

Campeonato Nacional de Infantis
Porto, 23. - 25.7.2010

Prova 20
25-07-2010 - 10:40

Femin., 400m Livres

Infantis
Resultados

Rec Nac Open	4:19.89	Ana Feio Alegria	FPN	Barcelona (ESP)	30-05-1996
Rec Nac Inf B	4:43.70	tempo limite			
Rec Nac Inf A	4:31.53	tempo limite			

TAC Fem Inf A: 5:09.00; Inf B: 5:23.00

Pontos: FINA 2010

Lugar	Nome	Ano	Licença	Clube	Tp final	TReac	Pts
Infantis B							
1.	Beatriz Rodrigues Conde	98	110543	Sporting	4:45.72	+0.99	586
	50m: 32.20 32.20	150m: 1:44.20 36.17	250m: 2:57.32 36.44	350m: 4:10.62 36.41			
	100m: 1:08.03 35.83	200m: 2:20.88 36.68	300m: 3:34.21 36.89	400m: 4:45.72 35.10			
2.	Mariana Cunha Guerra	98	102764	Columbifila Cantanhedense	4:46.19	+0.97	583
	50m: 32.20 32.20	150m: 1:43.43 36.02	250m: 2:57.14 36.53	350m: 4:10.91 36.18			
	100m: 1:07.41 35.21	200m: 2:20.61 37.18	300m: 3:34.73 37.59	400m: 4:46.19 35.28			
3.	Ana Silva Costa	98	104446	Famalicao	4:50.60	+1.94	557
	50m: 32.29 32.29	150m: 1:44.73 36.53	250m: 2:59.87 37.28	350m: 4:14.34 36.93			
	100m: 1:08.20 35.91	200m: 2:22.59 37.86	300m: 3:37.41 37.54	400m: 4:50.60 36.26			
4.	Ana Raquel Ferreira	98	102755	Ginasio Figueirense	4:58.22	+1.07	515
	50m: 32.87 32.87	150m: 1:47.66 38.27	250m: 3:04.62 38.69	350m: 4:21.63 38.54			
	100m: 1:09.39 36.52	200m: 2:25.93 38.27	300m: 3:43.09 38.47	400m: 4:58.22 36.59			
5.	Maria Carolina Ribeiro	98	106805	Porto/Dolce Vita	5:04.43		484
	50m: 32.89 32.89	150m: 1:50.35 39.22	250m: 3:09.28 39.25	350m: 4:27.90 39.14			
	100m: 1:11.13 38.24	200m: 2:30.03 39.68	300m: 3:48.76 39.48	400m: 5:04.43 36.53			
6.	Catarina Martins Ribeiro	98	107339	Nautico da Marinha Grande	5:05.20	+1.10	481
	50m: 33.61 33.61	150m: 1:51.77 39.61	250m: 3:09.85 39.20	350m: 4:27.62 38.59			
	100m: 1:12.16 38.55	200m: 2:30.65 38.88	300m: 3:49.03 39.18	400m: 5:05.20 37.58			
7.	Joana Cunha Sousa	98	103054	Foca	5:06.70	+0.96	474
	50m: 34.74 34.74	150m: 1:52.47 39.17	250m: 3:11.05 39.19	350m: 4:29.36 38.84			
	100m: 1:13.30 38.56	200m: 2:31.86 39.39	300m: 3:50.52 39.47	400m: 5:06.70 37.34			
8.	Carla Luisa Alves	98	117522	Famalicao	5:06.88	+1.06	473
	50m: 34.06 34.06	150m: 1:52.92 40.34	250m: 3:12.89 39.91	350m: 4:31.81 39.40			
	100m: 1:12.58 38.52	200m: 2:32.98 40.06	300m: 3:52.41 39.52	400m: 5:06.88 35.07			
9.	Sofia Machado Dionisio	98	111263	Sporting	5:07.40	+1.09	470
	50m: 34.16 34.16	150m: 1:52.08 39.73	250m: 3:10.85 39.48	350m: 4:30.34 39.37			
	100m: 1:12.35 38.19	200m: 2:31.37 39.29	300m: 3:50.97 40.12	400m: 5:07.40 37.06			
10.	Carolina Mantua Guedes	98	110539	Sporting	5:08.57	+0.96	465
	50m: 34.46 34.46	150m: 1:52.07 38.58	250m: 3:11.59 39.21	350m: 4:30.52 38.79			
	100m: 1:13.49 39.03	200m: 2:32.38 40.31	300m: 3:51.73 40.14	400m: 5:08.57 38.05			
11.	Catarina Goncalves Leal	98	107296	Academico de Leiria	5:08.82	+1.09	464
	50m: 35.46 35.46	150m: 1:54.14 39.90	250m: 3:13.71 39.43	350m: 4:31.84 38.44			
	100m: 1:14.24 38.78	200m: 2:34.28 40.14	300m: 3:53.40 39.69	400m: 5:08.82 36.98			
12.	Sofia Alexandra Branco	98	116596	Sporting	5:09.85	+1.07	459
	50m: 34.53 34.53	150m: 1:52.91 39.47	250m: 3:12.33 39.41	350m: 4:32.43 39.84			
	100m: 1:13.44 38.91	200m: 2:32.92 40.01	300m: 3:52.59 40.26	400m: 5:09.85 37.42			
13.	Rita Verissimo Damasceno	98	105071	Nautico/Matobra	5:09.98	+1.13	459
	50m: 34.62 34.62	150m: 1:53.31 39.68	250m: 3:13.38 39.99	350m: 4:32.46 39.26			
	100m: 1:13.63 39.01	200m: 2:33.39 40.08	300m: 3:53.20 39.82	400m: 5:09.98 37.52			
14.	Maria Carolina Correia	98	105571	Lousanense	5:09.99	+1.03	459
	50m: 34.77 34.77	150m: 1:53.95 40.07	250m: 3:13.73 39.79	350m: 4:32.81 39.12			
	100m: 1:13.88 39.11	200m: 2:33.94 39.99	300m: 3:53.69 39.96	400m: 5:09.99 37.18			
15.	Mariana Portugal Costa	98	106871	Nautico/Matobra	5:10.87	+0.98	455
	50m: 33.41 33.41	150m: 1:50.81 39.67	250m: 3:11.76 40.02	350m: 4:32.66 40.41			
	100m: 1:11.14 37.73	200m: 2:31.74 40.93	300m: 3:52.25 40.49	400m: 5:10.87 38.21			

