

Campeonato Nacional Juvenis e Absolutos de Portugal-OPEN  
Coimbra, 29.7. - 1.8.2010

Event 30 Men, 200m Breaststroke Open  
31-07-2010 - 9:45 Results Prelim

Rec Nac Open	2:13.34	Carlos Esteves Almeida	FPN	Beijing (CHN)	12-08-2008
Rec Nac Inf B	2:39.83	Luis Manuel Fernandes	GDNVNF	Famalicao	20-07-2008
Rec Nac Inf A	2:32.84	tempo limite			
Rec Nac Juv B	2:24.15	Andre Miguel Silva	PDEM	Loulé	10-06-2006
Rec Nac Juv A	2:23.94	Andre Miguel Silva	PDEM	Coimbra	25-03-2007
Rec Nac Jun	2:15.99	Andre Miguel Silva	PDEM	Faro	20-07-2009
Rec Nac Sen	2:13.34	Carlos Esteves Almeida	FPN	Beijing (CHN)	12-08-2008

TAC SEN/JUN2 Masc 18 +: 2:33.00 / TAC JUN1 Masc 17: 2:35.00 / TAC JUV A Masc Juv A: 2:44.00 / TAC JUV B Masc Juv B: 2:48.00

Rank	YB		Time		50m	100m	150m	200m
Open								
1.	89	Eiffel	<b>2:21.59</b>	A	31.40	36.57	37.46	36.16
2.	89	Kuwait	<b>2:23.13</b>	A	31.74	36.14	37.48	37.77
3.	84	Vilacondense	<b>2:24.39</b>	A	32.58	37.00	37.75	37.06
4.	91	Palmela	<b>2:25.89</b>	A	32.95	37.80	37.45	37.69
5.	89	Sporting	<b>2:26.24</b>	A	33.35	37.30	38.17	37.42
6.	95	Famalicao	<b>2:26.41</b>	A	34.03	36.87	37.58	37.93
7.	91	Porto/Dolce Vita	<b>2:26.51</b>	A	33.00	37.16	37.33	39.02
8.	89	Porto/Dolce Vita	<b>2:27.65</b>	A	33.26	37.33	38.49	38.57
9.	90	Gespacos	<b>2:27.71</b>	B	33.52	37.54	38.32	38.33
10.	94	Naval de Ponta Delgada	<b>2:28.05</b>	B	33.48	37.44	38.77	38.36
11.	90	Natacao da Maia	<b>2:28.08</b>	B	32.80	37.74	38.53	39.01
12.	91	Nautico/Matobra	<b>2:28.36</b>	B	33.39	37.13	38.60	39.24
13.	91	Vilacondense	<b>2:28.57</b>	B	33.41	37.49	38.72	38.95
14.	86	Naval Setubalense	<b>2:28.94</b>	B	33.42	38.09	37.77	39.66
15.	93	Kuwait	<b>2:28.96</b>	B	33.96	38.34	38.12	38.54
16.	90	Vilacondense	<b>2:29.34</b>	B	33.02	38.08	38.09	40.15
17.	88	Amadora	<b>2:29.37</b>	R	33.28	38.01	38.81	39.27
18.	93	Gespacos	<b>2:29.66</b>	R	34.06	37.88	38.75	38.97
19.	84	Braga	<b>2:29.74</b>		33.65	37.50	38.94	39.65
20.	87	GesLoures	<b>2:29.84</b>		34.36	38.41	39.53	37.54
21.	93	Porto/Dolce Vita	<b>2:30.42</b>		34.31	38.43	38.57	39.11
22.	92	Columbifila/Cantanhedense	<b>2:30.68</b>		32.94	38.01	39.18	40.55
23.	92	Sporting	<b>2:30.84</b>		32.48	37.84	40.01	40.51
24.	94	Vitoria de Guimaraes	<b>2:32.24</b>		35.26	39.03	39.39	38.56
25.	95	Academica de Coimbra	<b>2:32.87</b>		34.24	38.00	39.60	41.03
26.	90	Nautico/Matobra	<b>2:32.92</b>		34.55	38.89	39.58	39.90
27.	91	Porto/Dolce Vita	<b>2:33.11</b>		33.73	37.97	39.54	41.87
		<i>FTL</i>						
28.	95	Uniao Piedense	<b>2:33.75</b>		34.50	39.21	40.18	39.86
29.	92	Alges	<b>2:34.10</b>		34.47	40.01	41.23	38.39
		<i>FTL</i>						
30.	94	Braga	<b>2:34.26</b>		35.54	38.91	39.64	40.17
31.	87	Nacional	<b>2:34.96</b>		35.24	39.91	38.99	40.82
		<i>FTL</i>						
32.	95	Alcobaca	<b>2:35.14</b>		34.85	39.21	40.65	40.43
33.	86	Bairro dos Anjos	<b>2:35.21</b>		33.70	38.85	40.51	42.15
		<i>FTL</i>						
34.	89	Nautico/Matobra	<b>2:35.47</b>		32.58	38.78	41.34	42.77
		<i>FTL</i>						
35.	92	Desportiva Limiana	<b>2:35.70</b>		35.01	38.87	40.67	41.15
		<i>FTL</i>						

