

Campeonatos Nacionais de Juniores e Seniores PL
Lisboa, 27. - 29.3.2009

Prova 5 Femin., 200m Bruços 15 anos e mais velhos
27.3.09 - 10:20 Resultados

Recorde Nacional Absoluto	2:29.51	Diana Duarte Gomes	FPN	Budapeste (HUN)	15.7.05
Recorde Nacional Sénior	2:29.76	Diana Duarte Gomes	FPN	Loulé	10.6.07
Recorde Nacional Junior	2:29.51	Diana Duarte Gomes	FPN	Budapeste (HUN)	15.7.05

TAC-SENF Sen: 2:50.00 / TAC-JUNF Jun: 2:54.00 / MAC-SENF Sen: 2:41.50 / MAC-JUNF Jun: 2:45.30

Pontos: FINA 2008

Lugar	Ano	Tempo final	Pts
Seniores			
1. Nadia Morais Vieira MAC	90 Geslours	2:37.24	748
50m: 35.74 35.74 100m: 1:15.80 40.06 150m: 1:56.56 40.76 200m: 2:37.24 40.68			
2. Ana Teresa Franco MAC	91 Sporting	2:37.85	739
50m: 35.22 35.22 100m: 1:15.26 40.04 150m: 1:55.63 40.37 200m: 2:37.85 42.22			
3. Ana Rita Ismael MAC	92 Louletano/Habipro	2:39.06	723
50m: 35.76 35.76 100m: 1:15.66 39.90 150m: 1:56.73 41.07 200m: 2:39.06 42.33			
4. Fabiana Maria Quintal MAC	84 Nacional	2:40.10	709
50m: 35.56 35.56 100m: 1:15.47 39.91 150m: 1:56.61 41.14 200m: 2:40.10 43.49			
5. Ana Marisa Brito	90 Benfica	2:42.03	684
50m: 35.31 35.31 100m: 1:16.21 40.90 150m: 1:58.89 42.68 200m: 2:42.03 43.14			
6. Joana Pedrosa Marques	91 União Piedense	2:46.05	635
50m: 37.40 37.40 100m: 1:19.34 41.94 150m: 2:02.60 43.26 200m: 2:46.05 43.45			
7. Rita Margarida Gomes	91 Alcobaça	2:46.10	635
50m: 37.56 37.56 100m: 1:19.94 42.38 150m: 2:02.92 42.98 200m: 2:46.10 43.18			
8. Natalie Nobrega Santos	83 Nacional	2:47.32	621
50m: 37.76 37.76 100m: 1:19.97 42.21 150m: 2:03.95 43.98 200m: 2:47.32 43.37			
9. Joana Catarina Carvalho	92 Porto/Império Bonança	2:48.04	613
50m: 38.24 38.24 100m: 1:21.00 42.76 150m: 2:04.70 43.70 200m: 2:48.04 43.34			
10. Mariana Sousa Marques	88 Naval do Funchal	2:49.98	592
50m: 38.21 38.21 100m: 1:21.35 43.14 150m: 2:06.01 44.66 200m: 2:49.98 43.97			
11. Daniela Maria Leiria FTL	92 União Piedense	2:50.14	590
50m: 37.80 37.80 100m: 1:20.94 43.14 150m: 2:05.38 44.44 200m: 2:50.14 44.76			
12. Nadia Andreia Cordeiro FTL	88 Sporting	2:50.38	588
50m: 37.90 37.90 100m: 1:20.89 42.99 150m: 2:05.30 44.41 200m: 2:50.38 45.08			
13. Helena Isabel Sousa FTL	90 Lisnave	2:51.20	580
50m: 38.23 38.23 100m: 1:21.91 43.68 150m: 2:06.46 44.55 200m: 2:51.20 44.74			
14. Ines Alexandra Mira FTL	92 União Piedense	2:51.32	578
50m: 39.32 39.32 100m: 1:23.10 43.78 150m: 2:07.53 44.43 200m: 2:51.32 43.79			
15. Tania Rute Cerqueira FTL	92 Louletano/Habipro	2:51.70	575
50m: 38.59 38.59 100m: 1:22.42 43.83 150m: 2:06.99 44.57 200m: 2:51.70 44.71			

