

Campeonato Nacional Juvenis e Absolutos de Portugal-OPEN
Coimbra, 29.7. - 1.8.2010

Event 26 Women, 4 x 100m Freestyle Open Results
30-07-2010 - 18:35

Rec Nac Open	3:52.66	Futebol Clube do Porto/Dolce Vita	FCP	Coimbra	10-04-2010
Rec Nac Inf B	4:23.37	tempo limite			
Rec Nac Inf A	4:17.71	Clube Nautico Academico de Coimbra	GNAC	Porto	25-07-2010
Rec Nac Juv	4:12.11	Futebol Clube do Porto	FCP	Coimbra	22-07-2005
Rec Nac Jun	4:02.54	Sporting Clube de Portugal	SCP	Coimbra	10-04-2010
Rec Nac Sen	3:52.66	Futebol Clube do Porto/Dolce Vita	FCP	Coimbra	10-04-2010

TAC SENJUN2 Fem 16 +: 4:14.00 / TAC JUV Fem Juv: 4:35.00

Points: FINA 2010

Rank	Clube	Tempo Final	RT	Pts FINA	Pts
1.	Porto/Dolce Vital-ABS-FEM <i>Rec Nacional</i>	Porto/Dolce Vita 3:52.07	+0.71	759	
	Sara Freitas Oliveira +0.71 27.42 57.03	Joana Aguiar Rodrigues +0.48 28.55	59.73		
	Alexandra Paiva Oliveira +0.26 28.03 58.47	Marta Vieira Marinho +0.33 27.19	56.84		
2.	Sporting-ABS-FEM <i>Rec Nacional</i>	Sporting 4:00.84	+0.80	679	
	Maria Carolina Rosa +0.80 28.38 59.58	Raquel Paulo Ranito +0.32 29.07	1:01.76		
	Filipa Vilas Tiago +0.26 28.02 1:00.16	Mafalda Gomes Beleza +0.26 28.79	59.34		
3.	Vilacondense-ABS-FEM	Vilacondense 4:00.89	+0.79	678	
	Diana Ramos Rocha +0.79 28.91 59.37	Claudia Sofia Monteiro +0.42 28.17	59.71		
	Ana Catarina Monteiro +0.17 29.39 1:01.08	Ana Filipa Gomes +0.33 28.67	1:00.73		
4.	Bairro dos Anjos-ABS-FEM	Bairro dos Anjos 4:02.14	+1.02	668	
	Mariana Mota Dias +1.02 29.26 1:01.48	Adriana Filipa Lisboa +0.44 29.01	1:00.87		
	Andreia Filipa Anjos +0.39 28.94 1:01.02	Sara Francisco Cruz +0.46 28.46	58.77		
5.	Vitoria de Guimaraes-ABS-FEM	Vitoria de Guimaraes 4:04.05	+0.83	652	
	Andreia Catarina Gomes +0.83 29.12 59.80	Ana Catarina Sousa +0.33 29.98	1:03.43		
	Amelia Pereira Fernandes +0.37 28.97 1:00.53	Joana Filipa Santos +0.39 28.94	1:00.29		
6.	Nautico/Matobra-ABS-FEM	Nautico/Matobra 4:04.69	+0.90	647	
	Gabriela Oliveira Andrade +0.90 29.72 1:01.99	Carolina Cunha Martins +0.49 29.36	1:01.09		
	Maria Ines Ribeiro +0.37 29.06 1:00.32	Adriana Correia Lopes +0.43 29.27	1:01.29		
7.	Amadora-ABS-FEM	Amadora 4:05.33	+0.78	642	
	Lisa Marisa Soares +0.78 29.08 1:00.87	Marta Filipa Conceicao +0.37 29.02	1:02.77		
	Diana Duarte Gomes +0.36 28.74 1:01.25	Filipa Ferreira Silva +0.25 29.00	1:00.44		
8.	Famalicao-ABS-FEM	Famalicao 4:08.27	+0.81	620	
	Ana Ribeiro Ferreira +0.81 29.17 1:00.05	Filipa Maria Rompante +0.62 31.69	1:05.10		
	Mariana Dias Almeida +0.50 29.80 1:01.33	Catarina Isabel Marques +0.41 29.43	1:01.79		
9.	Benfica-ABS-FEM	Benfica 4:09.23	+0.70	613	
	Sofia Oliveira Pinto +0.70 30.47 1:03.94	Vera Patricia Pinto +0.18 29.46	1:02.33		
	Rita Fernandes Leitao 0.00 29.71 1:03.30	Joana Filipa Capela +0.12 28.77	59.66		
10.	Uniao Piedense-ABS-FEM	Uniao Piedense 4:09.70	+0.82	609	
	Ana Marta Miranda +0.82 29.70 1:02.55	Catarina Tiago Nunes +0.29 29.11	1:01.72		
	Ana Raquel Miranda +0.37 29.76 1:03.22	Marta Alexandra Saraiva +0.12 29.77	1:02.21		
11.	Ginasio de Vila Real-ABS-FEM	Ginasio de Vila Real 4:09.77	+0.88	609	
	Joana Patricia Pinto +0.88 28.94 1:00.37	Ana Carolina Guedes +0.27 30.95	1:06.05		
	Ana Sofia Nobrega +0.17 29.37 1:02.85	Ana Sofia Leite +0.43 28.39	1:00.50		
12.	Naval do Funchal-ABS-FEM	Naval do Funchal 4:10.43	+0.77	604	
	Luisa Costa Henriques +0.77 30.45 1:02.07	Carlota Freitas Olim +0.41 30.42	1:02.93		
	Susana Clara Gomes +0.40 28.79 1:01.33	Maria Joao Figueiredo +0.61 30.90	1:04.10		

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13.	Alges-ABS-FEM		Alges		4:11.82	+0.84	594	
	Raquel Maurile Taveira	+0.84	28.78	1:00.59	Beatriz Alexandra Sousa	+0.08	31.26	1:06.45
	Ines Alexandra Paiva	+0.38	29.44	1:02.15	Mafalda Jotta Garcia	+0.31	29.72	1:02.63
14.	Colegio Vasco da Gama-ABS-FEM		Colegio Vasco da Gama		4:16.13	+0.85	564	
	Ana Filipa Carmo	+0.85	30.71	1:04.35	Maria Ines Pereira	+0.29	30.28	1:04.62
	Joana Fonseca Seabra	+0.29	30.14	1:02.62	Rita Silva Fernandes	+0.35	31.13	1:04.54
15.	Gespacos-ABS-FEM		Gespacos		4:16.82	+0.78	560	
	Diana Patricia Ferreira	+0.78	28.75	59.87	Claudia Susana Teixeira	+0.31	31.69	1:06.89
	Patricia Cristina Fernandes	+0.28	31.75	1:07.03	Ana Rita Cunha	+0.29	30.59	1:03.03
16.	Gesloures-ABS-FEM		GesLoures		4:18.09	+0.85	552	
	Paula Cristina Yang	+0.85	30.53	1:03.29	Jessica Goncalves Sequeira	+0.54	31.48	1:06.74
	Catarina Brito Luz	+0.29	31.17	1:05.40	Tatiana Ladeiro Santos	+0.14	29.52	1:02.66