

Campeonatos Absolutos de Portugal Piscina Curta  
Leiria, 4. - 6.12.2009

Prova 31  
6.12.09 - 9:00

Femin., 800m Livres

Absolutos  
Resultados

Recorde Nacional Absoluto	8:45.91	Marta Andreia Ferreira	FPN	Riesa (GER)	13.12.02
Recorde Nacional Sénior	8:45.91	Marta Andreia Ferreira	FPN	Riesa (GER)	13.12.02
Recorde Nacional Junior	8:46.74	Ana Claudia Santos	SFUAP	Cantanhede	19.12.04

TAC - Fem Sen: 9:35.00; Jun2: 9:35.00; Jun1: 9:46.50

Pontos: FINA 2009

Lugar	Ano	Tempo final	Pts
<b>Absolutos</b>			
1. Maria Miguel Veloso	93 Náutico/Matobra	<b>8:46.72</b>	802
100m: 1:04.00 1:04.00	300m: 3:15.84 1:05.84	500m: 5:28.30 1:06.23	700m: 7:41.81 1:06.71
200m: 2:10.00 1:06.00	400m: 4:22.07 1:06.23	600m: 6:35.10 1:06.80	800m: 8:46.72 1:04.91
2. Patricia Garcia Marinho	94 Sporting	<b>8:52.00</b>	778
100m: 1:04.08 1:04.08	300m: 3:17.68 1:07.31	500m: 5:31.83 1:06.66	700m: 7:46.30 1:07.22
200m: 2:10.37 1:06.29	400m: 4:25.17 1:07.49	600m: 6:39.08 1:07.25	800m: 8:52.00 1:05.70
3. Joana Aguiar Rodrigues	93 Porto/Dolce Vita	<b>8:57.84</b>	753
100m: 1:04.01 1:04.01	300m: 3:16.32 1:06.29	500m: 5:31.44 1:07.84	700m: 7:49.66 1:09.39
200m: 2:10.03 1:06.02	400m: 4:23.60 1:07.28	600m: 6:40.27 1:08.83	800m: 8:57.84 1:08.18
4. Andreia Catarina Gomes	94 Vitória de Guimarães	<b>9:04.26</b>	727
100m: 1:04.21 1:04.21	300m: 3:19.36 1:07.86	500m: 5:37.87 1:09.41	700m: 7:57.10 1:09.73
200m: 2:11.50 1:07.29	400m: 4:28.46 1:09.10	600m: 6:47.37 1:09.50	800m: 9:04.26 1:07.16
5. Marta Alexandra Saraiva	93 Uniao Piedense	<b>9:08.50</b>	710
100m: 1:04.73 1:04.73	300m: 3:22.29 1:09.09	500m: 5:41.31 1:09.45	700m: 8:00.00 1:09.47
200m: 2:13.20 1:08.47	400m: 4:31.86 1:09.57	600m: 6:50.53 1:09.22	800m: 9:08.50 1:08.50
6. Ana Rita Ismael	92 Louletano/Loulé Concelho	<b>9:11.36</b>	699
