

Campeonatos Nacionais de Juniores e Seniores PL
Lisboa, 27. - 29.3.2009

Prova 41 Femin., 200m Livres 15 anos e mais velhos
29.3.09 - 16:30 Resultados

Recorde Nacional Absoluto	2:04.06	Ana Feio Alegria	FPN	Viena (AUT)	23.8.95
Recorde Nacional Sénior	2:04.06	Ana Feio Alegria	FPN	Viena (AUT)	23.8.95
Recorde Nacional Junior	2:05.38	Ana Feio Alegria	FPN	Florença (ITA)	3.4.93

TAC-SENF Sen: 2:14.00 / TAC-JUNF Jun: 2:15.50 / MAC-SENF Sen: 2:07.30 / MAC-JUNF Jun: 2:08.73

Pontos: FINA 2008

Lugar	Ano	Tempo final	Pts
Seniores			
1. Sara Beatriz Loureiro MAC	87 Porto/Império Bonança	2:04.21	809
50m: 28.51 28.51	100m: 1:00.07 31.56	150m: 1:31.82 31.75	200m: 2:04.21 32.39
2. Maria Joao Dores MAC	88 Sporting	2:05.61	782
50m: 28.61 28.61	100m: 1:00.38 31.77	150m: 1:33.29 32.91	200m: 2:05.61 32.32
3. Ana Ribeiro Ferreira MAC	92 Famalicão	2:07.26	752
50m: 30.20 30.20	100m: 1:02.32 32.12	150m: 1:35.04 32.72	200m: 2:07.26 32.22
4. Soraia Vanessa Ribeiro	92 Vilacondense	2:08.09	738
50m: 30.28 30.28	100m: 1:03.04 32.76	150m: 1:36.11 33.07	200m: 2:08.09 31.98
5. Claudia Marques Moreno	91 Porto/Império Bonança	2:08.76	726
50m: 29.43 29.43	100m: 1:02.47 33.04	150m: 1:35.44 32.97	200m: 2:08.76 33.32
6. Alexandra Paiva Oliveira	91 Porto/Império Bonança	2:09.71	710
50m: 30.15 30.15	100m: 1:03.07 32.92	150m: 1:36.14 33.07	200m: 2:09.71 33.57
7. Marta Vieira Marinho	91 Porto/Império Bonança	2:09.90	707
50m: 29.38 29.38	100m: 1:01.45 32.07	150m: 1:35.41 33.96	200m: 2:09.90 34.49
8. Vania Soares Neves	90 Viana Natação	2:11.88	676
50m: 30.10 30.10	100m: 1:03.33 33.23	150m: 1:37.82 34.49	200m: 2:11.88 34.06
9. Ana Sofia Nobrega	90 Ginásio de Vila Real	2:13.25	655
50m: 30.58 30.58	100m: 1:03.70 33.12	150m: 1:38.65 34.95	200m: 2:13.25 34.60
10. Amelia Pereira Fernandes	89 Vitória de Guimarães	2:13.97	645
50m: 30.29 30.29	100m: 1:03.47 33.18	150m: 1:38.54 35.07	200m: 2:13.97 35.43
11. Joana Filipa Capela FTL	89 Benfica	2:14.13	642
50m: 29.91 29.91	100m: 1:03.23 33.32	150m: 1:38.37 35.14	200m: 2:14.13 35.76
12. Joana Fonseca Seabra FTL	92 Colégio Vasco da Gama	2:16.40	611
50m: 31.66 31.66	100m: 1:05.38 33.72	150m: 1:40.88 35.50	200m: 2:16.40 35.52
13. Matilde Goncalves Gracio FTL	91 Galitos	2:25.53	503
50m: 32.65 32.65	100m: 1:09.12 36.47	150m: 1:47.19 38.07	200m: 2:25.53 38.34
DNS Filipa Ferreira Silva	85 Amadora		

