37.20	1:51.16

**Master Esc C**

1.	Rui Fonseca Vaz	71	Colegio Vasco da Gama	<b>2:14.95</b>	638	1:06.01	1:08.94
2.	Pedro Nuno Braga	74	Natacao da Maia	<b>2:20.84</b>	561	1:06.67	1:14.17
3.	Sergio David Silva	73	Natacao da Maia	<b>2:27.34</b>	490	1:09.61	1:17.73
4.	Nuno Alexandre Crespo	75	Belenenses	<b>2:36.48</b>	409	1:14.17	1:22.31
5.	Miguel Varela Santos	74	Galitos	<b>2:38.46</b>	394	1:15.06	1:23.40
6.	Urbino Jesus Santos	75	Natacao da Maia	<b>2:43.78</b>	356	1:17.73	1:26.05
7.	Nuno Andre Ramalhao	73	Gespacos	<b>2:47.96</b>	330	1:19.41	1:28.55
8.	Nuno Cristiano Pereira	73	Leixoes	<b>2:54.39</b>	295	1:22.83	1:31.56
9.	Jose Miguel Gomes	72	Belenenses	<b>2:56.33</b>	286	1:23.40	1:32.93
10.	Mario Antonio Caeiro	71	Masters de Almada	<b>3:08.22</b>	235	1:33.40	1:34.82
11.	Telmo Miguel Veloso	75	Leixoes	<b>3:17.98</b>	202	1:35.42	1:42.56
12.	Helder Manuel Galvao	74	Salvaterra Magos	<b>4:06.58</b>	104	1:44.03	2:22.55

**Master Esc D**

1.	Christophe Coutanceau	67	Nageurs De Paris	<b>2:21.59</b>	584	1:10.13	1:11.46
2.	Eurico Manuel Santos	70	Belenenses	<b>2:27.43</b>	517	1:11.49	1:15.94
3.	Rui Jorge Ferreira	68	Galitos	<b>2:29.16</b>	499	1:11.77	1:17.39
4.	Pedro Alexandre Fernando	67	Academica de Coimbra	<b>2:33.47</b>	458	1:15.31	1:18.16
5.	Carlos Alberto Alves	67	Leixoes	<b>2:33.70</b>	456	1:13.59	1:20.11
6.	Luis Paulo Piteira	68	Setubalense	<b>2:35.60</b>	440	1:14.40	1:21.20
7.	Jorg Lohken	68	Individual Lisboa	<b>2:36.10</b>	436	1:14.51	1:21.59

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Lugar	Ano		Tempo final	Pts	100m	200m	
8.	Francisco Jose Dias	69	Portinado	<b>2:53.30</b>	318	1:20.13	1:33.17
9.	Jose Salvador Faustino	68	Portinado	<b>2:58.03</b>	294	1:23.72	1:34.31
10.	Jose Manuel Brandao	70	Desportiva de Viana	<b>2:59.95</b>	284	1:26.78	1:33.17
11.	Carlos Manuel Anjos	66	Galitos	<b>3:00.24</b>	283	1:25.06	1:35.18
12.	Antonio Manuel Santinha	69	Masters de Almada	<b>3:05.55</b>	259	1:30.45	1:35.10
13.	Paulo Alexandre Neves	66	Leixoes	<b>3:15.72</b>	221	1:33.63	1:42.09
14.	Francisco Goncalves Malheiro	69	Desportiva de Viana	<b>3:27.43</b>	185	1:34.60	1:52.83

