

Campeonato Nacional de Infantis
Porto, 23. - 25.7.2010

Prova 1
23-07-2010 - 15:30

Femin., 400m Estilos

Infantis
Resultados

Rec Nac Open	4:50.58	Nadia Morais Vieira	GESL	Coimbra	10-04-2010
Rec Nac Inf B	5:14.05	Filipa Vilas Ruivo	DNMG	S. João da Madeira	24-07-2009
Rec Nac Inf A	5:11.29	Diana Ramos Rocha	EDV	Faro	20-07-2007

TAC Fem Inf A: 5:55.20; Inf B: 6:12.00

Pontos: FINA 2010

Lugar	Nome	Ano	Licença	Clube	Tp final	TReac	Pts
Infantis A							
1.	Filipa Vilas Ruivo	97	103568	Nautico da Marinha Grande	5:14.08	+0.74	631
	50m: 33.86 33.86		150m: 1:54.45 42.19	250m: 3:20.23 45.09	350m: 4:39.48 35.89		
	100m: 1:12.26 38.40		200m: 2:35.14 40.69	300m: 4:03.59 43.36	400m: 5:14.08 34.60		
2.	Sara Monteiro Meireles	97	103921	Gespacos	5:22.57	+1.02	582
	50m: 33.51 33.51		150m: 1:55.85 44.78	250m: 3:24.33 45.23	350m: 4:45.91 38.55		
	100m: 1:11.07 37.56		200m: 2:39.10 43.25	300m: 4:07.36 43.03	400m: 5:22.57 36.66		
3.	Maria Teresa Amorim	97	20104	Porto/Dolce Vita	5:24.26	+0.92	573
	50m: 34.02 34.02		150m: 1:57.32 43.07	250m: 3:25.40 46.49	350m: 4:49.22 37.15		
	100m: 1:14.25 40.23		200m: 2:38.91 41.59	300m: 4:12.07 46.67	400m: 5:24.26 35.04		
4.	Daniela Figueiredo Metelo	97	26780	Nautico/Matobra	5:29.99	+1.03	544
	50m: 34.09 34.09		150m: 2:00.01 46.26	250m: 3:30.46 47.81	350m: 4:55.87 36.60		
	100m: 1:13.75 39.66		200m: 2:42.65 42.64	300m: 4:19.27 48.81	400m: 5:29.99 34.12		
5.	Bruna Elisabete Paulino	97	102345	Alcobaca	5:30.13	+0.87	543
	50m: 34.12 34.12		150m: 1:54.55 41.28	250m: 3:25.28 51.19	350m: 4:54.88 37.66		
	100m: 1:13.27 39.15		200m: 2:34.09 39.54	300m: 4:17.22 51.94	400m: 5:30.13 35.25		
6.	Barbara Sofia Barata	97	105454	Benfica	5:31.19	+1.27	538
	50m: 34.54 34.54		150m: 1:59.05 44.06	250m: 3:28.55 45.34	350m: 4:53.93 39.19		
	100m: 1:14.99 40.45		200m: 2:43.21 44.16	300m: 4:14.74 46.19	400m: 5:31.19 37.26		
7.	Margarida Domingues Duarte	97	109035	Nautico da Marinha Grande	5:32.47	+1.05	532