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Prova 20, Femin., 400m Livres, Infantis B

Lugar	Nome	Ano	Licença	Clube	Tp final	TReac	Pts
16.	Ines Filipa Cruz	98	107685	Uniao Piedense	5:12.10	+1.08	449
	50m: 34.91 34.91	150m: 1:53.84 40.21	250m: 3:13.99 40.03	350m: 4:34.22 39.71			
	100m: 1:13.63 38.72	200m: 2:33.96 40.12	300m: 3:54.51 40.52	400m: 5:12.10 37.88			
17.	Beatriz Moreira Albuquerque	98	106258	Alges	5:12.80	+0.95	446
	50m: 35.99 35.99	150m: 1:55.86 40.55	250m: 3:14.17 38.17	350m: 4:34.54 39.99			
	100m: 1:15.31 39.32	200m: 2:36.00 40.14	300m: 3:54.55 40.38	400m: 5:12.80 38.26			
18.	Leonor Figo Rocha	98	106768	Galitos	5:13.35	+0.85	444
	50m: 36.26 36.26	150m: 1:55.11 39.78	250m: 3:15.05 39.82	350m: 4:35.58 40.02			
	100m: 1:15.33 39.07	200m: 2:35.23 40.12	300m: 3:55.56 40.51	400m: 5:13.35 37.77			
19.	Vanessa Branco Machado	98	102763	Columbofila Cantanhedense	5:15.01	+1.15	437
	50m: 34.51 34.51	150m: 1:53.98 39.93	250m: 3:14.84 40.41	350m: 4:36.36 40.45			
	100m: 1:14.05 39.54	200m: 2:34.43 40.45	300m: 3:55.91 41.07	400m: 5:15.01 38.65			
20.	Ines Conceicao Ferraz	98	103245	Leixoes	5:15.56	+1.08	435
	50m: 35.42 35.42	150m: 1:54.74 40.05	250m: 3:15.88 40.34	350m: 4:36.91 40.10			
	100m: 1:14.69 39.27	200m: 2:35.54 40.80	300m: 3:56.81 40.93	400m: 5:15.56 38.65			
21.	Maria Joao Ribeiro	98	105422	Braga	5:15.70	+1.36	434
	50m: 35.67 35.67	150m: 1:56.02 40.46	250m: 3:16.84 40.49	350m: 4:37.60 40.04			
	100m: 1:15.56 39.89	200m: 2:36.35 40.33	300m: 3:57.56 40.72	400m: 5:15.70 38.10			
22.	Matilde Oliveira Andrade	98	106359	Nautico/Matobra	5:16.05		433
	50m: 35.26 35.26	150m: 1:53.87 39.20	250m: 3:14.76 40.24	350m: 4:36.29 40.58			
	100m: 1:14.67 39.41	200m: 2:34.52 40.65	300m: 3:55.71 40.95	400m: 5:16.05 39.76			
23.	Patricia Goncalves Cardoso FTL	98	107707	Porto/Dolce Vita	5:23.02		405
	50m: 34.97 34.97	150m: 1:55.68 41.21	250m: 3:18.35 41.70	350m: 4:42.47 42.04			
	100m: 1:14.47 39.50	200m: 2:36.65 40.97	300m: 4:00.43 42.08	400m: 5:23.02 40.55			