Master Esc E

1.	Jose Carlos Freitas	63	Fluval Portuense	<b>2:07.54</b>	887	1:02.93	1:04.61
2.	Jaime Carlos Bento	61	Alges	<b>2:23.37</b>	624	1:07.73	1:15.64
3.	Joao Manuel Silva	63	Millennium BCP	<b>2:36.80</b>	477	1:16.17	1:20.63
4.	Germano Oliveira Velha	62	Alges	<b>2:38.10</b>	465	1:14.92	1:23.18
5.	Armando Joao Costa	63	Pimpoes/Cimai	<b>2:41.86</b>	434	1:19.10	1:22.76
6.	Ralf Pinto Soares	64	Nadadores dos Estoris	<b>2:42.02</b>	432	1:17.38	1:24.64
7.	Antonio Jorge Martinho	65	Academica de Coimbra	<b>2:54.64</b>	345	1:22.18	1:32.46
8.	Francisco Jorge Ferreira	62	Academica de Coimbra	<b>2:57.00</b>	332	1:26.40	1:30.60
9.	Fernando Manuel Serra	64	Millennium BCP	<b>3:09.46</b>	270	1:31.73	1:37.73
10.	Paulo Fernando Rodrigues	63	Belenenses	<b>3:10.73</b>	265	1:30.19	1:40.54
11.	Joao Paulo Coroado	63	Academica de Coimbra	<b>3:11.21</b>	263	1:30.65	1:40.56
12.	Fernando Diogo Duarte	62	Individual Aveiro	<b>3:12.85</b>	256	1:29.77	1:43.08

Master Esc F

1.	Vitor Manuel Mavioso	56	Alges	<b>2:38.62</b>	481	1:17.01	1:21.61
2.	Jose Santos Silva	57	Natacao da Maia	<b>2:48.98</b>	398	1:24.92	1:24.06
3.	Antonio Costa Raposo	58	Portinado	<b>2:52.32</b>	375	1:21.82	1:30.50
4.	Antonio Coelho Moura	60	Pimpoes/Cimai	<b>3:04.25</b>	307	1:27.09	1:37.16
5.	Luis Carlos Felix	60	CCD Lagos/Multi	<b>3:08.18</b>	288	1:30.38	1:37.80
6.	Jose Luis Correia	59	Nadadores dos Estoris	<b>3:11.02</b>	275	1:30.75	1:40.27
7.	Hermano Botelho Almeida	56	Portugal Telecom	<b>3:27.83</b>	213	1:36.14	1:51.69

Master Esc G

1.	Carlos Alberto Serra	55	Luz e Vida	<b>2:43.64</b>	522	1:19.45	1:24.19
2.	Hugo Francisco Figueiredo	53	Academica de Coimbra	<b>3:21.10</b>	281	1:38.12	1:42.98
3.	Domingos Pinto Coelho	52	Individual Lisboa	<b>3:28.73</b>	251	1:40.54	1:48.19
4.	Mario Jorge Melo	51	Belenenses	<b>3:29.93</b>	247	1:39.95	1:49.98
5.	Jose Carlos Neto	53	Ginasio Figueirense	<b>3:43.98</b>	203	1:44.12	1:59.86

Master Esc H

1.	Jose Sarsfield Cabral	49	Academica de Coimbra	<b>2:50.02</b>	572	1:20.70	1:29.32
2.	Stephen Thomas Dyson	47	Belenenses	<b>2:50.82</b>	564	1:20.91	1:29.91
3.	Daniel Sobral Rabiais	50	Pimpoes/Cimai	<b>3:57.11</b>	211	1:49.01	2:08.10
4.	Jose Jesus Lourenco	47	Portugal Telecom	<b>4:38.20</b>	130	2:10.05	2:28.15

Master Esc I

1.	Orlando Gomes Bairrada	45	Nadadores dos Estoris	<b>2:58.35</b>	579	1:23.48	1:34.87
2.	Luis Vidigal Salgueiro	45	Alges	<b>3:20.54</b>	407	1:37.28	1:43.26
3.	Helder Manuel Moreira	44	Galitos	<b>4:06.34</b>	219	1:58.23	2:08.11

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Master Esc J

1.	Joao Rodrigues Teixeira	37	Academica de Coimbra	<b>4:20.20</b>	210	2:13.24	2:06.96
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