	50m: 35.97 35.97		150m: 2:03.67 46.26	250m: 3:31.20 44.48	350m: 4:55.48 39.20		
	100m: 1:17.41 41.44		200m: 2:46.72 43.05	300m: 4:16.28 45.08	400m: 5:32.47 36.99		
8.	Ana Filipa Martins	97	104438	Foca	5:32.51	+1.32	532
	50m: 35.29 35.29		150m: 2:00.65 44.36	250m: 3:32.37 48.90	350m: 4:57.27 36.04		
	100m: 1:16.29 41.00		200m: 2:43.47 42.82	300m: 4:21.23 48.86	400m: 5:32.51 35.24		
9.	Beatriz Nogueira Sequeira	97	107659	Uniao Piedense	5:33.00	+0.98	529
	50m: 34.60 34.60		150m: 2:00.67 46.62	250m: 3:30.77 46.03	350m: 4:57.26 38.82		
	100m: 1:14.05 39.45		200m: 2:44.74 44.07	300m: 4:18.44 47.67	400m: 5:33.00 35.74		
10.	Rita Teixeira Costa	97	109314	Belenenses	5:35.41	+0.91	518
	50m: 36.16 36.16		150m: 2:03.73 44.95	250m: 3:33.93 47.52	350m: 4:59.61 37.31		
	100m: 1:18.78 42.62		200m: 2:46.41 42.68	300m: 4:22.30 48.37	400m: 5:35.41 35.80		
11.	Barbara Marques Rodrigues	97	107039	Alges	5:37.49	+1.05	508
	50m: 35.88 35.88		150m: 2:02.85 45.15	250m: 3:34.20 48.31	350m: 5:01.10 37.66		
	100m: 1:17.70 41.82		200m: 2:45.89 43.04	300m: 4:23.44 49.24	400m: 5:37.49 36.39		
12.	Iolanda Ribeiro Pinheiro	97	20530	Penafiel	5:38.70	+1.06	503
	50m: 34.66 34.66		150m: 1:59.78 44.26	250m: 3:33.43 51.54	350m: 5:03.75 39.04		
	100m: 1:15.52 40.86		200m: 2:41.89 42.11	300m: 4:24.71 51.28	400m: 5:38.70 34.95		
13.	Filipa Vicente Custeias	97	105780	Benedita	5:38.86	+1.38	502
	50m: 35.60 35.60		150m: 1:59.24 42.85	250m: 3:31.38 49.59	350m: 5:01.97 40.00		
	100m: 1:16.39 40.79		200m: 2:41.79 42.55	300m: 4:21.97 50.59	400m: 5:38.86 36.89		
14.	Catarina Pereira Oliveira	97	104364	Benfica	5:40.75	+0.89	494
	50m: 34.06 34.06		150m: 2:00.70 45.25	250m: 3:34.52 50.45	350m: 5:03.88 38.20		
	100m: 1:15.45 41.39		200m: 2:44.07 43.37	300m: 4:25.68 51.16	400m: 5:40.75 36.87		
15.	Sofia Isabel Tavares	97	101992	Porto/Dolce Vita	5:41.75	+0.96	490
	50m: 35.45 35.45		150m: 2:04.84 46.39	250m: 3:36.11 46.33	350m: 5:04.06 39.70		
	100m: 1:18.45 43.00		200m: 2:49.78 44.94	300m: 4:24.36 48.25	400m: 5:41.75 37.69		