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Event 30, Men, 200m Breaststroke, Prelim, Open

Rank	YB		Time	50m	100m	150m	200m
36.	94	Louletano/Loule Concelho	<b>2:35.71</b>	34.74	39.13	40.55	41.29
37.	94	Nautico/Matobra	<b>2:35.85</b>	34.91	39.67	40.32	40.95
38.	94	Feirense	<b>2:35.99</b>	35.79	40.61	39.72	39.87
39.	92	Vilacondense	<b>2:36.07</b>	33.80	39.79	40.82	41.66
		<i>FTL</i>					
40.	94	Colegio Monte Maior	<b>2:36.44</b>	36.36	40.09	40.88	39.11
41.	95	Natacao de Olhao	<b>2:36.56</b>	35.15	40.88	40.69	39.84
42.	91	Naval do Funchal	<b>2:36.77</b>	34.72	41.11	40.21	40.73
		<i>FTL</i>					
43.	95	Alges	<b>2:37.78</b>	35.61	39.58	41.00	41.59
44.	94	Lisnave	<b>2:38.12</b>	36.19	40.33	41.59	40.01
45.	94	Academica de Coimbra	<b>2:38.56</b>	35.87	40.11	41.66	40.92
46.	95	Colegio Vasco da Gama	<b>2:39.16</b>	35.11	39.86	41.09	43.10
47.	94	Gespacos	<b>2:40.06</b>	36.01	40.44	41.47	42.14
48.	95	Pimpoes/Cimai	<b>2:40.09</b>	35.55	42.36	41.68	40.50
49.	94	Belenenses	<b>2:40.45</b>	37.04	41.63	39.71	42.07
50.	94	Bairro dos Anjos	<b>2:41.14</b>	36.29	40.25	42.05	42.55
51.	90	Nacional	<b>2:41.15</b>	32.89	39.89	43.05	45.32
		<i>FTL</i>					
52.	95	GesLoures	<b>2:41.20</b>	36.12	41.15	41.77	42.16
53.	92	Braga	<b>2:41.28</b>	35.46	41.34	43.01	41.47
		<i>FTL</i>					
54.	95	Gespacos	<b>2:41.96</b>	37.20	41.19	41.48	42.09
55.	95	Viana Natacao	<b>2:42.28</b>	36.27	41.46	42.56	41.99
56.	92	Braga	<b>2:43.14</b>	36.32	40.23	42.70	43.89
		<i>FTL</i>					
57.	95	Feirense	<b>2:43.39</b>	35.34	41.38	43.52	43.15
58.	95	Amadora	<b>2:43.54</b>	36.31	40.51	43.03	43.69
59.	93	Aminata	<b>2:43.58</b>	35.63	39.66	42.97	45.32
		<i>FTL</i>					
60.	94	Academica de Coimbra	<b>2:43.88</b>	36.65	41.36	42.27	43.60
61.	95	Associacao de Gouveia	<b>2:44.15</b>	36.58	41.77	43.41	42.39
62.	95	Ginasio de Santo Tirso	<b>2:44.78</b>	36.61	41.06	43.34	43.77
63.	95	Desportiva de Viana	<b>2:45.11</b>	37.54	43.00	43.08	41.49
64.	95	Desporto de Barcelos	<b>2:45.20</b>	37.12	41.72	43.50	42.86
65.	95	Nacional	<b>2:46.79</b>	37.57	42.38	44.52	42.32
66.	94	Rio Maior	<b>2:46.90</b>	38.44	41.35	43.30	43.81
		<i>FTL</i>					
67.	95	Fafe	<b>2:47.35</b>	37.54	42.30	43.63	43.88
68.	95	Foca	<b>2:47.40</b>	37.28	42.55	43.70	43.87
69.	95	Bombeiros Ponta Delgada	<b>2:48.00</b>	37.55	42.19	44.41	43.85
70.	94	Beja	<b>2:53.25</b>	38.12	43.33	46.02	45.78
		<i>FTL</i>					
71.	95	Estremoz	<b>3:07.73</b>	40.69	48.54	50.13	48.37
		<i>FTL</i>					
DSQ	92	Sporting					
		<i>310 - Duas pernadas golfinho após viragem aos 100 m</i>					

