

Campeonato Nacional Juvenis e Absolutos de Portugal-OPEN
Coimbra, 29.7. - 1.8.2010

Event 43 Women, 200m Medley Open
01-08-2010 - 10:05 Results Prelim

Rec Nac Open	2:19.80	Nadia Morais Vieira	GESL	COIMBRA	29-05-2010
Rec Nac Inf B	2:33.06	Ines Camacho Fernandes	SCP	S. João da Madeira	25-07-2009
Rec Nac Inf A	2:28.56	Susana Patricia Miguel	FPN	Paris (FRA)	29-07-2003
Rec Nac Juv	2:23.98	Susana Patricia Miguel	SFUAP	Lisboa	10-07-2004
Rec Nac Jun	2:21.44	Petra Quintela Chaves	SAD	Restelo	29-07-1994
Rec Nac Sen	2:19.80	Nadia Morais Vieira	GESL	COIMBRA	29-05-2010

TAC SENJUN2 Fem 16 +: 2:32.00 / TAC JUN1 Fem 15: 2:33.50 / TAC JUV Fem Juv: 2:40.00

Rank	YB		Time		50m	100m	150m	200m
Open								
1.	92	Eiffel	2:21.88	A	29.94	38.28	42.05	31.61
2.	94	Sporting	2:23.83	A	30.88	37.98	40.97	34.00
3.	96	Foca	2:24.13	A	31.13	37.11	43.11	32.78
4.	92	Natacao de Faro	2:25.07	A	31.89	36.38	42.74	34.06
5.	84	Nacional	2:25.68	A	31.73	37.66	41.93	34.36
6.	95	Uniao Piedense	2:26.78	A	30.25	38.46	43.29	34.78
7.	95	Pimpoes/Cimai	2:26.94	A	31.54	37.63	43.43	34.34
8.	96	Uniao Piedense	2:27.21	A	30.88	37.90	43.44	34.99
9.	94	Vilacondense	2:27.62	B	31.18	37.10	44.57	34.77
10.	94	Diana Patricia Ferreira	2:27.84	B	31.34	38.59	44.45	33.46
11.	94	Sporting	2:28.27	B	31.58	38.60	44.18	33.91
12.	94	Nautico/Matobra	2:28.29	B	32.41	38.78	42.55	34.55
13.	91	Sporting	2:28.99	B	32.60	41.56	40.27	34.56
14.	93	Porto/Dolce Vita	2:29.83	B	31.72	39.92	45.05	33.14
15.	93	Colegio Vasco da Gama	2:30.26	B	31.56	39.06	44.85	34.79
16.	95	Nautico/Matobra	2:31.74	B	32.56	38.21	46.33	34.64
17.	95	Famalicao	2:31.78	R	33.36	39.20	44.94	34.28
18.	95	Amadora	2:31.99	R	33.59	38.96	45.70	33.74
19.	92	Individual Norte de Portugal	2:32.12		31.54	38.79	44.95	36.84
20.	93	Sporting	2:32.41		31.30	38.44	46.22	36.45
21.	93	Academico Viseu	2:32.53		32.62	42.26	43.11	34.54
22.	96	Benfica	2:33.23		33.20	38.02	44.18	37.83
23.	96	Alcobaca	2:33.37		33.23	38.92	46.77	34.45
24.	92	Desportiva de Viana	2:33.44		30.71	37.33	49.21	36.19
25.	93	Vilacondense	2:33.55		30.18	38.13	47.86	37.38
26.	94	Alges	2:33.73		33.67	40.90	43.42	35.74
27.	96	Uniao Piedense	2:33.74		34.54	40.62	42.62	35.96
28.	93	Bairro dos Anjos	2:34.81		32.68	39.05	47.95	35.13
29.	95	GesLoures	2:35.21		33.50	38.20	47.23	36.28
30.	96	Foca	2:35.92		34.72	40.22	45.36	35.62
31.	96	Alcobaca	2:36.23		31.97	40.82	46.86	36.58
32.	96	Nautico/Matobra	2:37.31		35.49	37.16	49.41	35.25
33.	95	Braga	2:37.51		34.68	40.07	46.64	36.12