Campeonato Nacional de Infantis
Porto, 23. - 25.7.2010

Prova 1, Femin., 400m Estilos, Infantis A

Lugar	Nome	Ano	Licença	Clube	Tp final	TReac	Pts
16.	Beatriz Oliveira Luis	97	106165	Pimpoes/Cimai	5:43.34		483
	50m: 37.99 37.99	150m: 2:07.17 42.37	250m: 3:37.73 47.19	350m: 5:06.30 39.07			
	100m: 1:24.80 46.81	200m: 2:50.54 43.37	300m: 4:27.23 49.50	400m: 5:43.34 37.04			
17.	Sofia Alexandra Valinhas	97	102723	Famalicao	5:43.48	+0.97	482
	50m: 35.02 35.02	150m: 2:00.95 46.70	250m: 3:36.76 49.77	350m: 5:05.98 39.38			
	100m: 1:14.25 39.23	200m: 2:46.99 46.04	300m: 4:26.60 49.84	400m: 5:43.48 37.50			
18.	Joana Crespo Domingues	97	101928	Nautico da Marinha Grande	5:46.82	+0.92	468
	50m: 37.33 37.33	150m: 2:06.84 45.14	250m: 3:39.78 48.93	350m: 5:07.79 41.11			
	100m: 1:21.70 44.37	200m: 2:50.85 44.01	300m: 4:26.68 46.90	400m: 5:46.82 39.03			
19.	Ana Sofia Ramos	97	102593	Fafe	5:48.77	+1.03	461
	50m: 35.19 35.19	150m: 2:03.31 45.68	250m: 3:38.67 50.61	350m: 5:09.70 39.78			
	100m: 1:17.63 42.44	200m: 2:48.06 44.75	300m: 4:29.92 51.25	400m: 5:48.77 39.07			
20.	Ines Silva Mendes	97	107143	Nautico/Matobra	5:49.81	+1.17	457
	50m: 36.55 36.55	150m: 2:04.93 44.98	250m: 3:39.73 51.70	350m: 5:12.14 39.63			
	100m: 1:19.95 43.40	200m: 2:48.03 43.10	300m: 4:32.51 52.78	400m: 5:49.81 37.67			
21.	Diana Sofia Silva	97	104679	Braga	5:51.62	+1.14	450
	50m: 38.16 38.16	150m: 2:08.23 44.47	250m: 3:39.06 46.83	350m: 5:09.96 41.22			
	100m: 1:23.76 45.60	200m: 2:52.23 44.00	300m: 4:28.74 49.68	400m: 5:51.62 41.66			
22.	Ana Catarina Serpa	97	100330	Sporting	5:52.35	+1.09	447
	50m: 39.69 39.69	150m: 2:15.15 46.10	250m: 3:43.63 43.70	350m: 5:13.10 41.40			
	100m: 1:29.05 49.36	200m: 2:59.93 44.78	300m: 4:31.70 48.07	400m: 5:52.35 39.25			
23.	Ana Catarina Liberal FTL	97	105068	Nautico/Matobra	5:58.34	+1.01	425
	50m: 40.05 40.05	150m: 2:10.81 44.37	250m: 3:46.87 52.93	350m: 5:18.98 39.89			
	100m: 1:26.44 46.39	200m: 2:53.94 43.13	300m: 4:39.09 52.22	400m: 5:58.34 39.36			
24.	Cecilia Branco Almeida FTL	97	105386	Gesloures	5:58.36	+1.13	425
	50m: 39.56 39.56	150m: 2:13.29 46.87	250m: 3:47.89 50.33	350m: 5:19.52 41.00			
	100m: 1:26.42 46.86	200m: 2:57.56 44.27	300m: 4:38.52 50.63	400m: 5:58.36 38.84			
25.	Maria Beatriz Ribeiro FTL	97	105611	Natacao da Maia	5:59.47	+0.90	421
	50m: 36.73 36.73	150m: 2:07.38 46.57	250m: 3:42.29 50.45	350m: 5:18.90 44.93			
	100m: 1:20.81 44.08	200m: 2:51.84 44.46	300m: 4:33.97 51.68	400m: 5:59.47 40.57			
	Soraia Filipa Sousa FTL	97	117301	Gesloures	5:59.47		421
	50m: 37.39 37.39	150m: 2:08.05 48.12	250m: 3:46.49 52.54	350m: 5:20.55 41.12			
	100m: 1:19.93 42.54	200m: 2:53.95 45.90	300m: 4:39.43 52.94	400m: 5:59.47 38.92			
27.	Luana Raquel Alves FTL	97	110022	Desportiva de Viana	5:59.60	+1.15	420
	50m: 37.61 37.61	150m: 2:09.62 47.30	250m: 3:48.77 53.21	350m: 5:22.35 40.31			
	100m: 1:22.32 44.71	200m: 2:55.56 45.94	300m: 4:42.04 53.27	400m: 5:59.60 37.25			
28.	Adriana Daniela Castro FTL	97	104515	Fluvial Portuense	6:04.33		404
	50m: 38.56 38.56	150m: 2:11.86 47.42	250m: 3:51.75 53.98	350m: 5:26.51 39.94			
	100m: 1:24.44 45.88	200m: 2:57.77 45.91	300m: 4:46.57 54.82	400m: 6:04.33 37.82			
DSQ	Matilde Domingues Gameiro <i>Chegada percurso de bruços só com uma mão</i>	97	101116	Nautico/Matobra		+1.07	
	50m:	150m:	250m:	350m:			
	100m:	200m:	300m:	400m:			