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Juvenis B

1.	Luis Manuel Fernandes	95	Famalicao	<b>2:26.41</b>	A	34.03	36.87	37.58	37.93
2.	Joao Andre Neves	95	Academica de Coimbra	<b>2:32.87</b>		34.24	38.00	39.60	41.03
3.	Diogo Miguel Silva	95	Uniao Piedense	<b>2:33.75</b>		34.50	39.21	40.18	39.86
4.	Nuno Miguel Feliciano	95	Alcobaca	<b>2:35.14</b>		34.85	39.21	40.65	40.43
5.	Mauro Filipe Viegas	95	Natacao de Olhao	<b>2:36.56</b>		35.15	40.88	40.69	39.84
6.	Pedro Alexandre Bento	95	Alges	<b>2:37.78</b>		35.61	39.58	41.00	41.59
7.	Pedro Afonso Centeno	95	Colegio Vasco da Gama	<b>2:39.16</b>		35.11	39.86	41.09	43.10
8.	Ricardo Filipe Ferreira	95	Pimpoes/Cimai	<b>2:40.09</b>		35.55	42.36	41.68	40.50
9.	Miguel Angelo Cruz	95	GesLoures	<b>2:41.20</b>		36.12	41.15	41.77	42.16
10.	Frederico Renato Sousa	95	Gespacos	<b>2:41.96</b>		37.20	41.19	41.48	42.09
11.	Andre Machado Vale	95	Viana Natacao	<b>2:42.28</b>		36.27	41.46	42.56	41.99
12.	Goncalo Pereira Sa	95	Feirense	<b>2:43.39</b>		35.34	41.38	43.52	43.15
13.	Joao Valentim Compoete	95	Amadora	<b>2:43.54</b>		36.31	40.51	43.03	43.69
14.	Pedro Miguel Ribeiro	95	Associacao de Gouveia	<b>2:44.15</b>		36.58	41.77	43.41	42.39
15.	Tiago Sobral Coelho	95	Ginasio de Santo Tirso	<b>2:44.78</b>		36.61	41.06	43.34	43.77
16.	Manuel Henrique Alves	95	Desportiva de Viana	<b>2:45.11</b>		37.54	43.00	43.08	41.49
17.	Mauro Gaspar Ferreira	95	Desporto de Barcelos	<b>2:45.20</b>		37.12	41.72	43.50	42.86
18.	Andre Goncalo Gomes	95	Nacional	<b>2:46.79</b>		37.57	42.38	44.52	42.32
19.	Carlos Cunha Costa	95	Fafe	<b>2:47.35</b>		37.54	42.30	43.63	43.88
20.	Luis Miguel Lopes	95	Foca	<b>2:47.40</b>		37.28	42.55	43.70	43.87
21.	Miguel Rego Borges	95	Bombeiros Ponta Delgada	<b>2:48.00</b>		37.55	42.19	44.41	43.85
22.	Hugo Ricardo Gambutas	95	Estremoz	<b>3:07.73</b>		40.69	48.54	50.13	48.37

