



**RECORDES NACIONAIS
NATAÇÃO PURA
MAIO 2017**

PISCINA DE 25m - PROVAS MASCULINAS

	<u>ABS</u>	<u>SEN</u>	<u>JUN</u>	<u>JUN -18</u>	<u>JUN -17</u>	<u>JUV</u>	<u>JUV A - 16</u>	<u>JUV B - 15</u>	<u>INF</u>	<u>INF A - 14</u>	<u>INF B - 13</u>
50 LIVRES	00:21.64	00:21.64		00:22.24	00:23.14		00:24,00	00:23.96		00:25.30	00:26.65
100 LIVRES	00:47.64	00:47.64		00:48.38	00:49.87		00:50.82	00:52.59		00:54.63	00:57.40
200 LIVRES	01:45.25	01:45.25		01:47.73	01:51.15		01:51.06	01:55.53		01:58.99	02:04.75
400 LIVRES	03:45.58	03:45.58		03:50.52	03:56.54		03:59.31	04:03.22		04:12.35	04:21.95
800 LIVRES	07:49,89	07:49,89		07:56,76	08:00.80		08:09.43	08:27.18		08:36.36	09:07.20
1500 LIVRES	15:00,65	15:00,65		15:09,03	15:05.57		15:36.31	16:09.71		16:13.14	17:11.29
4x50 LIVRES-C	01:29.97	01:29.97	01:35.76								
4x50 LIVRES-S	01:28.66	01:28.66	s/t								
4x100 LIVRES-C	03:17.44	03:17.44	03:29.42			03:34.94	03:34.94	03:42,92	03:48.35	03:48.35	04:05.06
4x100 LIVRES-S	03:18.23	03:18.23	03:36.87				03:35.53	03:45.43		03:50.24	04:48.93
4x200 LIVRES-C	07:15.07	07:15.07	07:35.58			07:49.50	07:49.50	08:07,64	08:19.63	08:19.63	08:58.91
4x200 LIVRES-S	07:04,93	07:04,93	08:16.10				07:57.39	08:40.70		s/t	09:23.50
50 BRUÇOS	00:27,16	00:27,16		00:28,55	00:28.56						
100 BRUÇOS	00:58.19	00:58.19		01:01.25	01:02.99		01:03.39	01:04.22		01:07.92	01:09.54
200 BRUÇOS	02:05.59	02:05.59		02:13,22	02:16,24		02:18.22	02:20.22		02:29.59	02:37.57
50 COSTAS	00:23,90	00:23,90		00:25.01	00:25.37						
100 COSTAS	00:52.03	00:52.03		00:53.88	00:54.97		00:56.45	00:57.38		01:00.21	01:04.62
200 COSTAS	01:53.06	01:53.06		01:58.37	01:59.34		02:01.43	02:04.99		02:09.17	02:15.27
50 MARIPOSA	00:23.50	00:23.50		00:24,68	00:25,29						
100 MARIPOSA	00:51.45	00:51.45		00:53.87	00:53.97		00:55.60	00:57.32		00:59.56	01:01.78
200 MARIPOSA	01:53.39	01:53.39		01:58.64	01:59.93		02:03.38	02:07.06		02:12.42	02:19.18
100 ESTILOS	00:53,06	00:53,06		00:56.47	00:57.40						
200 ESTILOS	01:53,45	01:53,45		02:00,59	02:02.96		02:05.34	02:08.27		02:13.38	02:17.96
400 ESTILOS	04:06.83	04:06.83		04:11,20	04:21,93		04:25.04	04:35.02		04:40.32	04:49.65
4x50 ESTILOS-C	01:38,95	01:38,95	01:44.80								
4x50 ESTILOS-S	01:38.72	s/t	s/t								
4x100 ESTILOS-C	03:34,53	03:34,53	03:51.87			03:59,81	04:01.13	04:04,46	04:12.50	04:12,48	04:35.54
4x100 ESTILOS-S	03:30,21	03:30,21	03:58.17				03:55.62	04:10.63		04:13.16	04:34.17

PISCINA DE 25m - PROVAS FEMININAS

	<u>ABS</u>	<u>SEN</u>	<u>JUN</u>	<u>JUN- -17</u>	<u>JUN- - 16</u>	<u>JUV</u>	<u>JUV A - 15</u>	<u>JUV B - 14</u>	<u>INF</u>	<u>INF A - 13</u>	<u>INF B - 12</u>
50 LIVRES	00:24.94	00:24.94		00:25,95	00:26.14		00:26,77	00:26,85		00:27.76	00:28,82
100 LIVRES	00:55.43	00:55.43		00:56.54	00:56.78		00:57,52	00:59,09		00:59.20	01:00.13
200 LIVRES	01:59,53	01:59,53		02:02.89	02:02.42		02:04.62	02:06.53		02:08,89	02:11,27
400 LIVRES	04:05,39	04:05,39		04:10,52	04:15,43		04:18.39	04:23.08		04:25.3	04:38.40
800 LIVRES	08:32,66	08:33,54		08:32,66	08.45,41		08:46.74	09:00.27		09:03.9	09:33.95
1500 LIVRES	16:11,67	16:22,79		16:11,67	16.44,26		16:54.39	17.17.43		17:18.2	18:28,43
4x50 LIVRES-C	01:43.49	01:43.49	01:46.86								
4x50 LIVRES-S	s/t	s/t	s/t								
4x100 LIVRES-C	03:44.99	03:44.99	03:56.01			04:05,16	04:05,16	04:08.36	04:14,71	04:14,71	04:28.19
4x100 LIVRES-S	03:52,90	03:52,90	04:04.76				04:02,04	04:06.18		04:11.11	04:27,58
4x200 LIVRES-C	08:14.13	08:14.13	08:29.70			08:51,54	08:51,54	08:52.76	09:05.75	09:05.75	09:32.41
4x200 LIVRES-S	08:59.08	s/t	s/t				08:59.08	08:59.08		09:25.15	s/t
50 BRUÇOS	00:31.43	00:31.43		00:32,09	00:31.46						
100 BRUÇOS	01:07.17	01:07.17		01:08,02	01:08.85		01:09.59	01.11.76		01:13.43	01:17.79
200 BRUÇOS	02:25.87	02:25.87		02:26,47	02:26,87		02:32.36	02:34.51		02:36,86	02:45,30
50 COSTAS	00:28,07	00:28,07		00:28.53	00:28.42						
100 COSTAS	01:00,64	01:00,64		01:01.56	01:01.55		01:01.43	01:02.96		01:04,85	01:06.85
200 COSTAS	02:11,16	02:11,16		02:12,52	02:12.8		02:16.3	02:17.86		02:21,33	02:27,90
50 MARIPOSA	00:26.78	00:26.78		00:27.32	00:27.57						
100 MARIPOSA	00:58.31	00:58.31		00:59.65	01:01.56		01:03.14	01:03,39		01:03,28	01:06.85
200 MARIPOSA	02:08.54	02:08.54		02:10.12	02:13.60		02:17.51	02:19.06		02:25.40	02:31.64
100 ESTILOS	01:02,09	01:02,09		01:02,34	01:04.11						
200 ESTILOS	02:12,37	02:12,37		02:16,22	02:14.94		02:18.59	02:20.93		02:24.68	02:28.04
400 ESTILOS	04:37,41	04:37,41		04:48.80	04:50.85		04:51.85	04:57.68		05:05.68	05:15.68
4x50 ESTILOS-C	01:53.38	01:53.38	01:58.01								
4x50 ESTILOS-S	02:00.74	s/t	s/t								
4x100 ESTILOS-C	04:06.14	04:06.14	04:16.94			04:31,86	04:31,86	04:33.40	04:40.29	04:40.29	04:57.35
4x100 ESTILOS-S	04:11,54	04:11,54	04:31.54				04:26,97	04:28.92		04:35.91	04:55,95

PISCINA DE 50m - PROVAS MASCULINAS

	<u>ABS</u>	<u>SEN</u>	<u>JUN</u>	<u>JUN - 18</u>	<u>JUN - 17</u>	<u>JUV</u>	<u>JUV A - 16</u>	<u>JUV B - 15</u>	<u>INF</u>	<u>INF A - 14</u>	<u>INF B - 13</u>
50 LIVRES	00:22.36	00:22.36		00:22.98	00:22.95		00:23.78	00:24.68		00:26.04	00:27.0
100 LIVRES	00:49.50	00:49.50		00:50.24	00:49.59		00:52.10	00:53.51		00:55.53	00:58.47
200 LIVRES	01:48,39	01:48,39		01:49.98	01:53.32		01:54.18	01:57,11		02:01.65	02:06.18
400 LIVRES	03:52.29	03:52.29		03:58.26	03:57.15		03:59.38	04:06.22		04:15.99	04:28.42
800 LIVRES	08:05.35	08:05.35		08:06,97	08:13.49		08:23.54	08:43,31		08:54.25	09:12.56
1500 LIVRES	15:15,12	15:15,12		15:23,46	15:43,55		15:45.55	16:30,45		16:43.48	17:21.58
4x50 LIVRES-C	01:32.36	01:32.94	01:36.69								
4x50 LIVRES-S	01:34.90	01:34.90	01:37,56								
4x100 LIVRES-C	03:24.33	03:26.21	03:34.25			03:39.68	03:39.68	03:45.99	03:52,27	03:52,27	04:06,16
4x100 LIVRES-S	03:23.06	03:23.06	03:27.00				03:36.45	03:45,71		03:53,40	04:05,91
4x200 LIVRES-C	07:27,46	07:27,46	07:44.42			07:58.57	07:58.57	08:15.48	08:34,91	08:34,91	08:58,21
4x200 LIVRES-S	07:16.48	07:16.48	07:32.26				07:55.10	08:22.48		08:42.07	09:26.05
50 BRUÇOS	00:28.16	00:28.16		00:29.07	00:29.10						
100 BRUÇOS	01:01.01	01:01.01		01:02.87	01:04.54		01:05.43	01:06.44		01:09.91	01:11.95
200 BRUÇOS	02:13.21	02:13.21		02:15.99	02:19,00		02:22,25	02:24.15		02:32.84	02:38,14
50 COSTAS	00:25,54	00:25,54		00:26.49	00:26.91						
100 COSTAS	00:55,01	00:55,01		00:56,23	00:56,05		00:58.61	00:59.97		01:01.39	01:05,61
200 COSTAS	01:58.83	01:58.83		02:02.21	02:03.06		02:06,59	02:06.44		02:14.56	02:20.07
50 MARIPOSA	00:23.72	00:23.72		00:25.03	00:24.89						
100 MARIPOSA	00:52.42	00:52.42		00:54.16	00:54.77		00:56.11	00:57.58		01:00.27	01:03.64
200 MARIPOSA	01:56.17	01:56.17		02:01.46	02:02.12		02:03.76	02:08,12		02:14.50	02:21.67
200 ESTILOS	01:58,88	01:58,88		02:02,72	02:04.32		02:08.11	02:10,83		02:16.63	02:22.36
400 ESTILOS	04:15,84	04:15,84		04:22,25	04:25,23		04:32.66	04:37.06		04:26.20	04:54.87
4x50 ESTILOS-C	01:42.03	01:42.03	01:48.28								
4x50 ESTILOS-S	01:47,46	s/t	01:47,46								
4x100 ESTILOS-C	03:46.65	03:46.65	03:55.96			04:03,79	04:05,25	04:09,78	04:18,17	04:18,17	04:41.06
4x100 ESTILOS-S	03:40.19	03:40.19	03:45.71				03:59.59	04:11,00		04:13,95	04:34,54

PISCINA DE 50m - PROVAS FEMININAS

	<u>ABS</u>	<u>SEN</u>	<u>JUN</u>	<u>JUN- -17</u>	<u>JUN- -16</u>	<u>JUV</u>	<u>JUV A - 15</u>	<u>JUV B - 14</u>	<u>INF</u>	<u>INF A - 13</u>	<u>INF B - 12</u>
50 LIVRES	00:25,73	00:25,73		00:26,25	00:26,21		00:26,98	00:27,17		00:27,99	00:29,30
100 LIVRES	00:56,41	00:56,41		00:57,63	00:58,40		00:57,75	00:59,41		00:59,73	01:02,16
200 LIVRES	02:01,78	02:01,78		02:03,70	02:05,38		02:05,94	02:07,40		02:10,86	02:12,20
400 LIVRES	04:13,34	04:13,34		04:14,67	04:20,37		04:20,78	04:26,20		04:31,53	04:43,7
800 LIVRES	08:36,21	08:36,58		08:36,21	08:45,53		08:50,68	09:07,70		09:14,85	09:30,42
1500 LIVRES	16:20,80	16:33,93		16:20,80	16:47,35		16:54,60	17:34,28		18:05,62	18:11,07
4x50 LIVRES-C	01:46,22	01:46,22	01:49,70								
4x50 LIVRES-S	01:51,34	s/t	01:51,34								
4x100 LIVRES-C	03:52,07	03:52,07	04:00,84			04:03,10	04:06,43	04:10,72	04:17,13	04:17,13	04:26,09
4x100 LIVRES-S	03:52,40	03:52,40	03:56,10				04:03,93	04:03,93		04:17,14	04:38,05
4x200 LIVRES-C	08:27,04	08:27,04	08:38,96			08:46,61	08:55,49	09:01,51	09:07,81	09:07,81	09:28,03
4x200 LIVRES-S	08:28,70	08:29,48	08:28,70				08:49,57	08:49,57		09:31,86	s/t
50 BRUÇOS	00:31,35	00:31,35		00:31,60	00:31,92						
100 BRUÇOS	01:08,82	01:08,82		01:10,00	01:10,09		01:10,73	01:12,89		01:15,49	01:18,66
200 BRUÇOS	02:27,70	02:27,70		02:29,23	02:29,51		02:31,32	02:36,99		02:42,69	02:49,82
50 COSTAS	00:29,40	00:29,40		00:30,18	00:29,80						
100 COSTAS	01:03,42	01:03,42		01:04,15	01:04,00		01:03,92	01:04,90		01:06,78	01:10,04
200 COSTAS	02:15,27	02:15,27		02:15,53	02:17,98		02:17,38	02:22,24		02:23,57	02:33,03
50 MARIPOSA	00:27,27	00:27,27		00:28,31	00:28,00						
100 MARIPOSA	00:58,76	00:58,76		01:00,95	01:01,48		01:03,14	01:03,88		01:04,70	01:08,02
200 MARIPOSA	02:10,14	02:10,14		02:12,56	02:17,11		02:15,56	02:20,75		02:25,32	02:30,76
200 ESTILOS	02:13,87	02:13,87		02:17,22	02:20,61		02:21,01	02:23,60		02:28,56	02:33,06
400 ESTILOS	04:40,11	04:40,11		04:52,12	04:54,95		04:58,08	05:01,00		05:11,29	05:14,05
4x50 ESTILOS-C	01:56,50	01:56,50	02:01,61								
4x50 ESTILOS-S	02:00,50	s/t	02:00,50								
4x100 ESTILOS-C	04:16,23	04:16,23	04:24,80			04:30,40	04:35,70	04:35,70	04:45,41	04:45,41	04:56,36
4x100 ESTILOS-S	04:13,83	04:19,29	04:18,01				04:30,76	04:31,31		04:38,93	04:59,38