Campeonato Nacional de Infantis
Porto, 23. - 25.7.2010

Prova 1, Femin., 400m Estilos

Infantis B

1.	Mariana Cunha Guerra	98	102764	Columbofila Cantanhedense	5:27.57	+0.95	556
	50m: 34.29 34.29	150m: 1:56.03 42.04	250m: 3:25.46 48.74	350m: 4:52.32 36.72			
	100m: 1:13.99 39.70	200m: 2:36.72 40.69	300m: 4:15.60 50.14	400m: 5:27.57 35.25			
2.	Ines Lucas Alves	98	104738	Leixoes	5:34.77	+0.97	521
	50m: 36.30 36.30	150m: 1:58.77 42.04	250m: 3:28.12 48.23	350m: 4:56.66 40.23			
	100m: 1:16.73 40.43	200m: 2:39.89 41.12	300m: 4:16.43 48.31	400m: 5:34.77 38.11			
3.	Carolina Mantua Guedes	98	110539	Sporting	5:40.55	+1.02	495
	50m: 36.06 36.06	150m: 2:02.82 42.93	250m: 3:34.56 48.54	350m: 5:02.58 37.64			
	100m: 1:19.89 43.83	200m: 2:46.02 43.20	300m: 4:24.94 50.38	400m: 5:40.55 37.97			
4.	Barbara Nogueira Goncalves	98	104448	Famalicao	5:40.57		495
	50m: 38.28 38.28	150m: 2:08.05 45.58	250m: 3:36.75 45.48	350m: 5:03.09 39.57			
	100m: 1:22.47 44.19	200m: 2:51.27 43.22	300m: 4:23.52 46.77	400m: 5:40.57 37.48			
5.	Mariana Veloso Vitoria	98	110284	Nautico de Abrantes	5:42.07	+1.32	488
	50m: 35.19 35.19	150m: 2:00.33 43.61	250m: 3:33.33 50.11	350m: 5:03.56 40.60			
	100m: 1:16.72 41.53	200m: 2:43.22 42.89	300m: 4:22.96 49.63	400m: 5:42.07 38.51			
6.	Sofia Alexandra Branco	98	116596	Sporting	5:43.87		481
	50m: 36.08 36.08	150m: 2:01.92 45.89	250m: 3:35.76 49.49	350m: 5:05.56 39.98			
	100m: 1:16.03 39.95	200m: 2:46.27 44.35	300m: 4:25.58 49.82	400m: 5:43.87 38.31			
7.	Maria Carolina Ribeiro	98	106805	Porto/Dolce Vita	5:45.87		472
	50m: 37.42 37.42	150m: 2:05.11 46.11	250m: 3:37.94 49.35	350m: 5:07.78 38.50			
	100m: 1:19.00 41.58	200m: 2:48.59 43.48	300m: 4:29.28 51.34	400m: 5:45.87 38.09			
8.	Graca Maria Araujo	98	104456	Famalicao	5:46.48		470
	50m: 36.73 36.73	150m: 2:03.89 46.29	250m: 3:37.78 49.18	350m: 5:09.75 40.93			
	100m: 1:17.60 40.87	200m: 2:48.60 44.71	300m: 4:28.82 51.04	400m: 5:46.48 36.73			
9.	Ines Serra Duarte	98	102302	Naval da Nazare	5:50.51		454