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Rank	YB	Time	50m	100m	150m	200m		
34.	Tatiana Filipa Santos	95	Ginasio Figueirense	2:38.21	34.51	38.83	47.68	37.19
	<i>FTL</i>							
35.	Isa Morais Penas	96	Benedita	2:38.27	34.97	38.80	48.68	35.82
36.	Sara Sousa Gomes	96	Amadora	2:38.29	35.75	41.83	45.14	35.57
37.	Ines Joao Costa	95	Braga	2:38.39	33.82	41.10	47.33	36.14
	<i>FTL</i>							
38.	Ana Monica Eloi	96	Nautico da Marinha Grande	2:38.91	35.03	41.29	46.11	36.48
39.	Paula Alexandra Oliveira	96	Porto/Dolce Vita	2:39.12	34.09	43.44	43.76	37.83
40.	Andreia Raquel Granjo	96	Famalicao	2:39.38	33.89	43.13	45.14	37.22
41.	Maria Beatriz Rascao	96	Nautico/Matobra	2:39.46	35.41	42.38	45.40	36.27
42.	Flavia Daniela Goncalves	96	Desportiva de Viana	2:39.92	34.24	40.17	49.62	35.89
43.	M. Ferreira	96	Benfica	2:41.44	34.60	43.24	46.96	36.64
	<i>FTL</i>							
44.	Neuza Casanova Santos	96	Vilacondense	2:42.56	36.58	43.14	45.05	37.79
	<i>FTL</i>							
45.	Julia Rodrigues Mallen	96	Colegio Vasco da Gama	2:43.08	36.76	41.83	47.83	36.66
	<i>FTL</i>							
46.	Ana Beatriz Silva	96	Gafanha da Encarnacao	2:44.24	35.30	42.85	48.57	37.52
	<i>FTL</i>							
47.	Catarina Vilhena Gregorio	96	CLAC-Entroncamento	2:48.50	35.04	44.16	50.75	38.55
	<i>FTL</i>							

Juvenis

1.	Diana Margarida Duraes	96	Foca	2:24.13	A	31.13	37.11	43.11	32.78
2.	Ana Marta Miranda	96	Uniao Piedense	2:27.21	A	30.88	37.90	43.44	34.99
3.	Rita Fernandes Leitao	96	Benfica	2:33.23		33.20	38.02	44.18	37.83
4.	Mariana Jesus Costa	96	Alcobaca	2:33.37		33.23	38.92	46.77	34.45
5.	Joana Dias Santos	96	Uniao Piedense	2:33.74		34.54	40.62	42.62	35.96
6.	Sofia Cunha Sousa	96	Foca	2:35.92		34.72	40.22	45.36	35.62
7.	Sara Cristiana Valente	96	Alcobaca	2:36.23		31.97	40.82	46.86	36.58
8.	Maria Ines Almeida	96	Nautico/Matobra	2:37.31		35.49	37.16	49.41	35.25
9.	Isa Morais Penas	96	Benedita	2:38.27		34.97	38.80	48.68	35.82
10.	Sara Sousa Gomes	96	Amadora	2:38.29		35.75	41.83	45.14	35.57
11.	Ana Monica Eloi	96	Nautico da Marinha Grande	2:38.91		35.03	41.29	46.11	36.48
12.	Paula Alexandra Oliveira	96	Porto/Dolce Vita	2:39.12		34.09	43.44	43.76	37.83
13.	Andreia Raquel Granjo	96	Famalicao	2:39.38		33.89	43.13	45.14	37.22
14.	Maria Beatriz Rascao	96	Nautico/Matobra	2:39.46		35.41	42.38	45.40	36.27
15.	Flavia Daniela Goncalves	96	Desportiva de Viana	2:39.92		34.24	40.17	49.62	35.89
16.	M. Ferreira	96	Benfica	2:41.44		34.60	43.24	46.96	36.64
	<i>FTL</i>								
17.	Neuza Casanova Santos	96	Vilacondense	2:42.56		36.58	43.14	45.05	37.79
	<i>FTL</i>								
18.	Julia Rodrigues Mallen	96	Colegio Vasco da Gama	2:43.08		36.76	41.83	47.83	36.66
	<i>FTL</i>								
19.	Ana Beatriz Silva	96	Gafanha da Encarnacao	2:44.24		35.30	42.85	48.57	37.52
	<i>FTL</i>								
20.	Catarina Vilhena Gregorio	96	CLAC-Entroncamento	2:48.50		35.04	44.16	50.75	38.55
	<i>FTL</i>								

