

Campeonato Nacional Juvenis e Absolutos de Portugal-OPEN
Coimbra, 29.7. - 1.8.2010

Prova 49 Femin., 4 x 100m Estilos Open
01-08-2010 - 17:45 Resultados

| | | | | | |
|---------------|---------|--|-------|---------|------------|
| Rec Nac Open | 4:16.23 | Clube Natacao da Amadora | CNA | Faro | 21-07-2009 |
| Rec Nac Inf B | 4:56.36 | Grupo Desportivo Natacao V. N. Farense | GDVNF | Porto | 24-07-2010 |
| Rec Nac Inf A | 4:45.41 | Sport Lisboa e Benfica | SLB | Lisboa | 30-06-2007 |
| Rec Nac Juv | 4:35.70 | Sport Lisboa e Benfica | SLB | Lisboa | 27-07-2008 |
| Rec Nac Jun | 4:28.33 | Sporting Clube de Portugal | SCP | Coimbra | 11-04-2010 |
| Rec Nac Sen | 4:16.23 | Clube Natacao da Amadora | CNA | Faro | 21-07-2009 |

TAC SEN/JUN2 Fem 16 +: 4:47.00 / TAC JUV Fem Juv: 5:12.00

Pontos: FINA 2010

| Lugar | Clube | Tempo Final | TReac | Pts FINA | Pts |
|-------|--|--------------------------------------|---------|----------|-----|
| 1. | Porto/Dolce Vital-ABS-FEM Porto/Dolce Vita | 4:17.85 | +0.60 | 730 | |
| | Marta Vieira Marinho +0.60 31.18 1:04.25 | Sara Freitas Oliveira +0.18 27.59 | 1:00.43 | | |
| | Joana Catarina Carvalho +0.21 33.88 1:14.32 | Alexandra Paiva Oliveira +0.15 27.70 | 58.85 | | |
| 2. | Eiffel-ABS-FEM Eiffel | 4:24.84 | +0.64 | 673 | |
| | Maud van de Meer +0.64 33.62 1:09.40 | Andrea Kneppers +0.25 29.59 | 1:03.84 | | |
| | Joelle Scheps +0.61 35.65 1:15.78 | Clarissa van Rheenen -0.02 26.40 | 55.82 | | |
| 3. | Amadora-ABS-FEM Amadora | 4:26.32 | +0.60 | 662 | |
| | Lisa Marisa Soares +0.60 33.01 1:07.51 | Marta Posser Villar +0.25 30.37 | 1:05.55 | | |
| | Diana Duarte Gomes +0.22 34.51 1:14.48 | Filipa Ferreira Silva +0.11 28.30 | 58.78 | | |
| 4. | Sporting-ABS-FEM Sporting <i>Rec Nacional</i> | 4:27.58 | +0.67 | 653 | |
| | Mafalda Gomes Belezza +0.67 32.84 1:06.74 | Filipa Vilas Tiago +0.27 29.08 | 1:04.42 | | |
| | Maria Carolina Rosa +0.17 34.18 1:14.07 | Patricia Garcia Marinho +0.36 29.39 | 1:02.35 | | |
| 5. | Louletano/Loule Concelho-ABS-FEM Louletano/Loule Concelho | 4:31.61 | +0.58 | 624 | |
| | Catia Raquel Martinheira +0.58 32.87 1:07.28 | Ana Beatriz Pereira +0.16 30.46 | 1:05.58 | | |
| | Ana Rita Ismael +0.42 36.45 1:18.25 | Sara Alexandra Madeira +0.35 28.83 | 1:00.50 | | |
| 6. | Vilacondense-ABS-FEM Vilacondense | 4:32.35 | +0.61 | 619 | |
| | Ana Catarina Monteiro +0.61 32.99 1:08.14 | Diana Ramos Rocha +0.31 30.57 | 1:05.05 | | |
| | Ana Filipa Gomes +0.44 36.73 1:20.20 | Claudia Sofia Monteiro +0.56 28.77 | 58.96 | | |
| 7. | Benfica-ABS-FEM Benfica | 4:32.44 | +0.80 | 619 | |
| | Rita Fernandes Leitao +0.80 34.75 1:11.53 | Sofia Oliveira Pinto +0.14 31.05 | 1:07.80 | | |
| | Ana Marisa Brito +0.09 33.35 1:13.53 | Joana Filipa Capela +0.07 28.60 | 59.58 | | |
| 8. | Nautico/Matobra-ABS-FEM Nautico/Matobra | 4:32.61 | +0.75 | 617 | |
| | Adriana Correia Lopes +0.75 34.86 1:10.02 | Maria Miguel Veloso +0.47 31.51 | 1:06.65 | | |
| | Gabriela Oliveira Andrade +0.21 35.84 1:15.97 | Maria Ines Ribeiro +0.14 28.47 | 59.97 | | |
| 9. | Gesloures-ABS-FEM GesLoures | 4:35.79 | +0.71 | 596 | |
| | Paula Cristina Yang +0.71 34.10 1:10.63 | Nadia Morais Vieira +0.46 29.50 | 1:04.16 | | |
| | Ines Raquel Estevao +0.33 37.10 1:18.78 | Tatiana Ladeiro Santos +0.29 29.89 | 1:02.22 | | |
| 10. | Bairro dos Anjos-ABS-FEM Bairro dos Anjos | 4:37.40 | +0.64 | 586 | |
| | Andreia Filipa Anjos +0.64 33.48 1:08.24 | Mara Lisboa e Silva +0.44 31.39 | 1:06.81 | | |
| | Mariana Mota Dias +0.11 37.65 1:21.20 | Adriana Filipa Lisboa +0.20 29.16 | 1:01.15 | | |
| 11. | Famalicao-ABS-FEM Famalicao | 4:37.96 | +0.76 | 582 | |
| | Filipa Maria Rompante +0.76 34.79 1:10.78 | Catarina Isabel Marques +0.56 32.23 | 1:10.55 | | |
| | Mariana Dias Almeida +0.45 35.28 1:16.15 | Ana Ribeiro Ferreira +0.45 29.10 | 1:00.48 | | |
| 12. | Uniao Piedense-ABS-FEM Uniao Piedense | 4:38.32 | +0.59 | 580 | |
| | Ana Raquel Miranda +0.59 33.88 1:11.15 | Ana Marta Miranda +0.36 30.68 | 1:06.69 | | |
| | Joana Dias Santos +0.77 37.41 1:19.22 | Catarina Tiago Nunes +0.04 29.07 | 1:01.26 | | |