PISCINA DE 25m - PROVAS MASCULINAS
50 LIVRES

<u>INF B - 13</u>	00:26.65	Gabriel José Lopes	cdl	19.06.10	Lousã
<u>INF A - 14</u>	00:25.30	João Cruz Castro	csm	12.04.14	Funchal
<u>JUV B - 15</u>	00:23.96	Diogo Gomes Sousa	cncvg	12.12.09	Ponte de Sôr
<u>JUV A - 16</u>	00:24,00	João Cruz Castro	cdsr	27.07.16	Funchal
<u>JUN- -17</u>	00:23.14	Tiago André Venâncio	cns	26.06.04	Reboleira
<u>JUN- -18</u>	00:22.24	Miguel Duarte Nascimento	portin	08.12.12	Porto – Fluvial
<u>SEN</u>	00:21.64	Alexandre Escudier Agostinho	fpn	10.12.09	Istambul
	00:21.64	Alexandre Escudier Agostinho	portin	20.12.09	S. Ant. Cavaleiros
<u>ABS</u>	00:21.64	Alexandre Escudier Agostinho	fpn	10.12.09	Istambul
	00:21.64	Alexandre Escudier Agostinho	portin	20.12.09	S. Ant. Cavaleiros

100 LIVRES

<u>INF B - 13</u>	00:57.40	Tiago Filipe Pereira	dnmg	11.07.04	Caldas da Rainha
<u>INF A - 14</u>	00:54.63	Tiago Moura Rodrigues	clip	22.04.17	Felgueiras
<u>JUV B - 15</u>	00:52.59	Diogo Gomes Sousa	cncvg	13.12.09	Ponte de Sôr
<u>JUV A - 16</u>	00:50.82	Tiago André Venâncio	cns	23.03.03	Braga
<u>JUN- -17</u>	00:49.87	Tiago André Venâncio	cns	14.02.04	Estoril
<u>JUN- -18</u>	00:48.38	Tiago André Venâncio	cns	20.12.04	Cantanhede
<u>SEN</u>	00:47.64	Alexandre Escudier Agostinho	fpn	11.12.09	Istambul
<u>ABS</u>	00:47.64	Alexandre Escudier Agostinho	fpn	11.12.09	Istambul

200 LIVRES

<u>INF B - 13</u>	02:04.75	João Magalhães Nunes	cna	30.06.12	Algés
<u>INF A - 14</u>	01:58.99	Pedro Fontoura Oliveira	cfb	10.06.04	Cova Piedade
<u>JUV B - 15</u>	01:55.53	Diogo Filipe Carvalho	cga	01.03.03	Ilhavo
<u>JUV A - 16</u>	01:51.06	Tiago André Venâncio	cns	22.03.03	Braga
<u>JUN- -17</u>	01:51.15	Jorge Manuel Maia	gdvnvf	11.12.05	Tomar
<u>JUN- -18</u>	01:47.73	Tiago André Venâncio	fpn	12.12.04	Viena
<u>SEN</u>	01:45.25	Luis Emanuel Vaz	gdvnvf	21.12.13	Felgueiras
<u>ABS</u>	01:45.25	Luis Emanuel Vaz	gdvnvf	21.12.13	Felgueiras

400 LIVRES

<u>INF B - 13</u>	04:21.95	Pedro Fontoura Oliveira	cfb	05.04.03	Santarém
<u>INF A - 14</u>	04:12.35	André Vilas Ruivo	dnmg	29.03.14	Campo Maior
<u>JUV B - 15</u>	04:03.22	João Pedro Gil	anam	08.07.12	Algés
<u>JUV A - 16</u>	03:59.31	João Carlos Santos	anam	08.07.12	Algés
<u>JUN- -17</u>	03:56.54	Rui Filipe Costa	vsc	24.11.07	Felgueiras
<u>JUN- -18</u>	03:50.52	Adriano Miguel Niz	cfv	26.06.04	Fafe
<u>SEN</u>	03:45.58	Fábio Manuel Pereira	fpn	10.12.09	Istambul
<u>ABS</u>	03:45.58	Fábio Manuel Pereira	fpn	10.12.09	Istambul

**800 LIVRES**

<u>INF B - 13</u>	09:07.20	André Vilas Ruivo	dnmg	03.03.13	Leiria
<u>INF A - 14</u>	08:36.36	André Vilas Ruivo	dnmg	25.05.14	Nazaré
<u>JUV B - 15</u>	08:27.18	Rui Filipe Costa	vsc	13.05.06	Senhora da Hora
<u>JUV A - 16</u>	08:09.43	Rui Filipe Costa	vsc	12.05.07	Senhora da Hora
<u>JUN- -17</u>	08:00.80	Gustavo Manuel Santa	cnla	06.12.09	Leiria
<u>JUN- -18</u>	07:56,76	Guilherme Filipe Pina	bscn	11.12.15	Porto - Fluvial
<u>SEN</u>	07:49,89	Rafael Lourenço Gil	sfuap	11.12.15	Porto - Fluvial
<u>ABS</u>	07:49,89	Rafael Lourenço Gil	sfuap	11.12.15	Porto - Fluvial

1500 LIVRES

<u>INF B - 13</u>	17:11.29	André Vilas Ruivo	dnmg	03.03.13	Leiria
<u>INF A - 14</u>	16:13.14	André Vilas Ruivo	dnmg	30.03.14	Campo Maior
<u>JUV B - 15</u>	16:09.71	Luís Miguel Monteiro	fcp	01.03.98	Lousada
<u>JUV A - 16</u>	15:36.31	Rui Filipe Costa	vsc	04.03.07	Braga
<u>JUN- -17</u>	15:05.57	Gustavo Manuel Santa	cnla	06.12.09	Leiria
<u>JUN- -18</u>	15:09,03	João Alexandre Vital	fpn	7.11.15	V.R.St.António
<u>SEN</u>	15:00,65	Rafael Lourenço Gil	sfuap	13.12.15	Porto - Fluvial
<u>ABS</u>	15:00,65	Rafael Lourenço Gil	sfuap	13.12.15	Porto - Fluvial

4x50 LIVRES

<u>JUN- - Club</u>	01:35.76	Paulo Jorge Santos, Francisco Nunes Quintal, Tiago Marques Costa, Daniel Filipe Pinto	fcp	24.11.06	Felgueiras
<u>JUN- - Sel</u>	s/t	sem tempo limite			
<u>SEN - Club</u>	01:29.97	Paulo Jorge Santos, João Filipe Carvalho, Carlos Filipe Santos, Rui Filipe Vilar	fcp	04.12.09	Leiria
<u>SEN - Sel</u>	01:28.66	Tiago André Venâncio, Alexandre Escudier Agostinho, Diogo Filipe Carvalho, Duarte Rafael Mourão	fpn	11.12.11	Szczecin
<u>ABS - Club</u>	01:29.97	Paulo Jorge Santos, João Filipe Carvalho, Carlos Filipe Santos, Rui Filipe Vilar	fcp	04.12.09	Leiria
<u>ABS - Sel</u>	01:28.66	Tiago André Venâncio, Alexandre Escudier Agostinho, Diogo Filipe Carvalho, Duarte Rafael Mourão	fpn	11.12.11	Szczecin

4x100 LIVRES

<u>INF B 13 – Club</u>	04:05.06	Miguel Ângelo Santos, Hugo Gabriel Morais, Daniel Pereira Silva, João Pereira Tinoco	gdvnvf	28.06.13	Vila Praia Ancora
<u>INF B – Sel</u>	04:48.93	tempo limite			
<u>INF A 14 - Club</u>	03:48.35	José Pedro Freitas, Miguel Ângelo Santos, João Pereira Tinoco, Hugo Gabriel Morais,	gdvnvf	29.03.14	Cantanhede
<u>INF A - Sel</u>	03:50.24	Francisco Carvalho Machado, João Alexandre Vital, Steve Alexandre Soares, Guilherme Assis Ramos	anl	14.04.12	Abrantes
<u>INF – Club</u>	03:48.35	José Pedro Freitas, Miguel Ângelo Santos, João Pereira Tinoco, Hugo Gabriel Morais,	gdvnvf	29.03.14	Cantanhede
<u>JUV B 15 - Club</u>	03:42,92	José Pedro Freitas, Hugo Gabriel Morais, Miguel Ângelo Santos, João Pereira Tinoco	gdvnvf	13.12.14	Estarreja
<u>JUV B Sel</u>	03:45.43	Tiago Azevedo Lousada, Ricardo Luís Silva, Bruno André Laranjeira, Francisco Coelho Antunes	fpn	11.07.95	Bath
<u>JUV A 16 - Club</u>	03:34.94	Francisco Manso Teixeira Francisco Aguiar Morganho Pedro Camacho Sousa Henrique Luis Vargas	cnf	11.07.14	Funchal
<u>JUV A - Sel</u>	03:35.53	Tiago André Venâncio, José João Bica, José Meireles Parente, André Jorge Vieira	fpn	21.06.03	Rio Maior
<u>JUV – Club</u>	03:34.94	Francisco Manso Teixeira Francisco Aguiar Morganho Pedro Camacho Sousa Henrique Luis Vargas	cnf	11.07.14	Funchal
<u>JUN- – Club</u>	03:29.42	João Carlos Santos, Miguel Ângelo Alves, Rafael Lourenço Gil, Tiago Ferreira Azevedo	anam	09.12.12	Porto – Fluvial
<u>JUN- - Sel</u>	03:36.87	Nuno Filipe Cancelinha, Nuno Miguel Macedo, Bruno Emanuel Graça, João Francisco Oliveira	fpn	16.04.00	Salamanca
<u>SEN - Club</u>	03:17.44	Duarte Rafael Mourão, Fábio André Figueira, Simão Gomes Morgado, Carlos Esteves Almeida	cna	19.12.09	S. Ant. Cavaleiros



<u>SEN - Sel</u>	03:18.23	Tiago André Venâncio, Miguel Martins Pires, Adriano Miguel Niz, João Pedro Araújo	fpn	05.04.06	Xangai
<u>ABS - Club</u>	03:17.44	Duarte Rafael Mourão, Fábio André Figueira, Simão Gomes Morgado, Carlos Esteves Almeida	cna	19.12.09	S. Ant. Cavaleiros
<u>ABS - Sel</u>	03:18.23	Tiago André Venâncio, Miguel Martins Pires, Adriano Miguel Niz, João Pedro Araújo	fpn	05.04.06	Xangai
4x200 LIVRES					
<u>INF B 13 - Club</u>	08:58.91	Miguel Ângelo Santos, Daniel Pereira Silva, Hugo Gabriel Morais, Rogério José Machado	gdvnvf	15.03.13	Porto – Fluvial
<u>INF B - Sel</u>	09:23.50	tempo limite			
<u>INF A 14 - Club</u>	08:19.63	José Pedro Freitas, João Pereira Tinoco Miguel Ângelo Santos, Hugo Gabriel Morais,	gdvnvf	08.03.14	Paços de Ferreira
<u>INF A - Sel</u>	s/t	sem tempo limite			
<u>INF – Club</u>	08:19.63	José Pedro Freitas, João Pereira Tinoco Miguel Ângelo Santos, Hugo Gabriel Morais,	gdvnvf	08.03.14	Paços de Ferreira
<u>JUV B 15 - Club</u>	08:07,64	José Pedro Freitas, Hugo Gabriel Morais, Miguel Ângelo Santos, João Pereira Tinoco	gdvnvf	12.12.14	Estarreja
<u>JUV B - Sel</u>	08:40.70	tempo limite			
<u>JUV A 16 - Club</u>	07:49.50	Miguel Ângelo Alves, Rafael Lourenço Gil, Rafael Filipe Nunes, João Carlos Santos	anam	06.07.12	Algés
<u>JUV A - Sel</u>	07:57.39	Adriano Miguel Niz, Carlos Miguel Tinoco, Vítor Campelo Ramalho, Sérgio Daniel Barbosa	annp	17.03.02	Torrelavega
<u>JUV Club</u>	07:49.50	tempo limite			
<u>JUN- - Club</u>	07:35.58	Rafael Lourenço Gil, Fábio Alcântara Aires, João Pedro Gil, João Carlos Santos	anam	22.12.13	Felgueiras
<u>JUN- - Sel</u>	08:16.10	tempo limite			
<u>SEN - Club</u>	07:15.07	Fábio André Figueira, Daniel Ricardo Viegas, Duarte Rafael Mourão, Carlos Esteves Almeida	cna	20.12.09	S. Ant. Cavaleiros



<u>SEN - Sel</u>	07:04,93	Miguel Duarte Nascimento Gabriel José Lopes Diogo Filipe Carvalho Alexis Manaças Santos	fpn	09.12.16	Windsor
<u>ABS - Club</u>	07:15.07	Fábio André Figueira, Daniel Ricardo Viegas, Duarte Rafael Mourão, Carlos Esteves Almeida	cna	20.12.09	S. Ant. Cavaleiros
<u>ABS - Sel</u>	07:04,93	Miguel Duarte Nascimento Gabriel José Lopes Diogo Filipe Carvalho Alexis Manaças Santos	fpn	09.12.16	Windsor
50 BRUÇOS					
<u>JUN- -17</u>	00:28.56	Pedro Miguel Agostinho	slb	03.05.09	S. Ant. Cavaleiros
<u>JUN- -18</u>	00:28,55	Simão Miguel Capitão	clamas	24.05.15	Senhora da Hora
<u>SEN</u>	00:27,16	Carlos Esteves Almeida	esjb	21.12.14	Porto - Fluvial
<u>ABS</u>	00:27,16	Carlos Esteves Almeida	esjb	21.12.14	Porto - Fluvial
100 BRUÇOS					
<u>INF B - 13</u>	01:09.54	André Gonçalo Santos	lsc	15.05.10	Lousada
<u>INF A - 14</u>	01:07.92	André Gonçalo Santos	lsc	12.03.11	Viseu
<u>JUV B - 15</u>	01:04.22	André Gonçalo Santos	lsc	04.03.12	Braga
<u>JUV A - 16</u>	01:03.39	André Gonçalo Santos	lsc	21.12.12	S. Ant. Cavaleiros
<u>JUN- -17</u>	01:02.99	André Gonçalo Santos	lsc	21.12.13	Felgueiras
<u>JUN- -18</u>	01:01.25	Pedro Miguel Agostinho	scp	19.12.09	S. Ant. Cavaleiros
<u>SEN</u>	00:58.19	Carlos Esteves Almeida	fpn	22.11.12	Chartres
<u>ABS</u>	00:58.19	Carlos Esteves Almeida	fpn	22.11.12	Chartres
200 BRUÇOS					
<u>INF B - 13</u>	02:37.57	Tomás Miguel Freitas	cdn	13.07.03	Funchal – Nazaré
<u>INF A - 14</u>	02:29.59	Luís Manuel Fernandes	gdvnvf	08.03.09	Cantanhede
<u>JUV B - 15</u>	02:20.22	André Gonçalo Santos	lsc	03.03.12	Braga
<u>JUV A - 16</u>	02:18.22	André Gonçalo Santos	lsc	08.03.13	Felgueiras
<u>JUN- -17</u>	02:16,24	Jorge Jesus Silva	scb	10.12.16	Funchal
<u>JUN- -18</u>	02:13,22	André Gonçalo Santos	lsc	19.12.14	Porto - Fluvial
<u>SEN</u>	02:05.59	Carlos Esteves Almeida	fpn	25.11.12	Chartres
<u>ABS</u>	02:05.59	Carlos Esteves Almeida	fpn	25.11.12	Chartres
50 COSTAS					
<u>JUN- -17</u>	00:25.37	Gabriel José Lopes	cdl	11.05.14	Pedrulha - Coimbra
<u>JUN- -18</u>	00:25.01	Alexis Manaças Santos	scp	04.12.09	Leiria
<u>SEN</u>	00:23,90	Alexis Manaças Santos	scp	11.12.15	Porto - Fluvial
<u>ABS</u>	00:23,90	Alexis Manaças Santos	scp	11.12.15	Porto - Fluvial

