

Campeonato Nacional Juvenis e Absolutos de Portugal-OPEN  
Coimbra, 29.7. - 1.8.2010

Event 14 Women, 4 x 200m Freestyle Open Results  
29-07-2010

Rec Nac Open	8:27.20	Futebol Clube do Porto/Imperio Bona	FCB	Faro	18-07-2009
Rec Nac Inf B	9:28.03	Grupo Desportivo Natacao V. N. Faro	GDVNF	Porto	23-07-2010
Rec Nac Inf A	9:17.96	Clube Nautico Academico de Coimbra	CNAC	Porto	23-07-2010
Rec Nac Juv	9:07.99	Sporting Clube de Braga	SCB	Famalicao	14-07-2001
Rec Nac Jun	8:39.85	Sporting Clube de Portugal	SCP	Coimbra	09-04-2010
Rec Nac Sen	8:32.72	Futebol Clube do Porto/Imperio Bona	FCB	Lisboa	27-03-2009

TAC SEN/JUN2 Fem 16 +: 9:10.00 / TAC JUV Fem Juv: 9:55.00

Points: FINA 2010

Rank	Clube	Tempo Final	RT	Pts FINA	Pts	
Open						
1.	Porto/Dolce Vital-ABS-FEM <i>Rec Nacional</i>	Porto/Dolce Vita	<b>8:27.41</b>	+0.74	755	
	Marta Vieira Marinho	91 +0.74 29.80	31.95	32.07	31.36	2:05.18
	Alexandra Paiva Oliveira	91 +0.27 29.05	31.84	32.93	33.47	2:07.29
	Sara Freitas Oliveira	85 +0.34 29.06	32.28	32.89	33.10	2:07.33
	Joana Aguiar Rodrigues	93 +0.50 29.08	32.21	33.49	32.83	2:07.61
2.	Vilacondense-ABS-FEM	Vilacondense	<b>8:45.97</b>	+0.76	678	
	Ana Catarina Monteiro	93 +0.76 30.63	33.15	33.71	33.52	2:11.01
	Diana Ramos Rocha	94 +0.23 29.48	32.38	33.88	33.88	2:09.62
	Claudia Sofia Monteiro	92 +0.46 29.51	34.11	35.12	34.20	2:12.94
	Cassandra Pedro Oliveira	95 +0.50 30.53	33.40	34.25	34.22	2:12.40
3.	Nautico/Matobra-ABS-FEM	Nautico/Matobra	<b>8:46.55</b>	+0.98	675	
	Maria Miguel Veloso	93 +0.98 31.32	32.86	33.46	32.54	2:10.18
	Carolina Cunha Martins	95 +0.41 30.12	34.29	35.05	34.27	2:13.73
	Maria Ines Ribeiro	92 +0.19 29.74	32.95	34.06	33.56	2:10.31
	Adriana Correia Lopes	95 +0.32 30.27	34.12	34.43	33.51	2:12.33
4.	Vitoria de Guimaraes-ABS-FEM	Vitoria de Guimaraes	<b>8:47.10</b>	+1.00	673	
	Andreia Catarina Gomes	94 +1.00 30.31	32.42	33.01	32.62	2:08.36
	Joana Filipa Santos	93 +0.33 30.36	33.11	34.58	34.73	2:12.78
	Ana Catarina Sousa	96 +0.08 30.78	34.48	35.60	35.03	2:15.89
	Amelia Pereira Fernandes	89 +0.60 29.97	32.79	34.18	33.13	2:10.07
5.	Bairro dos Anjos-ABS-FEM	Bairro dos Anjos	<b>8:48.59</b>	+0.88	668	
	Adriana Filipa Lisboa	92 +0.88 31.44	34.69	34.33	34.16	2:14.62
	Mariana Mota Dias	92 +0.14 30.16	33.37	33.93	34.40	2:11.86
	Mara Lisboa e Silva	93 +0.36 30.78	33.84	34.17	33.04	2:11.83
	Sara Francisco Cruz	93 +0.21 30.20	33.60	33.46	33.02	2:10.28
6.	Sporting-ABS-FEM	Sporting	<b>8:52.03</b>	+0.74	655	
	Mafalda Gomes Beleza	94 +0.74 30.89	34.81	35.14	34.18	2:15.02
	Maria Carolina Rosa	94 +0.25 29.84	33.00	33.85	33.43	2:10.12
	Leonor Mourinho Neves	95 +0.29 30.07	34.03	34.81	34.28	2:13.19
	Patricia Garcia Marinho	94 +0.36 30.67	34.08	34.26	34.69	2:13.70
7.	Famalicao-ABS-FEM	Famalicao	<b>8:56.61</b>	+0.87	638	
	Ana Ribeiro Ferreira	92 +0.87 29.70	31.80	32.82	32.55	2:06.87
	Catarina Isabel Marques	94 +0.53 30.25	34.12	35.44	34.81	2:14.62
	Filipa Maria Rompante	95 +0.52 31.48	34.17	35.36	34.53	2:15.54
	Francisca Silva Carmo	94 +0.67 31.72	35.22	36.60	36.04	2:19.58
8.	Uniao Piedense-ABS-FEM	Uniao Piedense	<b>9:03.07</b>	+0.88	616	
	Ana Marta Miranda	96 +0.88 30.28	33.42	34.85	34.53	2:13.08
	Ana Raquel Miranda	94 +0.38 31.14	35.34	37.06	36.14	2:19.68
	Catarina Tiago Nunes	95 +0.38 30.89	34.05	35.63	35.71	2:16.28
	Marta Alexandra Saraiva	93 +0.20 30.92	33.84	34.85	34.42	2:14.03

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9.	<b>GesLoures-ABS-FEM</b> GesLoures	<b>9:03.62</b>	<b>+0.85</b>	<b>614</b>	
	Paula Cristina Yang	95 +0.85 31.33 33.59 35.61 35.91		2:16.44	
	Marta Sofia Martins	95 +0.65 33.53 35.90 37.07 35.84		2:22.34	
	Tatiana Ladeiro Santos	92 +0.38 31.00 34.56 36.52 35.08		2:17.16	
	Nadia Morais Vieira	90 +0.49 29.38 32.19 33.63 32.48		2:07.68	
10.	<b>Alcobaca-ABS-FEM</b> Alcobaca	<b>9:11.94</b>	<b>+1.08</b>	<b>586</b>	
	Mariana Jesus Costa	96 +1.08 30.59 34.76 36.21 34.69		2:16.25	
	Ana Sofia Costa	95 +0.54 31.86 34.97 36.95 36.22		2:20.00	
	Carla Rosario Palma	96 +0.24 31.06 35.64 35.49 35.08		2:17.27	
	Sara Cristiana Valente	96 +0.06 30.93 34.93 36.85 35.71		2:18.42	
11.	<b>Naval do Funchal-ABS-FEM</b> Naval do Funchal	<b>9:18.19</b>	<b>+0.78</b>	<b>567</b>	
	Luisa Costa Henriques	93 +0.78 31.27 34.46 34.67 33.91		2:14.31	
	Maria Joao Figueiredo	94 +0.57 31.64 34.69 36.18 36.43		2:18.94	
	Ana Afonso Mendonca	94 +0.08 31.94 36.29 36.55 35.66		2:20.44	
	Barbara Goncalves Faria	95 +0.07 31.30 36.53 38.48 38.19		2:24.50	