

Campeonato Nacional Juvenis e Absolutos de Portugal-OPEN
Coimbra, 29.7. - 1.8.2010

Event 49 Women, 4 x 100m Medley Open Results
01-08-2010 - 17:45

Rec Nac Open	4:16.23	Clube Natacao da Amadora	CNA	Faro	21-07-2009
Rec Nac Inf B	4:56.36	Grupo Desportivo Natacao V. N. Farense	GDVNF	Porto	24-07-2010
Rec Nac Inf A	4:45.41	Sport Lisboa e Benfica	SLB	Lisboa	30-06-2007
Rec Nac Juv	4:35.70	Sport Lisboa e Benfica	SLB	Lisboa	27-07-2008
Rec Nac Jun	4:28.33	Sporting Clube de Portugal	SCP	Coimbra	11-04-2010
Rec Nac Sen	4:16.23	Clube Natacao da Amadora	CNA	Faro	21-07-2009

TAC SEN/JUN2 Fem 16 +: 4:47.00 / TAC JUV Fem Juv: 5:12.00

Points: FINA 2010

Rank	Clube	Tempo Final	RT	Pts FINA	Pts
1.	Porto/Dolce Vital-ABS-FEM Porto/Dolce Vita	4:17.85	+0.60	730	
	Marta Vieira Marinho +0.60 31.18 1:04.25	Sara Freitas Oliveira +0.18 27.59	1:00.43		
	Joana Catarina Carvalho +0.21 33.88 1:14.32	Alexandra Paiva Oliveira +0.15 27.70	58.85		
2.	Eiffel-ABS-FEM Eiffel	4:24.84	+0.64	673	
	Maud van de Meer +0.64 33.62 1:09.40	Andrea Kneppers +0.25 29.59	1:03.84		
	Joelle Scheps +0.61 35.65 1:15.78	Clarissa van Rheenen -0.02 26.40	55.82		
3.	Amadora-ABS-FEM Amadora	4:26.32	+0.60	662	
	Lisa Marisa Soares +0.60 33.01 1:07.51	Marta Posser Villar +0.25 30.37	1:05.55		
	Diana Duarte Gomes +0.22 34.51 1:14.48	Filipa Ferreira Silva +0.11 28.30	58.78		
4.	Sporting-ABS-FEM Sporting <i>Rec Nacional</i>	4:27.58	+0.67	653	
	Mafalda Gomes Beleza +0.67 32.84 1:06.74	Filipa Vilas Tiago +0.27 29.08	1:04.42		
	Maria Carolina Rosa +0.17 34.18 1:14.07	Patricia Garcia Marinho +0.36 29.39	1:02.35		
5.	Louletano/Loule Concelho-ABS-FEM Louletano/Loule Concelho	4:31.61	+0.58	624	
	Catia Raquel Martinheira +0.58 32.87 1:07.28	Ana Beatriz Pereira +0.16 30.46	1:05.58		
	Ana Rita Ismael +0.42 36.45 1:18.25	Sara Alexandra Madeira +0.35 28.83	1:00.50		
6.	Vilacondense-ABS-FEM Vilacondense	4:32.35	+0.61	619	
	Ana Catarina Monteiro +0.61 32.99 1:08.14	Diana Ramos Rocha +0.31 30.57	1:05.05		
	Ana Filipa Gomes +0.44 36.73 1:20.20	Claudia Sofia Monteiro +0.56 28.77	58.96		
7.	Benfica-ABS-FEM Benfica	4:32.44	+0.80	619	
	Rita Fernandes Leitao +0.80 34.75 1:11.53	Sofia Oliveira Pinto +0.14 31.05	1:07.80		
	Ana Marisa Brito +0.09 33.35 1:13.53	Joana Filipa Capela +0.07 28.60	59.58		
8.	Nautico/Matobra-ABS-FEM Nautico/Matobra	4:32.61	+0.75	617	
	Adriana Correia Lopes +0.75 34.86 1:10.02	Maria Miguel Veloso +0.47 31.51	1:06.65		
	Gabriela Oliveira Andrade +0.21 35.84 1:15.97	Maria Ines Ribeiro +0.14 28.47	59.97		
9.	Gesloures-ABS-FEM GesLoures	4:35.79	+0.71	596	
	Paula Cristina Yang +0.71 34.10 1:10.63	Nadia Morais Vieira +0.46 29.50	1:04.16		
	Ines Raquel Estevao +0.33 37.10 1:18.78	Tatiana Ladeiro Santos +0.29 29.89	1:02.22		
10.	Bairro dos Anjos-ABS-FEM Bairro dos Anjos	4:37.40	+0.64	586	
	Andreia Filipa Anjos +0.64 33.48 1:08.24	Mara Lisboa e Silva +0.44 31.39	1:06.81		
	Mariana Mota Dias +0.11 37.65 1:21.20	Adriana Filipa Lisboa +0.20 29.16	1:01.15		
11.	Famalicao-ABS-FEM Famalicao	4:37.96	+0.76	582	
	Filipa Maria Rompante +0.76 34.79 1:10.78	Catarina Isabel Marques +0.56 32.23	1:10.55		
	Mariana Dias Almeida +0.45 35.28 1:16.15	Ana Ribeiro Ferreira +0.45 29.10	1:00.48		
12.	Uniao Piedense-ABS-FEM Uniao Piedense	4:38.32	+0.59	580	
	Ana Raquel Miranda +0.59 33.88 1:11.15	Ana Marta Miranda +0.36 30.68	1:06.69		
	Joana Dias Santos +0.77 37.41 1:19.22	Catarina Tiago Nunes +0.04 29.07	1:01.26		