**100 COSTAS**

<u>INF B - 13</u>	01:04.62	José Diogo Dias	fbsc	07.05.17	Coimbra
<u>INF A - 14</u>	01:00.21	Ricardo Lopes Silva	dnmg	07.04.17	Sines
<u>JUV B - 15</u>	00:57.38	Gabriel José Lopes	cdl	13.05.12	Coimbra
<u>JUV A - 16</u>	00:56.45	Diogo Gomes Sousa	cncvg	04.12.10	Porto – Fluvial
<u>JUN- -17</u>	00:54.97	Gabriel José Lopes	cdl	11.05.14	Pedrulha - Coimbra
<u>JUN- -18</u>	00:53.88	Alexis Manaças Santos	scp	05.12.09	Leiria
<u>SEN</u>	00:52.03	Alexis Manaças Santos	fpn	14.12.13	Herning
<u>ABS</u>	00:52.03	Alexis Manaças Santos	fpn	14.12.13	Herning

200 COSTAS

<u>INF B - 13</u>	02:15.27	André Vilas Ruivo	dnmg	16.03.13	S. Ant. Cavaleiros
<u>INF A - 14</u>	02:09.17	João Alexandre Vital	cimm	29.06.12	Algés
<u>JUV B - 15</u>	02:04.99	João Alexandre Vital	adrcimm	09.03.13	Estoril
<u>JUV A - 16</u>	02:01.43	Diogo Gomes Sousa	cncvg	04.06.11	Algés
<u>JUN- -17</u>	01:59.34	Adriano Miguel Niz	cfv	16.05.03	Algés
<u>JUN- -18</u>	01:58.37	Adriano Miguel Niz	cfv	03.07.04	Alhadas
<u>SEN</u>	01:53.06	Pedro Diogo Oliveira	fpn	22.11.12	Chartres
<u>ABS</u>	01:53.06	Pedro Diogo Oliveira	fpn	22.11.12	Chartres

50 MARIPOSA

<u>JUN- -17</u>	00:25,29	Koen Weustink	gcvr	19.03.17	Mirandela
<u>JUN- -18</u>	00:24,68	João Miguel Ascensão	fcp	21.12.14	Porto - Fluvial
<u>SEN</u>	00:23.50	Tiago André Venâncio	fpn	11.12.11	Szczecin
<u>ABS</u>	00:23.50	Tiago André Venâncio	fpn	11.12.11	Szczecin

100 MARIPOSA

<u>INF B - 13</u>	01:01.78	Fábio Parrilha da Silva	cnal	01.04.00	Penafiel
<u>INF A - 14</u>	00:59.56	Fábio Parrilha da Silva	cnal	07.04.01	Leiria
<u>JUV B - 15</u>	00:57.32	Diogo Filipe Carvalho	cga	10.06.03	Estarreja
<u>JUV A - 16</u>	00:55.60	Diogo Gomes Sousa	cncvg	05.12.10	Porto – Fluvial
<u>JUN- -17</u>	00:53.97	Tiago André Venâncio	cns	15.02.04	Estoril
<u>JUN- -18</u>	00:53.87	Tiago André Venâncio	cns	19.12.04	Cantanhede
<u>SEN</u>	00:51.45	Diogo Filipe Carvalho	fpn	11.11.09	Estocolmo
<u>ABS</u>	00:51.45	Diogo Filipe Carvalho	fpn	11.11.09	Estocolmo

200 MARIPOSA

<u>INF B - 13</u>	02:19.18	André Vilas Ruivo	dnmg	01.06.13	Nazaré
<u>INF A - 14</u>	02:12.42	Tomás Miguel Freitas	cdn	11.07.04	Funchal – Nazaré
<u>JUV B - 15</u>	02:07.06	Pedro Diogo Oliveira	cnrm	24.05.03	Entroncamento
<u>JUV A - 16</u>	02:03.38	Diogo Parrilha Silva	cnal	13.06.09	Alcobaça
<u>JUN- -17</u>	01:59.93	Diogo Filipe Carvalho	cga	05.03.05	Mealhada
<u>JUN- -18</u>	01:58.64	Diogo Filipe Carvalho	cga	09.12.05	Tomar
<u>SEN</u>	01:53.39	Diogo Filipe Carvalho	fpn	12.12.09	Istambul
<u>ABS</u>	01:53.39	Diogo Filipe Carvalho	fpn	12.12.09	Istambul

100 ESTILOS

<u>JUN- -17</u>	00:57.40	Diogo Filipe Carvalho	cga	14.05.05	Aveiro
<u>JUN- -18</u>	00:56.47	Alexis Manaças Santos	scp	06.12.09	Leiria
<u>SEN</u>	00:53,06	Alexis Manaças Santos	fpn	08.12.16	Windsor
<u>ABS</u>	00:53,06	Alexis Manaças Santos	fpn	08.12.16	Windsor

200 ESTILOS

<u>INF B - 13</u>	02:17.96	André Vilas Ruivo	dnmg	02.06.13	Nazaré
<u>INF A - 14</u>	02:13.38	Tomás Miguel Freitas	cdn	17.07.04	Machico
<u>JUV B - 15</u>	02:08.27	Diogo Filipe Carvalho	cga	10.05.03	Fafe
<u>JUV A - 16</u>	02:05.34	Diogo Filipe Carvalho	cga	15.05.04	Aveiro
<u>JUN- -17</u>	02:02.96	Diogo Filipe Carvalho	cga	06.03.05	Mealhada
<u>JUN- -18</u>	02:00,59	Gabriel José Lopes	aln	10.05.15	Coimbra
<u>SEN</u>	01:53,45	Diogo Filipe Carvalho	fpn	04.12.15	Netanya
<u>ABS</u>	01:53,45	Diogo Filipe Carvalho	fpn	04.12.15	Netanya

400 ESTILOS

<u>INF B - 13</u>	04:49.65	André Vilas Ruivo	dnmg	15.03.13	S. Ant. Cavaleiros
<u>INF A - 14</u>	04:40.32	Tomás Miguel Freitas	cdn	09.07.04	Funchal – Nazaré
<u>JUV B - 15</u>	04:35.02	Diogo Filipe Carvalho	cga	21.03.03	Braga
<u>JUV A - 16</u>	04:25.04	João Alexandre Vital	adrcimm	13.12.13	Tomar
<u>JUN- -17</u>	04:21,93	João Alexandre Vital	adrcimm	19.12.14	Porto - Fluvial
<u>JUN- -18</u>	04:11,20	João Alexandre Vital	scp	11.12.15	Porto - Fluvial
<u>SEN</u>	04:06.83	Diogo Filipe Carvalho	fpn	11.12.09	Istambul
<u>ABS</u>	04:06.83	Diogo Filipe Carvalho	fpn	11.12.09	Istambul

4x50 ESTILOS

<u>JUN- - Club</u>	01:44.80	Ruben Oliveira Lopes Leonardo Cardoso Figueiredo Artur José Reis João Miguel Ascensão	fcj	21.12.13	Felgueiras
<u>JUN- - Sel</u>		sem tempo limite			
<u>SEN - Club</u>	01:38,95	Diogo Gomes Sousa Carlos Esteves Almeida Duarte Rafael Mourão João Silva Gigante	esjb	20.12.14	Porto - Fluvial
<u>SEN - Sel</u>		sem tempo limite			
<u>ABS - Club</u>	01:38,95	Diogo Gomes Sousa Carlos Esteves Almeida Duarte Rafael Mourão João Silva Gigante	esjb	20.12.14	Porto - Fluvial
<u>ABS - Sel</u>	01:38.72	Nuno Filipe Laurentino, Hélder José Lopes, Simão Gomes Morgado, Pedro Nuno Silva	fpn	12.12.02	Riesa

4x100 ESTILOS

<u>INF B 13 - Club</u>	04:35.54	Daniel Pereira Silva, Miguel Ângelo Santos, Hugo Gabriel Morais, Rogério José Machado	gdvnvf	17.03.13	Porto – Fluvial
<u>INF B - Sel</u>	04:34.17	Daniel Ribeiro Sousa, Nuno Miguel Feliciano, Afonso Lopes dos Santos, João Manuel Serralheiro	andl	05.04.08	Abrantes



<u>INF A 14 - Club</u>	04:12,48	Diogo Nuno Valente Martim Rebelo Malfeito Vicente Oliveira Gomes Ruy Manuel Domingos	scp	20.03.16	Tomar
<u>INF A - Sel</u>	04:13.16	João Pereira Tinoco Miguel Ângelo Santos, Hugo Gabriel Morais, José Pedro Freitas,	annp	12.04.14	Abrantes
<u>INF Club</u>	04:12.50	João Pereira Tinoco Miguel Ângelo Santos, Hugo Gabriel Morais, José Pedro Freitas,	gdvnvf	30.03.14	Cantanhede
<u>JUV B 15 - Club</u>	04:04,46	João Pereira Tinoco Miguel Ângelo Santos, Hugo Gabriel Morais, José Pedro Freitas,	gdvnvf	14.12.14	Estarreja
<u>JUV B- Sel</u>	04:10.63	Afonso Guilherme Rosa Miguel Carriço Cruz Marco André Miguel Bernardo José Dionisio	ands	12.04.14	Abrantes
<u>JUV A 16 - Club</u>	04:01.13	Miguel Reis Santos Hugo Pon Afonso Ribeiro Bate Francisco Carvalho Machado	sad	15.12.13	Tomar
<u>JUV A - Sel</u>	03:55.62	José João Bica, Nuno Gonçalo Quintanilha, Tiago André Venâncio, André Jorge Vieira	fpn	21.06.03	Rio Maior
<u>JUV Club</u>	03:59,81	João Francisco Lopes Mário Jorge Veloso Luis Filipe Ribeiro José Pedro Fernandes	scb	06.07.14	Ponte da Barca
<u>JUN- - Club</u>	03:51.87	Bruno Gama Freitas, Hugo Alexandre Jerónimo, Ricardo Jorge Coxo, Eduardo Barata Correia	sfuap	24.03.00	Mealhada
<u>JUN- - Sel</u>	03:58.17	Mário Moura Carvalho, José Guilherme Couto, Ricardo Jorge Santos, Miguel Azevedo Portela	fpn	18.12.94	Madrid
<u>SEN - Club</u>	03:34,53	Pedro Diogo Oliveira Carlos Esteves Almeida, Rafael Duarte Mourão João Silva Gigante	esjb	19.12.14	Porto – Fluvial
<u>SEN - Sel</u>	03:30,21	Gabriel José Lopes Diogo Filipe Carvalho Alexis Manaças Santos Miguel Duarte Nascimento	fpn	11.12.16	Windsor

**ABS - Club**

03:34,53

Pedro Diogo Oliveira
Carlos Esteves Almeida,
Rafael Duarte Mour o
Jo o Silva Gigante

esjb

19.12.14

Porto – Fluvial

ABS - Sel

03:44,68

M rio Alexandre Pereira
Diogo Filipe Carvalho
Tiago Andr  Ven ncio,
Luis Emanuel Vaz

fpn

09.11.14

Vila Real de St  Ant nio

PISCINA DE 25m - PROVAS FEMININAS
50 LIVRES

<u>INF B - 12</u>	0:28,82	Carolina Miranda Fernandes	sancnp	04.03.17	Abrantes
<u>INF A - 13</u>	0:27,76	Ana Margarida Guedes	gcvr	17.05.14	Espinho
<u>JUV B - 14</u>	0:26,85	Ana Margarida Guedes	gcvr	05.07.15	Bragança
<u>JUV A - 15</u>	0:26,77	Ana Margarida Guedes	sarnn	20.02.16	Abrantes
<u>JUN B - 16</u>	0:26,14	Maria Carolina Rosa	scp	20.12.09	S. Ant. Cavaleiros
<u>JUN A - 17</u>	0:25,95	Beatriz Mendes Viegas	tnc	12.11.16	Vila Real Stº António
<u>SEN</u>	0:24,94	Patrícia Vilas Conceição	cna	20.12.09	S. Ant. Cavaleiros
<u>ABS</u>	0:24,94	Patrícia Vilas Conceição	cna	20.12.09	S. Ant. Cavaleiros

100 LIVRES

<u>INF B - 12</u>	1:00,13	Carolina Miranda Fernandes	cga	08.04.17	Mealhada
<u>INF A - 13</u>	0:59,20	Inês Camacho Fernandes	scp	07.03.10	Tavira
<u>JUV B - 14</u>	0:59,09	Camila Rodrigues Rebelo	aln	03.12.16	Ponte da Barca
<u>JUV A - 15</u>	0:57,52	Raquel Gomes Pereira	sad	10.05.15	Algés
<u>JUN B - 16</u>	0:56,78	Maria Carolina Rosa	scp	04.12.09	Leiria
<u>JUN A - 17</u>	0:56,54	Diana Margarida Durães	fcp	07.12.12	Porto – Fluvial
<u>SEN</u>	0:55,43	Patrícia Vilas Conceição	cna	20.12.09	S. Ant. Cavaleiros
<u>ABS</u>	0:55,43	Patrícia Vilas Conceição	cna	20.12.09	S. Ant. Cavaleiros

200 LIVRES

<u>INF B - 12</u>	2:11,27	Carolina Miranda Fernandes	cga	25.03.17	Mealhada
<u>INF A - 13</u>	02:08,89	Alexandra Couto Frazão	cna	08.03.15	Setúbal
<u>JUV B - 14</u>	2:06,53	Ana Cláudia Santos	sfuap	17.04.04	Mealhada
<u>JUV A - 15</u>	2:04,62	Ana Cláudia Santos	sfuap	19.12.04	Cantanhede
<u>JUN B - 16</u>	2:02,42	Andreia Catarina Gomes	vsc	19.12.09	S. Ant. Cavaleiros
<u>JUN A - 17</u>	2:02,89	Diana Margarida Durães	fcp	09.12.12	Porto – Fluvial
<u>SEN</u>	1:59,53	Diana Margarida Durães	fcp	13.12.15	Porto – Fluvial
<u>ABS</u>	1:59,53	Diana Margarida Durães	fcp	21.12.13	Porto – Fluvial

400 LIVRES

<u>INF B - 12</u>	4:38,40	Filipa Vilas Ruivo	dnmg	13.06.09	Alcobaça
<u>INF A - 13</u>	4:25,3	Alexandra Maria Silva	fcp	19.07.80	Antas
<u>JUV B - 14</u>	4:23,08	Susana Patrícia Miguel	sfuap	15.05.04	Alhandra
<u>JUV A - 15</u>	4:18,39	Ana Cláudia Santos	sfuap	20.12.04	Cantanhede
<u>JUN B - 16</u>	4:15,43	Tamila Hryhorivna Holub	scb	20.12.14	Porto-Fluvial
<u>JUN A - 17</u>	4:10,52	Tamila Hryhorivna Holub	scb	12.12.15	Porto-Fluvial
<u>SEN</u>	4:05,39	Diana Margarida Durães	slb	12.11.16	Vila Real Stº António
<u>ABS</u>	4:05,39	Diana Margarida Durães	slb	12.11.16	Vila Real Stº António