	50m: 36.08 36.08	150m: 2:04.64 46.97	250m: 3:37.74 47.78	350m: 5:09.08 41.44			
	100m: 1:17.67 41.59	200m: 2:49.96 45.32	300m: 4:27.64 49.90	400m: 5:50.51 41.43			
10.	Mariana Portugal Costa	98	106871	Nautico/Matobra	5:53.39		443
	50m: 37.11 37.11	150m: 2:08.23 48.74	250m: 3:45.01 52.33	350m: 5:15.65 39.02			
	100m: 1:19.49 42.38	200m: 2:52.68 44.45	300m: 4:36.63 51.62	400m: 5:53.39 37.74			
11.	Joana Cunha Sousa	98	103054	Foca	5:53.42	+1.28	443
	50m: 39.50 39.50	150m: 2:11.16 44.41	250m: 3:45.67 50.23	350m: 5:15.37 38.78			
	100m: 1:26.75 47.25	200m: 2:55.44 44.28	300m: 4:36.59 50.92	400m: 5:53.42 38.05			
12.	Francisca Pereira Rego	98	107705	Famalicao	5:53.81		441
	50m: 37.45 37.45	150m: 2:05.23 46.58	250m: 3:45.57 51.86	350m: 5:16.28 39.13			
	100m: 1:18.65 41.20	200m: 2:53.71 48.48	300m: 4:37.15 51.58	400m: 5:53.81 37.53			
13.	Catarina Sofia Neto	98	104529	Gespacos	5:56.05		433
	50m: 36.42 36.42	150m: 2:05.13 46.40	250m: 3:42.27 51.72	350m: 5:15.14 40.71			
	100m: 1:18.73 42.31	200m: 2:50.55 45.42	300m: 4:34.43 52.16	400m: 5:56.05 40.91			
14.	Ines Filipa Cruz	98	107685	Uniao Piedense	5:57.83		426
	50m: 37.38 37.38	150m: 2:10.40 47.86	250m: 3:47.11 51.87	350m: 5:18.89 40.52			
	100m: 1:22.54 45.16	200m: 2:55.24 44.84	300m: 4:38.37 51.26	400m: 5:57.83 38.94			
15.	Maria Carolina Correia	98	105571	Lousanense	5:58.17		425
	50m: 38.19 38.19	150m: 2:11.81 46.92	250m: 3:48.38 50.21	350m: 5:20.29 41.14			
	100m: 1:24.89 46.70	200m: 2:58.17 46.36	300m: 4:39.15 50.77	400m: 5:58.17 37.88			
16.	Matilde Oliveira Andrade	98	106359	Nautico/Matobra	5:58.59		424
	50m: 41.59 41.59	150m: 2:17.55 46.97	250m: 3:51.80 49.93	350m: 5:20.66 38.98			
	100m: 1:30.58 48.99	200m: 3:01.87 44.32	300m: 4:41.68 49.88	400m: 5:58.59 37.93			
17.	Patricia Goncalves Cardoso	98	107707	Porto/Dolce Vita	5:58.95		422
	50m: 36.68 36.68	150m: 2:08.05 46.14	250m: 3:46.65 51.85	350m: 5:19.07 39.53			
	100m: 1:21.91 45.23	200m: 2:54.80 46.75	300m: 4:39.54 52.89	400m: 5:58.95 39.88			

