

XI Campeonato Nacional de Masters - Open Verão
Coimbra, 20. - 21.6.2009

Prova 25 Masc., 100m Costas 25 - 84 anos
21.6.09 - 9:35 Resultados

Pontos: DSV Masters 04

| Lugar | Ano | | Tempo final | Pts | 50m | 100m |
|---------------------|---------------------------|-------------------------------|----------------|-----|-------|-------|
| Master Esc A | | | | | | |
| 1. | GORGULHO, David Oliveira | 82 Litoral Alentejano | 1:03.85 | 682 | 32.05 | 31.80 |
| 2. | GRACA, Bruno Emanuel | 82 Universitário do Porto | 1:05.34 | 637 | 31.51 | 33.83 |
| 3. | GONCALVES, Guilherme Luis | 83 Associação do Seixal/Emisa | 1:13.73 | 443 | 35.54 | 38.19 |
| 4. | ANTUNES, Jose Manuel | 82 Galitos | 1:13.92 | 439 | 35.77 | 38.15 |
| 5. | DIAS, Carlos Granadeiro | 81 Portinado | 1:17.75 | 378 | 36.80 | 40.95 |
| 6. | LIMA, Tiago Miguel | 83 Académica de Coimbra | 1:19.50 | 353 | 39.16 | 40.34 |
| 7. | JACINTO, Joao Filipe | 80 Salvaterra Magos | 1:21.15 | 332 | 39.09 | 42.06 |
| 8. | MESTRE, Nelson Palma | 80 Académica de Coimbra | 1:29.74 | 245 | 42.47 | 47.27 |

Master Esc B

| | | | | | | |
|----|---------------------------|--------------------------|----------------|-----|-------|---------|
| 1. | ALMEIDA, Diogo Pedroso | 77 Belenenses | 1:16.45 | 407 | 36.72 | 39.73 |
| 2. | GUERRA, Nuno Miguel | 77 Maia/Real Seguros | 1:19.07 | 368 | 38.06 | 41.01 |
| 3. | SILVA, Carlos Sobral | 77 Naval Setubalense | 1:22.33 | 326 | 40.77 | 41.56 |
| 4. | SANTOS, Rui Alexandre | 76 Nadadores dos Estoris | 1:29.48 | 254 | 44.94 | 44.54 |
| 5. | MEDEIRA, Helio Encarnacao | 78 Portinado | 1:34.92 | 212 | | |
| 6. | ADRIAO, Vasco Santos | 75 Portinado | 1:56.51 | 115 | 56.46 | 1:00.05 |

Master Esc C

| | | | | | | |
|----|----------------------|-------------------------|----------------|-----|-------|-------|
| 1. | PEREZ ARIAS, Hector | 71 Fluvial de Lugo | 1:17.04 | 444 | 37.36 | 39.68 |
| 2. | MORA SUAREZ, J. | 70 Cuatro Caminos | 1:20.91 | 384 | 39.79 | 41.12 |
| 3. | GOMES, Paulo Sousa | 72 Académica de Coimbra | 1:28.07 | 297 | 43.14 | 44.93 |
| 4. | BRANDAO, Jose Manuel | 70 Desportiva de Viana | 1:29.99 | 279 | 43.57 | 46.42 |

Master Esc D

| | | | | | | |
|----|----------------------------|--------------------------|----------------|-----|-------|-------|
| 1. | ARAUJO, Rui Matos | 68 Académica de Coimbra | 1:17.29 | 485 | 37.29 | 40.00 |
| 2. | MARTINS, Paulo Guilherme | 68 Ginásio Figueirense | 1:22.35 | 401 | 40.87 | 41.48 |
| 3. | CAPELO, Rui Ricardo | 65 CCD Lagos/Multi | 1:23.90 | 379 | 41.19 | 42.71 |
| 4. | PEREIRA, Joao Carlos | 69 Masters de Almada | 1:31.24 | 294 | 44.32 | 46.92 |
| 5. | OLIVEIRA, A. | 67 Galitos | 1:33.47 | 274 | 44.52 | 48.95 |
| 6. | FIGUEIREDO, Francisco Jose | 68 Propaganda da Natação | 1:37.38 | 242 | 47.51 | 49.87 |
| 7. | DIAS, Francisco Jose | 69 Portinado | 1:42.84 | 205 | 49.26 | 53.58 |
| 8. | QUINTINO, Manuel Vasques | 68 Telecom | 1:47.33 | 181 | 52.49 | 54.84 |

Master Esc E

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|----------------------|---------------------------|-------------------------|----------------|-----|-------|---------|
| 1. | FARIA, Jorge Eduardo | 64 Algés | 1:05.89 | 963 | 32.35 | 33.54 |
| <i>Rec Nac Esc E</i> | | | | | | |
| 2. | FERREIRA, Francisco Jorge | 62 Académica de Coimbra | 1:33.08 | 341 | 45.78 | 47.30 |
| 3. | FERNANDES, Pedro Militao | 61 Belenenses | 1:37.41 | 298 | 47.08 | 50.33 |
| 4. | LOURENCO, Joao Carlos | 64 Desportiva de Viana | 1:52.45 | 193 | 54.31 | 58.14 |
| 5. | RODRIGUES, Paulo Fernando | 63 Belenenses | 1:59.57 | 161 | 58.28 | 1:01.29 |
| 6. | SERRA, Fernando Manuel | 64 Millennium BCP | 2:00.15 | 158 | 58.55 | 1:01.60 |



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Master Esc F

| | | | | | | | |
|----|-------------------------|----|----------------|----------------|-----|-------|-------|
| 1. | MADEIRA, Luis Cavaleiro | 57 | Belenenses | 1:20.23 | 587 | 39.09 | 41.14 |
| 2. | MAVIOSO, Vitor Manuel | 56 | Função Pública | 1:21.21 | 566 | 39.06 | 42.15 |
| 3. | OSORIO, Ricardo Jorge | 56 | Gespaços | 1:45.78 | 256 | 53.23 | 52.55 |

Master Esc G

| | | | | | | | |
|----|------------------------|----|-------|----------------|-----|---------|---------|
| 1. | COELHO, Domingos Pinto | 52 | Algés | 2:10.76 | 137 | 1:02.42 | 1:08.34 |
|----|------------------------|----|-------|----------------|-----|---------|---------|

Master Esc I

| | | | | | | | |
|----|-----------------------|----|-------------------|----------------|-----|---------|---------|
| 1. | MIRANDA, Artur Vieira | 41 | Individual Lisboa | 2:49.28 | 105 | 1:22.00 | 1:27.28 |
|----|-----------------------|----|-------------------|----------------|-----|---------|---------|

Master Esc J

| | | | | | | | |
|----|--|----|----------------------|----------------|-----|---------|---------|
| 1. | TEIXEIRA, Joao Rodrigues <i>Rec Nac Esc J</i> | 37 | Académica de Coimbra | 2:39.17 | 149 | 1:15.04 | 1:24.13 |
|----|--|----|----------------------|----------------|-----|---------|---------|