

Campeonatos Nacionais de Infantis
S. João da Madeira, 24. - 26.7.2009

Prova 8 Masc., 400m Livres Infantis
25.7.09 - 10:15 Resultados

Recorde Nacional Infantis A	4:15.99	Pedro Fontoura Oliveira	CFB	Badajoz (ESP)	11.7.04
Recorde Nacional Infantis B	4:28.42	Pedro Fontoura Oliveira	CFB	Restelo	26.7.03

TAC Masc A Inf A: 4:50.00 / TAC Masc B Inf B: 5:00.00

Pontos: FINA 2008

Lugar	Ano	Tempo final	Pts
Infantis A			
1. Joao Duarte Santos MAC	95 Natação de Olhão	4:22.60	610
50m: 28.84 28.84	150m: 1:34.82 33.56	250m: 2:42.78 33.37	350m: 3:50.93 33.81
100m: 1:01.26 32.42	200m: 2:09.41 34.59	300m: 3:17.12 34.34	400m: 4:22.60 31.67
2. Tomas Correia Silva MAC	95 Fluvial Portuense	4:22.65	609
50m: 29.22 29.22	150m: 1:36.15 33.84	250m: 2:44.01 33.25	350m: 3:51.52 33.17
100m: 1:02.31 33.09	200m: 2:10.76 34.61	300m: 3:18.35 34.34	400m: 4:22.65 31.13
3. Afonso Lopes dos Santos MAC	95 Bombeiros das Caldas Rainha	4:30.85	556
50m: 28.99 28.99	150m: 1:36.01 34.35	250m: 2:46.50 35.75	350m: 3:57.21 35.65
100m: 1:01.66 32.67	200m: 2:10.75 34.74	300m: 3:21.56 35.06	400m: 4:30.85 33.64
4. Cesar Filipe Magalhaes MAC	95 Foca	4:31.19	554
50m: 30.64 30.64	150m: 1:38.93 34.68	250m: 2:49.38 35.19	350m: 3:58.13 33.98
100m: 1:04.25 33.61	200m: 2:14.19 35.26	300m: 3:24.15 34.77	400m: 4:31.19 33.06
5. Luis Manuel Fernandes MAC	95 Famalicão	4:32.42	546
50m: 29.59 29.59	150m: 1:37.64 34.15	250m: 2:47.41 34.73	350m: 3:58.04 35.12
100m: 1:03.49 33.90	200m: 2:12.68 35.04	300m: 3:22.92 35.51	400m: 4:32.42 34.38
6. Tiago Ferreira Azevedo MAC	95 Naval Amorense	4:35.02	531
50m: 29.53 29.53	150m: 1:38.33 35.35	250m: 2:49.89 35.88	350m: 4:01.78 36.05
100m: 1:02.98 33.45	200m: 2:14.01 35.68	300m: 3:25.73 35.84	400m: 4:35.02 33.24
7. Diogo Antonio Lopes MAC	95 Torres Novas	4:35.04	531
50m: 30.24 30.24	150m: 1:38.91 34.80	250m: 2:50.75 36.09	350m: 4:01.76 35.18
100m: 1:04.11 33.87	200m: 2:14.66 35.75	300m: 3:26.58 35.83	400m: 4:35.04 33.28
8. Joao Bernardo Saragoca	95 20Km de Almeirim	4:36.51	522
50m: 29.93 29.93	150m: 1:39.96 36.28	250m: 2:52.42 36.50	350m: 4:02.67 33.76
100m: 1:03.68 33.75	200m: 2:15.92 35.96	300m: 3:28.91 36.49	400m: 4:36.51 33.84
9. Manuel Henrique Alves	95 Desportiva de Viana	4:40.79	499
50m: 30.47 30.47	150m: 1:40.78 36.06	250m: 2:52.77 35.90	350m: 4:06.18 36.65
100m: 1:04.72 34.25	200m: 2:16.87 36.09	300m: 3:29.53 36.76	400m: 4:40.79 34.61
10. Gil Vilela Correia	95 Sporting	4:40.89	498
50m: 29.88 29.88	150m: 1:39.47 35.40	250m: 2:52.41 36.54	350m: 4:05.77 36.45
100m: 1:04.07 34.19	200m: 2:15.87 36.40	300m: 3:29.32 36.91	400m: 4:40.89 35.12
11. Gustavo Lopes Ribeiro	95 Académica de Coimbra	4:42.67	489
50m: 30.20 30.20	150m: 1:41.37 36.49	250m: 2:55.92 36.97	350m: 4:09.13 36.28
100m: 1:04.88 34.68	200m: 2:18.95 37.58	300m: 3:32.85 36.93	400m: 4:42.67 33.54

