

Campeonatos Nacionais de Clubes 1ª e 2ª Divisões
S. António Cavaleiros, 19. - 20.12.2009

Prova 36	Masc., 1500m Livres					Absolutos
20.12.09	1ª Divisão					Resultados
Recorde Nacional Absoluto	15:04.78	Fernando Eurico Costa	FPN	Trieste (ITA)		10.12.05
Recorde Nacional Sénior	15:04.78	Fernando Eurico Costa	FPN	Trieste (ITA)		10.12.05
Recorde Nacional Junior	15:05.57	Gustavo Manuel Santa	CNLA	Leiria		6.12.09

Pontos: FINA 2009

Lugar	Nome	Ano	Licença	Clube	Tempo final	TReac	FINA	Pts
1.	Paulo Fragueiro Franco	82	24393	Nacional	15:24.16		819	-
	50m: 26.94 26.94	450m: 4:30.01	30.54	850m: 8:36.53	31.03	1250m: 12:48.04	31.64	
	100m: 56.52 29.58	500m: 5:00.64	30.63	900m: 9:07.70	31.17	1300m: 13:19.51	31.47	
	150m: 1:26.72 30.20	550m: 5:31.26	30.62	950m: 9:39.39	31.69	1350m: 13:51.04	31.53	
	200m: 1:57.06 30.34	600m: 6:01.98	30.72	1000m: 10:10.54	31.15	1400m: 14:22.70	31.66	
	250m: 2:27.50 30.44	650m: 6:32.74	30.76	1050m: 10:42.14	31.60	1450m: 14:54.00	31.30	
	300m: 2:58.26 30.76	700m: 7:03.76	31.02	1100m: 11:13.49	31.35	1500m: 15:24.16	30.16	
	350m: 3:28.90 30.64	750m: 7:34.66	30.90	1150m: 11:44.98	31.49			
	400m: 3:59.47 30.57	800m: 8:05.50	30.84	1200m: 12:16.40	31.42			
2.	Daniel Ricardo Viegas	83	22441	Amadora	15:42.48		772	-
	50m: 27.81 27.81	450m: 4:33.94	31.43	850m: 8:46.92	31.92	1250m: 13:05.06	32.28	
	100m: 58.01 30.20	500m: 5:05.09	31.15	900m: 9:19.32	32.40	1300m: 13:37.39	32.33	
	150m: 1:28.37 30.36	550m: 5:36.52	31.43	950m: 9:51.81	32.49	1350m: 14:09.44	32.05	
	200m: 1:58.96 30.59	600m: 6:07.98	31.46	1000m: 10:23.96	32.15	1400m: 14:41.22	31.78	
	250m: 2:29.59 30.63	650m: 6:39.31	31.33	1050m: 10:56.18	32.22	1450m: 15:12.56	31.34	
	300m: 3:00.33 30.74	700m: 7:11.19	31.88	1100m: 11:28.38	32.20	1500m: 15:42.48	29.92	
	350m: 3:31.52 31.19	750m: 7:43.01	31.82	1150m: 12:00.63	32.25			
	400m: 4:02.51 30.99	800m: 8:15.00	31.99	1200m: 12:32.78	32.15			
3.	Joao Filipe Carvalho	87	23026	Porto/Dolce Vita	15:48.05		758	-
	50m: 27.45 27.45	450m: 4:35.02	31.33	850m: 8:48.96	32.37	1250m: 13:07.10	32.53	
	100m: 57.75 30.30	500m: 5:06.57	31.55	900m: 9:21.04	32.08	1300m: 13:39.56	32.46	
	150m: 1:28.45 30.70	550m: 5:38.09	31.52	950m: 9:52.90	31.86	1350m: 14:12.01	32.45	
	200m: 1:59.30 30.85	600m: 6:09.69	31.60	1000m: 10:24.99	32.09	1400m: 14:44.85	32.84	
	250m: 2:30.22 30.92	650m: 6:41.07	31.38	1050m: 10:57.34	32.35	1450m: 15:17.33	32.48	
	300m: 3:01.48 31.26	700m: 7:13.02	31.95	1100m: 11:29.41	32.07	1500m: 15:48.05	30.72	
	350m: 3:32.65 31.17	750m: 7:44.52	31.50	1150m: 12:02.14	32.73			
	400m: 4:03.69 31.04	800m: 8:16.59	32.07	1200m: 12:34.57	32.43			
4.	Arseniy Lavrentyev	83	100603	Algés	15:50.32		753	-
	50m: 28.52 28.52	450m: 4:42.83	32.03	850m: 8:57.73	31.61	1250m: 13:11.45	32.06	
	100m: 59.67 31.15	500m: 5:15.01	32.18	900m: 9:29.39	31.66	1300m: 13:43.55	32.10	
	150m: 1:31.32 31.65	550m: 5:47.20	32.19	950m: 10:01.03	31.64	1350m: 14:15.75	32.20	
	200m: 2:03.23 31.91	600m: 6:19.22	32.02	1000m: 10:32.35	31.32	1400m: 14:47.80	32.05	
	250m: 2:34.86 31.63	650m: 6:51.22	32.00	1050m: 11:03.82	31.47	1450m: 15:19.38	31.58	
	300m: 3:06.66 31.80	700m: 7:23.17	31.95	1100m: 11:35.51	31.69	1500m: 15:50.32	30.94	
	350m: 3:38.64 31.98	750m: 7:54.61	31.44	1150m: 12:07.29	31.78			
	400m: 4:10.80 32.16	800m: 8:26.12	31.51	1200m: 12:39.39	32.10			
5.	Luis Emanuel Vaz	91	15628	Famalicão	15:55.07		742	-
	50m: 27.24 27.24	450m: 4:33.49	31.08	850m: 8:49.00	32.62	1250m: 13:10.22	32.93	
	100m: 57.44 30.20	500m: 5:04.99	31.50	900m: 9:21.57	32.57	1300m: 13:43.61	33.39	
	150m: 1:28.16 30.72	550m: 5:36.65	31.66	950m: 9:54.12	32.55	1350m: 14:16.44	32.83	
	200m: 1:59.15 30.99	600m: 6:08.09	31.44	1000m: 10:26.67	32.55	1400m: 14:49.40	32.96	
	250m: 2:29.98 30.83	650m: 6:39.73	31.64	1050m: 10:59.18	32.51	1450m: 15:22.63	33.23	
	300m: 3:00.74 30.76	700m: 7:11.75	32.02	1100m: 11:31.46	32.28	1500m: 15:55.07	32.44	
	350m: 3:31.40 30.66	750m: 7:43.99	32.24	1150m: 12:04.22	32.76			
	400m: 4:02.41 31.01	800m: 8:16.38	32.39	1200m: 12:37.29	33.07			