FTL

Juvenis A

1.	Joao Pedro Braga	94	Naval de Ponta Delgada	<b>2:28.05</b>	B	33.48	37.44	38.77	38.36
2.	Diogo Manuel Rodrigues	94	Vitoria de Guimaraes	<b>2:32.24</b>		35.26	39.03	39.39	38.56
3.	Hugo Miguel Silva	94	Braga	<b>2:34.26</b>		35.54	38.91	39.64	40.17
4.	Edgar Miguel Lopes	94	Louletano/Loule Concelho	<b>2:35.71</b>		34.74	39.13	40.55	41.29
5.	Joao Pedro Veiga	94	Nautico/Matobra	<b>2:35.85</b>		34.91	39.67	40.32	40.95
6.	Alcides Costa Sousa	94	Feirense	<b>2:35.99</b>		35.79	40.61	39.72	39.87
7.	Pedro Miguel Silva	94	Colegio Monte Maior	<b>2:36.44</b>		36.36	40.09	40.88	39.11
8.	Rui Pedro Horta	94	Lisnave	<b>2:38.12</b>		36.19	40.33	41.59	40.01
9.	Pedro Barros Mendes	94	Academica de Coimbra	<b>2:38.56</b>		35.87	40.11	41.66	40.92
10.	Ruben Filipe Nunes	94	Gespacos	<b>2:40.06</b>		36.01	40.44	41.47	42.14
11.	Antonio Sampaio Rebolo	94	Belenenses	<b>2:40.45</b>		37.04	41.63	39.71	42.07
12.	Diogo Manuel Domingues	94	Bairro dos Anjos	<b>2:41.14</b>		36.29	40.25	42.05	42.55
13.	Ruben Paiva Carvalho	94	Academica de Coimbra	<b>2:43.88</b>		36.65	41.36	42.27	43.60
14.	Duarte Rosa Cameirao	94	Rio Maior	<b>2:46.90</b>		38.44	41.35	43.30	43.81

FTL

15.	Jose Luis Morais	94	Beja	<b>2:53.25</b>		38.12	43.33	46.02	45.78
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FTL

Absolutos

1.	Henrique Pereira Neiva	84	Vilacondense	<b>2:24.39</b>	A	32.58	37.00	37.75	37.06
2.	Andre Miguel Silva	91	Palmela	<b>2:25.89</b>	A	32.95	37.80	37.45	37.69
3.	Pedro Miguel Pinotes	89	Sporting	<b>2:26.24</b>	A	33.35	37.30	38.17	37.42
4.	Luis Manuel Fernandes	95	Famalicao	<b>2:26.41</b>	A	34.03	36.87	37.58	37.93
5.	Rui Filipe Vilar	91	Porto/Dolce Vita	<b>2:26.51</b>	A	33.00	37.16	37.33	39.02
6.	Hugo Cascais Rodrigues	89	Porto/Dolce Vita	<b>2:27.65</b>	A	33.26	37.33	38.49	38.57

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Event 30, Men, 200m Breaststroke, Prelim, Absolutos