100m: 1:05.19 1:05.19	300m: 3:25.49 1:10.40	500m: 5:45.58 1:09.57	700m: 8:03.86 1:09.07
200m: 2:15.09 1:09.90	400m: 4:36.01 1:10.52	600m: 6:54.79 1:09.21	800m: 9:11.36 1:07.50
7. Ana Beatriz Pereira	91 Louletano/Loulé Concelho	<b>9:12.62</b>	694
100m: 1:05.36 1:05.36	300m: 3:22.87 1:08.86	500m: 5:42.87 1:10.34	700m: 8:03.84 1:10.47
200m: 2:14.01 1:08.65	400m: 4:32.53 1:09.66	600m: 6:53.37 1:10.50	800m: 9:12.62 1:08.78
8. Lara Santana Pinheiro	92 Belenenses	<b>9:15.69</b>	683
100m: 1:04.64 1:04.64	300m: 3:23.96 1:10.28	500m: 5:44.25 1:10.10	700m: 8:05.40 1:10.67
200m: 2:13.68 1:09.04	400m: 4:34.15 1:10.19	600m: 6:54.73 1:10.48	800m: 9:15.69 1:10.29
9. Leonor Mourinho Neves	95 Sporting	<b>9:16.88</b>	678
100m: 1:05.77 1:05.77	300m: 3:25.69 1:10.07	500m: 5:46.57 1:10.83	700m: 8:08.21 1:10.66
200m: 2:15.62 1:09.85	400m: 4:35.74 1:10.05	600m: 6:57.55 1:10.98	800m: 9:16.88 1:08.67
10. Marisa Alexandra Lage	94 Viana Natação	<b>9:19.44</b>	669
100m: 1:04.96 1:04.96	300m: 3:25.73 1:10.31	500m: 5:46.26 1:10.16	700m: 8:09.39 1:11.69
200m: 2:15.42 1:10.46	400m: 4:36.10 1:10.37	600m: 6:57.70 1:11.44	800m: 9:19.44 1:10.05
11. Alexandra Ribeiro Paula	93 Sporting	<b>9:20.39</b>	666
100m: 1:06.29 1:06.29	300m: 3:27.37 1:10.69	500m: 5:48.74 1:10.61	700m: 8:11.26 1:11.04
200m: 2:16.68 1:10.39	400m: 4:38.13 1:10.76	600m: 7:00.22 1:11.48	800m: 9:20.39 1:09.13
12. Carolina Cunha Martins	95 Náutico/Matobra	<b>9:22.75</b>	657
100m: 1:05.63 1:05.63	300m: 3:26.03 1:10.47	500m: 5:48.94 1:11.80	700m: 8:12.05 1:11.81
200m: 2:15.56 1:09.93	400m: 4:37.14 1:11.11	600m: 7:00.24 1:11.30	800m: 9:22.75 1:10.70
13. Ana Sofia Fernandes	93 Braga	<b>9:25.34</b>	648
100m: 1:04.70 1:04.70	300m: 3:24.36 1:10.78	500m: 5:48.33 1:12.50	700m: 8:14.43 1:13.01
200m: 2:13.58 1:08.88	400m: 4:35.83 1:11.47	600m: 7:01.42 1:13.09	800m: 9:25.34 1:10.91