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Prova 36, Masc., 1500m Livres, Absolutos

Lugar	Nome	Ano	Licença	Clube	Tempo final	TReac	FINA	Pts
6.	Ricardo Sousa Filipe	88	12555	Louletano/Loulé Concelho	16:02.05		726	-
	50m: 27.77 27.77	450m: 4:41.25	32.04	850m: 8:59.05	32.27	1250m: 13:17.44	32.33	
	100m: 58.25 30.48	500m: 5:13.42	32.17	900m: 9:31.14	32.09	1300m: 13:50.42	32.98	
	150m: 1:29.54 31.29	550m: 5:45.79	32.37	950m: 10:03.21	32.07	1350m: 14:23.54	33.12	
	200m: 2:01.30 31.76	600m: 6:17.79	32.00	1000m: 10:35.35	32.14	1400m: 14:56.70	33.16	
	250m: 2:33.29 31.99	650m: 6:50.16	32.37	1050m: 11:07.75	32.40	1450m: 15:30.11	33.41	
	300m: 3:05.11 31.82	700m: 7:22.32	32.16	1100m: 11:40.18	32.43	1500m: 16:02.05	31.94	
	350m: 3:37.15 32.04	750m: 7:54.62	32.30	1150m: 12:12.72	32.54			
	400m: 4:09.21 32.06	800m: 8:26.78	32.16	1200m: 12:45.11	32.39			
7.	Hugo Alberto Ribeiro	88	23114	Vilacondense	16:09.44		709	-
	50m: 27.89 27.89	450m: 4:36.09	31.43	850m: 8:56.45	33.14	1250m: 13:25.39	33.30	
	100m: 58.06 30.17	500m: 5:08.06	31.97	900m: 9:29.78	33.33	1300m: 13:58.87	33.48	
	150m: 1:28.72 30.66	550m: 5:40.09	32.03	950m: 10:03.18	33.40	1350m: 14:32.24	33.37	
	200m: 1:59.51 30.79	600m: 6:12.23	32.14	1000m: 10:36.61	33.43	1400m: 15:05.62	33.38	
	250m: 2:30.63 31.12	650m: 6:44.56	32.33	1050m: 11:10.70	34.09	1450m: 15:38.55	32.93	
	300m: 3:01.75 31.12	700m: 7:17.22	32.66	1100m: 11:44.75	34.05	1500m: 16:09.44	30.89	
	350m: 3:33.01 31.26	750m: 7:50.14	32.92	1150m: 12:18.57	33.82			
	400m: 4:04.66 31.65	800m: 8:23.31	33.17	1200m: 12:52.09	33.52			
8.	Mario Andre Bonanca	90	12773	Sporting	16:10.05		708	-
	50m: 27.76 27.76	450m: 4:39.76	32.22	850m: 9:02.32	33.14	1250m: 13:28.20	33.31	
	100m: 58.38 30.62	500m: 5:12.10	32.34	900m: 9:35.69	33.37	1300m: 14:01.50	33.30	
	150m: 1:29.36 30.98	550m: 5:44.57	32.47	950m: 10:09.09	33.40	1350m: 14:34.46	32.96	
	200m: 2:00.49 31.13	600m: 6:17.45	32.88	1000m: 10:42.54	33.45	1400m: 15:07.57	33.11	
	250m: 2:31.86 31.37	650m: 6:50.19	32.74	1050m: 11:15.59	33.05	1450m: 15:40.13	32.56	
	300m: 3:03.60 31.74	700m: 7:23.23	33.04	1100m: 11:48.78	33.19	1500m: 16:10.05	29.92	
	350m: 3:35.33 31.73	750m: 7:56.30	33.07	1150m: 12:21.78	33.00			
	400m: 4:07.54 32.21	800m: 8:29.18	32.88	1200m: 12:54.89	33.11			