Juniores

1. Joana Aguiar Rodrigues MAC	93 Porto/Império Bonança	2:07.09	755
50m: 29.93 29.93	100m: 1:02.54 32.61	150m: 1:35.25 32.71	200m: 2:07.09 31.84
2. Marisa Alexandra Lage	94 Viana Natação	2:09.60	712
50m: 30.05 30.05	100m: 1:02.84 32.79	150m: 1:36.44 33.60	200m: 2:09.60 33.16

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Prova 41, Femin., 200m Livres, Juniores

Lugar			Ano				Tempo final	Pts	
3.	Maria Miguel Veloso		93	Náutico/Matobra			2:10.40	699	
	50m:	30.52 30.52	100m:	1:03.08	32.56	150m:	1:36.68 33.60	200m:	2:10.40 33.72
4.	Joana Filipa Santos		93	Vitória de Guimarães			2:10.54	697	
	50m:	29.64 29.64	100m:	1:02.63	32.99	150m:	1:36.69 34.06	200m:	2:10.54 33.85
5.	Diana Ramos Rocha		94	Viana Natação			2:10.62	696	
	50m:	30.37 30.37	100m:	1:03.26	32.89	150m:	1:36.73 33.47	200m:	2:10.62 33.89
6.	Marta Alexandra Saraiva		93	União Piedense			2:11.62	680	
	50m:	30.82 30.82	100m:	1:03.94	33.12	150m:	1:37.90 33.96	200m:	2:11.62 33.72
7.	Andreia Catarina Gomes		94	Vitória de Guimarães			2:12.08	673	
	50m:	30.16 30.16	100m:	1:02.79	32.63	150m:	1:37.36 34.57	200m:	2:12.08 34.72
8.	Mafalda Gomes Beleza		94	Sporting			2:14.40	638	
	50m:	30.78 30.78	100m:	1:04.85	34.07	150m:	1:39.98 35.13	200m:	2:14.40 34.42
9.	Gilberta Cristina Barbosa		93	Foca			2:14.57	636	
	50m:	31.00 31.00	100m:	1:04.75	33.75	150m:	1:40.00 35.25	200m:	2:14.57 34.57
10.	Ana Margarida Domingos		93	Académico Viseu			2:16.06	615	
	<i>FTL</i>								
	50m:	31.12 31.12	100m:	1:05.51	34.39	150m:	1:40.72 35.21	200m:	2:16.06 35.34
11.	Joana Patricia Pinto		94	Ginásio de Vila Real			2:16.52	609	
	<i>FTL</i>								
	50m:	30.46 30.46	100m:	1:04.82	34.36	150m:	1:40.64 35.82	200m:	2:16.52 35.88
12.	Ines Nunes Tareco		93	Beja			2:17.22	600	
	<i>FTL</i>								
	50m:	30.49 30.49	100m:	1:04.65	34.16	150m:	1:40.58 35.93	200m:	2:17.22 36.64
13.	Ana Sofia Leite		93	Ginásio de Vila Real			2:17.60	595	
	<i>FTL</i>								
	50m:	30.71 30.71	100m:	1:04.79	34.08	150m:	1:40.82 36.03	200m:	2:17.60 36.78
14.	Ana Sofia Fernandes		93	Braga			2:19.60	570	
	<i>FTL</i>								
	50m:	31.85 31.85	100m:	1:06.94	35.09	150m:	1:43.54 36.60	200m:	2:19.60 36.06
15.	Cristina Maia Correia		94	Louletano/Habipro			2:22.48	536	
	<i>FTL</i>								
	50m:	31.25 31.25	100m:	1:06.11	34.86	150m:	1:44.20 38.09	200m:	2:22.48 38.28
16.	Ana Catarina Lima		94	Lisnave			2:22.61	534	
	<i>FTL</i>								
	50m:	33.01 33.01	100m:	1:10.14	37.13	150m:	1:46.61 36.47	200m:	2:22.61 36.00