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16. Ines Isabel Pinheiro <i>FTL</i>	91 Gafanha da Encarnação	2:53.11	561
50m: 39.77 39.77 100m: 1:23.61 43.84 150m: 2:07.47 43.86 200m: 2:53.11 45.64			
17. Marta Isabel Jordao <i>FTL</i>	91 Famalicão	2:55.61	537
50m: 40.08 40.08 100m: 1:24.63 44.55 150m: 2:09.34 44.71 200m: 2:55.61 46.27			
18. Tania Alexandra Lopes <i>FTL</i>	92 Benfica	2:57.68	518
50m: 39.92 39.92 100m: 1:24.37 44.45 150m: 2:11.09 46.72 200m: 2:57.68 46.59			
DSQ Ana Rita Mendes	92 Benfica		
<i>Após viragem aos 50m faz pernada de Golfinho antes de iniciar a 1ª braçada.</i>			

Juniores

1. Ana Pinho Rodrigues <i>Min CEuropa Junior</i>	94 Estamos Juntos	2:38.68	728
50m: 35.14 35.14 100m: 1:15.69 40.55 150m: 1:57.64 41.95 200m: 2:38.68 41.04			
2. Gabriela Oliveira Andrade <i>MAC</i>	94 Náutico/Matobra	2:42.82	674
50m: 37.47 37.47 100m: 1:19.54 42.07 150m: 2:01.50 41.96 200m: 2:42.82 41.32			
3. Maria Carolina Rosa	94 Sporting	2:46.64	628
50m: 35.18 35.18 100m: 1:16.64 41.46 150m: 2:00.98 44.34 200m: 2:46.64 45.66			
4. Patricia Fonseca Silva	93 Sporting de Espinho	2:47.14	623
50m: 37.62 37.62 100m: 1:20.00 42.38 150m: 2:04.00 44.00 200m: 2:47.14 43.14			
5. Andreia Filipa Ferreira	94 União Piedense	2:50.09	591
50m: 38.08 38.08 100m: 1:20.89 42.81 150m: 2:05.71 44.82 200m: 2:50.09 44.38			
6. Claudia Monteiro Martinho	93 Colégio Vasco da Gama	2:51.72	574
50m: 39.77 39.77 100m: 1:23.23 43.46 150m: 2:07.60 44.37 200m: 2:51.72 44.12			
7. Ana Rita Cunha	93 Vilacondense	2:52.28	569
50m: 38.82 38.82 100m: 1:22.31 43.49 150m: 2:07.19 44.88 200m: 2:52.28 45.09			
7. Mafalda Sofia Hilario	93 Sporting	2:52.28	569
50m: 37.21 37.21 100m: 1:21.35 44.14 150m: 2:06.71 45.36 200m: 2:52.28 45.57			
9. Mariana Dias Almeida	93 Ginásio de Santo Tirso	2:53.66	555
50m: 38.07 38.07 100m: 1:21.03 42.96 150m: 2:06.73 45.70 200m: 2:53.66 46.93			
10. Ana Margarida Domingos <i>FTL</i>	93 Académico Viseu	2:54.30	549
50m: 39.51 39.51 100m: 1:23.51 44.00 150m: 2:08.83 45.32 200m: 2:54.30 45.47			
11. Catarina Isabel Marques <i>FTL</i>	94 Famalicão	2:54.31	549
50m: 39.41 39.41 100m: 1:23.91 44.50 150m: 2:09.25 45.34 200m: 2:54.31 45.06			
12. Diana Patricia Ferreira <i>FTL</i>	94 Gespaços	2:54.42	548
50m: 40.86 40.86 100m: 1:25.87 45.01 150m: 2:10.47 44.60 200m: 2:54.42 43.95			
13. Mafalda Jotta Garcia <i>FTL</i>	94 Algés	2:54.51	547
50m: 39.37 39.37 100m: 1:23.99 44.62 150m: 2:09.34 45.35 200m: 2:54.51 45.17			

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Lugar		Ano								Tempo final		Pts
14.	Ana Filipa Carmo	93								Colégio Vasco da Gama	2:55.22	541
	FTL											
	50m:	39.93	39.93	100m:	1:24.31	44.38	150m:	2:09.79	45.48	200m:	2:55.22	45.43
15.	Sara Isabel Figueira	93								Naval do Funchal	2:57.31	522
	FTL											
	50m:	40.10	40.10	100m:	1:24.62	44.52	150m:	2:10.65	46.03	200m:	2:57.31	46.66
16.	Catarina Correia Simoes	93								Natação de Olhão	2:58.81	509
	FTL											
	50m:	38.56	38.56	100m:	1:23.62	45.06	150m:	2:10.87	47.25	200m:	2:58.81	47.94
17.	Patricia Alexandra Leal	94								Náutico da Marinha Grande	3:00.72	493
	FTL											
	50m:	38.78	38.78	100m:	1:23.35	44.57	150m:	2:11.76	48.41	200m:	3:00.72	48.96