

Campeonato Nacional de Juvenis PL  
Rio Maior, 12. - 14.3.2010

Prova 7  
13.3.10 - 9:30

Femin., 800m Livres

Juvenis  
Resultados

Recorde Nacional Absoluto	8:57.14	Marta Andreia Ferreira	FPN	Berlim (GER)	31.7.02
Recorde Nacional Juvenis	9:07.70	tempo limite			

TAC Fem Juv 50m : 10:18.00

Pontos: FINA 2010

Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
1.	Diana Margarida Duraes	96	Foca - Natação de Felgueiras	<b>9:28.53</b>	+0,87	656
	100m: 1:07.87 1:07.87	300m: 3:32.62 1:12.43	500m: 5:56.15 1:11.48	700m: 8:19.15 1:11.52		
	200m: 2:20.19 1:12.32	400m: 4:44.67 1:12.05	600m: 7:07.63 1:11.48	800m: 9:28.53 1:09.38		
2.	Florbela Cavaco Machado	96	Columbófila Cantanhedense	<b>9:31.61</b>	+0,89	645
	100m: 1:09.07 1:09.07	300m: 3:33.23 1:12.36	500m: 5:56.21 1:12.19	700m: 8:20.78 1:12.15		
	200m: 2:20.87 1:11.80	400m: 4:44.02 1:10.79	600m: 7:08.63 1:12.42	800m: 9:31.61 1:10.83		
3.	Ines Alexandra Paiva	96	Algés	<b>9:40.48</b>	+0,82	616
	100m: 1:07.84 1:07.84	300m: 3:32.38 1:12.31	500m: 5:56.36 1:12.28	700m: 8:24.54 1:15.54		
	200m: 2:20.07 1:12.23	400m: 4:44.08 1:11.70	600m: 7:09.00 1:12.64	800m: 9:40.48 1:15.94		
4.	Ana Isabel Neves	96	Pimpões/Cimai	<b>9:55.28</b>	+0,96	571
	100m: 1:07.20 1:07.20	300m: 3:32.80 1:13.55	500m: 6:04.75 1:16.70	700m: 8:38.90 1:17.36		
	200m: 2:19.25 1:12.05	400m: 4:48.05 1:15.25	600m: 7:21.54 1:16.79	800m: 9:55.28 1:16.38		
5.	Bruna Leal Dantas	96	Sporting	<b>9:58.46</b>	+1,00	562
	100m: 1:10.82 1:10.82	300m: 3:42.70 1:15.59	500m: 6:13.93 1:14.99	700m: 8:44.78 1:14.88		
	200m: 2:27.11 1:16.29	400m: 4:58.94 1:16.24	600m: 7:29.90 1:15.97	800m: 9:58.46 1:13.68		
6.	Sofia Cunha Sousa	96	Foca - Natação de Felgueiras	<b>10:02.30</b>	+0,96	552
	100m: 1:08.62 1:08.62	300m: 3:39.38 1:15.97	500m: 6:12.45 1:16.83	700m: 8:47.05 1:17.32		
	200m: 2:23.41 1:14.79	400m: 4:55.62 1:16.24	600m: 7:29.73 1:17.28	800m: 10:02.30 1:15.25		
7.	Rafaela Marques Bodiao	96	Natação de Olhão	<b>10:07.20</b>	+0,94	538
	100m: 1:09.67 1:09.67	300m: 3:43.45 1:16.58	500m: 6:17.46 1:17.07	700m: 8:52.25 1:17.62		
	200m: 2:26.87 1:17.20	400m: 5:00.39 1:16.94	600m: 7:34.63 1:17.17	800m: 10:07.20 1:14.95		
8.	Ana Luisa Carvalho	96	Náutico/Matobra	<b>10:07.93</b>	+0,93	536
	100m: 1:10.88 1:10.88	300m: 3:44.03 1:16.95	500m: 6:18.18 1:17.04	700m: 8:52.85 1:17.13		
	200m: 2:27.08 1:16.20	400m: 5:01.14 1:17.11	600m: 7:35.72 1:17.54	800m: 10:07.93 1:15.08		
9.	Mariana Jesus Costa	96	Alcobaça	<b>10:10.92</b>	+0,84	529
	100m: 1:10.92 1:10.92	300m: 3:45.20 1:16.97	500m: 6:19.97 1:17.36	700m: 8:56.16 1:17.96		
	200m: 2:28.23 1:17.31	400m: 5:02.61 1:17.41	600m: 7:38.20 1:18.23	800m: 10:10.92 1:14.76		
10.	Ana Monica Eloi	96	Náutico da Marinha Grande	<b>10:12.07</b>	+1,01	526
	100m: 1:11.77 1:11.77	300m: 3:46.40 1:17.61	500m: 6:20.74 1:17.36	700m: 8:57.06 1:18.11		
	200m: 2:28.79 1:17.02	400m: 5:03.38 1:16.98	600m: 7:38.95 1:18.21	800m: 10:12.07 1:15.01		
11.	Maria Amelia Gaspar	96	Náutico/Matobra	<b>10:15.11</b>	+0,99	518
	100m: 1:11.76 1:11.76	300m: 3:44.73 1:16.70	500m: 6:20.80 1:18.35	700m: 8:57.22 1:18.31		
	200m: 2:28.03 1:16.27	400m: 5:02.45 1:17.72	600m: 7:38.91 1:18.11	800m: 10:15.11 1:17.89		
12.	Maria Julia Cunha	96	Braga	<b>10:18.13</b>	+1,00	510
	<i>FTL</i>					
	100m: 1:11.85 1:11.85	300m: 3:46.76 1:17.61	500m: 6:22.73 1:18.26	700m: 9:01.03 1:19.57		
	200m: 2:29.15 1:17.30	400m: 5:04.47 1:17.71	600m: 7:41.46 1:18.73	800m: 10:18.13 1:17.10		
13.	Flavia Daniela Goncalves	96	Desportiva de Viana	<b>10:23.17</b>	+1,08	498
	<i>FTL</i>					
	100m: 1:12.20 1:12.20	300m: 3:48.35 1:18.66	500m: 6:27.27 1:19.85	700m: 9:05.89 1:19.31		
	200m: 2:29.69 1:17.49	400m: 5:07.42 1:19.07	600m: 7:46.58 1:19.31	800m: 10:23.17 1:17.28		

