

XI Campeonato Nacional de Masters - Open Verão
Coimbra, 20. - 21.6.2009

Prova 29 Masc., 200m Livres 25 - 84 anos
21.6.09 - 10:15 Resultados

Pontos: DSV Masters 04

Lugar	Ano	Tempo final	Pts
Master Esc A			
1. GORGULHO, David Oliveira	82 Litoral Alentejano	2:02.31	741
50m: 28.60 28.60 100m: 59.50 30.90 150m: 1:31.12 31.62 200m: 2:02.31 31.19			
2. CARNEIRO, Ivo Emanuel	84 Natação de Vila Real	2:04.27	706
50m: 28.99 28.99 100m: 1:00.06 31.07 150m: 1:31.59 31.53 200m: 2:04.27 32.68			
3. LOPES, Vasco Vieira	84 Vilacondense	2:07.39	655
50m: 28.03 28.03 100m: 59.68 31.65 150m: 1:33.71 34.03 200m: 2:07.39 33.68			
4. COELHO, Miguel Santos	82 Vilacondense	2:10.82	605
50m: 29.17 29.17 100m: 1:02.60 33.43 150m: 1:36.18 33.58 200m: 2:10.82 34.64			
5. COSTA, Mario Jorge	84 Vilacondense	2:14.11	562
50m: 29.64 29.64 100m: 1:02.93 33.29 150m: 1:38.47 35.54 200m: 2:14.11 35.64			
6. PAIVA, Jorge Miguel	82 Belenenses	2:14.83	553
50m: 29.80 29.80 100m: 1:03.39 33.59 150m: 1:39.31 35.92 200m: 2:14.83 35.52			
7. REBELO, Rui Anfiloquio	81 Académica de Coimbra	2:17.08	526
50m: 31.52 31.52 100m: 1:05.43 33.91 150m: 1:40.94 35.51 200m: 2:17.08 36.14			
8. RAMOS, Luis Filipe	81 Galitos	2:17.37	523
50m: 32.48 32.48 100m: 1:07.31 34.83 150m: 1:43.21 35.90 200m: 2:17.37 34.16			
9. LIMA, Tiago Miguel	83 Académica de Coimbra	2:24.05	453
50m: 32.87 32.87 100m: 1:09.13 36.26 150m: 1:46.42 37.29 200m: 2:24.05 37.63			
10. COURAS, Ivan Mauricio	81 Maia/Real Seguros	2:24.91	445
50m: 31.88 31.88 100m: 1:07.64 35.76 150m: 1:45.61 37.97 200m: 2:24.91 39.30			
11. SANTOS, Rui Miguel	83 Galitos	2:25.19	442
50m: 33.13 33.13 100m: 1:10.28 37.15 150m: 1:46.77 36.49 200m: 2:25.19 38.42			
12. RIBEIRO, Tiago Goncalo	80 Pimpões/Cimai	2:42.65	315
50m: 35.55 35.55 100m: 1:16.73 41.18 150m: 2:00.03 43.30 200m: 2:42.65 42.62			

Master Esc B

1. SILVA, Pedro Miguel	76 Vilacondense	1:56.57	878
<i>Rec Nac Esc B</i>			
50m: 26.48 26.48 100m: 55.03 28.55 150m: 1:25.62 30.59 200m: 1:56.57 30.95			
2. PASSOS, Ricardo Zamith	75 Vilacondense	2:20.11	506
50m: 31.66 31.66 100m: 1:06.48 34.82 150m: 1:43.33 36.85 200m: 2:20.11 36.78			
3. ALMEIDA, Diogo Pedroso	77 Belenenses	2:23.55	470
50m: 33.36 33.36 100m: 1:10.28 36.92 150m: 1:49.04 38.76 200m: 2:23.55 34.51			
4. CORDEIRO, Carlos Chan	77 Portinado	2:24.92	457
50m: 32.25 32.25 100m: 1:08.39 36.14 150m: 1:47.74 39.35 200m: 2:24.92 37.18			
5. SILVESTRE, Ricardo Manuel	79 Litoral Alentejano	2:27.71	431
50m: 33.69 33.69 100m: 1:10.98 37.29 150m: 1:49.06 38.08 200m: 2:27.71 38.65			