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| Lugar | Clube | Tempo Final | TReac | Pts FINA | Pts |
|-------|-----------------------------------|-----------------------|-------------------------------|----------|---------|
| 13. | Naval do Funchal-ABS-FEM | Naval do Funchal | 4:42.77 | +0.60 | 553 |
| | Joaquina Silva Freitas +0.60 | 34.14 1:11.74 | Carlota Freitas Olim +0.34 | 30.72 | 1:07.85 |
| | Sara Isabel Figueira +0.31 | 37.26 1:21.21 | Susana Clara Gomes +0.17 | 29.13 | 1:01.97 |
| 14. | Colegio Vasco da Gama-ABS-FEM | Colegio Vasco da Gama | 4:43.04 | +0.69 | 552 |
| | Ana Rita Alves +0.69 | 36.14 1:13.84 | Isabel Alves Lopes +0.20 | 30.59 | 1:06.80 |
| | Claudia Monteiro Martinho +0.23 | 36.58 1:19.60 | Joana Fonseca Seabra +0.25 | 29.60 | 1:02.80 |
| 15. | Nacional-ABS-FEM | Nacional | 4:44.56 | +0.69 | 543 |
| | Fabiana Maria Quintal +0.69 | 33.80 1:09.19 | Debora Marisa Pereira +0.35 | 33.09 | 1:10.60 |
| | Natalie Nobrega Santos +0.39 | 36.31 1:18.86 | Filipa Tenente Macedo +0.13 | 30.84 | 1:05.91 |
| 16. | Alges-ABS-FEM | Alges | 4:44.95 | +0.68 | 541 |
| | Raquel Maurile Taveira +0.68 | 34.92 1:12.07 | Beatriz Alexandra Sousa +0.34 | 32.49 | 1:10.62 |
| | Mafalda Jotta Garcia | 36.91 1:19.40 | Ines Alexandra Paiva +0.13 | 29.69 | 1:02.86 |
| 17. | Braga-ABS-FEM | Braga | 4:47.45 | +0.69 | 527 |
| | Ana Joaquina Goncalves +0.69 | 35.35 1:12.44 | Elsa Daniel Dias | 31.73 | 1:07.47 |
| | Ines Joao Costa +0.43 | 38.26 1:23.13 | Vera Patricia Fernandes +0.38 | 30.55 | 1:04.41 |
| 18. | Alcobaca-ABS-FEM | Alcobaca | 4:50.00 | +0.63 | 513 |
| | Mariana Jesus Costa +0.63 | 34.51 1:11.43 | Ines Filipa Borges +0.70 | 32.49 | 1:09.70 |
| | Sara Cristiana Valente +0.34 | 39.26 1:24.78 | Carla Rosario Palma +0.34 | 30.96 | 1:04.09 |
| 19. | Gespacos-ABS-FEM | Gespacos | 4:51.10 | +0.58 | 507 |
| | Diana Patricia Ferreira +0.58 | 33.27 1:08.99 | Ana Rita Cunha +0.36 | 32.47 | 1:10.47 |
| | Patricia Cristina Fernandes +0.33 | 39.05 1:24.82 | Claudia Susana Teixeira +0.25 | 31.39 | 1:06.82 |