Rank	YB		Time	50m	100m	150m	200m	
7.	Nuno Rafael Alves	90	Gespacos	<b>2:27.71</b> B	33.52	37.54	38.32	38.33
8.	Joao Pedro Braga	94	Naval de Ponta Delgada	<b>2:28.05</b> B	33.48	37.44	38.77	38.36
9.	Luis Nobre Neto	90	Natacao da Maia	<b>2:28.08</b> B	32.80	37.74	38.53	39.01
10.	Miguel Silva Oliveira	91	Nautico/Matobra	<b>2:28.36</b> B	33.39	37.13	38.60	39.24
11.	Miguel Arago Santos	91	Vilacondense	<b>2:28.57</b> B	33.41	37.49	38.72	38.95
12.	Pedro Miguel Varela	86	Naval Setubalense	<b>2:28.94</b> B	33.42	38.09	37.77	39.66
13.	Marcelo Goncalo Pereira	90	Vilacondense	<b>2:29.34</b> B	33.02	38.08	38.09	40.15
14.	Andre Bras Goncalves	88	Amadora	<b>2:29.37</b> R	33.28	38.01	38.81	39.27
15.	Joao Claudio Sousa	93	Gespacos	<b>2:29.66</b> R	34.06	37.88	38.75	38.97
16.	Ricardo Amorim Rego	84	Braga	<b>2:29.74</b>	33.65	37.50	38.94	39.65
17.	Manuel Matos Sequeira	87	GesLoures	<b>2:29.84</b>	34.36	38.41	39.53	37.54
18.	Tiago Samuel Silva	93	Porto/Dolce Vita	<b>2:30.42</b>	34.31	38.43	38.57	39.11
19.	G. Meneses	92	Columbofila/Cantanhedense	<b>2:30.68</b>	32.94	38.01	39.18	40.55
20.	Diogo Filipe Matos	92	Sporting	<b>2:30.84</b>	32.48	37.84	40.01	40.51
21.	Diogo Manuel Rodrigues	94	Vitoria de Guimaraes	<b>2:32.24</b>	35.26	39.03	39.39	38.56
22.	Joao Andre Neves	95	Academica de Coimbra	<b>2:32.87</b>	34.24	38.00	39.60	41.03
23.	Hugo Miguel Nunes	90	Nautico/Matobra	<b>2:32.92</b>	34.55	38.89	39.58	39.90
24.	Sergio Baptista Silva	91	Porto/Dolce Vita	<b>2:33.11</b>	33.73	37.97	39.54	41.87
	<i>FTL</i>							
25.	Diogo Miguel Silva	95	Uniao Piedense	<b>2:33.75</b>	34.50	39.21	40.18	39.86
26.	Mario Martins Costa	92	Alges	<b>2:34.10</b>	34.47	40.01	41.23	38.39
	<i>FTL</i>							
27.	Hugo Miguel Silva	94	Braga	<b>2:34.26</b>	35.54	38.91	39.64	40.17
28.	Diego Felipe Santos	87	Nacional	<b>2:34.96</b>	35.24	39.91	38.99	40.82
	<i>FTL</i>							
29.	Nuno Miguel Feliciano	95	Alcobaca	<b>2:35.14</b>	34.85	39.21	40.65	40.43
30.	Helder Alexandre Godinho	86	Bairro dos Anjos	<b>2:35.21</b>	33.70	38.85	40.51	42.15
	<i>FTL</i>							
31.	Joao Albano Viola	89	Nautico/Matobra	<b>2:35.47</b>	32.58	38.78	41.34	42.77
	<i>FTL</i>							
32.	Duarte Barros Pires	92	Desportiva Limiana	<b>2:35.70</b>	35.01	38.87	40.67	41.15
	<i>FTL</i>							
33.	Edgar Miguel Lopes	94	Louletano/Loule Concelho	<b>2:35.71</b>	34.74	39.13	40.55	41.29
34.	Joao Pedro Veiga	94	Nautico/Matobra	<b>2:35.85</b>	34.91	39.67	40.32	40.95
35.	Alcides Costa Sousa	94	Feirense	<b>2:35.99</b>	35.79	40.61	39.72	39.87
36.	Ricardo Ribeiro Silva	92	Vilacondense	<b>2:36.07</b>	33.80	39.79	40.82	41.66
	<i>FTL</i>							
37.	Pedro Miguel Silva	94	Colegio Monte Maior	<b>2:36.44</b>	36.36	40.09	40.88	39.11
38.	Mauro Filipe Viegas	95	Natacao de Olhao	<b>2:36.56</b>	35.15	40.88	40.69	39.84
39.	Andre Temtem Figueira	91	Naval do Funchal	<b>2:36.77</b>	34.72	41.11	40.21	40.73
	<i>FTL</i>							
40.	Pedro Alexandre Bento	95	Alges	<b>2:37.78</b>	35.61	39.58	41.00	41.59
41.	Rui Pedro Horta	94	Lisnave	<b>2:38.12</b>	36.19	40.33	41.59	40.01
42.	Pedro Barros Mendes	94	Academica de Coimbra	<b>2:38.56</b>	35.87	40.11	41.66	40.92
43.	Pedro Afonso Centeno	95	Colegio Vasco da Gama	<b>2:39.16</b>	35.11	39.86	41.09	43.10
44.	Ruben Filipe Nunes	94	Gespacos	<b>2:40.06</b>	36.01	40.44	41.47	42.14
45.	Ricardo Filipe Ferreira	95	Pimpoes/Cimai	<b>2:40.09</b>	35.55	42.36	41.68	40.50
46.	Antonio Sampaio Rebolo	94	Belenenses	<b>2:40.45</b>	37.04	41.63	39.71	42.07
47.	Diogo Manuel Domingues	94	Bairro dos Anjos	<b>2:41.14</b>	36.29	40.25	42.05	42.55
48.	Vitor Diogo Moura	90	Nacional	<b>2:41.15</b>	32.89	39.89	43.05	45.32
	<i>FTL</i>							
49.	Miguel Angelo Cruz	95	GesLoures	<b>2:41.20</b>	36.12	41.15	41.77	42.16