**800 LIVRES**

<u>INF B - 12</u>	09:33.95	Filipa Vilas Ruivo	dnmg	16.05.09	Nazaré
<u>INF A - 13</u>	09:03.9	Alexandra Maria Silva	fcp	13.07.80	Porto - Antas
<u>JUV B - 14</u>	09:00.27	Alexandra Maria Silva	fpn	20.12.80	Antibes
<u>JUV A - 15</u>	08:46.74	Ana Cláudia Santos	sfuap	19.12.04	Cantanhede
<u>JUN B - 16</u>	08:45,41	Tamila Hryhorivna Holub	scb	21.12.14	Porto-Fluvial
<u>JUN A - 17</u>	08:32,66	Tamila Hryhorivna Holub	scb	13.12.15	Porto-Fluvial
<u>SEN</u>	08:33,54	Diana Margarida Durães	slb	13.11.16	Vila Real Stº António
<u>ABS</u>	08:32,66	Tamila Hryhorivna Holub	scb	13.12.15	Porto-Fluvial

1500 LIVRES

<u>INF B - 12</u>	18:28,43	Mafalda Sofia Rosa	cnrm	14.03.15	Coruche
<u>INF A - 13</u>	17:18.2	Alexandra Maria Silva	fcp	23.07.80	Porto - Antas
<u>JUV B - 14</u>	17:17.43	Tamila Hryhorivna Holub	scb	30.06.13	Vila Praia Ancora
<u>JUV A - 15</u>	16:54.39	Tamila Hryhorivna Holub	scb	16.03.14	Vila Praia Ancora
<u>JUN B - 16</u>	16:44,26	Tamila Hryhorivna Holub	scb	19.12.14	Porto - Fluvial
<u>JUN A - 17</u>	16:11,67	Tamila Hryhorivna Holub	scb	11.12.15	Porto - Fluvial
<u>SEN</u>	16:22,79	Angélica Maria André	cfp	11.12.15	Porto - Fluvial
<u>ABS</u>	16:11,67	Tamila Hryhorivna Holub	scb	11.12.15	Porto - Fluvial

4x50 LIVRES

<u>JUN - Club</u>	1:46.86	Maria Carolina Rosa, Patrícia Garcia Marinho, Filipa Vilas Tiago, Mafalda Gomes Beleza	scp	04.12.09	Leiria
<u>JUN - Sel</u>		sem tempo limite			
<u>SEN - Club</u>	1:43.49	Sara Beatriz Loureiro, Sara Freitas Oliveira, Alexandra Paiva Oliveira, Marta Vieira Marinho	fcp	04.12.09	Leiria
<u>SEN - Sel</u>		sem tempo limite			
<u>ABS - Club</u>	1:43.49	Sara Beatriz Loureiro, Sara Freitas Oliveira, Alexandra Paiva Oliveira, Marta Vieira Marinho	fcp	04.12.09	Leiria
<u>ABS - Sel</u>		sem tempo limite			

4x100 LIVRES

<u>INF B 12 – Club</u>	4:28.19	Ana Silva Costa Carla Luísa Alves Catarina Alexandra Jardim Bárbara Nogueira Gonçalves	gdvnvf	07.03.10	Ponte da Barca
<u>INF B – Sel</u>		sem tempo limite			
<u>INF A 13 - Club</u>	4:14,71	Maria Margarida Belo Carolina Barros Domingos Madalena Maria Ferreira Leonor Camacho Fernanddes	SCP	29.03.15	Silves
<u>INF A - Sel</u>	4:11.11	Laura Sanchez Rodrigues, Sofia Alexandra Nunes, Raquel Gomes Pereira, Catarina Martins Mestre	anl	13.04.13	Abrantes
<u>INF Club</u>	4:14,71	Maria Margarida Belo Carolina Barros Domingos Madalena Maria Ferreira Leonor Camacho Fernanddes	SCP	29.03.15	Silves



<u>JUV B 14 - Club</u>	4:08.36	Maria Inês Leitão, Joana Filipa Viana, Maria João Dores, Ana Rita Rolo	scp	10.03.02	Guimarães
<u>JUV B - Sel</u>	4:06.18	Inês Alexandra Paiva, Isabel Pinto Abreu, Patrícia Miguel Mendes, Rita Fernandes Leitão	anl	10.04.10	Abrantes
<u>JUV A 15 – Club</u>	04:05,16	Maria Francisca Cabral Sara Vitória Ramos Marta Alexandra Canedo Ana Rita Faria	fcp	14.12.14	Estarreja
<u>JUV A 15 - Sel</u>	04:02,04	Raquel Gomes Pereira Sofia Alexandra Nunes Catarina Martins Mestre Laura Sanchez Rodrigues	anl	21.02.15	Abrantes
<u>JUV Club</u>	04:05,16	Maria Francisca Cabral Sara Vitória Ramos Marta Alexandra Canedo Ana Rita Faria	fcp	14.12.14	Estarreja
<u>JUN- - Club</u>	3:56.01	Maria Carolina Rosa, Patrícia Garcia Marinho, Filipa Vilas Tiago, Mafalda Gomes Beleza	scp	06.12.09	Leiria
<u>JUN- - Sel</u>	4:04.76	Cristiana Oliveira Marques, Sara Catarina Oliveira, Marisa Santos Freitas, Mariana Sampaio Silva	annp	14.04.02	Segóvia
<u>SEN - Club</u>	3:44.99	Sara Freitas Oliveira, Sara Beatriz Loureiro, Alexandra Paiva Oliveira, Marta Vieira Marinho	fcp	04.12.10	Porto – Fluvial
<u>SEN - Sel</u>	03:52,90	Diana Margarida Durães Joana Patricia Pinto Victoria Kaminskaya Ana Sofia Leite	fnp	09.11.14	Vila Real de Stº António
<u>ABS - Club</u>	3:44.99	Sara Freitas Oliveira, Sara Beatriz Loureiro, Alexandra Paiva Oliveira, Marta Vieira Marinho	fcp	04.12.10	Porto – Fluvial
<u>ABS - Sel</u>	03:52,90	Diana Margarida Durães Joana Patricia Pinto Victoria Kaminskaya Ana Sofia Leite	fnp	09.11.14	Vila Real de Stº António
4x200 LIVRES					
<u>INF B 12– Club</u>	9.32.41	Ana Silva Costa Carla Luísa Alves Bárbara Nogueira Gonçalves Catarina Alexandra Jardim	gdvnf	05.03.10	Ponte da Barca
<u>INF B – Sel</u>		sem tempo limite			
<u>INF A 13 - Club</u>	09:05.75	Ana Silva Costa, Carla Luísa Alves, Catarina Alexandra Jardim, Bárbara Nogueira Gonçalves	gdvnf	11.03.11	Viseu



<u>INFA - Sel</u>	09:25.15	Luísa Maria Portela Virgília Soraya Gomes Alexandra Maria Jorge Catarina Duarte Brandão	anp	10.06.89	Corunha
<u>INF Club</u>	<u>09:05,75</u>	<u>tempo limite</u>			
<u>JUV B 14 - Club</u>	08:52.76	Francisca Gomes Azevedo, Bárbara Marques Rodrigues, Carolina Sanchez Rodrigues, Joana Catarina Ribeiro	sad	04.06.11	Algés
<u>JUV B - Sel</u>	08:59.08	Márcia Santos Freitas, Cátia Sofia Fernandes, Ana Sofia Cerqueira, Maria Carmo Vilas-Boas	annp	17.03.02	Torrelavega
<u>JUV A 15 – Club</u>	08:51,54	Maria Francisca Cabral Iris Cunha Santos Ana Sofia Ramos Ana Rita Faria	fcp	12.12.14	Estarreja
<u>JUV A Sel</u>	<u>08:59,08</u>	<u>tempo limite</u>			
<u>JUV Club</u>	08:51,54	Maria Francisca Cabral Iris Cunha Santos Ana Sofia Ramos Ana Rita Faria	fcp	12.12.14	Estarreja
<u>JUN- - Club</u>	08:29.70	Maria Carolina Rosa, Patrícia Garcia Marinho, Leonor Mourinho Neves, Mafalda Gomes Beleza	scp	05.12.09	Leiria
<u>JUN- - Sel</u>		sem tempo limite			
<u>SEN - Club</u>	08:14.13	Sara Freitas Oliveira, Sara Beatriz Loureiro, Joana Aguiar Rodrigues, Marta Vieira Marinho	fcp	05.12.10	Porto – Fluvial
<u>SEN – Sel</u>		sem tempo limite			
<u>ABS - Club</u>	08:14.13	Sara Freitas Oliveira, Sara Beatriz Loureiro, Joana Aguiar Rodrigues, Marta Vieira Marinho	fcp	05.12.10	Porto – Fluvial
<u>ABS - Sel</u>	08:59.08	Márcia Santos Freitas, Cátia Sofia Fernandes, Ana Sofia Cerqueira, Maria Carmo Vilas-Boas	annp	17.03.02	Torrelavega
50 BRUÇOS					
<u>JUN B - 16</u>	0:31.46	Ana Pinho Rodrigues	aej	06.12.09	Leiria
<u>JUN A -17</u>	0:32,09	Raquel Gomes Pereira	sad	11.12.16	funchal
<u>SEN</u>	0:31.43	Diana Duarte Gomes	cna	19.12.09	S. Ant. Cavaleiros
<u>ABS</u>	0:31.43	Diana Duarte Gomes	cna	19.12.09	S. Ant. Cavaleiros
100 BRUÇOS					
<u>INF B 12</u>	1:17.79	Mariana Alves Cunha	aac	19.03.95	Coimbra
<u>INF A 13</u>	1:13.43	Raquel Gomes Pereira	anl	13.04.13	Abrantes
<u>JUV B - 14</u>	1:11.76	Diana Duarte Gomes	abve	28.06.03	Reboleira
<u>JUV A - 15</u>	1:09.59	Diana Duarte Gomes	abve	13.03.04	Tomar
<u>JUN B - 16</u>	1:08.85	Ana Pinho Rodrigues	aej	13.12.09	Ponte de Sôr
<u>JUN A -17</u>	1:08,02	Raquel Gomes Pereira	sad	09.12.16	funchal
<u>SEN</u>	1:07.17	Diana Duarte Gomes	cna	19.12.09	S. Ant. Cavaleiros
<u>ABS</u>	1:07.17	Diana Duarte Gomes	cna	19.12.09	S. Ant. Cavaleiros

200 BRUÇOS

<u>INF B 12</u>	2:45,30	Clara Gomes Pereira	sad	14.06.14	Algés
<u>INF A 13</u>	02:36,86	Clara Gomes Pereira	sad	06.06.15	Algés
<u>JUV B - 14</u>	2:34.51	Diana Duarte Gomes	abve	28.06.03	Reboleira
<u>JUV A - 15</u>	2:32.36	Diana Duarte Gomes	abve	07.02.04	Alcobaça
<u>JUN B - 16</u>	2:26,87	Raquel Gomes Pereira	sad	11.12.15	Porto-Fluvial
<u>JUN A -17</u>	2:26,47	Raquel Gomes Pereira	sad	10.12.16	Funchal
<u>SEN</u>	2:25.87	Diana Duarte Gomes	cna	20.12.09	S. Ant. Cavaleiros
<u>ABS</u>	2:25.87	Diana Duarte Gomes	cna	20.12.09	S. Ant. Cavaleiros

50 COSTAS

<u>JUN B - 16</u>	0:28.42	Inês Camacho Fernandes	scp	08.12.12	Porto – Fluvial
<u>JUN A -17</u>	0:28.53	Inês Camacho Fernandes	scp	21.12.13	Felgueiras
<u>SEN</u>	00:28,07	Ana Sofia Leite	gcvr	06.06.15	Algés
<u>ABS</u>	00:28,07	Ana Sofia Leite	gcvr	06.06.15	Algés

100 COSTAS

<u>INF B 12</u>	1:06.85	Carolina Miranda Fernandes	cga	07.04.17	Mealhada
<u>INF A 13</u>	1:04,85	Filipa Ramos Peixeira	scp	18.03.16	Tomar
<u>JUV B - 14</u>	1:02.96	Inês Camacho Fernandes	scp	12.02.11	Estoril
<u>JUV A - 15</u>	1:01.43	Inês Camacho Fernandes	scp	17.12.11	Mealhada
<u>JUN B - 16</u>	1:01.55	Inês Camacho Fernandes	scp	08.12.12	Porto - Fluvial
<u>JUN A -17</u>	1:01.56	Inês Camacho Fernandes	scp	21.12.13	Felgueiras
<u>SEN</u>	1:00,64	Ana Sofia Leite	gcvr	12.12.15	Porto - Fluvial
<u>ABS</u>	1:00,64	Ana Sofia Leite	gcvr	12.12.15	Porto - Fluvial

200 COSTAS

<u>INF B 12</u>	2:27,90	Carolina Miranda Fernandes	cga	26.03.17	Mealhada
<u>INF A 13</u>	02:21,33	Rafaela Gomes Azevedo	sad	06.06.15	Algés
<u>JUV B - 14</u>	2:17.86	Cátia Raquel Martinheira	ldc	21.12.08	Sines
<u>JUV A - 15</u>	2:16.3	Petra Quintela Chaves	sad	14.05.93	Algés
<u>JUN B - 16</u>	2:12.8	Petra Quintela Chaves	sad	31.05.94	Algés
<u>JUN A -17</u>	2:12,52	Rita Barros Frischknecht	sad	21.12.14	Porto - Fluvial
<u>SEN</u>	02:11,16	Rita Barros Frischknecht	sad	09.12.16	Funchal
<u>ABS</u>	02:11,16	Rita Barros Frischknecht	sad	09.12.16	Funchal

50 MARIPOSA

<u>JUN B - 16</u>	0:27.57	Filipa Vilas Tiago	scp	06.12.09	Leiria
<u>JUN A -17</u>	0:27.32	Sara Francisco Cruz	adba	06.12.09	Leiria
<u>SEN</u>	0:26.78	Sara Freitas Oliveira	fpn	16.12.10	Dubai
<u>ABS</u>	0:26.78	Sara Freitas Oliveira	fpn	16.12.10	Dubai

100 MARIPOSA

<u>INF B 12</u>	1:06.85	Carolina Miranda Fernandes	cga	09.04.17	Mealhada
<u>INF A 13</u>	1:03,28	Ana Margarida Guedes	gcvr	10.06.14	Vila Real
<u>JUV B - 14</u>	01:03,39	Ana Margarida Guedes	gcvr	14.12.14	Estarreja
<u>JUV A - 15</u>	1:03.14	Ana Rita Francisco	sfuap	19.03.95	Algés
<u>JUN B - 16</u>	1:01.56	Filipa Vilas Tiago	scp	20.12.09	S. Ant. Cavaleiros
<u>JUN A -17</u>	0:59.65	Sara Francisco Cruz	adba	05.12.09	Leiria
<u>SEN</u>	0:58.31	Sara Freitas Oliveira	fpn	18.12.10	Dubai
<u>ABS</u>	0:58.31	Sara Freitas Oliveira	fpn	18.12.10	Dubai