Campeonatos Nacionais de Infantis
S. João da Madeira, 24. - 26.7.2009

Prova 8, Masc., 400m Livres, Infantis A

Lugar	Ano				Tempo final				Pts
12. Duarte Nuno Vieira	95	Nacional			4:43.21				486
50m: 31.77 31.77	150m: 1:43.54 35.94	250m: 2:56.69 36.77	350m: 4:08.73 35.09						
100m: 1:07.60 35.83	200m: 2:19.92 36.38	300m: 3:33.64 36.95	400m: 4:43.21 34.48						
13. Joao Nuno Abreu	95	Vitória de Guimarães			4:45.40				475
50m: 30.78 30.78	150m: 1:42.90 36.61	250m: 2:56.36 36.85	350m: 4:10.07 36.40						
100m: 1:06.29 35.51	200m: 2:19.51 36.61	300m: 3:33.67 37.31	400m: 4:45.40 35.33						
14. Andre Filipe Fernandes	95	Amadora			4:45.54				474
50m: 29.95 29.95	150m: 1:40.64 36.17	250m: 2:54.40 37.04	350m: 4:09.14 37.29						
100m: 1:04.47 34.52	200m: 2:17.36 36.72	300m: 3:31.85 37.45	400m: 4:45.54 36.40						
15. Renato Almeida Domingues	95	Foca			4:45.80				473
50m: 31.99 31.99	150m: 1:43.57 36.00	250m: 2:55.95 35.85	350m: 4:10.00 36.81						
100m: 1:07.57 35.58	200m: 2:20.10 36.53	300m: 3:33.19 37.24	400m: 4:45.80 35.80						
16. Tadeu Amora Ferreira	95	Desportiva de Viana			4:45.97				472
50m: 30.98 30.98	150m: 1:42.17 36.08	250m: 2:56.29 37.34	350m: 4:10.62 37.10						
100m: 1:06.09 35.11	200m: 2:18.95 36.78	300m: 3:33.52 37.23	400m: 4:45.97 35.35						
17. Edgar Ramos Varela	95	União Piedense			4:46.00				472
50m: 31.05 31.05	150m: 1:43.90 36.71	250m: 2:58.59 37.40	350m: 4:11.96 35.66						
100m: 1:07.19 36.14	200m: 2:21.19 37.29	300m: 3:36.30 37.71	400m: 4:46.00 34.04						
18. Joao Andre Neves	95	Académica de Coimbra			4:46.56				469
50m: 31.32 31.32	150m: 1:42.33 35.87	250m: 2:55.82 36.88	350m: 4:09.63 36.85						
100m: 1:06.46 35.14	200m: 2:18.94 36.61	300m: 3:32.78 36.96	400m: 4:46.56 36.93						
19. Rui Jorge Dias	95	Miranda do Corvo			4:46.90				468
50m: 31.76 31.76	150m: 1:43.92 36.44	250m: 2:57.58 36.89	350m: 4:11.62 36.99						
100m: 1:07.48 35.72	200m: 2:20.69 36.77	300m: 3:34.63 37.05	400m: 4:46.90 35.28						
20. Joao Pedro Monteiro	95	Nacional			4:48.16				461
50m: 31.92 31.92	150m: 1:45.48 37.28	250m: 3:01.03 37.66	350m: 4:13.24 34.53						
100m: 1:08.20 36.28	200m: 2:23.37 37.89	300m: 3:38.71 37.68	400m: 4:48.16 34.92						
21. Pedro Alexandre Bento	95	Algés			4:48.30				461
50m: 30.77 30.77	150m: 1:42.33 36.44	250m: 2:56.17 36.49	350m: 4:11.17 37.54						
100m: 1:05.89 35.12	200m: 2:19.68 37.35	300m: 3:33.63 37.46	400m: 4:48.30 37.13						
22. Eduardo Oliveira Fernandes	95	Algés			4:48.49				460
50m: 31.90 31.90	150m: 1:44.87 37.02	250m: 2:58.81 37.10	350m: 4:12.61 36.40						
100m: 1:07.85 35.95	200m: 2:21.71 36.84	300m: 3:36.21 37.40	400m: 4:48.49 35.88						
23. Duarte Brites Policarpo	95	Torres Novas			4:49.06				457
50m: 30.81 30.81	150m: 1:44.86 37.40	250m: 2:58.99 37.15	350m: 4:13.41 36.53						
100m: 1:07.46 36.65	200m: 2:21.84 36.98	300m: 3:36.88 37.89	400m: 4:49.06 35.65						
24. David Rodrigues Luis	95	Colégio Vasco da Gama			4:49.44				455
50m: 31.43 31.43	150m: 1:44.32 36.70	250m: 2:58.52 36.93	350m: 4:13.04 37.34						
100m: 1:07.62 36.19	200m: 2:21.59 37.27	300m: 3:35.70 37.18	400m: 4:49.44 36.40						
25. Bernardo Manuel Valente	95	Fluvial Portuense			4:50.33				451
FTL									
50m: 31.67 31.67	150m: 1:44.00 35.95	250m: 2:57.36 36.31	350m: 4:11.86 37.32						
100m: 1:08.05 36.38	200m: 2:21.05 37.05	300m: 3:34.54 37.18	400m: 4:50.33 38.47						
26. Luis Miguel Almeida	95	Foca			4:50.55				450
FTL									
50m: 32.59 32.59	150m: 1:45.95 36.49	250m: 3:00.40 37.49	350m: 4:14.64 36.69						
100m: 1:09.46 36.87	200m: 2:22.91 36.96	300m: 3:37.95 37.55	400m: 4:50.55 35.91						