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50.	Joao Filipe Oliveira FTL	92 Braga	<b>2:41.28</b>	35.46	41.34	43.01	41.47
51.	Frederico Renato Sousa	95 Gespacos	<b>2:41.96</b>	37.20	41.19	41.48	42.09
52.	Andre Machado Vale	95 Viana Natacao	<b>2:42.28</b>	36.27	41.46	42.56	41.99
53.	Pedro Miguel Maganinho FTL	92 Braga	<b>2:43.14</b>	36.32	40.23	42.70	43.89
54.	Goncalo Pereira Sa	95 Feirense	<b>2:43.39</b>	35.34	41.38	43.52	43.15
55.	Joao Valentim Compoete	95 Amadora	<b>2:43.54</b>	36.31	40.51	43.03	43.69
56.	Nuno Cunha Caetano FTL	93 Aminata	<b>2:43.58</b>	35.63	39.66	42.97	45.32
57.	Ruben Paiva Carvalho	94 Academica de Coimbra	<b>2:43.88</b>	36.65	41.36	42.27	43.60
58.	Pedro Miguel Ribeiro	95 Associacao de Gouveia	<b>2:44.15</b>	36.58	41.77	43.41	42.39
59.	Tiago Sobral Coelho	95 Ginasio de Santo Tirso	<b>2:44.78</b>	36.61	41.06	43.34	43.77
60.	Manuel Henrique Alves	95 Desportiva de Viana	<b>2:45.11</b>	37.54	43.00	43.08	41.49
61.	Mauro Gaspar Ferreira	95 Desporto de Barcelos	<b>2:45.20</b>	37.12	41.72	43.50	42.86
62.	Andre Goncalo Gomes	95 Nacional	<b>2:46.79</b>	37.57	42.38	44.52	42.32
63.	Duarte Rosa Cameirao FTL	94 Rio Maior	<b>2:46.90</b>	38.44	41.35	43.30	43.81
64.	Carlos Cunha Costa	95 Fafe	<b>2:47.35</b>	37.54	42.30	43.63	43.88
65.	Luis Miguel Lopes	95 Foca	<b>2:47.40</b>	37.28	42.55	43.70	43.87
66.	Miguel Rego Borges	95 Bombeiros Ponta Delgada	<b>2:48.00</b>	37.55	42.19	44.41	43.85
67.	Jose Luis Morais FTL	94 Beja	<b>2:53.25</b>	38.12	43.33	46.02	45.78
68.	Hugo Ricardo Gambutas FTL	95 Estremoz	<b>3:07.73</b>	40.69	48.54	50.13	48.37
DSQ	Pedro Miguel Agostinho	92 Sporting					
	<i>310 - Duas pernadas golfinho após viragem aos 100 m</i>						