**200 MARIPOSA**

<u>INF B 12</u>	2:31.64	Raquel Maria Felgueiras	scb	09.05.92	Algés
<u>INF A 13</u>	2:25.40	Raquel Maria Felgueiras	scb	30.05.93	Vila do Conde
<u>JUV B - 14</u>	2:19.06	Susana Patrícia Miguel	sfuap	20.03.04	Penafiel
<u>JUV A - 15</u>	2:17.51	Raquel Maria Felgueiras	scb	05.03.95	Algés
<u>JUN B - 16</u>	2:13.60	Ana Rita Francisco	fpn	11.02.96	Gelsenkirchen
<u>JUN A - 17</u>	2:10.12	Sara Francisco Cruz	adba	04.12.09	Leiria
<u>SEN</u>	2:08.54	Sara Freitas Oliveira	fpn	15.12.10	Dubai
<u>ABS</u>	2:08.54	Sara Freitas Oliveira	fpn	15.12.10	Dubai

100 ESTILOS

<u>JUN B - 16</u>	1:04.11	Maria Carolina Rosa	scp	06.12.09	Leiria
<u>JUN A - 17</u>	1:02.68	Raquel Gomes Pereira	sad	11.12.16	funchal
<u>SEN</u>	1:02.09	Victoria Kaminskaya	pimp	21.12.14	Porto – Fluvial
<u>ABS</u>	1:02.09	Victoria Kaminskaya	pimp	21.12.14	Porto – Fluvial

200 ESTILOS

<u>INF B 12</u>	2:28.04	Carolina Miranda Fernandes	cga	08.04.17	Mealhada
<u>INF A 13</u>	2:25.08	Mariana Pacheco Cunha	cfp	22.04.17	Felgueiras
<u>JUV B - 14</u>	2:20.93	Susana Patrícia Miguel	sfuap	20.03.04	Penafiel
<u>JUV A - 15</u>	2:18.59	Catarina Tiago Nunes	sfuap	19.12.09	S. Ant. Cavaleiros
<u>JUN B - 16</u>	2:14.94	Maria Carolina Rosa	scp	19.12.09	S. Ant. Cavaleiros
<u>JUN A - 17</u>	2:16,22	Raquel Gomes Pereira	sad	19.11.16	Algés
<u>SEN</u>	02:12,37	Victoria Kaminskaya	fpn	05.12.15	Netanya
<u>ABS</u>	02:12,37	Victoria Kaminskaya	fpn	05.12.15	Netanya

400 ESTILOS

<u>INF B 12</u>	5:15.68	Susana Patrícia Miguel	sfuap	06.07.02	Rio Maior
<u>INF A 13</u>	5:05.68	Filipa Vilas Ruivo	dnmg	12.06.10	Leiria
<u>JUV B - 14</u>	4:57.68	Susana Patrícia Miguel	sfuap	19.03.04	Penafiel
<u>JUV A - 15</u>	4:51.85	Ana Cláudia Santos	sfuap	21.11.04	Setúbal
<u>JUN B - 16</u>	4:50.85	Diana Margarida Durães	foca	02.12.11	Silves
<u>JUN A - 17</u>	4:48.80	Victoria Kaminskaya	pimp	02.12.11	Silves
<u>SEN</u>	04:37,41	Victoria Kaminskaya	esjb	11.12.15	Porto - Fluvial
<u>ABS</u>	04:37,41	Victoria Kaminskaya	esjb	11.12.15	Porto - Fluvial

4x50 ESTILOS

<u>JUN- - Club</u>	1:58.01	Francisca Gomes Azevedo, Ana Beatriz Marques, Bárbara Sofia Barata, Rita Barros Frischknecht	sad	21.12.13	Felgueiras
<u>JUN- - Sel</u>		sem tempo limite			
<u>SEN - Club</u>	1:53.38	Marta Vieira Marinho, Ana Pinho Rodrigues, Sara Freitas Oliveira, Diana Margarida Durães	fcp	08.12.12	Porto – Fluvial
<u>SEN - Sel</u>		sem tempo limite			
<u>ABS - Club</u>	1:53.38	Marta Vieira Marinho, Ana Pinho Rodrigues, Sara Freitas Oliveira, Diana Margarida Durães	fcp	08.12.12	Porto – Fluvial
<u>ABS - Sel</u>	2:00.74	tempo limite			

**4x100 ESTILOS**

<u>INF B 12 - Club</u>	4:57.35	Catarina Alexandra Jardim, Bárbara Nogueira Gonçalves, Carla Luísa Alves, Ana Silva Costa	gdvnvf	06.03.10	Ponte da Barca
<u>INF B - Sel</u>		sem tempo limite			
<u>INF A 13 - Club</u>	4:40.29	Catarina Alexandra Jardim, Bárbara Nogueira Gonçalves, Carla Luísa Alves, Ana Silva Costa	gdvnvf	12.03.11	Viseu
<u>INF A - Sel</u>	4:35.91	Sofia Alexandra Nunes, Raquel Gomes Pereira, Laura Sanchez Rodrigues, Catarina Martins Mestre	anl	13.04.13	Abrantes
<u>INF-Club</u>	4:40.29	<u>tempo limite</u>			
<u>JUV B 14 - Club</u>	4:33.40	Inês Catarina Agostinho, Ana Maria Pina, Sofia Oliveira Pinto, Vera Patrícia Pinto	slb	15.06.08	Reboleira
<u>JUV B - Sel</u>	4:28.92	Carolina Viegas Peres, Diana Duarte Gomes, Ana Isabel Ramos, Harriet Larcher Smith	fpn	21.06.03	Rio Maior
<u>JUV-A 15 - Club</u>	04:31,86	Vera Inês Aguilar Laura Catarina Abreu Beatriz Jong Rosa Ana Isabel Viveiros	cdn	12.07.15	Funchal
<u>JUV A 15 - Sel</u>	04:26,97	Catarina Martins Mestre Raquel Gomes Pereira, Laura Sanchez Rodrigues, Sofia Alexandra Nunes,	anl	21.02.15	Abrantes
<u>JUV-Club</u>	04:31,86	Vera Inês Aguilar Laura Catarina Abreu Beatriz Jong Rosa Ana Isabel Viveiros	cdn	12.07.15	Funchal
<u>JUN - Club</u>	4:16.94	Inês Catarina Agostinho, Maria Carolina Rosa, Filipa Vilas Tiago, Mafalda Gomes Beleza	scp	04.12.09	Leiria
<u>JUN - Sel</u>	4:31.54	Ana Paris Leal, Ana Rute Cabral, Vanessa Paixão Neves, Cátia Andreia Ribeiro	fpn	16.04.00	Salamanca
<u>SEN - Club</u>	4:06.14	Marta Vieira Marinho, Joana Catarina Carvalho, Sara Freitas Oliveira, Sara Beatriz Loureiro	fcp	19.12.09	S. Ant. Cavaleiros
<u>SEN - Sel</u>	04:11,54	Ana Sofia Leite Victoria Kaminskaya Ana Catarina Monteiro Joana Patrícia Pinto	fpn	08.11.14	Vila Real de Stº António

**ABS - Club**

4:06.14

Marta Vieira Marinho,
Joana Catarina Carvalho,
Sara Freitas Oliveira,
Sara Beatriz Loureiro

fcp

19.12.09

S. Ant. Cavaleiros

ABS - Sel

04:11,54

Ana Sofia Leite
Victoria Kaminskaya
Ana Catarina Monteiro
Joana Patricia Pinto

fpn

08.11.14

Vila Real de Stº António

PISCINA DE 50m - PROVAS MASCULINAS
50 LIVRES

<u>INF B 13</u>	0:27.0	José Miguel Miranda	cfp	11.08.86	Coimbra
<u>INF A 14</u>	0:26.04	Miguel Azevedo Portela	fcf	16.07.92	Porto - Campanhã
<u>JUV B 15</u>	0:24.68	Tiago André Venâncio	cns	18.05.02	Lisboa – EUL
<u>JUV A 16</u>	0:23.78	Tiago André Venâncio	fjn	31.07.03	Paris
<u>JUN- -17</u>	0:22.95	Tiago André Venâncio	fjn	16.07.04	Oeiras - Jamor
<u>JUN- -18</u>	0:22.98	Paulo Jorge Santos	fjn	22.07.07	Antuérpia
<u>SEN</u>	0:22.36	Alexandre Escudier Agostinho	portin	30.05.09	Coimbra
	0:22.36	Alexandre Escudier Agostinho	fjn	31.07.09	Roma
<u>ABS</u>	0:22.36	Alexandre Escudier Agostinho	portin	30.05.09	Coimbra
	0:22.36	Alexandre Escudier Agostinho	fjn	31.07.09	Roma

100 LIVRES

<u>INF B 13</u>	0:58.47	João Magalhães Nunes	cna	22.07.12	Rio Maior
<u>INF A 14</u>	0:55.53	David Miguel Ferro	sfuap	26.07.98	Porto - Campanhã
<u>JUV B 15</u>	0:53.51	Tiago André Venâncio	cns	19.05.02	Lisboa – EUL
<u>JUV A 16</u>	0:52.10	Tiago André Venâncio	fjn	28.07.03	Paris
<u>JUN- -17</u>	0:49.59	Tiago André Venâncio	fjn	15.07.04	Oeiras - Jamor
<u>JUN- -18</u>	0:50.24	Tiago André Venâncio	cns	19.03.05	Oeiras - Jamor
<u>SEN</u>	0:49.50	Alexandre Escudier Agostinho	fjn	29.07.09	Roma
<u>ABS</u>	0:49.50	Alexandre Escudier Agostinho	fjn	29.07.09	Roma

200 LIVRES

<u>INF B 13</u>	2:06.18	João Magalhães Nunes	cna	21.07.12	Rio Maior
<u>INF A 14</u>	2:01.65	João Duarte Santos	cnol	25.07.09	S. João da Madeira
<u>JUV B 15</u>	1:57,11	Miguel Diogo Agostinho	fbsc	24.07.15	Coimbra
<u>JUV A 16</u>	1:54.18	Gustavo Manuel Santa	fjn	24.07.09	Tampere
<u>JUN- -17</u>	1:53.32	Gustavo Manuel Santa	cnla	30.07.10	Coimbra
<u>JUN- -18</u>	1:49.98	Tiago André Venâncio	fjn	14.07.05	Budapeste
<u>SEN</u>	1:48,39	Alexis Manaças Santos	scp	31.03.17	Coimbra
<u>ABS</u>	1:48,39	Alexis Manaças Santos	scp	31.03.17	Coimbra

400 LIVRES

<u>INF B 13</u>	4:28.42	Pedro Fontoura Oliveira	cfb	26.07.03	Lisboa – Restelo
<u>INF A 14</u>	4:15.99	Pedro Fontoura Oliveira	cfb	11.07.04	Badajoz
<u>JUV B 15</u>	4:06.22	Rui Filipe Costa	vsc	29.07.06	Coimbra
<u>JUV A 16</u>	3:59.38	Gustavo Manuel Santa	fjn	21.07.09	Tampere
<u>JUN- -17</u>	3:57.15	Gustavo Manuel Santa	fjn	14.07.10	Helsínquia
<u>JUN- -18</u>	3:58.26	Ivo Emanuel Carneiro	fjn	12.07.02	Linz
<u>SEN</u>	3:52.29	Jorge Manuel Maia	fjn	05.04.09	Málaga
<u>ABS</u>	3:52.29	Jorge Manuel Maia	fjn	05.04.09	Málaga

**800 LIVRES**

<u>INF B 13</u>	09:12.56	Pedro Fontoura Oliveira	cfb	27.07.03	Lisboa – Restelo
<u>INF A 14</u>	08:54.25	Pedro Fontoura Oliveira	cfb	29.05.04	Lisboa – EUL
<u>JUV B 15</u>	08:43,31	Duarte Miguel Jorge	cga	21.07.16	Oeiras - Jamor
<u>JUV A 16</u>	08:23.54	Gustavo Manuel Santa	fpn	23.07.09	Tampere
<u>JUN- -17</u>	08:13.49	Gustavo Manuel Santa	fpn	17.07.10	Helsínquia
<u>JUN- -18</u>	08:06,97	Guilherme Filipe Pina	fpn	09.07.16	Hodmezovasarhely
<u>SEN</u>	08:05.35	Fernando Eurico Costa	lsc	29.07.07	Aveiro
<u>ABS</u>	08:05.35	Fernando Eurico Costa	lsc	29.07.07	Aveiro

1500 LIVRES

<u>INF B 13</u>	17:21.58	Pedro Fontoura Oliveira	cfb	27.07.03	Lisboa – Restelo
<u>INF A 14</u>	16:43.48	Pedro Fontoura Oliveira	fpn	19.06.04	Rio Maior
<u>JUV B 15</u>	16:30,45	Duarte Miguel Jorge	cga	21.07.16	Oeiras - Jamor
<u>JUV A 16</u>	15:45.55	Gustavo Manuel Santa	fpn	23.07.09	Tampere
<u>JUN- -17</u>	15:43,55	Guilherme Filipe Pina	fpn	30.08.15	Singapura
<u>JUN- -18</u>	15:23,46	Guilherme Filipe Pina	fpn	07.07.16	Hodmezovasarhely
<u>SEN</u>	15:15,12	Guilherme Filipe Pina	scp	30.03.17	Coimbra
<u>ABS</u>	15:15,12	Guilherme Filipe Pina	scp	30.03.17	Coimbra

4x50 LIVRES

<u>JUN- - Club</u>	1:36.69	Rui Filipe Vilar, Nuno Miguel Vieira, João Pedro Almeida, Carlos Filipe Santos	fcp	27.03.09	Lisboa – EUL
<u>JUN- - Sel</u>	01:37,56	Frederico Sucena Riachos Francisco Rogério Santos Guilherme Filipe Pina João Alexandre Vital	fpn	05.06.16	Porto - Campanhã
<u>SEN - Club</u>	1:32.94	Paulo Jorge Santos, João Filipe Carvalho, Fábio André Figueira, Israel Peressin Murat	fcp	26.07.12	Oeiras - Jamor
<u>SEN - Sel</u>	1:34.90	tempo limite			
<u>ABS - Club</u>	1:32.36	Rui Filipe Vilar, Paulo Jorge Santos, João Filipe Carvalho, Carlos Filipe Santos	fcp	18.07.09	Faro
<u>ABS - Sel</u>	1:34.90	tempo limite			

4x100 LIVRES

<u>INF B 13 - Club</u>	04:06,16	Rafael Alcântara Aires Edgar Filipe Santos David Matias Cristino Rodrigo Ponte Jorge	anam	19.07.14	Loulé
<u>INF B 13 – Sel</u>	04.05,91	Rafael Moreira Oliveira João Nogueira Mendes Diogo Nuno Valente Diogo Santos Costa	anl	13.06.15	Vila Franca de Xira
<u>INF A 14 – Club</u>	03:52,27	José Pedro Freitas João Pereira Tinoco Hugo Gabriel Morais Miguel Ângelo Santos	gdvnvf	19.07.14	Loulé
<u>INF A 14 - – Sel</u>	03.53,40	Ricardo Pinela Ferreira Rodrigo Ponte Jorge			