Campeonatos Nacionais de Infantis
S. João da Madeira, 24. - 26.7.2009

Prova 8, Masc., 400m Livres, Infantis A

Lugar	Ano	Tempo final	Pts
27. Orlando Filipe Morim FTL	95 Vilacondense	4:50.77	449
50m: 31.17 31.17 150m: 1:42.55 36.35 250m: 2:58.07 38.17 350m: 4:14.87 38.13			
100m: 1:06.20 35.03 200m: 2:19.90 37.35 300m: 3:36.74 38.67 400m: 4:50.77 35.90			
28. Jorge Miguel Telo FTL	95 Litoral Alentejano	4:52.95	439
50m: 31.28 31.28 150m: 1:44.58 37.29 250m: 3:00.97 38.05 350m: 4:17.08 37.99			
100m: 1:07.29 36.01 200m: 2:22.92 38.34 300m: 3:39.09 38.12 400m: 4:52.95 35.87			
29. Duarte Soromenho Daniel FTL	95 Algés	4:53.63	436
50m: 32.21 32.21 150m: 1:46.79 37.44 250m: 3:02.14 37.45 350m: 4:17.43 37.51			
100m: 1:09.35 37.14 200m: 2:24.69 37.90 300m: 3:39.92 37.78 400m: 4:53.63 36.20			
30. Tiago Miguel Alves FTL	95 Columbófila Cantanhedense	4:53.71	436
50m: 32.24 32.24 150m: 1:46.48 37.95 250m: 3:01.70 37.93 350m: 4:16.96 37.82			
100m: 1:08.53 36.29 200m: 2:23.77 37.29 300m: 3:39.14 37.44 400m: 4:53.71 36.75			
31. Sebastiao Jose Reis FTL	95 Leixões	4:54.43	433
50m: 32.10 32.10 150m: 1:45.21 37.26 250m: 3:00.91 38.23 350m: 4:17.28 38.15			
100m: 1:07.95 35.85 200m: 2:22.68 37.47 300m: 3:39.13 38.22 400m: 4:54.43 37.15			
32. Joao Paulo Duro FTL	95 Leixões	4:54.73	431
50m: 31.81 31.81 150m: 1:45.95 37.54 250m: 3:01.82 37.91 350m: 4:18.05 38.17			
100m: 1:08.41 36.60 200m: 2:23.91 37.96 300m: 3:39.88 38.06 400m: 4:54.73 36.68			
33. Rui Oliveira Cardoso FTL	95 Sporting de Espinho	4:56.81	422
50m: 31.88 31.88 150m: 1:46.52 37.98 250m: 3:03.20 38.46 350m: 4:19.14 37.38			
100m: 1:08.54 36.66 200m: 2:24.74 38.22 300m: 3:41.76 38.56 400m: 4:56.81 37.67			