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Lugar			Ano					Tempo final	Pts
6.	SILVA, Manuel Fialho		77	Belenenses				2:29.53	416
	50m:	33.56 33.56	100m:	1:11.64	38.08	150m:	1:50.83 39.19	200m:	2:29.53 38.70
7.	PEREIRA, Alexandre Marques		76	Belenenses				2:30.14	411
	50m:	33.95 33.95	100m:	1:10.92	36.97	150m:	1:51.30 40.38	200m:	2:30.14 38.84
8.	PONTES, Bruno Lagorsse		75	Vilacondense				2:31.99	396
	50m:	33.29 33.29	100m:	1:10.18	36.89	150m:	1:49.84 39.66	200m:	2:31.99 42.15
9.	SANTOS, Rui Alexandre		76	Nadadores dos Estoris				2:32.80	390
	50m:	34.14 34.14	100m:	1:12.33	38.19	150m:	1:52.29 39.96	200m:	2:32.80 40.51
10.	ENGENHEIRO, Nuno Emanuel		79	Salvaterra Magos				2:43.07	321
	50m:	33.66 33.66	100m:	1:13.43	39.77	150m:	1:56.68 43.25	200m:	2:43.07 46.39
11.	LOPES, Miguel Pereira		79	Académica de Coimbra				2:58.47	244
	50m:	39.51 39.51	100m:	1:24.74	45.23	150m:	2:12.53 47.79	200m:	2:58.47 45.94
12.	QUITERIO, Ricardo Jose		77	Salvaterra Magos				3:16.60	183
	50m:	40.88 40.88	100m:	1:29.69	48.81	150m:	2:23.75 54.06	200m:	3:16.60 52.85
13.	ADRIAO, Vasco Santos		75	Portinado				3:22.95	166
	50m:	43.90 43.90	100m:	1:35.55	51.65	150m:	2:31.84 56.29	200m:	3:22.95 51.11
14.	FLORENCIO, Filipe Arez		78	Portinado				3:27.34	156
	50m:	39.69 39.69	100m:	1:31.38	51.69	150m:	2:32.11 1:00.73	200m:	3:27.34 55.23

Master Esc C

1.	CABRITA, Miguel Mendonca		74	Algés				2:00.00	907
	<i>Rec Nac Esc C</i>								
	50m:	27.71 27.71	100m:	56.95	29.24	150m:	1:27.94 30.99	200m:	2:00.00 32.06
2.	VAZ, Rui Carlos		71	Colégio Vasco da Gama				2:10.25	709
	50m:	29.80 29.80	100m:	1:01.98	32.18	150m:	1:35.72 33.74	200m:	2:10.25 34.53
3.	SILVA, Sergio David		73	Maia/Real Seguros				2:22.56	541
	50m:	32.10 32.10	100m:	1:07.64	35.54	150m:	1:45.23 37.59	200m:	2:22.56 37.33
4.	SOUSA, Paulo Alexandre		72	Portinado				2:25.17	512
	50m:	32.35 32.35	100m:	1:08.32	35.97	150m:	1:46.75 38.43	200m:	2:25.17 38.42
5.	SANTOS, Eurico Manuel		70	Belenenses				2:26.18	502
	50m:	33.61 33.61	100m:	1:10.59	36.98	150m:	1:48.11 37.52	200m:	2:26.18 38.07
6.	CUNHA, Vitor Fortes		71	Belenenses				2:28.10	482
	50m:	30.98 30.98	100m:	1:09.03	38.05	150m:	1:50.22 41.19	200m:	2:28.10 37.88
7.	BARROS, Nuno Filipe		71	Maia/Real Seguros				2:42.85	363
	50m:	35.52 35.52	100m:	1:16.16	40.64	150m:	2:00.94 44.78	200m:	2:42.85 41.91
8.	RAMALHAO, Nuno Andre		73	Individual Norte de Portugal				2:53.52	300
	50m:	39.00 39.00	100m:	1:23.74	44.74	150m:	2:09.05 45.31	200m:	2:53.52 44.47
9.	BRANDAO, Jose Manuel		70	Desportiva de Viana				2:58.26	276
	50m:	39.20 39.20	100m:	1:23.25	44.05	150m:	2:10.39 47.14	200m:	2:58.26 47.87
10.	SILVA, Dionisio Miguel		71	Vitória de Guimarães				3:36.25	155
	50m:	43.29 43.29	100m:	1:36.04	52.75	150m:	2:36.50 1:00.46	200m:	3:36.25 59.75

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Lugar	Ano	Tempo final	Pts
11. GALVAO, Helder Manuel	74 Salvaterra Magos	3:40.92	145
50m: 45.23 45.23 100m: 1:42.46 57.23 150m: 2:44.68 1:02.22 200m: 3:40.92 56.24			
DSQ MATIAS, Joao Pedro	74 Académica de Coimbra		
<i>Falsa partida</i>			