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Prova 31, Femin., 800m Livres, Absolutos

Lugar	Ano	Tempo final	Pts
14. Tania Martins Garcia	92 Ginásio Figueirense	<b>9:28.18</b>	639
100m: 1:08.71 1:08.71	300m: 3:30.26 1:10.58	500m: 5:53.50 1:11.90	700m: 8:17.58 1:11.89
200m: 2:19.68 1:10.97	400m: 4:41.60 1:11.34	600m: 7:05.69 1:12.19	800m: 9:28.18 1:10.60
15. Silvia Ariana Soares	95 Porto/Dolce Vita	<b>9:29.36</b>	635
100m: 1:07.64 1:07.64	300m: 3:32.42 1:12.23	500m: 5:56.31 1:12.00	700m: 8:20.57 1:11.91
200m: 2:20.19 1:12.55	400m: 4:44.31 1:11.89	600m: 7:08.66 1:12.35	800m: 9:29.36 1:08.79
16. Maria Ana Magalhaes	93 Desportiva Limiana	<b>9:29.67</b>	634
100m: 1:07.50 1:07.50	300m: 3:32.41 1:12.24	500m: 5:56.06 1:11.98	700m: 8:20.19 1:11.85
200m: 2:20.17 1:12.67	400m: 4:44.08 1:11.67	600m: 7:08.34 1:12.28	800m: 9:29.67 1:09.48
17. Ana Catarina Gomes	91 Uniao Piedense	<b>9:30.92</b>	629
100m: 1:07.93 1:07.93	300m: 3:31.97 1:11.96	500m: 5:56.19 1:12.28	700m: 8:20.77 1:12.25
200m: 2:20.01 1:12.08	400m: 4:43.91 1:11.94	600m: 7:08.52 1:12.33	800m: 9:30.92 1:10.15
18. Angelica Maria Andre	94 Leixões	<b>9:33.63</b>	621
100m: 1:05.51 1:05.51	300m: 3:27.95 1:11.48	500m: 5:51.74 1:11.97	700m: 8:20.09 1:14.70
200m: 2:16.47 1:10.96	400m: 4:39.77 1:11.82	600m: 7:05.39 1:13.65	800m: 9:33.63 1:13.54
19. Maria Luis Amorim	95 Porto/Dolce Vita	<b>9:38.78</b>	604
100m: 1:09.69 1:09.69	300m: 3:35.58 1:12.72	500m: 6:01.99 1:13.35	700m: 8:27.96 1:12.66
200m: 2:22.86 1:13.17	400m: 4:48.64 1:13.06	600m: 7:15.30 1:13.31	800m: 9:38.78 1:10.82
20. Tatiana Ladeiro Santos	92 Geslours	<b>9:39.46</b>	602
<i>FTL</i>			
100m: 1:06.82 1:06.82	300m: 3:31.01 1:12.42	500m: 5:59.11 1:14.41	700m: 8:27.21 1:13.90
200m: 2:18.59 1:11.77	400m: 4:44.70 1:13.69	600m: 7:13.31 1:14.20	800m: 9:39.46 1:12.25
21. Marta Filipa Vinagre	95 Torres Novas	<b>9:41.16</b>	597
100m: 1:09.77 1:09.77	300m: 3:37.71 1:14.03	500m: 6:05.58 1:13.96	700m: 8:30.08 1:12.22
200m: 2:23.68 1:13.91	400m: 4:51.62 1:13.91	600m: 7:17.86 1:12.28	800m: 9:41.16 1:11.08
22. Ana Sofia Costa	95 Alcobaca	<b>9:49.69</b>	571
<i>FTL</i>			
100m: 1:10.30 1:10.30	300m: 3:38.06 1:13.98	500m: 6:05.84 1:13.75	700m: 8:35.14 1:14.91
200m: 2:24.08 1:13.78	400m: 4:52.09 1:14.03	600m: 7:20.23 1:14.39	800m: 9:49.69 1:14.55
23. Daniela Filipa Pinto	91 Vitória de Guimarães	<b>9:52.58</b>	563
<i>FTL</i>			
100m: 1:07.29 1:07.29	300m: 3:34.10 1:14.20	500m: 6:04.79 1:16.05	700m: 8:38.10 1:16.67
200m: 2:19.90 1:12.61	400m: 4:48.74 1:14.64	600m: 7:21.43 1:16.64	800m: 9:52.58 1:14.48

Seniores

1. Maria Miguel Veloso	93 Náutico/Matobra	<b>8:46.72</b>	802
100m: 1:04.00 1:04.00	300m: 3:15.84 1:05.84	500m: 5:28.30 1:06.23	700m: 7:41.81 1:06.71
200m: 2:10.00 1:06.00	400m: 4:22.07 1:06.23	600m: 6:35.10 1:06.80	800m: 8:46.72 1:04.91
2. Joana Aguiar Rodrigues	93 Porto/Dolce Vita	<b>8:57.84</b>	753
100m: 1:04.01 1:04.01	300m: 3:16.32 1:06.29	500m: 5:31.44 1:07.84	700m: 7:49.66 1:09.39
200m: 2:10.03 1:06.02	400m: 4:23.60 1:07.28	600m: 6:40.27 1:08.83	800m: 8:57.84 1:08.18
3. Marta Alexandra Saraiva	93 Uniao Piedense	<b>9:08.50</b>	710
100m: 1:04.73 1:04.73	300m: 3:22.29 1:09.09	500m: 5:41.31 1:09.45	700m: 8:00.00 1:09.47
200m: 2:13.20 1:08.47	400m: 4:31.86 1:09.57	600m: 6:50.53 1:09.22	800m: 9:08.50 1:08.50

