

XI Campeonato Nacional de Masters - Open Verão  
Coimbra, 20. - 21.6.2009

Prova 28  
21.6.09 - 10:00

Femin., 200m Livres

25 - 84 anos  
Resultados

Lugar	Ano		Tempo final	50m	100m	150m	200m	
<b>Master Esc A</b>								
1.	OLIVEIRA, Ana Mafalda	81	Maia/Real Seguros	<b>2:34.92</b>	35.29	39.15	40.30	40.18
2.	MOREIRA, Carla Michelle	82	Vilacondense	<b>2:37.32</b>	36.02	40.92	41.12	39.26
3.	PACHECO, Diana Raquel	84	Maia/Real Seguros	<b>2:40.96</b>	35.86	40.26	42.56	42.28
4.	ALEIXO, Ines Marques	82	Vilacondense	<b>2:41.27</b>	35.56	39.84	42.48	43.39
5.	CUNHA, Joana Isabel	80	Belenenses	<b>2:42.29</b>	36.82	41.51	43.27	40.69
6.	SANTOS, Mariana Moura	83	Portinado	<b>2:44.74</b>	35.85	39.69	44.50	44.70
7.	CATARINO, Marta Gloria	84	Portinado	<b>2:52.36</b>	37.81	42.64	45.88	46.03
8.	ROLO, Ana Lucia	81	Ginásio Figueirense	<b>2:53.52</b>	37.49	43.65	46.69	45.69
9.	TADEU, Ana Mafalda	80	Académica de Coimbra	<b>2:57.23</b>	40.98	43.72	46.26	46.27
10.	MORETO, Ana Filipa	84	Maia/Real Seguros	<b>2:59.06</b>	40.37	44.63	47.30	46.76
11.	RODRIGUES, F.	80	Portinado	<b>4:17.98</b>	54.87	1:07.16	1:09.30	1:06.65
<b>Master Esc B</b>								
1.	LABATZKE, Kerstin Bettina	77	Galitos	<b>2:30.80</b>	34.39	38.07	39.71	38.63
2.	VILAR, Sonia Oliveira	79	Universitário do Porto	<b>2:31.88</b>	35.46	37.53	38.97	39.92
3.	GAMEIRO, Joana Araujo	78	Belenenses	<b>3:16.06</b>	44.36	50.19	52.03	49.48
4.	FERNANDES, Ana Rita	79	Académica de Coimbra	<b>3:21.50</b>	43.48	50.30	53.86	53.86
5.	GUERREIRO, Ana Carina	77	Belenenses	<b>3:27.50</b>	40.11	43.98	1:06.84	56.57
6.	ROSSETO, P.	77	Portinado	<b>3:30.50</b>	45.18	53.74	54.76	56.82
7.	DUQUE, Marta Isabel	76	Naval Setubalense	<b>3:31.82</b>	47.55	53.24	57.41	53.62
8.	LUZ, Ana Vieira	78	Belenenses	<b>3:35.32</b>	48.91	59.45	56.16	50.80
9.	MARQUES, Isabel Maria	75	Académica de Coimbra	<b>3:47.35</b>	50.66	58.38	59.79	58.52
<b>Master Esc C</b>								
1.	VIEGAS, Maria Joao	72	Académica de Coimbra	<b>2:51.04</b>	39.33	43.87	45.33	42.51
2.	SOUSA, Rita Pereira	73	Belenenses	<b>3:03.23</b>	39.90	44.61	48.78	49.94
3.	NEVES, Catarina Portela	74	Académica de Coimbra	<b>3:13.41</b>	44.46	53.12	52.77	43.06
4.	SILVA, Cristina Fernandes	71	Académica de Coimbra	<b>3:15.33</b>	42.82	48.91	52.73	50.87
5.	MOITEIRO, Rita Margarida	73	Pimpões/Cimai	<b>3:21.03</b>	42.93	49.65	53.61	54.84
6.	SANTINHA, F.	72	Masters de Almada	<b>3:36.26</b>	46.08	55.14	57.19	57.85
7.	OLIVEIRA, S.	70	Portinado	<b>3:43.67</b>	50.33	56.62	1:00.03	56.69
8.	BARBARA, Ana Bernardo	70	Portinado	<b>4:13.49</b>	55.42	1:03.84	1:10.65	1:03.58
9.	SIMOES, Susana Paula	72	Maia/Real Seguros	<b>4:26.33</b>	59.74	1:06.78	1:10.85	1:08.96
<b>Master Esc D</b>								
1.	GRILO, Ana Paula	69	Esports Masters	<b>2:21.77</b>	34.60	36.10	36.50	34.57
2.	BRANDAO, Maria Teresa	69	Maia/Real Seguros	<b>2:52.85</b>	37.99	42.87	44.98	47.01
3.	RIBEIRO, Maria Joao	65	Belenenses	<b>3:01.15</b>	42.38	46.11	46.90	45.76
4.	MIGUEIS, Maria Candida	65	Académica de Coimbra	<b>3:14.61</b>	47.96	51.42	50.73	44.50
5.	MACHADO, Cristina Isabel	67	Académico Viseu	<b>3:23.90</b>	46.24	50.34	54.81	52.51

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Master Esc E

1. GAMONAL, Elena Alarcon	61	Natação de Faro	<b>2:36.14</b>	35.22	39.79	41.01	40.12
<i>Rec Nac Esc E</i>							
2. CHAMOSA MARTIN, Julia	61	Natacion de Vigo	<b>2:46.95</b>	38.61	42.01	43.35	42.98
3. URBANO, Maria Margarida	63	Académica de Coimbra	<b>3:15.29</b>	43.70	49.75	50.98	50.86
4. OLIVEIRA, Maria Luisa	61	Académica de Coimbra	<b>3:21.43</b>	44.51	52.17	52.03	52.72
5. FERNANDES, M.	62	Maia/Real Seguros	<b>3:26.98</b>	45.33	53.04	54.86	53.75
6. COSTA, Maria Emilia	64	Académica de Coimbra	<b>4:31.40</b>	1:00.30	1:08.37	1:12.32	1:10.41

Master Esc G

1. PINTAO, Luisa Maria	54	Nadadores dos Estoris	<b>3:31.22</b>	46.65	53.67	58.47	52.43
2. FELIX, Maria Ferreira	54	Função Pública	<b>4:46.24</b>	1:03.19	1:10.89	1:16.51	1:15.65