Master Esc D

1. FERNANDO, Pedro Alexandre	67 Académica de Coimbra	2:24.04	555
50m: 32.81 32.81 100m: 1:09.13 36.32 150m: 1:47.34 38.21 200m: 2:24.04 36.70			
2. PITEIRA, Luis Paulo	68 Naval Setubalense	2:28.58	505
50m: 33.08 33.08 100m: 1:10.47 37.39 150m: 1:49.45 38.98 200m: 2:28.58 39.13			
3. FERREIRA, Rui Jorge	68 Galitos	2:30.61	485
50m: 32.75 32.75 100m: 1:10.63 37.88 150m: 1:51.23 40.60 200m: 2:30.61 39.38			
4. MARTINS, Paulo Guilherme	68 Ginásio Figueirense	2:35.34	442
50m: 35.41 35.41 100m: 1:15.98 40.57 150m: 1:57.37 41.39 200m: 2:35.34 37.97			
5. ARAUJO, Rui Matos	68 Académica de Coimbra	2:35.80	438
50m: 36.19 36.19 100m: 1:17.21 41.02 150m: 1:58.66 41.45 200m: 2:35.80 37.14			
6. MARTINHO, Antonio Jorge	65 Académica de Coimbra	2:41.86	391
50m: 35.37 35.37 100m: 1:14.39 39.02 150m: 1:57.75 43.36 200m: 2:41.86 44.11			
7. FIGUEIREDO, Francisco Jose	68 Propaganda da Natação	2:56.48	301
50m: 37.63 37.63 100m: 1:21.37 43.74 150m: 2:10.27 48.90 200m: 2:56.48 46.21			
8. FERNANDES, Jorge Manuel	65 Millennium BCP	3:02.47	273
50m: 39.21 39.21 100m: 1:24.36 45.15 150m: 2:12.48 48.12 200m: 3:02.47 49.99			
9. AMARAL, Sergio Manuel	68 Universitário do Porto	3:05.21	261
50m: 40.99 40.99 100m: 1:27.51 46.52 150m: 2:18.03 50.52 200m: 3:05.21 47.18			
10. NEVES, Paulo Alexandre	66 Maia/Real Seguros	3:11.99	234
50m: 41.83 41.83 100m: 1:30.06 48.23 150m: 2:22.91 52.85 200m: 3:11.99 49.08			

Master Esc E

1. FREITAS, Jose Carlos	63 Fluvial Portuense	2:08.15	874
<i>Rec Nac Esc E</i> 50m: 30.24 30.24 100m: 1:03.63 33.39 150m: 1:35.92 32.29 200m: 2:08.15 32.23			
2. FARIA, Jorge Eduardo	64 Algés	2:08.20	873
50m: 29.23 29.23 100m: 1:01.08 31.85 150m: 1:34.74 33.66 200m: 2:08.20 33.46			
3. CARVALHO, Paulo Paula	61 Desporto de Setúbal	2:22.21	640
50m: 32.89 32.89 100m: 1:08.93 36.04 150m: 1:46.27 37.34 200m: 2:22.21 35.94			
4. SILVA, Joao Manuel	63 Millennium BCP	2:35.68	488
50m: 34.00 34.00 100m: 1:13.23 39.23 150m: 1:55.00 41.77 200m: 2:35.68 40.68			
5. PINHO, Manuel Alberto	61 Maia/Real Seguros	2:38.37	463
50m: 35.33 35.33 100m: 1:14.47 39.14 150m: 1:56.77 42.30 200m: 2:38.37 41.60			
6. COSTA, Armando Joao	63 Pimpões/Cimai	2:39.15	456
50m: 35.48 35.48 100m: 1:16.33 40.85 150m: 1:58.93 42.60 200m: 2:39.15 40.22			

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Lugar	Ano	Tempo final	Pts
7. FERREIRA, Francisco Jorge 50m: 39.73 39.73 100m: 1:23.33 43.60 150m: 2:09.82 46.49 200m: 2:53.88 44.06	62 Académica de Coimbra	2:53.88	350
8. MOURA, Antonio Coelho 50m: 39.26 39.26 100m: 1:23.57 44.31 150m: 2:10.75 47.18 200m: 2:58.56 47.81	60 Pimpões/Cimai	2:58.56	323
9. COROADO, Joao Paulo 50m: 38.38 38.38 100m: 1:22.86 44.48 150m: 2:12.92 50.06 200m: 2:59.75 46.83	63 Académica de Coimbra	2:59.75	317
10. FELIX, Luis Carlos 50m: 42.99 42.99 100m: 1:28.88 45.89 150m: 2:16.55 47.67 200m: 3:02.88 46.33	60 CCD Lagos/Multi	3:02.88	301
11. MARQUES, Emanuel Araujo 50m: 40.14 40.14 100m: 1:25.90 45.76 150m: 2:13.50 47.60 200m: 3:04.34 50.84	64 Maia/Real Seguros	3:04.34	293
12. RODRIGUES, Paulo Fernando 50m: 40.61 40.61 100m: 1:29.69 49.08 150m: 2:25.12 55.43 200m: 3:18.98 53.86	63 Belenenses	3:18.98	233