Infantis B

1. Rafael Filipe Nunes MAC	96 Naval Amorense	4:38.76	510
50m: 30.89 30.89 150m: 1:41.01 34.98 250m: 2:53.53 36.26 350m: 4:06.25 35.58			
100m: 1:06.03 35.14 200m: 2:17.27 36.26 300m: 3:30.67 37.14 400m: 4:38.76 32.51			
2. Joao Carlos Santos MAC	96 Naval Amorense	4:40.59	500
50m: 32.14 32.14 150m: 1:42.80 35.49 250m: 2:54.81 35.92 350m: 4:05.91 34.97			
100m: 1:07.31 35.17 200m: 2:18.89 36.09 300m: 3:30.94 36.13 400m: 4:40.59 34.68			
3. Jose Luis Gabriel MAC	96 Académico Viseu	4:41.52	495
50m: 31.29 31.29 150m: 1:41.74 35.72 250m: 2:54.35 36.80 350m: 4:06.04 35.98			
100m: 1:06.02 34.73 200m: 2:17.55 35.81 300m: 3:30.06 35.71 400m: 4:41.52 35.48			
4. Tomas Miguel Veloso MAC	96 Náutico/Matobra	4:43.48	485
50m: 31.60 31.60 150m: 1:43.33 36.39 250m: 2:55.97 36.18 350m: 4:08.21 35.71			
100m: 1:06.94 35.34 200m: 2:19.79 36.46 300m: 3:32.50 36.53 400m: 4:43.48 35.27			

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S. João da Madeira, 24. - 26.7.2009

Prova 8, Masc., 400m Livres, Infantis B

Lugar	Ano				Tempo final				Pts
5. Pedro Ribeiro Santos MAC	96	Associação de Gouveia			4:44.81				478
50m: 31.62 31.62	150m: 1:43.99	36.62	250m: 2:57.62	36.36	350m: 4:10.18	35.77			
100m: 1:07.37 35.75	200m: 2:21.26	37.27	300m: 3:34.41	36.79	400m: 4:44.81	34.63			
6. Bruno Miguel Silva	96	Porto/Império Bonança			4:45.47				475
50m: 32.06 32.06	150m: 1:43.02	35.91	250m: 2:56.73	36.96	350m: 4:11.03	36.99			
100m: 1:07.11 35.05	200m: 2:19.77	36.75	300m: 3:34.04	37.31	400m: 4:45.47	34.44			
7. Rafael Lourenço Gil	96	Monteges			4:47.06				467
50m: 31.85 31.85	150m: 1:43.45	36.18	250m: 2:56.47	36.53	350m: 4:11.36	37.54			
100m: 1:07.27 35.42	200m: 2:19.94	36.49	300m: 3:33.82	37.35	400m: 4:47.06	35.70			
8. Tiago Manuel Teixeira	96	Fafe			4:47.76				463
50m: 31.44 31.44	150m: 1:45.27	37.80	250m: 2:56.61	35.63	350m: 4:11.23	37.35			
100m: 1:07.47 36.03	200m: 2:20.98	35.71	300m: 3:33.88	37.27	400m: 4:47.76	36.53			
9. Miguel Duarte Moreira	96	Os Belenenses			4:48.04				462
50m: 32.25 32.25	150m: 1:43.95	36.09	250m: 2:57.96	36.59	350m: 4:12.12	36.90			
100m: 1:07.86 35.61	200m: 2:21.37	37.42	300m: 3:35.22	37.26	400m: 4:48.04	35.92			
10. Diogo Silva Marzia	96	Elétrico			4:48.46				460
50m: 32.10 32.10	150m: 1:44.31	36.80	250m: 2:59.66	37.73	350m: 4:14.17	36.66			
100m: 1:07.51 35.41	200m: 2:21.93	37.62	300m: 3:37.51	37.85	400m: 4:48.46	34.29			
11. Bruno Rafael Meireles	96	Lisnave			4:48.85				458
50m: 32.64 32.64	150m: 1:44.94	36.83	250m: 2:59.49	37.57	350m: 4:14.13	36.92			
100m: 1:08.11 35.47	200m: 2:21.92	36.98	300m: 3:37.21	37.72	400m: 4:48.85	34.72			
12. Frederico Sousa Soares	96	Bombeiros dos Estoris			4:49.87				453
50m: 31.32 31.32	150m: 1:43.53	36.44	250m: 2:59.00	37.28	350m: 4:15.29	37.64			
100m: 1:07.09 35.77	200m: 2:21.72	38.19	300m: 3:37.65	38.65	400m: 4:49.87	34.58			
13. Pedro Veigunha Martins	96	Braga			4:53.66				436
50m: 32.96 32.96	150m: 1:47.03	37.98	250m: 3:02.49	37.78	350m: 4:17.52	37.26			
100m: 1:09.05 36.09	200m: 2:24.71	37.68	300m: 3:40.26	37.77	400m: 4:53.66	36.14			
14. Francisco Gouveia Sousa	96	Naval do Funchal			4:55.72				427
50m: 32.41 32.41	150m: 1:45.86	37.02	250m: 3:01.51	37.62	350m: 4:18.64	38.42			
100m: 1:08.84 36.43	200m: 2:23.89	38.03	300m: 3:40.22	38.71	400m: 4:55.72	37.08			
15. Joao Pedro Santos	96	Porto/Império Bonança			4:56.90				422
50m: 33.27 33.27	150m: 1:47.97	37.39	250m: 3:03.86	37.90	350m: 4:20.20	37.88			
100m: 1:10.58 37.31	200m: 2:25.96	37.99	300m: 3:42.32	38.46	400m: 4:56.90	36.70			
16. Goncalo Filipe Lopes	96	Naval Amorense			4:58.67				414
50m: 32.86 32.86	150m: 1:47.65	37.67	250m: 3:05.02	38.39	350m: 4:21.61	38.12			
100m: 1:09.98 37.12	200m: 2:26.63	38.98	300m: 3:43.49	38.47	400m: 4:58.67	37.06			
17. Joao Luis Pereira	96	Desportiva Limiana			4:59.01				413
50m: 33.15 33.15	150m: 1:47.11	37.63	250m: 3:04.44	38.42	350m: 4:21.95	38.51			
100m: 1:09.48 36.33	200m: 2:26.02	38.91	300m: 3:43.44	39.00	400m: 4:59.01	37.06			
18. Pedro Miguel Esteves	96	Colégio Monte Maior			4:59.02				413
50m: 32.15 32.15	150m: 1:46.80	37.92	250m: 3:03.47	38.33	350m: 4:21.55	38.63			
100m: 1:08.88 36.73	200m: 2:25.14	38.34	300m: 3:42.92	39.45	400m: 4:59.02	37.47			
19. Andre Filipe Rocha FTL	96	Leixões			5:00.74				406
50m: 31.96 31.96	150m: 1:45.69	37.57	250m: 3:04.22	39.32	350m: 4:22.84	39.00			
100m: 1:08.12 36.16	200m: 2:24.90	39.21	300m: 3:43.84	39.62	400m: 5:00.74	37.90			

