

Campeonato Nacional de Juniores e Seniores PL
Coimbra, 9. - 11.4.2010

Prova 1 Femin., 800m Livres 15 anos e mais velhos
9.4.10 - 9:30 Resultados

RNABS	8:57.14	Marta Andreia Ferreira	FPN	Berlim (GER)	31.7.02
RNSEN	8:58.41	Marta Andreia Ferreira	FPN	Barcelona (ESP)	25.7.03
RNJUN	8:57.14	Marta Andreia Ferreira	FPN	Berlim (GER)	31.7.02

TAC-SENF Sen: 9:40.00 / TAC-JUNF Jun: 9:47.00

Pontos: FINA 2010

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
Seniores						
1.	Joana Aguiar Rodrigues	93	Porto/Dolce Vita	9:06.98	+0,91	737
	100m: 1:05.87 1:05.87	300m: 3:23.33 1:08.75	500m: 5:40.43 1:07.94	700m: 7:58.66 1:09.63		
	200m: 2:14.58 1:08.71	400m: 4:32.49 1:09.16	600m: 6:49.03 1:08.60	800m: 9:06.98 1:08.32		
2.	Joana Filipa Santos	93	Vitória de Guimarães	9:17.18	+0,90	697
	100m: 1:06.11 1:06.11	300m: 3:25.80 1:10.05	500m: 5:46.47 1:10.37	700m: 8:08.71 1:10.77		
	200m: 2:15.75 1:09.64	400m: 4:36.10 1:10.30	600m: 6:57.94 1:11.47	800m: 9:17.18 1:08.47		
3.	Maria Miguel Veloso	93	Náutico/Matobra	9:21.61	+0,92	680
	100m: 1:06.49 1:06.49	300m: 3:25.52 1:09.75	500m: 5:46.65 1:10.82	700m: 8:10.05 1:11.81		
	200m: 2:15.77 1:09.28	400m: 4:35.83 1:10.31	600m: 6:58.24 1:11.59	800m: 9:21.61 1:11.56		
4.	Lara Santana Pinheiro	92	Belenenses	9:24.43	+0,97	670
	100m: 1:06.55 1:06.55	300m: 3:28.19 1:11.09	500m: 5:50.25 1:11.13	700m: 8:13.78 1:11.81		
	200m: 2:17.10 1:10.55	400m: 4:39.12 1:10.93	600m: 7:01.97 1:11.72	800m: 9:24.43 1:10.65		
5.	Ana Margarida Domingos	93	Académico Viseu	9:28.21	+0,95	657
	100m: 1:07.38 1:07.38	300m: 3:31.35 1:12.11	500m: 5:54.89 1:11.46	700m: 8:19.34 1:12.04		
	200m: 2:19.24 1:11.86	400m: 4:43.43 1:12.08	600m: 7:07.30 1:12.41	800m: 9:28.21 1:08.87		
6.	Maria Ana Magalhaes	93	Desportiva Limiana	9:29.57	+0,79	652
	100m: 1:07.26 1:07.26	300m: 3:31.18 1:11.97	500m: 5:55.40 1:12.13	700m: 8:18.96 1:11.71		
	200m: 2:19.21 1:11.95	400m: 4:43.27 1:12.09	600m: 7:07.25 1:11.85	800m: 9:29.57 1:10.61		
7.	Marta Alexandra Saraiva	93	Uniao Piedense	9:38.97	+0,90	621
	100m: 1:07.48 1:07.48	300m: 3:31.21 1:12.00	500m: 5:57.11 1:13.27	700m: 8:25.51 1:14.17		
	200m: 2:19.21 1:11.73	400m: 4:43.84 1:12.63	600m: 7:11.34 1:14.23	800m: 9:38.97 1:13.46		
8.	Joana Filipa Capela	89	Benfica	9:40.36	+0,72	617
	FTL					
	100m: 1:07.18 1:07.18	300m: 3:33.13 1:13.08	500m: 6:00.26 1:13.32	700m: 8:28.86 1:14.30		
	200m: 2:20.05 1:12.87	400m: 4:46.94 1:13.81	600m: 7:14.56 1:14.30	800m: 9:40.36 1:11.50		
9.	Alexandra Ribeiro Paula	93	Sporting	9:41.19	+0,79	614
	FTL					
	100m: 1:07.03 1:07.03	300m: 3:32.28 1:13.03	500m: 6:00.40 1:13.97	700m: 8:29.14 1:14.24		
	200m: 2:19.25 1:12.22	400m: 4:46.43 1:14.15	600m: 7:14.90 1:14.50	800m: 9:41.19 1:12.05		
10.	Tatiana Ladeiro Santos	92	Geslours	9:51.16	+0,80	583
	FTL					
	100m: 1:08.33 1:08.33	300m: 3:36.01 1:14.19	500m: 6:05.66 1:14.91	700m: 8:36.60 1:15.70		
	200m: 2:21.82 1:13.49	400m: 4:50.75 1:14.74	600m: 7:20.90 1:15.24	800m: 9:51.16 1:14.56		
11.	Catarina Correia Simoes	93	Natação Olhão	9:57.20	+0,88	566
	FTL					
	100m: 1:08.75 1:08.75	300m: 3:35.49 1:13.83	500m: 6:06.33 1:15.94	700m: 8:40.62 1:17.44		
	200m: 2:21.66 1:12.91	400m: 4:50.39 1:14.90	600m: 7:23.18 1:16.85	800m: 9:57.20 1:16.58		