Seniores

1.	Henrique Pereira Neiva	84 Vilacondense	<b>2:24.39</b> A	32.58	37.00	37.75	37.06
2.	Andre Miguel Silva	91 Palmela	<b>2:25.89</b> A	32.95	37.80	37.45	37.69
3.	Pedro Miguel Pinotes	89 Sporting	<b>2:26.24</b> A	33.35	37.30	38.17	37.42
4.	Rui Filipe Vilar	91 Porto/Dolce Vita	<b>2:26.51</b> A	33.00	37.16	37.33	39.02
5.	Hugo Cascais Rodrigues	89 Porto/Dolce Vita	<b>2:27.65</b> A	33.26	37.33	38.49	38.57
6.	Nuno Rafael Alves	90 Gespacos	<b>2:27.71</b> B	33.52	37.54	38.32	38.33
7.	Luis Nobre Neto	90 Natacao da Maia	<b>2:28.08</b> B	32.80	37.74	38.53	39.01
8.	Miguel Silva Oliveira	91 Nautico/Matobra	<b>2:28.36</b> B	33.39	37.13	38.60	39.24
9.	Miguel Aragao Santos	91 Vilacondense	<b>2:28.57</b> B	33.41	37.49	38.72	38.95
10.	Pedro Miguel Varela	86 Naval Setubalense	<b>2:28.94</b> B	33.42	38.09	37.77	39.66
11.	Marcelo Goncalo Pereira	90 Vilacondense	<b>2:29.34</b> B	33.02	38.08	38.09	40.15
12.	Andre Bras Goncalves	88 Amadora	<b>2:29.37</b> R	33.28	38.01	38.81	39.27
13.	Ricardo Amorim Rego	84 Braga	<b>2:29.74</b>	33.65	37.50	38.94	39.65
14.	Manuel Matos Sequeira	87 GesLoures	<b>2:29.84</b>	34.36	38.41	39.53	37.54
15.	Hugo Miguel Nunes	90 Nautico/Matobra	<b>2:32.92</b>	34.55	38.89	39.58	39.90
16.	Sergio Baptista Silva FTL	91 Porto/Dolce Vita	<b>2:33.11</b>	33.73	37.97	39.54	41.87
17.	Diego Felipe Santos FTL	87 Nacional	<b>2:34.96</b>	35.24	39.91	38.99	40.82
18.	Helder Alexandre Godinho FTL	86 Bairro dos Anjos	<b>2:35.21</b>	33.70	38.85	40.51	42.15

Campeonato Nacional Juvenis e Absolutos de Portugal-OPEN  
Coimbra, 29.7. - 1.8.2010

Event 30, Men, 200m Breaststroke, Prelim, Seniores

Rank	YB		Time	50m	100m	150m	200m	
19.	Joao Albano Viola	89	Nautico/Matobra	<b>2:35.47</b>	32.58	38.78	41.34	42.77
	FTL							
20.	Andre Temtem Figueira	91	Naval do Funchal	<b>2:36.77</b>	34.72	41.11	40.21	40.73
	FTL							
21.	Vitor Diogo Moura	90	Nacional	<b>2:41.15</b>	32.89	39.89	43.05	45.32
	FTL							

Juniores2

1.	G. Meneses	92	Columbofila/Cantanhedense	<b>2:30.68</b>	32.94	38.01	39.18	40.55
2.	Diogo Filipe Matos	92	Sporting	<b>2:30.84</b>	32.48	37.84	40.01	40.51
3.	Mario Martins Costa	92	Alges	<b>2:34.10</b>	34.47	40.01	41.23	38.39
	FTL							
4.	Duarte Barros Pires	92	Desportiva Limiana	<b>2:35.70</b>	35.01	38.87	40.67	41.15
	FTL							
5.	Ricardo Ribeiro Silva	92	Vilacondense	<b>2:36.07</b>	33.80	39.79	40.82	41.66
	FTL							
6.	Joao Filipe Oliveira	92	Braga	<b>2:41.28</b>	35.46	41.34	43.01	41.47
	FTL							
7.	Pedro Miguel Maganinho	92	Braga	<b>2:43.14</b>	36.32	40.23	42.70	43.89
	FTL							
DSQ	Pedro Miguel Agostinho	92	Sporting					
	310 - Duas pernadas golfinho após viragem aos 100 m							

Juniores1

1.	Joao Claudio Sousa	93	Gespacos	<b>2:29.66</b> R	34.06	37.88	38.75	38.97
2.	Tiago Samuel Silva	93	Porto/Dolce Vita	<b>2:30.42</b>	34.31	38.43	38.57	39.11
3.	Nuno Cunha Caetano	93	Aminata	<b>2:43.58</b>	35.63	39.66	42.97	45.32
	FTL							