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13.	Naval do Funchal-ABS-FEM	Naval do Funchal	4:42.77	+0.60	553
	Joaquina Silva Freitas +0.60	34.14 1:11.74	Carlota Freitas Olim +0.34	30.72	1:07.85
	Sara Isabel Figueira +0.31	37.26 1:21.21	Susana Clara Gomes +0.17	29.13	1:01.97
14.	Colegio Vasco da Gama-ABS-FEM	Colegio Vasco da Gama	4:43.04	+0.69	552
	Ana Rita Alves +0.69	36.14 1:13.84	Isabel Alves Lopes +0.20	30.59	1:06.80
	Claudia Monteiro Martinho +0.23	36.58 1:19.60	Joana Fonseca Seabra +0.25	29.60	1:02.80
15.	Nacional-ABS-FEM	Nacional	4:44.56	+0.69	543
	Fabiana Maria Quintal +0.69	33.80 1:09.19	Debora Marisa Pereira +0.35	33.09	1:10.60
	Natalie Nobrega Santos +0.39	36.31 1:18.86	Filipa Tenente Macedo +0.13	30.84	1:05.91
16.	Alges-ABS-FEM	Alges	4:44.95	+0.68	541
	Raquel Maurile Taveira +0.68	34.92 1:12.07	Beatriz Alexandra Sousa +0.34	32.49	1:10.62
	Mafalda Jotta Garcia	36.91 1:19.40	Ines Alexandra Paiva +0.13	29.69	1:02.86
17.	Braga-ABS-FEM	Braga	4:47.45	+0.69	527
	Ana Joaquina Goncalves +0.69	35.35 1:12.44	Elsa Daniel Dias	31.73	1:07.47
	Ines Joao Costa +0.43	38.26 1:23.13	Vera Patricia Fernandes +0.38	30.55	1:04.41
18.	Alcobaca-ABS-FEM	Alcobaca	4:50.00	+0.63	513
	Mariana Jesus Costa +0.63	34.51 1:11.43	Ines Filipa Borges +0.70	32.49	1:09.70
	Sara Cristiana Valente +0.34	39.26 1:24.78	Carla Rosario Palma +0.34	30.96	1:04.09
19.	Gespacos-ABS-FEM	Gespacos	4:51.10	+0.58	507
	Diana Patricia Ferreira +0.58	33.27 1:08.99	Ana Rita Cunha +0.36	32.47	1:10.47
	Patricia Cristina Fernandes +0.33	39.05 1:24.82	Claudia Susana Teixeira +0.25	31.39	1:06.82