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Prova 1, Femin., 800m Livres

Juniores

1. Andreia Catarina Gomes	94	Vitória de Guimarães	9:12.12	+0,87	716
100m: 1:04.87 1:04.87	300m: 3:22.56 1:08.88	500m: 5:41.74 1:09.26	700m: 8:03.21 1:11.18		
200m: 2:13.68 1:08.81	400m: 4:32.48 1:09.92	600m: 6:52.03 1:10.29	800m: 9:12.12 1:08.91		
2. Patricia Garcia Marinho	94	Sporting	9:17.90	+0,79	694
100m: 1:06.81 1:06.81	300m: 3:27.05 1:10.25	500m: 5:47.19 1:10.04	700m: 8:08.64 1:10.85		
200m: 2:16.80 1:09.99	400m: 4:37.15 1:10.10	600m: 6:57.79 1:10.60	800m: 9:17.90 1:09.26		
3. Carolina Cunha Martins	95	Náutico/Matobra	9:20.77	+0,99	684
100m: 1:07.29 1:07.29	300m: 3:28.37 1:10.29	500m: 5:49.33 1:10.62	700m: 8:11.41 1:10.88		
200m: 2:18.08 1:10.79	400m: 4:38.71 1:10.34	600m: 7:00.53 1:11.20	800m: 9:20.77 1:09.36		
4. Leonor Mourinho Neves	95	Sporting	9:20.86	+0,86	683
100m: 1:06.42 1:06.42	300m: 3:26.94 1:10.95	500m: 5:48.79 1:10.86	700m: 8:11.33 1:11.36		
200m: 2:15.99 1:09.57	400m: 4:37.93 1:10.99	600m: 6:59.97 1:11.18	800m: 9:20.86 1:09.53		
5. Ines Sofia Sampaio	94	Académico Viseu	9:28.31	+0,92	657
100m: 1:07.00 1:07.00	300m: 3:31.41 1:12.10	500m: 5:55.18 1:11.79	700m: 8:20.38 1:12.75		
200m: 2:19.31 1:12.31	400m: 4:43.39 1:11.98	600m: 7:07.63 1:12.45	800m: 9:28.31 1:07.93		
6. Ana Goncalves Neto	95	Porto/Dolce Vita	9:36.82	+0,88	628
100m: 1:06.93 1:06.93	300m: 3:31.11 1:12.81	500m: 5:57.05 1:12.94	700m: 8:23.99 1:13.69		
200m: 2:18.30 1:11.37	400m: 4:44.11 1:13.00	600m: 7:10.30 1:13.25	800m: 9:36.82 1:12.83		
7. Angelica Maria Andre	94	Leixões	9:37.51	+0,89	626
100m: 1:03.96 1:03.96	300m: 3:26.35 1:12.19	500m: 5:53.53 1:13.69	700m: 8:24.06 1:15.01		
200m: 2:14.16 1:10.20	400m: 4:39.84 1:13.49	600m: 7:09.05 1:15.52	800m: 9:37.51 1:13.45		
8. Silvia Ariana Soares	95	Porto/Dolce Vita	9:38.71	+0,66	622
100m: 1:07.07 1:07.07	300m: 3:32.42 1:12.65	500m: 5:59.07 1:13.66	700m: 8:25.72 1:12.85		
200m: 2:19.77 1:12.70	400m: 4:45.41 1:12.99	600m: 7:12.87 1:13.80	800m: 9:38.71 1:12.99		
9. Marta Sofia Cunha	95	Sporting	9:46.64	+0,65	597
100m: 1:08.89 1:08.89	300m: 3:35.14 1:13.71	500m: 6:03.84 1:14.74	700m: 8:33.78 1:14.92		
200m: 2:21.43 1:12.54	400m: 4:49.10 1:13.96	600m: 7:18.86 1:15.02	800m: 9:46.64 1:12.86		