Infantis A

1.	Filipa Vilas Ruivo	97	103568	Nautico da Marinha Grande	4:40.56	+0.85	619
	50m: 31.20 31.20	150m: 1:40.80 35.49	250m: 2:53.15 36.40	350m: 4:05.55 36.15			
	100m: 1:05.31 34.11	200m: 2:16.75 35.95	300m: 3:29.40 36.25	400m: 4:40.56 35.01			
2.	Ana Filipa Martins	97	104438	Foca	4:47.09	+1.19	578
	50m: 31.97 31.97	150m: 1:43.54 36.12	250m: 2:56.75 36.50	350m: 4:10.77 36.91			
	100m: 1:07.42 35.45	200m: 2:20.25 36.71	300m: 3:33.86 37.11	400m: 4:47.09 36.32			
3.	Maria Teresa Amorim	97	20104	Porto/Dolce Vita	4:50.29	+0.92	559
	50m: 32.80 32.80	150m: 1:45.02 36.59	250m: 3:00.11 37.63	350m: 4:14.61 36.78			
	100m: 1:08.43 35.63	200m: 2:22.48 37.46	300m: 3:37.83 37.72	400m: 4:50.29 35.68			
4.	Francisca Gomes Azevedo	97	100356	Alges	4:51.01	+0.91	554
	50m: 32.03 32.03	150m: 1:44.60 36.96	250m: 2:59.35 37.08	350m: 4:14.85 37.38			
	100m: 1:07.64 35.61	200m: 2:22.27 37.67	300m: 3:37.47 38.12	400m: 4:51.01 36.16			
5.	M. Mascarenhas	97	107665	Setubalense	4:51.60	+0.88	551
	50m: 32.84 32.84	150m: 1:45.29 36.85	250m: 3:00.60 37.50	350m: 4:15.46 37.32			
	100m: 1:08.44 35.60	200m: 2:23.10 37.81	300m: 3:38.14 37.54	400m: 4:51.60 36.14			
6.	Matilde Domingues Gameiro	97	101116	Nautico/Matobra	4:54.18	+1.13	537
	50m: 33.15 33.15	150m: 1:47.03 37.03	250m: 3:01.97 37.17	350m: 4:17.11 36.97			
	100m: 1:10.00 36.85	200m: 2:24.80 37.77	300m: 3:40.14 38.17	400m: 4:54.18 37.07			
7.	Barbara Marques Rodrigues	97	107039	Alges	4:54.93	+1.04	533
	50m: 33.19 33.19	150m: 1:47.12 37.43	250m: 3:02.44 37.63	350m: 4:17.79 37.75			
	100m: 1:09.69 36.50	200m: 2:24.81 37.69	300m: 3:40.04 37.60	400m: 4:54.93 37.14			
8.	Matilde Cotrim Vasconcelos	97	102780	Naval do Funchal	4:59.92	+0.71	506
	50m: 33.55 33.55	150m: 1:49.43 38.26	250m: 3:06.92 38.49	350m: 4:24.28 38.40			
	100m: 1:11.17 37.62	200m: 2:28.43 39.00	300m: 3:45.88 38.96	400m: 4:59.92 35.64			