Campeonato Nacional de Infantis
Porto, 23. - 25.7.2010

Prova 1, Femin., 400m Estilos, Infantis B

Lugar	Nome	Ano	Licença	Clube	Tp final	TReac	Pts
18.	Beatriz Pereira Vasconcelos	98	107934	Vilacondense	5:59.00		422
	50m: 37.65 37.65	150m: 2:11.46	46.37	250m: 3:45.63	46.13	350m: 5:20.27	44.26
	100m: 1:25.09 47.44	200m: 2:59.50	48.04	300m: 4:36.01	50.38	400m: 5:59.00	38.73
19.	Ana Beatriz Marques	98	110159	Alges	6:00.13		418
	50m: 40.14 40.14	150m: 2:18.49	47.41	250m: 3:51.76	47.61	350m: 5:18.91	40.54
	100m: 1:31.08 50.94	200m: 3:04.15	45.66	300m: 4:38.37	46.61	400m: 6:00.13	41.22
20.	Marcia Jacinto Santos	98	105588	Bombeiros V. Caldas Rainha	6:00.59		417
	50m: 38.60 38.60	150m: 2:10.91	47.35	250m: 3:48.79	51.77	350m: 5:21.69	41.05
	100m: 1:23.56 44.96	200m: 2:57.02	46.11	300m: 4:40.64	51.85	400m: 6:00.59	38.90
21.	Ana Filipa Conceicao	98	105101	Nautico/Matobra	6:03.01		408
	50m: 38.70 38.70	150m: 2:13.31	47.56	250m: 3:49.72	50.40	350m: 5:22.97	41.71
	100m: 1:25.75 47.05	200m: 2:59.32	46.01	300m: 4:41.26	51.54	400m: 6:03.01	40.04
22.	Margarida Peixoto Pelaio	98	107967	Ginasio Figueirense	6:03.67		406
	50m: 37.06 37.06	150m: 2:10.30	48.23	250m: 3:49.67	53.90	350m: 5:24.87	41.88
	100m: 1:22.07 45.01	200m: 2:55.77	45.47	300m: 4:42.99	53.32	400m: 6:03.67	38.80
23.	Ana Carolina Moreira	98	111076	Porto/Dolce Vita	6:04.68		403
	50m: 38.22 38.22	150m: 2:10.52	47.67	250m: 3:50.19	52.33	350m: 5:23.85	42.07
	100m: 1:22.85 44.63	200m: 2:57.86	47.34	300m: 4:41.78	51.59	400m: 6:04.68	40.83
24.	Mafalda Alexandra Henriques	98	105308	Belenenses	6:04.94		402
	50m: 38.01 38.01	150m: 2:13.22	50.90	250m: 3:49.40	48.37	350m: 5:24.14	44.78
	100m: 1:22.32 44.31	200m: 3:01.03	47.81	300m: 4:39.36	49.96	400m: 6:04.94	40.80
25.	Sofia Machado Dionisio	98	111263	Sporting	6:05.88		399
	50m: 39.23 39.23	150m: 2:17.63	48.70	250m: 3:54.09	49.18	350m: 5:26.04	40.51
	100m: 1:28.93 49.70	200m: 3:04.91	47.28	300m: 4:45.53	51.44	400m: 6:05.88	39.84
26.	Maria Joao Ribeiro	98	105422	Braga	6:06.95		395
	50m: 43.06 43.06	150m: 2:19.99	48.35	250m: 3:57.85	51.75	350m: 5:28.25	39.90
	100m: 1:31.64 48.58	200m: 3:06.10	46.11	300m: 4:48.35	50.50	400m: 6:06.95	38.70
27.	Rita Verissimo Damasceno	98	105071	Nautico/Matobra	6:07.24		394
	50m: 39.39 39.39	150m: 2:15.66	47.44	250m: 3:53.61	51.38	350m: 5:27.43	41.41
	100m: 1:28.22 48.83	200m: 3:02.23	46.57	300m: 4:46.02	52.41	400m: 6:07.24	39.81
28.	Viviana Sofia Pinto	98	110843	Desportiva Limiana	6:13.25		376
	<i>FTL</i>						
	50m: 38.94 38.94	150m: 2:13.73	48.90	250m: 3:55.30	54.73	350m: 5:31.66	42.62
	100m: 1:24.83 45.89	200m: 3:00.57	46.84	300m: 4:49.04	53.74	400m: 6:13.25	41.59
29.	Carolina Sofia Matos	98	111415	Sporting	6:15.77		368
	<i>FTL</i>						
	50m: 41.76 41.76	150m: 2:17.37	48.59	250m: 3:58.32	54.39	350m: 5:34.77	41.78
	100m: 1:28.78 47.02	200m: 3:03.93	46.56	300m: 4:52.99	54.67	400m: 6:15.77	41.00
30.	Margarida Mendes Fernandes	98	111732	Vitoria de Guimaraes	6:32.79		322
	<i>FTL</i>						
	50m: 43.02 43.02	150m: 2:24.56	49.23	250m: 4:09.64	57.61	350m: 5:48.39	42.63
	100m: 1:35.33 52.31	200m: 3:12.03	47.47	300m: 5:05.76	56.12	400m: 6:32.79	44.40
EXH	Debora Goncalves Patrocinio	97	106139	Litoral Alentejano	5:47.80		464
	50m: 38.44 38.44	150m: 2:08.27	43.91	250m: 3:37.99	47.19	350m: 5:08.41	41.27
	100m: 1:24.36 45.92	200m: 2:50.80	42.53	300m: 4:27.14	49.15	400m: 5:47.80	39.39