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Lugar	Ano	Tempo final	Pts
4. Ana Rita Ismael	92 Louletano/Loulé Concelho	<b>9:11.36</b>	699
100m: 1:05.19 1:05.19	300m: 3:25.49 1:10.40	500m: 5:45.58 1:09.57	700m: 8:03.86 1:09.07
200m: 2:15.09 1:09.90	400m: 4:36.01 1:10.52	600m: 6:54.79 1:09.21	800m: 9:11.36 1:07.50
5. Ana Beatriz Pereira	91 Louletano/Loulé Concelho	<b>9:12.62</b>	694
100m: 1:05.36 1:05.36	300m: 3:22.87 1:08.86	500m: 5:42.87 1:10.34	700m: 8:03.84 1:10.47
200m: 2:14.01 1:08.65	400m: 4:32.53 1:09.66	600m: 6:53.37 1:10.50	800m: 9:12.62 1:08.78
6. Lara Santana Pinheiro	92 Belenenses	<b>9:15.69</b>	683
100m: 1:04.64 1:04.64	300m: 3:23.96 1:10.28	500m: 5:44.25 1:10.10	700m: 8:05.40 1:10.67
200m: 2:13.68 1:09.04	400m: 4:34.15 1:10.19	600m: 6:54.73 1:10.48	800m: 9:15.69 1:10.29
7. Alexandra Ribeiro Paula	93 Sporting	<b>9:20.39</b>	666
100m: 1:06.29 1:06.29	300m: 3:27.37 1:10.69	500m: 5:48.74 1:10.61	700m: 8:11.26 1:11.04
200m: 2:16.68 1:10.39	400m: 4:38.13 1:10.76	600m: 7:00.22 1:11.48	800m: 9:20.39 1:09.13
8. Ana Sofia Fernandes	93 Braga	<b>9:25.34</b>	648
100m: 1:04.70 1:04.70	300m: 3:24.36 1:10.78	500m: 5:48.33 1:12.50	700m: 8:14.43 1:13.01
200m: 2:13.58 1:08.88	400m: 4:35.83 1:11.47	600m: 7:01.42 1:13.09	800m: 9:25.34 1:10.91
9. Tania Martins Garcia	92 Ginásio Figueirense	<b>9:28.18</b>	639
100m: 1:08.71 1:08.71	300m: 3:30.26 1:10.58	500m: 5:53.50 1:11.90	700m: 8:17.58 1:11.89
200m: 2:19.68 1:10.97	400m: 4:41.60 1:11.34	600m: 7:05.69 1:12.19	800m: 9:28.18 1:10.60
10. Maria Ana Magalhaes	93 Desportiva Limiana	<b>9:29.67</b>	634
100m: 1:07.50 1:07.50	300m: 3:32.41 1:12.24	500m: 5:56.06 1:11.98	700m: 8:20.19 1:11.85
200m: 2:20.17 1:12.67	400m: 4:44.08 1:11.67	600m: 7:08.34 1:12.28	800m: 9:29.67 1:09.48
11. Ana Catarina Gomes	91 Uniao Piedense	<b>9:30.92</b>	629
100m: 1:07.93 1:07.93	300m: 3:31.97 1:11.96	500m: 5:56.19 1:12.28	700m: 8:20.77 1:12.25
200m: 2:20.01 1:12.08	400m: 4:43.91 1:11.94	600m: 7:08.52 1:12.33	800m: 9:30.92 1:10.15
12. Tatiana Ladeiro Santos FTL	92 Gesloures	<b>9:39.46</b>	602
100m: 1:06.82 1:06.82	300m: 3:31.01 1:12.42	500m: 5:59.11 1:14.41	700m: 8:27.21 1:13.90
200m: 2:18.59 1:11.77	400m: 4:44.70 1:13.69	600m: 7:13.31 1:14.20	800m: 9:39.46 1:12.25
13. Daniela Filipa Pinto FTL	91 Vitória de Guimarães	<b>9:52.58</b>	563
100m: 1:07.29 1:07.29	300m: 3:34.10 1:14.20	500m: 6:04.79 1:16.05	700m: 8:38.10 1:16.67
200m: 2:19.90 1:12.61	400m: 4:48.74 1:14.64	600m: 7:21.43 1:16.64	800m: 9:52.58 1:14.48

