



Campeonatos Nacionais de Juniores e Seniores PL
Lisboa, 27. - 29.3.2009

Prova 18 Masc., 100m Costas 17 anos e mais velhos
28.3.09 - 9:55 Resultados

Recorde Nacional Absoluto	56.56	Nuno Filipe Laurentino	FPN	Viena (AUT)	26.8.95
Recorde Nacional Sénior	56.56	Nuno Filipe Laurentino	FPN	Viena (AUT)	26.8.95
Recorde Nacional Junior	57.95	Adriano Miguel Niz	FPN	Jamor	18.7.04

TAC-SENM Sen: 1:02.00 / TAC-JUNM Jun: 1:04.00 / MAC-SENM Sen: 58.90 / MAC-JUNM Jun: 1:00.80

Pontos: FINA 2008

Lugar	Ano	Tempo final	Pts
Seniores			
1. Adriano Miguel Niz <i>MAC</i>	86 Individual Norte de Portugal	57.23	793
50m: 27.95 27.95	100m: 57.23 29.28		
2. Joao Silva Gigante	88 Benfica	59.18	717
50m: 28.89 28.89	100m: 59.18 30.29		
3. Daniel Aparicio Pereira	83 Braga	59.51	706
50m: 28.41 28.41	100m: 59.51 31.10		
4. Joao Ricardo Pedro	90 Amadora	1:00.18	682
50m: 29.21 29.21	100m: 1:00.18 30.97		
5. Mario Joao Costa	90 Famalicão	1:00.69	665
50m: 29.20 29.20	100m: 1:00.69 31.49		
6. Gil Goncalves Pinto	88 Porto/Império Bonança	1:01.38	643
50m: 29.89 29.89	100m: 1:01.38 31.49		
7. Pedro Castro Santos	88 Louletano/Habipro	1:01.83	629
50m: 30.20 30.20	100m: 1:01.83 31.63		
8. Diogo Filipe Carneiro <i>FTL</i>	88 Famalicão	1:02.29	615
50m: 30.12 30.12	100m: 1:02.29 32.17		
9. Pedro Miguel Conde <i>FTL</i>	90 Náutico/Matobra	1:02.55	608
50m: 30.50 30.50	100m: 1:02.55 32.05		
10. Ricardo Pereira Lopes <i>FTL</i>	90 Benfica	1:03.08	592
50m: 30.28 30.28	100m: 1:03.08 32.80		
11. Joao Bernardo Pereira <i>FTL</i>	87 Benfica	1:07.65	480
50m: 31.79 31.79	100m: 1:07.65 35.86		

Juniores

1. Alexis Manacas Santos <i>Min CEuropa Junior</i>	92 Sporting	58.19	755
50m: 28.08 28.08	100m: 58.19 30.11		
2. Carlos Filipe Santos <i>MAC</i>	91 Porto/Império Bonança	59.46	707
50m: 28.83 28.83	100m: 59.46 30.63		
3. Ricardo Ferreira Cotovio <i>MAC</i>	91 Sporting	1:00.74	664
50m: 29.38 29.38	100m: 1:00.74 31.36		
4. Samuel Patricio Queiros	91 Porto/Império Bonança	1:01.46	641
50m: 29.66 29.66	100m: 1:01.46 31.80		



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Lugar	Ano	Tempo final	Pts
5. Pedro Lobato Rijo 50m: 30.10 30.10 100m: 1:01.99 31.89	91 Gesloures	1:01.99	624
6. Rui Alberto Freixo 50m: 30.66 30.66 100m: 1:02.94 32.28	92 Desportiva de Viana	1:02.94	596
7. Nuno Miguel Vieira 50m: 30.22 30.22 100m: 1:02.98 32.76	91 Porto/Império Bonança	1:02.98	595
8. Andre Ricardo Simoes 50m: 30.50 30.50 100m: 1:03.32 32.82	91 Galitos	1:03.32	586
9. Pedro Miguel Costa 50m: 30.17 30.17 100m: 1:03.34 33.17	92 Sporting de Espinho	1:03.34	585
10. Fabio Andre Dias 50m: 31.09 31.09 100m: 1:03.70 32.61	92 Sporting	1:03.70	575
11. Tiago Manuel Rodrigues <i>FTL</i> 50m: 31.03 31.03 100m: 1:04.25 33.22	91 Vitória de Guimarães	1:04.25	561
12. Tiago Filipe Pereira <i>FTL</i> 50m: 31.27 31.27 100m: 1:04.46 33.19	91 Bairro dos Anjos	1:04.46	555