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Prova 20, Femin., 400m Livres, Infantis A

Lugar	Nome	Ano	Licença	Clube	Tp final	TReac	Pts
9.	Andreia Margarida Morgado	97	100542	Nautico/Matobra	5:01.57	+0.96	498
	50m: 32.83 32.83	150m: 1:47.46 37.81	250m: 3:05.63 39.00	350m: 4:24.53 39.04			
	100m: 1:09.65 36.82	200m: 2:26.63 39.17	300m: 3:45.49 39.86	400m: 5:01.57 37.04			
10.	Carolina Sanchez Rodrigues	97	100359	Alges	5:02.16	+0.93	495
	50m: 32.27 32.27	150m: 1:49.36 38.98	250m: 3:07.20 38.76	350m: 4:25.17 38.45			
	100m: 1:10.38 38.11	200m: 2:28.44 39.08	300m: 3:46.72 39.52	400m: 5:02.16 36.99			
11.	Daniela Figueiredo Metelo	97	26780	Nautico/Matobra	5:03.03	+0.79	491
	50m: 32.42 32.42	150m: 1:45.86 38.04	250m: 3:05.49 39.62	350m: 4:24.32 39.11			
	100m: 1:07.82 35.40	200m: 2:25.87 40.01	300m: 3:45.21 39.72	400m: 5:03.03 38.71			
12.	Mafalda Mendes Magalhaes	97	107706	Porto/Dolce Vita	5:03.70	+1.01	488
	50m: 33.99 33.99	150m: 1:52.20 39.68	250m: 3:09.60 38.29	350m: 4:27.21 38.39			
	100m: 1:12.52 38.53	200m: 2:31.31 39.11	300m: 3:48.82 39.22	400m: 5:03.70 36.49			
13.	Beatriz Filipa Matos	97	103939	Fundacao Beatriz Santos	5:03.97	+0.95	486
	50m: 33.34 33.34	150m: 1:48.29 38.21	250m: 3:07.53 39.58	350m: 4:26.51 39.47			
	100m: 1:10.08 36.74	200m: 2:27.95 39.66	300m: 3:47.04 39.51	400m: 5:03.97 37.46			
14.	Maria Joao Fernandes	97	102092	Porto/Dolce Vita	5:04.14		486
	50m: 34.50 34.50	150m: 1:52.64 39.37	250m: 3:09.70 37.57	350m: 4:26.81 37.55			
	100m: 1:13.27 38.77	200m: 2:32.13 39.49	300m: 3:49.26 39.56	400m: 5:04.14 37.33			
15.	Iolanda Ribeiro Pinheiro	97	20530	Penafiel	5:04.18	+0.94	485
	50m: 34.09 34.09	150m: 1:50.87 38.97	250m: 3:09.91 39.59	350m: 4:28.04 38.68			
	100m: 1:11.90 37.81	200m: 2:30.32 39.45	300m: 3:49.36 39.45	400m: 5:04.18 36.14			
16.	Beatriz Oliveira Luis	97	106165	Pimpoes/Cimai	5:04.24	+1.08	485
	50m: 34.12 34.12	150m: 1:50.56 38.32	250m: 3:08.50 39.61	350m: 4:26.65 39.15			
	100m: 1:12.24 38.12	200m: 2:28.89 38.33	300m: 3:47.50 39.00	400m: 5:04.24 37.59			
17.	Rute Santos Ferreira	97	103823	Porto/Dolce Vita	5:05.40	+1.07	480
	50m: 33.61 33.61	150m: 1:49.75 38.66	250m: 3:08.45 39.34	350m: 4:27.65 39.70			
	100m: 1:11.09 37.48	200m: 2:29.11 39.36	300m: 3:47.95 39.50	400m: 5:05.40 37.75			
18.	Sara Faria Costa	97	107451	Braga	5:06.07	+1.02	477
	50m: 32.75 32.75	150m: 1:49.48 39.01	250m: 3:08.93 39.63	350m: 4:27.98 39.08			