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Lugar	Nome	Ano	Clube	Tempo Final	TReac	Pts
14.	Ana Catarina Azevedo	96	Famalicão	<b>10:25.08</b>	+0,86	493
	<i>FTL</i>					
	100m: 1:12.27 1:12.27	300m: 3:49.70 1:18.57	500m: 6:28.76 1:20.03	700m: 9:07.43 1:19.23		
	200m: 2:31.13 1:18.86	400m: 5:08.73 1:19.03	600m: 7:48.20 1:19.44	800m: 10:25.08 1:17.65		
15.	Maria Beatriz Vieira	96	Naval do Funchal	<b>10:55.17</b>	+0,81	428
	<i>FTL</i>					
	100m: 1:12.28 1:12.28	300m: 3:56.31 1:23.71	500m: 6:44.40 1:24.16	700m: 9:33.26 1:24.69		
	200m: 2:32.60 1:20.32	400m: 5:20.24 1:23.93	600m: 8:08.57 1:24.17	800m: 10:55.17 1:21.91		
DNF	Carla Rosario Palma	96	Alcobaça		+0,84	
	100m: 1:10.62 1:10.62	300m: 3:44.61 1:17.68	500m: 6:22.88 1:18.86	700m:		
	200m: 2:26.93 1:16.31	400m: 5:04.02 1:19.41	600m: 7:41.67 1:18.79	800m:		