Master Esc F

1. MAVIOSO, Vitor Manuel <i>Rec Nac Esc F</i> 50m: 33.54 33.54 100m: 1:10.72 37.18 150m: 1:50.93 40.21 200m: 2:29.95 39.02	56 Função Pública	2:29.95	569
2. PINTO, Mario Jose 50m: 35.64 35.64 100m: 1:15.25 39.61 150m: 1:55.66 40.41 200m: 2:36.08 40.42	57 Académica de Coimbra	2:36.08	505
3. MENENDEZ CUELLAR, Manuel 50m: 35.91 35.91 100m: 1:16.60 40.69 150m: 1:59.48 42.88 200m: 2:40.31 40.83	59 Cuatro Caminos	2:40.31	466
4. SERRA, Carlos Alberto 50m: 37.47 37.47 100m: 1:19.30 41.83 150m: 2:02.37 43.07 200m: 2:45.31 42.94	55 Luz e Vida	2:45.31	425
5. RAPOSO, Antonio Costa 50m: 40.10 40.10 100m: 1:23.75 43.65 150m: 2:10.77 47.02 200m: 2:56.47 45.70	58 Portinado	2:56.47	349
6. CORREIA, Jose Luis 50m: 39.52 39.52 100m: 1:25.99 46.47 150m: 2:14.71 48.72 200m: 3:01.36 46.65	59 Nadadores dos Estoris	3:01.36	322
7. ROCHA, Hugo Manuel 50m: 46.46 46.46 100m: 1:42.76 56.30 150m: 2:41.73 58.97 200m: 3:37.88 56.15	57 Ginásio Figueirense	3:37.88	185

Master Esc G

1. PEREIRA, Virgilio Azevedo 50m: 41.39 41.39 100m: 1:28.20 46.81 150m: 2:20.04 51.84 200m: 3:08.44 48.40	54 Algés	3:08.44	342
2. TEIXEIRA, Jose Antonio 50m: 42.37 42.37 100m: 1:31.19 48.82 150m: 2:20.62 49.43 200m: 3:10.34 49.72	53 Académica de Coimbra	3:10.34	332
3. MELO, Mario Jorge 50m: 42.85 42.85 100m: 1:33.89 51.04 150m: 2:30.09 56.20 200m: 3:22.59 52.50	51 Belenenses	3:22.59	275
4. COELHO, Domingos Pinto 50m: 45.11 45.11 100m: 1:40.47 55.36 150m: 2:37.40 56.93 200m: 3:31.93 54.53	52 Algés	3:31.93	240

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Lugar	Ano	Tempo final	Pts
5. NETO, Jose Carlos	53	3:46.51	197
50m: 45.71 45.71 100m: 1:42.09 56.38 150m: 2:45.39 1:03.30 200m: 3:46.51 1:01.12			

Master Esc H

1. DYSON, Stephen Thomas	47	2:41.13	672
<i>Rec Nac Esc H</i> 50m: 38.22 38.22 100m: 1:18.20 39.98 150m: 1:59.47 41.27 200m: 2:41.13 41.66			
2. BAIRRADA, Orlando Gomes	45	3:00.82	476
50m: 43.38 43.38 100m: 1:28.36 44.98 150m: 2:15.84 47.48 200m: 3:00.82 44.98			

Master Esc I

1. JORGE, Luis Vaz	43	3:19.26	415
<i>Rec Nac Esc I</i> 50m: 43.03 43.03 100m: 1:31.92 48.89 150m: 2:26.20 54.28 200m: 3:19.26 53.06			
2. MOREIRA, Helder Manuel	44	4:07.63	216
50m: 56.97 56.97 100m: 1:59.65 1:02.68 150m: 3:05.90 1:06.25 200m: 4:07.63 1:01.73			

Master Esc J

1. TEIXEIRA, Joao Rodrigues	37	4:08.32	241
<i>Rec Nac Esc J</i> 50m: 1:02.09 1:02.09 100m: 2:09.26 1:07.17 150m: 3:13.69 1:04.43 200m: 4:08.32 54.63			