<u>INF Club</u>	03:52,27	David Matias Cristino Gonçalo Carvalho Ferrão José Pedro Freitas João Pereira Tinoco Hugo Gabriel Morais	anl	13.06.15	Vila Franca de Xira
<u>JUV B 15 - Club</u>	3:45.99	Miguel Ângelo Santos João Miguel Ascensão Eduardo Salgado Ramos Jorge Miguel Nunes Rúben Oliveira Lopes	gdvnvf	19.07.14	Loulé
<u>JUV B 15 - Sel</u>	03:45,71	Rafael Alcântara Aires David Matias Cristino Gonçalo Carvalho Ferrão Ricardo Pinela Ferreira	fcp	27.07.12	Oeiras - Jamor
<u>JUV A 16 - Club</u>	3:39.68	João Miguel Ascensão, Luís Carlos Oliveira, Eduardo Salgado Ramos, Rúben Oliveira Lopes	anl	14.05.16	Vila Franca de Xira
<u>JUV A - Sel</u>	3:36.45	Gustavo Manuel Santa, Diogo Parrilha Silva Pedro Ribeiro Mendes Miguel Cordeiro Saraiva	fcp	19.07.13	Famalicão
<u>JUV Club</u>	3:39.68	tempo limite	fpn	20.07.09	Tampere
<u>JUN- - Club</u>	3:34.25	Rui Filipe Vilar, João Pedro Almeida, Samuel Patrício Queirós, Carlos Filipe Santos	fcp	27.03.09	Lisboa – EUL
<u>JUN- - Sel</u>	3:27.00	Fábio Manuel Pereira, Adriano Miguel Niz, Alexandre Escudier Agostinho, Tiago André Venâncio	fcp	15.07.04	Oeiras - Jamor
<u>SEN - Club</u>	3:26.21	Paulo Jorge Santos, Fábio André Figueira, João Filipe Carvalho, Israel Peressin Murat	fcp	27.07.12	Oeiras - Jamor
<u>SEN - Sel</u>	3:23.06	Tiago André Venâncio, Alexandre Escudier Agostinho, Diogo Filipe Carvalho, Adriano Miguel Niz	fcp	18.03.08	Eindhoven
<u>ABS - Club</u>	3:24.33	Paulo Jorge Santos, João Filipe Carvalho, Carlos Filipe Santos, Rui Filipe Vilar	fcp	19.07.09	Faro
<u>ABS - Sel</u>	3:23.06	Tiago André Venâncio, Alexandre Escudier Agostinho, Diogo Filipe Carvalho, Adriano Miguel Niz	fcp	18.03.08	Eindhoven

**4x200 LIVRES**

<u>INF B 13- Club</u>	08:58,21	Rodrigo Ponte Jorge Edgar Filipe Santos David Matias Cristino Rafael Alcântara Aires	anam	18.07.14	Loulé
<u>INF B - Sel</u>	09:26.05	Rui Ramos Martins, Jorge Carvalho Paiva, José Alexandre Guerra, Sérgio Filipe Souto	fpn	06.04.86	Zurique
<u>INF A 14 - Club</u>	08:34,91	Edgar Filipe Santos David Matias Cristino Rodrigo Ponte Jorge Rafael Alcântara Aires	anam	17.07.15	Oeiras-Jamor
<u>INF A - Sel</u>	08:42.07	tempo limite			
<u>INF Club</u>	08:34,91	Edgar Filipe Santos David Matias Cristino Rodrigo Ponte Jorge Rafael Alcântara Aires	anam	17.07.15	Oeiras-Jamor
<u>JUV B 15 - Club</u>	08:15.48	Ricardo Miguel Alves, Tiago João Meira, António Miguel Vitorino, Miguel Prata Santos	vnc	04.08.11	Póvoa de Varzim
<u>JUV B - Sel</u>	08:22.48	Bruno André Laranjeira, Hugo José Amorim, Francisco Coelho Antunes, Tiago Azevedo Lousada	fpn	16.04.95	Charleroi
<u>JUV A 16 - Club</u>	07:58.57	Miguel Ângelo Alves, Rafael Lourenço Gil, Rafael Filipe Nunes, João Carlos Santos	anam	26.07.12	Oeiras - Jamor
<u>JUV A - Sel</u>	07:55.10	Rafael Lourenço Gil, André Filipe Farinha, Tiago Manuel Teixeira, João Carlos Santos	fpn	31.03.12	Corfu
<u>JUV Club</u>	07:58,57	tempo limite			
<u>JUN- - Club</u>	07:44.42	João Carlos Santos Fábio Alcantara Aires Rafael Lourenço Gil, João Pedro Gil,	anam	05.04.14	Coimbra
<u>JUN- - Sel</u>	07:32.26	Fábio Manuel Pereira, Adriano Miguel Niz, Edgar Pereira Silva, Tiago André Venâncio	fpn	16.07.04	Oeiras - Jamor
<u>SEN - Club</u>	07:27,46	Alexis Manaças Santos Igor Araújo Mogne Guilherme Pereira Dias Pedro Miguel Pinotes,	scp	31.03.17	Coimbra
<u>SEN - Sel</u>	07:16.48	César Fernando Faria, Jorge Manuel Maia, Diogo Filipe Carvalho, Fábio Manuel Pereira	fpn	31.07.09	Roma
<u>ABS - Club</u>	07:27,46	Alexis Manaças Santos Igor Araújo Mogne Guilherme Pereira Dias Pedro Miguel Pinotes,	scp	31.03.17	Coimbra



<u>ABS - Sel</u>	07:16.48	César Fernando Faria, Jorge Manuel Maia, Diogo Filipe Carvalho, Fábio Manuel Pereira	fpn	31.07.09	Roma
50 BRUÇOS					
<u>JUN- -17</u>	0:29.10	Pedro Miguel Agostinho	fpn	10.07.09	Praga
<u>JUN- -18</u>	0:29.07	Bruno Miguel Ramos	Linz	13.07.02	Paços de Ferreira
<u>SEN</u>	0:28.16	Carlos Esteves Almeida	fpn	30.07.13	Barcelona
<u>ABS</u>	0:28.16	Carlos Esteves Almeida	fpn	30.07.13	Barcelona
100 BRUÇOS					
<u>INF B 13</u>	1:11.95	André Gonçalo Santos	lsc	24.07.10	Porto - Campanhã
<u>INF A 14</u>	1:09.91	André Gonçalo Santos	lsc	23.07.11	Lisboa – EUL
<u>JUV B 15</u>	1:06.44	André Gonçalo Santos	fpn	31.03.12	Corfu
<u>JUV A 16</u>	1:05.43	André Gonçalo Santos	fpn	16.07.13	Utrecht
<u>JUN- -17</u>	1:04.54	André Miguel Silva	fpn	02.08.08	Belgrado
<u>JUN- -18</u>	1:02.87	André Miguel Silva	pdem	18.07.09	Faro
<u>SEN</u>	1:01.01	Carlos Esteves Almeida	fpn	28.07.13	Barcelona
<u>ABS</u>	1:01.01	Carlos Esteves Almeida	fpn	28.07.13	Barcelona
200 BRUÇOS					
<u>INF B 13</u>	2:38,14	Duarte Anastácio Sousa	cac	19.07.15	Oeiras - Jamor
<u>INF A 14</u>	2:32.84	Gustavo André Reis	scp	10.08.91	Olivais
<u>JUV B 15</u>	2:24.15	André Miguel Silva	pdem	10.06.06	Loulé
<u>JUV A 16</u>	02:22,25	Jorge Jesus Silva	scb	23.07.16	Oeiras - Jamor
<u>JUN- -17</u>	2:19,00	André Gonçalo Santos	lsc	26.07.14	Oeiras - Jamor
<u>JUN- -18</u>	2:15.99	André Miguel Silva	pdem	20.07.09	Faro
<u>SEN</u>	2:13.21	Carlos Esteves Almeida	fpn	01.08.13	Barcelona
<u>ABS</u>	2:13.21	Carlos Esteves Almeida	fpn	01.08.13	Barcelona
50 COSTAS					
<u>JUN- -17</u>	0:26.91	Alexis Manaças Santos	fpn	11.07.09	Praga
<u>JUN- -18</u>	0:26.49	Miguel Duarte Nascimento	fpn	07.04.13	Kiev
<u>SEN</u>	0:25,54	Alexis Manaças Santos	scp	20.12.15	Coimbra
<u>ABS</u>	0:25,54	Alexis Manaças Santos	scp	20.12.15	Coimbra
100 COSTAS					
<u>INF B 13</u>	1:05,61	Gonçalo Henriques Wanzeler	cfb	16.07.16	Famalicão
<u>INF A 14</u>	1:01.39	Alexandre Lages Ribas	edv	22.07.11	Lisboa – EUL
<u>JUV B 15</u>	0:59.97	Diogo Gomes Sousa	cncvg	31.07.10	Coimbra
<u>JUV A 16</u>	0:58.61	Diogo Gomes Sousa	cncvg	28.05.11	Coimbra
<u>JUN- -17</u>	0:56,05	Gabriel José Lopes	fpn	25.08.15	Singapura
<u>JUN- -18</u>	0:56,23	Gabriel José Lopes	fpn	23.06.15	Baku
<u>SEN</u>	0:55,01	Gabriel José Lopes	aln	31.03.17	Coimbra
<u>ABS</u>	0:55,01	Gabriel José Lopes	aln	31.03.17	Coimbra

**200 COSTAS**

<u>INF B 13</u>	2:20.07	André Vilas Ruivo	dnmg	13.07.13	S. João da Madeira
<u>INF A 14</u>	2:14.56	Alexandre Lages Ribas	edv	23.07.11	Lisboa – EUL
<u>JUV B 15</u>	2:06.44	João Alexandre Vital	fpn	17.07.13	Utrecht
<u>JUV A 16</u>	02:06,59	João Alexandre Vital	fpn	28.06.14	Netanya (ISR)
<u>JUN- -17</u>	2:03.06	Pedro Diogo Oliveira	fpn	15.07.05	Budapeste
<u>JUN- -18</u>	2:02.21	Pedro Diogo Oliveira	cnrm	28.07.06	Coimbra
<u>SEN</u>	1:58.83	Pedro Diogo Oliveira	fpn	01.08.12	Londres
<u>ABS</u>	1:58.83	Pedro Diogo Oliveira	fpn	01.08.12	Londres

50 MARIPOSA

<u>JUN- -17</u>	0:24.89	Tiago André Venâncio	cns	30.07.04	Oeiras - Jamor
<u>JUN- -18</u>	0:25.03	Miguel Duarte Nascimento	fpn	10.07.13	Poznan
<u>SEN</u>	0:23.72	Simão Gomes Morgado	fpn	05.04.09	Málaga
<u>ABS</u>	0:23.72	Simão Gomes Morgado	fpn	05.04.09	Málaga

100 MARIPOSA

<u>INF B 13</u>	1:03.64	Fábio Parrilha da Silva	cnal	22.07.00	S. João da Madeira
<u>INF A 14</u>	1:00.27	Fábio Parrilha da Silva	cnal	28.07.01	Porto - Campanhã
<u>JUV B 15</u>	0:57.58	David Miguel Ferro	sfuap	31.07.99	Lisboa – EUL
<u>JUV A 16</u>	0:56.11	Pedro Diogo Oliveira	cnrm	29.07.04	Oeiras - Jamor
<u>JUN- -17</u>	0:54.77	Tiago André Venâncio	cns	29.07.04	Oeiras - Jamor
<u>JUN- -18</u>	0:54.16	Miguel Duarte Nascimento	fpn	07.04.13	Kiev
<u>SEN</u>	0:52.42	Diogo Filipe Carvalho	cga	29.03.09	Lisboa – EUL
<u>ABS</u>	0:52.42	Diogo Filipe Carvalho	cga	29.03.09	Lisboa – EUL

200 MARIPOSA

<u>INF B 13</u>	2:21.67	Fábio Parrilha da Silva	cnal	23.07.00	S. João da Madeira
<u>INF A 14</u>	2:14.50	Fábio Parrilha da Silva	cnal	29.07.01	Porto - Campanhã
<u>JUV B 15</u>	2:08,12	Jorge Jesus Silva	scb	26.07.15	Coimbra
<u>JUV A 16</u>	2:03.76	Pedro Diogo Oliveira	cnrm	31.07.04	Oeiras - Jamor
<u>JUN- -17</u>	2:02.12	Pedro Diogo Oliveira	fpn	16.07.05	Budapeste
<u>JUN- -18</u>	2:01.46	Pedro Diogo Oliveira	fpn	08.07.06	Palma de Maiorca
<u>SEN</u>	1:56.17	Pedro Diogo Oliveira	fpn	28.07.09	Roma
<u>ABS</u>	1:56.17	Pedro Diogo Oliveira	fpn	28.07.09	Roma

200 ESTILOS

<u>INF B 13</u>	2:22.36	André Vilas Ruivo	dnmg	23.06.13	Coimbra
<u>INF A 14</u>	2:16.63	Alexandre Lages Ribas	edv	24.07.11	Lisboa – EUL
<u>JUV B 15</u>	2:10,83	Jorge Jesus Silva	scb	26.07.15	Coimbra
<u>JUV A 16</u>	2:08.11	Carlos Esteves Almeida	cna	31.07.04	Oeiras - Jamor
<u>JUN- -17</u>	2:04.32	Carlos Esteves Almeida	fpn	17.07.05	Budapeste
<u>JUN- -18</u>	2:02,72	Gabriel José Lopes	fpn	24.06.15	Baku
<u>SEN</u>	1:58,88	Alexis Manaças Santos	scp	01.04.17	Coimbra
<u>ABS</u>	1:58,88	Alexis Manaças Santos	scp	01.04.17	Coimbra

400 ESTILOS

<u>INF B 13</u>	4:54.87	André Vilas Ruivo	dnmg	12.07.13	S. João da Madeira
<u>INF A 14</u>	4:46.20	Tomás Miguel Freitas	cdn	23.07.04	Póvoa de Varzim
<u>JUV B 15</u>	4:37.06	João Alexandre Vital	fpn	16.07.13	Utrecht
<u>JUV A 16</u>	4:32.66	João Alexandre Vital	adrcimm	01.06.14	Coimbra
<u>JUN- -17</u>	4:25,23	João Alexandre Vital	fpn	29.08.15	Singapura
<u>JUN- -18</u>	04:22,25	João Alexandre Vital	scp	22.07.16	Oeiras - Jamor
<u>SEN</u>	04:15,84	Alexis Manaças Samtos	fpn	04.08.16	Rio de Janeiro
<u>ABS</u>	04:15,84	Alexis Manaças Samtos	fpn	04.08.16	Rio de Janeiro

4x50 ESTILOS

<u>JUN - Club</u>	1:48.28	Alexis Manaças Santos, Diogo Filipe Matos, João Pedro Coutinho, Pedro Miguel Agostinho	scp	10.04.10	Coimbra
<u>JUN - Sel</u>	01:47,46	Francisco Rogério Santos António Fernandes Carriço José Paula Carvalho Frederico Sucena Riachos	fpn	04.06.16	Porto - Campanhã
<u>SEN - Club</u>	1:42.03	João Ricardo Pedro, Carlos Esteves Almeida, Simão Gomes Morgado, Fábio André Figueira	cna	20.07.09	Faro
<u>SEN - Sel</u>	01:48,18	Viktor Kot António Fernandes Carriço Bernardo Santos Clemente Francisco Rogério Santos	andl	15.05.16	Gijón
<u>ABS - Club</u>	1:42.03	João Ricardo Pedro, Carlos Esteves Almeida, Simão Gomes Morgado, Fábio André Figueira	cna	20.07.09	Faro
<u>ABS - Sel</u>		sem tempo limite			