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Absolutos

1.	Maria Carolina Rosa	94	Sporting	2:23.83	A	30.88	37.98	40.97	34.00
2.	Diana Margarida Duraes	96	Foca	2:24.13	A	31.13	37.11	43.11	32.78
3.	Marta Pereira Abreu	92	Natacao de Faro	2:25.07	A	31.89	36.38	42.74	34.06
4.	Fabiana Maria Quintal	84	Nacional	2:25.68	A	31.73	37.66	41.93	34.36
5.	Catarina Tiago Nunes	95	Uniao Piedense	2:26.78	A	30.25	38.46	43.29	34.78
6.	Ana Marta Miranda	96	Uniao Piedense	2:27.21	A	30.88	37.90	43.44	34.99
7.	Diana Ramos Rocha	94	Vilacondense	2:27.62	B	31.18	37.10	44.57	34.77
8.	Diana Patricia Ferreira	94	Gespacos	2:27.84	B	31.34	38.59	44.45	33.46
9.	Patricia Garcia Marinho	94	Sporting	2:28.27	B	31.58	38.60	44.18	33.91
10.	Gabriela Oliveira Andrade	94	Nautico/Matobra	2:28.29	B	32.41	38.78	42.55	34.55
11.	Ana Teresa Franco	91	Sporting	2:28.99	B	32.60	41.56	40.27	34.56
12.	Joana Aguiar Rodrigues	93	Porto/Dolce Vita	2:29.83	B	31.72	39.92	45.05	33.14
13.	Ana Filipa Carmo	93	Colegio Vasco da Gama	2:30.26	B	31.56	39.06	44.85	34.79
14.	Adriana Correia Lopes	95	Nautico/Matobra	2:31.74	B	32.56	38.21	46.33	34.64
15.	Filipa Maria Rompante	95	Famalicao	2:31.78	R	33.36	39.20	44.94	34.28
16.	Lisa Marisa Soares	95	Amadora	2:31.99	R	33.59	38.96	45.70	33.74
17.	Soraia Vanessa Ribeiro	92	Individual Norte de Portugal	2:32.12		31.54	38.79	44.95	36.84
	<i>FTL</i>								
18.	Alexandra Ribeiro Paula	93	Sporting	2:32.41		31.30	38.44	46.22	36.45
	<i>FTL</i>								
19.	Ana Margarida Domingos	93	Academico Viseu	2:32.53		32.62	42.26	43.11	34.54
	<i>FTL</i>								
20.	Rita Fernandes Leitao	96	Benfica	2:33.23		33.20	38.02	44.18	37.83
21.	Mariana Jesus Costa	96	Alcobaca	2:33.37		33.23	38.92	46.77	34.45
22.	Filipa Mendes Pinheiro	92	Desportiva de Viana	2:33.44		30.71	37.33	49.21	36.19
	<i>FTL</i>								
23.	Ana Catarina Monteiro	93	Vilacondense	2:33.55		30.18	38.13	47.86	37.38
	<i>FTL</i>								
24.	Mafalda Jotta Garcia	94	Alges	2:33.73		33.67	40.90	43.42	35.74
	<i>FTL</i>								
25.	Joana Dias Santos	96	Uniao Piedense	2:33.74		34.54	40.62	42.62	35.96
26.	Mara Lisboa e Silva	93	Bairro dos Anjos	2:34.81		32.68	39.05	47.95	35.13
	<i>FTL</i>								
27.	Paula Cristina Yang	95	GesLoures	2:35.21		33.50	38.20	47.23	36.28
	<i>FTL</i>								
28.	Sofia Cunha Sousa	96	Foca	2:35.92		34.72	40.22	45.36	35.62
29.	Sara Cristiana Valente	96	Alcobaca	2:36.23		31.97	40.82	46.86	36.58
30.	Maria Ines Almeida	96	Nautico/Matobra	2:37.31		35.49	37.16	49.41	35.25
31.	Ana Joaquina Goncalves	95	Braga	2:37.51		34.68	40.07	46.64	36.12
	<i>FTL</i>								
32.	Tatiana Filipa Santos	95	Ginasio Figueirense	2:38.21		34.51	38.83	47.68	37.19
	<i>FTL</i>								
33.	Isa Moraes Penas	96	Benedita	2:38.27		34.97	38.80	48.68	35.82
34.	Sara Sousa Gomes	96	Amadora	2:38.29		35.75	41.83	45.14	35.57
35.	Ines Joao Costa	95	Braga	2:38.39		33.82	41.10	47.33	36.14
	<i>FTL</i>								
36.	Ana Monica Eloi	96	Nautico da Marinha Grande	2:38.91		35.03	41.29	46.11	36.48
37.	Paula Alexandra Oliveira	96	Porto/Dolce Vita	2:39.12		34.09	43.44	43.76	37.83
38.	Andreia Raquel Granjo	96	Famalicao	2:39.38		33.89	43.13	45.14	37.22
39.	Maria Beatriz Rascao	96	Nautico/Matobra	2:39.46		35.41	42.38	45.40	36.27
40.	Flavia Daniela Goncalves	96	Desportiva de Viana	2:39.92		34.24	40.17	49.62	35.89