Juniores2

1. Patricia Garcia Marinho	94 Sporting	<b>8:52.00</b>	778
100m: 1:04.08 1:04.08	300m: 3:17.68 1:07.31	500m: 5:31.83 1:06.66	700m: 7:46.30 1:07.22
200m: 2:10.37 1:06.29	400m: 4:25.17 1:07.49	600m: 6:39.08 1:07.25	800m: 8:52.00 1:05.70
2. Andreia Catarina Gomes	94 Vitória de Guimarães	<b>9:04.26</b>	727
100m: 1:04.21 1:04.21	300m: 3:19.36 1:07.86	500m: 5:37.87 1:09.41	700m: 7:57.10 1:09.73
200m: 2:11.50 1:07.29	400m: 4:28.46 1:09.10	600m: 6:47.37 1:09.50	800m: 9:04.26 1:07.16
3. Marisa Alexandra Lage	94 Viana Natação	<b>9:19.44</b>	669
100m: 1:04.96 1:04.96	300m: 3:25.73 1:10.31	500m: 5:46.26 1:10.16	700m: 8:09.39 1:11.69
200m: 2:15.42 1:10.46	400m: 4:36.10 1:10.37	600m: 6:57.70 1:11.44	800m: 9:19.44 1:10.05
4. Angelica Maria Andre	94 Leixões	<b>9:33.63</b>	621
100m: 1:05.51 1:05.51	300m: 3:27.95 1:11.48	500m: 5:51.74 1:11.97	700m: 8:20.09 1:14.70
200m: 2:16.47 1:10.96	400m: 4:39.77 1:11.82	600m: 7:05.39 1:13.65	800m: 9:33.63 1:13.54

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Leiria, 4. - 6.12.2009

Prova 31, Femin., 800m Livres

Juniores1

1. Leonor Mourinho Neves	95 Sporting	<b>9:16.88</b>	678
100m: 1:05.77 1:05.77	300m: 3:25.69 1:10.07	500m: 5:46.57 1:10.83	700m: 8:08.21 1:10.66
200m: 2:15.62 1:09.85	400m: 4:35.74 1:10.05	600m: 6:57.55 1:10.98	800m: 9:16.88 1:08.67
2. Carolina Cunha Martins	95 Náutico/Matobra	<b>9:22.75</b>	657
100m: 1:05.63 1:05.63	300m: 3:26.03 1:10.47	500m: 5:48.94 1:11.80	700m: 8:12.05 1:11.81
200m: 2:15.56 1:09.93	400m: 4:37.14 1:11.11	600m: 7:00.24 1:11.30	800m: 9:22.75 1:10.70
3. Silvia Ariana Soares	95 Porto/Dolce Vita	<b>9:29.36</b>	635
100m: 1:07.64 1:07.64	300m: 3:32.42 1:12.23	500m: 5:56.31 1:12.00	700m: 8:20.57 1:11.91
200m: 2:20.19 1:12.55	400m: 4:44.31 1:11.89	600m: 7:08.66 1:12.35	800m: 9:29.36 1:08.79
4. Maria Luis Amorim	95 Porto/Dolce Vita	<b>9:38.78</b>	604
100m: 1:09.69 1:09.69	300m: 3:35.58 1:12.72	500m: 6:01.99 1:13.35	700m: 8:27.96 1:12.66
200m: 2:22.86 1:13.17	400m: 4:48.64 1:13.06	600m: 7:15.30 1:13.31	800m: 9:38.78 1:10.82
5. Marta Filipa Vinagre	95 Torres Novas	<b>9:41.16</b>	597
100m: 1:09.77 1:09.77	300m: 3:37.71 1:14.03	500m: 6:05.58 1:13.96	700m: 8:30.08 1:12.22
200m: 2:23.68 1:13.91	400m: 4:51.62 1:13.91	600m: 7:17.86 1:12.28	800m: 9:41.16 1:11.08
6. Ana Sofia Costa	95 Alcobça	<b>9:49.69</b>	571
<i>FTL</i>			
100m: 1:10.30 1:10.30	300m: 3:38.06 1:13.98	500m: 6:05.84 1:13.75	700m: 8:35.14 1:14.91
200m: 2:24.08 1:13.78	400m: 4:52.09 1:14.03	600m: 7:20.23 1:14.39	800m: 9:49.69 1:14.55