4x100 ESTILOS

<u>INF B 13 - Club</u>	4:41.06	João Pereira Tinoco, Miguel Ângelo Santos, Hugo Gabriel Morais, Daniel Pereira Silva	gdvnvf	14.07.13	S. João da Madeira
<u>INF B 13 - Sel</u>	04:34,54	Diogo Nuno Valente Martim Rebelo Malfeito Rafael Moreira Oliveira Diogo Santos Costa	anl	14.06.15	Vila Franca de Xira
<u>INF A 14 - Club</u>	4:18,17	João Pereira Tinoco, Daniel Pereira Silva Hugo Gabriel Morais, José Pedro Freitas	gdvnvf	20.07.14	Loulé
<u>INF A - Sel</u>	04:13,95	Diogo Nuno Valente Martim Rebelo Malfeito Vicente Oliveira Gomes Diogo Santos Costa	anl	15.05.16	Vila Franca de Xira
<u>INF Club</u>	4:18,17	João Pereira Tinoco, Daniel Pereira Silva Hugo Gabriel Morais, José Pedro Freitas	gdvnvf	20.07.14	Loulé
<u>JUV B 15 - Club</u>	4.09,78	João Pereira Tinoco, Miguel Ângelo Santos, Hugo Gabriel Morais, José Pedro Freitas	gdvnvf	04.04.15	Coimbra
<u>JUV B 15 - Sel</u>	04:11,00	Rafael Alcântara Aires Guilherme Filipe Alcobia Ricardo Pinela Ferreira Gonçalo Carvalho Ferrão	anl	15.05.16	Vila Franca de Xira
<u>JUV A 16 - Club</u>	04:05,25	Miguel Reis Santos Afonso Ribeiro Bate			



		Hugo Pon			
<u>JUV A - Sel</u>	3:59.59	Francisco Carvalho Machado	sad	27.07.14	Oeiras - Jamor
		Diogo Gomes Sousa,			
		Luís Manuel Fernandes,			
		Miguel Duarte Nascimento,			
		Tomás Correia Silva	fpn	16.04.11	Limassol
<u>JUV Club</u>	4:03,79	José Paulo Lopes			
		José Pedro Melo			
		Jorge Jesus Silva			
		José Pedro Fernandes	scb	26.07.15	Coimbra
<u>JUN- - Club</u>	3:55.96	Samuel Patrício Queirós,			
		Sérgio Baptista Silva,			
		Carlos Filipe Santos,			
		Rui Filipe Vilar	fcp	21.07.09	Faro
<u>JUN- - Sel</u>	3:45.71	Alexis Manaças Santos,			
		André Miguel Silva,			
		Miguel Silva Oliveira,			
		Luís Emanuel Vaz	fpn	12.07.09	Praga
<u>SEN - Club</u>	3:46.65	Pedro Fontoura Oliveira,			
		Carlos Esteves Almeida,			
		Simão Gomes Morgado,			
		João Silva Gigante	cna	07.08.11	Póvoa de Varzim
<u>SEN - Sel</u>	3:40.19	Pedro Diogo Oliveira,			
		Carlos Esteves Almeida,			
		Simão Gomes Morgado,			
		Tiago André Venâncio	fpn	27.05.12	Debrecen
<u>ABS - Club</u>	3:46.65	Pedro Fontoura Oliveira,			
		Carlos Esteves Almeida,			
		Simão Gomes Morgado,			
		João Silva Gigante	cna	07.08.11	Póvoa de Varzim
<u>ABS - Sel</u>	3:40.19	Pedro Diogo Oliveira,			
		Carlos Esteves Almeida,			
		Simão Gomes Morgado,			
		Tiago André Venâncio	fpn	27.05.12	Debrecen

PISCINA DE 50m - PROVAS FEMININAS
50 LIVRES

<u>INF B - 12</u>	0:29.30	Isabel Pinto Abreu	cfb	31.05.08	Lisboa – Restelo
<u>INF A - 13</u>	0:27.99	Ana Margarida Guedes	gcvr	19.04.14	Póvoa de Varzim
<u>JUV B - 14</u>	0:27,17	Ana Margarida Guedes	gcvr	31.05.15	Coimbra
<u>JUV A - 15</u>	0:26.98	Ana Pinho Rodrigues	aej	21.06.09	Porto - Campanhã
<u>JUN B - 16</u>	0:26.21	Ana Pinho Rodrigues	aej	10.04.10	Coimbra
<u>JUN A -17</u>	0:26,25	Beatriz Mendes Viegas	fpn	05.02.17	Uster
<u>SEN</u>	0:25.73	Patrícia Vilas Conceição	cna	28.07.12	Oeiras - Jamor
<u>ABS</u>	0:25.73	Patrícia Vilas Conceição	cna	28.07.12	Oeiras - Jamor

100 LIVRES

<u>INF B - 12</u>	1:02.16	Inês Camacho Fernandes	scp	25.07.09	S. João da Madeira
<u>INF A - 13</u>	0:59.73	Inês Camacho Fernandes	fpn	20.06.10	Catania
<u>JUV B - 14</u>	0:59,41	Joana Costa Amador	cga	26.07.15	Coimbra
<u>JUV A - 15</u>	0:57.75	Maria Carolina Rosa	fpn	08.07.09	Praga
<u>JUN B - 16</u>	0:58.40	Ana Pinho Rodrigues	aej	09.04.10	Coimbra
<u>JUN A -17</u>	0:57,63	Beatriz Mendes Viegas	tnc	30.03.17	Coimbra
<u>SEN</u>	0.56,41	Ana Sofia Leite	gcvr	04.04.15	Coimbra
<u>ABS</u>	0.56,41	Ana Sofia Leite	gcvr	04.04.15	Coimbra

200 LIVRES

<u>INF B - 12</u>	2:12.20	Filipa Vilas Ruivo	dnmg	24.07.09	S. João da Madeira
<u>INF A - 13</u>	2:10,86	Alexandra Couto Frazão	cna	11.04.15	Oeiras - Jamor
<u>JUV B - 14</u>	2:07,40	Maria Francisca Cabral	fcp	25.07.14	Oeiras - Jamor
<u>JUV A - 15</u>	2:05,94	Alexandra Couto Frazão	ind-anc	02.04.17	Coimbra
<u>JUN B - 16</u>	2:05.38	Ana Feio Alegria	fpn	03.04.93	Florença
<u>JUN A -17</u>	2:03.70	Diana Margarida Durães	fcp	25.05.13	Coimbra
<u>SEN</u>	02:01,78	Diana Margarida Durães	slb	18.02.17	Oeiras - Jamor
<u>ABS</u>	02:01,78	Diana Margarida Durães	slb	18.02.17	Oeiras - Jamor

400 LIVRES

<u>INF B - 12</u>	4:43.7	Alexandra Maria Silva	fcp	27.07.79	Matur
<u>INF A - 13</u>	4:31.53	Alexandra Maria Silva	fpn	08.08.80	Skövde
<u>JUV B - 14</u>	4:26,20	Maria Francisca Cabral	fcp	26.07.14	Oeiras - Jamor
<u>JUV A - 15</u>	4:20,78	Tamila Hryhorivna Holub	scb	07.06.14	Porto
<u>JUN B - 16</u>	4:20.37	Marta Andreia Ferreira	fpn	04.08.02	Berlim
<u>JUN A -17</u>	04:14,67	Tamila Hryhorivna Holub	scb	23.07.16	Oeiras - Jamor
<u>SEN</u>	4:13,34	Diana Margarida Durães	fcp	12.03.16	Oeiras - Jamor
<u>ABS</u>	4:13,34	Diana Margarida Durães	fcp	12.03.16	Oeiras - Jamor

800 LIVRES

<u>INF B - 12</u>	09:30.42	Filipa Vilas Ruivo	dnmg	25.07.09	S. João da Madeira
<u>INF A - 13</u>	09:14.85	Alexandra Maria Silva	fpn	10.08.80	Skövde
<u>JUV B - 14</u>	09:07.70	Alexandra Maria Silva	fpn	10.09.81	Split
<u>JUV A - 15</u>	08:50,68	Tamila Hryhorivna Holub	scb	27.07.14	Oeiras - Jamor
<u>JUN B - 16</u>	08:45,53	Tamila Hryhorivna Holub	fpn	30.05.15	Coimbra
<u>JUN A -17</u>	08:36,21	Tamila Hryhorivna Holub	scb	28.05.16	Coimbra
<u>SEN</u>	08:36,58	Diana Margarida Durães	slb	18.02.17	Oeiras - Jamor
<u>ABS</u>	08:36,21	Tamila Hryhorivna Holub	scb	28.05.16	Coimbra

**1500 LIVRES**

<u>INF B - 12</u>	18:11.07	Filipa Vilas Ruivo	dnmg	05.07.09	Coimbra
<u>INF A - 13</u>	18:05,62	Mafalda Sofia Rosa	cnrm	24.06.16	Rio Maior
<u>JUV B - 14</u>	17:34.28	Maria Miguel Veloso	cnac	08.07.07	Coimbra
<u>JUV A - 15</u>	16:54,60	Tamila Hryhorivna Holub	fpn	11.07.14	Dordrecht (NED)
<u>JUN B - 16</u>	16:47,35	Tamila Hryhorivna Holub	fpn	31.05.15	Coimbra
<u>JUN A - 17</u>	16:20,80	Tamila Hryhorivna Holub	fpn	08.07.16	Hodmezovasarhely
<u>SEN</u>	16:33.93	Tamila Hryhorivna Holub	fpn	10.04.17	Pontevedra
<u>ABS</u>	16:20,80	Tamila Hryhorivna Holub	fpn	08.07.16	Hodmezovasarhely

4x50 LIVRES

<u>JUN- - Club</u>	1:49.70	Mafalda Gomes Beleza, Filipa Vilas Tiago, Maria Carolina Rosa, Alexandra Ribeiro Paula	scp	27.03.09	Lisboa – EUL
<u>JUN- - Sel</u>	01:51,34	Raquel Gomes Pereira Ana Rita Faria Tamila Hryhorivna Holub Madalena Gomes Azevedo	fpn	04.05.16	Porto - Campanhã
<u>SEN - Club</u>	1:46.22	Marta Vieira Marinho, Sara Beatriz Loureiro, Alexandra Paiva Oliveira, Sara Freitas Oliveira	fcp	01.04.11	Rio Maior
<u>SEN - Sel</u>		sem tempo limite			
<u>ABS - Club</u>	1:46.22	Marta Vieira Marinho, Sara Beatriz Loureiro, Alexandra Paiva Oliveira, Sara Freitas Oliveira	fcp	01.04.11	Rio Maior
<u>ABS - Sel</u>	01:51,34	Raquel Gomes Pereira Ana Rita Faria Tamila Hryhorivna Holub Madalena Gomes Azevedo	fpn	04.05.16	Porto - Campanhã

4x100 LIVRES

<u>INF B 12 – Club</u>	4:26.09	Ana Silva Costa Catarina Alexandra Jardim Carla Luísa Alves Bárbara Nogueira Gonçalves	gdvnvf	25.07.10	Porto - Campanhã
<u>INF B 12 – Sel</u>	04:27,58	Maria Gomes Pereira Leonor Alves Morginho Mariana Morais Delfino Maria Ferreira Moura	anl	15.05.16	Vila Franca de Xira
<u>INF A 13 - Club</u>	4:17.13	Ana Silva Costa, Carla Luísa Alves, Catarina Alexandra Jardim, Bárbara Nogueira Gonçalves	gdvnvf	24.07.11	Lisboa – EUL
<u>INF A - Sel</u>	4:17.14	Bárbara Francisco Ferreira Raquel Antunes Tremoço Concha Guerra Marreiros Filipa Serrano Rodrigues	anl	10.05.14	Vila Franca de Xira
<u>INF Club</u>	4:17.13	tempo limite			
<u>JUV B 14 - Club</u>	4:10.72	Daniela Figueiredo Metelo, Beatriz Neves Craveiro, Andreia Margarida Morgado,			



Beatriz Filipa Matos

cnac

05.08.11

Póvoa de Varzim



<u>JUV B - Sel</u>	4:03.93	Marisa Alexandra Lage, Ana Pinho Rodrigues, Filipa Vilas Tiago, Diana Ramos Rocha	fpn	30.03.08	Istambul	
<u>JUV A 15 Club</u>	04:06,43	Maria Francisca Cabral Marta Alexandra Canedo Joana Martins Pereira Ana Rita Faria	fcp	02.04.15	Coimbra	
<u>JUV A Sel</u>	4:03.93	tempo limite				
<u>JUV Club</u>	4:10.72	04:03,10	Ana Rita Faria Beatriz Santos Silva Maria Carolina Costa Maria Francisca Cabral	fcp	24.07.15	Coimbra
<u>JUN- - Club</u>	4:00.84	Maria Carolina Rosa, Filipa Vilas Tiago, Raquel Paulo Ranito, Mafalda Gomes Beleza	scp	30.07.10	Coimbra	
<u>JUN- - Sel</u>	3:56.10	Joana Aguiar Rodrigues, Maria Carolina Rosa, Andreia Catarina Gomes, Sara Francisco Cruz	fpn	09.07.09	Praga	
<u>SEN - Club</u>	3:52.07	Sara Freitas Oliveira, Alexandra Paiva Oliveira, Joana Aguiar Rodrigues, Marta Vieira Marinho	fcp	30.07.10	Coimbra	
<u>SEN - Sel</u>	3:52,40	Ana Sofia Leite Ana Pinho Rodrigues, Rita Barros Frischknecht Diana Margarida Durães	fpn	23.01.16	Bélgica	
<u>ABS - Club</u>	3:52.07	Sara Freitas Oliveira, Alexandra Paiva Oliveira, Joana Aguiar Rodrigues, Marta Vieira Marinho	fcp	30.07.10	Coimbra	
<u>ABS - Sel</u>	3:52,40	Ana Sofia Leite Ana Pinho Rodrigues, Rita Barros Frischknecht Diana Margarida Durães	fpn	23.01.16	Bélgica	
4x200 LIVRES						
<u>INF B 12 - Club</u>	09:28.03	Ana Silva Costa, Carla Luísa Alves, Bárbara Nogueira Gonçalves, Catarina Alexandra Jardim	gdvnvf	23.07.10	Porto - Campanhã	
<u>INF B - Sel</u>		sem tempo limite				
<u>INF A 13 - Club</u>	09:07.81	Ana Silva Costa, Carla Luísa Alves, Catarina Alexandra Jardim, Bárbara Nogueira Gonçalves	gdvnvf	22.07.11	Lisboa – EUL	
<u>INF A - Sel</u>	09:31.86	Alexandra Maria Jorge, Ana Catarina Moreira, Virgília Soraya Gomes, Catarina Duarte Brandão	fpn	02.04.89	Lisboa – Olivais	