Campeonatos Nacionais de Infantis
S. João da Madeira, 24. - 26.7.2009

Prova 8, Masc., 400m Livres, Infantis B

Lugar	Ano									Tempo final		Pts
20.	Bruno Caseiro Dias				96	Geslours				5:00.96	405	
	FTL											
	50m:	32.48	32.48	150m:	1:47.27	38.55	250m:	3:05.79	39.28	350m:	4:23.84	38.72
	100m:	1:08.72	36.24	200m:	2:26.51	39.24	300m:	3:45.12	39.33	400m:	5:00.96	37.12
21.	Joao Celorico Albuquerque				96	Algés				5:01.45	403	
	FTL											
	50m:	33.27	33.27	150m:	1:48.16	37.78	250m:	3:05.62	38.42	350m:	4:23.97	38.99
	100m:	1:10.38	37.11	200m:	2:27.20	39.04	300m:	3:44.98	39.36	400m:	5:01.45	37.48
22.	Guilherme Lemos Lima				96	Desportiva Limiana				5:07.82	379	
	FTL											
	50m:	33.70	33.70	150m:	1:50.54	38.76	250m:	3:10.52	40.99	350m:	4:29.98	39.86
	100m:	1:11.78	38.08	200m:	2:29.53	38.99	300m:	3:50.12	39.60	400m:	5:07.82	37.84
23.	Joao Goncalo Abreu				96	Nacional				5:09.41	373	
	FTL											
	50m:	32.99	32.99	150m:	1:50.84	39.87	250m:	3:10.62	39.83	350m:	4:30.82	39.13
	100m:	1:10.97	37.98	200m:	2:30.79	39.95	300m:	3:51.69	41.07	400m:	5:09.41	38.59
EXH	Mohammad Shams Azad				95	Naval de Ponta Delgada				4:42.02	492	
	50m:	30.40	30.40	150m:	1:40.07	35.10	250m:	2:52.74	36.25	350m:	4:06.31	36.48
	100m:	1:04.97	34.57	200m:	2:16.49	36.42	300m:	3:29.83	37.09	400m:	4:42.02	35.71