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Rank	YB	Time	50m	100m	150m	200m
41. M. Ferreira FTL	96 Benfica	2:41.44	34.60	43.24	46.96	36.64
42. Neuza Casanova Santos FTL	96 Vilacondense	2:42.56	36.58	43.14	45.05	37.79
43. Julia Rodrigues Mallen FTL	96 Colegio Vasco da Gama	2:43.08	36.76	41.83	47.83	36.66
44. Ana Beatriz Silva FTL	96 Gafanha da Encarnacao	2:44.24	35.30	42.85	48.57	37.52
45. Catarina Vilhena Gregorio FTL	96 CLAC-Entroncamento	2:48.50	35.04	44.16	50.75	38.55

Seniores

1. Marta Pereira Abreu	92 Natacao de Faro	2:25.07 A	31.89	36.38	42.74	34.06
2. Fabiana Maria Quintal	84 Nacional	2:25.68 A	31.73	37.66	41.93	34.36
3. Ana Teresa Franco	91 Sporting	2:28.99 B	32.60	41.56	40.27	34.56
4. Joana Aguiar Rodrigues	93 Porto/Dolce Vita	2:29.83 B	31.72	39.92	45.05	33.14
5. Ana Filipa Carmo	93 Colegio Vasco da Gama	2:30.26 B	31.56	39.06	44.85	34.79
6. Soraia Vanessa Ribeiro FTL	92 Individual Norte de Portugal	2:32.12	31.54	38.79	44.95	36.84
7. Alexandra Ribeiro Paula FTL	93 Sporting	2:32.41	31.30	38.44	46.22	36.45
8. Ana Margarida Domingos FTL	93 Academico Viseu	2:32.53	32.62	42.26	43.11	34.54
9. Filipa Mendes Pinheiro FTL	92 Desportiva de Viana	2:33.44	30.71	37.33	49.21	36.19
10. Ana Catarina Monteiro FTL	93 Vilacondense	2:33.55	30.18	38.13	47.86	37.38
11. Mara Lisboa e Silva FTL	93 Bairro dos Anjos	2:34.81	32.68	39.05	47.95	35.13

Juniores2

1. Maria Carolina Rosa	94 Sporting	2:23.83 A	30.88	37.98	40.97	34.00
2. Diana Ramos Rocha	94 Vilacondense	2:27.62 B	31.18	37.10	44.57	34.77
3. Diana Patricia Ferreira	94 Gespacos	2:27.84 B	31.34	38.59	44.45	33.46
4. Patricia Garcia Marinho	94 Sporting	2:28.27 B	31.58	38.60	44.18	33.91
5. Gabriela Oliveira Andrade	94 Nautico/Matobra	2:28.29 B	32.41	38.78	42.55	34.55
6. Mafalda Jotta Garcia FTL	94 Alges	2:33.73	33.67	40.90	43.42	35.74

Juniores1

1. Catarina Tiago Nunes	95 Uniao Piedense	2:26.78 A	30.25	38.46	43.29	34.78
2. Adriana Correia Lopes	95 Nautico/Matobra	2:31.74 B	32.56	38.21	46.33	34.64
3. Filipa Maria Rompante	95 Famalicao	2:31.78 R	33.36	39.20	44.94	34.28
4. Lisa Marisa Soares	95 Amadora	2:31.99 R	33.59	38.96	45.70	33.74
5. Paula Cristina Yang FTL	95 GesLoures	2:35.21	33.50	38.20	47.23	36.28
6. Ana Joaquina Goncalves FTL	95 Braga	2:37.51	34.68	40.07	46.64	36.12
7. Tatiana Filipa Santos FTL	95 Ginasio Figueirense	2:38.21	34.51	38.83	47.68	37.19

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Event 43, Girls, 200m Medley, Prelim, Juniores1

Rank	YB		Time	50m	100m	150m	200m
8.	Ines Joao Costa	95 Braga	2:38.39	33.82	41.10	47.33	36.14
	<i>FTL</i>						