<u>INF Club</u>	<u>09:07.81</u>	<u>tempo limite</u>			
<u>JUV B 14 - Club</u>	09:01.51	Sofia Alexandra Branco, Carolina Mântua Guedes, Sofia Machado Dionísio, Beatriz Rodrigues Conde	scp	26.07.12	Oeiras - Jamor
<u>JUV B - Sel</u>	08:49.57	Maria Malaguerra Costa, Maria Carolina Ribeiro, Mariana Cunha Guerra, Rita Barros Frischknecht	fpn	31.03.12	Corfu
<u>JUV A 15 Club</u>	<u>09:01.51</u>	08:55,49 Maria Francisca Cabral Marta Alexandra Canedo Joana Martins Pereira Ana Rita Faria	fcp	01.04.15	Coimbra
<u>JUV A Sel</u>	<u>08:49.57</u>	<u>tempo limite</u>			
<u>JUV Club</u>	<u>09:01.51</u>	08:46,61 Maria Francisca Cabral Maria Carolina Costa Isabel Porfirio Pego Ana Rita Faria	fcp	23.07.15	Coimbra
<u>JUN- - Club</u>	08:38,96	Francisca Gomes Azevedo Bárbara Marques Rodrigues Rita Barros Frischknecht Bárbara Sofia Barata	sad	24.07.14	Oeiras - Jamor
<u>JUN- - Sel</u>	08:28,70	Tamila Hryhorivna Holub Inês Jacinto Henriques Raquel Gomes Pereira Madalena Gomes Azevedo	fpn	10.07.16	Hodmezovasarhely - Hung
<u>SEN - Club</u>	08:27.04	Sara Freitas Oliveira, Marta Vieira Marinho, Joana Aguiar Rodrigues, Sara Beatriz Loureiro	fcp	01.04.11	Rio Maior
<u>SEN - Sel</u>	08:29.48	Maria Carlos Santos, Sónia Oliveira Vilar, Ana Feio Alegria, Rita Lopes Fernandes	fpn	05.06.98	Lisboa – EUL
<u>ABS - Club</u>	08:27.04	Sara Freitas Oliveira, Marta Vieira Marinho, Joana Aguiar Rodrigues, Sara Beatriz Loureiro	fcp	01.04.11	Rio Maior
<u>ABS - Sel</u>	08:29.48	Maria Carlos Santos, Sónia Oliveira Vilar, Ana Feio Alegria, Rita Lopes Fernandes	fpn	05.06.98	Lisboa – EUL

**50 BRUÇOS**

<u>JUN B - 16</u>	0:31.92	Ana Pinho Rodrigues	fpn	28.03.10	Gorzów Wielkopolski
<u>JUN A - 17</u>	0:31.60	Joana Catarina Carvalho	fcp	30.05.09	Coimbra
<u>SEN</u>	0:31,35	Ana Pinho Rodrigues	aej	01.04.17	Coimbra
<u>ABS</u>	0:31,35	Ana Pinho Rodrigues	aej	01.04.17	Coimbra

100 BRUÇOS

<u>INF B - 12</u>	1:18,66	Clara Gomes Pereira	sad	20.07.14	Loulé
<u>INF A - 13</u>	1:15.49	Ana Pinho Rodrigues	aej	08.07.07	Coimbra
<u>JUV B - 14</u>	1:12.89	Paula Alexandra Oliveira	fcp	29.07.10	Coimbra
<u>JUV A - 15</u>	1:10.73	Ana Pinho Rodrigues	aej	31.05.09	Coimbra
<u>JUN B - 16</u>	1:10.09	Diana Duarte Gomes	fpn	17.07.05	Budapeste
<u>JUN A - 17</u>	1:10,00	Raquel Gomes Pereira	sad	31.03.17	Coimbra
<u>SEN</u>	1:08,82	Ana Pinho Rodrigues	aej	31.05.15	Coimbra
<u>ABS</u>	1:08,82	Ana Pinho Rodrigues	aej	31.05.15	Coimbra

200 BRUÇOS

<u>INF B - 12</u>	2:49,82	Clara Gomes Pereira	sad	19.07.14	Loulé
<u>INF A - 13</u>	2:42,69	Clara Gomes Pereira	sad	18.07.15	Oeiras - Jamor
<u>JUV B - 14</u>	2:36.99	Diana Duarte Gomes	fpn	28.07.03	Paris
<u>JUV A - 15</u>	2:31.32	Diana Duarte Gomes	fpn	27.06.04	Mulhouse
<u>JUN B - 16</u>	2:29.51	Diana Duarte Gomes	fpn	15.07.05	Budapeste
<u>JUN A - 17</u>	2:29,23	Raquel Gomes Pereira	sad	02.04.17	Coimbra
<u>SEN</u>	2:27.70	Victoria Kaminskaya	fpn	11.04.17	Pontevedra
<u>ABS</u>	2:27.70	Victoria Kaminskaya	fpn	11.04.17	Pontevedra

50 COSTAS

<u>JUN B - 16</u>	0:29.80	Inês Camacho Fernandes	scp	30.03.13	Coimbra
<u>JUN A - 17</u>	0:30.18	Cátia Raquel Martinheira	ldc	02.03.12	Cadiz
<u>SEN</u>	0:29.40	Marta Vieira Marinho	fcp	10.04.10	Coimbra
<u>ABS</u>	0:29.40	Marta Vieira Marinho	fcp	10.04.10	Coimbra

100 COSTAS

<u>INF B - 12</u>	1:10.04	Keissy Joselyn Sousa	fcp	27.04.97	Toulouse
<u>INF A - 13</u>	1:06.78	Inês Camacho Fernandes	fpn	20.06.10	Catania
<u>JUV B - 14</u>	1:04.90	Joana Carina Silva	lsxxi	25.03.11	Jamor
<u>JUV A - 15</u>	1:03.92	Inês Camacho Fernandes	scp	06.04.12	Coimbra
	1:03.92	Joana Carina Silva	lsxxi	06.04.12	Coimbra
<u>JUN B - 16</u>	1:04.00	Inês Camacho Fernandes	scp	30.03.13	Coimbra
<u>JUN A - 17</u>	1:04.15	Maria Carlos Santos	fpn	24.08.95	Viena
<u>SEN</u>	01.03,42	Ana Sofia Leite	gcvr	03.04.15	Coimbra
<u>ABS</u>	01.03,42	Ana Sofia Leite	gcvr	03.04.15	Coimbra

200 COSTAS

<u>INF B - 12</u>	2:33.03	Keissy Joselyn Sousa	fcp	27.07.97	Famalicão
<u>INF A - 13</u>	2:23,57	Rafaela Gomes Azevedo	fpn	20.06.15	Genova
<u>JUV B - 14</u>	2:22.24	Camila Rodrigues Rebelo	fpn	30.04.17	Genebra
<u>JUV A - 15</u>	2:17.38	Joana Carina Silva	lsxxi	05.04.12	Coimbra
<u>JUN B - 16</u>	2:17.98	Cátia Raquel Martinheira	fpn	18.08.11	Lima
<u>JUN A - 17</u>	2.15,53	Rita Barros Frischknecht	sad	02.04.15	Coimbra
<u>SEN</u>	2.15,27	Francisca Gomes Azevedo	sad	02.04.15	Coimbra
<u>ABS</u>	2.15,27	Francisca Gomes Azevedo	sad	02.04.15	Coimbra

50 MARIPOSA

<u>JUN B - 16</u>	0:28.00	Sara Francisco Cruz	adba	18.07.09	Faro
<u>JUN A - 17</u>	0:28.31	Sara Freitas Oliveira	fpn	29.07.02	Berlim
<u>SEN</u>	0:27.27	Sara Freitas Oliveira	fpn	07.04.11	Eindhoven
<u>ABS</u>	0:27.27	Sara Freitas Oliveira	fpn	07.04.11	Eindhoven

100 MARIPOSA

<u>INF B - 12</u>	1:08.02	Inês Camacho Fernandes	scp	26.07.09	S. João da Madeira
<u>INF A - 13</u>	1:04.70	Ana Margarida Guedes	gcvr	20.07.14	Loulé
<u>JUV B - 14</u>	1:03.88	Inês Camacho Fernandes	fpn	25.07.11	Trabzon
<u>JUV A - 15</u>	1:03.14	Ana Rita Francisco	sfuap	05.08.95	Coimbra
<u>JUN B - 16</u>	1:01.48	Sara Francisco Cruz	adba	20.07.09	Faro
<u>JUN A - 17</u>	1:00.95	Sara Freitas Oliveira	fpn	01.08.02	Berlim
<u>SEN</u>	0:58.76	Sara Freitas Oliveira	fpn	12.08.10	Budapeste
<u>ABS</u>	0:58.76	Sara Freitas Oliveira	fpn	12.08.10	Budapeste

200 MARIPOSA

<u>INF B - 12</u>	2:30.76	Susana Patrícia Miguel	sfuap	20.07.02	Lisboa – Restelo
<u>INF A - 13</u>	2:25.32	Susana Patrícia Miguel	sfuap	05.07.03	Lisboa – Restelo
<u>JUV B - 14</u>	2:20.75	Susana Patrícia Miguel	fpn	04.07.04	Génova
<u>JUV A - 15</u>	2:15.56	Ana Rita Francisco	fpn	20.07.95	Genebra
<u>JUN B - 16</u>	2:17.11	Ana Rita Francisco	sfuap	29.06.96	Porto - Campanhã
<u>JUN A - 17</u>	2:12.56	Sara Freitas Oliveira	fpn	04.08.02	Berlim
<u>SEN</u>	2:10.14	Sara Freitas Oliveira	fpn	12.08.08	Pequim
<u>ABS</u>	2:10.14	Sara Freitas Oliveira	fpn	12.08.08	Pequim

200 ESTILOS

<u>INF B - 12</u>	2:33.06	Inês Camacho Fernandes	scp	25.07.09	S. João da Madeira
<u>INF A - 13</u>	2:28.56	Susana Patrícia Miguel	fpn	29.07.03	Paris
<u>JUV B - 14</u>	2:23.60	Diana Margarida Durães	foca	01.08.10	Coimbra
<u>JUV A - 15</u>	2:21,01	Raquel Gomes Pereira	sad	04.04.15	Coimbra
<u>JUN B - 16</u>	2:20.61	Diana Margarida Durães	foca	03.06.12	Porto - Campanhã
<u>JUN A - 17</u>	2:17,22	Raquel Gomes Pereira	sad	30.03.17	Coimbra
<u>SEN</u>	02:13.87	Victoria Kaminskaya	fpn	10.04.17	Pontevedra
<u>ABS</u>	02:13.87	Victoria Kaminskaya	fpn	10.04.17	Pontevedra

400 ESTILOS

<u>INF B - 12</u>	5:14.05	Filipa Vilas Ruivo	dnmg	24.07.09	S. João da Madeira
<u>INF A - 13</u>	5:11.29	Diana Ramos Rocha	edv	20.07.07	Faro
<u>JUV B - 14</u>	5:01,00	Inês Neto Rocha	cap	24.07.15	Coimbra
<u>JUV A - 15</u>	4:58.08	Diana Margarida Durães	foca	05.08.11	Póvoa de Varzim
<u>JUN B - 16</u>	4:54,95	Inês Neto Rocha	cap	01.04.17	Coimbra
<u>JUN A - 17</u>	4:52.12	Victoria Kaminskaya	pimp	27.07.12	Oeiras - Jamor
<u>SEN</u>	04:40.11	Victoria Kaminskaya	fpn	09.04.17	Pontevedra
<u>ABS</u>	04:40.11	Victoria Kaminskaya	fpn	09.04.17	Pontevedra

**4x50 ESTILOS**

<u>JUN - Club</u>	2:01.61	Mafalda Gomes Beleza, Maria Carolina Rosa, Filipa Vilas Tiago, Raquel Paulo Ranito	scp	31.07.10	Coimbra
<u>JUN - Sel</u>	02:00,50	Madalena Gomes Azevedo Cláudia Ferreira Borges Inês Jacinto Henriques Ana Rita Faria	fpn	05.06.16	Porto - Campanhã
<u>SEN - Club</u>	1:56.50	Marta Vieira Marinho, Joana Catarina Carvalho, Sara Freitas Oliveira, Alexandra Paiva Oliveira	fcp	10.04.10	Coimbra
<u>SEN - Sel</u>		sem tempo limite			
<u>ABS - Club</u>	1:56.50	Marta Vieira Marinho, Joana Catarina Carvalho, Sara Freitas Oliveira, Alexandra Paiva Oliveira	fcp	10.04.10	Coimbra
<u>ABS - Sel</u>	02:00,50	Madalena Gomes Azevedo Cláudia Ferreira Borges Inês Jacinto Henriques Ana Rita Faria	fpn	05.06.16	Porto - Campanhã
4x100 ESTILOS					
<u>INF B 12 - Club</u>	4:56.36	Catarina Alexandra Jardim, Bárbara Nogueira Gonçalves, Carla Luísa Alves, Ana Silva Costa	gdvnvf	24.07.10	Porto - Campanhã
<u>INF B - Sel</u>	04:55,95	Susana Chanoca Narciso Maria Gomes Pereira Maria Ferreira Moura Mariana Morais Delfino	anl	14.05.16	Vila Franca de Xira
<u>INF A 13 - Club</u>	4:45.41	Inês Catarina Agostinho, Ana Maria Pina, Raquel Paulo Ranito, Vera Patrícia Pinto	slb	30.06.07	Oeiras - Jamor
<u>INF A 13- Sel</u>	04.38,93	Rafaela Gomes Azevedo Clara Gomes Pereira Leonor Camacho Fernandes Alexandra Couto Frazão	anl	04.38,93	Vila Franca de Xira
<u>INF Club</u>	4:45.41	tempo limite			
<u>JUV B 14 - Club</u>	4:35.70	Inês Catarina Agostinho, Ana Maria Pina, Sofia Oliveira Pinto, Vera Patrícia Pinto	slb	27.07.08	Oeiras - Jamor
<u>JUV B - Sel</u>	4:31.31	Inês Catarina Agostinho, Ana Pinho Rodrigues, Filipa Vilas Tiago, Diana Ramos Rocha	fpn	29.03.08	Istambul



<u>JUV A 15 Club</u>	4:35.70	tempo limite			
<u>JUV A Sel</u>	04:30,76	Ana Margarida Guedes Inês Neto Rocha Sara Sofia Alves			
		Joana Costa Amador	fpn	02.04.16	Limassol
<u>JUV Club</u>	04:30,40	Rafaela Gomes Azevedo Clara Gomes Pereira Carolina Rosa Marcelino			
		Ana Baptista Ferreira	sad	24.07.16	Oeiras - Jamor
<u>JUN- - Club</u>	4.24,80	Rita Barros Frischknecht Ana Beatriz Marques Sofia Alexandra Branco			
		Madalena Gomes Azevedo	sad	04.04.15	Coimbra
<u>JUN- - Sel</u>	4:18.01	Joana Carina Silva, Paula Alexandra Oliveira, Inês Camacho Fernandes, Isabel Pinto Abreu	fpn	31.03.12	Coimbra
<u>SEN - Club</u>	4:16.23	Susana Patrícia Miguel, Diana Duarte Gomes, Filipa Ferreira Silva, Patrícia Vilas Conceição	cna	21.07.09	Faro
<u>SEN - Sel</u>	4:19.29	Maria Carlos Santos, Joana Magalhães Soutinho, Joana Isabel Arantes, Ana Feio Alegria	fpn	26.08.95	Viena
<u>ABS - Club</u>	4:16.23	Susana Patrícia Miguel, Diana Duarte Gomes, Filipa Ferreira Silva, Patrícia Vilas Conceição	cna	21.07.09	Faro
<u>ABS - Sel</u>	04:13,83	Francisca Gomes Azevedo Ana Pinho Rodrigues, Ana Catarina Monteiro Ana Sofia Leite	fpn	22.05.16	Londres











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