	100m: 1:10.47 37.72	200m: 2:29.30 39.82	300m: 3:48.90 39.97	400m: 5:06.07 38.09			
19.	Ines Silva Mendes	97	107143	Nautico/Matobra	5:06.41	+1.07	475
	50m: 33.92 33.92	150m: 1:50.43 39.13	250m: 3:09.56 39.68	350m: 4:28.50 39.19			
	100m: 1:11.30 37.38	200m: 2:29.88 39.45	300m: 3:49.31 39.75	400m: 5:06.41 37.91			
20.	Rita Teixeira Costa	97	109314	Belenenses	5:06.63		474
	50m: 33.03 33.03	150m: 1:49.57 39.32	250m: 3:10.55 40.56	350m: 4:30.48 39.65			
	100m: 1:10.25 37.22	200m: 2:29.99 40.42	300m: 3:50.83 40.28	400m: 5:06.63 36.15			
21.	Ines Sofia Borba	97	108557	Litoral Alentejano	5:07.11	+0.80	472
	50m: 34.29 34.29	150m: 1:49.65 38.47	250m: 3:08.25 39.23	350m: 4:28.29 39.92			
	100m: 1:11.18 36.89	200m: 2:29.02 39.37	300m: 3:48.37 40.12	400m: 5:07.11 38.82			
22.	Joana Catarina Ribeiro	97	104237	Alges	5:07.13	+0.89	472
	50m: 33.93 33.93	150m: 1:51.26 39.23	250m: 3:10.69 39.08	350m: 4:29.31 39.19			
	100m: 1:12.03 38.10	200m: 2:31.61 40.35	300m: 3:50.12 39.43	400m: 5:07.13 37.82			
23.	Sofia Isabel Tavares	97	101992	Porto/Dolce Vita	5:08.61	+0.85	465
	50m: 34.28 34.28	150m: 1:51.32 39.21	250m: 3:10.63 39.63	350m: 4:30.58 39.63			
	100m: 1:12.11 37.83	200m: 2:31.00 39.68	300m: 3:50.95 40.32	400m: 5:08.61 38.03			
24.	Ana Sofia Ramos FTL	97	102593	Fafe	5:09.63	+1.03	460
	50m: 34.09 34.09	150m: 1:51.31 38.80	250m: 3:11.76 39.97	350m: 4:31.36 38.95			
	100m: 1:12.51 38.42	200m: 2:31.79 40.48	300m: 3:52.41 40.65	400m: 5:09.63 38.27			
25.	Iris Castro Ferreira FTL	97	102086	Porto/Dolce Vita	5:11.32		453
	50m: 34.42 34.42	150m: 1:52.68 39.38	250m: 3:12.48 39.71	350m: 4:32.48 39.84			
	100m: 1:13.30 38.88	200m: 2:32.77 40.09	300m: 3:52.64 40.16	400m: 5:11.32 38.84			

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Prova 20, Femin., 400m Livres, Infantis A

Lugar	Nome	Ano	Licença	Clube	Tp final	TReac	Pts
26.	Luana Raquel Alves	97	110022	Desportiva de Viana	5:12.16	+1.09	449
	<i>FTL</i>						
	50m: 34.00 34.00	150m: 1:51.60 39.26	250m: 3:12.16 40.29	350m: 4:33.84 40.66			
	100m: 1:12.34 38.34	200m: 2:31.87 40.27	300m: 3:53.18 41.02	400m: 5:12.16 38.32			
27.	Marina Nicolina Teodosio	97	106174	Academico de Leiria	5:18.05	+1.07	425
	<i>FTL</i>						
	50m: 34.54 34.54	150m: 1:52.14 39.47	250m: 3:14.23 40.76	350m: 4:37.10 41.11			
	100m: 1:12.67 38.13	200m: 2:33.47 41.33	300m: 3:55.99 41.76	400m: 5:18.05 40.95			